

Atomic Multipoles (spinless LM basis)

bra: = $|s, 0\rangle$
ket: = $|s, 0\rangle$

Table 1: (s,s) block.

No.	multipole	matrix
1	$\mathbb{Q}_{0,0}^{(a)}$	$\begin{bmatrix} 1 \end{bmatrix}$

bra: = $|s, 0\rangle$
ket: = $|p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

Table 2: (s,p) block.

No.	multipole	matrix
2	$\mathbb{Q}_{1,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{3}}{3} \end{bmatrix}$
3	$\mathbb{Q}_{1,0}^{(a)}$	$\begin{bmatrix} 0 & \frac{\sqrt{3}}{3} & 0 \end{bmatrix}$
4	$\mathbb{Q}_{1,-1}^{(a)}$	$\begin{bmatrix} -\frac{\sqrt{3}}{3} & 0 & 0 \end{bmatrix}$
5	$\mathbb{T}_{1,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{3}i}{9} \end{bmatrix}$
6	$\mathbb{T}_{1,0}^{(a)}$	$\begin{bmatrix} 0 & \frac{\sqrt{3}i}{9} & 0 \end{bmatrix}$
7	$\mathbb{T}_{1,-1}^{(a)}$	$\begin{bmatrix} -\frac{\sqrt{3}i}{9} & 0 & 0 \end{bmatrix}$

bra: = $|s, 0\rangle$
ket: = $|d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

Table 3: (s,d) block.

No.	multipole	matrix
8	$\mathbb{Q}_{2,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{5}}{5} \end{bmatrix}$
9	$\mathbb{Q}_{2,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & -\frac{\sqrt{5}}{5} & 0 \end{bmatrix}$
10	$\mathbb{Q}_{2,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & \frac{\sqrt{5}}{5} & 0 & 0 \end{bmatrix}$
11	$\mathbb{Q}_{2,-1}^{(a)}$	$\begin{bmatrix} 0 & -\frac{\sqrt{5}}{5} & 0 & 0 & 0 \end{bmatrix}$
12	$\mathbb{Q}_{2,-2}^{(a)}$	$\begin{bmatrix} \frac{\sqrt{5}}{5} & 0 & 0 & 0 & 0 \end{bmatrix}$
13	$\mathbb{T}_{2,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{5}i}{10} \end{bmatrix}$
14	$\mathbb{T}_{2,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & -\frac{\sqrt{5}i}{10} & 0 \end{bmatrix}$
15	$\mathbb{T}_{2,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & \frac{\sqrt{5}i}{10} & 0 & 0 \end{bmatrix}$
16	$\mathbb{T}_{2,-1}^{(a)}$	$\begin{bmatrix} 0 & -\frac{\sqrt{5}i}{10} & 0 & 0 & 0 \end{bmatrix}$
17	$\mathbb{T}_{2,-2}^{(a)}$	$\begin{bmatrix} \frac{\sqrt{5}i}{10} & 0 & 0 & 0 & 0 \end{bmatrix}$

bra: $= |s, 0\rangle$

ket: $= |f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 4: (s,f) block.

No.	multipole	matrix
18	$\mathbb{Q}_{3,3}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & 0 & 0 & -\frac{\sqrt{7}}{7} \end{bmatrix}$
19	$\mathbb{Q}_{3,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{7}}{7} & 0 \end{bmatrix}$
20	$\mathbb{Q}_{3,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & -\frac{\sqrt{7}}{7} & 0 & 0 \end{bmatrix}$
21	$\mathbb{Q}_{3,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & \frac{\sqrt{7}}{7} & 0 & 0 & 0 \end{bmatrix}$
22	$\mathbb{Q}_{3,-1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{7}}{7} & 0 & 0 & 0 & 0 \end{bmatrix}$

continued ...

Table 4

No.	multipole	matrix
23	$\mathbb{Q}_{3,-2}^{(a)}$	$\begin{bmatrix} 0 & \frac{\sqrt{7}}{7} & 0 & 0 & 0 & 0 & 0 \end{bmatrix}$
24	$\mathbb{Q}_{3,-3}^{(a)}$	$\begin{bmatrix} -\frac{\sqrt{7}}{7} & 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix}$
25	$\mathbb{T}_{3,3}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}i}{35} \end{bmatrix}$
26	$\mathbb{T}_{3,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & 0 & \frac{3\sqrt{7}i}{35} & 0 \end{bmatrix}$
27	$\mathbb{T}_{3,1}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}i}{35} & 0 & 0 \end{bmatrix}$
28	$\mathbb{T}_{3,0}^{(a)}$	$\begin{bmatrix} 0 & 0 & 0 & \frac{3\sqrt{7}i}{35} & 0 & 0 & 0 \end{bmatrix}$
29	$\mathbb{T}_{3,-1}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{3\sqrt{7}i}{35} & 0 & 0 & 0 & 0 \end{bmatrix}$
30	$\mathbb{T}_{3,-2}^{(a)}$	$\begin{bmatrix} 0 & \frac{3\sqrt{7}i}{35} & 0 & 0 & 0 & 0 & 0 \end{bmatrix}$
31	$\mathbb{T}_{3,-3}^{(a)}$	$\begin{bmatrix} -\frac{3\sqrt{7}i}{35} & 0 & 0 & 0 & 0 & 0 & 0 \end{bmatrix}$

bra: $= |p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

ket: $= |p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

Table 5: (p,p) block.

No.	multipole	matrix
32	$\mathbb{Q}_{0,0}^{(a)}$	$\begin{bmatrix} 1 & 0 & 0 \end{bmatrix}$
		$\begin{bmatrix} 0 & 1 & 0 \end{bmatrix}$
		$\begin{bmatrix} 0 & 0 & 1 \end{bmatrix}$
33	$\mathbb{Q}_{2,2}^{(a)}$	$\begin{bmatrix} 0 & 0 & -\frac{\sqrt{6}}{5} \end{bmatrix}$
		$\begin{bmatrix} 0 & 0 & 0 \end{bmatrix}$
		$\begin{bmatrix} 0 & 0 & 0 \end{bmatrix}$

continued ...

Table 5

No.	multipole	matrix
34	$\mathbb{Q}_{2,1}^{(a)}$	$0 \quad \frac{\sqrt{3}}{5} \quad 0$
		$0 \quad 0 \quad -\frac{\sqrt{3}}{5}$
		$0 \quad 0 \quad 0$
35	$\mathbb{Q}_{2,0}^{(a)}$	$-\frac{1}{5} \quad 0 \quad 0$
		$0 \quad \frac{2}{5} \quad 0$
		$0 \quad 0 \quad -\frac{1}{5}$
36	$\mathbb{Q}_{2,-1}^{(a)}$	$0 \quad 0 \quad 0$
		$-\frac{\sqrt{3}}{5} \quad 0 \quad 0$
		$0 \quad \frac{\sqrt{3}}{5} \quad 0$
37	$\mathbb{Q}_{2,-2}^{(a)}$	$0 \quad 0 \quad 0$
		$0 \quad 0 \quad 0$
		$-\frac{\sqrt{6}}{5} \quad 0 \quad 0$
38	$\mathbb{M}_{1,1}^{(a)}$	$0 \quad -1 \quad 0$
		$0 \quad 0 \quad -1$
		$0 \quad 0 \quad 0$
39	$\mathbb{M}_{1,0}^{(a)}$	$1 \quad 0 \quad 0$
		$0 \quad 0 \quad 0$
		$0 \quad 0 \quad -1$
40	$\mathbb{M}_{1,-1}^{(a)}$	$0 \quad 0 \quad 0$
		$1 \quad 0 \quad 0$
		$0 \quad 1 \quad 0$

bra: $= |p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

ket: $= |d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

Table 6: (p,d) block.

No.	multipole	matrix					
41	$\mathbb{Q}_{1,1}^{(a)}$	0	0	$-\frac{\sqrt{15}}{15}$	0	0	
		0	0	0	$-\frac{\sqrt{5}}{5}$	0	
		0	0	0	0	$-\frac{\sqrt{10}}{5}$	
42	$\mathbb{Q}_{1,0}^{(a)}$	0	$\frac{\sqrt{5}}{5}$	0	0	0	
		0	0	$\frac{2\sqrt{15}}{15}$	0	0	
		0	0	0	$\frac{\sqrt{5}}{5}$	0	
43	$\mathbb{Q}_{1,-1}^{(a)}$	$-\frac{\sqrt{10}}{5}$	0	0	0	0	
		0	$-\frac{\sqrt{5}}{5}$	0	0	0	
		0	0	$-\frac{\sqrt{15}}{15}$	0	0	
44	$\mathbb{Q}_{3,3}^{(a)}$	0	0	0	0	$\frac{3}{7}$	
		0	0	0	0	0	
		0	0	0	0	0	
45	$\mathbb{Q}_{3,2}^{(a)}$	0	0	0	$-\frac{\sqrt{6}}{7}$	0	
		0	0	0	0	$\frac{\sqrt{3}}{7}$	
		0	0	0	0	0	
46	$\mathbb{Q}_{3,1}^{(a)}$	0	0	$\frac{3\sqrt{10}}{35}$	0	0	
		0	0	0	$-\frac{2\sqrt{30}}{35}$	0	
		0	0	0	0	$\frac{\sqrt{15}}{35}$	
47	$\mathbb{Q}_{3,0}^{(a)}$	0	$-\frac{3\sqrt{5}}{35}$	0	0	0	
		0	0	$\frac{3\sqrt{15}}{35}$	0	0	
		0	0	0	$-\frac{3\sqrt{5}}{35}$	0	
48	$\mathbb{Q}_{3,-1}^{(a)}$	$\frac{\sqrt{15}}{35}$	0	0	0	0	
		0	$-\frac{2\sqrt{30}}{35}$	0	0	0	
		0	0	$\frac{3\sqrt{10}}{35}$	0	0	

continued ...

