

Mediation & moderation

Readings for today

- Preacher, K. J., & Hayes, A. F. (2008). Asymptotic and resampling strategies for assessing and comparing indirect effects in multiple mediator models. *Behavior research methods*, 40(3), 879-891.

Topics

1. Graphs

2. Moderation

3. Mediation

Graphs

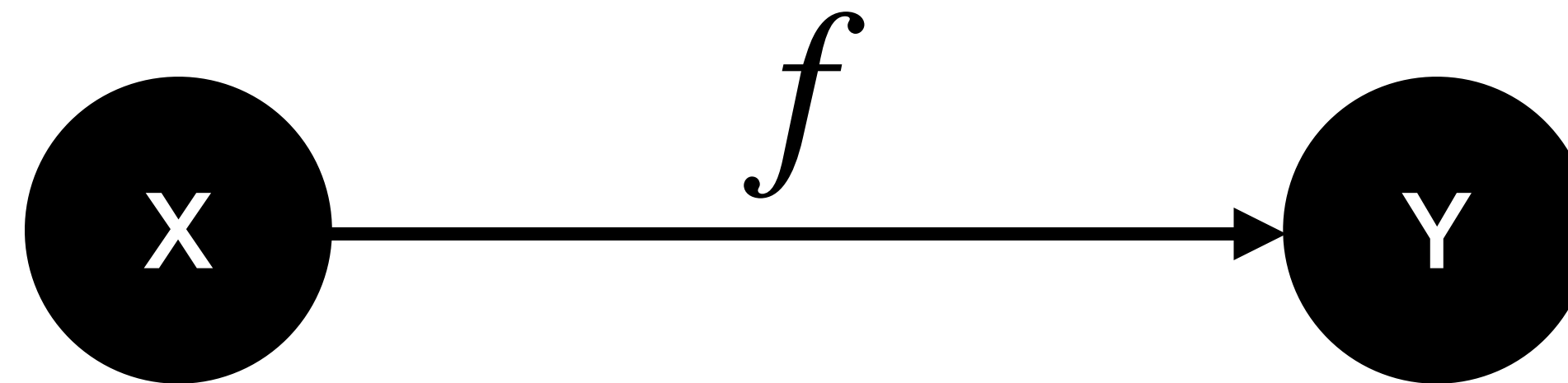
Graphs

Statistical model:

$$f(X) = Y$$



Graphical form:

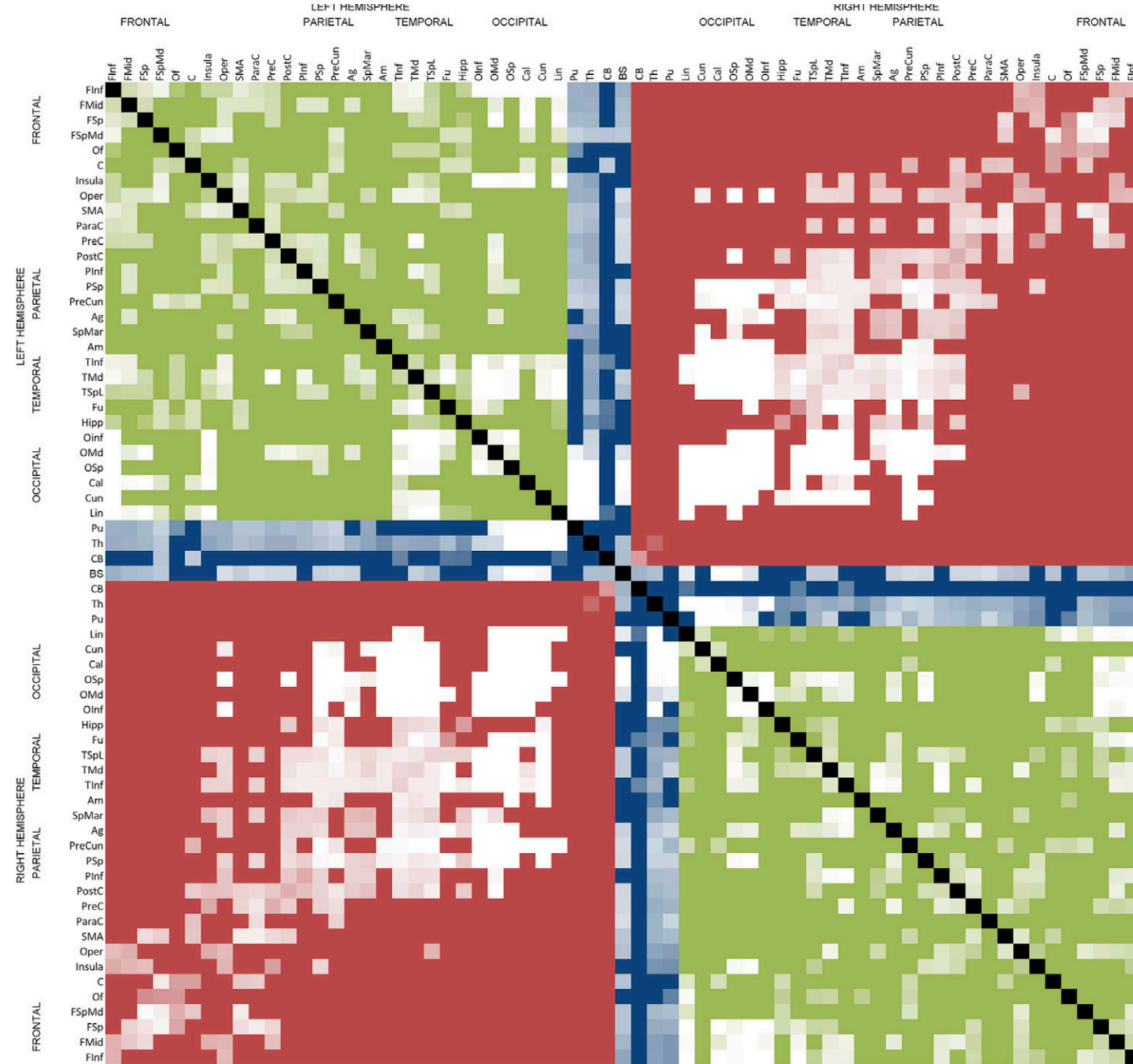


Nodes: The objects (variables)

