

# Breathing rate alarm - Analog electronics

## Table of Contents

Introduction.....	1
Processing in analog electronics.....	1
Processing in software.....	5

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This code was developed by Miodrag Bolic for the book PERVASIVE CARDIAC AND RESPIRATORY MONITORING DEVICES.

```
% Changing the path from main_folder to a particular chapter
main_path=fileparts(which('Main_Content.mlx'));
if ~isempty(main_path)
    %addpath(append(main_path, '/Chapter2'))
    cd (append(main_path, '/Chapter4/BreathingAlarm'))
    addpath(append(main_path, '/Service'))
end
SAVE_FLAG=0; % saving the figures in a file
```

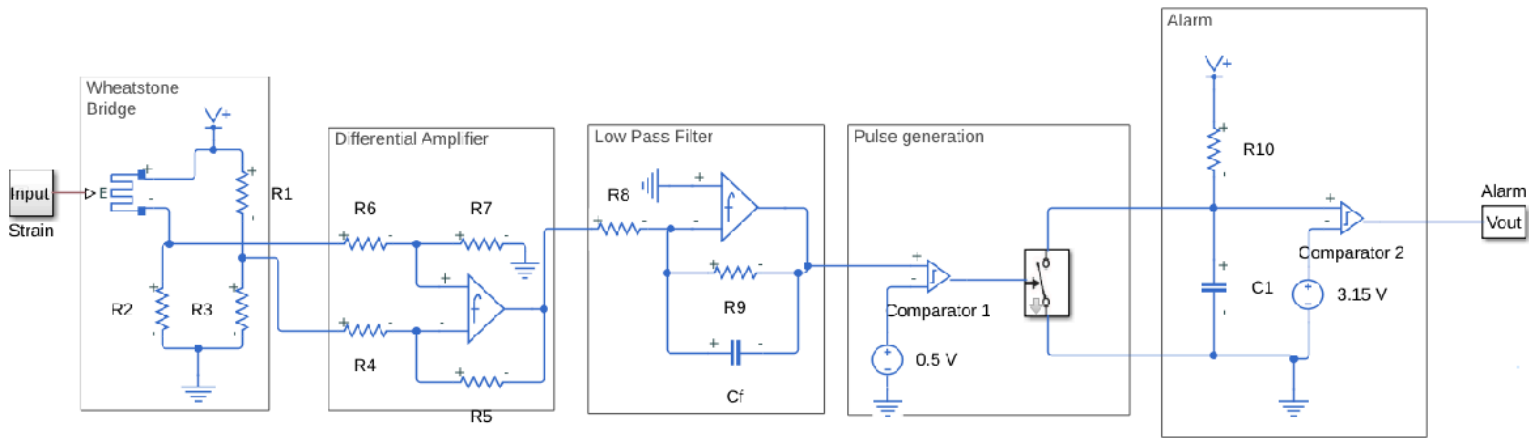
## Introduction

In this section, we will present the circuit that detects that the cessation of breathing over 10 sec and produces the alarm at the output. The alarm will be set as a logic from 10 sec onwards after the breathing cessation is detected.

