

Theme: My Moving Body

Day 4: Arms

- Check off the day of the month on your calendar,
- Count days to next marked day
- Talk about the weather today.
-

Activity - "P"

| | |
|--|---|
| <p>Skills - Gross Motor Skills, Listen and Reply to Direction, Letter Sounds</p> <p>Provided Supplies:</p> <p>Directions</p> <p>Your Supplies:</p> <p>Lots of Scrap Paper</p> | <p>Discuss</p> <p>Ask the child to say the letter "P" Sound.</p> <p>Create</p> <p>Show them how to write one big "P" on a page.</p> <p>Have them write it. Repeat until you have lots of papers with "P's".</p> <p>Set out papers with "P's" in a line and jump from one page to the next saying the "P" sound.</p> |
|--|---|

Craft - Arm Bones

| | |
|--|---|
| <p>Skills - Art for Expression, Fine Motor Skills, Expression, Self Confidence and Pride</p> <p>Provided Supplies:</p> <p>Black Paper</p> <p>Bone paper</p> <p>Your Supplies:</p> <p>Scissors</p> <p>Glue</p> | <p>Prep</p> <p>Cut out pieces for child</p> <p>Discuss</p> <p>Why do we need Bones?</p> <p>They are what stand us up? What's an x-ray?</p> <p>Create</p> <p>Invite the children to make a skeleton.</p> <p>Use long bones as follows; 1-spine, 2-arms & 2-legs. Use the small bones for ribs. Use circle for head.</p> <p>Draw a Face.</p> |
|--|---|

Sing: Picking up the pa pa's put them in your pocket x 3 (motion: picking up flowers and putting them in your pocket) Way down yonder (motion: lift hand to brow)

Theme: My Moving Body

