



How to Stop A Bully

Threat Modeling in the Age of Cyber Harassment

Free University

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Overview

- Intros
- Levels of Prevention
- Threat Modeling
- Ways To Reduce Harm Before
- Ways to Reduce Harm After
- Resources



Who are we? Who are you?

- We are the...
 - The Cypurr Collective: A group of folks that organize cybersecurity workshops and socials, looking to spread knowledge and talk about privacy rights!
- ...and you are?
 - Name
 - Pronouns (i.e. he/him, she/her, they/them, ze/zer, etc)
 - In a few words, what brings you here today?

• A few rules for this workshop ...

- Share the space!
 - Step Up Step Back: Ask a question, give a comment, leave room for others to speak
- Stack!
 - Raise your hand and we will put you on the speaking queue
- Saf(er) Space
 - We DO NOT tolerate language or behavior purposefully meant to demean or harm folks based on their identities
 - No one should be forced to discuss their own experience/threat model/situation
 - **Consent:** Ask before helping someone out, before taking their device
- Photo/Video- No photo/video without asking!
- Bonus Rule: Try not to invalidate experiences!

WHAT IS CYBER HARASSMENT?

Heart Mob Definition...

What is exactly is online harassment?

Online harassment includes a wide range of targeted behaviors including: threats, continued hateful messages, doxxing, DDoS attacks, swatting, defamation, and more. Online harassment can target (or come from) a group or individual and often has the expressed purpose of having the individual or group leave the internet, take down their content, or to dissuade them from publically having a point of view.

While there is space for debate and discussion online (as well as conflicting ideas!), what separates online harassment from healthy discourse is the focus on harm: including publishing personal information, sending threats with the intention to scare or harm, using discriminatory language against an individual, and even directly promoting harm against a person or organization. We believe in a free internet where individuals feel safe to connect and speak freely, regardless of their religion, identity, or political ideology.

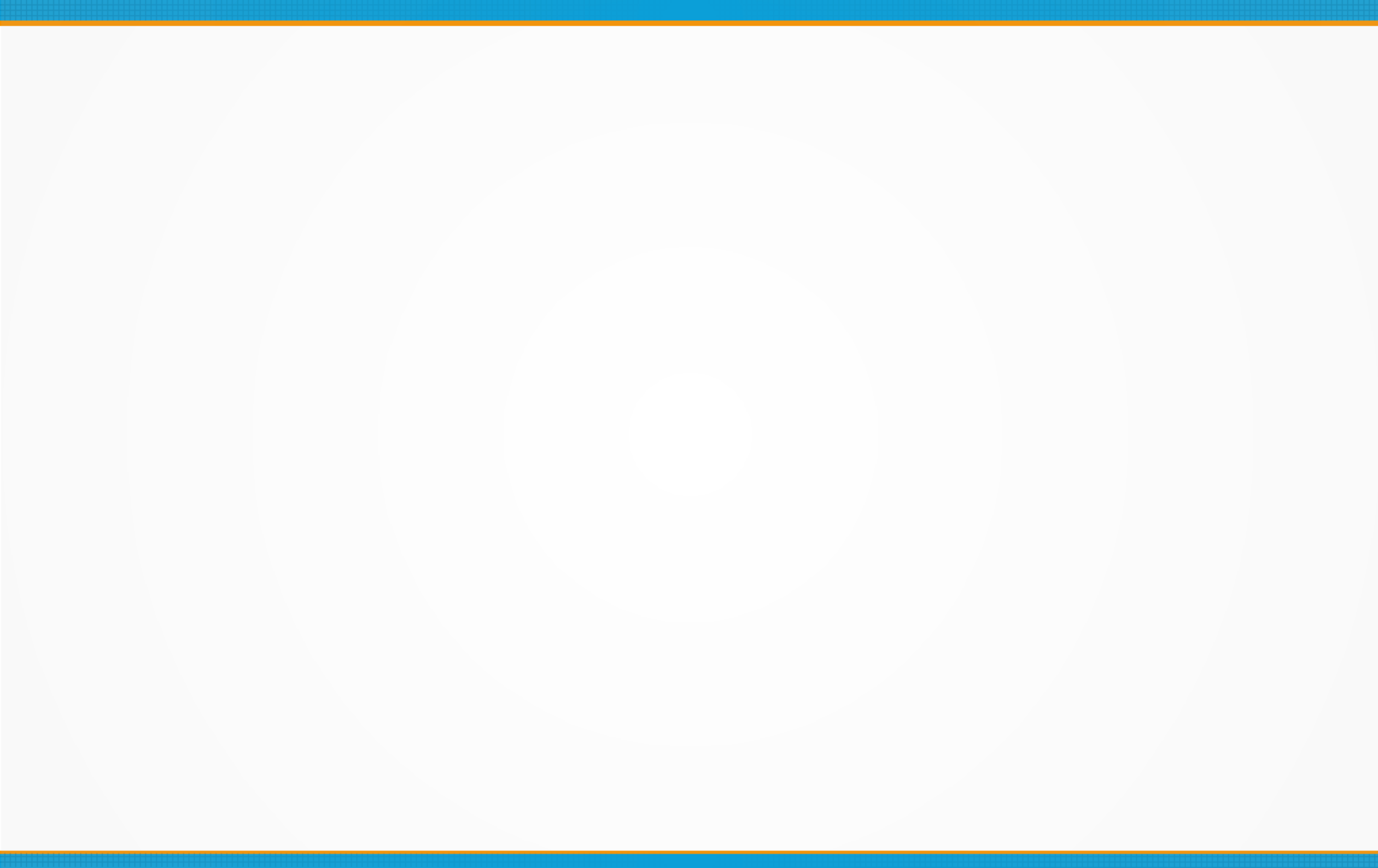
Red Flags

- Your partner frequently asks to see your computer or cell phone, or takes it.
- Your partner demands passwords to your computer or cell phone.
- Your partner wants login information for your email, banking, shopping, or social media accounts.
- Your partner is known to be "good with computers" and handles your computer tasks.
- Your partner gives you devices that they've set-up for you.
- Your partner spends a significant amount of time on their computer and is unusually secretive about it.
- Your partner makes vague references to activities or conversations they were not present for.
- Your partner gets unexpectedly angry towards a person you've recently communicated with.
- Your partner threatens to reveal embarrassing information about you.

