```java
package by.riit.gui_basic_component;

import javax.swing.*;
import java.awt.*;

public class TableTest {

    public static void main(String[] args) {
        final JFrame frame = new JFrame("JTable Demo");
        String[] columns = {"Group", "City", "Name", "Rating"};

        Object[][] data = {
                {"203508", "Gomel", "Petrov", 68.8},
                {"203508", "Gomel", "Ivanov", 76.3},
                {"203509", "Vitebsk", "Nikolaev", 75.9}
        };

        JTable table = new JTable(data, columns);
        JScrollPane scrPane = new JScrollPane(table);
        table.setFillsViewportHeight(true);

        JLabel lblHeading = new JLabel("The rating " +
                "of the students of the groups of the Gomel and Vitebsk");
        lblHeading.setFont(new Font("Arial", Font.TRUETYPE_FONT, 18));

        frame.getContentPane().setLayout(new BorderLayout());

        frame.getContentPane().add(lblHeading, BorderLayout.PAGE_START);
        frame.getContentPane().add(scrPane, BorderLayout.CENTER);

        frame.setDefaultCloseOperation(JFrame.EXIT_ON_CLOSE);
        frame.setSize(550, 200);
        frame.setLocationRelativeTo(null);
        frame.setVisible(true);
    }
}
```