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Help

Welcome to the first section of the *International Human Rights* course.

For the next ten days you will be taking your first steps in the field of international human rights law. You will probably be handling a great quantity of new concepts, and we expect this to be a challenging first few days, especially as Section 1 of the course is particularly long compared to others (count at least six and up to twelve hours to complete it).

Try to be thorough and engage with all readings, exercises and discussion opportunities. Although many concepts might seem difficult to grasp at first, by dealing with them from different angles and in different situations, your understanding will improve. Don't forget that you can check the wiki page (and in particular the lexicon) for explanations of specific terms, or concepts. And if you don't find an answer to your question, don't hesitate to ask in the Section 1 discussion forums at the end of the section.



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