

Recipe

MARINATED SESAME MUSHROOMS



▶ ▷ Vegan,raw, gluten-free, refined sugar-free, nut-free

Yield: 3 cups Prep Time: 5 min Total Time: 5 min

INGREDIENTS

3 cups (225g) white or button mushrooms, sliced 1 Tbsp (15mL) soy sauce (substitute with tamari if gluten-free, and nama shoyu if raw)

1 Tbsp (15mL) balsamic vinegar

1/2 Tbsp (7.5g) onion powder

1 tsp (5mL) sesame oil

1 Tbsp (15g) sesame seeds (optional)

1 cup (50g) cilantro, roughly chopped (optional)

3 small, raw radishes, sliced (optional)

DIRECTIONS

Add all ingredients to a bowl and mix until well combined. Serve on a bed of cilantro, sprinkle with sesame seeds, and top with sliced radishes, or enjoy it plain.