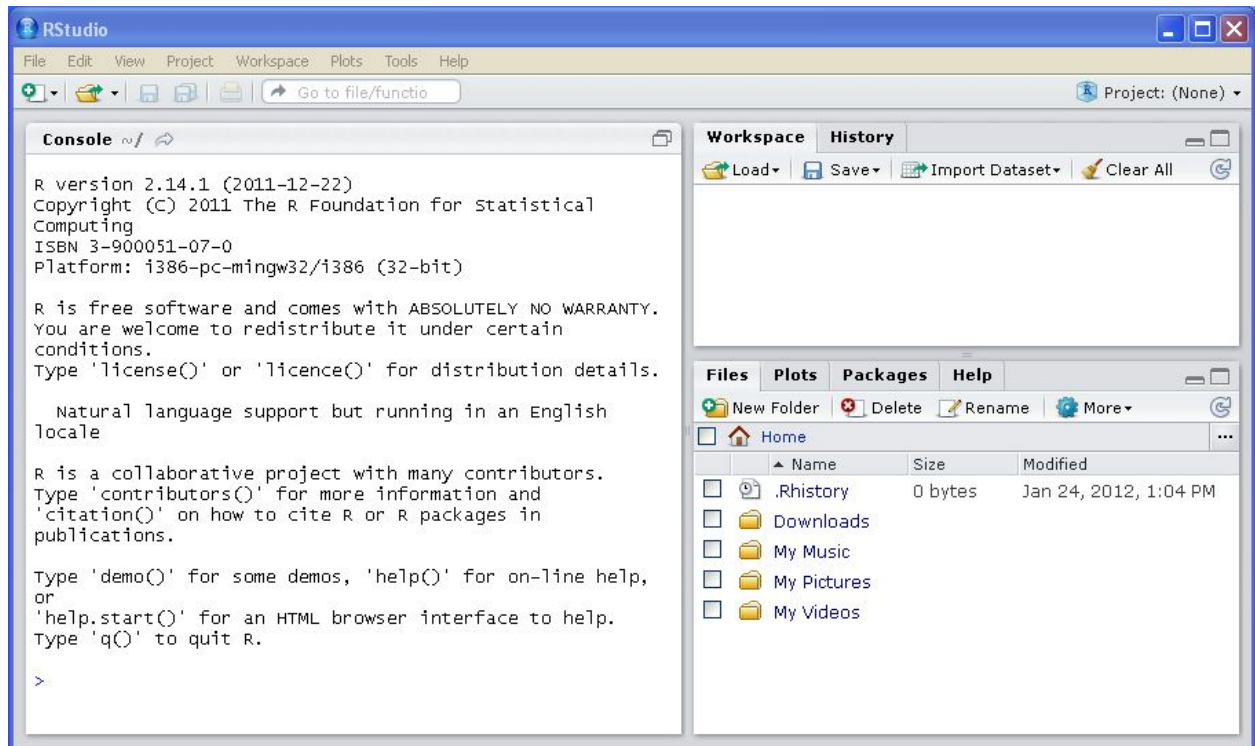


1. Option A: Download and install R and R Studio

- Go to <https://www.r-project.org/>
- Go to the [download](#) link
- Choose your CRAN mirror nearer to your location (either [Bristol](#) or [Imperial College](#) London)
- Download the correspondent version depending if you are using Windows Mac or Linux
 - For **Windows** click on **install R for the first time**. Then **download R for Windows** and follow the installation widget. If you get stuck follow this video tutorial <https://www.youtube.com/watch?v=GAGUDL-4aVw>
 - For **Mac** Download **the most recent pkg file** and follow the installation widget. If you get stuck follow this video tutorial <https://www.youtube.com/watch?v=EmZqlcKkJMM>
 - For **Linux** go on the correspondent subfolder and follow the normal path you do for installing new softwares. If you are using Ubuntu you can follow this guide <https://www.youtube.com/watch?v=kF0-FH-xBiE>
- Once R is installed you can install R studio (R interface)
- Go to www.rstudio.com
- Go in [download](#)
- Download the correspondent version depending on your Operating system and install it. If you get stuck check the videos linked above.
- Open the R studio interface and if it is looking like this



Congratulations you successfully installed the program we are going to use for the whole class!

2. Option B: Use Notable Service

Start Notable

1. Open the following link in a new tab: <https://noteable.edina.ac.uk/login>
2. Log in with your EASE credentials
3. Under 'RStudio ' click 'Start'