

$\text{Writhe}@k$  gives the writhe, the difference between the number of right-handed and left-handed crossings, of the knot  $k$ , which is given in modified DT form.

```
Writhe@k_MDT := Writhe@k =
```

```
Total[If[#[[3]] == Mod[#[[5]] + 1, 2 Length@k, 1], 1, -1] &  
/@List@@@List@@ToPD@k];
```