

# Classification of Sleep Phases with EEG and Accelerometer Data

## Challenge Data – Dreem

Alex AUVOLAT

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# Overview

- 1 Task Presentation
- 2 Feature Extraction
- 3 Classification Results

# Section 1

## Task Presentation

# Dataset characteristics

- 31129 training points
- 30458 test points

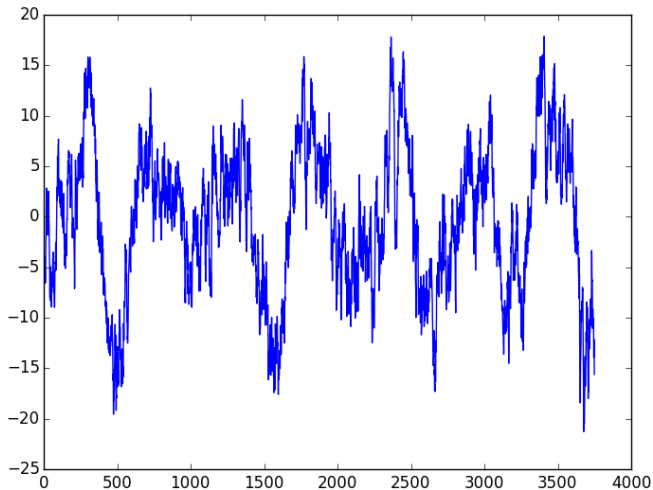
## Features:

- 15 seconds of EEG data, 250 Hz, 1 channel → 3750 values
- 15 seconds of accelerometer data, 10 Hz, 3 channels → 350 values

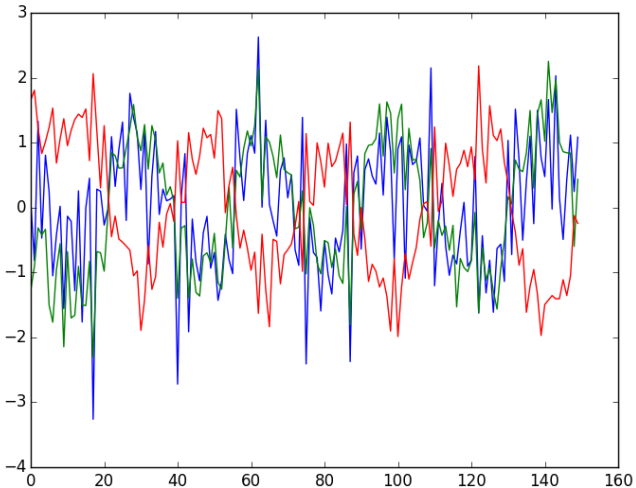
# Signal categories

Class	Code	Description	Count
0		Wake	1342
1	N1	Light sleep ("somnolence")	428
2	N2	Intermediate sleep	15334
3	N3	Deep sleep	9640
4	REM	Paradoxical sleep	4385
<b>Total</b>			<b>31129</b>

# Typical EEG signal (REM sleep)



# Typical ACC signal (N2 sleep)



## Section 2

# Feature Extraction



# Wavelet transform

We first convolve the signal with a series of Ricker wavelets:

$$\psi_{\sigma}(t) = \frac{2}{\sqrt{3\sigma}\pi^{\frac{1}{4}}} \left(1 - \frac{t^2}{\sigma^2}\right) e^{\frac{-t^2}{2\sigma^2}}$$

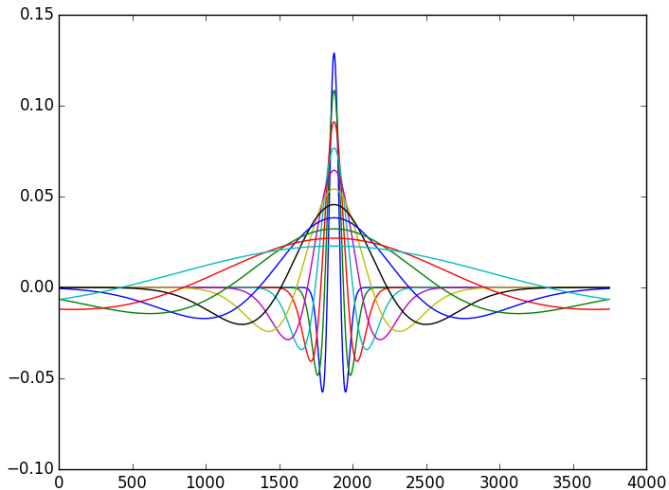
The values of  $\sigma$  are spaced regularly on a logarithmic scale:

$$\sigma_i = 2^i$$

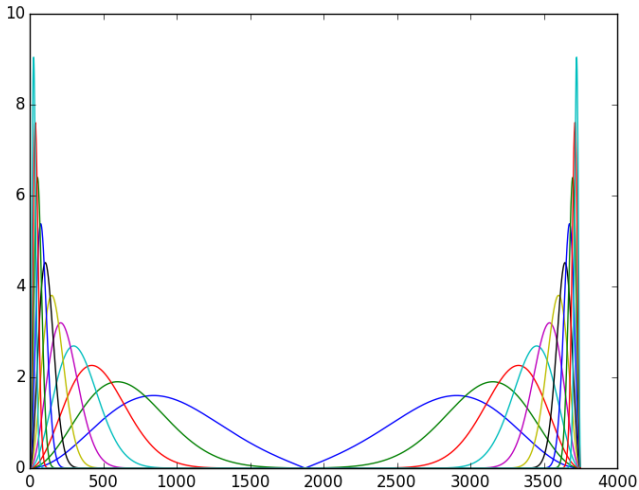
$$\sigma_0 = 1$$

$$\sigma_{10} = 1024$$

# Wavelets



# Wavelets, in the Fourier domain

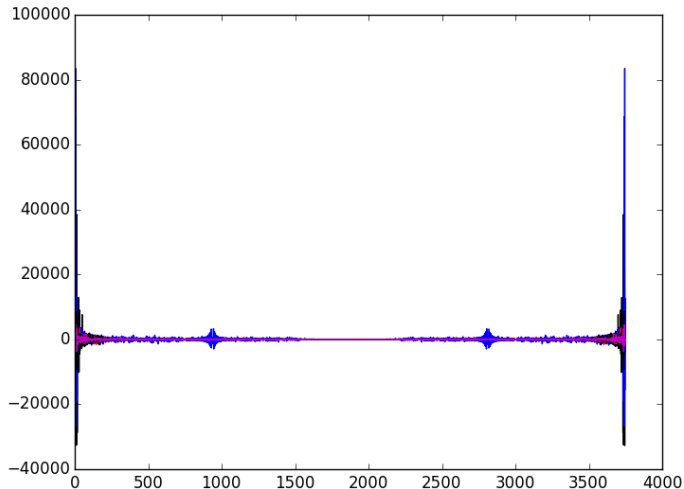


# Remarks

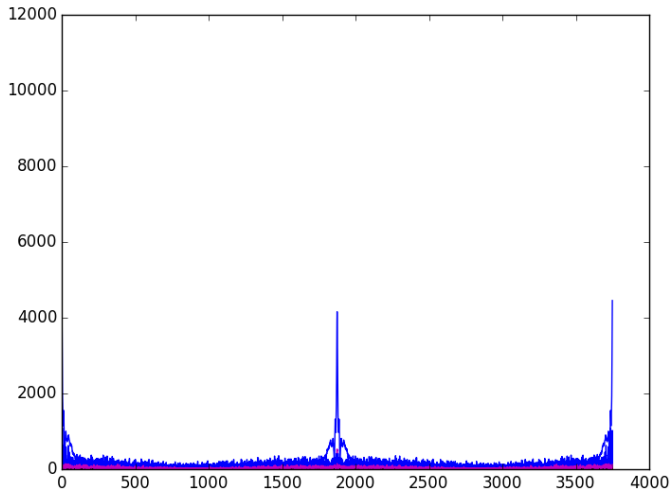
Convolution is equivalent to a multiplication in the Fourier domain, which has several implications:

- convolution can be done very quickly
- we can interpret the convolution by a wavelet as exacerbating certain frequency range while extinguishing others

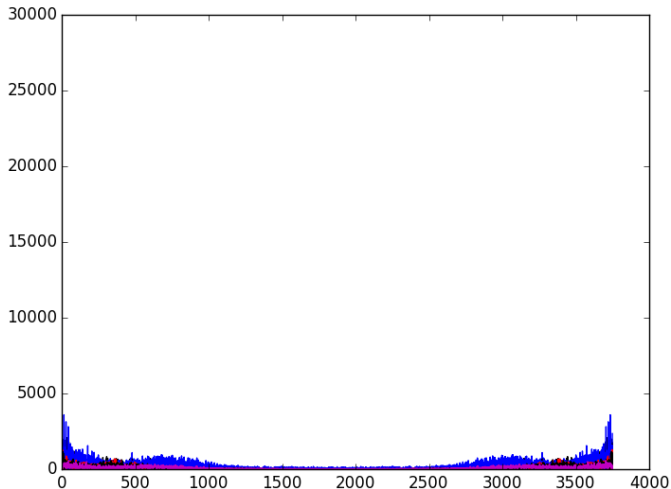
# Our signal (EEG), in the Fourier domain