Intro to Threat Modeling

- What Am I Protecting?
- Who Am I Protecting it From?
- How Likely is It That I Need to Protect It?
- What Are The Consequences if I Fail?
- What Am I Willing to Do To Protect It?





• Ways To Reduce Harm Before (Primary Intervention)

- Make A Plan (Threat Model)

- Who Can Help Me?
- What Can I Do?

- Protect Passwords

- Complicated Passwords
- Password Managers

- 2FA

- [Twofactorauth.org](https://twofactorauth.org)

- Phone Settings

- GPS Location
- Blocking

- Private Browsing

- Incognito Mode
- Clear Cookies



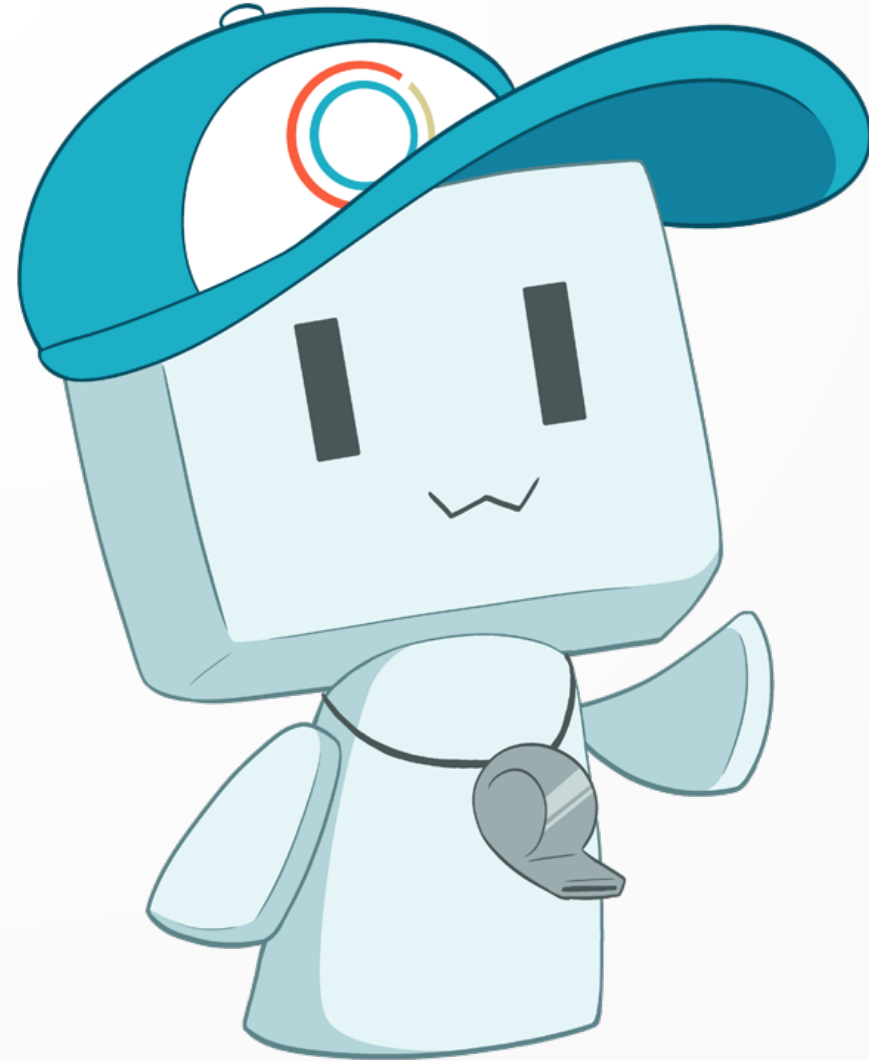
• Ways To Reduce Harm Before (Primary Intervention)

- Secure Social Media
 - FB, Twitter, Insta Privacy Settings
- Back Up Data
- Sending What to Who?
- Secret Accounts
 - Public Computers
 - Payment
- Google Yourself!
 - Data Brokers
 - Privacy Duck
- WHOIS
 - Own A website?



• Ways To Reduce Harm After (Tertiary Intervention)

- Primary Intervention Tactics
- Crisis Helpline
 - Crash Override
 - HeartMob
- Privacy Duck
- Report It
 - Collect Evidence
- Change Passwords
- Phone
 - Use Alternative Apps
 - Change Number?
 - Reinstall Phone



• Resources

- HackBlossom- <https://hackblossom.org/domestic-violence/>
- Crash Override Network- <http://www.crashoverridenetwork.com/>
- HeartMob- <https://iheartmob.org/>
- Privacy Duck- <https://www.privacyduck.com/>
- Without My Consent
- Resist.Space- <https://resist.space/>
- **Other**
 - Tactical Tech Collective- *Holistic Security, Data Detox, My Shadow*
 - Cypurr Collective- <https://github.com/CyPurr-Collective/>, Facebook
 - Cryptoparty.in



ANY QUESTIONS?

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