Case Study 3: June Reynolds (Neighbor) and Cindy

Recognize Engage Respond

### Identify

Respond

Support

# Recognize: Identify

Are there any indicators or signs of victimization that June could have identified?

What are they?

# Recognize: Identify

#### Indicators of possible victimization:

- Yelling and sounds of repeated fighting;
- Furniture/objects breaking;
- Possible sounds of physical abuse;
- Isolation; and
- Child witness/exposure to domestic violence.

## What could June do in response to what she has heard that puts safety first?

- Follow-up steps to take?
- To be safe?
- To be empathetic and traumainformed?
- Avoid victim blaming?

### Recognize: Respond

- Avoid putting herself and others in danger or conducting her own investigation.
- Find a safe place/time to approach her neighbor.
- Gentle inquiry, making a connection (smiling, talking to the toddler).
- Avoid victim blaming (why does she allow toddler to be exposed in this way, etc.).

### Recognize: Respond

### Recognize: Support

To whom could June have turned for assistance?

How can we make sure that June:

Identifies possible victimization?

Responds appropriately?

and

Remains safe?

### Recognize: Support

#### What can June do next?

- Publicly available info and resources.
- Information available in nonprofessional settings.
- Local and state domestic violence coalitions, shelters, agencies and national hotlines.

What members of the public should not do: investigate what is happening themselves.

## Connect: Identify

How should June identify any connections to make?

What are they?

Should June call law enforcement or DCFS?

## Connect: Identify

- IL Coalition Against Domestic Violence.
- Local resources such as local hotlines, women's centers, shelters, community centers, or victim's advocacy groups.
- IL HEALS Resource Coordinator.

# Connect: Identify

- Faith community organizations.
- Community-based
  organizations that provide
  support to victims of family
  violence.
- Domestic violence hotlines.

## What are some skills that June could draw on to help make connections?

- Speaking with domestic violence community advocates and learning more about domestic violence.
- Finding financial and other supports within her own community connections.

Any other ideas?

### Connect: Respond

## What are some skills that June could draw on to help make connections?

• A trauma-informed response and use of a harm-reduction approach.

 Recognizing that you are not an expert and respond with empathy and support.

### Connect: Respond

### Connect: Support

How can we make sure that June:

Identifies the connections to make?

and

Makes the connections appropriately?

## Connect: Support

#### A relational approach:

- Strengthening communitybased information about connections.
  - Developing comfort reaching out to available resources such as the Illinois HEALS Resource Coordinator.

## Connect: Support

How do we make a connection as safe and comfortable for June as possible?

- Community-based trainings on available community-based resources.
- Training for the public on active and empathetic listening and response, which helps us think about what "I can do" as a neighbor/friend.

## Connect: Support

### How can the burden be shifted to the system rather than June?

- First point of contact should connect to the resource coordinator without having to make too many calls.
- System should be equipped to make that connection right away, no matter which portal is chosen.

Engage: Identify

How can June and other community members like her continue to engage?

How can "collective community care" be facilitated?

Building connections and forging relationships within communities can be among the strongest protective factors for survivors.

### Engage: Respond

### Engage: Support

### Examples of collective care:

- Grandmothers' community support network.
- Local caregiver support groups.
- Parent Cafés.
- Mutual aid organizations.

### Engage: Support

A relational approach:

Recognize Connect Engage

### Identify

Respond

Support

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