Chapter 11, Solution 45.

(a)
$$V_{rms}^2 = 20^2 + \frac{60^2}{2} = 2200 \longrightarrow V_{rms} = \underline{46.9 \text{ V}}$$

$$I_{rms} = \sqrt{1^2 + \frac{0.5^2}{2}} = \sqrt{1.125} = \underline{1.061A}$$

(b) $p(t) = v(t)i(t) = 20 + 60\cos 100t - 10\sin 100t - 30(\sin 100t)(\cos 100t)$; clearly the average power = **20W**.