

General Self-Efficacy – Short Form 4a

Please respond to each item by marking one box per row.

For the next set of questions, please read each sentence and rate your level of confidence in managing various situations, problems, and events.

Rate your level of confidence.		I am not at all confident	I am a little confident	I am somewhat confident	I am quite confident	I am very confident
GSE11_C	I can manage to solve difficult problems if I try hard enough.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
GSE14_C	I am confident that I could deal efficiently with unexpected events.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
GSE19_C	If I am in trouble, I can think of a solution.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
GSE20_C	I can handle whatever comes my way.....	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5