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AUGUSTA, Maine — On Wednesday the Mills Administration added Massachusetts to the list of states that are exempt from travel restrictions and the testing alternative requirement.

Vermont and New Hampshire became the first states to be exempt from Maine's restrictions in June, and Connecticut, New York, and New Jersey were added a month later, leaving Massachusetts and Rhode Island as the only New England states not exempt.



Effective immediately, travelers coming to Maine from Mass. won't be required to quarantine for 14 days or provide a recent negative COVID-19 test, although the State recommends travelers get tested prior to their arrival to protect the health and safety of Mainers and visitors. This change includes Maine residents who may be traveling back to Maine from Massachusetts after visits for services such as health care.