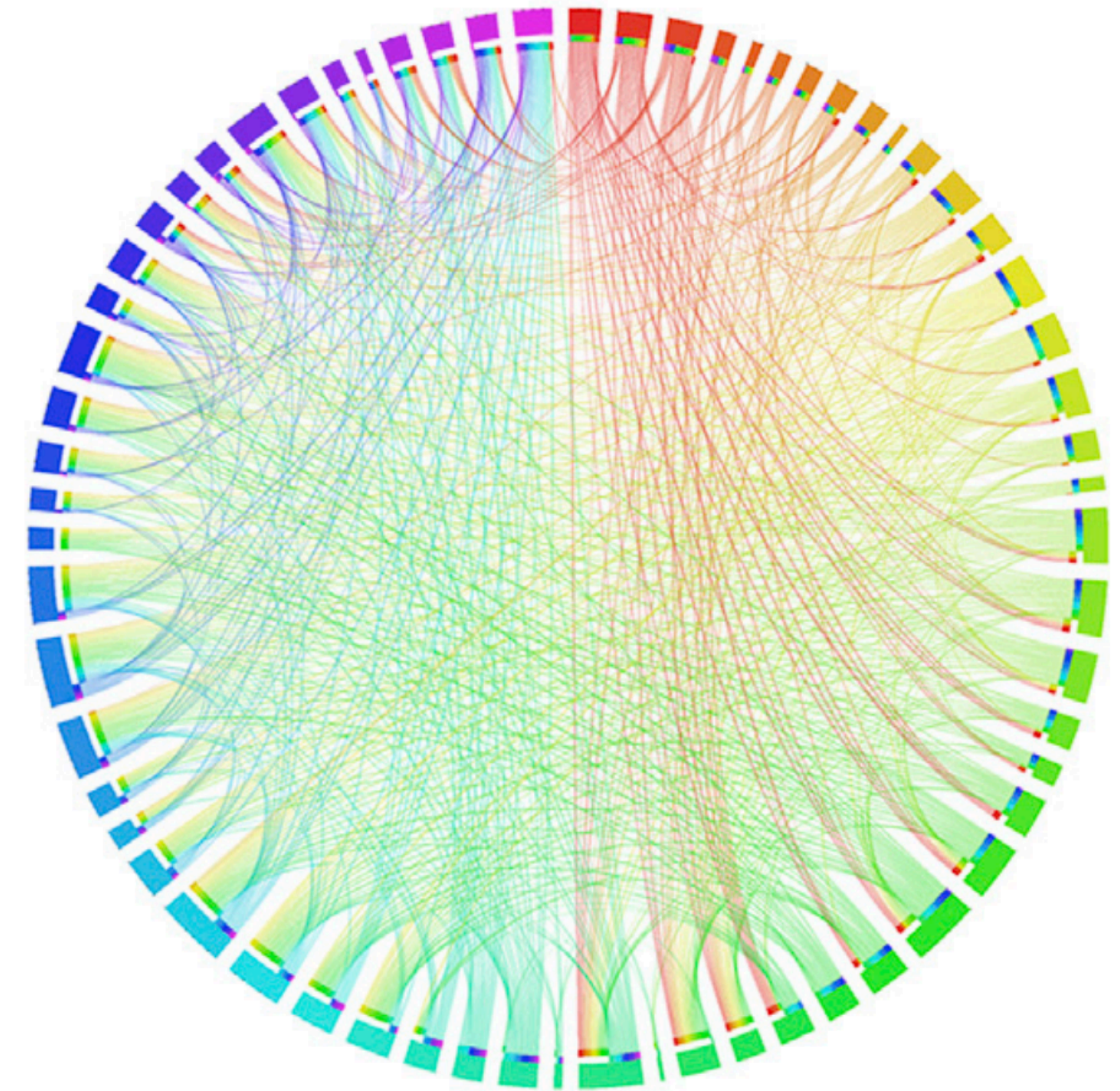
Edges: The connections (relations)

