

# State of Public Health (/DPH)

Department of Public Health (/DPH)

Advisory for All CT Residents Amid Rise in COVID-19 Cases

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Public Health



Public Health Advisory for All CT Residents Amid Rise in COVID-19

CT Residents Limit any Non-Essential Trips Outside the Home  
12:01 a.m.; High-Risk Individuals Should Take Extra Precautions

The Department of Public Health (DPH) today is issuing a statewide public health advisory as COVID-19 case rates across the state. In coordination with Governor Ned Lamont's executive order, effective at 12:01 a.m. on Friday, November 6, 2020, **DPH Acting**

**Gifford MD MPH is issuing an advisory for all Connecticut residents to  
hours of 10 p.m. to 5 a.m. in order to reduce the risk of further viral**

ory applies to every Connecticut resident, except 1) those who are essential  
home in order to go to their jobs; and 2) anyone who must leave their home  
seek medical care or to purchase medical supplies, food or groceries.

e number of new cases over a 14-day period in Connecticut has increased  
new cases reported during the period of October 18–November 1, 2020  
reported during September 20–October 4. The average daily case rate for  
during the same period from 5.1 per 100,000 population to 14 per 100,000. In  
f Connecticut's population now lives in either a red alert or orange alert  
9 infection. Hospitalizations for COVID-19 have increased from 68 on  
October 29<sup>th</sup>, representing an increase of 483%.

alth Advisory recommends but does not mandate that:

**and anyone with a chronic disease or obesity who are at higher risk for  
COVID-19 take extra precautions and limit non-essential trips outside**

**rk-from-home as much as possible;**

**l or community gatherings of any size for any reason (e.g., parties,  
gs, celebrations or other social events) end by 9:30 pm or otherwise be  
ied at this time;**

**at least a six foot distance from those who do not live with you;**

**ask whenever you leave home and wear a mask INSIDE your home if  
ide your household is visiting;**

**ir hands frequently using soap and water, hand sanitizer, or isopropyl  
hing hands with soap and water for at least 20 seconds works best.  
· face; and**

**ones should limit visitation to long term care facilities.**

ory shall remain in effect until COVID-19 disease trends move in a more  
wide and in accordance with future governor executive orders or  
needed.