

# Mediation & moderation

# Readings for today

- Preacher, K. J., & Hayes, A. F. (2008). Asymptotic and resampling strategies for assessing and comparing indirect effects in multiple mediator models. *Behavior research methods*, 40(3), 879-891.

# Topics

1. Graphs

2. Moderation

3. Mediation

# Graphs

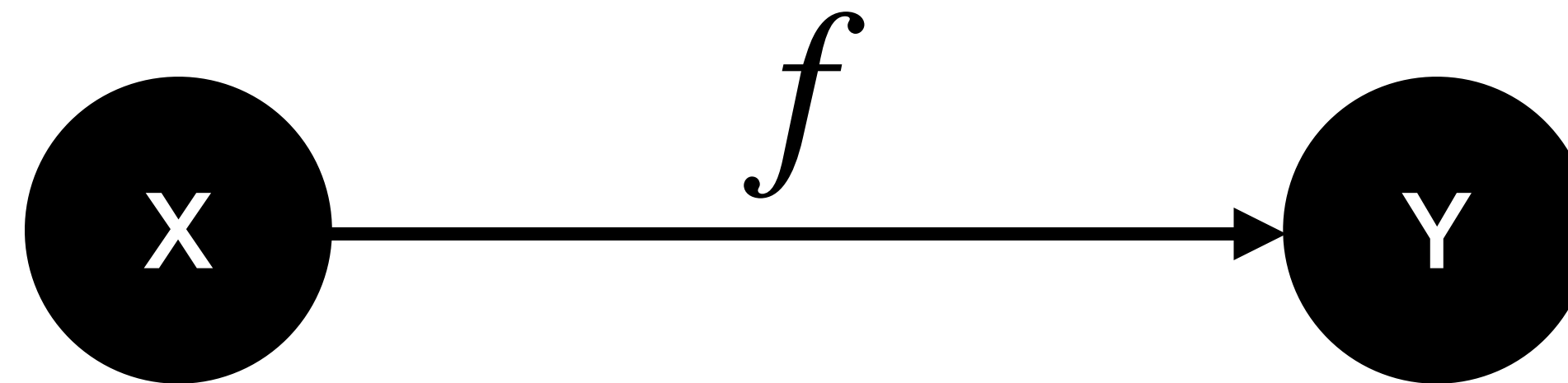
# Graphs

Statistical model:

$$f(X) = Y$$



Graphical form:



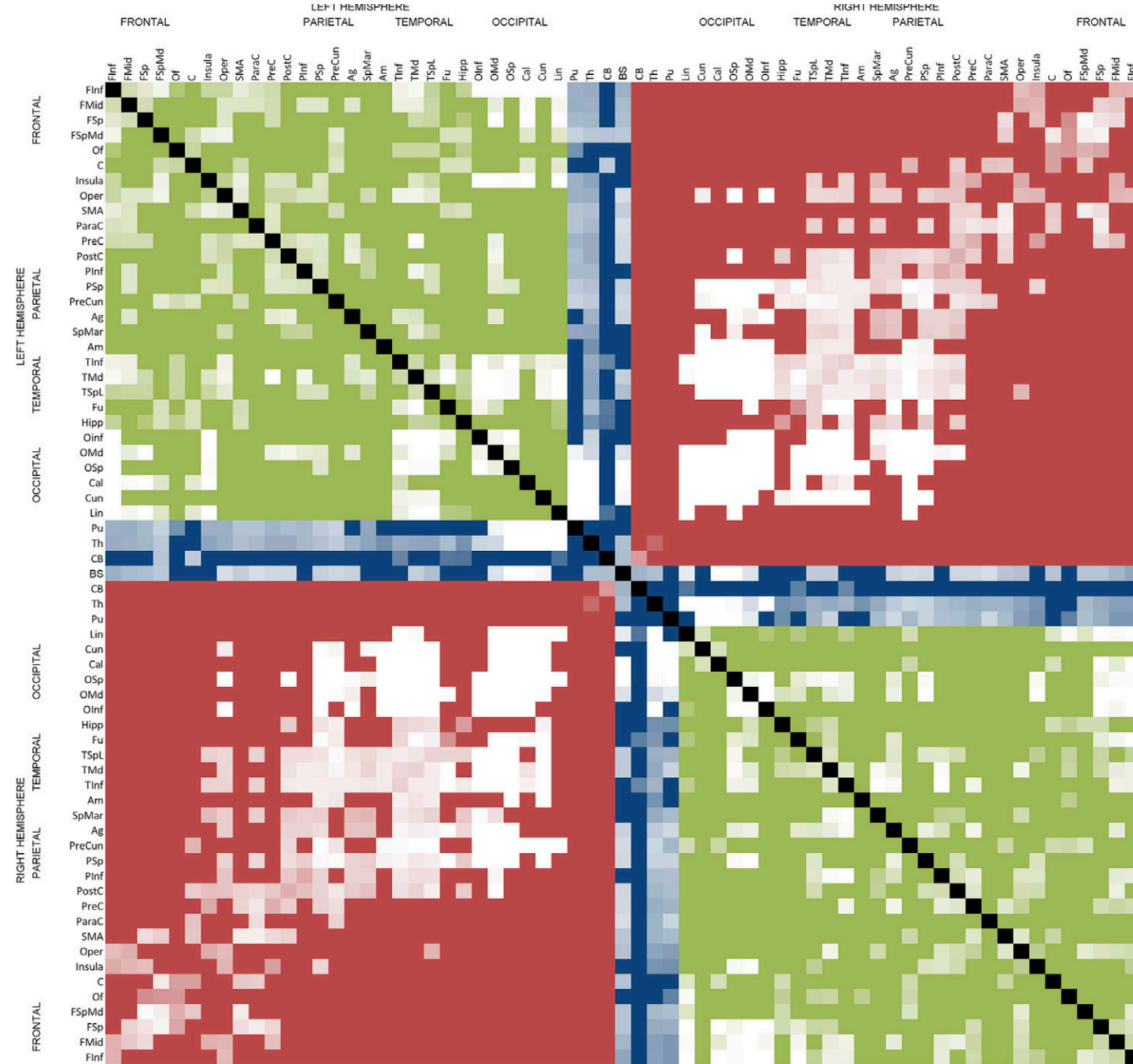
Nodes: The objects (variables)