Graphs

Matrix form



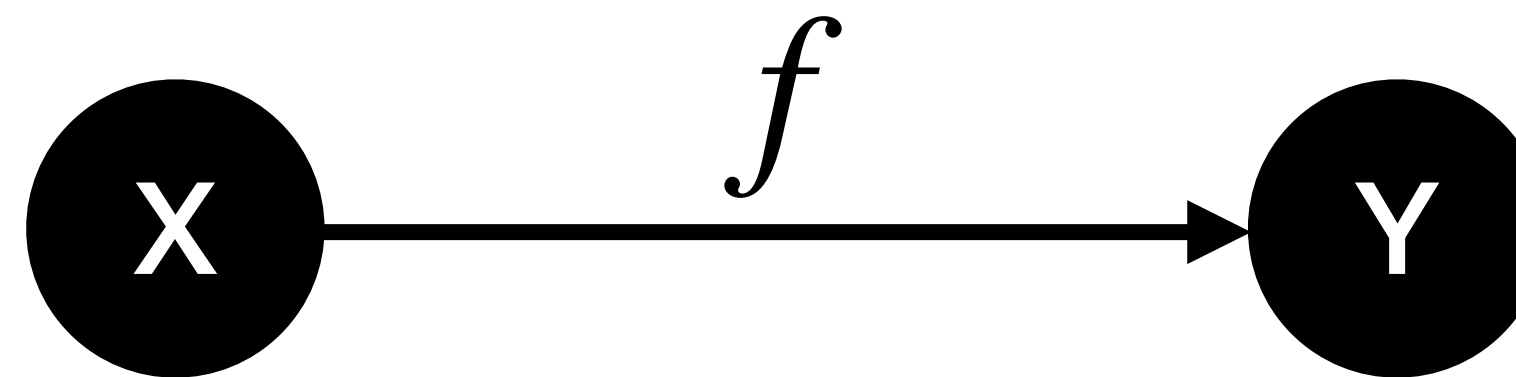
Graphical form



Types of graphs

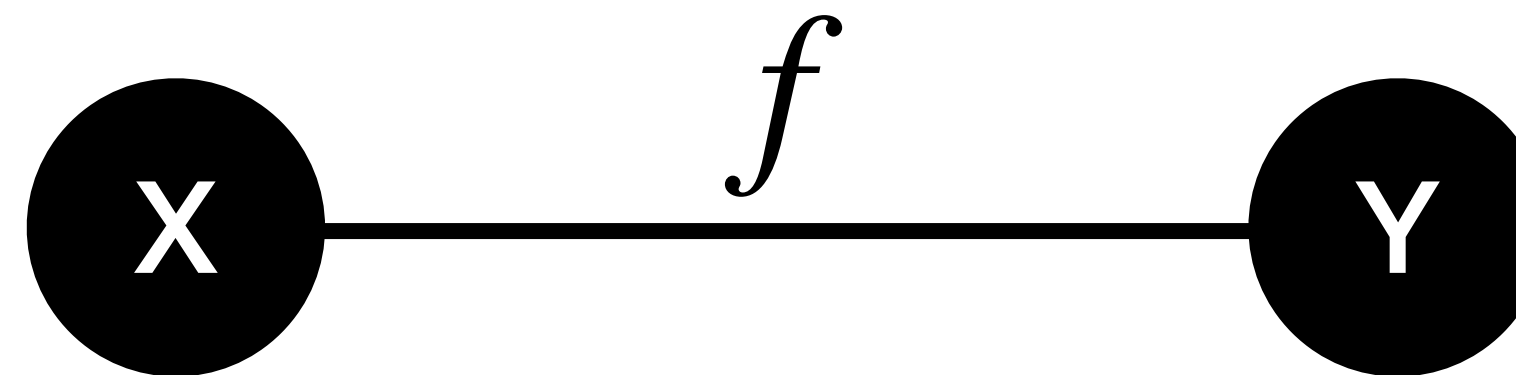
Directed graphs:

- “causal”
- regression



Undirected graphs:

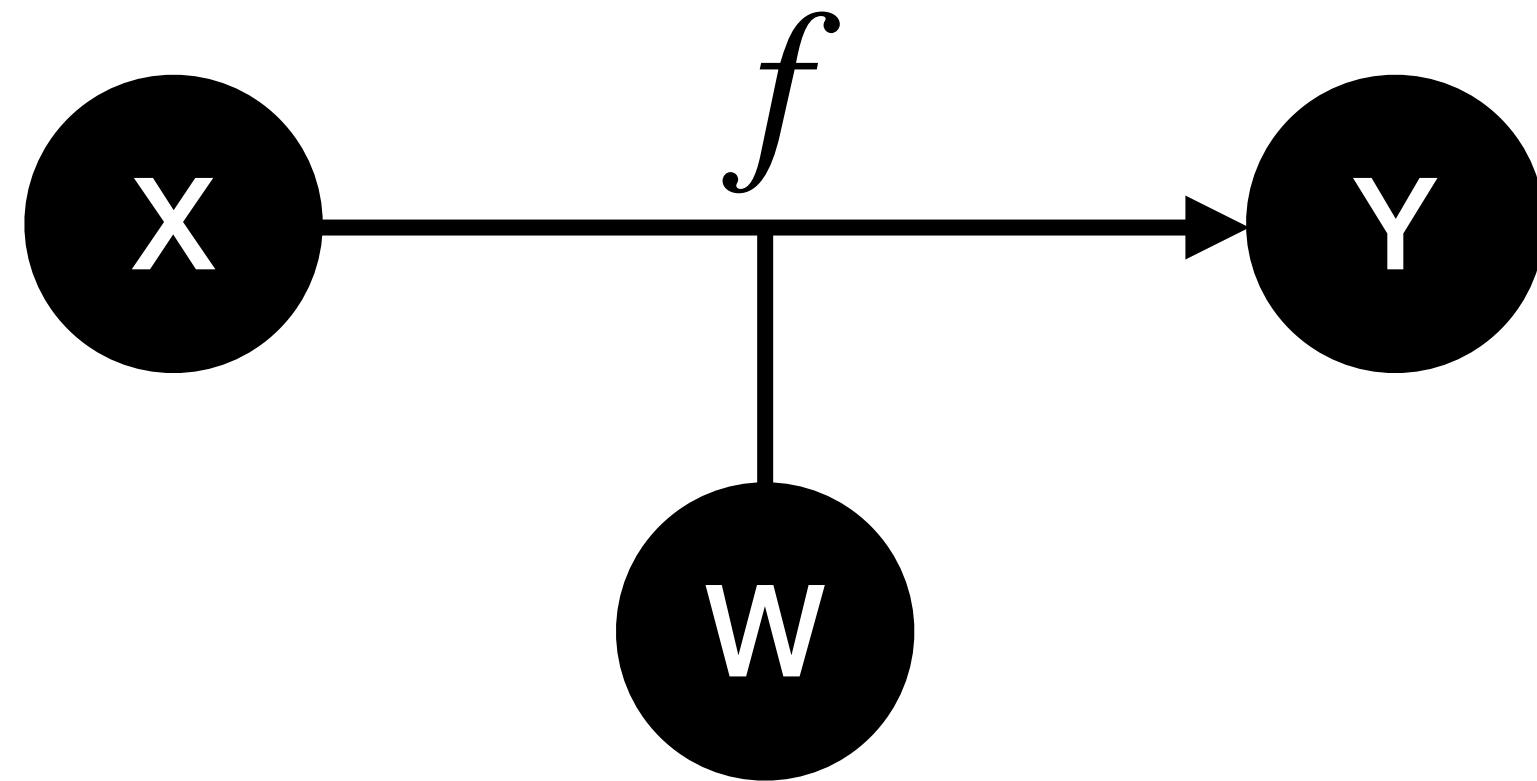
- association
- correlation



1. Visualization: Easily see the structure of relationships in the data.
2. Complexity: Captures the complex & hierarchical relationships in the data.

Moderation

Moderation models



X: Predictor (independent) variable(s).

Y: Response (dependent) variable(s).