Table 6

No.	multipole	matrix					
49	$\mathbb{Q}_{3,-2}^{(a)}$	0	0	0	0	0	
		$\frac{\sqrt{3}}{7}$	0	0	0	0	
		0	$-\frac{\sqrt{6}}{7}$	0	0	0	
50	$\mathbb{Q}_{3,-3}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		$\frac{3}{7}$	0	0	0	0	
51	$\mathbb{G}_{2,2}^{(a)}$	0	0	0	$\frac{2\sqrt{30}i}{45}$	0	
		0	0	0	0	$\frac{4\sqrt{15}i}{45}$	
		0	0	0	0	0	
52	$\mathbb{G}_{2,1}^{(a)}$	0	0	$-\frac{2\sqrt{5}i}{15}$	0	0	
		0	0	0	$-\frac{2\sqrt{15}i}{45}$	0	
		0	0	0	0	$\frac{2\sqrt{30}i}{45}$	
53	$\mathbb{G}_{2,0}^{(a)}$	0	$\frac{2\sqrt{5}i}{15}$	0	0	0	
		0	0	0	0	0	
		0	0	0	$-\frac{2\sqrt{5}i}{15}$	0	
54	$\mathbb{G}_{2,-1}^{(a)}$	$-\frac{2\sqrt{30}i}{45}$	0	0	0	0	
		0	$\frac{2\sqrt{15}i}{45}$	0	0	0	
		0	0	$\frac{2\sqrt{5}i}{15}$	0	0	
55	$\mathbb{G}_{2,-2}^{(a)}$	0	0	0	0	0	
		$-\frac{4\sqrt{15}i}{45}$	0	0	0	0	
		0	$-\frac{2\sqrt{30}i}{45}$	0	0	0	
56	$\mathbb{T}_{1,1}^{(a)}$	0	0	$-\frac{2\sqrt{15}i}{45}$	0	0	
		0	0	0	$-\frac{2\sqrt{5}i}{15}$	0	
		0	0	0	0	$-\frac{2\sqrt{10}i}{15}$	

continued ...

Table 6

No.	multipole	matrix					
57	$\mathbb{T}_{1,0}^{(a)}$	0	$\frac{2\sqrt{5}i}{15}$	0	0	0	
		0	0	$\frac{4\sqrt{15}i}{45}$	0	0	
		0	0	0	$\frac{2\sqrt{5}i}{15}$	0	
58	$\mathbb{T}_{1,-1}^{(a)}$	$-\frac{2\sqrt{10}i}{15}$	0	0	0	0	
		0	$-\frac{2\sqrt{5}i}{15}$	0	0	0	
		0	0	$-\frac{2\sqrt{15}i}{45}$	0	0	
59	$\mathbb{T}_{3,3}^{(a)}$	0	0	0	0	$\frac{3i}{35}$	
		0	0	0	0	0	
		0	0	0	0	0	
60	$\mathbb{T}_{3,2}^{(a)}$	0	0	0	$-\frac{\sqrt{6}i}{35}$	0	
		0	0	0	0	$\frac{\sqrt{3}i}{35}$	
		0	0	0	0	0	
61	$\mathbb{T}_{3,1}^{(a)}$	0	0	$\frac{3\sqrt{10}i}{175}$	0	0	
		0	0	0	$-\frac{2\sqrt{30}i}{175}$	0	
		0	0	0	0	$\frac{\sqrt{15}i}{175}$	
62	$\mathbb{T}_{3,0}^{(a)}$	0	$-\frac{3\sqrt{5}i}{175}$	0	0	0	
		0	0	$\frac{3\sqrt{15}i}{175}$	0	0	
		0	0	0	$-\frac{3\sqrt{5}i}{175}$	0	
63	$\mathbb{T}_{3,-1}^{(a)}$	$\frac{\sqrt{15}i}{175}$	0	0	0	0	
		0	$-\frac{2\sqrt{30}i}{175}$	0	0	0	
		0	0	$\frac{3\sqrt{10}i}{175}$	0	0	
64	$\mathbb{T}_{3,-2}^{(a)}$	0	0	0	0	0	
		$\frac{\sqrt{3}i}{35}$	0	0	0	0	
		0	$-\frac{\sqrt{6}i}{35}$	0	0	0	

continued ...

Table 6

No.	multipole	matrix					
65	$\mathbb{T}_{3,-3}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		$\frac{3i}{35}$	0	0	0	0	
66	$\mathbb{M}_{2,2}^{(a)}$	0	0	0	$\frac{2\sqrt{30}}{15}$	0	
		0	0	0	0	$\frac{4\sqrt{15}}{15}$	
		0	0	0	0	0	
67	$\mathbb{M}_{2,1}^{(a)}$	0	0	$-\frac{2\sqrt{5}}{5}$	0	0	
		0	0	0	$-\frac{2\sqrt{15}}{15}$	0	
		0	0	0	0	$\frac{2\sqrt{30}}{15}$	
68	$\mathbb{M}_{2,0}^{(a)}$	0	$\frac{2\sqrt{5}}{5}$	0	0	0	
		0	0	0	0	0	
		0	0	0	$-\frac{2\sqrt{5}}{5}$	0	
69	$\mathbb{M}_{2,-1}^{(a)}$	$-\frac{2\sqrt{30}}{15}$	0	0	0	0	
		0	$\frac{2\sqrt{15}}{15}$	0	0	0	
		0	0	$\frac{2\sqrt{5}}{5}$	0	0	
70	$\mathbb{M}_{2,-2}^{(a)}$	0	0	0	0	0	
		$-\frac{4\sqrt{15}}{15}$	0	0	0	0	
		0	$-\frac{2\sqrt{30}}{15}$	0	0	0	

bra: $= |p, 1\rangle, |p, 0\rangle, |p, -1\rangle$

ket: $= |f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 7: (p,f) block.

No.	multipole	matrix							
71	$\mathbb{Q}_{2,2}^{(a)}$	0	0	0	0	$\frac{\sqrt{21}}{35}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{105}}{35}$	0	
		0	0	0	0	0	0	$\frac{3\sqrt{35}}{35}$	
72	$\mathbb{Q}_{2,1}^{(a)}$	0	0	0	$-\frac{3\sqrt{7}}{35}$	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{42}}{35}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{210}}{35}$	0	
73	$\mathbb{Q}_{2,0}^{(a)}$	0	0	$\frac{3\sqrt{14}}{35}$	0	0	0	0	
		0	0	0	$\frac{3\sqrt{21}}{35}$	0	0	0	
		0	0	0	0	$\frac{3\sqrt{14}}{35}$	0	0	
74	$\mathbb{Q}_{2,-1}^{(a)}$	0	$-\frac{\sqrt{210}}{35}$	0	0	0	0	0	
		0	0	$-\frac{2\sqrt{42}}{35}$	0	0	0	0	
		0	0	0	$-\frac{3\sqrt{7}}{35}$	0	0	0	
75	$\mathbb{Q}_{2,-2}^{(a)}$	$\frac{3\sqrt{35}}{35}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{105}}{35}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{21}}{35}$	0	0	0	0	
76	$\mathbb{Q}_{4,4}^{(a)}$	0	0	0	0	0	0	$-\frac{2\sqrt{3}}{9}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
77	$\mathbb{Q}_{4,3}^{(a)}$	0	0	0	0	0	$\frac{1}{3}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{3}}{9}$	
		0	0	0	0	0	0	0	
78	$\mathbb{Q}_{4,2}^{(a)}$	0	0	0	0	$-\frac{\sqrt{35}}{21}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{7}}{21}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{21}}{63}$	

continued ...

Table 7

No.	multipole	matrix
79	$\mathbb{Q}_{4,1}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & \frac{\sqrt{210}}{63} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{7}}{21} & 0 \end{vmatrix}$
80	$\mathbb{Q}_{4,0}^{(a)}$	$\begin{vmatrix} 0 & 0 & -\frac{\sqrt{14}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{4\sqrt{21}}{63} & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & -\frac{\sqrt{14}}{21} & 0 & 0 \end{vmatrix}$
81	$\mathbb{Q}_{4,-1}^{(a)}$	$\begin{vmatrix} 0 & \frac{\sqrt{7}}{21} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & \frac{\sqrt{210}}{63} & 0 & 0 & 0 \end{vmatrix}$
82	$\mathbb{Q}_{4,-2}^{(a)}$	$\begin{vmatrix} -\frac{\sqrt{21}}{63} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{2\sqrt{7}}{21} & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & -\frac{\sqrt{35}}{21} & 0 & 0 & 0 & 0 \end{vmatrix}$
83	$\mathbb{Q}_{4,-3}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{\sqrt{3}}{9} & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & \frac{1}{3} & 0 & 0 & 0 & 0 & 0 \end{vmatrix}$
84	$\mathbb{Q}_{4,-4}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ -\frac{2\sqrt{3}}{9} & 0 & 0 & 0 & 0 & 0 & 0 \end{vmatrix}$
85	$\mathbb{G}_{3,3}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}i}{28} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{21}i}{28} \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 \end{vmatrix}$
86	$\mathbb{G}_{3,2}^{(a)}$	$\begin{vmatrix} 0 & 0 & 0 & 0 & \frac{\sqrt{105}i}{28} & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & \frac{\sqrt{21}i}{14} & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & -\frac{3\sqrt{7}i}{28} \end{vmatrix}$

continued ...

