

## A message from Governor Janet Mills

*Time and again, Maine people have risen to the challenges put in front of us. We have survived blizzards, ice storms, depressions, booms and busts. We've suffered loss — as a state and as families. We have conquered them because we are a strong, resilient people — borne of the western foothills; the northern potato fields; the bold, rocky coasts; and the tall, pine forests. We have been lifted up by the courage, conviction and resilience that comes from loving a place and its people. Let us continue to prepare, take every precaution, remain both careful and compassionate. We will get through this.*

## Get Vaccinated

Vaccination is the most effective way to protect you and your family from COVID-19. Vaccines are free and are available without needing an appointment.

Find a Vaccination Site (<https://web.archive.org/web/20210730210523/https://www.maine.gov/covid19/vaccines/vaccination-sites>)

## Current U.S. CDC Face Covering Recommendations for Maine

The U.S. CDC is recommending that people in the following Maine counties wear face coverings in public indoor settings:

**Hancock**  
**Somerset**  
**Waldo**

Per [updated guidance \(https://web.archive.org/web/20210730210523/https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html\)](https://web.archive.org/web/20210730210523/https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html), persons in counties with “substantial” or “high” levels of COVID-19 community transmission are advised to wear face coverings in public indoor settings. U.S.CDC updates information daily, which will be updated here.

[View Complete Maine County Data From U.S. CDC \(https://web.archive.org/web/20210730210523/https://covid.cdc.gov/covid-data-track\)](https://web.archive.org/web/20210730210523/https://covid.cdc.gov/covid-data-track)

## Latest News

- **July 28:** Governor Mills announced Maine [will follow the updated U.S. CDC recommendations \(https://web.archive.org/web/20210730210523/https://www.maine.gov/governor/mills/news/state-maine-follows-updated-us-cdc-recommendations-face-coverings-indoor-public-settings-2021\)](https://web.archive.org/web/20210730210523/https://www.maine.gov/governor/mills/news/state-maine-follows-updated-us-cdc-recommendations-face-coverings-indoor-public-settings-2021) for face coverings in indoor public settings.
- **July 28:** Watch the [replay of the public briefing by Dr. Nirav Shah \(https://web.archive.org/web/20210730210523/https://www.youtube.com/playlist?list=PLct9cyepwHHpp1xW7\\_POI0g8vnKzAF5Ae\)](https://web.archive.org/web/20210730210523/https://www.youtube.com/playlist?list=PLct9cyepwHHpp1xW7_POI0g8vnKzAF5Ae), Director of the Maine CDC.

## Maine CDC Updates

See the latest COVID-19 case data on [the Maine CDC website \(https://web.archive.org/web/20210730210523/https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml#situation\)](https://web.archive.org/web/20210730210523/https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus.shtml#situation). Replays of public briefings are available on [YouTube \(https://web.archive.org/web/20210730210523/https://www.youtube.com/playlist?list=PLct9cyepwHHpp1xW7\\_POI0g8vnKzAF5Ae\)](https://web.archive.org/web/20210730210523/https://www.youtube.com/playlist?list=PLct9cyepwHHpp1xW7_POI0g8vnKzAF5Ae).