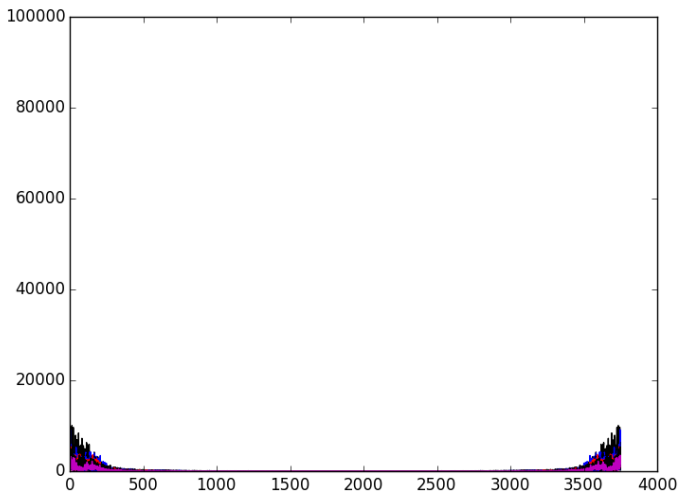
Now, convolved with a high-frequency wavelet ( $\sigma = 1$ )



# With a lower frequency ( $\sigma = 4$ )



# With an even lower frequency ( $\sigma = 16$ )

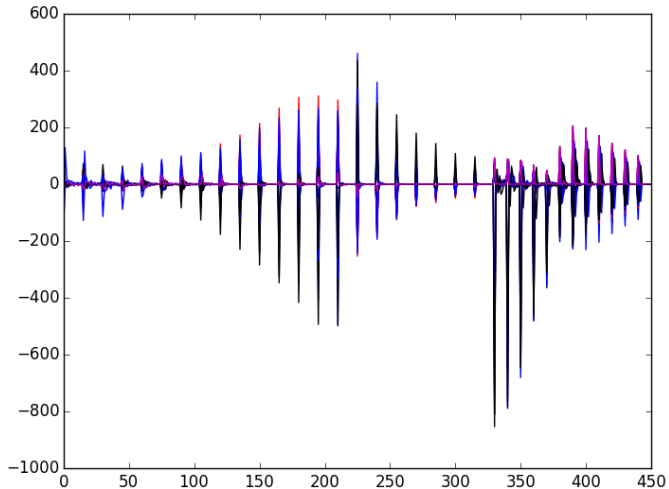




# Dimensionality reduction

- It is impossible to run a classifier on  $11 \times 3750$  features for 30000 examples.
- We use a PCA to transform the 3750-dimensional signal into a 15-dimensional signal.
- For the EEG, we end with  $15 \times 11 = 165$  features
- Similar processing for the accelerometer data.

# Feature vectors



## Section 3

# Classification Results

# Random Forest Classification


- Classification is done with a random forest
- Parallel implementation provided by `scikit-learn`
- Tried using up to 128 trees to improve model performance (more trees improves the performance a little)

# Random Forest vs. Linear Classifiers

Random forest classifiers worked much better than linear classifiers on this task:

- Linear classifiers are much slower to train
- The problem is not completely linearly separable in our feature space
- Error rate: 22% (linear classifier) vs. 15% (random forest)

# Results

 **Challenge data**

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Introduction   **Actual ranking**

*This is the intermediary ranking which evolve during the entire season. We use the public score (the score made by participant on the public data set) to set the ranks.*

Submit a solution

Ranking	Date	User(s)	Algorithm	Public score	Tendance
1	30/01/2016 - 11:18:04	Antoine de Maleprade (Participant) & Alexandre Garcia (Participant)	-	0.896241	⇌
2	10/02/2016 - 12:23:08	Romain Lentgen (Participant) & Bryan D'aversa (Participant)	-	0.869064	⇌
3	23/02/2016 - 13:43:29	Alex Auvolat ( Participant )	-	0.864354	⇌
4	05/02/2016 - 18:14:14	bn2nkm ( Participant )	-	0.863496	⇌
5	31/01/2016 - 14:48:37	Sofia Calcagno (Participant) & Baptiste Rozière (Participant)	-	0.855556	↓
6	22/02/2016 - 02:40:01	Hugues THOMAS ( Participant )	-	0.832282	↓
7	21/02/2016 -	Charles Darmon (Participant) & Marin De Beauchamp	-	0.819467	↓

# Remarks

- Tried many variants, validating them on a subset of the training set, for local validation
- Results on the public leaderboard were usually far worse than on the validation set  
→ overfitting...
- The best score I got on the leaderboard was actually with one of the first variants I tried