Chapter 9, Solution 22.

Let
$$f(t) = 10v(t) + 4\frac{dv}{dt} - 2\int_{-\infty}^{t} v(t)dt$$

 $F = 10V + j\omega 4V - \frac{2V}{j\omega}, \quad \omega = 5, \quad V = 55\angle 45^{\circ}$
 $F = 10V + j20V + j0.4V = (10 + j20.4)V = 22.72\angle 63.89^{\circ}(55\angle 45^{\circ}) = 1249.6\angle 108.89^{\circ}$
 $f(t) = 1249.6\cos(5t + 108.89^{\circ})$