W: Moderator variable(s).

Interpretation

$\hat{\beta}_1$: Units that Y changes with X .

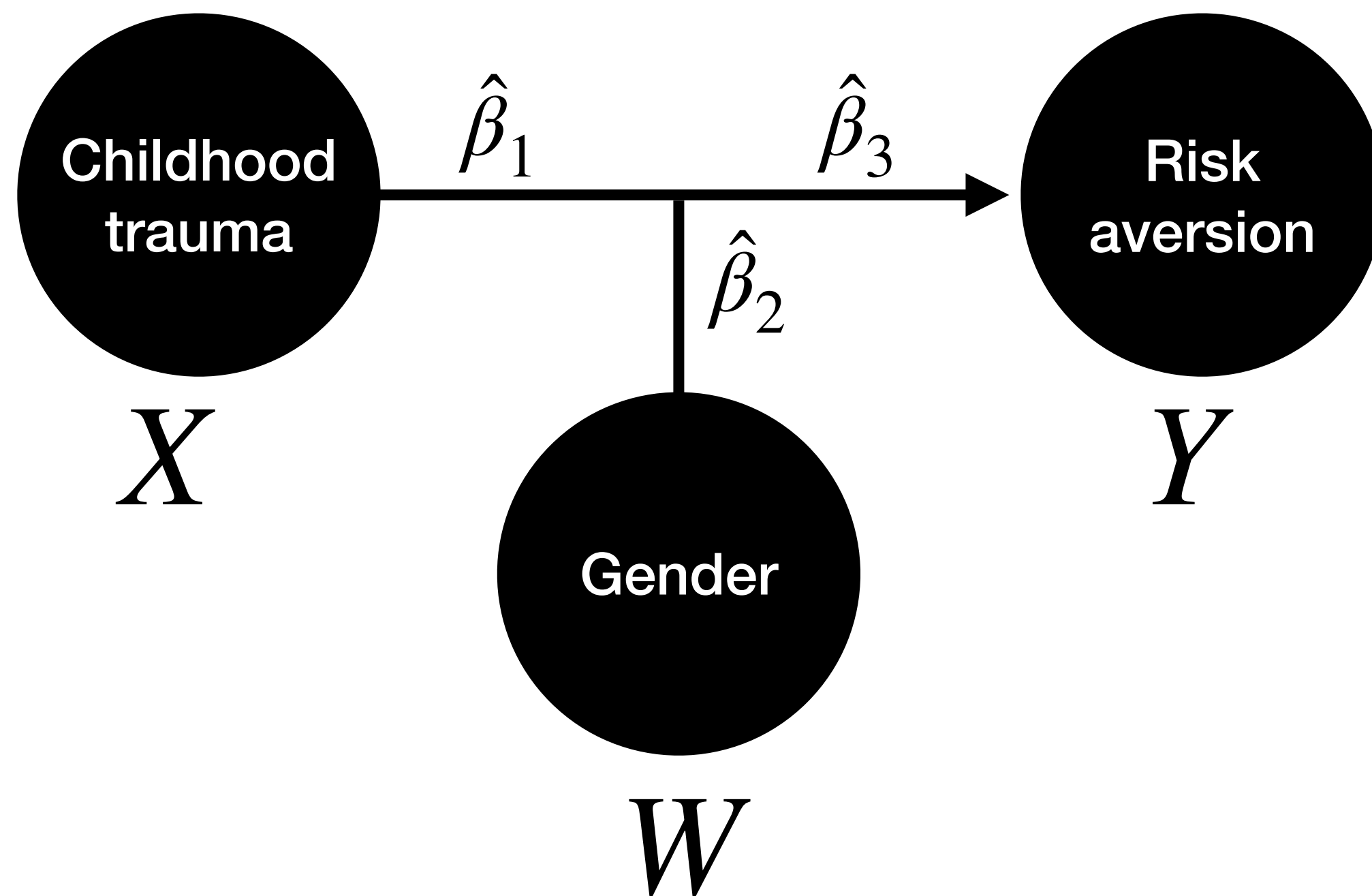
$\hat{\beta}_2$: Units that Y changes with W .

$\hat{\beta}_3$: Units that Y changes with X contingent on changes in W .

$$Y = \hat{\beta}_0 + \hat{\beta}_1 X + \hat{\beta}_2 \underbrace{W}_{\text{moderating variable}} + \hat{\beta}_3 \underbrace{XW}_{\text{moderating effect}}$$

Example: moderation

Q: Is the effect of childhood trauma on risk aversion moderated by gender?

