Nutrition App CRC Cards

User Class (Entity)	
Responsibilities	Collaborators
 Represents a user interacting with the app. Contains key attributes, including: username passwordHash weight height activityLevel age goals 	Stat FoodItem References User to keep track of their periodic intake. A User instance can be used to access all instances of Stat associated with it, as well as all FoodItem instances associated with them.

Stat Class (Use Case)	
Responsibilities	Collaborators
Stores statistics for the user. Has attributes:	
 caloricIntake: the total calories for the day. user: The User instance the stat is linked to. startDate: when this stat starts tracking. foodItems: A list of FoodItem endDate: when this stat stops tracking. 	• FoodItem References a list of FoodItem to keep track of what is being consumed throughout that time period. This will also contribute to the Stat that are provided to track progression.

FoodItem Class (Entity)	
Responsibilities	Collaborators
The FoodItem class represents a consumed food item	
of an associated user. The FoodItem. Attributes:	• Nutrient
 name: Name of food item type: Food type (fruit, vegetable, meat, drink) amount (in grams) 	Keeps track of the name, type, amount and associated nutrients (an instance of Nutrient) from each food item.

FoodItems Class (Entity)	
Responsibilities	Collaborators
The FoodItems class represents the known food	
items in our system. Attributes:	• Food Item
• FoodItem Instances: Contains instances of the known food items in our program.	Keeps track and contains the Food Item's in our program.

Nutrient Class	
Responsibilities	Collaborators
The Nutrient class makes proper comparisons in terms of nutritional values in addition to keeping track of the totality of nutrient intake. Attributes: • carbohydrates (amount of carbohydrates) • proteins (amount of proteins) • fats (amount of fats)	• FoodItem Incorporates the different macronutrients that each FoodItem instance contains.

Goal Class	
Responsibilities	Collaborators
The user will set a goal of their body mass with specified duration/deadline. The class has User's goal body mass and date they want to reach that goal. • userWeight • goalWeight • dueDate • achieved	• User Uses the user's goal body mass and date they want to achieve their goal, to keep track of progress.

LoginSystem Class	s (Controller)
Responsibilities	Collaborators
Stores the details of every user that is using the app and enables different users to use the app on the same device. It helps performing tasks like registering a user, logging in a user, checking if a user exists and checking a user's password. Attributes: • users: list of user objects Methods: • registerUser: registers a user into the system • logInUser allows a user to log into their account • userExists: checks if the user with given username exists in our system • getUser: retrieves the user's information from our system	User Uses the user's username and password to perform functions helping the user log into their account.

MealGenerato	or Class
Responsibilities	Collaborators
Constructors with no input or a meal type (Breakfast, Lunch, Dinner, Snack), Calories Goal, and Dietary Information (vegan, vegetarian, etc). Attributes:	• Food Item • Food Items • User
 mealType (either by input or time of day) caloriesAim (either by calories left today or input) dietaryInformation (input or NONE) Methods: requestMeal: takes in all 3 attributes, returns a string form of a meal with a little additional information 	Uses the user's information to generate customized meals according to their weight goals. These meals are formed using Food Item's from the Food Items class or other sources.

Progress Class	(Use Case)
Responsibilities	Collaborators
Stores and update user's current weight, BMI and nutritional levels. Allow users to compare their current weight with their goal. Attributes:	• Goal
 username: Name of the User currentWeight: current weight of the User currentHeight: current height of the user currentBMI: current BMI of the user nutrientLevel: stores the level of various nutrients the user has based on their food intake. goal:goal set by the user 	
Methods:	
• changeParameters: updates the status of the user	

App Cla	SS
Responsibilities	Collaborators
controls the program itself. Designed to be extended	
by a User Interface class. Attributes:	• User Interface class
• User: current user that is logged in	
• system: database storing other accounts	
Methods:	
• login: Login a user into the app	
• getUserUsername: get the username of the current user	
• register: register a new user to the app	
• getHash: get the SHA256 hash of a String	

Main Cla	ss
Responsibilities	Collaborators
Runs the program. Creates the command line environment, prompts users for information and allows users to interact and use the programs functionality. It launches the consoleApp UI and runs the program.	• consoleApp Uses the consoleApp UI to launch the application and interact with the user.

Utils Class	SS
	• LoginSystem • ConsoleApp • User The methods of this class are used in LoginSystem and ConsoleApp to take in input from the user. This includes when a user is trying to sign in with their username and password, or when they're inputting important information about themselves (eg. height).

ConsoleApp Class	
Responsibilities	Collaborators
Runs the program through the console by asking for	
user input with Scanner objects.	
Methods:	
 signInUser: Welcome a new /existing user to the app showDashboard: Perform tasks now that the user is logged in run 	• App