



A COVID-19 situational briefing will be held Thursday (5/13) at 11:00 a.m. It will be streamed on [Facebook Live](http://www.facebook.com/utgovernorcox) (<http://www.facebook.com/utgovernorcox>).

Una actualización en vivo de COVID-19 será el jueves (13/5) a las 11:00 a.m. Puede verla en [Facebook Live aquí](https://www.facebook.com/TelemundoUtah) (<https://www.facebook.com/TelemundoUtah>) o [aquí](https://www.facebook.com/Univision32). (<https://www.facebook.com/Univision32>)



CORONAVIRUS
UTAH.GOV

(<https://coronavirus.utah.gov/>)



Utah health guidance levels

COVID-19 Transmission Index

The COVID-19 Transmission Index represents the collaborative work of state and local public health, the Governor's Office, the hospital industry, business leaders, and important guidance from legislative leaders to determine the approach to protect communities.

The index uses defined public health metrics to determine which counties are placed in one of three transmission levels: High, Moderate, or Low. Transmission levels will be based on case rates, positivity rates, and ICU utilization.

The index serves as an advisory tool for the steps individuals and businesses can take to help limit the spread of COVID-19 in their communities.

Have a question about COVID-19? Leave your question and mobile number so we can text you back.

**LEVEL OF
TRANSMISSION**

HIGH

MODERATE

LOW

LOW

Transmission index metrics

High level of transmission

7-day average percent positivity

≥ 10%

14-day case rate per 100K population*

≥ 325/100K

Statewide ICU utilization (7-day average)

Total utilization ≥ 72%

AND

≥ 15% COVID-19 ICU Utilization

Moderate level of transmission

7-day average percent positivity

5.1-9.9%

14-day case rate per 100K population*

101 – 324 /100K

Statewide ICU utilization (7-day average)

Total utilization 69-71.9%

AND

6-14.9% COVID-19 ICU Utilization

Low level of transmission

7-day average percent positivity

$\leq 5.0\%$

14-day case rate per 100K population*

$\leq 100/100K$

Statewide ICU utilization

(7-day average)

Total utilization $\leq 68.9\%$

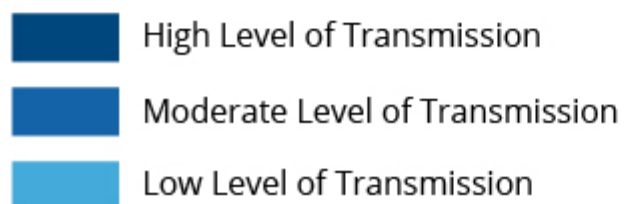
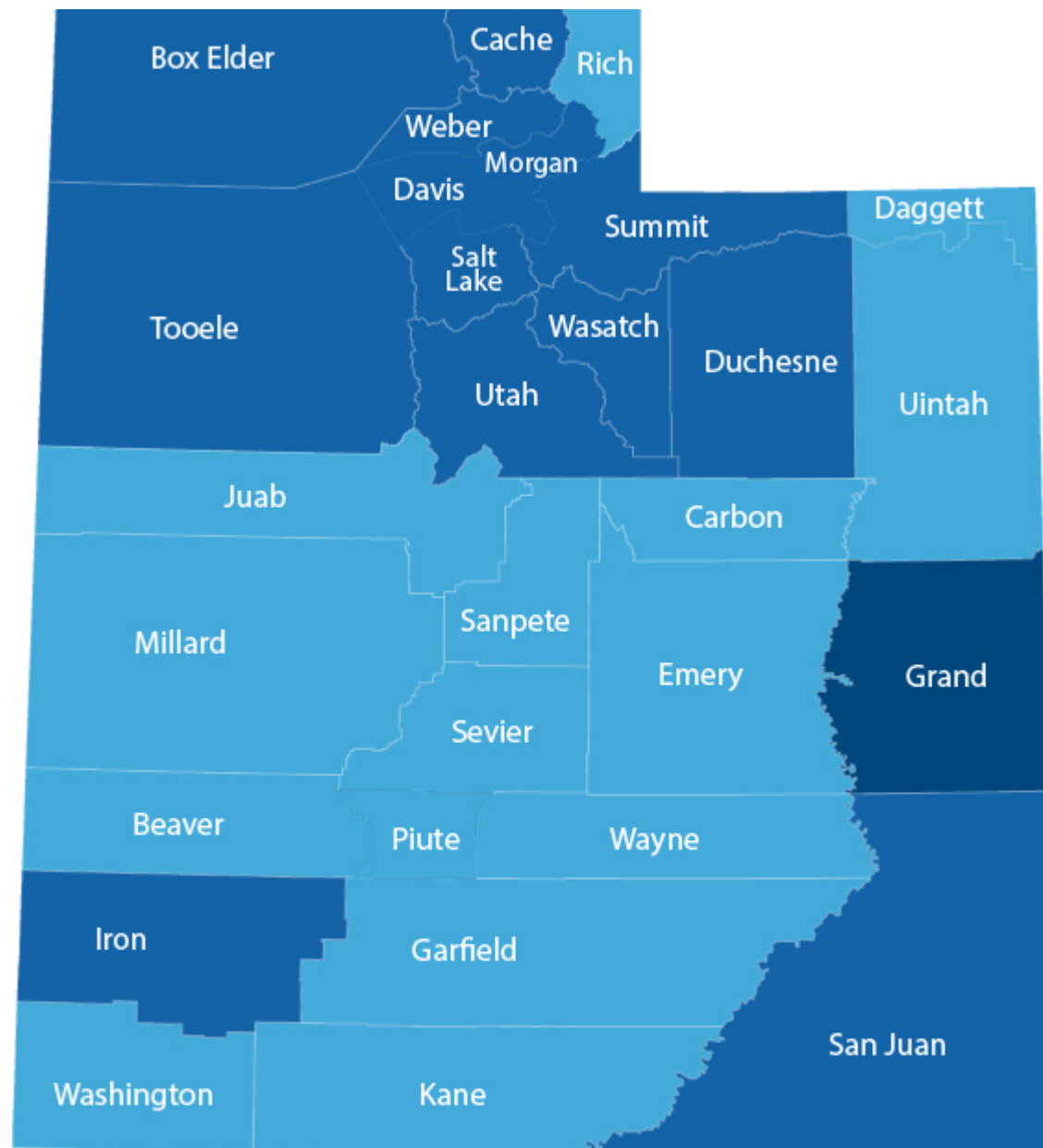
AND

