

id	fdc_id	fdc_of_input_sfeogo_dnu	amount	sr_code	sr_description
78315	1097510	1	100	1107	Milk, human, mature, fluid
78319	1097511	4	11	1085	Milk, nonfat, fluid, with added vitam
78316	1097511	1	35	1077	Milk, whole, 3.25% milkfat, with ad
78318	1097511	3	17	1082	Milk, lowfat, fluid, 1% milkfat, with
78317	1097511	2	37	1079	Milk, reduced fat, fluid, 2% milkfat
78320	1097512	1	100	1077	Milk, whole, 3.25% milkfat, with ad
78321	1097513	1	100	1089	Milk, low sodium, fluid
78322	1097514	1	100	1077	Milk, whole, 3.25% milkfat, with ad
78323	1097515	1	100	1082	Milk, lowfat, fluid, 1% milkfat, with
78324	1097516	1	100	42290	Milk, fluid, nonfat, calcium fortified
78325	1097517	1	100	1079	Milk, reduced fat, fluid, 2% milkfat
78326	1097518	1	100	1082	Milk, lowfat, fluid, 1% milkfat, with
78327	1097519	1	100	1079	Milk, reduced fat, fluid, 2% milkfat
78328	1097520	1	100	1082	Milk, lowfat, fluid, 1% milkfat, with
78329	1097521	1	100	1085	Milk, nonfat, fluid, with added vitam
78330	1097522	1	100	1082	Milk, lowfat, fluid, 1% milkfat, with
78331	1097523	1	100	1085	Milk, nonfat, fluid, with added vitam
78332	1097524	1	100	1079	Milk, reduced fat, fluid, 2% milkfat
78333	1097525	1	100	1077	Milk, whole, 3.25% milkfat, with ad
78334	1097526	1	100	1088	Milk, buttermilk, fluid, cultured, low
78335	1097527	1	100	1088	Milk, buttermilk, fluid, cultured, low
78336	1097528	1	100	42189	Milk, buttermilk, fluid, cultured, red
78337	1097529	1	100	1230	Milk, buttermilk, fluid, whole
78338	1097530	1	50	1289	Kefir, lowfat, plain, LIFEWAY
78339	1097530	2	50	1290	Kefir, lowfat, strawberry, LIFEWAY
78340	1097531	1	100	1106	Milk, goat, fluid, with added vitam
78341	1097532	1	23	1154	Milk, dry, nonfat, regular, with add
78342	1097532	2	1	14411	Beverages, water, tap, drinking
78344	1097533	2	1	14411	Beverages, water, tap, drinking
78343	1097533	1	0.3333	1090	Milk, dry, whole, with added vitam

78346	1097534		2	1	14411 Beverages, water, tap, drinking
78345	1097534		1	23	1154 Milk, dry, nonfat, regular, with add
78347	1097534		3	2.5	1003 Butter oil, anhydrous
78348	1097535		1	23	1091 Milk, dry, nonfat, regular, without a
78349	1097535		2	1	14411 Beverages, water, tap, drinking
78350	1097536		1	100	1096 Milk, canned, evaporated, with add
78351	1097537		1	100	1096 Milk, canned, evaporated, with add
78352	1097538		1	100	1097 Milk, canned, evaporated, nonfat, w
78353	1097538		2	1.8	1003 Butter oil, anhydrous
78354	1097539		1	100	1097 Milk, canned, evaporated, nonfat, w
78355	1097540		1	100	1095 Milk, canned, condensed, sweetene
78358	1097541		3	30	16139 Soymilk, original and vanilla, with a
78357	1097541		2	32	14091 Beverages, almond milk, unsweete
78356	1097541	1097548	1	32	11350000 Almond milk, sweetened
78359	1097541	4	6		14171 Beverages, coconut milk, sweetene
78360	1097542	1	100		16139 Soymilk, original and vanilla, with a
78361	1097543	1	100		16225 Soymilk, original and vanilla, light,
78362	1097544	1	100		16230 Soymilk (all flavors), nonfat, with a
78363	1097545	1	100		16168 Soymilk, chocolate, with added cal
78364	1097546	1	100		16227 Soymilk, chocolate and other flavor
78365	1097547	1	100		16227 Soymilk, chocolate and other flavor
78366	1097548	1	96		14091 Beverages, almond milk, unsweete
78367	1097548	2	4		19335 Sugars, granulated
78369	1097549	2	7		19335 Sugars, granulated
78370	1097549	3	0.3		19165 Cocoa, dry powder, unsweetened
78368	1097549	1	93		14091 Beverages, almond milk, unsweete
78371	1097550	1	100		14091 Beverages, almond milk, unsweete
78373	1097551	2	0.3		19165 Cocoa, dry powder, unsweetened
78372	1097551	1	100		14091 Beverages, almond milk, unsweete
78374	1097552	1	100		14639 Beverages, rice milk, unsweetened