Edges: The connections (relations)

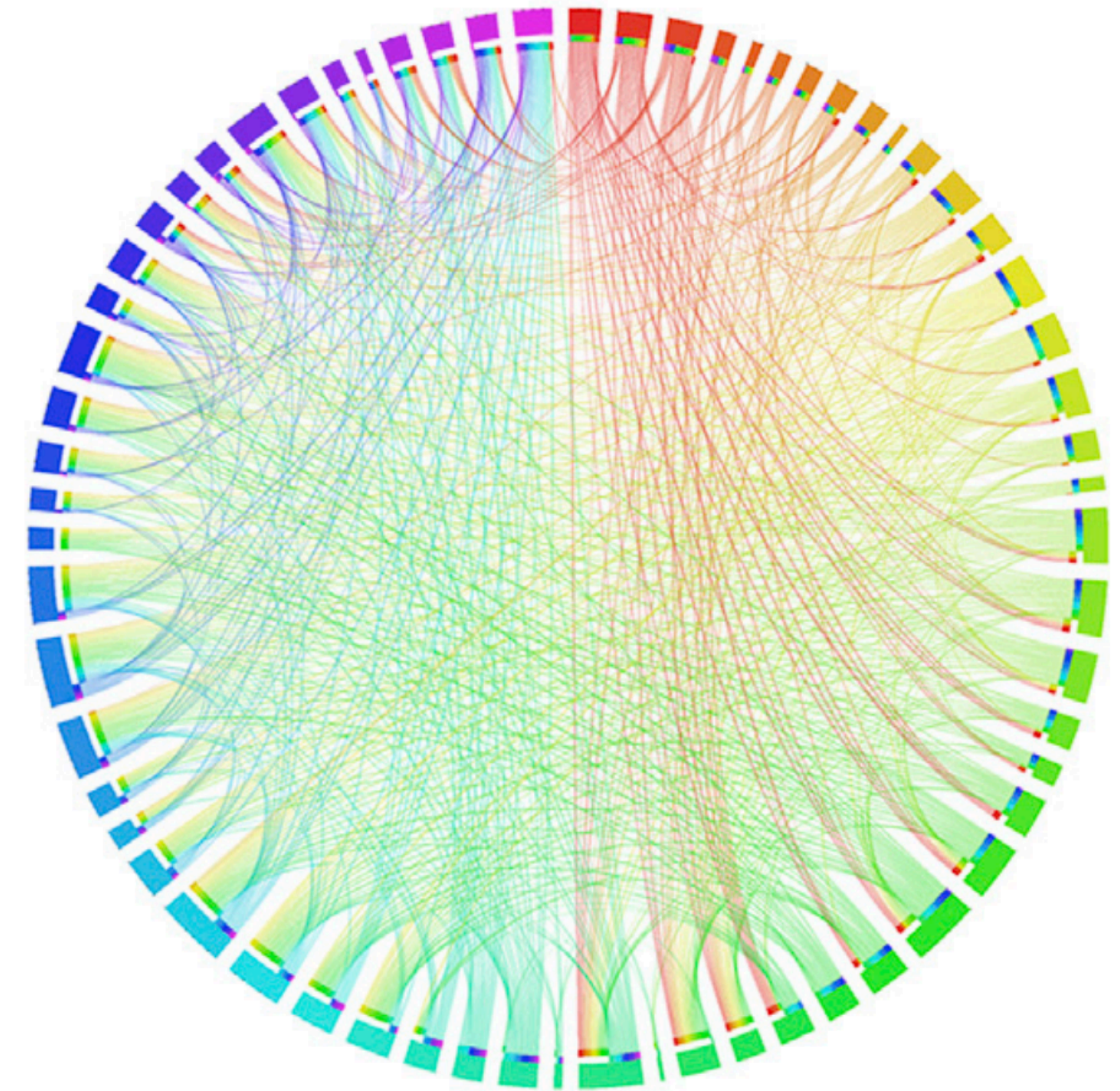


# Graphs

## Matrix form



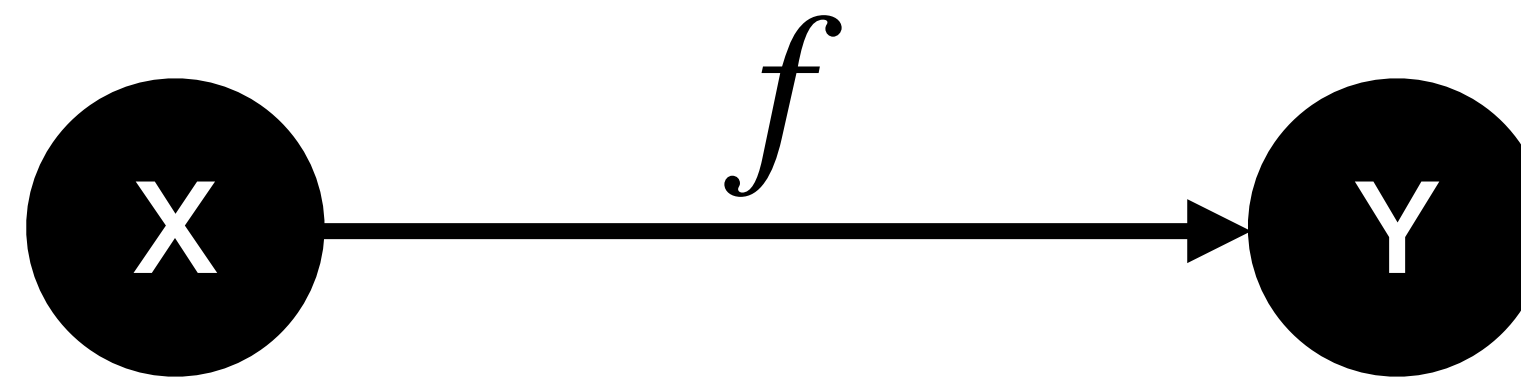
## Graphical form



# Types of graphs

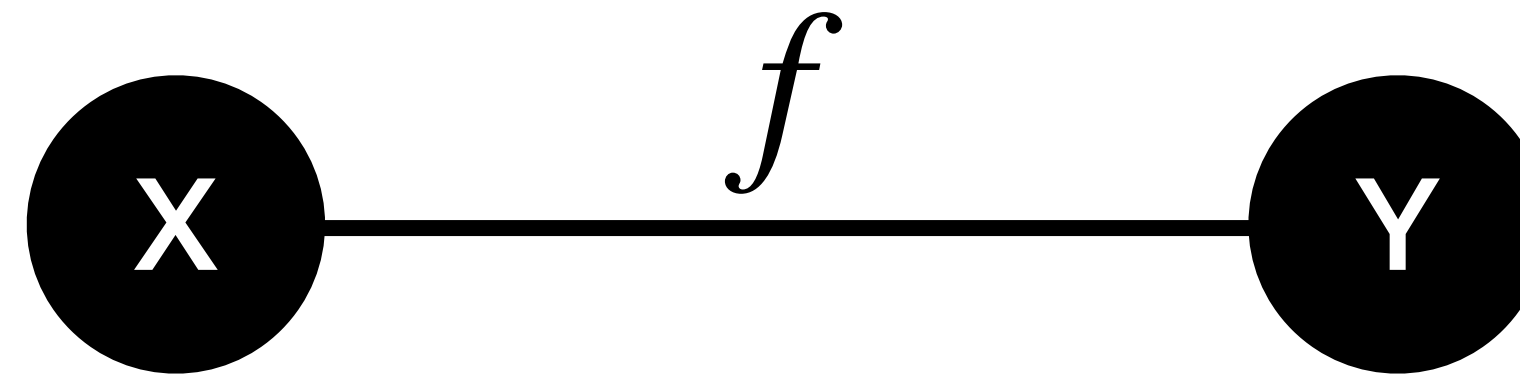
## Directed graphs:

- “causal”
- regression



## Undirected graphs:

- association
- correlation

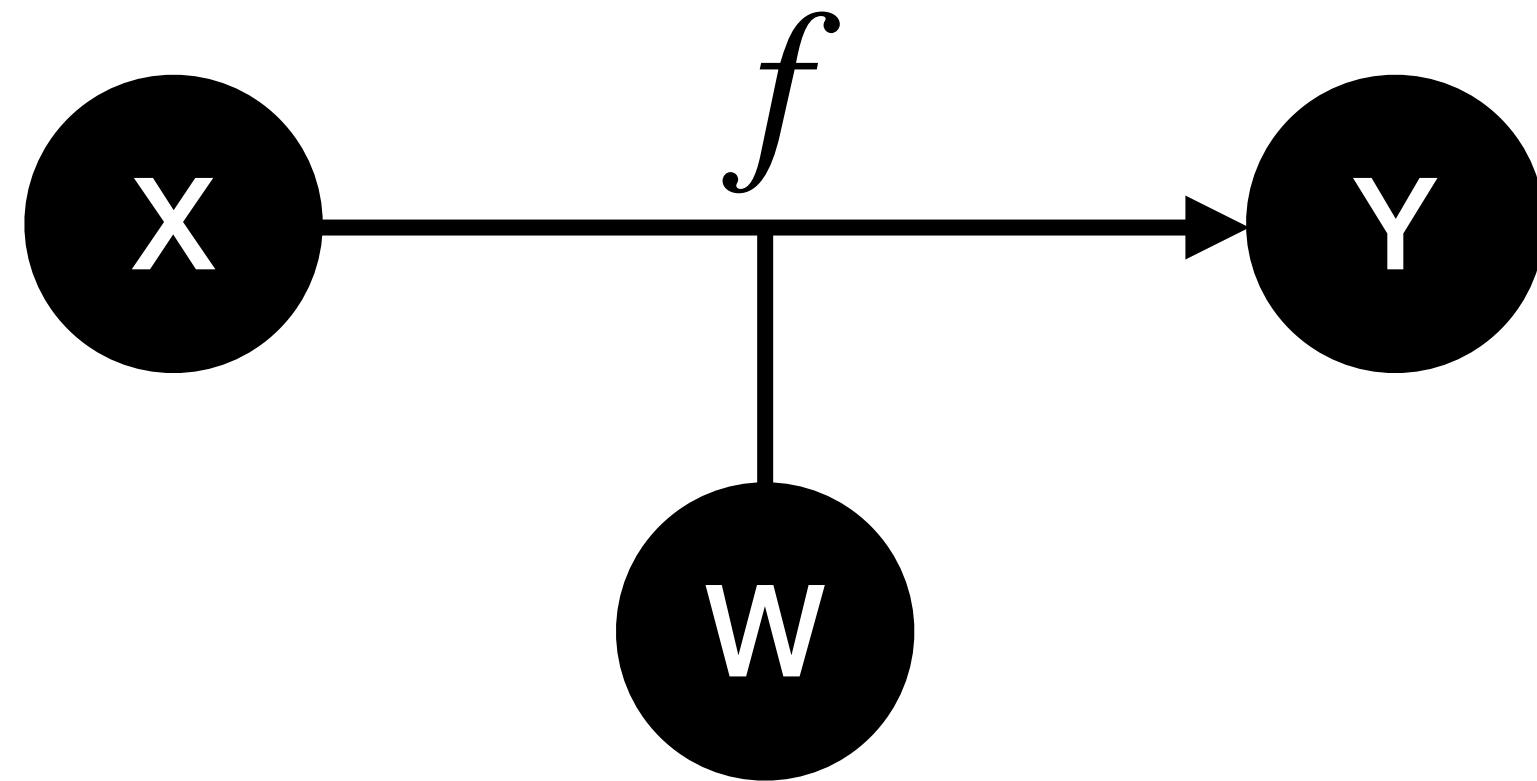


1. Visualization: Easily see the structure of relationships in the data.
2. Complexity: Captures the complex & hierarchical relationships in the data.



# Moderation

# Moderation models



X: Predictor (independent) variable(s).

Y: Response (dependent) variable(s).

W: Moderator variable(s).

## Interpretation

$\hat{\beta}_1$ : Units that  $Y$  changes with  $X$ .