$\leq 5.9\%$ COVID-19 ICU Utilization

A transmission level (high, moderate, low) is determined if a county has two of the three metrics in the designated level of transmission.

*Frontier counties (those with fewer than six people per square mile) with less than or equal to 14 cases in the previous 14 days will automatically be designated as “low” transmission. Frontier counties with more than 14 cases in the previous 14 days will have their transmission level determined using the standard transmission index criteria.





Counties in High Level of Transmission

Grand

Counties in Moderate Level of Transmission

Box Elder
Cache
Davis
Duchesne
Iron

Morgan
Salt Lake
San Juan
Summit
Tooele

Utah
Wasatch
Weber

Counties in Low Level of Transmission

Beaver
Carbon
Daggett
Emery
Garfield

Juab
Kane
Millard
Piute
Rich

Sanpete
Sevier
Uintah
Washington
Wayne



Social gatherings

Such as family dinner, get togethers with friends, book club

Recommendation: Practice physical distancing and wearing a mask unless you are outdoors, by yourself or with members of your same household.

If you are fully vaccinated, follow guidance [here](https://coronavirus-download.utah.gov/Vaccine-Resources/COVID19_FullyVaccinated_Flyer.pdf) (https://coronavirus-download.utah.gov/Vaccine-Resources/COVID19_FullyVaccinated_Flyer.pdf).



Masks required for K-12 schools until the end of the 2020-21 school year or June 15, whichever comes first.

Masks are recommended for crowded, indoor spaces where physical distancing is not possible.

Businesses may post signage listing COVID-19 symptoms and face mask or physical distancing requirements.

[Download Business Signs \(Zip\)](https://coronavirus-download.utah.gov/business/Business_Signs.zip) (https://coronavirus-download.utah.gov/business/Business_Signs.zip). | [En Español \(Zip\)](https://coronavirus-download.utah.gov/International-Language-Resources/Spanish/Es_Business_Signs.zip) (https://coronavirus-download.utah.gov/International-Language-Resources/Spanish/Es_Business_Signs.zip).



