# Comp6211e: Optimization for Machine Learning

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Lecture 5: Beyond Gradient Descent: Quadratic Objective Function

## **Quadratic Optimization**

In this lecture, we consider the following quadratic optimization problem

$$\min_{x} Q(x), \qquad Q(x) = \frac{1}{2} x^{\top} A x - b^{\top} x, \tag{1}$$

In this problem, we assume that A is a  $d \times d$  symmetric positive definite matrix. b and x are d dimensional vectors.

## Ridge Regression

In machine learning, the ridge regression problem below can be regarded as quadratic optimization:

$$\min_{w} \left[ \frac{1}{n} \sum_{i=1}^{n} (x_i^\top w - y_i)^2 + \lambda w^\top w \right].$$

## **Optimal Solution**

The solution of (1) is given by the linear equation

$$x_* = A^{-1}b.$$

The system can be solved by gradient descent, with gradient

$$\nabla_X Q(x) = Ax - b.$$

Using  $b = Ax_*$ , we can write

$$\nabla Q(x) = A(x - x_*).$$

### **Gradient Descent**

We can apply the gradient descent method, which leads to the following iterative algorithm:

$$x_t = x_{t-1} - \eta (Ax_{t-1} - b).$$

It can be checked that for this problem, we have

$$x_t - x_* = (I - \eta A)(x_{t-1} - x_*).$$

Therefore

$$x_t - x_* = (I - \eta A)^t (x_0 - x_*).$$

## Convergence Rate

We have convergence result:

$$\|x_t - x_*\|_2 \le \rho^t \|x_0 - x_*\|_2.$$

If we let  $\eta = 1/L$ , then  $\rho = 1 - \lambda/L = 1 - 1/\kappa$ , where  $\kappa = L/\lambda$  is the condition number.

The optimal choice is at

$$\eta = 2/(\lambda + L),$$

and the corresponding optimal convergence rate is

$$\rho = \frac{L - \lambda}{L + \lambda} = \frac{\kappa - 1}{\kappa + 1},$$

# Conjugate Gradient

### **Algorithm 1:** Conjugate Gradient

```
Input: A, b, and x_0
   Output: X_T
1 Let r_0 = b - Ax_0
2 Let p_0 = r_0
3 for t = 1, 2, ..., T do
      Let \alpha_{t-1} = r_{t-1}^{\top} r_{t-1} / p_{t-1}^{\top} A p_{t-1}
        Let x_t = x_{t-1} + \alpha_{t-1} p_{t-1}
        Let r_t = r_{t-1} - \alpha_{t-1} A p_{t-1}
        Let \beta_{t-1} = r_t^\top r_t / r_{t-1}^\top r_{t-1} \approx \text{convergence rate}.
        Let p_t = r_t + \beta_{t-1} p_{t-1}
```

Return:  $X_T$ 

6

## **Properties**

It can be shown that

$$r_t = b - Ax_t = -\nabla Q(x_t).$$

The update direction of  $x_t$  is not along gradient  $r_t$  but aggregated gradient:

$$p_t = -\nabla Q(x_t) + \beta_{t-1} p_{t-1}$$

By expanding  $p_{t-1}$  recursively, we obtain

$$p_t = -\nabla Q(x_t) - \beta_{t-1} \nabla Q(x_{t-1}) - \beta_{t-1} \beta_{t-2} \nabla Q(x_{t-2}) - \cdots$$

This means that the search direction  $p_t$  is a weighted average of historical gradient as well as the current gradient.

# Convergence

#### **Theorem**

We have the following convergence result for CG:

$$\|x_t - x_*\|_A \le 2\left(\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}\right)^t \|x_0 - x_*\|_A,$$

where  $\kappa$  is the condition number of (1).

# Conjugate Gradient: pros and cons

#### Pros:

- is an "optimal" (for linear systems, among all such methods) first order method that employs first order gradient information, and converges faster than regular gradient descent.
- It also automatically sets the parameters  $\alpha_t$  and  $\beta_t$ , which is an advantage for general linear systems.

#### Cons:

- However, for machine learning, which has a finite sum structure over data, such as ridge regression, we often need to use stochastic versions of first order method. In such case, it is difficult to generalize the computation of  $\alpha_t$  and  $\beta_t$  as in CG.
- Also CG does not handle non-smooth regularizer such as Lasso well.

## Heavy Ball Method

The *Heavy Ball Method*, by Polyak, is very similar to CG, and can be stated in the following recursive equations

$$x_t = x_{t-1} + \alpha_t p_{t-1}$$

$$p_t = -\nabla Q(x_t) + \beta_t p_{t-1}.$$
(2)

Set  $\alpha_t = \alpha$  and  $\beta_t = \beta$ .