$\hat{\beta}_2$ : Units that  $Y$  changes with  $W$ .

$\hat{\beta}_3$ : Units that  $Y$  changes with  $X$  contingent on changes in  $W$ .

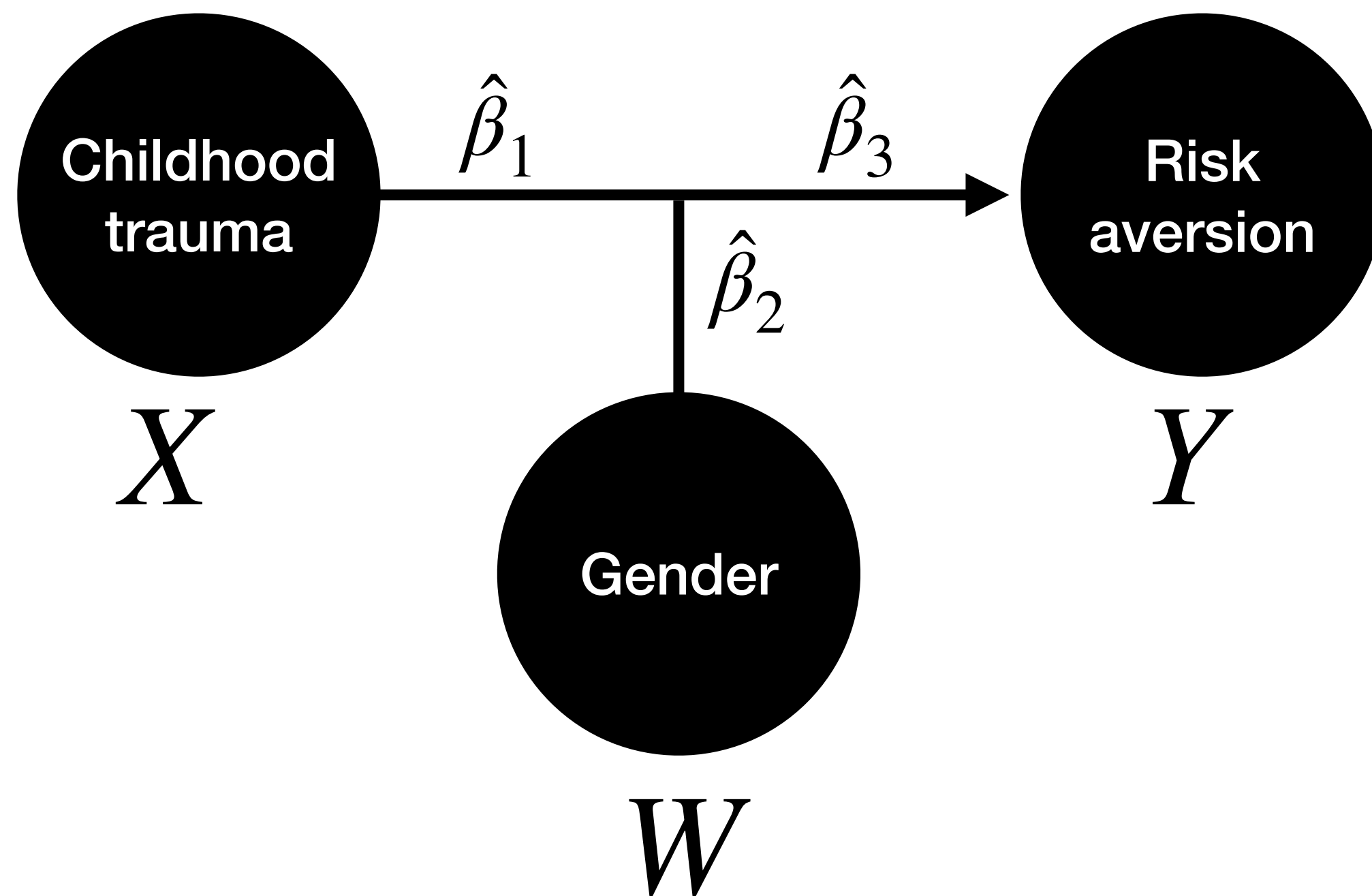
$$Y = \hat{\beta}_0 + \hat{\beta}_1 X + \hat{\beta}_2 W + \hat{\beta}_3 XW$$

moderating variable

moderating effect

# Example: moderation

Q: Is the effect of childhood trauma on risk aversion moderated by gender?