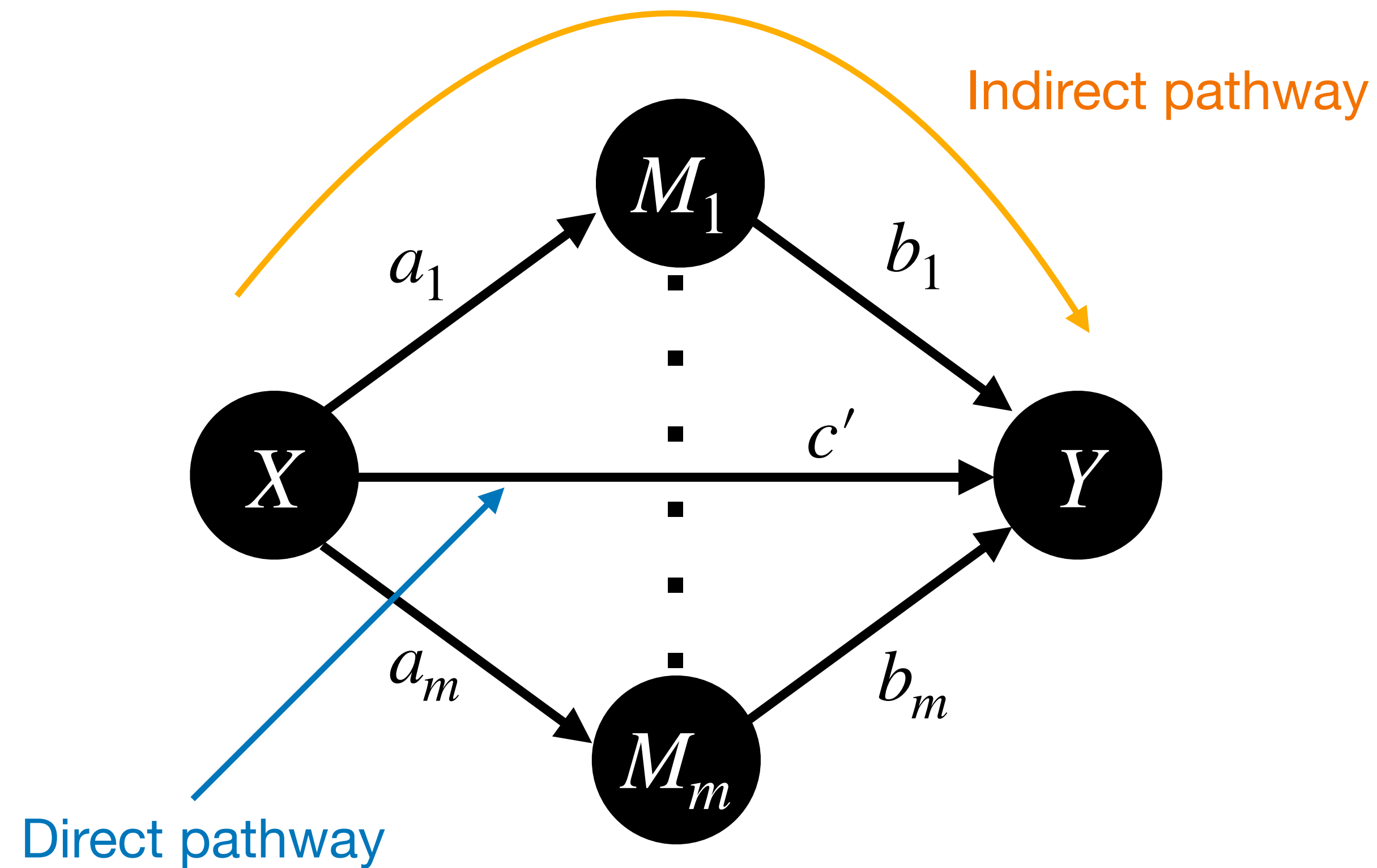


Model

$$Y_{risk} = \hat{\beta}_0 + \hat{\beta}_1 X_{CT} + \hat{\beta}_2 W_{gender} + \hat{\beta}_3 X_{CT} W_{gender}$$

Mediation

Mediation models

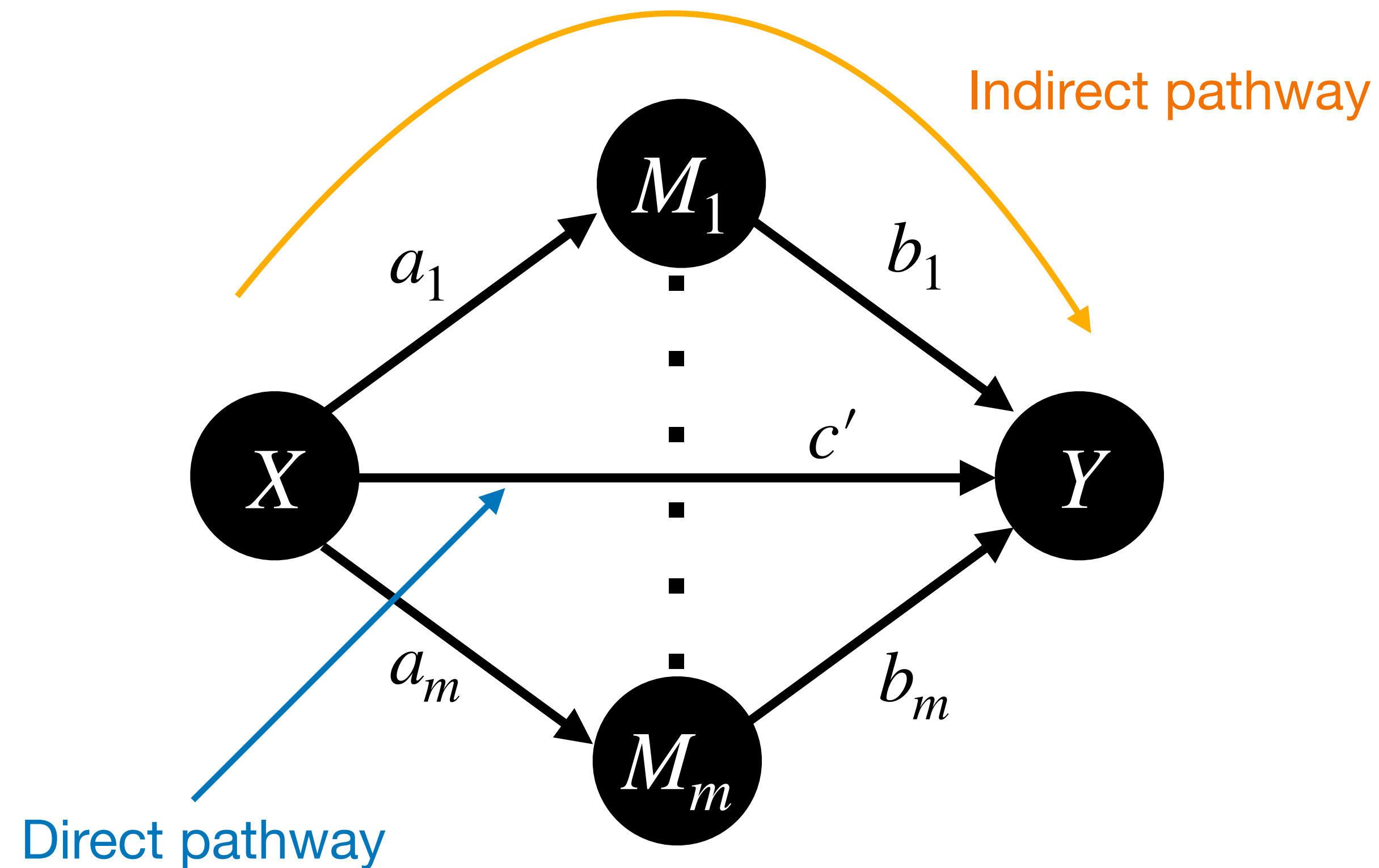


X: Predictor (independent) variable(s).

