Text embedding models yield high-resolution insights into conceptual knowledge from short multiple-choice quizzes

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Abstract

We develop a mathematical framework, based on natural language processing models, for tracking and characterizing the acquisition of conceptual knowledge. Our approach embeds each concept in a high-dimensional representation space, where nearby coordinates reflect similar or related concepts. We test our approach using behavioral data from participants who answered small sets of multiple-choice quiz questions interleaved between watching two course videos from the Khan Academy platform. We apply our framework to the videos' transcripts and the text of the quiz questions to quantify the content of each moment of video and each quiz question. We use these embeddings, along with participants' quiz responses, to track how the learners' knowledge changed after watching each video. Our findings show how a small set of quiz questions may be used to obtain rich and meaningful high-resolution insights into what each learner knows, and how their knowledge changes over time as they learn.

Keywords: education, learning, knowledge, concepts, natural language processing

Introduction

Suppose that a teacher had access to a complete, tangible "map" of everything a student knows. Defining what such a map might even look like, let alone how it might be constructed or filled in, is itself a non-trivial problem. But if a teacher *were* to gain access to such a map, how might it change their ability to teach that student? Perhaps they might start by checking how well the student knows the to-be-learned information already, or how much they know about related concepts. For some students, they could potentially optimize their teaching efforts to maximize efficiency by focusing primarily on not-yet-known content. For other students (or other content areas), it might be more effective to optimize for direct connections between already known content and new material. Observing how the student's knowledge changed over time, in response to their teaching, could also help to guide the teacher towards the most effective strategy for that individual student.

A common approach to assessing a student's knowledge is to present them with a set of quiz questions, calculate the proportion they answer correctly, and provide them with feedback in the form of a simple numeric or letter grade. While such a grade can provide *some* indication of whether the student has mastered the to-be-learned material, any univariate measure of performance on a complex task sacrifices certain relevant information, risks conflating underlying factors, and so on. For example, consider the relative utility of the theoretical map described above that characterizes a student's knowledge in detail, versus a single annotation saying that the student answered 85% of their quiz questions correctly, or that they received a 'B'. Here, we show that the same quiz data required to compute proportion-correct scores or letter grades can instead be used to obtain far more detailed insights into what a student knew at the time they took the quiz.

Designing and building procedures and tools for mapping out knowledge touches on deep questions about what it means to learn. For example, how do we acquire conceptual knowledge? Memorizing course lectures or textbook chapters by rote can lead to the superficial *appearance* of understanding the underlying content, but achieving true conceptual understanding seems to require something deeper and richer. Does conceptual understanding entail connecting newly acquired information to the scaffolding of one's existing knowledge or experience [4, 9, 11, 12, 25, 57]? Or weaving a lecture's atomic elements (e.g., its component words) into a structured network that describes how those individual elements are related [35, 61]? Conceptual understanding could also involve building a mental model that transcends the meanings of those individual atomic elements by reflecting the deeper meaning underlying the gestalt whole [32, 36, 54, 60].

The difference between "understanding" and "memorizing," as framed by researchers in education, cognitive psychology, and cognitive neuroscience [e.g., 20, 23, 28, 36, 54], has profound analogs in the fields of natural language processing and natural language understanding. For example, considering the raw contents of a document (e.g., its constituent symbols, letters, and words) might provide some clues as to what the document is about, just as memorizing a passage might provide some ability to answer simple questions about it. However, text embedding models [e.g., 5, 6, 8, 10, 13, 34, 44, 62] also attempt to capture the deeper meaning *underlying* those atomic elements. These models consider not only the co-occurrences of those elements within and across documents, but (in many cases) also patterns in how those elements appear across different scales (e.g., sentences, paragraphs, chapters, etc.), the temporal and grammatical properties of the elements, and other high-level characteristics of how they are used [37, 38]. To be clear, this is not to say that text embedding models themselves are capable of "understanding" deep conceptual meaning in any traditional sense. But rather, their ability to capture the underlying *structure* of text documents beyond their surface-level contents provides a computational framework through which those document's deeper conceptual meaning may be quantified, explored, and understood. According to these models, the deep conceptual meaning of a document may be captured by a feature vector in a high-dimensional representation space, wherein nearby vectors reflect conceptually related documents. A model that succeeds at capturing an analogue of "understanding" is able to assign nearby feature vectors to two conceptually related documents, *even when the specific words contained in those documents have limited overlap*. In this way, "concepts" are defined implicitly by the model's geometry [e.g., how the embedding coordinate of a given word or document relates to the coordinates of other text embeddings; 49].

Given these insights, what form might a representation of the sum total of a person's knowledge take? First, we might require a means of systematically describing or representing (at least some subset of) the nearly infinite set of possible things a person could know. Second, we might want to account for potential associations between different concepts. For example, the concepts of "fish" and "water" might be associated in the sense that fish live in water. Third, knowledge may have a critical dependency structure, such that knowing about a particular concept might require first knowing about a set of other concepts. For example, understanding the concept of a fish swimming in water first requires understanding what fish and water *are*. Fourth, as we learn, our "current state of knowledge" should change accordingly. Learning new concepts should both update our characterizations of "what is known" and also unlock any now-satisfied dependencies of those newly learned concepts so that they are "tagged" as available for future learning.

Here we develop a framework for modeling how conceptual knowledge is acquired during learning. The central idea behind our framework is to use text embedding models to define the coordinate systems of two maps: a *knowledge map* that describes the extent to which each concept is currently known, and a *learning map* that describes changes in knowledge over time. Each location on these maps represents a single concept, and the maps' geometries are defined such that related concepts are located nearby in space. We use this framework to analyze and interpret behavioral data collected from an experiment that had participants answer sets of multiple-choice questions about a series of recorded course lectures.

Our primary research goal is to advance our understanding of what it means to acquire deep, real-world conceptual knowledge. Traditional laboratory approaches to studying learning and memory (e.g., list-learning studies) often draw little distinction between memorization and understanding. Instead, these studies typically focus on whether information is effectively encoded or retrieved, rather than whether the information is *understood*. Approaches to studying conceptual learning, such as category learning experiments, can begin to investigate the distinction between memorization and understanding, often by training participants to distinguish arbitrary or random features in otherwise meaningless categorized stimuli [1, 17, 18, 21, 26, 52]. However the objective of real-world training, or learning from life experiences more generally, is often to develop new knowledge that may be applied in *useful* ways in the future. In this sense, the gap between modern learning theories and modern pedagogical approaches that inform classroom learning strategies is enormous: most of our theories about *how* people learn are inspired by experimental paradigms and models that have only peripheral relevance to the kinds of learning that students and teachers actually seek [23, 36]. To help bridge this gap, our study uses course materials from real online courses to inform, fit, and test models of real-world conceptual learning. We also provide a demonstration of how our models can be used to construct "maps" of what students know, and how their knowledge changes with training. In addition to helping to visually capture knowledge (and changes in knowledge), we hope that such maps might lead to real-world tools for improving how we educate. Taken together, our work shows that existing course materials and evaluative tools like short multiple-choice quizzes may be leveraged to gain highly detailed insights into what students know and how they learn.

Results

At its core, our main modeling approach is based around a simple assumption that we sought to test empirically: all else being equal, knowledge about a given concept is predictive of knowledge about similar or related concepts. From a geometric perspective, this assumption implies that knowledge is fundamentally "smooth." In other words, as one moves through a space representing an individual's knowledge (where similar concepts occupy nearby coordinates), their "level of knowledge" should change relatively gradually. To begin to test this smoothness assumption, we sought to track participants' knowledge and how it changed over time in response to training. Two overarching goals guide our approach. First, we want to gain detailed insights into what learners know at different points in their training. For example, rather than simply reporting on the proportions of questions participants answer correctly (i.e., their overall performance), we seek estimates of their knowledge about a variety of specific concepts. Second, we want our approach to be potentially scalable to large numbers of diverse concepts, courses, and students. This requires that the conceptual content of interest be discovered *automatically*, rather than relying on manually produced ratings or labels.

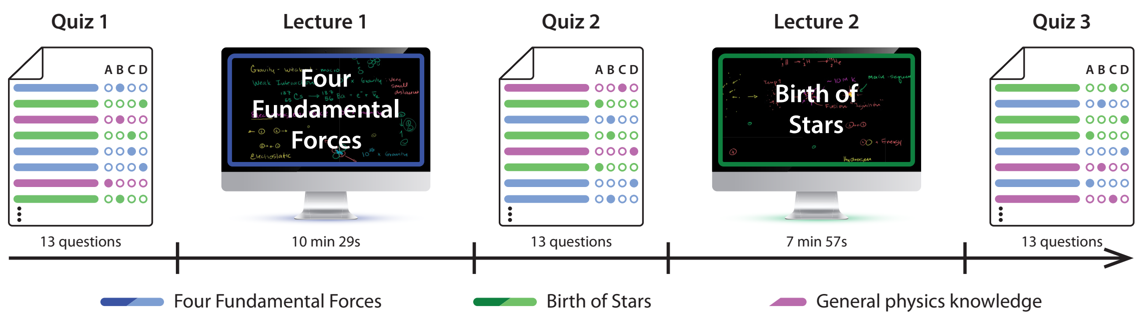

Figure 1: Experimental paradigm. Participants alternate between completing three 13-question multiple-choice quizzes and watching two Khan Academy lectures. Each quiz contains a mix of 5 questions about Lecture 1, 5 questions about Lecture 2, and 3 questions about general physics knowledge. The specific questions reflected on each quiz, and the orders of each quiz's questions, were randomized across participants.

We asked participants in our study to complete brief multiple-choice quizzes before, between, and after watching two lecture videos from the Khan Academy [31] platform (Fig. 1). The first lecture video, entitled *Four Fundamental Forces*, discussed the four fundamental forces in physics: gravity, strong and weak interactions, and electromagnetism. The second, entitled *Birth of Stars*, provided an overview of our current understanding of how stars form. We selected these particular lectures to satisfy three general criteria. First, we wanted both lectures to be accessible to a broad audience (i.e., with minimal prerequisite knowledge) so as to limit the impact of prior training on participants' abilities to learn from the lectures. To this end, we selected two introductory videos that were intended to be viewed at the start of students' training in their respective content areas. Second, we wanted the two lectures to have some related content, so that we could test our approach's ability to distinguish similar conceptual content. To this end, we chose two videos from the same Khan Academy course domain, "Cosmology and Astronomy." Third, we sought to minimize dependencies and specific overlap between the videos. For example, we did not want participants' abilities to understand one video to (directly) influence their abilities to understand the other. To satisfy this last criterion, we chose videos from two different lecture series (Lectures 1 and 2 were from the "Scale of the Universe" and "Stars, Black Holes, and Galaxies" series, respectively).