## Processing in analog electronics

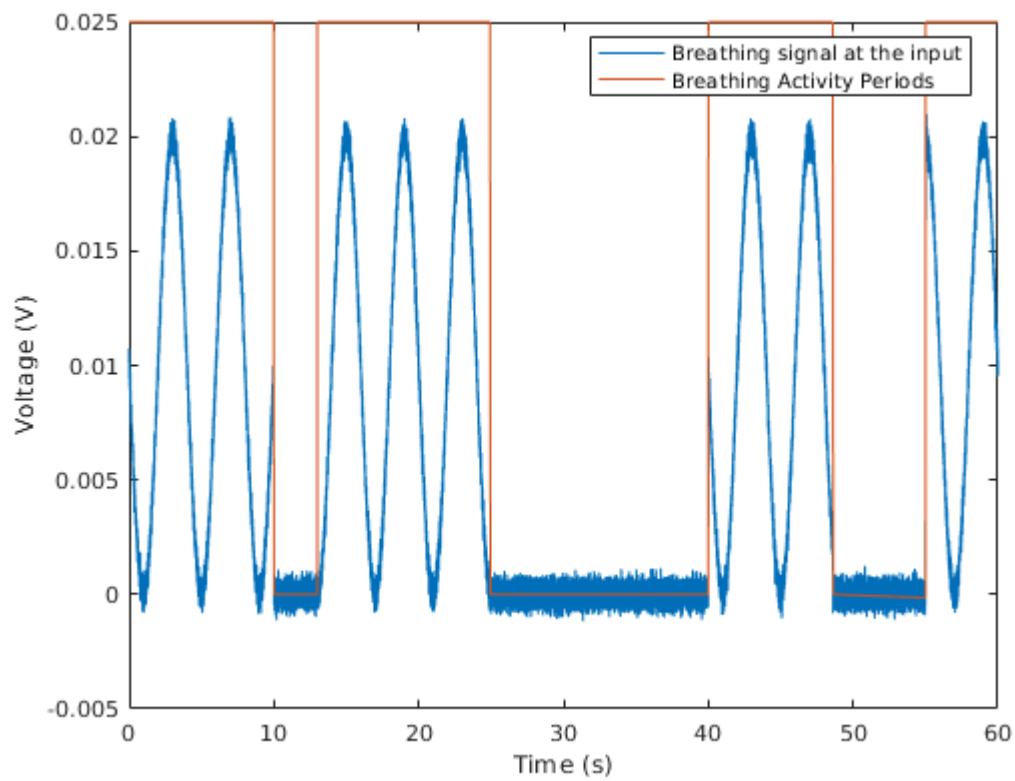
Pulse detector circuit converts amplified and filtered breathing signals into pulses. The threshold of the comparator is set to 0.5 V. When the output of the comparator is one, the capacitor C<sub>1</sub> is connected to the ground through the voltage controlled switch PS and discharged. During the periods of logic zero which correspond to the low breathing amplitudes or no breathing signal, the capacitor is charged. The time constant is selected to be 10 sec ( $C_1 = 1\mu F$  and  $R_{11} = 1M\Omega$ ). Therefore, the output of the integrator is compared against the fixed threshold at  $0.63 \cdot 5 V = 3.15 V$  and it generates alarm when the signal is above the threshold. This threshold is selected like that because it is known that the voltage of the output of the RC circuit will achieve 0.63 of its maximum at the time that corresponds to the time constant.

The analog circuit is shown below.



```
% Simulation
model_name = 'breathing_rate_analog1';
open_system(model_name)
simOut = sim(model_name, 'CaptureErrors', 'on');
```

```
% Plotting results
figure
plot(simOut.S_Noise_in.Time,simOut.S_Noise_in.Data)
hold on
plot(simOut.Activity_in.Time,simOut.Activity_in.Data/40)
xlabel("Time (s)")
ylabel("Voltage (V)")
ylim([-0.005, 0.032])
legend({'Breathing signal at the input', 'Breathing Activity Periods'}, 'Location', 'Best')
```



```
annotation_save('', "Fig4.15.jpg", SAVE_FLAG);
```

```
figure
```

```
plot(simOut.LPF_out.Time,simOut.LPF_out.Data)
```

```
hold on
```

```
plot(simOut.Cmpl_out.Time,simOut.Cmpl_out.Data)
```

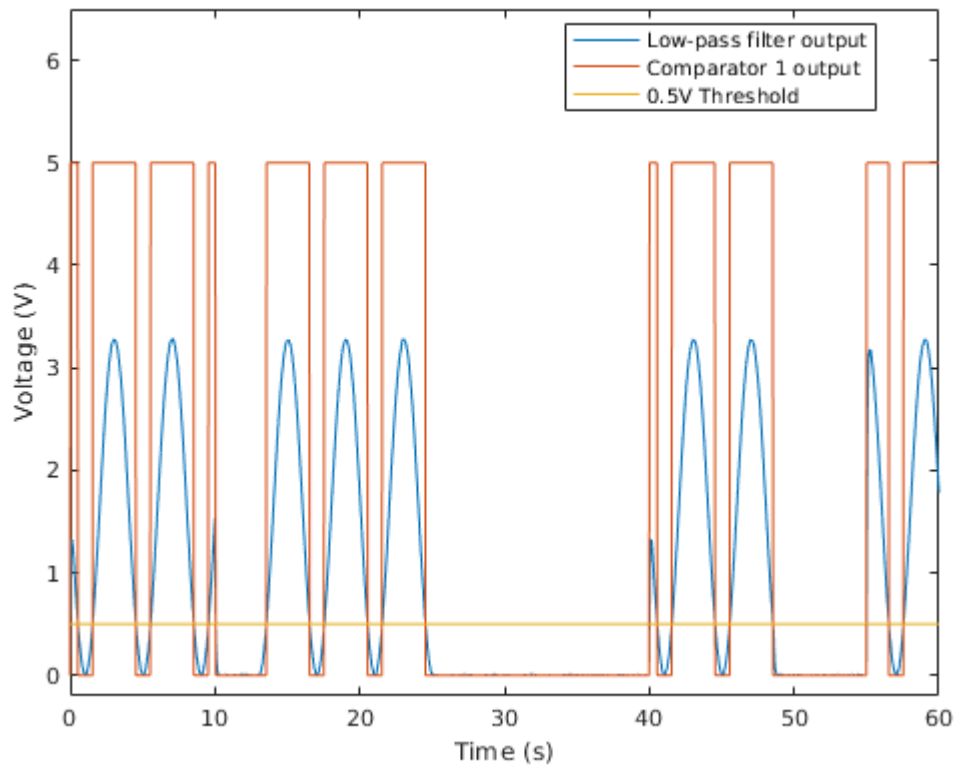
```
plot(simOut.LPF_out.Time,0.5*ones(1,length(simOut.LPF_out.Data)));
```

```
xlabel("Time (s)")
```

```
ylabel("Voltage (V)")
```

```
legend({'Low-pass filter output','Comparator 1 output', '0.5V Threshold'},'Location','E
```

```
ylim([-0.2, 6.5])
```