Y: Response (dependent) variable(s).

M_i : Mediating variable i .

Mediation models



Interpretation

a_i : Influence of X on M_i .

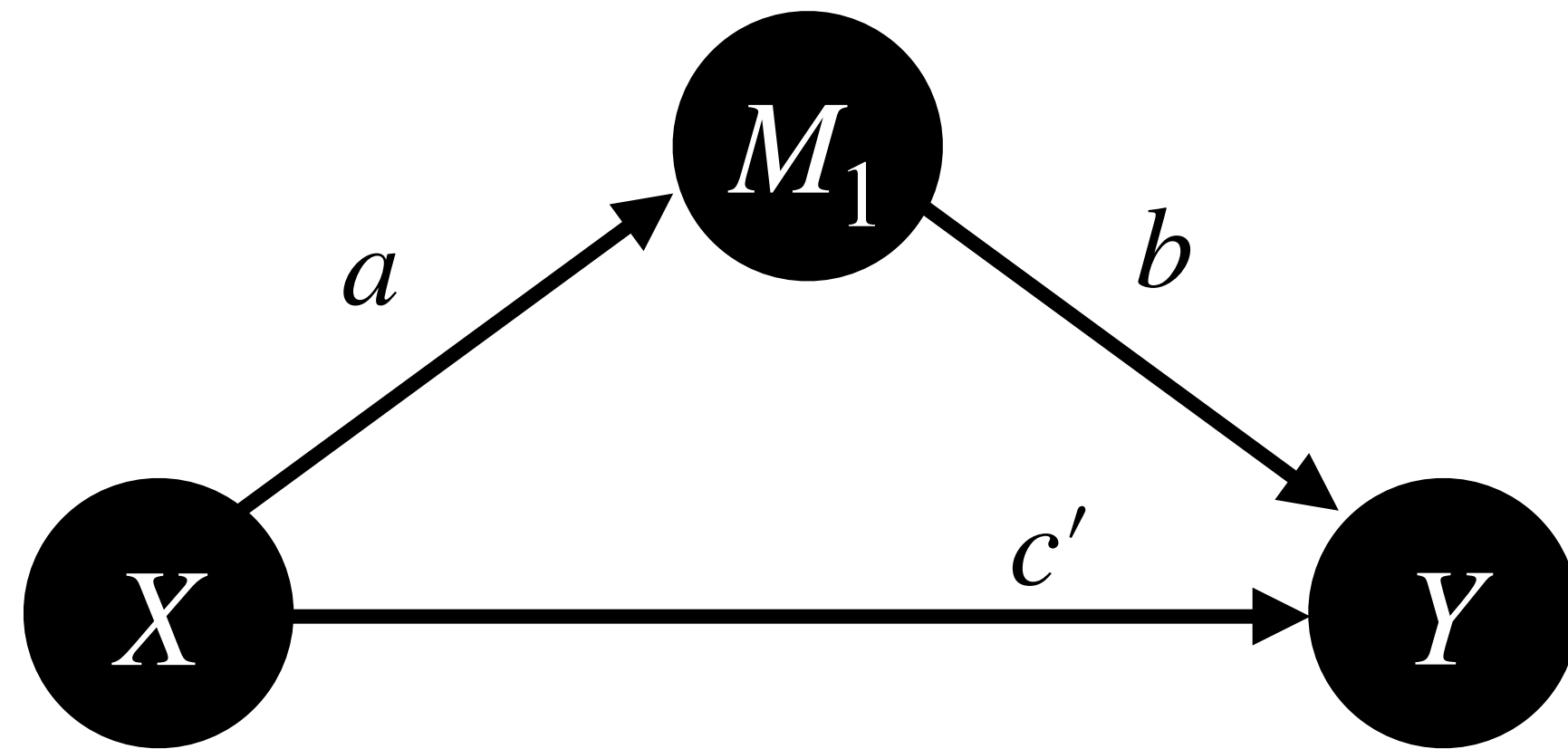
b_i : Influence of M_i on Y .

$a_i b_i$: Indirect influence of X on Y via its influence on M_i .

c' : Direct influence of X on Y after accounting for all indirect effects (i.e., all $M_1 \rightarrow M_m$).

c : Total influence of X on Y without accounting for indirect effects.