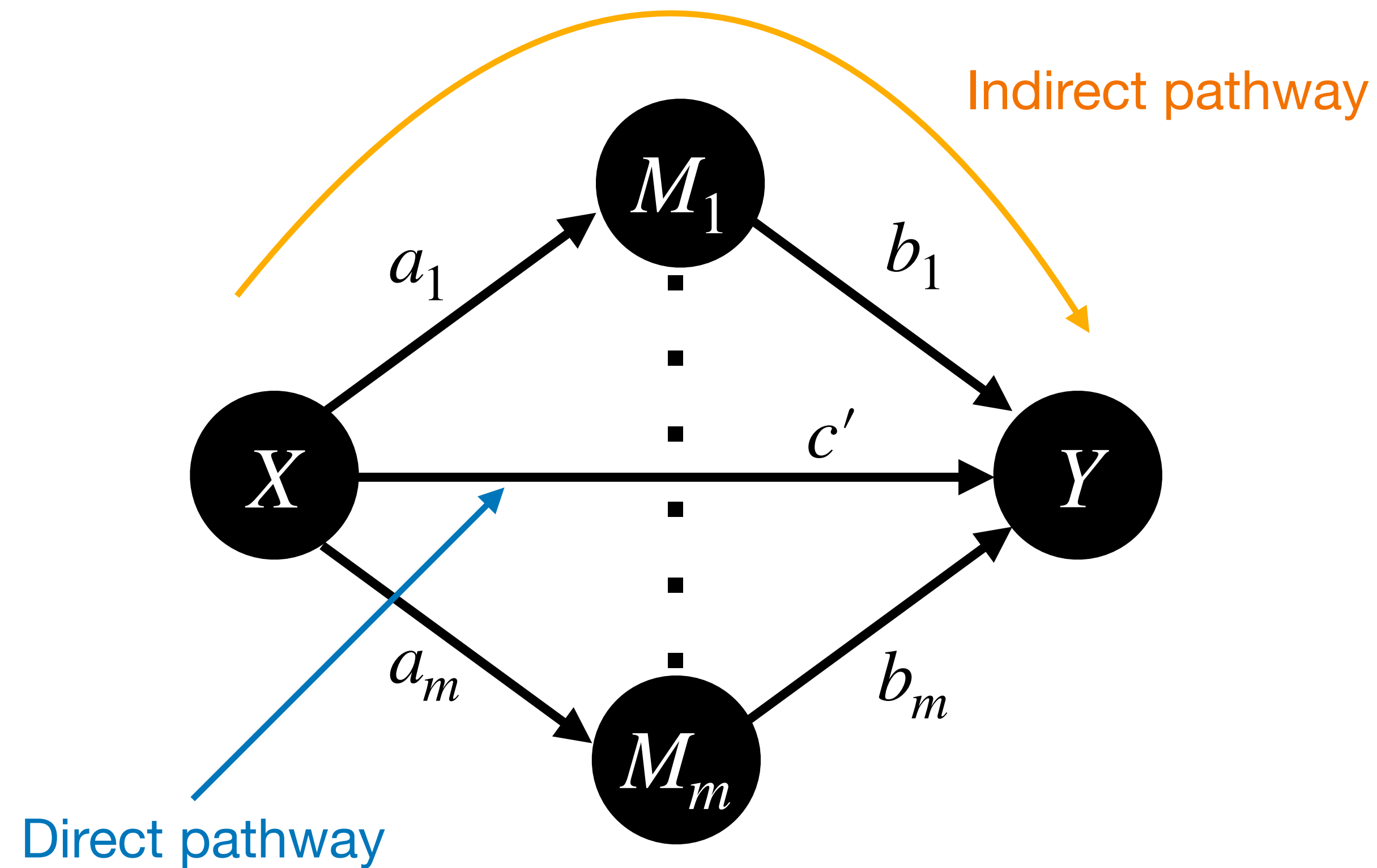


Model

$$Y_{risk} = \hat{\beta}_0 + \hat{\beta}_1 X_{CT} + \hat{\beta}_2 W_{gender} + \hat{\beta}_3 X_{CT} W_{gender}$$

# Mediation

# Mediation models

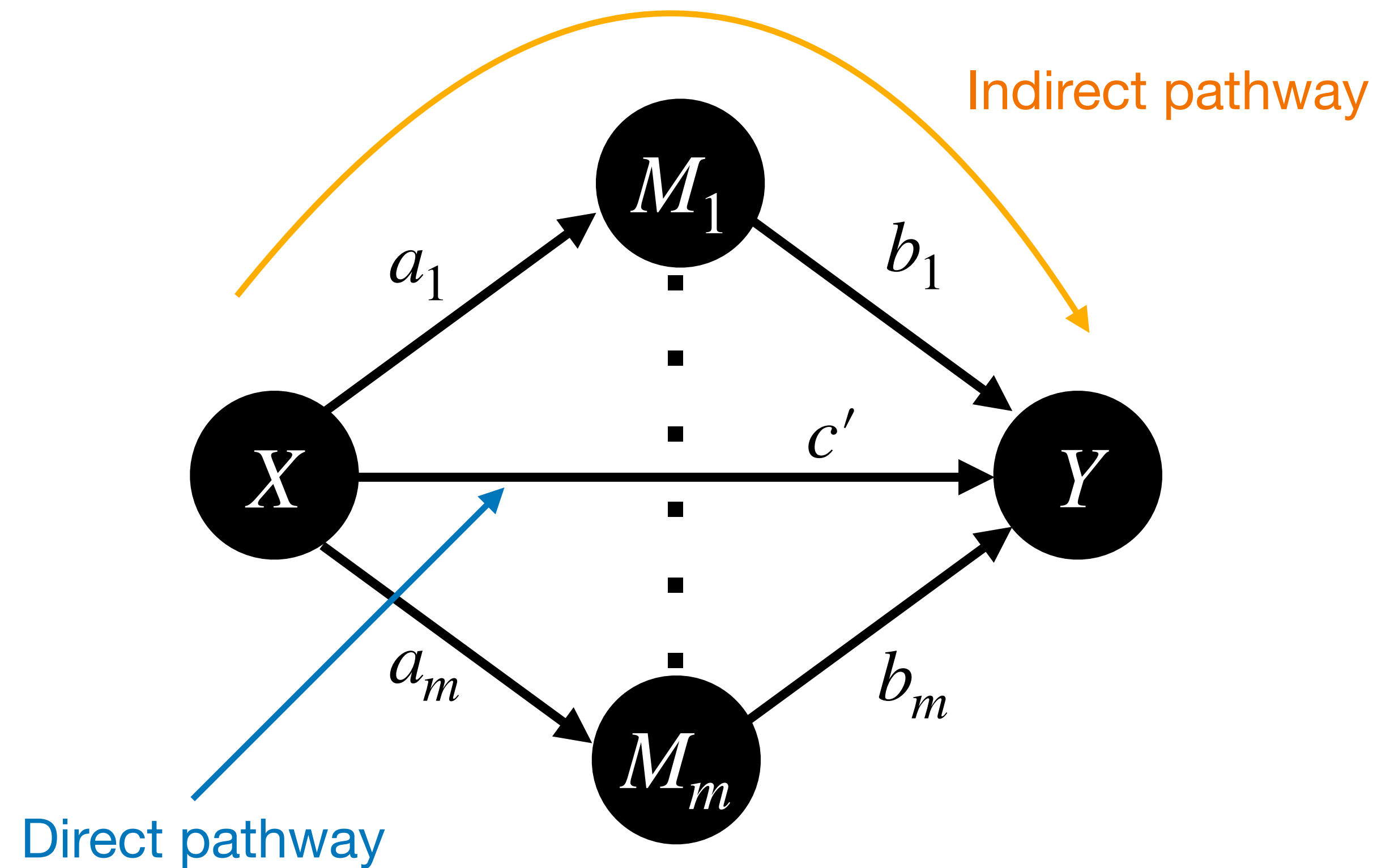


X: Predictor (independent) variable(s).