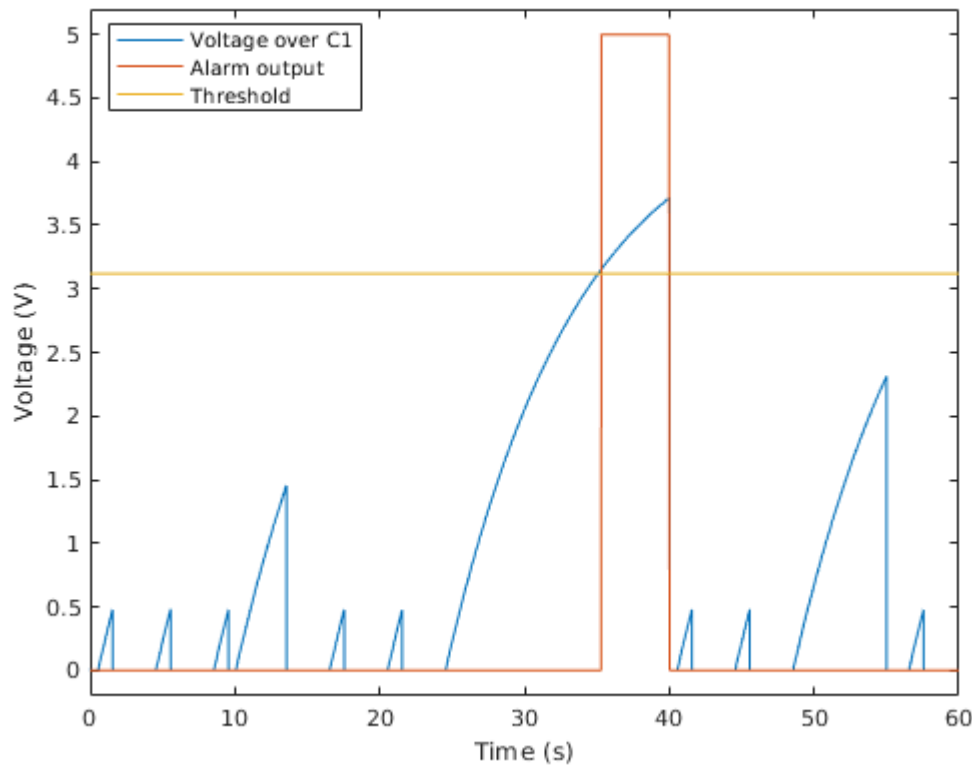


```

annnotation_save('a','Fig4.17a.jpg', SAVE_FLAG);

figure
plot(simOut.PG_out.Time,simOut.PG_out.Data)
hold on
plot(simOut.Alarm_out.Time,simOut.Alarm_out.Data)
plot(simOut.LPF_out.Time,3.12*ones(1,length(simOut.LPF_out.Data)));
xlabel("Time (s)")
ylabel("Voltage (V)")
legend({'Voltage over C1', 'Alarm output', 'Threshold'},'Location','Best')
ylim([-0.2, 5.2])