Table 7

No.	multipole	matrix							
87	$\mathbb{G}_{3,1}^{(a)}$	0	0	0	$-\frac{3\sqrt{14}i}{28}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{21}i}{28}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{105}i}{28}$	0	
88	$\mathbb{G}_{3,0}^{(a)}$	0	0	$\frac{3\sqrt{14}i}{28}$	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	$-\frac{3\sqrt{14}i}{28}$	0	0	
89	$\mathbb{G}_{3,-1}^{(a)}$	0	$-\frac{\sqrt{105}i}{28}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{21}i}{28}$	0	0	0	0	
		0	0	0	$\frac{3\sqrt{14}i}{28}$	0	0	0	
90	$\mathbb{G}_{3,-2}^{(a)}$	$\frac{3\sqrt{7}i}{28}$	0	0	0	0	0	0	
		0	$-\frac{\sqrt{21}i}{14}$	0	0	0	0	0	
		0	0	$-\frac{\sqrt{105}i}{28}$	0	0	0	0	
91	$\mathbb{G}_{3,-3}^{(a)}$	0	0	0	0	0	0	0	
		$\frac{3\sqrt{21}i}{28}$	0	0	0	0	0	0	
		0	$\frac{3\sqrt{7}i}{28}$	0	0	0	0	0	
92	$\mathbb{T}_{2,2}^{(a)}$	0	0	0	0	$\frac{\sqrt{21}i}{42}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{105}i}{42}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{35}i}{14}$	
93	$\mathbb{T}_{2,1}^{(a)}$	0	0	0	$-\frac{\sqrt{7}i}{14}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{42}i}{21}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{210}i}{42}$	0	
94	$\mathbb{T}_{2,0}^{(a)}$	0	0	$\frac{\sqrt{14}i}{14}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{21}i}{14}$	0	0	0	
		0	0	0	0	$\frac{\sqrt{14}i}{14}$	0	0	

continued ...

Table 7

No.	multipole	matrix							
95	$\mathbb{T}_{2,-1}^{(a)}$	0	$-\frac{\sqrt{210}i}{42}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{42}i}{21}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{7}i}{14}$	0	0	0	0
96	$\mathbb{T}_{2,-2}^{(a)}$	$\frac{\sqrt{35}i}{14}$	0	0	0	0	0	0	0
		0	$\frac{\sqrt{105}i}{42}$	0	0	0	0	0	0
		0	0	$\frac{\sqrt{21}i}{42}$	0	0	0	0	0
97	$\mathbb{T}_{4,4}^{(a)}$	0	0	0	0	0	0	$-\frac{2\sqrt{3}i}{27}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
98	$\mathbb{T}_{4,3}^{(a)}$	0	0	0	0	0	$\frac{i}{9}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{3}i}{27}$	
		0	0	0	0	0	0	0	
99	$\mathbb{T}_{4,2}^{(a)}$	0	0	0	0	$-\frac{\sqrt{35}i}{63}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{7}i}{63}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{21}i}{189}$	
100	$\mathbb{T}_{4,1}^{(a)}$	0	0	0	$\frac{\sqrt{210}i}{189}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{35}i}{63}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{7}i}{63}$	0	
101	$\mathbb{T}_{4,0}^{(a)}$	0	0	$-\frac{\sqrt{14}i}{63}$	0	0	0	0	
		0	0	0	$\frac{4\sqrt{21}i}{189}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{14}i}{63}$	0	0	
102	$\mathbb{T}_{4,-1}^{(a)}$	0	$\frac{\sqrt{7}i}{63}$	0	0	0	0	0	
		0	0	$-\frac{\sqrt{35}i}{63}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{210}i}{189}$	0	0	0	

continued ...

Table 7

No.	multipole	matrix							
103	$\mathbb{T}_{4,-2}^{(a)}$	$-\frac{\sqrt{21}i}{189}$	0	0	0	0	0	0	0
		0	$\frac{2\sqrt{7}i}{63}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{35}i}{63}$	0	0	0	0	0
104	$\mathbb{T}_{4,-3}^{(a)}$	0	0	0	0	0	0	0	0
		$-\frac{\sqrt{3}i}{27}$	0	0	0	0	0	0	0
		0	$\frac{i}{9}$	0	0	0	0	0	0
105	$\mathbb{T}_{4,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{2\sqrt{3}i}{27}$	0	0	0	0	0	0	0
106	$\mathbb{M}_{3,3}^{(a)}$	0	0	0	0	0	$-\frac{3\sqrt{7}}{14}$	0	0
		0	0	0	0	0	0	$-\frac{3\sqrt{21}}{14}$	0
		0	0	0	0	0	0	0	0
107	$\mathbb{M}_{3,2}^{(a)}$	0	0	0	0	$\frac{\sqrt{105}}{14}$	0	0	0
		0	0	0	0	0	$\frac{\sqrt{21}}{7}$	0	0
		0	0	0	0	0	0	$-\frac{3\sqrt{7}}{14}$	0
108	$\mathbb{M}_{3,1}^{(a)}$	0	0	0	$-\frac{3\sqrt{14}}{14}$	0	0	0	0
		0	0	0	0	$-\frac{\sqrt{21}}{14}$	0	0	0
		0	0	0	0	0	$\frac{\sqrt{105}}{14}$	0	0
109	$\mathbb{M}_{3,0}^{(a)}$	0	0	$\frac{3\sqrt{14}}{14}$	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	$-\frac{3\sqrt{14}}{14}$	0	0	0
110	$\mathbb{M}_{3,-1}^{(a)}$	0	$-\frac{\sqrt{105}}{14}$	0	0	0	0	0	0
		0	0	$\frac{\sqrt{21}}{14}$	0	0	0	0	0
		0	0	0	$\frac{3\sqrt{14}}{14}$	0	0	0	0

continued ...

Table 7

No.	multipole	matrix							
111	$\mathbb{M}_{3,-2}^{(a)}$	$\frac{3\sqrt{7}}{14}$	0	0	0	0	0	0	0
		0	$-\frac{\sqrt{21}}{7}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{105}}{14}$	0	0	0	0	0
112	$\mathbb{M}_{3,-3}^{(a)}$	0	0	0	0	0	0	0	0
		$\frac{3\sqrt{21}}{14}$	0	0	0	0	0	0	0
		0	$\frac{3\sqrt{7}}{14}$	0	0	0	0	0	0

bra: $= |d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

ket: $= |d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

Table 8: (d,d) block.

No.	multipole	matrix					
113	$\mathbb{Q}_{0,0}^{(a)}$	1	0	0	0	0	0
		0	1	0	0	0	0
		0	0	1	0	0	0
		0	0	0	1	0	0
		0	0	0	0	1	0
114	$\mathbb{Q}_{2,2}^{(a)}$	0	0	$-\frac{2}{7}$	0	0	0
		0	0	0	$-\frac{\sqrt{6}}{7}$	0	0
		0	0	0	0	$-\frac{2}{7}$	0
		0	0	0	0	0	0
		0	0	0	0	0	0

continued ...

Table 8

No.	multipole	matrix					
115	$\mathbb{Q}_{2,1}^{(a)}$	0	$\frac{\sqrt{6}}{7}$	0	0	0	
		0	0	$\frac{1}{7}$	0	0	
		0	0	0	$-\frac{1}{7}$	0	
		0	0	0	0	$-\frac{\sqrt{6}}{7}$	
		0	0	0	0	0	
116	$\mathbb{Q}_{2,0}^{(a)}$	$-\frac{2}{7}$	0	0	0	0	
		0	$\frac{1}{7}$	0	0	0	
		0	0	$\frac{2}{7}$	0	0	
		0	0	0	$\frac{1}{7}$	0	
		0	0	0	0	$-\frac{2}{7}$	
117	$\mathbb{Q}_{2,-1}^{(a)}$	0	0	0	0	0	
		$-\frac{\sqrt{6}}{7}$	0	0	0	0	
		0	$-\frac{1}{7}$	0	0	0	
		0	0	$\frac{1}{7}$	0	0	
		0	0	0	$\frac{\sqrt{6}}{7}$	0	
118	$\mathbb{Q}_{2,-2}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		$-\frac{2}{7}$	0	0	0	0	
		0	$-\frac{\sqrt{6}}{7}$	0	0	0	
		0	0	$-\frac{2}{7}$	0	0	

continued ...

