The official Team Kentucky source for information concerning COVID-19



### ⓘ View Vaccine Information

# Travel Advisory

**Once you are _fully vaccinated_ for COVID-19, you may travel within the United States without additional testing or quarantine requirements.**

**Both CDC and the Kentucky Department for Public Health (KDPH) discourage non-essential travel until you are fully vaccinated because travel increases your chance of getting and spreading COVID-19.**

**Additionally, before traveling internationally, please be aware that travel requirements vary by country and may change while you are abroad. As such, international travelers should be prepared for possible delays and/or disruptions to their travel plans.**

**Highlights of the April 2, 2021, updated _CDC travel guidance_ are below.**

Fully vaccinated travelers are less likely to get and spread COVID-19.

- People who are fully vaccinated with an FDA-authorized vaccine can travel safely within the United States:
  - Fully vaccinated travelers do not need to get tested before or after travel unless their destination requires it
  - Fully vaccinated travelers do not need to self-quarantine
- International travel poses additional risks and even fully vaccinated travelers are at increased risk for getting and possibly spreading new COVID-19 variants.
  - CDC recommends delaying international travel until you are fully vaccinated.
  - If you are fully vaccinated with an FDA-authorized vaccine:
  - You should continue to follow CDC's recommendations for traveling safely and get tested 3-5 days after travel.
  - You do NOT need to get tested before leaving United States unless your destination requires it.
  - You do NOT need to self-quarantine after arriving in the United States.
- Fully vaccinated travelers should still follow CDC's recommendations for traveling safely including:
  - Wear a mask over your nose and mouth
  - Stay 6 feet from others and avoid crowds
  - Wash your hands often or use hand sanitizer

If you are **not fully vaccinated** and must travel, take the following steps to protect yourself and others from COVID-19:

- Before you travel:
  - Get tested with a viral test 1-3 days before your trip.
- While you are traveling:

- Wear a mask over your nose and mouth. **Masks are required** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- After you travel:
  - **Get tested** with a viral test **3-5 days** after travel **AND** stay home and self-quarantine for a full 7 days after travel.
    - Even if you test negative, stay home and self-quarantine for the full 7 days.
    - If your test is positive, isolate yourself to protect others from getting infected.
  - If you don't get tested, stay home and self-quarantine for 10 days after travel.
  - Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
  - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - Follow all state and local recommendations or requirements.

## Centers for Disease Control and Prevention

**Visit CDC.gov** 🗗

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