Physical distancing

Between household groups where feasible, even at social gatherings



Wash hands often



Stay home when sick



Follow public health quarantine/isolation guidance

- [What is quarantine? \(https://coronavirus-download.utah.gov/Health/Quarantine_Public_Flyer.pdf\)](https://coronavirus-download.utah.gov/Health/Quarantine_Public_Flyer.pdf) (PDF Updated 12/2020)
- [What is isolation? \(https://coronavirus-download.utah.gov/Health/Self_Isolation_Public_Flyer.pdf\)](https://coronavirus-download.utah.gov/Health/Self_Isolation_Public_Flyer.pdf) (PDF Updated 12/2020)
- [What to do if you are on quarantine or isolation for COVID-19 \(https://coronavirus-download.utah.gov/Health/Care_Booklet_English.pdf\)](https://coronavirus-download.utah.gov/Health/Care_Booklet_English.pdf) (PDF Updated 12/2020)

Protect yourself and others

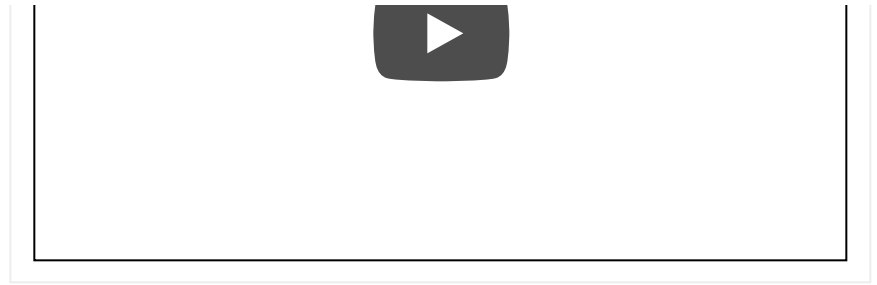
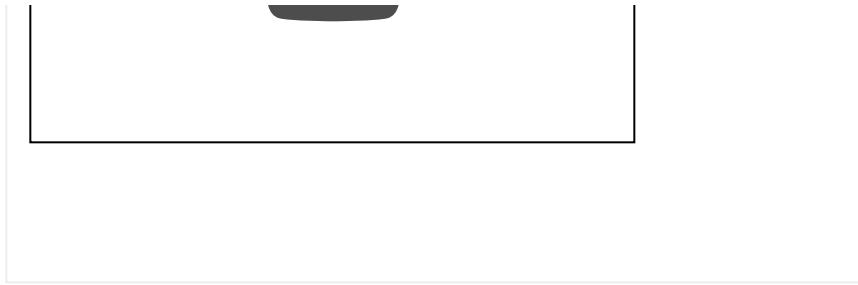
'protect-yourself/)

What is Quarantine?



What is Isolation?





Resources for all businesses:

- Refer to Business Manual (https://coronavirus-download.utah.gov/business/COVID-19_Business_Packet_FIN.pdf).
 - May post signage listing COVID-19 symptoms, asking employees and customers with symptoms to stay home, and face mask or physical distancing requirements Download Business Signs (Zip) (https://coronavirus-download.utah.gov/business/Business_Signs.zip) | En Español (Zip) (https://coronavirus-download.utah.gov/International-Language-Resources/Spanish/Es_Business_Signs.zip).
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Organized Events

Organizers of in-person events may choose to adopt the following recommendations to ensure the health and safety of attendees.

Masks are recommended for crowded, indoor spaces where physical distancing is not possible.

Consider using an [Event Management Template \(https://coronavirus-download.utah.gov/business/Yellow/COVID_19_Event_Planning_Template.pdf\)](https://coronavirus-download.utah.gov/business/Yellow/COVID_19_Event_Planning_Template.pdf) for contact tracing purposes if COVID-19 cases are identified at the event.

May post signage listing COVID-19 symptoms, asking employees and customers with symptoms to stay home, and face mask or physical distancing recommendations. [Download Business Signs \(Zip\) \(https://coronavirus-download.utah.gov/business/Business_Signs.zip\)](https://coronavirus-download.utah.gov/business/Business_Signs.zip) | [En Español \(Zip\) \(https://coronavirus-download.utah.gov/International-Language-Resources/Spanish/Es_Business_Signs.zip\)](https://coronavirus-download.utah.gov/International-Language-Resources/Spanish/Es_Business_Signs.zip)



K-12

- **Public Health Order (https://coronavirus-download.utah.gov/Health/UPHO_2021-11.pdf):** Masks required for K-12 schools until the end of the 2020-21 school year or June 15, whichever comes first. Download Flyer (https://coronavirus-download.utah.gov/School/Masks_In_School.pdf) (en Español (https://coronavirus-download.utah.gov/School/Masks_In_School.pdf#page=2&zoom=100,92,754)) or Poster (https://coronavirus-download.utah.gov/School/School_Mask_Posters.pdf) (en Español (https://coronavirus-download.utah.gov/International-Language-Resources/Spanish/School_Mask_Posters_ES.pdf)).
- Refer to School Manual (<https://coronavirus.utah.gov/education/school-manual/>) and Utah State Board of Education's School Reopening Planning Handbook (<https://schools.utah.gov/file/5997f53e-85ca-4186-83fe-932385ea760a>).
- **State law requires (<https://le.utah.gov/~2021/bills/static/SB0107.html>):** If a school hits the outbreak threshold (2% of students and staff for a school of more than 1,500, or 30 students and staff for a school of 1,500 or less) the school shall conduct a testing event. If schools conduct a testing event they should follow the Test to Stay protocol established in the school manual (<https://coronavirus.utah.gov/education/school-manual/>). Students and staff who are fully vaccinated are not subject to Test to Stay testing.