Y: Response (dependent) variable(s).

$M_i$ : Mediating variable  $i$ .

# Mediation models



## Interpretation

$a_i$ : Influence of  $X$  on  $M_i$ .

$b_i$ : Influence of  $M_i$  on  $Y$ .

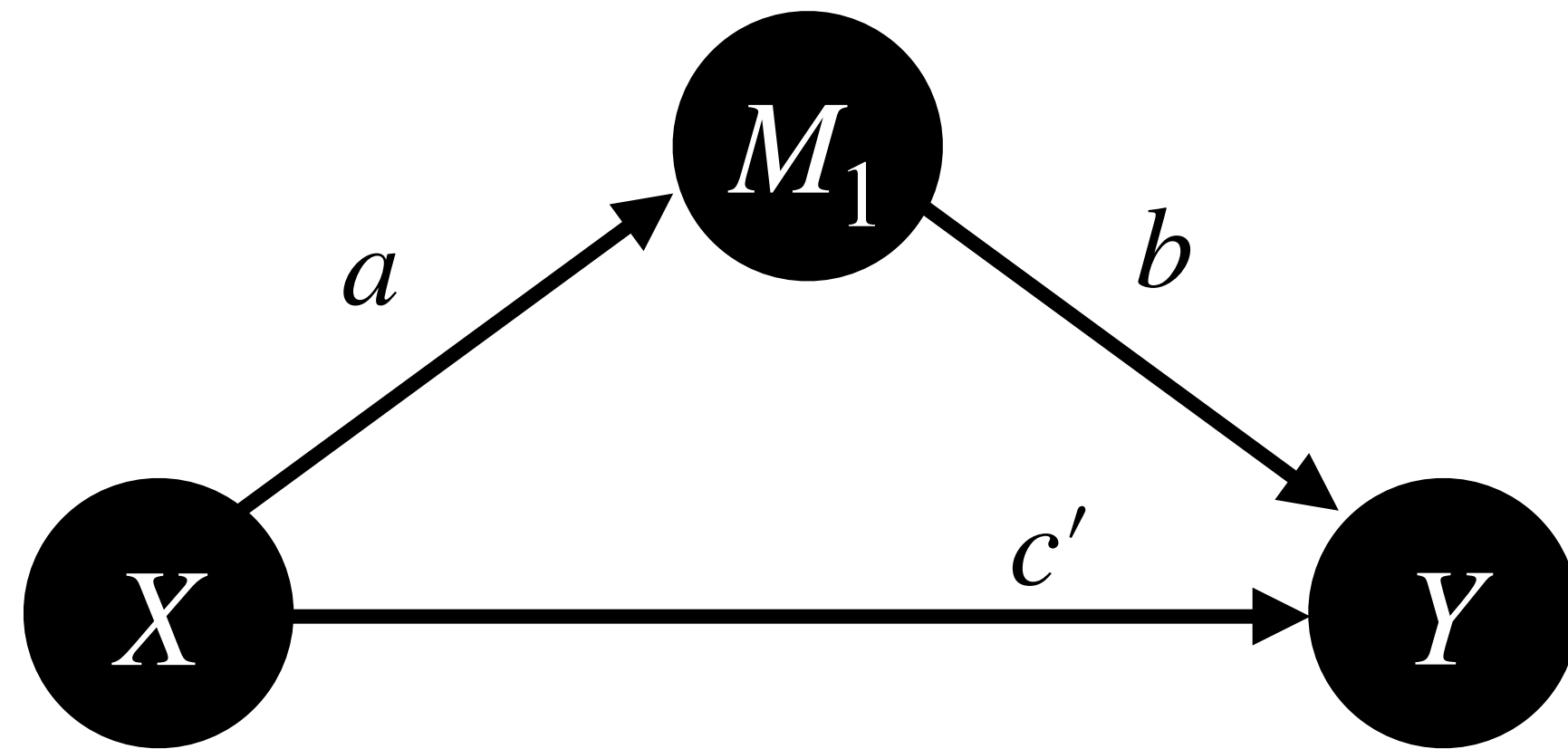
$a_i b_i$ : Indirect influence of  $X$  on  $Y$  via its influence on  $M_i$ .

$c'$ : Direct influence of  $X$  on  $Y$  after accounting for all indirect effects (i.e., all  $M_1 \rightarrow M_m$ ).

$c$ : Total influence of  $X$  on  $Y$  without accounting for indirect effects.



