Chapter 11, Solution 65.

$$C = 1 \text{ nF} \longrightarrow \frac{1}{j\omega C} = \frac{-j}{10^4 \times 10^{-9}} = -j100 \text{ k}\Omega$$

At the noninverting terminal,

$$\frac{4\angle 0^{\circ} - \mathbf{V}_{\circ}}{100} = \frac{\mathbf{V}_{\circ}}{-j100} \longrightarrow \mathbf{V}_{\circ} = \frac{4}{1+j}$$

$$\mathbf{V}_{\circ} = \frac{4}{\sqrt{2}} \angle -45^{\circ}$$

$$\mathbf{V}_{\circ}(t) = \frac{4}{\sqrt{2}} \cos(10^{4} t - 45^{\circ})$$

$$P = \frac{V_{rms}^{2}}{R} = \left(\frac{4}{\sqrt{2}} \cdot \frac{1}{\sqrt{2}}\right)^{2} \left(\frac{1}{50 \times 10^{3}}\right) W$$

$$P = 80 \mu W$$