We also wrote a set of multiple-choice quiz questions that we hoped would enable us to evaluate participants' knowledge about each individual lecture, along with related knowledge

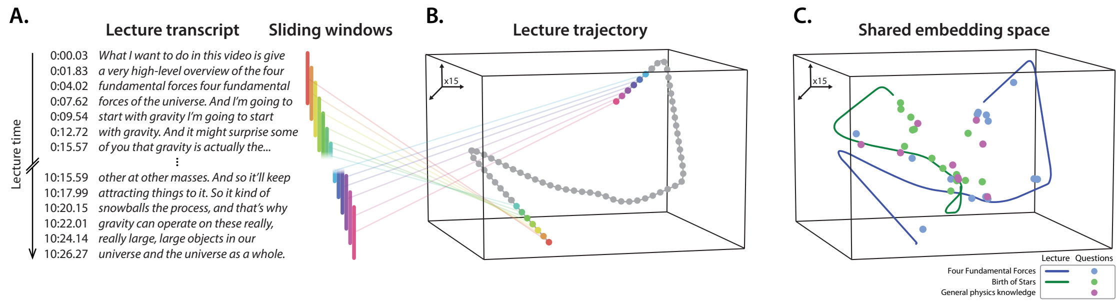

Figure 2: Modeling course content. A. Building a document pool from sliding windows of text. We decompose each lecture's transcript into a series of overlapping sliding windows. The full set of transcript snippets (across all windows) may be treated as a set of "documents" for training a text embedding model. **B. Constructing lecture content *trajectories*.** After training the model on the sliding windows from both lectures, we transform each lecture into a "trajectory" through text embedding space by joining the embedding coordinates of successive sliding windows parsed from its transcript. **C. Embedding multiple lectures and questions in a shared space.** We apply the same model (trained on the two lectures' windows) to both lectures, along with the text of each question in our pool (Supp. Tab. 1), to project them into a shared text embedding space. This results in one trajectory per lecture and one coordinate for each question. Here, we have projected the 15-dimensional embeddings onto their first 3 principal components for visualization.

about physics concepts not specifically presented in either video (see Supp. Tab. 1 for the full list of questions in our stimulus pool). Participants answered questions randomly drawn from each content area (Lecture 1, Lecture 2, and general physics knowledge) on each of the three quizzes. Quiz 1 was intended to assess participants' "baseline" knowledge before training, Quiz 2 assessed knowledge after watching the *Four Fundamental Forces* video (i.e., Lecture 1), and Quiz 3 assessed knowledge after watching the *Birth of Stars* video (i.e., Lecture 2).

To study in detail how participants' conceptual knowledge changed over the course of the experiment, we first sought to model the conceptual content presented to them at each moment throughout each of the two lectures. We adapted an approach we developed in prior work [24] to identify the latent themes in the lectures using a topic model [6]. Briefly, topic models take as input a collection of text documents, and learn a set of "topics" (i.e., latent themes) from their contents. Once fit, a topic model can be used to transform arbitrary (potentially new) documents into sets of "topic proportions," describing the weighted blend of learned topics reflected in their texts. We parsed automatically generated transcripts of the two lectures into overlapping sliding windows, where each window contained the text of the lecture transcript from a particular time span. We treated the set of text snippets (across all of these windows) as documents to fit the model (Fig. 2A; see *Constructing text embeddings of multiple lectures and questions*). Transforming the text from every sliding window with the model yielded a number-of-windows by number-of-topics (15) topic-proportions matrix describing the unique mixture of broad themes from both lectures reflected in each window's text. Each window's "topic vector" (i.e., column of the topic-proportions matrix) is analogous to a coordinate in a 15-dimensional space whose axes are topics discovered by the model. Within this space, each lecture's sequence of topic vectors (i.e., corresponding to its transcript's overlapping text snippets across sliding windows) forms a *trajectory* that captures how its conceptual content unfolds over time (Fig. 2B). We resampled these trajectories to a resolution of one topic vector for each second of video (i.e., 1 Hz).

We hypothesized that a topic model trained on transcripts of the two lectures should also capture the conceptual knowledge probed by each quiz question. If indeed the topic model could capture information about the deeper conceptual content of the lectures (i.e., beyond surface-level details such as particular word choices), then we should be able to recover a correspondence between each lecture and questions *about* each lecture. Importantly, such a correspondence could not solely arise from superficial text matching between lecture transcripts and questions, since the lectures and questions often used different words (Supp. Fig. 5) and phrasings. Simply comparing the average topic weights from each lecture and question set (averaging across time and questions, respectively) reveals a striking correspondence (Supp. Fig. 2). Specifically, the average topic weights from Lecture 1 are strongly correlated with the average topic weights from Lecture 1 questions ($r(13) = 0.809$, $p < 0.001$, 95% confidence interval (CI) = [0.633, 0.962]), and the average topic weights from Lecture 2 are strongly correlated with the average topic weights from Lecture 2 questions ($r(13) = 0.728$, $p = 0.002$, 95% CI = [0.456, 0.920]). At the same time, the average topic weights from the two lectures are *negatively* correlated with their non-matching question sets (Lecture 1 video vs. Lecture 2 questions: $r(13) = -0.547$, $p = 0.035$, 95% CI = [−0.812, −0.231]; Lecture 2 video vs. Lecture 1 questions: $r(13) = -0.612$, $p = 0.015$, 95% CI = [−0.874, −0.281]), indicating that the topic model also exhibits some degree of specificity. The full set of pairwise comparisons between average topic weights for the lectures and question sets is reported in

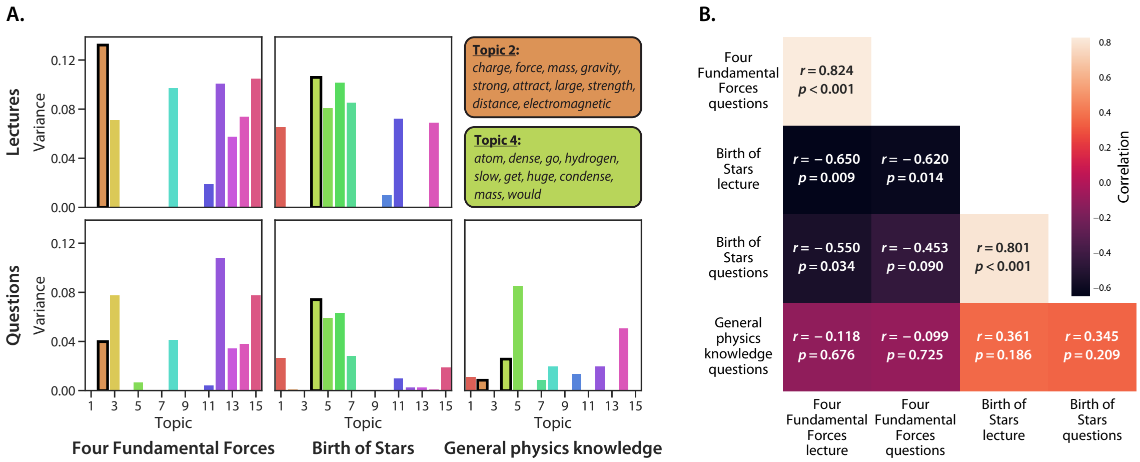

Figure 3: Lecture and question topic overlap. A. Topic weight variability. The bar plots display the variance of each topic's weight across lecture timepoints (top row) and questions (bottom row); colors denote topics. The top-weighted words from the most "expressive" (i.e., variable across observations) topic from each lecture are displayed in the upper right (orange: topic 2; yellow-green: topic 4). The top-weighted words from the full set of topics may be found in Supplementary Table 2. **B. Relationships between topic weight variability.** Pairwise correlations between the distributions of topic weight variance for each lecture and question set. Each row and column corresponds to a bar plot in Panel A.

Supplementary Figure 2.

Another, more sensitive, way of summarizing the conceptual content of the lectures and questions is to look at *variability* in how topics are weighted over time and across different questions (Fig. 3). Intuitively, the variability in the expression of a given topic relates to how much "information" [19] the lecture (or question set) reflects about that topic. For example, suppose a given topic is weighted on heavily throughout a lecture. That topic might be characteristic of some aspect or property of the lecture *overall* (conceptual or otherwise), but unless the topic's weights changed in meaningful ways over time, the topic would be a poor indicator of any *specific* conceptual content in the lecture. We therefore also compared the variances in topic weights (across time or questions) between the lectures and questions. The variability in topic expression (over time and across questions) was similar for the Lecture 1 video and questions ($r(13) = 0.824$, $p < 0.001$, 95% CI = [0.696, 0.973]) and the Lecture 2 video and questions ($r(13) = 0.801$, $p < 0.001$, 95% CI = [0.539, 0.958]). Simultaneously, as reported in Figure 3B, the variability in topic expression across *different* videos and lecture-specific questions (i.e., Lecture 1 video vs. Lecture 2 questions;

Lecture 2 video vs. Lecture 1 questions) were negatively correlated, and neither video's topic variability was reliably correlated with the topic variability across general physics knowledge questions. Taken together, the analyses reported in Figure 3 and Supplementary Figure 2 indicate that a topic model fit to the videos' transcripts can also reveal correspondences (at a coarse scale) between the lectures and questions.