Estimating mediation effects



$$\underline{H_0}: ab = 0$$

Evaluate: Bootstrapping

$$95\% CI = E[\hat{a}\hat{b}] \pm 1.96\sigma_{bootstrap}$$

3 regression models

$$1. Y = cX$$

$$2. M = aX$$

$$3. Y = bM + c'X$$

$$Y = bM + c'X$$

$$= b(aX) + c'X$$

$$= \underbrace{abX} + \underbrace{c'X}$$

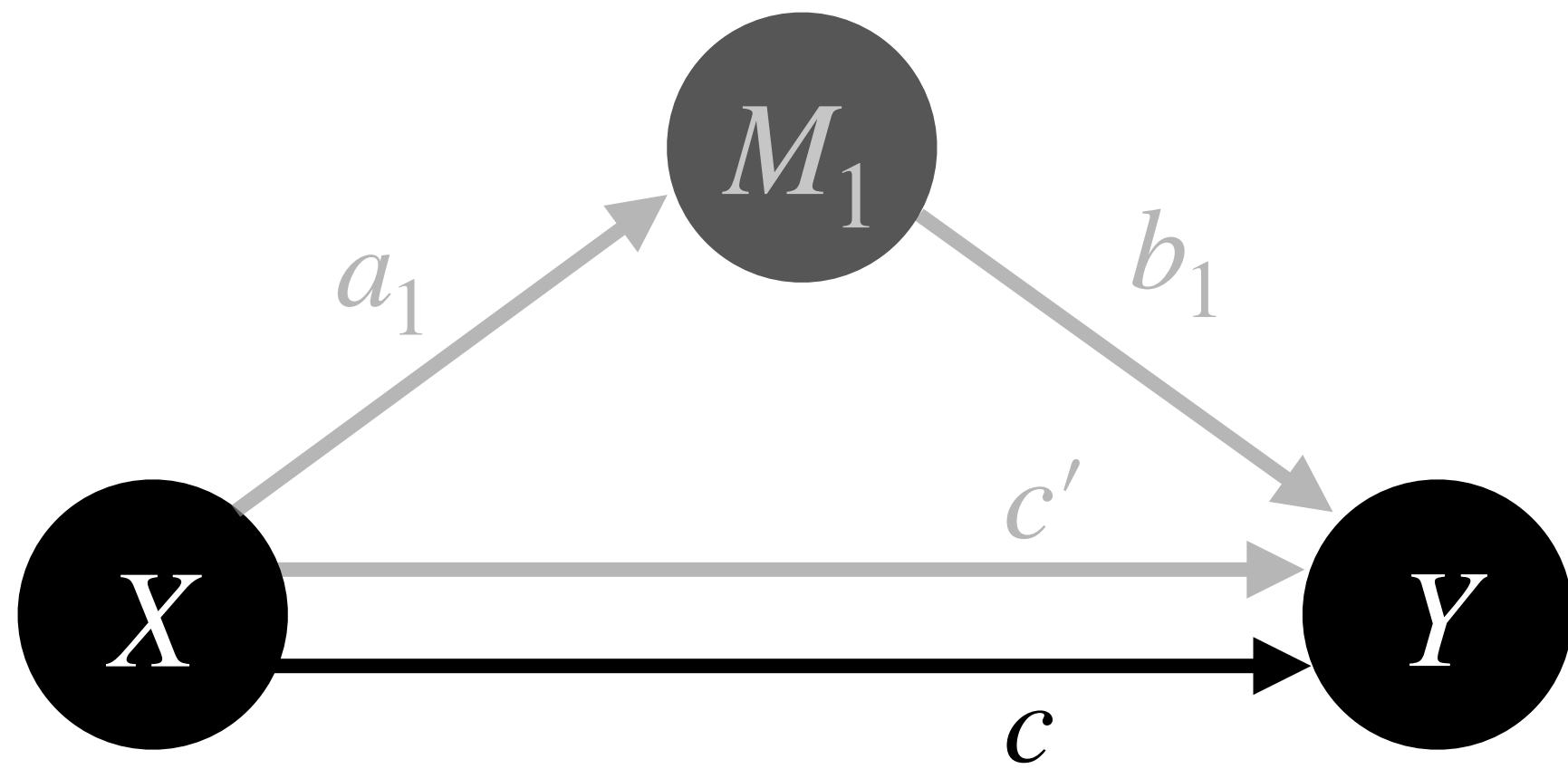
indirect direct

Assumptions

- Both \hat{a} & \hat{b} edges have to be $\neq 0$ for the indirect pathway to be evaluated (i.e., cannot infer indirect pathway effects if only one link is non-zero).
- Very sensitive to low statistical power (\downarrow power = \uparrow false positive rate).

Finding hidden relationships

Sometimes indirect pathways can hide total (c) pathway effects.



$$\begin{aligned} Y &= cX \\ &= b(aX) + c'X \\ &= \underbrace{(ab + c')}_{c} X \end{aligned}$$

Hidden total path

$$c = (ab + c') = 0$$

$$\hookrightarrow \frac{ab}{c'} = -1$$

When direct and indirect pathways have equally opposing influences.

Multiple mediator models

Q: Is the effect of childhood trauma on risk aversion mediated by parental income, psychiatric risk, & social network size.