```



```
annotation_save('b') , "Fig4.17b.jpg" , SAVE_FLAG) ;
```

## Processing in software

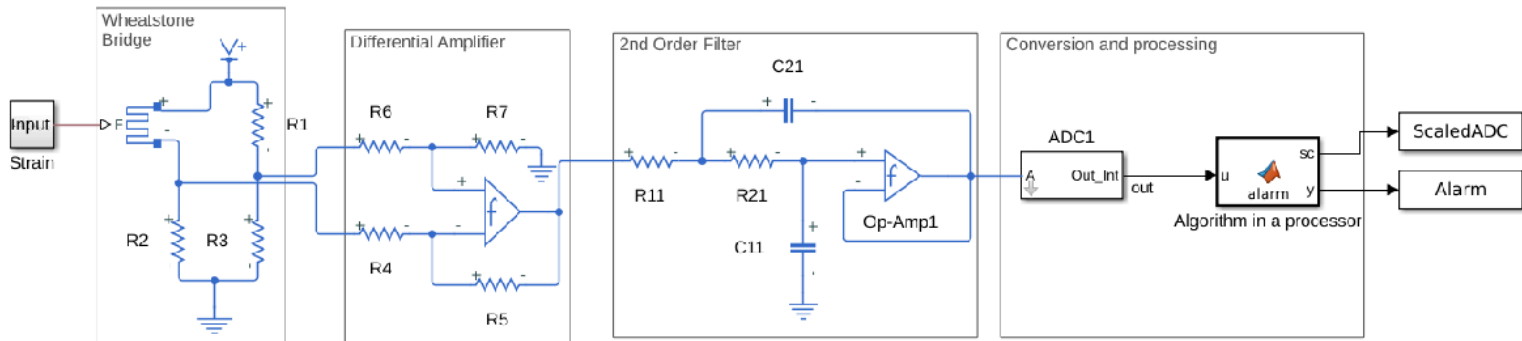
The major difference is that analog electronics for detecting stop breathing is replaced with the anti-aliasing filter, A/D converter and the processor. Processor is modeled as a Matlab code. It processes data in real time and shows the result if the alarm if the breathing signal is below a certain threshold for more than 10 sec if the parameter if the circuit called AVERAGING is set to 0. A/D convertor is selected to have 12 bits and sampling rate of 80 Hz.

Anti-aliasing filter is designed to have cutoff frequency of  $f_c=10$  Hz.  $C_{11}=C_{21}= 800$  nF,  $R_{11}= R_{21} = 10$  kOhm. This means that 60 Hz is attenuated by 23 dB.

The algorithm is implemented to perform the following:

- Store data that arrives from the A/D converter sequentially
- Scales data back in the range from 0 V to 5 V
- Compare last 10 seconds of data with a fixed threshold and if the output is smaller than the threshold, generate the alarm when AVERAGING parameter in the block "alarm" is set to zero.