# Estimating mediation effects



$$\underline{H_0}: ab = 0$$

Evaluate: Bootstrapping

$$95\% CI = E[\hat{a}\hat{b}] \pm 1.96\sigma_{bootstrap}$$

3 regression models

$$1. Y = cX$$

$$2. M = aX$$

$$3. Y = bM + c'X$$

$$Y = bM + c'X$$

$$= b(aX) + c'X$$

$$= \underbrace{abX} + \underbrace{c'X}$$

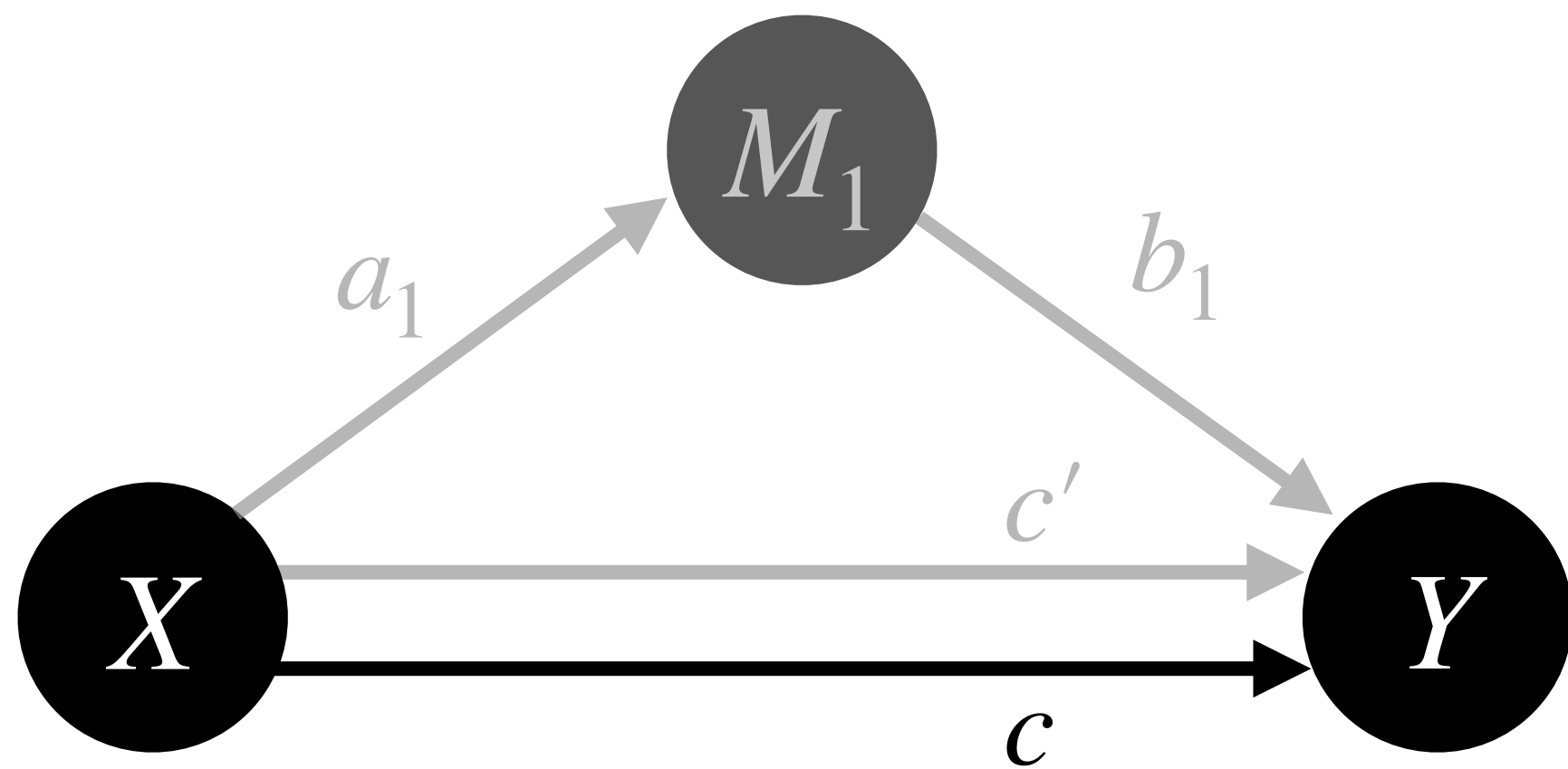
indirect      direct

# Assumptions

- Both  $\hat{a}$  &  $\hat{b}$  edges have to be  $\neq 0$  for the indirect pathway to be evaluated (i.e., cannot infer indirect pathway effects if only one link is non-zero).
- Very sensitive to low statistical power (  $\downarrow$  power =  $\uparrow$  false positive rate).

# Finding hidden relationships

Sometimes indirect pathways can hide total ( $c$ ) pathway effects.



$$\begin{aligned} Y &= cX \\ &= b(aX) + c'X \\ &= \underbrace{(ab + c')}_{c} X \end{aligned}$$

Hidden total path

$$c = (ab + c') = 0$$

$$\hookrightarrow \frac{ab}{c'} = -1$$

When direct and indirect pathways have equally opposing influences.

# Multiple mediator models

Q: Is the effect of childhood trauma on risk aversion mediated by parental income, psychiatric risk, & social network size.