While an individual lecture may be organized around a single broad theme at a coarse scale, at a finer scale, each moment of a lecture typically covers a narrower range of content. Given the correspondence we found between the variability in topic expression across moments of each lecture and questions from its corresponding set (Fig. 3), we wondered whether the text embedding model might additionally capture these conceptual relationships at a finer scale. For example, if a particular question asks about the content from one small part of a lecture, we wondered whether the text embeddings could be used to automatically identify the "matching" moment(s) in the lecture. To explore this, we computed the correlation between each question's topic weights and the topic weights for each second of its corresponding lecture, and found that each question appeared to be temporally specific (Fig. 4). In particular, most questions' topic vectors were maximally correlated with a well-defined (and relatively narrow) range of timepoints from their corresponding lectures, and the correlations fell off sharply outside of that range (Supp. Figs. 3, 4). We also qualitatively examined the best-matching intervals for each question by comparing the question's text to the text of the most-correlated parts of the lectures (Supp. Tab. 3). Despite that the questions were excluded from the text embedding model's training set, in general we found (through manual inspection) a close correspondence between the conceptual content that each question probed and the content covered by the best-matching moments of the lectures. Two representative examples are shown at the bottom of Figure 4.

The ability to quantify how much each question is "asking about" the content from each moment of the lectures could enable high-resolution insights into participants' knowledge. Traditional approaches to estimating how much a student "knows" about the content of a given lecture entail computing the proportion of correctly answered questions. But if two students receive identical scores on an exam, might our modeling framework help us to gain more nuanced insights into the

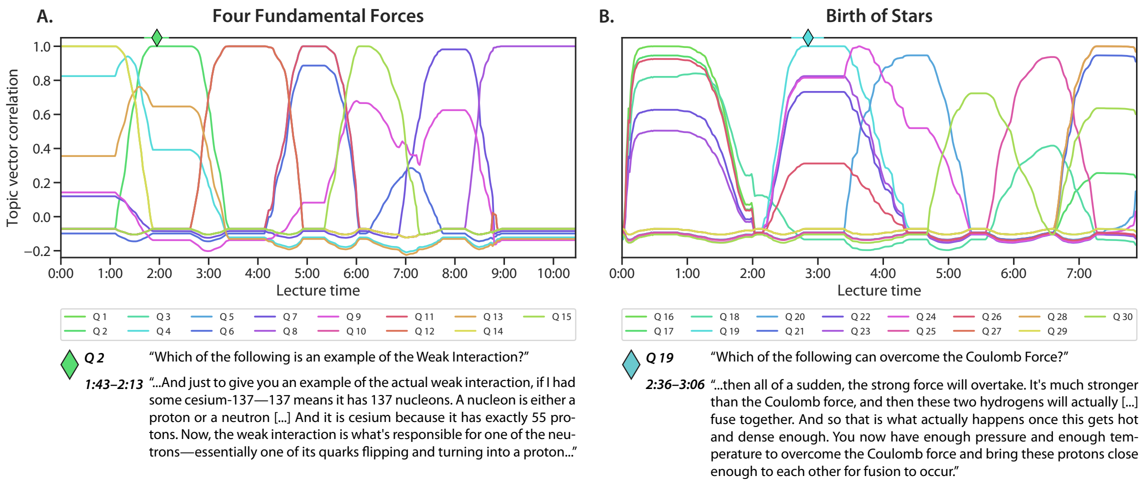

Figure 4: Which parts of each lecture are captured by each question? Each panel displays time series plots showing how each question's topic vector correlates with each video timepoint's topic vector (Panel **A.**: correlations for the *Four Fundamental Forces* lecture and associated questions; Panel **B.**: correlations for the *Birth of Stars* lecture and associated questions). The colors denote question identities. The diamonds in each panel denote the moment of peak correlation between the indicated question and the lecture trajectory. The associated questions' text and snippets of the lectures' transcripts from the surrounding 30 seconds, are displayed at the bottom of the figure.

specific content that each student has mastered (or failed to master)? For example, a student who misses three questions that were all about the same concept (e.g., concept A) will have gotten the same *proportion* of questions correct as another student who missed three questions about three *different* concepts (e.g., A, B, and C). But if we wanted to help these two students fill in the "gaps" in their understandings, we might do well to focus specifically on concept A for the first student, but to also add in materials pertaining to concepts B and C for the second student. In other words, raw "proportion-correct" measures may capture *how much* a student knows, but not *what* they know. We wondered whether our modeling framework might enable us to (formally and automatically) infer participants' knowledge at the scale of individual concepts (e.g., as captured by a single moment of a lecture).

We developed a simple formula (Eqn. 1) for using a participant's responses to a small set of multiple-choice questions to estimate how much the participant "knows" about the concept reflected by any arbitrary coordinate, x, in text embedding space (e.g., the content reflected by any moment in a lecture they had watched; see *Estimating dynamic knowledge traces*). Essentially, the estimated knowledge at coordinate x is given by the weighted average proportion of quiz questions the participant answered correctly, where the weights reflect how much each question is "about" the content at x. When we apply this approach to estimate the participant's knowledge about the content presented in each moment of each lecture, we can obtain a detailed time course describing how much "knowledge" the participant has about the content presented at any part of the lecture. As shown in Figure 5A and C, we can apply this approach separately for the questions from each quiz participants took throughout the experiment. From just a few questions per quiz (see *Estimating dynamic knowledge traces*), we obtain a high-resolution snapshot (at the time each quiz was taken) of what the participants knew about any moment's content, from either of the two lectures they watched (comprising a total of 1,100 samples across the two lectures).

While the time courses in Figure 5A and C provide detailed *estimates* about participants' knowlege, these estimates are of course only *useful* to the extent that they accurately reflect what participants actually know. As one sanity check, we anticipated that the knowledge estimates should reflect a content-specific "boost" in participants' knowledge after watching each lecture. In other words, if participants learn about each lecture's content when they watch each lecture, the knowledge estimates should capture that. After watching the *Four Fundamental Forces* lecture, participants should exhibit more knowledge for the content of that lecture than they had before, and that knowledge should persist for the remainder of the experiment. Specifically, knowledge about that lecture's content should be relatively low when estimated using Quiz 1 responses, but should increase when estimated using Quiz 2 or 3 responses (Fig. 5B). Indeed, we found that participants' estimated knowledge about the content of *Four Fundamental Forces* was substantially higher on Quiz 2 versus Quiz 1 ($t(49) = 8.764$, $p < 0.001$) and on Quiz 3 versus Quiz 1 ($t(49) = 10.519$, $p < 0.001$). We found no reliable differences in estimated knowledge about that lecture's content on Quiz 2 versus 3 ($t(49) = 0.160$, $p = 0.874$). Similarly, we hypothesized (and subsequently confirmed) that participants should show greater estimated knowledge about the content of the *Birth of Stars* lecture after (versus before) watching it (Fig. 5D). Specifically, since participants watched that lecture after taking Quiz 2 (but before Quiz 3), we hypothesized that their

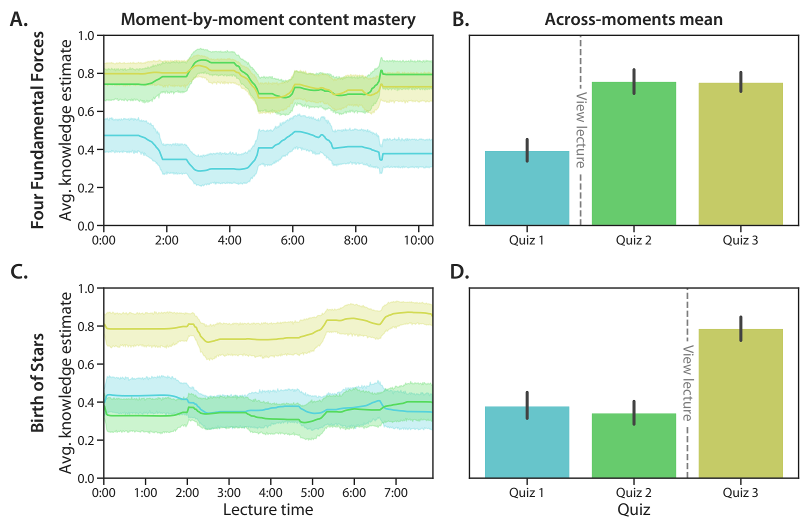

Figure 5: Estimating knowledge about the content presented at each moment of each lecture. A. Knowledge about the time-varying content of *Four Fundamental Forces*. Each trace displays the weighted proportion of correctly answered questions about the content reflected in each moment of the lecture (see *Estimating dynamic knowledge traces*), using responses from a single quiz (color). The traces are averaged across participants. **B. Average estimated knowledge about Four Fundamental Forces.** Each bar displays the across-timepoint average knowledge, estimated using the responses to one quiz's questions. **C. Knowledge about the time-varying content of *Birth of Stars*.** The panel is in the same format as Panel A, but here the knowledge estimates are for the moment-by-moment content of the *Birth of Stars* lecture. **D. Average estimated knowledge about *Birth of Stars*.** The panel is in the same format as Panel B, but here the knowledge estimates are for the content of the *Birth of Stars* lecture. All panels: error ribbons and error bars denote 95% confidence intervals, estimated across participants.

knowledge estimates should be relatively low on Quizzes 1 and 2, but should show a "boost" on Quiz 3. Consistent with this prediction, we found no reliable differences in estimated knowledge about the *Birth of Stars* lecture content on Quizzes 1 versus 2 ($t(49) = 1.013$, $p = 0.316$), but the estimated knowledge was substantially higher on Quiz 3 versus 2 ($t(49) = 10.561$, $p < 0.001$) and Quiz 3 versus 1 ($t(49) = 8.969$, $p < 0.001$).

If we are able to accurately estimate a participant's knowledge about the content tested by a given question, our estimates of their knowledge should carry some predictive information about whether the participant is likely to answer that question correctly or incorrectly. We developed a statistical approach to test this claim. For each question, in turn, we used Equation 1 to predict each participant's knowledge at the given question's embedding space coordinate, using all *other* questions that participant answered on the same quiz. For each quiz, we grouped these predicted knowledge values into two distributions: one for the predicted knowledge at the coordinates of *correctly* answered questions, and another for the predicted knowledge at the coordinates of *incorrectly* answered questions (Fig. 6). We then used Mann-Whitney U-tests to compare the means of these distributions of predicted knowledge.