High School only

- **Public Health Order:** Participants of extracurricular activities must be tested for COVID-19 every 14 days and must follow the quarantine and isolation guidelines outlined in the COVID-19 [school manual](https://coronavirus.utah.gov/education/school-manual/) (<https://coronavirus.utah.gov/education/school-manual/>). Participants who are fully vaccinated are not subject to Test to Play testing.
- Adherence to new guidelines established by UHSAA shall be followed.

Higher Education

- Refer to [USHE/individual university/college reopening plans](https://ushe.edu/wp-content/uploads/pdf/reports/general_report/2020/reopening_utah_colleges_universities.pdf) (https://ushe.edu/wp-content/uploads/pdf/reports/general_report/2020/reopening_utah_colleges_universities.pdf).

RESOURCES

[Business](https://coronavirus.utah.gov/business/) (<https://coronavirus.utah.gov/business/>)

[Child care](https://coronavirus.utah.gov/child-care/) (<https://coronavirus.utah.gov/child-care/>)

[Community resources](https://coronavirus.utah.gov/community-resources/)

(<https://coronavirus.utah.gov/community-resources/>)

[Cultural non-profit resources](https://coronavirus.utah.gov/cultural-resources/)

(<https://coronavirus.utah.gov/cultural-resources/>)

[Education](https://coronavirus.utah.gov/education/) (<https://coronavirus.utah.gov/education/>)

[Individuals & families](https://coronavirus.utah.gov/protect-yourself/)

(<https://coronavirus.utah.gov/protect-yourself/>)

[Health care providers](https://coronavirus.utah.gov/recommendations-for-health-care-providers/)

([https://coronavirus.utah.gov/recommendations-for-](https://coronavirus.utah.gov/recommendations-for-health-care-providers/)

[providers/](https://coronavirus.utah.gov/recommendations-for-health-care-providers/))

[Mental health](https://coronavirus.utah.gov/Mental-health/) (<https://coronavirus.utah.gov/Mental-health/>)

[Preparedness resources](https://coronavirus.utah.gov/preparedness-resources/)

(<https://coronavirus.utah.gov/preparedness-resources/>)

[Recreation](https://coronavirus.utah.gov/recreation/) (<https://coronavirus.utah.gov/recreation/>)

[Testing locations](https://coronavirus.utah.gov/testing-locations/) (<https://coronavirus.utah.gov/testing-locations/>)

[Ways to help: donate](https://coronavirus.utah.gov/help/) (<https://coronavirus.utah.gov/help/>)

CONTACT & PRESS RELEASES

[Media resources \(https://coronavirus.utah.gov/media/\)](https://coronavirus.utah.gov/media/)

OFFICIAL

[State and local orders and directives \(https://coronavirus.utah.gov/special-orders/\)](https://coronavirus.utah.gov/special-orders/)

[Utah COVID-19 Response Storymap \(https://storymaps.arcgis.com/collections/caf8b840306d4307a826ea7c19844464\)](https://storymaps.arcgis.com/collections/caf8b840306d4307a826ea7c19844464)

[Utah COVID-19 Purchasing \(https://purchasing.utah.gov/covid-19/\)](https://purchasing.utah.gov/covid-19/)

[UTAH.GOV \(HTTPS://WWW.UTAH.GOV/INDEX.HTML\)](https://www.utah.gov/index.html) [UTAH.GOV TERMS OF USE \(HTTPS://WWW.UTAH.GOV/DISCLAIMER.HTML\)](https://www.utah.gov/disclaimer.html)

[UTAH.GOV PRIVACY POLICY \(HTTPS://WWW.UTAH.GOV/PRIVACYPOLICY.HTML\)](https://www.utah.gov/privacypolicy.html)

[UTAH.GOV ACCESSIBILITY POLICY \(HTTPS://WWW.UTAH.GOV/ACCESSIBILITY.HTML\)](https://www.utah.gov/accessibility.html)

[TRANSLATE UTAH.GOV \(HTTPS://WWW.UTAH.GOV/TRANSLATE.HTML\)](https://www.utah.gov/translate.html)



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