

Meaning and Purpose – Short Form 8a

Please respond to each item by marking one box per row.

| | | Strongly disagree | Disagree | Neither agree nor disagree | Agree | Strongly agree |
|---------|---|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| PA203_C | I have a good sense of what makes my life meaningful. | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| PA205_C | I generally feel that what I do in my life is valuable and worthwhile. | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| PA210_C | I have very clear goals and aims for my life. | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| | | Not at all | A little bit | Somewhat | Quite a bit | Very much |
| PA221_C | My life has meaning | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| PA224_C | My life has significance | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| PA227_C | I have a clear sense of direction in life | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| PA232_C | I experience deep fulfillment in my life | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |
| PA237_C | My life has purpose | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 | <input type="checkbox"/> 4 | <input type="checkbox"/> 5 |