

# Reinforcement Learning Fundamentals: MDPs and Policies

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## Markov Decision Process (MDP)

An MDP models a sequential decision problem under uncertainty.

**Definition:** An MDP is a tuple  $(\mathcal{S}, \mathcal{A}, p, r, \gamma)$ .

- $\mathcal{S}$ : Set of states  $s$ .
- $\mathcal{A}$ : Set of actions  $a$ .
- $p(s'|s, a)$ : Transition probability kernel.

$$p(s'|s, a) = \mathbb{P}(S_{t+1} = s' | S_t = s, A_t = a)$$

- $r(s, a)$  or  $r(s, a, s')$ : Reward function.

$$r(s, a) = \mathbb{E}[R_t | S_t = s, A_t = a]$$

$$r(s, a, s') = \mathbb{E}[R_t | S_t = s, A_t = a, S_{t+1} = s']$$

Note:  $r(s, a) = \sum_{s'} p(s'|s, a) r(s, a, s')$ .

- $\gamma \in [0, 1]$ : Discount factor.

**Markov Property:** The future depends only on the current state and action, not the past history.

$$\mathbb{P}(S_{t+1}, R_t | S_t, A_t, S_{t-1}, \dots) = \mathbb{P}(S_{t+1}, R_t | S_t, A_t)$$

## Policies

A policy specifies how an agent selects actions. **Definition:** A policy  $\pi$  is a sequence of decision rules  $\pi_t$ . **Decision Rule**  $\pi_t$ : Determines the distribution of action  $A_t$  given the history  $H_t = (S_0, A_0, \dots, S_t)$ .

$$A_t \sim \pi_t(\cdot | H_t)$$

## Types of Policies

- **History-dependent:**  $\pi_t(\cdot | H_t)$ .
- **Markovian** (Memoryless): Depends only on the current state  $S_t$ .

$$\pi_t(\cdot | H_t) = \pi_t(\cdot | S_t)$$

Often written as  $\pi_t(a|s)$ .

- **Stationary:** The decision rule is time-independent.

$$\pi(\cdot | s) = \pi_t(\cdot | s) \quad \forall t$$

Often written as  $\pi(a|s)$ .

- **Deterministic:** Maps each state (or history) to a single action.

$$\pi(s) = a$$

Or  $\pi_t(H_t) = a$ .

**Induced Markov Chain:** Given an MDP and a fixed stationary policy  $\pi$ , the state sequence  $(S_t)$  forms a Markov chain with transition kernel  $p^\pi(s'|s)$ :

$$p^\pi(s'|s) = \sum_{a \in \mathcal{A}} \pi(a|s) p(s'|s, a)$$

If  $\pi$  is deterministic,  $p^\pi(s'|s) = p(s'|s, \pi(s))$ .

## Value Functions & Optimality

Evaluating how good states and policies are.

$$G_t^\pi(s) = \sum_{k=0}^{\infty} \gamma^k R_{t+k} \quad \left| \quad \begin{array}{l} S_0 = s, \\ A_{t+k} \sim \pi_{t+k}, \\ S_{t+k+1} \sim p(\cdot | S_{t+k}, A_{t+k}), \\ R_{t+k} = r(S_{t+k}, A_{t+k}, S_{t+k+1}). \end{array} \right.$$

if  $t = 0$  (and rename  $k$  by  $t$ )

$$G^\pi(s) = \sum_{t=0}^{\infty} \gamma^t R_t \quad \left| \quad \begin{array}{l} S_0 = s, \\ A_t \sim \pi_t, \\ S_{t+1} \sim p(\cdot | S_t, A_t), \\ R_t = r(S_t, A_t, S_{t+1}). \end{array} \right.$$

This is a random variable depending on the policy and system dynamics.

**State Value Function**  $v^\pi(s)$ : Expected return starting from state  $s$  and following policy  $\pi$ .

$$v^\pi(s) = \mathbb{E}_\pi[G_t^\pi | S_t = s]$$

$$v^\pi(s) = \mathbb{E}_\pi \left[ \sum_{k=0}^{\infty} \gamma^k R_{t+k} \mid S_t = s \right]$$

**Policy Value / Objective Function**  $J(\pi)$ : Expected value starting from an initial state distribution  $\rho_0$ .

$$J(\pi) = \mathbb{E}_{S_0 \sim \rho_0} [v^\pi(S_0)] = \mathbb{E}_{S_0 \sim \rho_0, \pi} [G_0]$$