We carried out these analyses in three different ways. First, we used all (but one) of the questions from a given quiz (and participant) to predict knowledge at the embedding coordinate of a held-out question ("All questions" in Fig. 6). This test was intended to serve as an overall baseline for the predictive power of our approach. Second, we used questions about one lecture to predict knowledge at the embedding coordinate of a held-out question about the *other* lecture, from the same quiz and participant ("Across-lecture" in Fig. 6). This test was intended to test the *generalizability* of our approach by asking whether our knowledge predictions held across the content areas of the two lectures. Third, we used questions about one lecture to predict knowledge at the embedding coordinate of a held-out question about the *same* lecture, from the same quiz and participant ("Within-lecture" in Fig. 6). This test was intended to test the *specificity* of our approach by asking whether our knowledge predictions could distinguish between questions about different content covered by the same lecture. We repeated each of these analyses using all possible held-out questions for each quiz and participant.

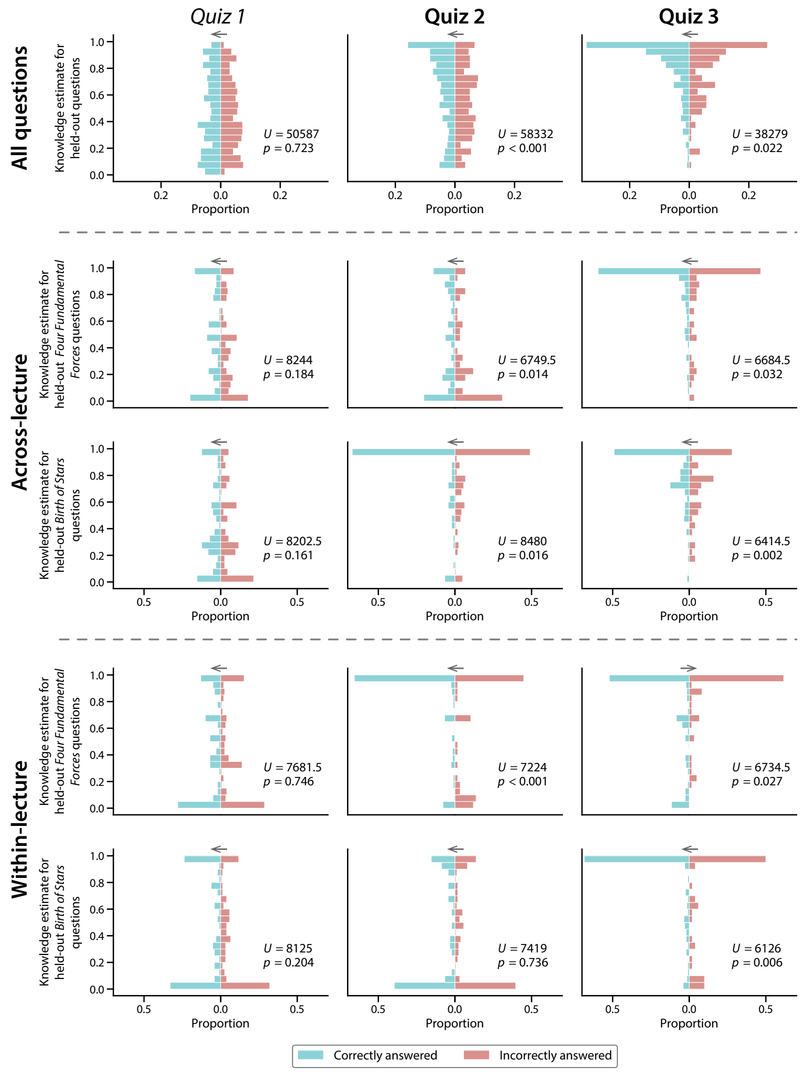

Figure 6: Predicting knowledge at the embedding coordinates of held-out questions. Separately for each quiz (panel), we plot the distributions of predicted knowledge at the embedding coordinates of each held-out correctly (blue) or incorrectly (red) answered question. The Mann-Whitney U-tests reported in each panel are between the distributions of predicted knowledge at the coordinates of correctly and incorrectly answered held-out questions. In the top row ("All questions"), we used all quiz questions (from each quiz, for each participant) except one to predict knowledge at the held-out question's embedding coordinate. In the middle rows ("Across-lecture"), we used all questions about one lecture to predict knowledge at the embedding coordinate of a held-out question about the *other* lecture. In the bottom row ("Within-lecture"), we used all but one question about one lecture to predict knowledge at the embedding coordinate of a held-out question about the *same* lecture. We repeated each of these analyses using all possible held-out questions for each quiz and participant.

For the initial quizzes participants took (prior to watching either lecture), predicted knowledge tended to be low overall, and relatively unstructured (Fig. 6, left column). When we held out individual questions and predicted their knowledge at the held-out questions' embedding coordinates, we found no reliable differences in the predictions when the held-out question had been correctly versus incorrectly answered. This "null" effect persisted when we used *all* of the Quiz 1 questions from a given participant to predict a held-out question ("All questions"; U = 50587, $p = 0.723$), when we used questions from one lecture to predict knowledge at the embedding coordinate of a held-out question about the *other* lecture ("Across-lecture"; predicting knowledge for held-out *Four Fundamental Forces Questions* using *Birth of Stars* questions: U = 8244, $p = 0.184$; predicting knowledge for held-out *Birth of Stars* questions: U = 8202.5, $p = 0.161$), and when we used questions from one lecture to predict knowledge at the embedding coordinate of a held-out question about the *same* lecture ("Within-lecture"; *Four Fundamental Forces*: U = 7681.5, $p = 0.746$; *Birth of Stars*: U = 8125, $p = 0.204$). We believe that this reflects a floor effect: when knowledge is low everywhere, there is little signal to differentiate between what is known versus unknown.

After watching *Four Fundamental Forces*, predicted knowledge for held-out questions that were answered correctly (from the second quiz; Fig. 6, middle column) exhibited a significantly shift relative to held-out questions that were answered incorrectly. This held when we included all questions in the analysis (U = 58332, $p < 0.001$), when we predicted knowledge across-lectures (*Four Fundamental Forces*: U = 6749.5, $p = 0.014$; *Birth of Stars*: U = 8480, $p = 0.016$), and when we predicted knowledge at the embedding coordinates of held-out *Four Fundamental Forces* questions using other *Four Fundamental Forces* questions from the same quiz and participant (U = 7224, $p < 0.001$). This difference did *not* hold for within-lecture knowledge predictions at knowledge at embedding space coordinates of *Birth of Stars* questions (U = 7419, $p = 0.739$). Again, we suggest that this might reflect a floor effect whereby knowledge about the content of the *Birth of Stars* material is relatively low everywhere in that region of text embedding space.

Finally, after watching *Birth of Stars*, predicted knowledge for held-out correctly answered questions (from the third quiz; Fig. 6, right column) was higher than for held-out incorrectly answered questions. This held when we included all questions in the analysis (U = 38279, $p = 0.022$), when we carried out across-lecture predictions (*Four Fundamental Forces*: U = 6684.5, p = 0.032; *Birth of Stars*: U = 6414.5, p = 0.002), and and when we carried out within-lecture knowledge predictions for held-out *Birth of Stars* questions using other *Birth of Stars* questions from the same quiz and participant (U = 6126, p = 0.006). However, we found the *opposite* effect when we carried out within-lecture knowledge predictions for held-out *Four Fundamental Forces* questions using other *Four Fundamental Forces* questions from the same quiz and participant (U = 6734, p = 0.027). Specifically, on Quiz 3, our knowledge predictions for held-out correctly answered questions about *Four Fundamental Forces* were reliably *lower* than those for their incorrectly answered counterparts. Speculatively, we suggest that this may reflect participants forgetting some of the *Four Fundamental Forces* content. If this forgetting happens in a relatively "random" way (with respect to spatial distance within the text embedding space), then it could explain why some held-out questions about *Four Fundamental Forces* were answered incorrectly, even if questions at nearby coordinates (i.e., about similar content) were answered correctly. This might lead our approach to over-estimate knowledge for held-out questions about "forgotten" knowledge that participants answered incorrectly. Taken together, the results in Figure 6 indicate that our approach can reliably predict acquired knowledge (especially about recently learned content), and that the knowledge predictions are generalizable across the content areas spanned by the two lectures, while also specific enough to distinguish between questions about more subtly different content within the same lecture.

That the knowledge predictions derived from the text embedding space reliably distinguish between held-out correctly versus incorrectly answered questions (Fig. 6) suggests that the text embedding space bears at least some relationship to participants' knowledge. But what does that relationship look like as we move through the embedding space? For example, suppose we know that a participant answers a question (at embedding coordinate X) correctly. As we move away from X in the embedding space, how does quiz performance "fall off" with distance? Or, suppose the participant instead answered that same question *in*correctly. Again, as we move away from X in the embedding space, how do the chances that the participant does *not* know about the content change with distance? We reasoned that, assuming our space is capturing something about how

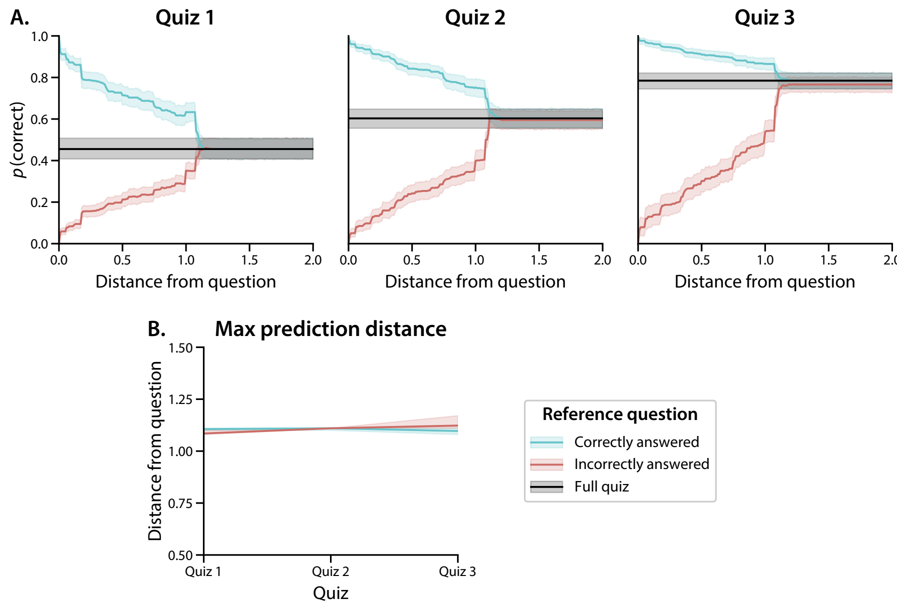

Figure 7: Quiz performance falls off gradually in text embedding space. A. Performance versus distance. For each participant, for each correctly answered question (blue) or incorrectly answered question (red), we computed the proportion of correctly answered questions within a given distance of that question's embedding coordinate. We repeated this analysis for all questions and participants, and separately for each quiz (column). The black lines denote the average proportion correct across *all* questions included in the analysis at the given distance. **B. Maximum distance for which performance is reliably different from the average.** We used a bootstrap procedure (see *Estimating the "smoothness" of knowledge*) to estimate the point at which the blue and red lines in Panel A reliably diverged from the black line. We repeated this analysis separately for correctly and incorrectly answered questions from each quiz. **All panels.** Error ribbons denote bootstrap-estimated 95% confidence intervals.

participants actually organize their knowledge, conceptual knowledge right around X should be similar to the participant's knowledge of the content at X. And at another extreme, at some distance (after moving sufficiently far away from X), our guesses about what participants know (based on their response to the question at location X) should be no better than guessing based on their overall proportion of correctly answered questions—i.e., if Y is very far away from X, all we can do with the participant's response to X is guess that "their performance on quiz questions about Y is about equal to their average performance on quiz questions about any material."