78375	1097553	1	100	14171 Beverages, coconut milk, sweetene
78377	1097554	2	0.012	999328 Vitamin D as ingredient
78376	1097554	1	100	1117 Yogurt, plain, low fat
78378	1097555	1	100	1287 Yogurt, Greek, plain, lowfat
78379	1097556	1	100	1117 Yogurt, plain, low fat
78380	1097556	2	0.012	999328 Vitamin D as ingredient
78381	1097557	1	100	1117 Yogurt, plain, low fat
78382	1097557	2	0.012	999328 Vitamin D as ingredient
78383	1097558	1	100	1116 Yogurt, plain, whole milk
78384	1097558	2	0.011	999328 Vitamin D as ingredient
78385	1097559	1	100	1117 Yogurt, plain, low fat
78386	1097559	2	0.012	999328 Vitamin D as ingredient
78387	1097560	1	100	1118 Yogurt, plain, skim milk
78388	1097560	2	0.012	999328 Vitamin D as ingredient
78389	1097561	1	100	1287 Yogurt, Greek, plain, lowfat
78390	1097562	1	100	1293 Yogurt, Greek, plain, whole milk
78391	1097563	1	100	1287 Yogurt, Greek, plain, lowfat
78392	1097564	1	100	1256 Yogurt, Greek, plain, nonfat (Includ
78395	1097565	3	0.012	999328 Vitamin D as ingredient
78393	1097565	1	88	1117 Yogurt, plain, low fat
78394	1097565	2	12	19297 Jams and preserves
78398	1097566	3	0.011	999328 Vitamin D as ingredient
78396	1097566	1	88	1116 Yogurt, plain, whole milk
78397	1097566	2	12	19297 Jams and preserves
78401	1097567	3	0.012	999328 Vitamin D as ingredient
78400	1097567	2	12	19297 Jams and preserves
78399	1097567	1	88	1117 Yogurt, plain, low fat
78404	1097568	3	0.012	999328 Vitamin D as ingredient
78403	1097568	2	12	19297 Jams and preserves
78402	1097568		1	88 1118 Yogurt, plain, skim milk

78405	1097569		1	100	1284 Yogurt, Greek, strawberry, lowfat
78406	1097570		1	100	1294 Yogurt, Greek, fruit, whole milk
78407	1097571		1	100	1284 Yogurt, Greek, strawberry, lowfat
78408	1097572		1	100	1285 Yogurt, Greek, strawberry, nonfat
78411	1097573		3	0.012	999328 Vitamin D as ingredient
78410	1097573		2	3	19335 Sugars, granulated
78409	1097573		1	97	1117 Yogurt, plain, low fat
78412	1097574		1	95	1116 Yogurt, plain, whole milk
78414	1097574		3	0.011	999328 Vitamin D as ingredient
78413	1097574		2	5	19335 Sugars, granulated
78417	1097575		3	0.012	999328 Vitamin D as ingredient
78415	1097575		1	97	1117 Yogurt, plain, low fat
78416	1097575		2	3	19335 Sugars, granulated
78420	1097576		3	0.012	999328 Vitamin D as ingredient
78418	1097576		1	97	1118 Yogurt, plain, skim milk
78419	1097576		2	3	19335 Sugars, granulated
78421	1097577		1	100	1297 Yogurt, Greek, vanilla, lowfat
78423	1097578		2	2	1003 Butter oil, anhydrous
78422	1097578		1	98	1297 Yogurt, Greek, vanilla, lowfat
78424	1097579		1	100	1297 Yogurt, Greek, vanilla, lowfat
78425	1097580		1	100	1286 Yogurt, Greek, vanilla, nonfat
78426	1097581		1	80	1297 Yogurt, Greek, vanilla, lowfat
78427	1097581	1101740	2	20	57227000 Cereal, granola
78428	1097582		1	70	1117 Yogurt, plain, low fat
78431	1097582		4	0.012	999328 Vitamin D as ingredient
78430	1097582		3	10	19297 Jams and preserves
78429	1097582		2	20	14411 Beverages, water, tap, drinking
78432	1097583		1	20	4025 Salad dressing, mayonnaise, regula
78433	1097583		2	80	1287 Yogurt, Greek, plain, lowfat
78435	1097583		4	2	11819 Peppers, hot chili, red, raw
78434	1097583		3	1.3	2047 Salt, table, iodized

78436	1097584		1	20	4025	Salad dressing, mayonnaise, regula
78439	1097584	1104578	4	1	99997510	Onions, cooked, as ingredient
78437	1097584		2	80	1287	Yogurt, Greek, plain, lowfat
78440	1097584		5	1	2029	Spices, parsley, dried
78438	1097584		3	1.3	2047	Salt, table, iodized
78441	1097585		1	20	4025	Salad dressing, mayonnaise, regula
78444	1097585	1104578	4	10	99997510	Onions, cooked, as ingredient

[illegible]



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GM	0 NONE	7	0
GM	0 NONE	0.3	0
GM	0 NONE	93	0
GM	0 NONE	100	0
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GM	0 NONE	100	0
GM	0 NONE	100	0
GM	0 NONE	100	0
GM	0 NONE	0.012	0
GM	0 NONE	100	0
GM	0 NONE	100	0
GM	0 NONE	100	0
GM	0 NONE	0.012	0
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GM	0 NONE	12	0
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GM	0 NONE	88	0

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GM	0 NONE	97	0
GM	0 NONE	3	0
GM	0 NONE	0.012	0
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GM	0 NONE	100	0
GM	0 NONE	100	0
GM	0 NONE	80	0
GM	0 NONE	20	0



GM	0 NONE	70	0
GM	0 NONE	0.012	0
GM	0 NONE	10	0
GM	0 NONE	20	0
GM	0 NONE	20	0
GM	0 NONE	80	0
GM	0 NONE	2	0
GM	0 NONE	1.3	0
GM	0 NONE	20	0
GM	0 NONE	1	0
GM	0 NONE	80	0
GM	0 NONE	1	0
GM	0 NONE	1.3	0
GM	0 NONE	20	0
GM	0 NONE	10	0