**Optimal Value Function**  $v^*(s)$ : Maximum possible expected return from state  $s$ .

$$v^*(s) = \max_{\pi} v^\pi(s)$$

**Optimal Policy**  $\pi^*$ : A policy achieving the optimal value function for all states.

$$\pi^* \text{ is optimal} \iff v^{\pi^*}(s) = v^*(s) \quad \forall s \in \mathcal{S}$$

Equivalently:

$$\pi^* \text{ is optimal} \iff v^{\pi^*}(s) \geq v^\pi(s) \quad \forall s \in \mathcal{S}, \forall \pi$$

**Policy Optimization Problem:** Find  $\pi^*$  maximizing  $J(\pi)$ .

$$\pi^* \in \arg \max_{\pi} J(\pi)$$

If  $\rho_0(s) > 0$  for all  $s$ , solving  $\max_{\pi} J(\pi)$  is equivalent to finding a  $\pi^*$  such that  $v^{\pi^*}(s) = v^*(s)$  for all  $s$ .

## Existence of Optimal Policies

**Theorem:** For any MDP with a  $\gamma$ -discounted criterion ( $\gamma < 1$ ) and infinite horizon, there exists at least one optimal policy  $\pi^*$  that is:

- Stationary
- Deterministic
- Memoryless (Markovian)

This means we can search for optimal policies of the form  $\pi: \mathcal{S} \rightarrow \mathcal{A}$ .

## State Occupancy Measure

Alternative view of policy value based on state visitation frequency.

**Expected Reward under  $\pi$ :**

$$r^\pi(s) = \mathbb{E}_{a \sim \pi(\cdot | s), s' \sim p(\cdot | s, a)} [r(s, a, s')]$$

$$r^\pi(s) = \sum_a \pi(a|s) \sum_{s'} p(s'|s, a) r(s, a, s')$$

**State Visitation Probability:**  $p(S_t = s | S_0 \sim \rho_0, \pi)$  is the probability of being in state  $s$  at time  $t$ . For finite states, if  $\rho_0$  is a row vector, this is the  $s$ -th element of  $\rho_0(p^\pi)^t$ .

**Discounted State Occupancy Measure**  $\rho_\pi^\pi(s)$ : Expected total discounted time spent in state  $s$ .

$$\rho_{\rho_0}^\pi(s) = \sum_{t=0}^{\infty} \gamma^t p(S_t = s | S_0 \sim \rho_0, \pi)$$

For finite states,  $\rho_{\rho_0}^\pi = \rho_0 \sum_{t=0}^{\infty} (\gamma p^\pi)^t = \rho_0 (I - \gamma p^\pi)^{-1}$ .

**Policy Value via Occupancy:**

$$J(\pi) = \sum_{s \in \mathcal{S}} \rho_{\rho_0}^\pi(s) r^\pi(s) = \langle \rho_{\rho_0}^\pi, r^\pi \rangle$$

**Total Occupancy:** Summing over all states:

$$\sum_{s \in \mathcal{S}} \rho_{\rho_0}^\pi(s) = \sum_{t=0}^{\infty} \gamma^t \sum_{s \in \mathcal{S}} p(S_t = s | \dots) = \sum_{t=0}^{\infty} \gamma^t = \frac{1}{1 - \gamma}$$

**Normalized Occupancy Distribution:**

$$d_{\rho_0}^\pi(s) = (1 - \gamma) \rho_{\rho_0}^\pi(s)$$

This is a proper probability distribution ( $\sum_s d_{\rho_0}^\pi(s) = 1$ ).

$$J(\pi) = \frac{1}{1 - \gamma} \sum_s d_{\rho_0}^\pi(s) r^\pi(s) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim d_{\rho_0}^\pi} [r^\pi(s)]$$

## Interpretation of Discount Factor $\gamma$

$\gamma$  can be seen as the probability of continuing the process at each step.

- Consider an MDP where each transition has a probability  $1 - \gamma$  of ending in a terminal absorbing state (with 0 reward) and  $\gamma$  of continuing according to  $p$ .
- The probability of a trajectory lasting exactly  $h$  steps is  $(1 - \gamma)\gamma^{h-1}$  (for  $h \geq 1$ ).
- The expected length of a trajectory (effective horizon) is  $\frac{1}{1 - \gamma}$ .
- The value  $v_\gamma^\pi(s)$  in the original MDP (discounted) is related to the value  $v^{\pi'}(s)$  in the modified MDP (total reward) by  $v^{\pi'}(s) \approx \gamma v_\gamma^\pi(s)$ .