### Alternative Form

It can be verified that by eliminating  $p_t$ , the heavy-ball method with constant  $\alpha$  and  $\beta$  in (2) can be rewritten as

$$X_t = X_{t-1} - \alpha \nabla Q(X_{t-1}) + \beta (X_{t-1} - X_{t-2}).$$

This formulation can be regarded as a discretization of the following differential equation

$$\frac{d^2x(t)}{dt^2} = -\alpha \nabla f(x(t)) - (1-\beta)\frac{dx(t)}{dt},$$

# Convergence

#### **Theorem**

We have the following convergence result for the heavy-ball method. Consider  $\alpha>0$  and  $\beta\in[0,1]$  such that

$$\beta \geq \max((1 - \sqrt{\alpha L})^2, (1 - \sqrt{\alpha \lambda})^2),$$

then there exists a constant  $C(\alpha, \beta)$  that depends on  $\alpha$  and  $\beta$  such that

$$\overline{\lim}_{t\to\infty} \|x_t - x_*\|_2^{2/t} \leq \beta.$$

$$X_t = X_{t-1} - \alpha A(X_{t-1} - X_*) + \beta (X_{t-1} - X_{t-2}).$$

That is,

$$x_t - x_* = [(1 + \beta)I - \alpha A](x_{t-1} - x_*) - \beta I(x_{t-2} - x_*).$$

This means

$$\begin{bmatrix} x_{t+1} - x_* \\ x_t - x_* \end{bmatrix} = M \begin{bmatrix} x_t - x_* \\ x_{t-1} - x_* \end{bmatrix},$$

where

$$M = \begin{bmatrix} (1+\beta)I - \alpha A & -\beta I \\ I & 0 \end{bmatrix}.$$

If we let

$$z_t = \begin{bmatrix} x_{t+1} - x_* \\ x_t - x_* \end{bmatrix},$$

then we have

$$z_t = Mz_{t-1} = \cdots M^t z_0.$$

First, let U be the orthogonal matrix such that  $U^{T}AU$  is a diagonal matrix  $\Lambda$ , and let

$$V = \begin{bmatrix} U & 0 \\ 0 & U \end{bmatrix}$$

then

$$V^{\top}MV = \begin{bmatrix} (1+\beta)I - \alpha\Lambda & -\beta I \\ I & 0 \end{bmatrix}.$$

This matrix can be rearranged to block diagonal form with 2  $\times$  2 block matrices of

$$M_2(\gamma) = \begin{bmatrix} 1 + \beta - \alpha \gamma & -\beta \\ 1 & 0 \end{bmatrix},$$

with  $\gamma$  being an eigenvalue of A.

Eigenvalues of M are the eigenvalues of  $M_2(\gamma)$  with  $\gamma$  being an eigenvalue of A. It is easy to check that eigenvalues of  $M(\gamma)$  are

$$\begin{split} \lambda_1 = & \frac{1}{2} \left( -\sqrt{(\alpha \gamma - \beta - 1)^2 - 4\beta} - \alpha \gamma + \beta + 1 \right), \\ \lambda_2 = & \frac{1}{2} \left( \sqrt{(\alpha \gamma - \beta - 1)^2 - 4\beta} - \alpha \gamma + \beta + 1 \right). \end{split}$$

The condition of the theorem implies that for  $\gamma \in [\lambda, L]$ , we have

$$\beta \geq (1 - \sqrt{\alpha \gamma})^2$$
.

This means that  $\sqrt{(\alpha\gamma-\beta-1)^2-4\beta}$  is an imaginary number, and  $|\lambda_1|=\sqrt{\beta}$  and  $|\lambda_2|=\sqrt{\beta}$ . It follows that the spectral radius of M is  $\sqrt{\beta}$ .

## Summary

For quadratic objective functions, one can improve gradient descent using the following family of first order methods:

$$x_t = x_{t-1} + \alpha_t p_{t-1}$$
  
$$p_t = -\nabla Q(x_t) + \beta_t p_{t-1}.$$

CG, which sets  $\alpha$  and  $\beta$  automatically, is the optimal method among all first order methods. However, CG does not generalize to stochastic setting well.

Heavy-ball method, requiring manual settings of  $\alpha$  and  $\beta$ , was stated for general nonlinear optimization by Polyak. It is also widely used in deep learning. However, only asymptotic convergence can be proved for general functions.

Next time, we will discuss Nesterov's acceleration, which is a similar method, for which global convergence results can be obtained for convex functions.