With these ideas in mind, we asked: conditioned on answering a question correctly, what proportion of all questions (within some radius, r, of that question's embedding coordinate) were answered correctly? We plotted this proportion as a function of r. Similarly, we could ask, conditioned on answering a question incorrectly, how the proportion of correct responses changed with r. As shown in Figure 7, we found that quiz performance falls off smoothly with distance, and the "rate" of the falloff does not appear to change across the different quizzes, as measured by the distance at which performance becomes statistically indistinguishable from a simple proportion correct score (see *Estimating the "smoothness" of knowledge*). This suggests that, at least within the region of text embedding space covered by the questions our participants answered (and as characterized using our topic model), the rate at which knowledge changes with distance is relatively constant, even as participants' overall level of knowledge varies across quizzes or regions of the embedding space.

Knowledge estimates need not be limited to the content of the lectures. As illustrated in Figure 8, our general approach to estimating knowledge from a small number of quiz questions may be extended to *any* content, given its text embedding coordinate. To visualize how knowledge "spreads" through text embedding space to content beyond the lectures participants watched, we first fit a new topic model to the lectures' sliding windows with (up to) $k = 100$ topics. Conceptually, increasing the number of topics used by the model functions to increase the "resolution" of the embedding space, providing a greater ability to estimate knowledge for content that is highly similar to (but not precisely the same as) that contained in the two lectures. This change in the number of topics overcame an undesirable behavior in the UMAP embedding procedure [40], whereby embedding coordinates for the 15-topic model tended to be "clumped" into separated clusters, rather than forming a smooth trajectory through the 2D space. When we increased the number of topics to 100, the embedding coordinates in the 2D space formed a smooth trajectory through the space, with substantially less clumping (Fig. 8). We note that we used these 2D maps solely for visualization; all relevant comparisons, distance computations, and statistical tests we report above were carried out in the original 15-dimensional space, using the 15-topic model. Aside from increasing the number of topics from 15 to 100, all other procedures and model parameters were carried over from the preceding analyses. As in our other analyses, we resampled each lecture's topic trajectory to 1 Hz and projected each question into a shared text embedding space.

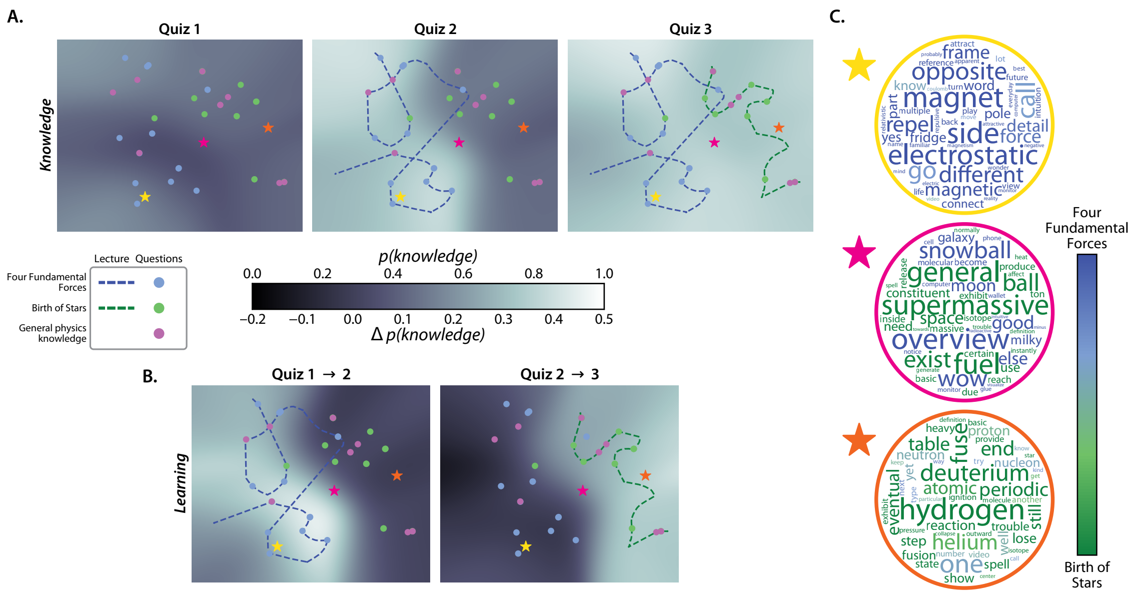

Figure 8: Mapping out the geometry of knowledge and learning. A. Average "knowledge maps" estimated using each quiz. Each map displays a 2D projection of the estimated knowledge about the content reflected by *all* regions of topic space (see *Creating knowledge and learning map visualizations*). The topic trajectories of the two lectures are indicated by dotted lines (blue: Lecture 1; green: Lecture 2), and the coordinates of each question are indicated by dots (light blue: Lecture 1-related; light green: Lecture 2-related; purple: general physics knowledge). Each map reflects an average across all participants. For individual participants' maps, see Supplementary Figures 7, 8, and 9. **B. Average "learning maps" estimated between each successive pair of quizzes.** The learning maps follow the same general format as the knowledge maps in Panel A, but here the shading at each coordinate indicates the *difference* between the corresponding coordinates in the indicated *pair* of knowledge maps—i.e., how much the estimated knowledge "changed" between the two quizzes. Each map reflects an average across all participants. For individual participants' maps, see Supplementary Figures 10 and 11. **C. Word clouds for sampled points in topic space.** Each word cloud displays the weighted blend of words underlying the topic proportions represented at the corresponding colored star's location on the maps. In each word cloud, the words' relative sizes correspond to their relative weights at the starred location, and their colors indicate their relative weights in *Four Fundamental Forces* (blue) versus *Birth of Stars* (green) lectures, on average, across all timepoints' topic vectors.

We projected the resulting 100-dimensional topic vectors (for each second of video and each quiz question) onto a shared 2-dimensional plane (see *Creating knowledge and learning map visualizations*). Next, we sampled points from a 100×100 grid of coordinates that evenly tiled a rectangle enclosing the 2D projections of the videos and questions. We used Equation 4 to estimate participants' knowledge at each of these 10,000 sampled locations, and averaged these estimates across participants to obtain an estimated average *knowledge map* (Fig. 8A). Intuitively, the knowledge map constructed from a given quiz's responses provides a visualization of how "much" participants knew about any content expressible by the fitted text embedding model at the point in time when they completed that quiz.

Several features of the resulting knowledge maps are worth noting. The average knowledge map estimated from Quiz 1 responses (Fig. 8A, leftmost map) shows that participants tended to have relatively little knowledge about any parts of the text embedding space (i.e., the shading is relatively dark everywhere). The knowledge map estimated from Quiz 2 responses shows a marked increase in knowledge on the left side of the map (around roughly the same range of coordinates traversed by the *Four Fundamental Forces* lecture, indicated by the dotted blue line). In other words, participants' estimated increase in knowledge is localized to conceptual content that is nearby (i.e., related to) the content from the lecture they watched prior to taking Quiz 2. This localization is non-trivial: these knowledge estimates are informed only by the embedded coordinates of the *quiz questions*, not by the embeddings of either lecture (see Eqn. 4). Finally, the knowledge map estimated from Quiz 3 responses shows a second increase in knowledge, localized to the region surrounding the embedding of the *Birth of Stars* lecture participants watched immediately prior to taking Quiz 3.

Another way of visualizing these content-specific increases in knowledge after participants viewed each lecture is displayed in Figure 8B. Taking the point-by-point difference between the knowledge maps estimated from responses to a successive pair of quizzes yields a *learning map* that describes the *change* in knowledge estimates from one quiz to the next. These learning maps highlight that the estimated knowledge increases we observed across maps were specific to the regions around the embeddings of each lecture, in turn.

Because the 2D projection we used to construct the knowledge and learning maps is invertible, we may gain additional insights into these maps' meanings by reconstructing the original high-dimensional topic vector for any location on the map we are interested in. For example, this could serve as a useful tool for an instructor looking to better understand which content areas a student (or a group of students) knows well (or poorly). As a demonstration, we show the top-weighted words from the blends of topics reconstructed from three example locations on the maps (Fig. 8C): one point near the *Four Fundamental Forces* embedding (yellow), a second point near the *Birth of Stars* embedding (orange), and a third point between the two lectures' embeddings (pink). As shown in the word clouds in the panel, the top-weighted words at the example coordinate near the *Four Fundamental Forces* embedding tended to be weighted more heavily by the topics expressed in that lecture. Similarly, the top-weighted words at the example coordinate near the *Birth of Stars* embedding tended to be weighted more heavily by the topics expressed in *that* lecture. And the top-weighted words at the example coordinate between the two lectures' embeddings show a roughly even mix of words most strongly associated with each lecture.