Table 8

No.	multipole	matrix				
119	$\mathbb{Q}_{4,4}^{(a)}$	0	0	0	0	$\frac{\sqrt{70}}{21}$
		0	0	0	0	0
		0	0	0	0	0
		0	0	0	0	0
		0	0	0	0	0
120	$\mathbb{Q}_{4,3}^{(a)}$	0	0	0	$-\frac{\sqrt{35}}{21}$	0
		0	0	0	0	$\frac{\sqrt{35}}{21}$
		0	0	0	0	0
		0	0	0	0	0
		0	0	0	0	0
121	$\mathbb{Q}_{4,2}^{(a)}$	0	0	$\frac{\sqrt{15}}{21}$	0	0
		0	0	0	$-\frac{2\sqrt{10}}{21}$	0
		0	0	0	0	$\frac{\sqrt{15}}{21}$
		0	0	0	0	0
		0	0	0	0	0
122	$\mathbb{Q}_{4,1}^{(a)}$	0	$-\frac{\sqrt{5}}{21}$	0	0	0
		0	0	$\frac{\sqrt{30}}{21}$	0	0
		0	0	0	$-\frac{\sqrt{30}}{21}$	0
		0	0	0	0	$\frac{\sqrt{5}}{21}$
		0	0	0	0	0

continued ...

Table 8

No.	multipole	matrix					
123	$\mathbb{Q}_{4,0}^{(a)}$	$\frac{1}{21}$	0	0	0	0	
		0	$-\frac{4}{21}$	0	0	0	
		0	0	$\frac{2}{7}$	0	0	
		0	0	0	$-\frac{4}{21}$	0	
		0	0	0	0	$\frac{1}{21}$	
124	$\mathbb{Q}_{4,-1}^{(a)}$	0	0	0	0	0	
		$\frac{\sqrt{5}}{21}$	0	0	0	0	
		0	$-\frac{\sqrt{30}}{21}$	0	0	0	
		0	0	$\frac{\sqrt{30}}{21}$	0	0	
		0	0	0	$-\frac{\sqrt{5}}{21}$	0	
125	$\mathbb{Q}_{4,-2}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		$\frac{\sqrt{15}}{21}$	0	0	0	0	
		0	$-\frac{2\sqrt{10}}{21}$	0	0	0	
		0	0	$\frac{\sqrt{15}}{21}$	0	0	
126	$\mathbb{Q}_{4,-3}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		0	0	0	0	0	
		$\frac{\sqrt{35}}{21}$	0	0	0	0	
		0	$-\frac{\sqrt{35}}{21}$	0	0	0	

continued ...

Table 8

No.	multipole	matrix					
127	$\mathbb{Q}_{4,-4}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		0	0	0	0	0	
		0	0	0	0	0	
		$\frac{\sqrt{70}}{21}$	0	0	0	0	
128	$\mathbb{M}_{1,1}^{(a)}$	0	$-\sqrt{2}$	0	0	0	
		0	0	$-\sqrt{3}$	0	0	
		0	0	0	$-\sqrt{3}$	0	
		0	0	0	0	$-\sqrt{2}$	
		0	0	0	0	0	
129	$\mathbb{M}_{1,0}^{(a)}$	2	0	0	0	0	
		0	1	0	0	0	
		0	0	0	0	0	
		0	0	0	-1	0	
		0	0	0	0	-2	
130	$\mathbb{M}_{1,-1}^{(a)}$	0	0	0	0	0	
		$\sqrt{2}$	0	0	0	0	
		0	$\sqrt{3}$	0	0	0	
		0	0	$\sqrt{3}$	0	0	
		0	0	0	$\sqrt{2}$	0	

continued ...

Table 8

No.	multipole	matrix
131	$\mathbb{M}_{3,3}^{(a)}$	$0 \ 0 \ 0 \ \frac{3\sqrt{5}}{7} \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{3\sqrt{5}}{7}$
		$0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0$
132	$\mathbb{M}_{3,2}^{(a)}$	$0 \ 0 \ -\frac{3\sqrt{5}}{7} \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{3\sqrt{5}}{7}$
		$0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0$
133	$\mathbb{M}_{3,1}^{(a)}$	$0 \ \frac{3\sqrt{3}}{7} \ 0 \ 0 \ 0$
		$0 \ 0 \ -\frac{3\sqrt{2}}{7} \ 0 \ 0$
		$0 \ 0 \ 0 \ -\frac{3\sqrt{2}}{7} \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{3\sqrt{3}}{7}$
		$0 \ 0 \ 0 \ 0 \ 0$
134	$\mathbb{M}_{3,0}^{(a)}$	$-\frac{3}{7} \ 0 \ 0 \ 0 \ 0$
		$0 \ \frac{6}{7} \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ 0 \ 0$
		$0 \ 0 \ 0 \ -\frac{6}{7} \ 0$
		$0 \ 0 \ 0 \ 0 \ \frac{3}{7}$

continued ...

Table 8

No.	multipole	matrix					
135	$\mathbb{M}_{3,-1}^{(a)}$	0	0	0	0	0	
		$-\frac{3\sqrt{3}}{7}$	0	0	0	0	
		0	$\frac{3\sqrt{2}}{7}$	0	0	0	
		0	0	$\frac{3\sqrt{2}}{7}$	0	0	
		0	0	0	$-\frac{3\sqrt{3}}{7}$	0	
136	$\mathbb{M}_{3,-2}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		$-\frac{3\sqrt{5}}{7}$	0	0	0	0	
		0	0	0	0	0	
		0	0	$\frac{3\sqrt{5}}{7}$	0	0	
137	$\mathbb{M}_{3,-3}^{(a)}$	0	0	0	0	0	
		0	0	0	0	0	
		0	0	0	0	0	
		$-\frac{3\sqrt{5}}{7}$	0	0	0	0	
		0	$-\frac{3\sqrt{5}}{7}$	0	0	0	

bra: $= |d, 2\rangle, |d, 1\rangle, |d, 0\rangle, |d, -1\rangle, |d, -2\rangle$

ket: $= |f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 9: (d,f) block.

No.	multipole	matrix							
138	$\mathbb{Q}_{1,1}^{(a)}$	0	0	$-\frac{\sqrt{35}}{35}$	0	0	0	0	
		0	0	0	$-\frac{\sqrt{105}}{35}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{210}}{35}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{14}}{7}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{21}}{7}$	
139	$\mathbb{Q}_{1,0}^{(a)}$	0	$\frac{\sqrt{7}}{7}$	0	0	0	0	0	
		0	0	$\frac{2\sqrt{70}}{35}$	0	0	0	0	
		0	0	0	$\frac{3\sqrt{35}}{35}$	0	0	0	
		0	0	0	0	$\frac{2\sqrt{70}}{35}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{7}}{7}$	0	
140	$\mathbb{Q}_{1,-1}^{(a)}$	$-\frac{\sqrt{21}}{7}$	0	0	0	0	0	0	0
		0	$-\frac{\sqrt{14}}{7}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{210}}{35}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{105}}{35}$	0	0	0	0
		0	0	0	0	$-\frac{\sqrt{35}}{35}$	0	0	0
141	$\mathbb{Q}_{3,3}^{(a)}$	0	0	0	0	$\frac{\sqrt{14}}{21}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{35}}{21}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{35}}{21}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 9

No.	multipole	matrix							
142	$\mathbb{Q}_{3,2}^{(a)}$	0	0	0	$-\frac{2\sqrt{7}}{21}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{21}}{21}$	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	$\frac{\sqrt{35}}{21}$	
		0	0	0	0	0	0	0	
143	$\mathbb{Q}_{3,1}^{(a)}$	0	0	$\frac{2\sqrt{210}}{105}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{70}}{105}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{35}}{35}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{21}}{21}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{14}}{21}$	
144	$\mathbb{Q}_{3,0}^{(a)}$	0	$-\frac{2\sqrt{7}}{21}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{70}}{105}$	0	0	0	0	
		0	0	0	$\frac{4\sqrt{35}}{105}$	0	0	0	
		0	0	0	0	$\frac{\sqrt{70}}{105}$	0	0	
		0	0	0	0	0	$-\frac{2\sqrt{7}}{21}$	0	
145	$\mathbb{Q}_{3,-1}^{(a)}$	$\frac{\sqrt{14}}{21}$	0	0	0	0	0	0	
		0	$-\frac{\sqrt{21}}{21}$	0	0	0	0	0	
		0	0	$-\frac{\sqrt{35}}{35}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{70}}{105}$	0	0	0	
		0	0	0	0	$\frac{2\sqrt{210}}{105}$	0	0	

continued ...

Table 9

No.	multipole	matrix							
146	$\mathbb{Q}_{3,-2}^{(a)}$	0	0	0	0	0	0	0	
		$\frac{\sqrt{35}}{21}$	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	$-\frac{\sqrt{21}}{21}$	0	0	0	0	
		0	0	0	$-\frac{2\sqrt{7}}{21}$	0	0	0	
147	$\mathbb{Q}_{3,-3}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$\frac{\sqrt{35}}{21}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{35}}{21}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{14}}{21}$	0	0	0	0	
148	$\mathbb{Q}_{5,5}^{(a)}$	0	0	0	0	0	0	$-\frac{5\sqrt{6}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
149	$\mathbb{Q}_{5,4}^{(a)}$	0	0	0	0	0	$\frac{\sqrt{10}}{11}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{15}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 9

No.	multipole	matrix							
150	$\mathbb{Q}_{5,3}^{(a)}$	0	0	0	0	$-\frac{5\sqrt{2}}{33}$	0	0	
		0	0	0	0	0	$\frac{4\sqrt{5}}{33}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{5}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
151	$\mathbb{Q}_{5,2}^{(a)}$	0	0	0	$\frac{5}{33}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{3}}{33}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{5}}{11}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{5}}{33}$	
		0	0	0	0	0	0	0	
152	$\mathbb{Q}_{5,1}^{(a)}$	0	0	$-\frac{5\sqrt{21}}{231}$	0	0	0	0	
		0	0	0	$\frac{20\sqrt{7}}{231}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{14}}{77}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{210}}{231}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{35}}{231}$	
153	$\mathbb{Q}_{5,0}^{(a)}$	0	$\frac{5\sqrt{7}}{231}$	0	0	0	0	0	
		0	0	$-\frac{5\sqrt{70}}{231}$	0	0	0	0	
		0	0	0	$\frac{10\sqrt{35}}{231}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{70}}{231}$	0	0	
		0	0	0	0	0	$\frac{5\sqrt{7}}{231}$	0	

continued ...

