

## Calories Tracking Tool

Description: Since obese percentage in America have been significantly increased throughout the last 20 years. People needed an app/tool to help them control and reduce their weight healthily. This app/tool aims to reduce the budget on medication or treatment for diseases related to obesity, overweight, or underweight. Currently, many apps cost a subscription and are money-consuming, like 10 to 20 dollars a month.

Who: Anyone

What: Offering a low-cost version of a calories tracker

Why: Other calories tracker has a much higher cost

How: Have a small profit, but a large sale volume

Date: Day-by-Day tracking.

Person

Name
Gender
Weight
Height
Age

Food

Food
Calories
Protein
Carbs
Fat

```
CREATE TABLE raw_data (  
    Pname VARCHAR(32),  
    Pgender VARCHAR(32),  
    Page INT,  
    PActiveLevel INT,  
    Pweight FLOAT,  
    Pheight FLOAT,  
    Fname VARCHAR(32),  
    Fcalories INT,  
    Fprotein INT,  
    Fcarbs INT,  
    Ffat INT,  
    Date DATETIME,  
    Famount FLOAT  
);
```

```
CREATE TABLE Person AS  
SELECT DISTINCT  
    Pname,  
    Pgender,  
    Page,  
    PActiveLevel  
FROM raw_data;
```

```
CREATE TABLE PhysicalAttributes AS  
SELECT DISTINCT  
    Pname,  
    Pweight,  
    Pheight  
FROM raw_data;
```

```
CREATE TABLE Food AS  
SELECT DISTINCT  
    Fname,  
    Fcalories,
```

```
Fprotein,  
Fcarbs,  
Ffat  
FROM raw_data;
```

```
CREATE TABLE DailyIntake (  
    IntakeID INT AUTO_INCREMENT PRIMARY KEY,  
    Date DATE,  
    Pname VARCHAR(32),  
    Fname VARCHAR(32),  
    Amount INT  
);
```

```
INSERT INTO DailyIntake (Date, Pname, Fname, Amount)  
SELECT  
    Date,  
    Pname,  
    Fname,  
    Amount  
FROM raw_data;
```