

History Students Social Media Log Comparison

Ranke.2

	What I used	Why I used it	What I felt about it	How long I used it for	Other notes
Student 1					
Day 1	WhatsApp, Snapchat, and Skype	WhatsApp - to answer several work messages and to send one message to a friend Snapchat - to send a picture to a friend Skype - for a work call	Mostly I felt like I needed to send messages to communicate for work but that I wanted to specifically stay off my phone today	WhatsApp - 4 mins Snapchat - 2 mins Skype - 38 mins Total: 44 mins	I'm on vacation and spending time with an old friend, so I was barely on social media today, as I wanted to spend time with my friend
Day 2	WhatsApp, Snapchat, and Google Voice	to respond to messages from friends/family, to set up a Skype call with a friend/former colleague, to kill time/look at memes, to respond to work messages	A short burst of happiness from looking at memes on Snapchat, pleasure in setting up a Skype call with an old colleague, satisfaction in responding to messages from friends/family, a sense of duty in answering work messages	Snapchat - 11 mins WhatsApp - 11 mins Google Voice - 3 mins Total: 25 mins	
Day 3	WhatsApp, Snapchat, FB messenger, Google Voice	to communicate with friends and family, to kill time during a car ride, to look at memes, and setting up video calls with friends	Amused and pleased looking at memes, not wanting to respond to certain family or friends' messages that were 'boring' but should be responded to, happy to hear what is going on on my friends' lives	Snapchat: 23 mins Facebook Messenger: 21 mins WhatsApp: 10 mins Google Voice: 3 mins Total: 57 mins	
Student 2					
Day 1	Whatsapp, Instagram, FB Messenger, Tiktok, Skype	I used Tiktok, because I was bored in the afternoon and decided to try the app again, because you can very quickly forget the time, which passes very quickly, when using the app. What was different this day, was that I used Skype to contact my best friend, who is doing her Master in Berlin right now to catch up.	Happiness while skyping because I haven't seen my best friend in 1 month, Entertained while using the Tiktok app	Whatsapp: 15mins Instagram: 30mins FB Messenger: 30 mins Tiktok: 40mins Skype: 150 mins Total: 4h 25mins	I spent more time on social media, because of the Skype call I had this day, which lasted 2h30 mins
Day 2	Whatsapp, FB Messenger, Instagram, Zoom	On this day, I used social media as always just to kill time and to chat with either my family on Whatsapp and FB Messenger, the only difference was that that day I used the Zoom chat option to chat with some of my classmates during the course because I had issues with my microfone. I also used Facebook because I wanted an update of the last episode of a reality series, which I had missed the day before.	No particular feelings, just frustration while chatting on Zoom because of the issue of the microphone.	Whatsapp: 30mins FB Messenger: 30mins Instagram: 50 mins Zoom: 30 mins Total: 2h 20mins	
Day 3	WhatsApp, FB Messenger, Instagram, Youtube, Facetime	This time I used Youtube in order to set up a piece of furniture from Ikea that's been in my room for a long time, this took me forever, because craftsmanship is not my strength. I also used Facetime to contact my family in Italy, it is kind of a tradition every Sunday to facetime my family in Italy just to check on them	happy while facetimeing with my family ini Italy, frustration while looking at the youtube videos about the Ikea furniture because I I easily get irritated with things like that :p	Whatsapp: 40 mins FB Messenger: 30 mins Instagram: 1h40 mins Youtube: 60 mins Facetime: 40 mins Total: 4h 50mins	On Sundays, I usally spent more time on social media, because that is my lazy day where I do absolutely nothing, so either I'm watching Netflix or I'm killing time on social media, that is also why I spent so much time on Instagram just scrolling through the feed without any intention. But 5 hours is really a lot of time to spend on social media, that kind of shocked me.

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Student 3					
Day 1	WhatsApp, Instagram, Facebook, Youtube	WhatsApp - answer friends and family Instagram - randomly explore my feed throughout the day Facebook - again answer friends or coordinate some groups, way to stay in touch with friends abroad Youtube - especially in the evening, watching videos from my subbox or random ones that interest me	felt the need to respond to my friends and family to hear something from them, especially after moving to keep some social contacts	WhatsApp: 30 mins Instagram: 40 mins Facebook: 20 mins Youtube: 1h Total: 2h 30 mins	I moved recently so my usage was more frequent to kill some time when I was not unpacking stuff or doing essentials for the new apartment. I also use only these social media tools, not something else.
Day 2	WhatsApp, Instagram, Facebook, Youtube	communicating, instagram and youtube to kill some time during the day, getting accommodated in my new home	always felt the need to respond to friends and family, however i sometimes just want to be left alone. Also GF was at my place so i was not that much on my phone	WhatsApp: 20 mins Instagram: 25 mins Facebook : 17 mins Youtube: 12 mins Total: 1h 14 mins	
Day 3	WhatsApp, Instagram, Facebook, Youtube	throughout the day, my use of the apps was basically the same compared to the others, scrolling through insta feed to kill time and look at memes, and the last few days i was watched a lot of videos on YT of a game called "among us"	really enjoying the videos from among us, need to answer messages	WhatsApp: 18 mins Instagram: 41 mins Facebook: 9 mins Youtube: 1h 24 mins Total: 2h32 mins	