Table 9

No.	multipole	matrix							
154	$\mathbb{Q}_{5,-1}^{(a)}$	$-\frac{\sqrt{35}}{231}$	0	0	0	0	0	0	0
		0	$\frac{2\sqrt{210}}{231}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{14}}{77}$	0	0	0	0	0
		0	0	0	$\frac{20\sqrt{7}}{231}$	0	0	0	0
		0	0	0	0	$-\frac{5\sqrt{21}}{231}$	0	0	0
155	$\mathbb{Q}_{5,-2}^{(a)}$	0	0	0	0	0	0	0	0
		$-\frac{\sqrt{5}}{33}$	0	0	0	0	0	0	0
		0	$\frac{\sqrt{5}}{11}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{3}}{33}$	0	0	0	0	0
		0	0	0	$\frac{5}{33}$	0	0	0	0
156	$\mathbb{Q}_{5,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{2\sqrt{5}}{33}$	0	0	0	0	0	0	0
		0	$\frac{4\sqrt{5}}{33}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{2}}{33}$	0	0	0	0	0
157	$\mathbb{Q}_{5,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{2\sqrt{15}}{33}$	0	0	0	0	0	0	0
		0	$\frac{\sqrt{10}}{11}$	0	0	0	0	0	0

continued ...

Table 9

No.	multipole	matrix							
158	$\mathbb{Q}_{5,-5}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\frac{5\sqrt{6}}{33}$	0	0	0	0	0	0	
159	$\mathbb{G}_{2,2}^{(a)}$	0	0	0	$\frac{2\sqrt{35}i}{35}$	0	0	0	
		0	0	0	0	$\frac{2\sqrt{105}i}{35}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{7}i}{7}$	0	
		0	0	0	0	0	0	$\frac{2\sqrt{7}i}{7}$	
		0	0	0	0	0	0	0	
160	$\mathbb{G}_{2,1}^{(a)}$	0	0	$-\frac{2\sqrt{105}i}{35}$	0	0	0	0	
		0	0	0	$-\frac{4\sqrt{35}i}{35}$	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{70}i}{35}$	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	$\frac{2\sqrt{7}i}{7}$	
161	$\mathbb{G}_{2,0}^{(a)}$	0	$\frac{2\sqrt{7}i}{7}$	0	0	0	0	0	
		0	0	$\frac{2\sqrt{70}i}{35}$	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{70}i}{35}$	0	0	
		0	0	0	0	0	$-\frac{2\sqrt{7}i}{7}$	0	

continued ...

Table 9

No.	multipole	matrix							
162	$\mathbb{G}_{2,-1}^{(a)}$	$-\frac{2\sqrt{7}i}{7}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	$\frac{2\sqrt{70}i}{35}$	0	0	0	0	0
		0	0	0	$\frac{4\sqrt{35}i}{35}$	0	0	0	0
		0	0	0	0	$\frac{2\sqrt{105}i}{35}$	0	0	0
163	$\mathbb{G}_{2,-2}^{(a)}$	0	0	0	0	0	0	0	0
		$-\frac{2\sqrt{7}i}{7}$	0	0	0	0	0	0	0
		0	$-\frac{2\sqrt{7}i}{7}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{105}i}{35}$	0	0	0	0	0
		0	0	0	$-\frac{2\sqrt{35}i}{35}$	0	0	0	0
164	$\mathbb{G}_{4,4}^{(a)}$	0	0	0	0	0	$-\frac{4\sqrt{10}i}{75}$	0	
		0	0	0	0	0	0	$-\frac{4\sqrt{15}i}{75}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
165	$\mathbb{G}_{4,3}^{(a)}$	0	0	0	0	$\frac{2\sqrt{2}i}{15}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{5}i}{75}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{5}i}{25}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 9

No.	multipole	matrix							
166	$\mathbb{G}_{4,2}^{(a)}$	0	0	0	$-\frac{4\sqrt{21}i}{105}$	0	0	0	
		0	0	0	0	$\frac{2\sqrt{7}i}{105}$	0	0	
		0	0	0	0	0	$\frac{8\sqrt{105}i}{525}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{105}i}{175}$	
		0	0	0	0	0	0	0	
167	$\mathbb{G}_{4,1}^{(a)}$	0	0	$\frac{4\sqrt{14}i}{105}$	0	0	0	0	
		0	0	0	$-\frac{2\sqrt{42}i}{105}$	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{21}i}{105}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{35}i}{75}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{210}i}{525}$	
168	$\mathbb{G}_{4,0}^{(a)}$	0	$-\frac{4\sqrt{7}i}{105}$	0	0	0	0	0	
		0	0	$\frac{2\sqrt{70}i}{105}$	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{70}i}{105}$	0	0	
		0	0	0	0	0	$\frac{4\sqrt{7}i}{105}$	0	
169	$\mathbb{G}_{4,-1}^{(a)}$	$\frac{2\sqrt{210}i}{525}$	0	0	0	0	0	0	
		0	$-\frac{2\sqrt{35}i}{75}$	0	0	0	0	0	
		0	0	$\frac{2\sqrt{21}i}{105}$	0	0	0	0	
		0	0	0	$\frac{2\sqrt{42}i}{105}$	0	0	0	
		0	0	0	0	$-\frac{4\sqrt{14}i}{105}$	0	0	

continued ...

Table 9

No.	multipole	matrix							
170	$\mathbb{G}_{4,-2}^{(a)}$	0	0	0	0	0	0	0	0
		$\frac{2\sqrt{105}i}{175}$	0	0	0	0	0	0	0
		0	$-\frac{8\sqrt{105}i}{525}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{7}i}{105}$	0	0	0	0	0
		0	0	0	$\frac{4\sqrt{21}i}{105}$	0	0	0	0
171	$\mathbb{G}_{4,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{2\sqrt{5}i}{25}$	0	0	0	0	0	0	0
		0	$-\frac{2\sqrt{5}i}{75}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{2}i}{15}$	0	0	0	0	0
172	$\mathbb{G}_{4,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{4\sqrt{15}i}{75}$	0	0	0	0	0	0	0
		0	$\frac{4\sqrt{10}i}{75}$	0	0	0	0	0	0
173	$\mathbb{T}_{1,1}^{(a)}$	0	0	$-\frac{\sqrt{35}i}{35}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{105}i}{35}$	0	0	0	0
		0	0	0	0	$-\frac{\sqrt{210}i}{35}$	0	0	0
		0	0	0	0	0	$-\frac{\sqrt{14}i}{7}$	0	0
		0	0	0	0	0	0	$-\frac{\sqrt{21}i}{7}$	0

continued ...

Table 9

No.	multipole	matrix							
174	$\mathbb{T}_{1,0}^{(a)}$	0	$\frac{\sqrt{7}i}{7}$	0	0	0	0	0	0
		0	0	$\frac{2\sqrt{70}i}{35}$	0	0	0	0	0
		0	0	0	$\frac{3\sqrt{35}i}{35}$	0	0	0	0
		0	0	0	0	$\frac{2\sqrt{70}i}{35}$	0	0	0
		0	0	0	0	0	$\frac{\sqrt{7}i}{7}$	0	0
175	$\mathbb{T}_{1,-1}^{(a)}$	$-\frac{\sqrt{21}i}{7}$	0	0	0	0	0	0	0
		0	$-\frac{\sqrt{14}i}{7}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{210}i}{35}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{105}i}{35}$	0	0	0	0
		0	0	0	0	$-\frac{\sqrt{35}i}{35}$	0	0	0
176	$\mathbb{T}_{3,3}^{(a)}$	0	0	0	0	$\frac{\sqrt{14}i}{70}$	0	0	0
		0	0	0	0	0	$\frac{\sqrt{35}i}{70}$	0	0
		0	0	0	0	0	0	$\frac{\sqrt{35}i}{70}$	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
177	$\mathbb{T}_{3,2}^{(a)}$	0	0	0	$-\frac{\sqrt{7}i}{35}$	0	0	0	0
		0	0	0	0	$-\frac{\sqrt{21}i}{70}$	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	$\frac{\sqrt{35}i}{70}$	0
		0	0	0	0	0	0	0	0

continued ...