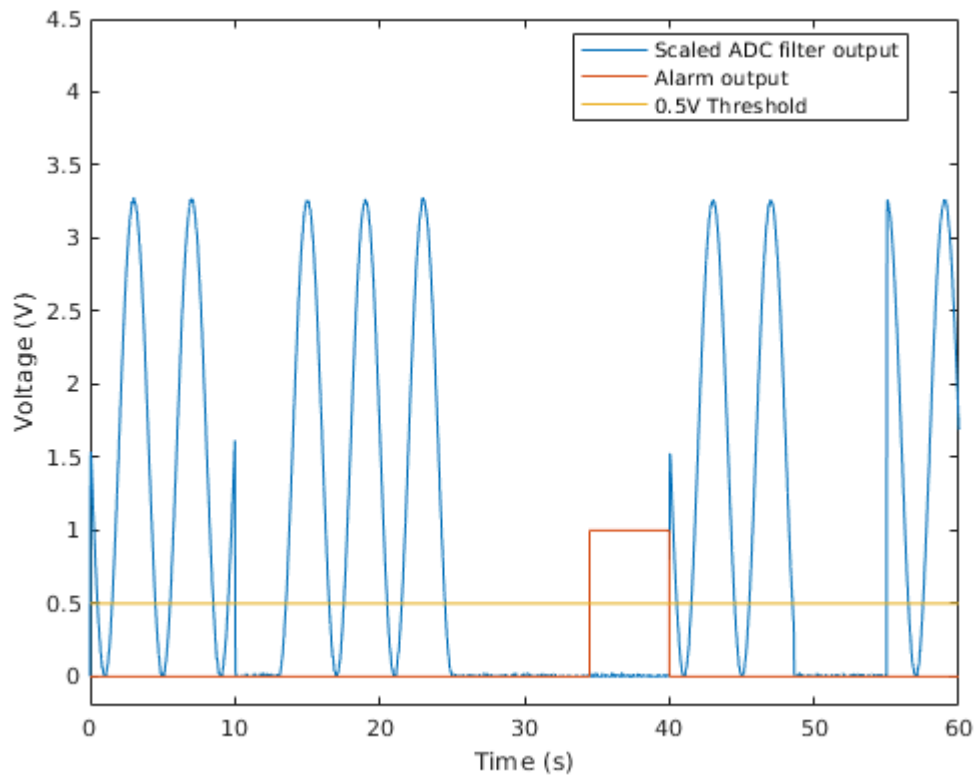
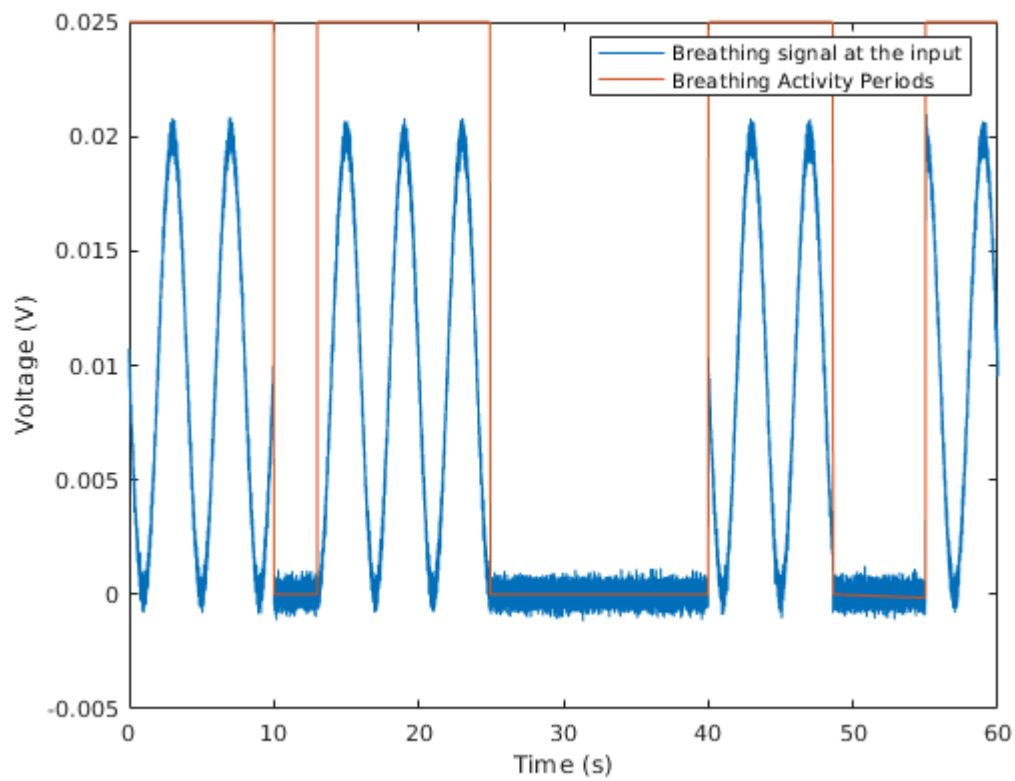
The circuit is shown below:



```
clear_all_but('SAVE_FLAG')
% Simulation - to change algorithms in the block "alarm" click on the block
% and change AVARAGE from 0 to 1 (or 1 to 0).
% AVERAGING =0 means that the algorithm is based on comparing the 10 sec of
% the signal against the threshold
% AVERAGING =1 means that the 10 seconds of the signal is averaged and
% compared against the threshold.
model_name = 'breathing_rate_adc1';
open_system(model_name)
simOut = sim(model_name, 'CaptureErrors', 'on');
```

```
% Plotting results
figure
plot(simOut.S_Noise_in.Time,simOut.S_Noise_in.Data)
hold on
plot(simOut.Activity_in.Time,simOut.Activity_in.Data/40)
xlabel("Time (s)")
ylabel("Voltage (V)")
legend({'Breathing signal at the input', 'Breathing Activity Periods'},'Location','Best')

figure
plot(simOut.sc_out.Time,simOut.sc_out.Data)
hold on
plot(simOut.y_out.Time,simOut.y_out.Data)
plot(simOut.y_out.Time,0.5*ones(1,length(simOut.y_out.Data)));
xlabel("Time (s)")
ylabel("Voltage (V)")
legend({'Scaled ADC filter output', 'Alarm output', '0.5V Threshold'},'Location','Best')
ylim([-0.2, 4.5])
annotation_save('', "Fig4.19.jpg", SAVE_FLAG);
```



**Excercise:** In order to simulate effect of aliasing as well as anti-aliasing filter, add 60 Hz interference as well at the input. Observe the effects of aliasing at the output.

**Excercise:** Add motion artifact in the duration of 1 sec. The artifact should result in the signal amplitude larger than 1 V. Make sure that the motion artifact occurs during the 15 sec stop breathing intervals. Compare the outputs of the algorithms with and without averaging.