

注意：99 句练习的目的是帮助大家提升语感、词汇、句型、发音等，并非是在考场上必须原句使用。在考试中，如果某个词、句型、句子自然脱口而出，很好。但是，不要逼迫自己必须说某个背过的句子。有时，在不合适的地方说出某个句子，反倒会导致整体回答很奇怪。

## 时间

1. My favorite movie star is Tom Cruise and I watch his movies quite often/pretty frequently.
2. I believe it's essential for children to play outdoors regularly/on a regular basis.
3. I never use perfume but my girlfriend wears it on a daily basis/every single day.
4. It doesn't happen very often, but I do suffer from insomnia two or three times a month.
5. Since the air quality in my hometown isn't quite up to par, I only stand on my balcony and look at the stars from time to time/occasionally.
6. I seldom/hardly ever buy real books now cuz I find it much easier and far more convenient to buy and read books on my Kindle.
7. Coffee appeals to me much more than tea. I actually drink tea once in a blue moon.

essential 必要的

regularly=on a regular basis 经常地、定期地

on a daily basis=every single day=every day 每天

suffer from insomnia 失眠

since 由于

not up to par 达不到标准、质量不高

balcony 阳台

from time to time=occasionally 偶尔、有时

seldom=hardly ever 很少

cuz=because

appeal to sb 吸引某人、令某人喜欢

once in a blue moon 极少地、破天荒地

## 地点

8. What I like the most about my neighborhood is that there's a river close to it and I quite enjoy taking a relaxing stroll along that river.
9. I guess some people throw garbage on the streets because there are no trash cans in the vicinity of their homes/in close proximity to their homes.
10. My relatives and I always visit each other because we live within walking distance of each other's home.
11. There used to be a street market near my home which only took me about 3 minutes to walk there.
12. Japan is one of the most popular tourist destinations among Chinese people because it only takes 3 to 4 hours to get there by plane.

close to ...=near ...

take a stroll 去遛弯

along ... 沿着...

trash can 垃圾箱

in the vicinity of ...=in close proximity to ... 离...近

within walking distance of ... 离...走路就能到

tourist destination 旅行目的地(国家、城市...) tourist attraction 景点

## 人物

13. I can't make decisions alone/on my own/by myself; I always need to seek others' help.

14. Being good at math runs in the family; all of my family members see math as easy and interesting.

15. A very good friend of mine/One of my closest friends/One of my pals/One of my gal pals took me to a new museum last week. It was jam-packed!

seek help 寻求帮助

sth runs in the family 我们家中都有... (品质、特点、疾病...)

see sth as ... 把...看作...

pal 哥们儿

gal pal 姐们儿

jam-packed 非常拥挤的

## 感受

16. The older I get, the more I think practicing calligraphy is a great way to relax/unwind/wind down/reduce stress.

17. I usually spend about an hour playing with my Labrador in order to switch off at the end of the day.

18. Stargazing is relaxing, enjoyable and therapeutic.

19. Who doesn't like traveling? At least for me, it helps me take my mind off things/clear my head.

20. Social media is a form of escapism for me; watching a few videos and checking out some pictures give me a lot of joy.

21. I remember I was over the moon/on cloud nine/in seventh heaven/overjoyed when the girl that I had a crush on shared her chocolate cake with me.

22. There was a big yard in my childhood house and I always had a blast/had a ball running around in it.

23. I'm not a fan of any particular singer, but I'm a huge fan of concerts. I always have a great

**time/have a lot of fun** no matter whose concert it is.

24. I used to think being a student was **pretty dull**, but now that I'm about to graduate, I'm already beginning to miss it.

25. Taking the subway is **a hassle** for me cuz my commute involves four transfers and each one takes at least 7 minutes.

26. Cooking is **time-consuming** and I'm not patient enough to spend a couple of hours doing it.

27. I bought a perfume for my girlfriend last year. Choosing the best one for her was **a lot of work!**

28. Playing musical instruments is **not really my thing; I don't have any talent for it.**

the more ..., the more ... 越..., 越...

calligraphy 书法

relax=unwind=wind down=reduce stress 放松 (不能说 relax oneself; 注意 unwind, wind 的发音; 注意 reduce stress 中间没有 my)

Labrador 拉布拉多

switch off 不再想着工作、学习得以放松

relaxing 令人感到放松的 relaxed (个人)感到放松的

enjoyable 令人愉快、享受的 (不能说 I'm/I feel enjoyable, 应该是 sth is enjoyable)

therapeutic 治愈的、有助于放松精神的

at least 至少

take my mind off things=clear my head 让我不去想一些烦心事

a form of escapism 一种消遣、放松的方式

check sth out 看看...

joy n. 快乐、愉快

over the moon=on cloud nine=in seventh heaven=overjoyed 超级开心、欣喜若狂

have a crush on ... 迷恋某人

yard 院子

have a blast=have a ball=have a great time=have a lot of fun 玩得很开心

particular 专指的某一个

be a huge fan of ... 非常喜欢...的人

dull=mundane 无聊的、没意思的

now that ... 现在 (既然) ...

miss 想念

hassle 麻烦事

transfer n./v. 换乘

time-consuming 耗费很多时间的

a couple of ... 两个、两三个...

a lot of work 很麻烦/繁琐的事

not my thing 不是我的菜

talent 才华、天赋

请添加我们微信: ielts6799 雅思加油站  
内容不全!