Table 9

No.	multipole	matrix							
178	$\mathbb{T}_{3,1}^{(a)}$	0	0	$\frac{\sqrt{210}i}{175}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{70}i}{350}$	0	0	0	
		0	0	0	0	$-\frac{3\sqrt{35}i}{350}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{21}i}{70}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{14}i}{70}$	
179	$\mathbb{T}_{3,0}^{(a)}$	0	$-\frac{\sqrt{7}i}{35}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{70}i}{350}$	0	0	0	0	
		0	0	0	$\frac{2\sqrt{35}i}{175}$	0	0	0	
		0	0	0	0	$\frac{\sqrt{70}i}{350}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{7}i}{35}$	0	
180	$\mathbb{T}_{3,-1}^{(a)}$	$\frac{\sqrt{14}i}{70}$	0	0	0	0	0	0	0
		0	$-\frac{\sqrt{21}i}{70}$	0	0	0	0	0	0
		0	0	$-\frac{3\sqrt{35}i}{350}$	0	0	0	0	0
		0	0	0	$\frac{\sqrt{70}i}{350}$	0	0	0	0
		0	0	0	0	$\frac{\sqrt{210}i}{175}$	0	0	0
181	$\mathbb{T}_{3,-2}^{(a)}$	0	0	0	0	0	0	0	0
		$\frac{\sqrt{35}i}{70}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{21}i}{70}$	0	0	0	0	0
		0	0	0	$-\frac{\sqrt{7}i}{35}$	0	0	0	0

continued ...

Table 9

No.	multipole	matrix							
182	$\mathbb{T}_{3,-3}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$\frac{\sqrt{35}i}{70}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{35}i}{70}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{14}i}{70}$	0	0	0	0	
183	$\mathbb{T}_{5,5}^{(a)}$	0	0	0	0	0	0	$-\frac{5\sqrt{6}i}{231}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
184	$\mathbb{T}_{5,4}^{(a)}$	0	0	0	0	0	$\frac{\sqrt{10}i}{77}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{15}i}{231}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
185	$\mathbb{T}_{5,3}^{(a)}$	0	0	0	0	$-\frac{5\sqrt{2}i}{231}$	0	0	
		0	0	0	0	0	$\frac{4\sqrt{5}i}{231}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{5}i}{231}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 9

No.	multipole	matrix							
186	$\mathbb{T}_{5,2}^{(a)}$	0	0	0	$\frac{5i}{231}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{3}i}{231}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{5}i}{77}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{5}i}{231}$	
		0	0	0	0	0	0	0	
187	$\mathbb{T}_{5,1}^{(a)}$	0	0	$-\frac{5\sqrt{21}i}{1617}$	0	0	0	0	
		0	0	0	$\frac{20\sqrt{7}i}{1617}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{14}i}{539}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{210}i}{1617}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{35}i}{1617}$	
188	$\mathbb{T}_{5,0}^{(a)}$	0	$\frac{5\sqrt{7}i}{1617}$	0	0	0	0	0	
		0	0	$-\frac{5\sqrt{70}i}{1617}$	0	0	0	0	
		0	0	0	$\frac{10\sqrt{35}i}{1617}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{70}i}{1617}$	0	0	
		0	0	0	0	0	$\frac{5\sqrt{7}i}{1617}$	0	
189	$\mathbb{T}_{5,-1}^{(a)}$	$-\frac{\sqrt{35}i}{1617}$	0	0	0	0	0	0	
		0	$\frac{2\sqrt{210}i}{1617}$	0	0	0	0	0	
		0	0	$-\frac{5\sqrt{14}i}{539}$	0	0	0	0	
		0	0	0	$\frac{20\sqrt{7}i}{1617}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{21}i}{1617}$	0	0	

continued ...

Table 9

No.	multipole	matrix							
190	$\mathbb{T}_{5,-2}^{(a)}$	0	0	0	0	0	0	0	
		$-\frac{\sqrt{5}i}{231}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{5}i}{77}$	0	0	0	0	0	
		0	0	$-\frac{5\sqrt{3}i}{231}$	0	0	0	0	
		0	0	0	$\frac{5i}{231}$	0	0	0	
191	$\mathbb{T}_{5,-3}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\frac{2\sqrt{5}i}{231}$	0	0	0	0	0	0	
		0	$\frac{4\sqrt{5}i}{231}$	0	0	0	0	0	
		0	0	$-\frac{5\sqrt{2}i}{231}$	0	0	0	0	
192	$\mathbb{T}_{5,-4}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\frac{2\sqrt{15}i}{231}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{10}i}{77}$	0	0	0	0	0	
193	$\mathbb{T}_{5,-5}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\frac{5\sqrt{6}i}{231}$	0	0	0	0	0	0	

continued ...

Table 9

No.	multipole	matrix							
194	$\mathbb{M}_{2,2}^{(a)}$	0	0	0	$\frac{4\sqrt{35}}{35}$	0	0	0	
		0	0	0	0	$\frac{4\sqrt{105}}{35}$	0	0	
		0	0	0	0	0	$\frac{4\sqrt{7}}{7}$	0	
		0	0	0	0	0	0	$\frac{4\sqrt{7}}{7}$	
		0	0	0	0	0	0	0	
195	$\mathbb{M}_{2,1}^{(a)}$	0	0	$-\frac{4\sqrt{105}}{35}$	0	0	0	0	
		0	0	0	$-\frac{8\sqrt{35}}{35}$	0	0	0	
		0	0	0	0	$-\frac{4\sqrt{70}}{35}$	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	$\frac{4\sqrt{7}}{7}$	
196	$\mathbb{M}_{2,0}^{(a)}$	0	$\frac{4\sqrt{7}}{7}$	0	0	0	0	0	
		0	0	$\frac{4\sqrt{70}}{35}$	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	$-\frac{4\sqrt{70}}{35}$	0	0	
		0	0	0	0	0	$-\frac{4\sqrt{7}}{7}$	0	
197	$\mathbb{M}_{2,-1}^{(a)}$	$-\frac{4\sqrt{7}}{7}$	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	$\frac{4\sqrt{70}}{35}$	0	0	0	0	
		0	0	0	$\frac{8\sqrt{35}}{35}$	0	0	0	
		0	0	0	0	$\frac{4\sqrt{105}}{35}$	0	0	

continued ...

Table 9

No.	multipole	matrix							
198	$\mathbb{M}_{2,-2}^{(a)}$	0	0	0	0	0	0	0	0
		$-\frac{4\sqrt{7}}{7}$	0	0	0	0	0	0	0
		0	$-\frac{4\sqrt{7}}{7}$	0	0	0	0	0	0
		0	0	$-\frac{4\sqrt{105}}{35}$	0	0	0	0	0
		0	0	0	$-\frac{4\sqrt{35}}{35}$	0	0	0	0
199	$\mathbb{M}_{4,4}^{(a)}$	0	0	0	0	0	$-\frac{4\sqrt{10}}{15}$	0	
		0	0	0	0	0	0	$-\frac{4\sqrt{15}}{15}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
200	$\mathbb{M}_{4,3}^{(a)}$	0	0	0	0	$\frac{2\sqrt{2}}{3}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{5}}{15}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{5}}{5}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
201	$\mathbb{M}_{4,2}^{(a)}$	0	0	0	$-\frac{4\sqrt{21}}{21}$	0	0	0	
		0	0	0	0	$\frac{2\sqrt{7}}{21}$	0	0	
		0	0	0	0	0	$\frac{8\sqrt{105}}{105}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{105}}{35}$	
		0	0	0	0	0	0	0	

continued ...

Table 9

No.	multipole	matrix							
202	$\mathbb{M}_{4,1}^{(a)}$	0	0	$\frac{4\sqrt{14}}{21}$	0	0	0	0	
		0	0	0	$-\frac{2\sqrt{42}}{21}$	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{21}}{21}$	0	0	
		0	0	0	0	0	$\frac{2\sqrt{35}}{15}$	0	
		0	0	0	0	0	0	$-\frac{2\sqrt{210}}{105}$	
203	$\mathbb{M}_{4,0}^{(a)}$	0	$-\frac{4\sqrt{7}}{21}$	0	0	0	0	0	
		0	0	$\frac{2\sqrt{70}}{21}$	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{70}}{21}$	0	0	
		0	0	0	0	0	$\frac{4\sqrt{7}}{21}$	0	
204	$\mathbb{M}_{4,-1}^{(a)}$	$\frac{2\sqrt{210}}{105}$	0	0	0	0	0	0	0
		0	$-\frac{2\sqrt{35}}{15}$	0	0	0	0	0	0
		0	0	$\frac{2\sqrt{21}}{21}$	0	0	0	0	0
		0	0	0	$\frac{2\sqrt{42}}{21}$	0	0	0	0
		0	0	0	0	$-\frac{4\sqrt{14}}{21}$	0	0	0
205	$\mathbb{M}_{4,-2}^{(a)}$	0	0	0	0	0	0	0	0
		$\frac{2\sqrt{105}}{35}$	0	0	0	0	0	0	0
		0	$-\frac{8\sqrt{105}}{105}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{7}}{21}$	0	0	0	0	0
		0	0	0	$\frac{4\sqrt{21}}{21}$	0	0	0	0

continued ...

Table 9

No.	multipole	matrix							
206	$\mathbb{M}_{4,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{2\sqrt{5}}{5}$	0	0	0	0	0	0	0
		0	$-\frac{2\sqrt{5}}{15}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{2}}{3}$	0	0	0	0	0
207	$\mathbb{M}_{4,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{4\sqrt{15}}{15}$	0	0	0	0	0	0	0
		0	$\frac{4\sqrt{10}}{15}$	0	0	0	0	0	0

bra: $= |f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$
ket: $= |f, 3\rangle, |f, 2\rangle, |f, 1\rangle, |f, 0\rangle, |f, -1\rangle, |f, -2\rangle, |f, -3\rangle$

Table 10: (f,f) block.

