



Lanfrage potential energy:

$$V = m g L_1 \sin \theta$$

Lanfrage kinect energy:

$$T = \frac{1}{2} \left(\frac{1}{2} M_4 R_4^2 \right) \dot{\gamma}^2 + \frac{1}{2} \left(\frac{1}{2} M_3 R_3^2 \right) \dot{\psi}^2 + \frac{1}{2} \left(\frac{1}{3} M_2 L_2^2 \right) \dot{\theta}^2 + \frac{1}{2} M_1 (L_2 + m g L_1 \sin \theta \cos \psi)^2 \dot{\theta}^2$$