Discussion

We developed a computational framework that uses short multiple-choice quizzes to gain nuanced insights into what learners know and how their knowledge changes with training. First, we show that our approach can automatically match the conceptual knowledge probed by individual quiz questions to the corresponding moments in lecture videos when those concepts were presented (Fig. 4). Next, we demonstrate how we can estimate moment-by-moment "knowledge traces" that reflect the degree of knowledge participants have about each video's time-varying content, and capture temporally specific increases in knowledge after viewing each lecture (Fig. 5). We also show that these knowledge estimates can generalize to held-out questions (Fig. 6). Finally, we use our framework to construct visual maps that provide snapshot estimates of how much participants know about any concept within the scope of our text embedding model, and how much their knowledge of those concepts changes with training (Fig. 8).

We view our work as making several contributions to the study of how people acquire conceptual knowledge. First, from a methodological standpoint, our modeling framework provides a systematic means of mapping out and characterizing knowledge in maps that have infinite (arbitrarily many) numbers of coordinates, and of "filling out" those maps using relatively small numbers of multiple choice quiz questions. Our experimental finding that we can use these maps to predict responses to held-out questions has several psychological implications as well. For example, concepts that are assigned to nearby coordinates by the text embedding model also appear to be "known to a similar extent" (as reflected by participants' responses to held-out questions; Fig. 6). This suggests that participants also *conceptualize* similarly the content reflected by nearby embedding coordinates. The "spatial smoothness" of participants' knowledge (as estimated using quiz performance) is being captured by the knowledge maps we are inferring from their quiz responses (e.g., Figs. 7, 8). In other words, our study shows that knowledge about a given concept implies knowledge about related concepts, and we also show how estimated knowledge falls off with distance in text embedding space.

In our study, we characterize the "coordinates" of participants' knowledge using a relatively simple "bag of words" text embedding model [LDA; 6]. More sophisticated text embedding models, such as transformer-based models [15, 48, 59, 62] can learn complex grammatical and semantic relationships between words, higher-order syntactic structures, stylistic features, and more. We considered using transformer-based models in our study, but we found that the text embeddings derived from these models were surprisingly uninformative with respect to differentiating or otherwise characterizing the conceptual content of the lectures and questions we used. We suspect that this reflects a broader challenge in constructing models that are high-resolution within a given domain (e.g., the domain of physics lectures and questions) *and* sufficiently broad so as to enable them to cover a wide range of domains. For example, we found that the embeddings derived even from much larger and more modern models like BERT [15], GPT [62], LLaMa [59], and others that are trained on enormous text corpora, end up yielding poor resolution within the content space spanned by individual course videos (Supp. Fig. 6). Whereas the LDA embeddings of the lectures and questions are "near" each other (i.e., the convex hull enclosing the two lectures' trajectories is highly overlapping with the convex hull enclosing the questions' embeddings), the BERT embeddings of the lectures and questions are instead largely distinct (top row of Supp. Fig. 6). The LDA embeddings of the questions for each lecture and the corresponding lecture's trajectory are also similar. For example, as shown in Fig. 2C, the LDA embeddings for *Four Fundamental Forces* questions (blue dots) appear closer to the *Four Fundamental Forces* lecture trajectory (blue line), whereas the LDA embeddings for *Birth of Stars* questions (green dots) appear closer to the *Birth of Stars* lecture trajectory (green line). The BERT embeddings of the lectures and questions do not show this property (Supp. Fig. 6). We also examined per-question "content matches" between individual questions and individual moments of each lecture (Figs. 4, 6). The time series plot of individual questions' correlations are different from each other when computed using LDA (e.g., the traces can be clearly visually separated), whereas the correlations computed from BERT embeddings of different questions all look very similar. This tells us that LDA is capturing some differences in content between the questions, whereas BERT is not. The time series plots of individual questions' correlations have clear "peaks" when computed using LDA, but not when computed using BERT. This tells us that LDA is capturing a "match" between the content of each question and a relatively well-defined time window of the corresponding lectures. The BERT embeddings appear to blur together the content of the questions versus specific moments of each lecture. Finally, we also compared the pairwise correlations between embeddings of questions within versus across content areas (i.e., content covered by the individual lectures, lecture-specific questions, and by the "general physics knowledge" questions). The LDA embeddings show a strong contrast between same-content embeddings versus across-content embeddings. In other words, the embeddings of questions about the *Four Fundamental Forces* material are highly correlated with the embeddings of the *Four Fundamental Forces* lecture, but not with the embeddings of *Birth of Stars*, questions about *Birth of Stars*, or general physics knowledge questions. We see a similar pattern with the LDA embeddings of the *Birth of Stars* questions (Fig. 3, Supp. Fig. 2). In contrast, the BERT embeddings are all highly correlated with each other (Supp. Fig. 6). Taken together, these comparisons illustrate how LDA (trained on the specific content in question) provides both coverage of the requisite material and specificity at the level of the content covered by individual questions. BERT, on the other hand, essentially assigns both lectures and all of the questions (which are all broadly about "physics") into a tiny region of its embedding space, thereby blurring out meaningful distinctions between different specific concepts covered by the lectures and questions. We note that these are not criticisms of BERT (or other large language models trained on large and diverse corpora). Rather, our point is that simple fine-tuned models trained on a relatively small but specialized corpus can outperform much more complicated models trained on much larger corpora, when we are specifically interested in capturing subtle conceptual differences at the level of a single course lecture or question. Of course if our goal had been to find a model that generalized to many different content areas, we would expect our approach to perform comparatively poorly relative to BERT or other much larger models. We suggest that bridging the tradeoff between high resolution within each content area versus the ability to generalize to many different content areas will be an important challenge for future work in this domain.

Another application for large language models that does *not* require explicitly modeling the content of individual lectures or questions is to leverage the models' ability to generate text. For example, generative text models like ChatGPT [48] and LLaMa [59] are already being used to build a new generation of interactive tutoring systems [e.g., 39]. Unlike the approach we have taken here, these generative text model-based systems do not explicitly model what learners know, or how their knowledge changes over time with training. One could imagine building a hybrid system that combines the best of both worlds: a large language model that can *generate* text, combined with a smaller model that can *infer* what learners know and how their knowledge changes over time. Such a hybrid system could potentially be used to build the next generation of interactive tutoring systems that are able to adapt to learners' needs in real time, and that are able to provide more nuanced feedback about what learners know and what they do not know.

At the opposite end of the spectrum from large language models, one could also imagine *simplifying* some aspects of our LDA-based approach by computing simple word overlap metrics. For example, the Jaccard similarity between text A and B is computed as the number of unique words in the intersection of words from A and B divided by the number of unique words in the union of words from A and B. In a supplemental analysis (Supp. Fig. 5), we compared the

LDA-based question-lecture matches we reported in Figure 4 with the Jaccard similarities between each question and each sliding window of text from the corresponding lecture. As shown in Supplementary Figure 5, this simple word-matching approach does not appear to capture the same level of specificity as the LDA-based approach. Whereas the LDA-based approach often yields a clear peak in the time series of correlations between each question and the corresponding lecture, the Jaccard similarity-based approach does not. Furthermore, these LDA-based matches appear to capture conceptual overlaps between the questions and lectures (Supp. Tab. 3), whereas simple word matching does not. For example, one of the example questions examined in Supplementary Figure 5 asks "Which of the following occurs as a cloud of atoms gets more dense?". The LDA-based matches identify lecture timepoints where the relevant *topics* are discussed (e.g., when words like "cloud," "atom," "dense," etc., are mentioned *together*). The Jaccard similarity-based matches, on the other hand, are strong when *any* of these words are mentioned, even if they do not occur together.

We view our approach as occupying a sort of "sweet spot," between much larger language models and simple word matching-based approaches, that enables us to capture the relevant conceptual content of course materials at an appropriate semantic scale. Our approach enables us to accurately and consistently identify each question's content in a way that also matches up with what is presented in the lectures. In turn, this enables us to construct accurate predictions about participants' knowledge of the conceptual content tested by held-out questions (Fig. 6).

One limitation of our approach is that topic models contain no explicit internal representations of more complex aspects of "knowledge," like knowledge graphs, dependencies or associations between concepts, causality, and so on. These representations might (in principle) be added as extensions to our approach to more accurately and precisely capture, characterize, and track learners' knowledge. However, modeling these aspects of knowledge will likely require substantial additional research effort.

Within the past several years, the global pandemic forced many educators to suddenly adapt to teaching remotely [30, 45, 56, 63]. This change in world circumstances is happening alongside (and perhaps accelerating) geometric growth in the availability of high-quality online courses from platforms such as Khan Academy [31], Coursera [64], EdX [33], and others [53]. Continued expansion of the global internet backbone and improvements in computing hardware have also facilitated improvements in video streaming, enabling videos to be easily shared and viewed by increasingly large segments of the world's population. This exciting time for online course instruction provides an opportunity to re-evaluate how we, as a global community, educate ourselves and each other. For example, we can ask: what defines an effective course or training program? Which aspects of teaching might be optimized and/or augmented by automated tools? How and why do learning needs and goals vary across people? How might we lower barriers of access to a high-quality education?

Alongside these questions, there is a growing desire to extend existing theories beyond the domain of lab testing rooms and into real classrooms [29]. In part, this has led to a recent resurgence of "naturalistic" or "observational" experimental paradigms that attempt to better reflect more ethologically valid phenomena that are more directly relevant to real-world situations and behaviors [46]. In turn, this has brought new challenges in data analysis and interpretation. A key step towards solving these challenges will be to build explicit models of real-world scenarios and how people behave in them (e.g., models of how people learn conceptual content from real-world courses, as in our current study). A second key step will be to understand which sorts of signals derived from behaviors and/or other measurements [e.g., neurophysiological data; 2, 16, 43, 47, 50] might help to inform these models. A third major step will be to develop and employ reliable ways of evaluating the complex models and data that are a hallmark of naturalistic paradigms.

Beyond specifically predicting what people *know*, the fundamental ideas we develop here also relate to the notion of "theory of mind" of other individuals [22, 27, 42]. Considering others' unique perspectives, prior experiences, knowledge, goals, etc., can help us to more effectively interact and communicate [51, 55, 58]. One could imagine future extensions of our work (e.g., analogous to the knowledge and learning maps shown in Fig. 8), that attempt to characterize how well-aligned different people's knowledge bases or backgrounds are. In turn, this might be used to model how knowledge (or other forms of communicable information) flows not just between teachers and students, but between friends having a conversation, individuals on a first date, participants at a business meeting, doctors and patients, experts and non-experts, political allies or adversaries, and more. For example, the extent to which two people's knowledge maps "match" or "align" in a given region of text embedding space might serve as a predictor of how effectively they will be able to communicate about the corresponding conceptual content.