No.	multipole	matrix							
208	$\mathbb{Q}_{0,0}^{(a)}$	1	0	0	0	0	0	0	0
		0	1	0	0	0	0	0	0
		0	0	1	0	0	0	0	0
		0	0	0	1	0	0	0	0
		0	0	0	0	1	0	0	0
		0	0	0	0	0	1	0	0
		0	0	0	0	0	0	1	0
		0	0	0	0	0	0	0	1

continued ...

Table 10

No.	multipole	matrix							
209	$\mathbb{Q}_{2,2}^{(a)}$	0	0	$-\frac{\sqrt{10}}{15}$	0	0	0	0	
		0	0	0	$-\frac{2\sqrt{5}}{15}$	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{6}}{15}$	0	0	
		0	0	0	0	0	$-\frac{2\sqrt{5}}{15}$	0	
		0	0	0	0	0	0	$-\frac{\sqrt{10}}{15}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
210	$\mathbb{Q}_{2,1}^{(a)}$	0	$\frac{1}{3}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{15}}{15}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{2}}{15}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{2}}{15}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{15}}{15}$	0	
		0	0	0	0	0	0	$-\frac{1}{3}$	
		0	0	0	0	0	0	0	
211	$\mathbb{Q}_{2,0}^{(a)}$	$-\frac{1}{3}$	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	$\frac{1}{5}$	0	0	0	0	
		0	0	0	$\frac{4}{15}$	0	0	0	
		0	0	0	0	$\frac{1}{5}$	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	$-\frac{1}{3}$	

continued ...

Table 10

No.	multipole	matrix							
212	$\mathbb{Q}_{2,-1}^{(a)}$	0	0	0	0	0	0	0	0
		$-\frac{1}{3}$	0	0	0	0	0	0	0
		0	$-\frac{\sqrt{15}}{15}$	0	0	0	0	0	0
		0	0	$-\frac{\sqrt{2}}{15}$	0	0	0	0	0
		0	0	0	$\frac{\sqrt{2}}{15}$	0	0	0	0
		0	0	0	0	$\frac{\sqrt{15}}{15}$	0	0	0
		0	0	0	0	0	$\frac{1}{3}$	0	0
213	$\mathbb{Q}_{2,-2}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{\sqrt{10}}{15}$	0	0	0	0	0	0	0
		0	$-\frac{2\sqrt{5}}{15}$	0	0	0	0	0	0
		0	0	$-\frac{2\sqrt{6}}{15}$	0	0	0	0	0
		0	0	0	$-\frac{2\sqrt{5}}{15}$	0	0	0	0
		0	0	0	0	$-\frac{\sqrt{10}}{15}$	0	0	0
214	$\mathbb{Q}_{4,4}^{(a)}$	0	0	0	0	$\frac{\sqrt{42}}{33}$	0	0	0
		0	0	0	0	0	$\frac{\sqrt{70}}{33}$	0	0
		0	0	0	0	0	0	$\frac{\sqrt{42}}{33}$	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0

continued ...

Table 10

No.	multipole	matrix							
215	$\mathbb{Q}_{4,3}^{(a)}$	0	0	0	$-\frac{\sqrt{7}}{11}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{14}}{33}$	0	0	
		0	0	0	0	0	$\frac{\sqrt{14}}{33}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{7}}{11}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
216	$\mathbb{Q}_{4,2}^{(a)}$	0	0	$\frac{\sqrt{6}}{11}$	0	0	0	0	
		0	0	0	$-\frac{\sqrt{3}}{33}$	0	0	0	
		0	0	0	0	$-\frac{2\sqrt{10}}{33}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{3}}{33}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{6}}{11}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
217	$\mathbb{Q}_{4,1}^{(a)}$	0	$-\frac{\sqrt{30}}{33}$	0	0	0	0	0	
		0	0	$\frac{4\sqrt{2}}{33}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{15}}{33}$	0	0	0	
		0	0	0	0	$-\frac{\sqrt{15}}{33}$	0	0	
		0	0	0	0	0	$-\frac{4\sqrt{2}}{33}$	0	
		0	0	0	0	0	0	$\frac{\sqrt{30}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 10

No.	multipole	matrix							
218	$\mathbb{Q}_{4,0}^{(a)}$	$\frac{1}{11}$	0	0	0	0	0	0	
		0	$-\frac{7}{33}$	0	0	0	0	0	
		0	0	$\frac{1}{33}$	0	0	0	0	
		0	0	0	$\frac{2}{11}$	0	0	0	
		0	0	0	0	$\frac{1}{33}$	0	0	
		0	0	0	0	0	$-\frac{7}{33}$	0	
		0	0	0	0	0	0	$\frac{1}{11}$	
219	$\mathbb{Q}_{4,-1}^{(a)}$	0	0	0	0	0	0	0	
		$\frac{\sqrt{30}}{33}$	0	0	0	0	0	0	
		0	$-\frac{4\sqrt{2}}{33}$	0	0	0	0	0	
		0	0	$-\frac{\sqrt{15}}{33}$	0	0	0	0	
		0	0	0	$\frac{\sqrt{15}}{33}$	0	0	0	
		0	0	0	0	$\frac{4\sqrt{2}}{33}$	0	0	
		0	0	0	0	0	$-\frac{\sqrt{30}}{33}$	0	
220	$\mathbb{Q}_{4,-2}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$\frac{\sqrt{6}}{11}$	0	0	0	0	0	0	
		0	$-\frac{\sqrt{3}}{33}$	0	0	0	0	0	
		0	0	$-\frac{2\sqrt{10}}{33}$	0	0	0	0	
		0	0	0	$-\frac{\sqrt{3}}{33}$	0	0	0	
		0	0	0	0	$\frac{\sqrt{6}}{11}$	0	0	

continued ...

Table 10

No.	multipole	matrix							
221	$\mathbb{Q}_{4,-3}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$\frac{\sqrt{7}}{11}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{14}}{33}$	0	0	0	0	0	
		0	0	$-\frac{\sqrt{14}}{33}$	0	0	0	0	
		0	0	0	$-\frac{\sqrt{7}}{11}$	0	0	0	
222	$\mathbb{Q}_{4,-4}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$\frac{\sqrt{42}}{33}$	0	0	0	0	0	0	
		0	$\frac{\sqrt{70}}{33}$	0	0	0	0	0	
		0	0	$\frac{\sqrt{42}}{33}$	0	0	0	0	
223	$\mathbb{Q}_{6,6}^{(a)}$	0	0	0	0	0	0	$-\frac{10\sqrt{231}}{429}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 10

No.	multipole	matrix						
224	$\mathbb{Q}_{6,5}^{(a)}$	0	0	0	0	0	$\frac{5\sqrt{462}}{429}$	0
		0	0	0	0	0	0	$-\frac{5\sqrt{462}}{429}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
225	$\mathbb{Q}_{6,4}^{(a)}$	0	0	0	0	$-\frac{5\sqrt{210}}{429}$	0	0
		0	0	0	0	0	$\frac{10\sqrt{14}}{143}$	0
		0	0	0	0	0	0	$-\frac{5\sqrt{210}}{429}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
226	$\mathbb{Q}_{6,3}^{(a)}$	0	0	0	$\frac{10\sqrt{21}}{429}$	0	0	0
		0	0	0	0	$-\frac{5\sqrt{42}}{143}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{42}}{143}$	0
		0	0	0	0	0	0	$-\frac{10\sqrt{21}}{429}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0

continued ...

Table 10

No.	multipole	matrix						
227	$\mathbb{Q}_{6,2}^{(a)}$	0	0	$-\frac{10\sqrt{7}}{429}$	0	0	0	0
		0	0	0	$\frac{20\sqrt{14}}{429}$	0	0	0
		0	0	0	0	$-\frac{10\sqrt{105}}{429}$	0	0
		0	0	0	0	0	$\frac{20\sqrt{14}}{429}$	0
		0	0	0	0	0	0	$-\frac{10\sqrt{7}}{429}$
		0	0	0	0	0	0	0
		0	0	0	0	0	0	0
228	$\mathbb{Q}_{6,1}^{(a)}$	0	$\frac{5\sqrt{7}}{429}$	0	0	0	0	0
		0	0	$-\frac{5\sqrt{105}}{429}$	0	0	0	0
		0	0	0	$\frac{25\sqrt{14}}{429}$	0	0	0
		0	0	0	0	$-\frac{25\sqrt{14}}{429}$	0	0
		0	0	0	0	0	$\frac{5\sqrt{105}}{429}$	0
		0	0	0	0	0	0	$-\frac{5\sqrt{7}}{429}$
		0	0	0	0	0	0	0
229	$\mathbb{Q}_{6,0}^{(a)}$	$-\frac{5}{429}$	0	0	0	0	0	0
		0	$\frac{10}{143}$	0	0	0	0	0
		0	0	$-\frac{25}{143}$	0	0	0	0
		0	0	0	$\frac{100}{429}$	0	0	0
		0	0	0	0	$-\frac{25}{143}$	0	0
		0	0	0	0	0	$\frac{10}{143}$	0
		0	0	0	0	0	0	$-\frac{5}{429}$

continued ...