X : childhood trauma

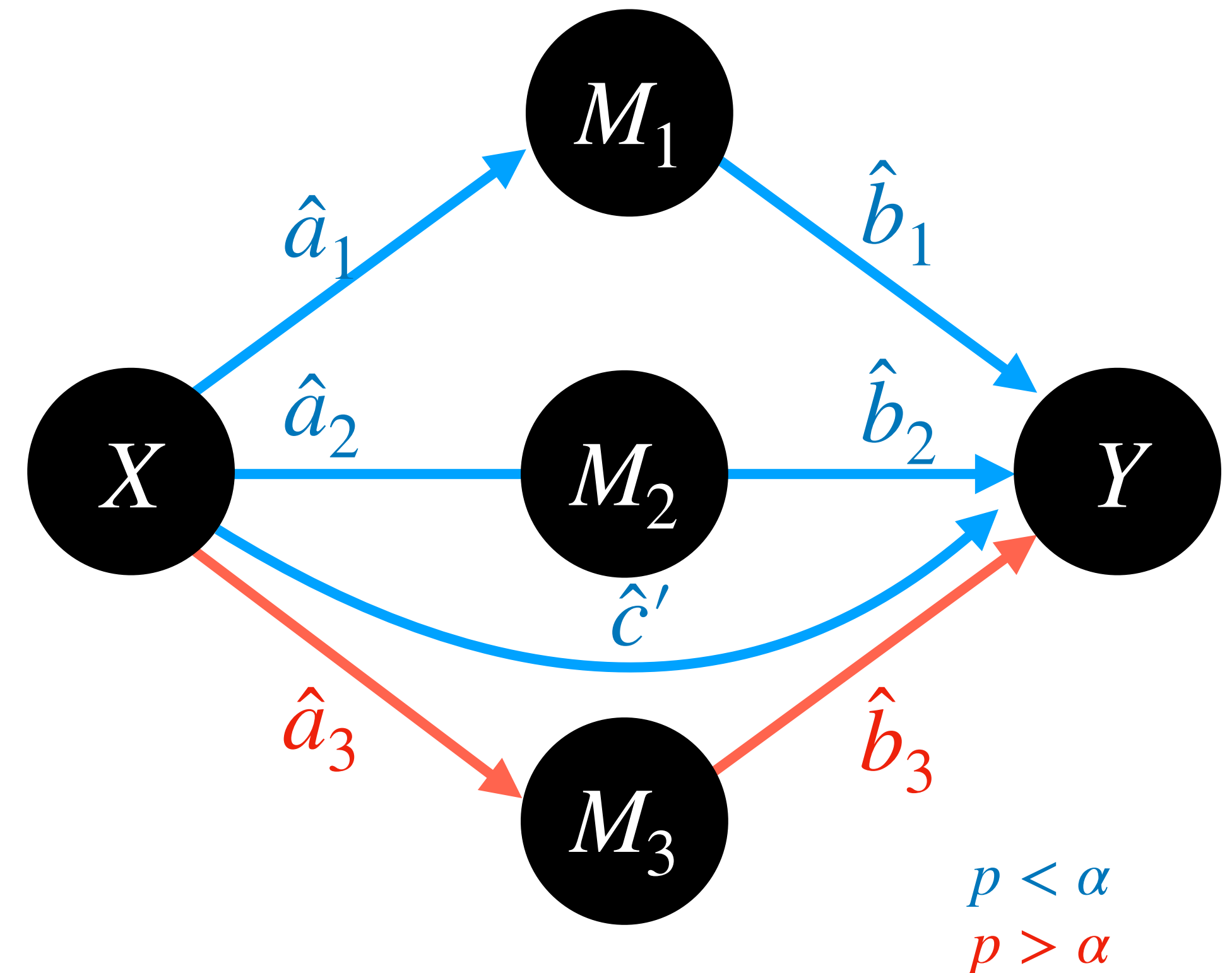
Y : risk aversion

M_1 : parental income

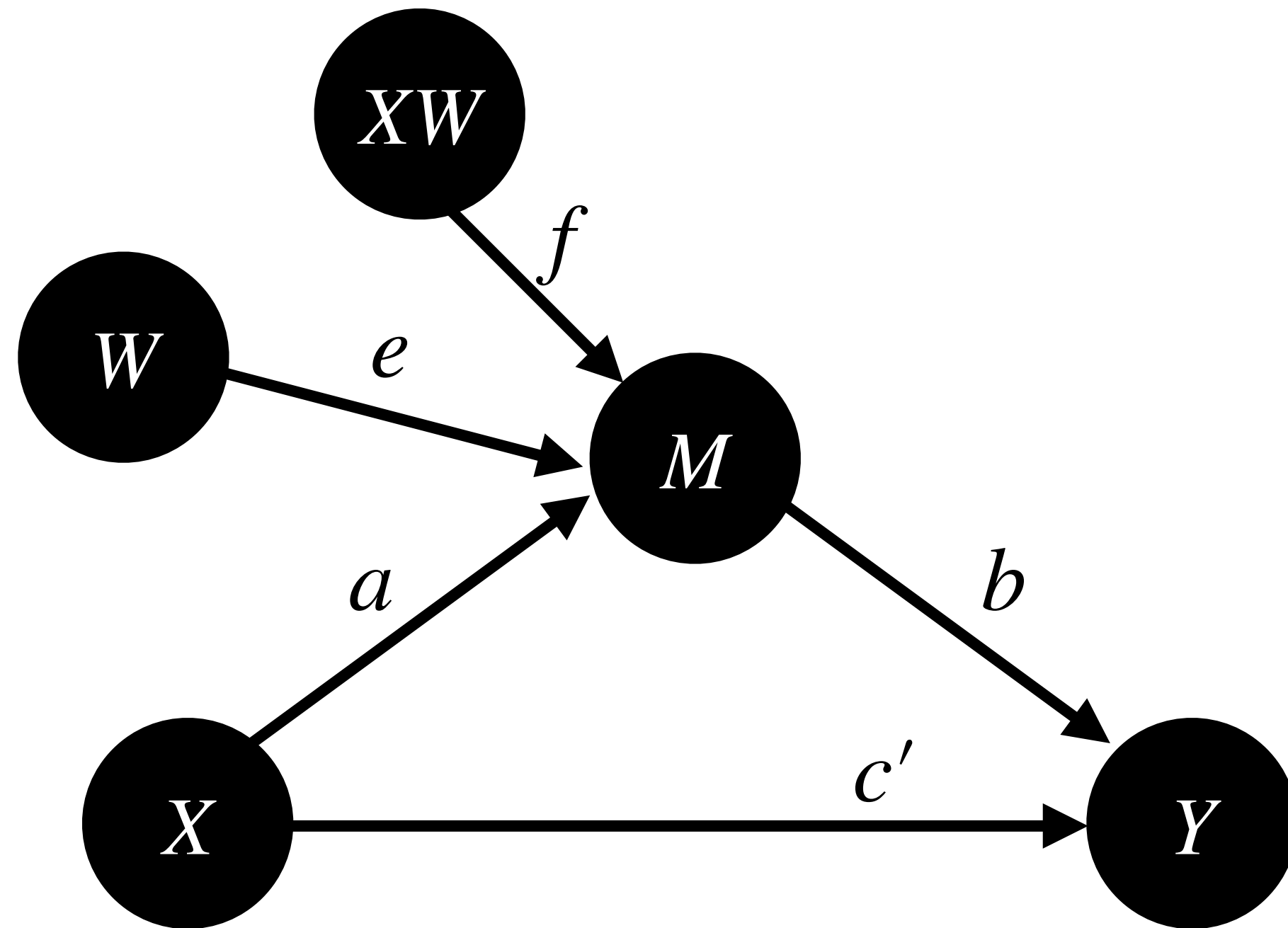
M_2 : psychiatric risk

M_3 : social network size

Model:
$$Y = \sum_{i=1}^p \hat{a}_i \hat{b}_i X_i + \hat{c}' X$$



Moderated mediation models



Does W moderate the indirect relationship between X and Y via M ?

Moderated mediation

$$M = aX + eW + fXW$$

a, e : main effects

f : interaction

Full Model

$$Y = \hat{b}M + \hat{c}'X$$

$$= b(aX + eW + fXW) + c'X$$

Take home message

- Representing relations as graphs provides an intuitive understanding of complex relationships.
- Moderation and mediation models allow for capturing relationships beyond first-order associations, even revealing hidden relationships in your data.