Ultimately, our work suggests a rich new line of questions about the geometric "form" of knowledge, how knowledge changes over time, and how we might map out the full space of what an individual knows. Our finding that detailed estimates about knowledge may be obtained from short quizzes shows one way that traditional approaches to evaluation in education may be extended. We hope that these advances might help pave the way for new approaches to teaching or delivering educational content that are tailored to individual students' learning needs and goals.

Materials and methods

Participants

We enrolled a total of 50 Dartmouth undergraduate students in our study. Participants received optional course credit for enrolling. We asked each participant to complete a demographic survey that included questions about their age, gender, native spoken language, ethnicity, race, hearing, color vision, sleep, coffee consumption, level of alertness, and several aspects of their educational background and prior coursework.

Participants' ages ranged from 18 to 22 years (mean: 19.52 years; standard deviation: 1.09 years). A total of 15 participants reported their gender as male and 35 participants reported their gender as female. A total of 49 participants reported their native language as "English" and 1 reported having another native language. A total of 47 participants reported their ethnicity as "Not Hispanic or Latino" and three reported their ethnicity as "Hispanic or Latino." Participants reported their races as White (32 participants), Asian (14 participants), Black or African American (5 participants), American Indian or Alaska Native (1 participant), and Native Hawaiian or Other

Pacific Islander (1 participant). (Note that some participants selected multiple racial categories.)

A total of 49 participants reporting having normal hearing and 1 participant reported having some hearing impairment. A total of 49 participants reported having normal color vision and 1 participant reported being color blind. Participants reported having had, on the night prior to testing, 2–4 hours of sleep (1 participant), 4–6 hours of sleep (9 participants), 6–8 hours of sleep (35 participants), or 8+ hours of sleep (5 participants). They reported having consumed, on the same day and leading up to their testing session, 0 cups of coffee (38 participants), 1 cup of coffee (10 participants), 3 cups of coffee (1 participant), or 4+ cups of coffee (1 participant).

No participants reported that their focus was currently impaired (e.g., by drugs or alcohol). Participants reported their current level of alertness, and we converted their responses to numerical scores as follows: "very sluggish" (-2), "a little sluggish" (-1), "neutral" (0), "fairly alert" (1), and "very alert" (2). Across all participants, a range of alertness levels were reported (range: -2–1; mean: -0.10; standard deviation: 0.84).

Participants reported their undergraduate major(s) as "social sciences" (28 participants), "natural sciences" (16 participants), "professional" (e.g., pre-med or pre-law; 8 participants), "mathematics and engineering" (7 participants), "humanities" (4 participants), or "undecided" (3 participants). Note that some participants selected multiple categories for their undergraduate major(s). We also asked participants about the courses they had taken. In total, 45 participants reported having taken at least one Khan Academy course in the past, and 5 reported not having taken any Khan Academy courses. Of those who reported having watched at least one Khan Academy course, 7 participants reported having watched 1–2 courses, 11 reported having watched 3–5 courses, 8 reported having watched 5–10 courses, and 19 reported having watched 10 or more courses. We also asked participants about the specific courses they had watched, categorized under different subject areas. In the "Mathematics" area, participants reported having watched videos on AP Calculus AB (21 participants), Precalculus (17 participants), Algebra 2 (14 participants), AP Calculus BC (12 participants), Trigonometry (11 participants), Algebra 1 (10 participants), Geometry (8 participants), Pre-algebra (7 participants), Multivariable Calculus (5 participants), Differential Equations (5 participants), Statistics and Probability (4 participants), AP Statistics (2 participants), Linear Algebra (2 participants), Early Math (1 participant), Arithmetic (1 participant), and other videos not listed in our survey (5 participants). In the "Science and engineering" area, participants reported having watched videos on Chemistry, AP Chemistry, or Organic Chemistry (21 participants); Physics, AP Physics I, or AP Physics II (18 participants); Biology, AP Biology; or High school Biology (15 participants); Health and Medicine (1 participant); or other videos not listed in our survey (5 participants). We also asked participants whether they had specifically seen the videos used in our experiment. Of the 45 participants who reported having having taken at least one Khan Academy course in the past, 44 participants reported that they had not watched the *Four Fundamental Forces* video, and 1 participant reported that they were not sure whether they had watched it. All participants reported that they had not watched the *Birth of Stars* video. When we asked participants about non-Khan Academy online courses, they reported having watched or taken courses on Mathematics (15 participants), Science and engineering (11 participants), Test preparation (9 participants), Economics and finance (3 participants), Arts and humanities (2 participants), Computing (2 participants), and other categories not listed in our survey (17 participants). Finally, we asked participants about in-person courses they had taken in different subject areas. They reported taking courses in Mathematics (38 participants), Science and engineering (37 participants), Arts and humanities (34 participants), Test preparation (27 participants), Economics and finance (26 participants), Computing (14 participants), College and careers (7 participants), or other courses not listed in our survey (6 participants).

Experiment

We hand-selected two course videos from the Khan Academy platform: *Four Fundamental Forces* (an introduction to gravity, electromagnetism, the weak nuclear force, and the strong nuclear force; duration: 10 minutes and 29 seconds) and *Birth of Stars* (an introduction to how stars are formed; duration: 7 minutes and 57 seconds). All participants viewed the videos in the same order (i.e., *Four Fundamental Forces* followed by *Birth of Stars*). While we are not aware of any specific confounds of viewing order, nor have are we aware of how or why viewing order might influence our main findings, we acknowledge that we did not control for potential order effects in our study.

We then hand-created 39 multiple-choice questions: 15 about the conceptual content of *Four Fundamental Forces* (i.e., Lecture 1), 15 about the conceptual content of *Birth of Stars* (i.e., Lecture 2), and 9 questions that tested for general conceptual knowledge about basic physics (covering material that was not presented in either video). One of our group's undergraduate research assistants worked alongside a rotating Masters student to develop this set of questions (these researchers are acknowledged in our paper for their contribution, although they did not meet the criteria for authorship discussed with all team members at the start of the project, as determined by J.R.M.) The senior author (J.R.M.) tasked the pair of researchers with coming up with "15 conceptual questions about each lecture, along with 9 additional questions about general physics knowledge." To help broaden the set of lecture-specific questions, the researchers were further instructed to work through each lecture in small segments, identify what each segment was "about" conceptually, and then write a question about that concept. The general physics questions were drawn from the researchers' coursework along with internet searches and brainstorming with the project team and other members of J.R.M.'s lab. The final set of questions (and response options) was reviewed and approved by J.R.M. before we collected or analyzed the text or experimental data.

We note that estimating the specific "amount" of conceptual understanding that each question "requires" to answer is somewhat subjective, and might even come down to the "strategy" a given participant uses to answer the question at that particular moment. The full set of questions and answer choices may be found in Supplementary Table 1.

Over the course of the experiment, participants completed three 13-question multiple-choice quizzes: the first before viewing Lecture 1, the second between Lectures 1 and 2, and the third after viewing Lecture 2 (see Fig. 1). The questions appearing on each quiz, for each participant, were randomly chosen from the full set of 39, with the constraints that (a) each quiz contained exactly 5 questions about Lecture 1, 5 questions about Lecture 2, and 3 questions about general physics knowledge, and (b) each question appear exactly once for each participant. The orders of questions on each quiz, and the orders of answer options for each question, were also randomized. We obtained informed consent from all participants, and our experimental protocol was approved by the Committee for the Protection of Human Subjects at Dartmouth College. We used this experiment to develop and test our computational framework for estimating knowledge and learning.

Analysis

Statistics

All of the statistical tests performed in our study were two-sided. The 95% confidence intervals we reported for each correlation were estimated by generating 10,000 bootstrap distributions of correlation coefficients by sampling (with replacement) from the observed data.

Constructing text embeddings of multiple lectures and questions

We adapted an approach we developed in prior work [24] to embed each moment of the two lectures and each question in our pool in a common representational space. Briefly, our approach uses a topic model [Latent Dirichlet Allocation; 6] trained on a set of documents, to discover a set of (up to) k "topics" or "themes." Formally, each topic is defined as a distribution of weights over words in the model's vocabulary (i.e., the union of all unique words, across all documents, excluding "stop words."). Conceptually, each topic is intended to give larger weights to words that are semantically related (as inferred from their tendency to co-occur in the same document). After fitting a topic model, each document in the training set, or any *new* document that contains at least some of the words in the model's vocabulary, may be represented as a k-dimensional vector describing how much the document (most probably) reflects each topic. To select an appropriate k for our model, as a starting point, we identified the minimum number of topics that yielded at least one "unused" topic (i.e., in which all words in the vocabulary were assigned uniform weights) after training. This indicated that the number of topics was sufficient to capture the set of latent themes present in the two lectures (from which we constructed our document corpus, as described below). We found this value to be $k = 15$ topics. We found that with a limited number of additional adjustments following [7], such as removing corpus-specific stop-words, the model yielded (subjectively) sensible and coherent topics. The distribution of weights over words in the vocabulary for each discovered topic is shown in Supplementary Figure 1, and each topic's top-weighted words may be found in Supplementary Table 2.

As illustrated in Figure 2A, we start by building up a corpus of documents using overlapping sliding windows that span each video's transcript. Khan Academy provides professionally created, manual transcriptions of all videos for closed captioning. However, such transcripts would not be readily available in all contexts to which our framework could potentially be applied. Khan Academy videos are hosted on the YouTube platform, which additionally provides automated captions. We opted to use these automated transcripts [which, in prior work, we have found to be of sufficiently near-human quality to yield reliable data in behavioral studies; 65] when developing our framework in order to make it more directly extensible and adaptable by others in the future.