Table 10

No.	multipole	matrix							
230	$\mathbb{Q}_{6,-1}^{(a)}$	0	0	0	0	0	0	0	0
		$-\frac{5\sqrt{7}}{429}$	0	0	0	0	0	0	0
		0	$\frac{5\sqrt{105}}{429}$	0	0	0	0	0	0
		0	0	$-\frac{25\sqrt{14}}{429}$	0	0	0	0	0
		0	0	0	$\frac{25\sqrt{14}}{429}$	0	0	0	0
		0	0	0	0	$-\frac{5\sqrt{105}}{429}$	0	0	0
		0	0	0	0	0	$\frac{5\sqrt{7}}{429}$	0	0
231	$\mathbb{Q}_{6,-2}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{10\sqrt{7}}{429}$	0	0	0	0	0	0	0
		0	$\frac{20\sqrt{14}}{429}$	0	0	0	0	0	0
		0	0	$-\frac{10\sqrt{105}}{429}$	0	0	0	0	0
		0	0	0	$\frac{20\sqrt{14}}{429}$	0	0	0	0
		0	0	0	0	$-\frac{10\sqrt{7}}{429}$	0	0	0
232	$\mathbb{Q}_{6,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{10\sqrt{21}}{429}$	0	0	0	0	0	0	0
		0	$\frac{5\sqrt{42}}{143}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{42}}{143}$	0	0	0	0	0
		0	0	0	$\frac{10\sqrt{21}}{429}$	0	0	0	0

continued ...

Table 10

No.	multipole	matrix							
233	$Q_{6,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{5\sqrt{210}}{429}$	0	0	0	0	0	0	0
		0	$\frac{10\sqrt{14}}{143}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{210}}{429}$	0	0	0	0	0
234	$Q_{6,-5}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{5\sqrt{462}}{429}$	0	0	0	0	0	0	0
		0	$\frac{5\sqrt{462}}{429}$	0	0	0	0	0	0
235	$Q_{6,-6}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$-\frac{10\sqrt{231}}{429}$	0	0	0	0	0	0	0

continued ...

Table 10

No.	multipole	matrix						
236	$\mathbb{M}_{1,1}^{(a)}$	0	$-\sqrt{3}$	0	0	0	0	0
		0	0	$-\sqrt{5}$	0	0	0	0
		0	0	0	$-\sqrt{6}$	0	0	0
		0	0	0	0	$-\sqrt{6}$	0	0
		0	0	0	0	0	$-\sqrt{5}$	0
		0	0	0	0	0	0	$-\sqrt{3}$
		0	0	0	0	0	0	0
237	$\mathbb{M}_{1,0}^{(a)}$	3	0	0	0	0	0	0
		0	2	0	0	0	0	0
		0	0	1	0	0	0	0
		0	0	0	0	0	0	0
		0	0	0	0	-1	0	0
		0	0	0	0	0	-2	0
		0	0	0	0	0	0	-3
238	$\mathbb{M}_{1,-1}^{(a)}$	0	0	0	0	0	0	0
		$\sqrt{3}$	0	0	0	0	0	0
		0	$\sqrt{5}$	0	0	0	0	0
		0	0	$\sqrt{6}$	0	0	0	0
		0	0	0	$\sqrt{6}$	0	0	0
		0	0	0	0	$\sqrt{5}$	0	0
		0	0	0	0	0	$\sqrt{3}$	0

continued ...

Table 10

No.	multipole	matrix							
239	$\mathbb{M}_{3,3}^{(a)}$	0	0	0	1	0	0	0	
		0	0	0	0	$\sqrt{2}$	0	0	
		0	0	0	0	0	$\sqrt{2}$	0	
		0	0	0	0	0	0	1	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
240	$\mathbb{M}_{3,2}^{(a)}$	0	0	$-\sqrt{2}$	0	0	0	0	
		0	0	0	-1	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	1	0	
		0	0	0	0	0	0	$\sqrt{2}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
241	$\mathbb{M}_{3,1}^{(a)}$	0	$\sqrt{2}$	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	-1	0	0	0	
		0	0	0	0	-1	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	$\sqrt{2}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 10

No.	multipole	matrix							
242	$\mathbb{M}_{3,0}^{(a)}$	-1	0	0	0	0	0	0	
		0	1	0	0	0	0	0	
		0	0	1	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	-1	0	0	
		0	0	0	0	0	-1	0	
		0	0	0	0	0	0	1	
243	$\mathbb{M}_{3,-1}^{(a)}$	0	0	0	0	0	0	0	
		$-\sqrt{2}$	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	1	0	0	0	0	
		0	0	0	1	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	$-\sqrt{2}$	0	
244	$\mathbb{M}_{3,-2}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$-\sqrt{2}$	0	0	0	0	0	0	
		0	-1	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	1	0	0	0	
		0	0	0	0	$\sqrt{2}$	0	0	

continued ...

Table 10

No.	multipole	matrix							
245	$\mathbb{M}_{3,-3}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		-1	0	0	0	0	0	0	
		0	$-\sqrt{2}$	0	0	0	0	0	
		0	0	$-\sqrt{2}$	0	0	0	0	
		0	0	0	-1	0	0	0	
246	$\mathbb{M}_{5,5}^{(a)}$	0	0	0	0	0	$-\frac{5\sqrt{42}}{33}$	0	
		0	0	0	0	0	0	$-\frac{5\sqrt{42}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
247	$\mathbb{M}_{5,4}^{(a)}$	0	0	0	0	$\frac{5\sqrt{42}}{33}$	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	$-\frac{5\sqrt{42}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 10

No.	multipole	matrix							
248	$\mathbb{M}_{5,3}^{(a)}$	0	0	0	$-\frac{10\sqrt{7}}{33}$	0	0	0	
		0	0	0	0	$\frac{5\sqrt{14}}{33}$	0	0	
		0	0	0	0	0	$\frac{5\sqrt{14}}{33}$	0	
		0	0	0	0	0	0	$-\frac{10\sqrt{7}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
249	$\mathbb{M}_{5,2}^{(a)}$	0	0	$\frac{5\sqrt{14}}{33}$	0	0	0	0	
		0	0	0	$-\frac{10\sqrt{7}}{33}$	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	$\frac{10\sqrt{7}}{33}$	0	
		0	0	0	0	0	0	$-\frac{5\sqrt{14}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
250	$\mathbb{M}_{5,1}^{(a)}$	0	$-\frac{5\sqrt{5}}{33}$	0	0	0	0	0	
		0	0	$\frac{5\sqrt{3}}{11}$	0	0	0	0	
		0	0	0	$-\frac{5\sqrt{10}}{33}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{10}}{33}$	0	0	
		0	0	0	0	0	$\frac{5\sqrt{3}}{11}$	0	
		0	0	0	0	0	0	$-\frac{5\sqrt{5}}{33}$	
		0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	

continued ...

Table 10

No.	multipole	matrix							
251	$\mathbb{M}_{5,0}^{(a)}$	$\frac{5}{33}$	0	0	0	0	0	0	
		0	$-\frac{20}{33}$	0	0	0	0	0	
		0	0	$\frac{25}{33}$	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	0	$-\frac{25}{33}$	0	0	
		0	0	0	0	0	$\frac{20}{33}$	0	
		0	0	0	0	0	0	$-\frac{5}{33}$	
252	$\mathbb{M}_{5,-1}^{(a)}$	0	0	0	0	0	0	0	
		$\frac{5\sqrt{5}}{33}$	0	0	0	0	0	0	
		0	$-\frac{5\sqrt{3}}{11}$	0	0	0	0	0	
		0	0	$\frac{5\sqrt{10}}{33}$	0	0	0	0	
		0	0	0	$\frac{5\sqrt{10}}{33}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{3}}{11}$	0	0	
		0	0	0	0	0	$\frac{5\sqrt{5}}{33}$	0	
253	$\mathbb{M}_{5,-2}^{(a)}$	0	0	0	0	0	0	0	
		0	0	0	0	0	0	0	
		$\frac{5\sqrt{14}}{33}$	0	0	0	0	0	0	
		0	$-\frac{10\sqrt{7}}{33}$	0	0	0	0	0	
		0	0	0	0	0	0	0	
		0	0	0	$\frac{10\sqrt{7}}{33}$	0	0	0	
		0	0	0	0	$-\frac{5\sqrt{14}}{33}$	0	0	

continued ...

Table 10

No.	multipole	matrix							
254	$\mathbb{M}_{5,-3}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{10\sqrt{7}}{33}$	0	0	0	0	0	0	0
		0	$-\frac{5\sqrt{14}}{33}$	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{14}}{33}$	0	0	0	0	0
		0	0	0	$\frac{10\sqrt{7}}{33}$	0	0	0	0
255	$\mathbb{M}_{5,-4}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{5\sqrt{42}}{33}$	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	$-\frac{5\sqrt{42}}{33}$	0	0	0	0	0
256	$\mathbb{M}_{5,-5}^{(a)}$	0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		0	0	0	0	0	0	0	0
		$\frac{5\sqrt{42}}{33}$	0	0	0	0	0	0	0
		0	$\frac{5\sqrt{42}}{33}$	0	0	0	0	0	0