$X$ : childhood trauma

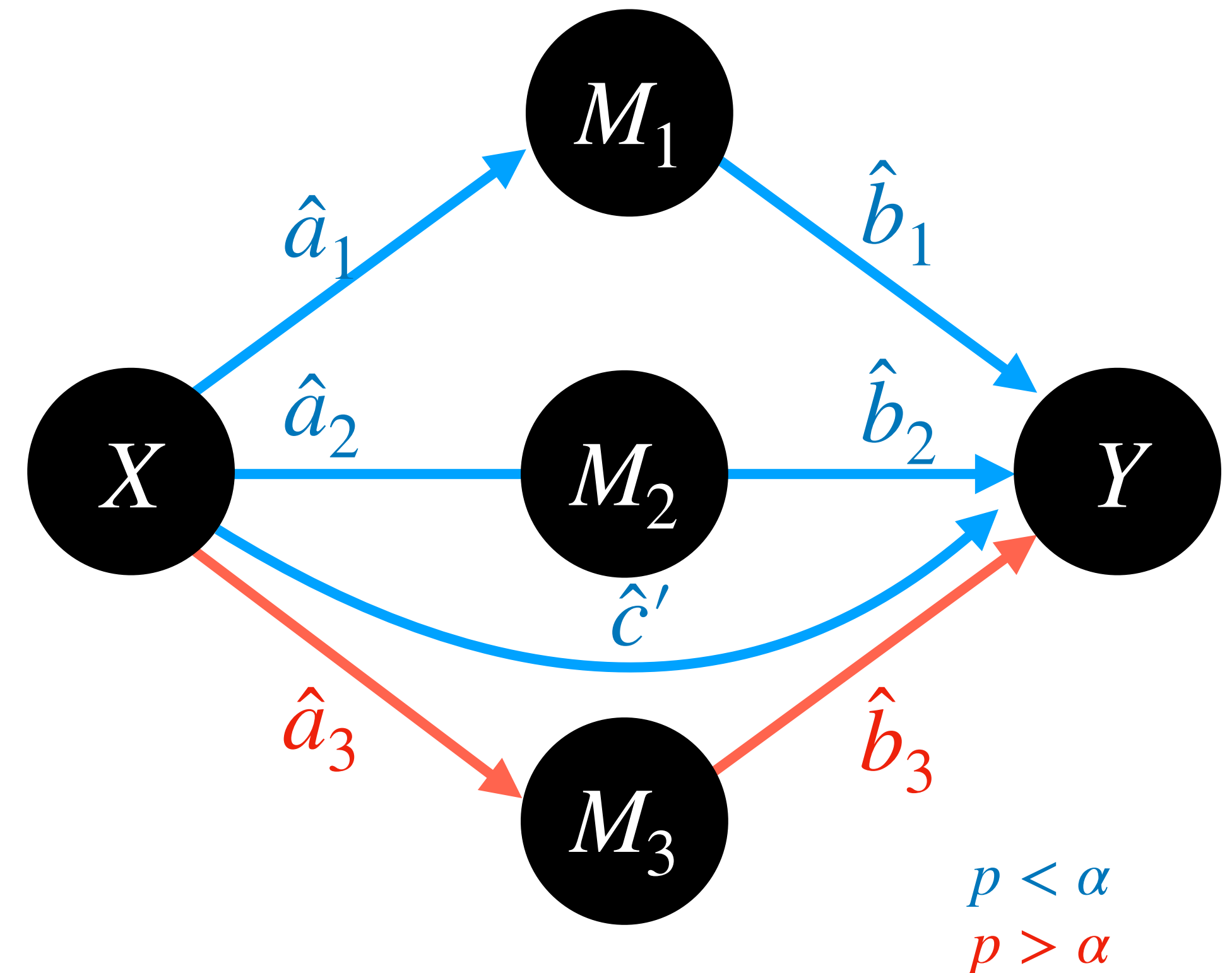
$Y$ : risk aversion

$M_1$ : parental income

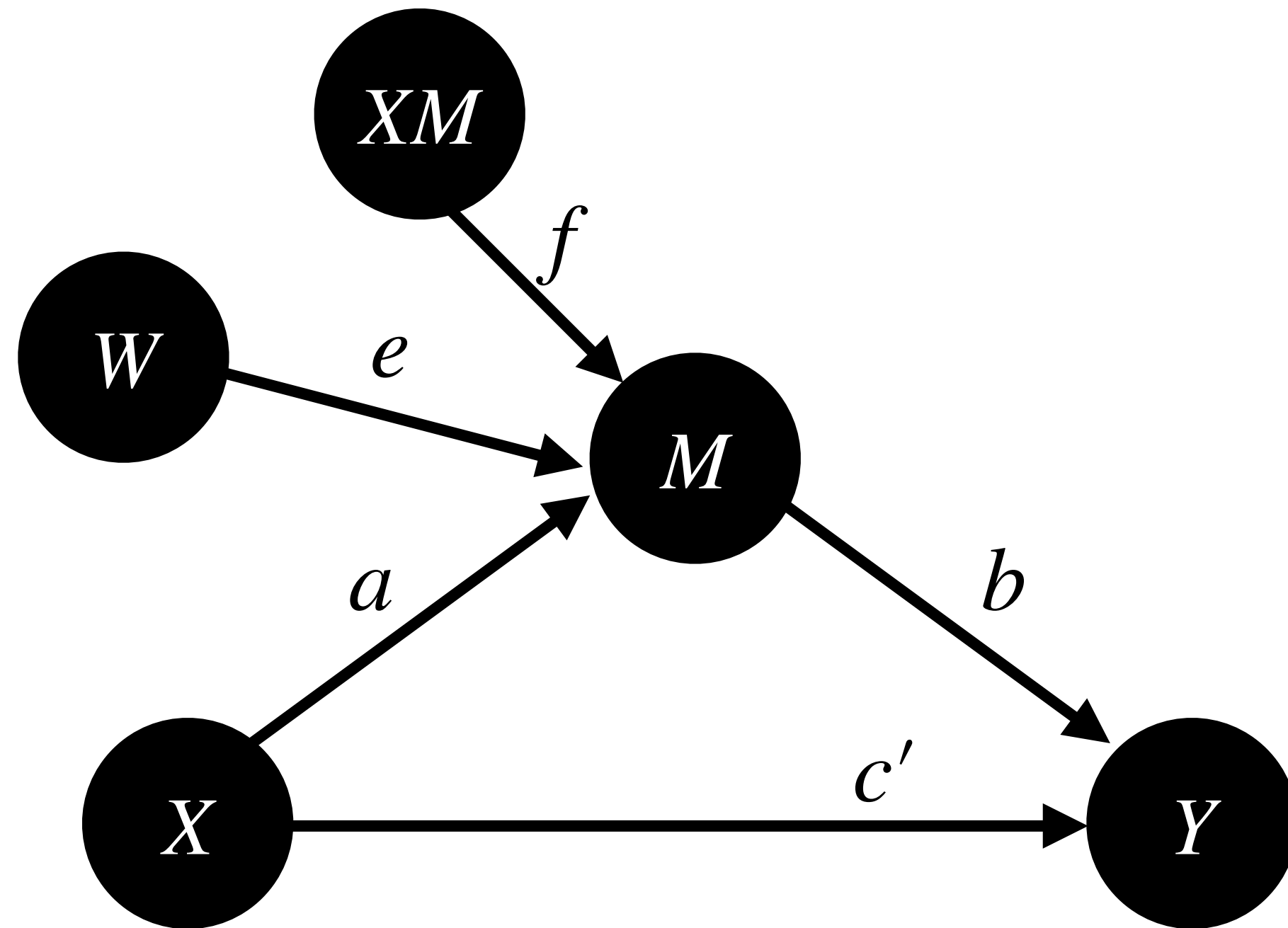
$M_2$ : psychiatric risk

$M_3$ : social network size

Model: 
$$Y = \sum_{i=1}^p \hat{a}_i \hat{b}_i M_i + \hat{c}' X$$



# Moderated mediation models



Does  $W$  moderate the indirect relationship between  $X$  and  $Y$  via  $M$ ?

## Moderated mediation

$$M = aX + eW + fXW$$

$a, e$ : main effects

$f$ : interaction

## Full Model

$$Y = \hat{b}M + \hat{c}'X$$

$$= b(aX + eW + fXW) + c'X$$

# Take home message

- Representing relations as graphs provides an intuitive understanding of complex relationships.
- Moderation and mediation models allow for capturing relationships beyond first-order associations, even revealing hidden relationships in your data.