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COVID19.CA.GOV
Your Actions Save Lives

About COVID-19 restrictions

Last updated December 15, 2020 at 9:58 AM

All individuals living in the State of California are currently ordered to stay home or at their place of residence, except for permitted work, local shopping or other permitted errands, or as otherwise authorized (including in the [Questions and answers](#) below).

State orders in place:

- [Stay Home Order](#)
- [Blueprint for a Safer Economy](#)
- [Limited Stay Home Order](#)
- [Regional Stay Home Order – NEW](#)

Stay Home Order

On March 19, 2020, an [Executive Order \(PDF\)](#) and [Public Health Order \(PDF\)](#) directed all Californians to stay home except to go to an essential job or to shop for essential needs. It was modified on [May 4, 2020](#).

Blueprint for a Safer Economy

On August 28, 2020, the State released the [Blueprint for a Safer Economy](#) to permit gradual reopening of certain businesses and activities.

Limited Stay Home Order

As of November 21, 2020, Californians in counties in the Tier 1/Widespread (purple) tier are directed to [stop non-essential activities between 10PM and 5AM](#). To find out if this order applies to your county, see the [county map](#).

Regional Stay Home Order – NEW

The [Regional Stay Home Order \(PDF\)](#), announced December 3, 2020, and a [supplemental order](#), signed December 6, 2020, will go into effect at 11:59 PM the day after a region has been announced to have less than 15% ICU availability. The supplemental order clarifies retail operations and goes into effect immediately. They prohibit private gatherings of any size, close sector operations except for critical infrastructure and retail, and require 100% masking and physical distancing in all others.

Once triggered, these orders will remain in effect for at least 3 weeks. After that period, they will be lifted when a region's projected ICU capacity meets or exceeds 15%. This will be assessed on a weekly basis after the initial 3 week period.

Learn [more about these orders](#) and find out [what's open in your area](#).

Regions

The state released a map of the five regions being measured. When a region first falls below 15% ICU bed availability, the Regional Stay Home Order goes into effect there the next evening at 11:59 PM.

- **Northern California:** Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Shasta, Siskiyou, Tehama, Trinity
- **Bay Area:** Alameda, Contra Costa, Marin, Monterey, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma
- **Greater Sacramento:** Alpine, Amador, Butte, Colusa, El Dorado, Nevada, Placer, Plumas, Sacramento, Sierra, Sutter, Yolo, Yuba
- **San Joaquin Valley:** Calaveras, Fresno, Kern, Kings, Madera, Mariposa, Merced, San Benito, San Joaquin, Stanislaus, Tulare, Tuolumne
- **Southern California:** Imperial, Inyo, Los Angeles, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Ventura

Click map to see current ICU bed availability:

REGIONAL STAY HOME ORDERS

[See Counties](#)

Last Updated 12/16/2020

47 39,444,186 cases per day per 100K
 1 11 684,974 (large)

CA

98.3%

1.7%

Population

County

Tiers

Go to Tableau Public

Under

California

Greater
SacramentoBay
AreaSan Joaquin
ValleySouthern
California

Questions and answers

Regional Stay Home Order

Why is this Regional Stay Home Order being implemented now?

What does the Regional Stay Home Order do?

When does the Regional Stay Home Order take effect?

When does the Regional Stay Home Order take effect?

How do I find out what the hospital/ICU capacity is in my region or county?

How is daily regional available ICU capacity calculated?

How does the Regional Stay Home Order impact schools?

Are playgrounds open?

How does the Regional Stay Home Order impact travel?

Under a Regional Stay Home Order, can hotels, vacation rentals, and short-term lodging sites accept reservations?

What are the regions for the Regional Stay Home Order, and what counties are in each region?

Will the state open up Alternative Care Facilities/surge hospitals in the hardest hit regions to reduce stress on hospitals?

Who does the Regional Stay Home Order apply to?

Under the Regional Stay Home Order, can we go outside?

How will the Regional Stay Home Order slow the spread of COVID-19?

What is considered an essential business?

Can I commute to work under the Regional Stay Home Order?

What am I allowed to do under the Regional Stay Home Order?

Is this Regional Stay Home Order asking businesses to close?

Can I still get takeout or food delivery under a Regional Stay Home Order?

Is there a penalty for violating the Regional Stay Home

Order?

Who will be responsible for enforcing the Regional Stay Home Order?

Under what authority is the Regional Stay Home Order being done?

Where can I get resources or information to help encourage those in my community to adhere to this Regional Stay Home Order?

Are gyms required to close in regions where the Regional Stay Home Order is in effect?

Under the Regional Stay Home Order, retail operations are limited to 20% capacity (or 35% for standalone grocery stores). How is this calculated?

Stay Home Order

When does the Stay Home Order go into effect and how long will we stay home? What areas of the state are covered?

Blueprint for a Safer Economy

What's open in my county?

Where can I see a map of California's counties with their tier levels?

Can I get a haircut?

Are swimming pools open?

Limited Stay Home Order

I heard that in counties in the Widespread (purple) tier, we should be home by 10:00 PM. Why?

General

What is the relationship between the Stay Home Order and these questions and answers?

Is it safe to shop at open businesses?

Can the Stay Home Order be changed?

If I am not an Essential Critical Infrastructure Worker, can I still leave the house?

Are safety protocols being enforced? How do I report a business that isn't complying?

Can I walk my dog? Take my pet to the vet?

Can I visit State Parks? What outdoor spaces are open?

Are there travel restrictions within California?

Protected activities

I want to express my political views. How can I make my voice heard without raising public health concerns?

Can I engage in political rallies and protest gatherings?

How do I vote?

Can I go to church?

Can I practice my religious faith?

What conditions must be met to resume religious services and cultural ceremonies at places of worship?

Can children attend group activities (like Sunday school or Hebrew school) at places of worship?

When will current conditions change for places of worship?

Are weddings allowed?

Are gatherings for musical, theatrical, and artistic performances permitted?

Government services

Can I go to the Department of Motor Vehicles (DMV)?

Can I get my car smog checked?

Who can I reach out to regarding my child custody order and child visitation rights?

Do I have to report to jury duty if summoned?

Is this page useful?

YES

NO

Additional comments:

SUBMIT

FOR
ALL

About COVID-19 restrictions

[Blueprint for a Safer Economy](#)

[What's open](#)

[Industry guidance](#)

[Local info and alerts](#)

COVID-19 hotline

[1-833-422-4255](#)

M-F 8AM-8PM, Sa-Su 8AM-5PM

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[Department of Public Health](#)

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