We fetched these automated transcripts using the `youtube-transcript-api` Python package [14]. The transcripts consisted of one timestamped line of text for every few seconds (mean: 2.34 s; standard deviation: 0.83 s) of spoken content in the video (i.e., corresponding to each individual caption that would appear on-screen if viewing the lecture via YouTube, and when those lines would appear). We defined a sliding window length of (up to) $w = 30$ transcript lines, and assigned each window a timestamp corresponding to the midpoint between the timestamps for its first and last lines. This w parameter was chosen to match the same number of words per sliding window (rounded to the nearest whole word, and before preprocessing) as the sliding windows we defined in our prior work [24] (i.e., 185 words per sliding window).

These sliding windows ramped up and down in length at the beginning and end of each transcript, respectively. In other words, each transcript's first sliding window covered only its first line, the second sliding window covered the first two lines, and so on. This ensured that each line from the transcripts appeared in the same number (w) of sliding windows. We next performed a series of standard text preprocessing steps: normalizing case, lemmatizing, removing punctuation and removing stop-words. We constructed our corpus of stop words by augmenting the Natural Language Toolkit [NLTK; 3] English stop word list with the following additional words, selected using the approach suggested by [7]: "actual," "actually," "also," "bit," "could," "e," "even," "first," "follow," "following," "four," "let," "like," "mc," "really,", "saw," "see," "seen," "thing," and "two." This yielded sliding windows with an average of 73.8 remaining words, and lasting for an average of 62.22 seconds. We treated the text from each sliding window as a single "document," and combined these documents across the two videos' windows to create a single training corpus for the topic model.

After fitting a topic model to the two videos' transcripts, we could use the trained model to transform arbitrary (potentially new) documents into k-dimensional topic vectors. A convenient property of these topic vectors is that documents that reflect similar blends of topics (i.e., documents that reflect similar themes, according to the model) will yield similar coordinates (in terms of correlation, cosine similarity, Kullback-Leibler divergence, Euclidean distance, or other geometric measures). In general, the similarity between different documents' topic vectors may be used to characterize the similarity in conceptual content between the documents.

We transformed each sliding window's text into a topic vector, and then used linear interpolation (independently for each topic dimension) to resample the resulting time series to one vector per second. We also used the fitted model to obtain topic vectors for each question in our pool (see Supp. Tab. 1). Taken together, we obtained a *trajectory* for each video, describing its path through topic space, and a single coordinate for each question (Fig. 2C). Embedding both videos and all of the questions using a common model enables us to compare the content from different moments of videos, compare the content across videos, and estimate potential associations between specific questions and specific moments of video.

Estimating dynamic knowledge traces

We used the following equation to estimate each participant's knowledge about timepoint t of a given lecture, $\hat{k}(t)$:

$$\hat{k}\left(f(t,L)\right) = \frac{\sum_{i \in \text{correct}} \text{ncorr}\left(f(t,L), f(i,Q)\right)}{\sum_{j=1}^{N} \text{ncorr}\left(f(t,L), f(j,Q)\right)}, \tag{1}$$

where

$$\text{ncorr}(x,y) = \frac{\text{corr}(x,y) - \text{mincorr}}{\text{maxcorr} - \text{mincorr}}, \tag{2}$$

and where mincorr and maxcorr are the minimum and maximum correlations between any lecture timepoint and question, taken over all timepoints in the given lecture, and all five questions *about* that lecture appearing on the given quiz. We also define $f(s, \Omega)$ as the s^{th} topic vector from the set of topic vectors Ω. Here t indexes the set of lecture topic vectors, L, and i and j index the topic vectors of questions used to estimate the knowledge trace, Q. Note that "correct" denotes the set of indices of the questions the participant answered correctly on the given quiz.

Intuitively, $\text{ncorr}(x, y)$ is the correlation between two topic vectors (e.g., the topic vector from one timepoint in a lecture, x, and the topic vector for one question, y), normalized by the minimum and maximum correlations (across all timepoints t and questions Q) to range between 0 and 1, inclusive. Equation 1 then computes the weighted average proportion of correctly answered questions about the content presented at timepoint t, where the weights are given by the normalized correlations between timepoint t's topic vector and the topic vectors for each question. The normalization step (i.e., using ncorr instead of the raw correlations) ensures that every question contributes some non-negative amount to the knowledge estimate.

Estimating the "smoothness" of knowledge

In the analysis reported in Figure 7A, we show how participants' quiz performance changes as a function of distance to a given correctly or incorrectly answered reference question. We used a bootstrap-based approach to estimate the maximum distances over which these proportions of correctly answered questions could be reliably distinguished from participants' overall average proportion of correctly answered questions.

In our bootstrap procedure, we ran 10,000 iterations to estimate the relationship between participants' performance and the distance to a given reference question. For each of these iterations, for every individual quiz (q), we first determined the across-participants average "simple" proportion correct and its 95% confidence interval. This interval was established by repeatedly (1,000 times) subsampling participants with replacement, computing the mean "simple" proportion correct for each subsample, and then deriving the 2.5^{th} and 97.5^{th} percentiles from the distribution of these subsample means. We used this interval as our benchmark for determining whether the proportion of correctly answered questions for a given subset of questions was reliably different (at the $p < 0.05$ significance level) from the average proportion correct across all questions.

Next, for each participant, we examined all 15 questions they answered on quiz q. We treated each question as the "reference question" in turn. Around this reference, we constructed a series of 15-dimensional spheres (starting with a radius of 0), where each successive sphere had a radius of 0.01 (correlation distance) greater than its predecessor. Within each of these spheres, we calculated the proportion of questions answered correctly by the participant. This yielded two distinct sets of proportion-correct values for each binned distance (radius) for a specific participant and quiz: one set of values where the reference questions had been answered correctly, and another set where the reference questions had been answered incorrectly. From these, we established the average proportion correct within each radius for both categories of reference questions. Finally, we identified the minimum binned distance from the correctly answered reference questions for which the average proportion correct intersected the 95% confidence interval of the simple average proportion correct computed earlier. We display the resulting distance estimates, for each quiz and reference question status, in Figure 7B.

Creating knowledge and learning map visualizations

An important feature of our approach is that, given a trained text embedding model and participants' quiz performance on each question, we can estimate their knowledge about *any* content expressible by the embedding model—not solely the content explicitly probed by the quiz questions, or even appearing in the lectures. To visualize these estimates (Fig. 8, Supp. Figs. 7, 8, 9, 10, and 11), we used Uniform Manifold Approximation and Projection [UMAP; 40, 41] to construct a 2D projection of the text embedding space. Sampling the original 100-dimensional space at high resolution to obtain an adequate set of topic vectors spanning the embedding space would be computationally intractable. However, sampling a 2D grid is trivial.

At a high level, the UMAP algorithm obtains low-dimensional embeddings by minimizing the cross-entropy between the pairwise (clustered) distances between the observations in their original (e.g., 100-dimensional) space and the pairwise (clustered) distances in the low-dimensional embedding space (in our approach, the embedding space is 2D). In our implementation, pairwise distances in the original high-dimensional space were defined as 1 minus the correlation between each pair of coordinates, and pairwise distances in the low-dimensional embedding space were defined as the Euclidean distance between each pair of coordinates.

In our application, all of the coordinates we embedded were topic vectors, whose elements are always non-negative and sum to one. Although UMAP is an invertible transformation at the embedding locations of the original data, other locations in the embedding space will not necessarily follow the same implicit "rules" as the original high-dimensional data. For example, inverting an arbitrary coordinate in the embedding space might result in negative-valued vectors, which are incompatible with the topic modeling framework. To protect against this issue, we log-transformed the topic vectors prior to embedding them in the 2D space. When we inverted the embedded vectors (e.g., to estimate topic vectors or word clouds, as in Fig. 8C), we passed the inverted (log-transformed) values through the exponential function to obtain a vector of non-negative values, and normalized them to sum to one.

After embedding both lectures' topic trajectories and the topic vectors of every question, we defined a rectangle enclosing the 2D projections of the lectures' and quizzes' embeddings. We then sampled points from a regular 100×100 grid of coordinates that evenly tiled this enclosing rectangle. We sought to estimate participants' knowledge (and learning, i.e., changes in knowledge) at each of the resulting 10,000 coordinates.

To generate our estimates, we placed a set of 39 radial basis functions (RBFs) throughout the embedding space, centered on the 2D projections for each question (i.e., we included one RBF for each question). At coordinate x, the value of an RBF centered on a question's coordinate μ, is given by:

$$\mathrm{RBF}(x, \mu, \lambda) = \exp\left\{-\frac{\|x - \mu\|^2}{\lambda}\right\}. \tag{3}$$

The λ term in the RBF equation controls the "smoothness" of the function, where larger values of λ result in smoother maps. In our implementation we used $\lambda = 50$. Next, we estimated the "knowledge" at each coordinate, x, using:

$$\hat{k}(x) = \frac{\sum_{i \in \text{correct}} \text{RBF}(x, q_i, \lambda)}{\sum_{j=1}^{N} \text{RBF}(x, q_j, \lambda)}. \tag{4}$$

Intuitively, Equation 4 computes the weighted proportion of correctly answered questions, where the weights are given by how nearby (in the 2D space) each question is to the x. We also defined *learning maps* as the coordinate-by-coordinate differences between any pair of knowledge maps. Intuitively, learning maps reflect the *change* in knowledge across two maps.

Author contributions

Conceptualization: PCF, ACH, and JRM. Methodology: PCF, ACH, and JRM. Software: PCF. Validation: PCF. Formal analysis: PCF. Resources: PCF, ACH, and JRM. Data curation: PCF. Writing (original draft): JRM. Writing (review and editing): PCF, ACH, and JRM. Visualization: PCF and JRM. Supervision: JRM. Project administration: PCF. Funding acquisition: JRM.

Data availability

All of the data analyzed in this manuscript may be found at https://github.com/ContextLab/efficient-learning-khan.

Code availability

All of the code for running our experiment and carrying out the analyses may be found at https://github.com/ContextLab/efficient-learning-khan.

Acknowledgements

We acknowledge useful discussions, assistance in setting up an earlier (unpublished) version of this study, and assistance with data collection efforts from Will Baxley, Max Bluestone, Daniel Carstensen, Kunal Jha, Caroline Lee, Lucy Owen, Xinming Xu, and Kirsten Ziman. Our work was supported in part by NSF CAREER Award Number 2145172 to J.R.M. The content is solely the responsibility of the authors and does not necessarily represent the official views of our supporting organizations. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

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