Zurich University of Applied Sciences



Automated scoring of bone erosion for rheumatoid arthritis with deep neural networks

Zurich University of Applied Sciences

Author: Janick Rohrbach

Supervisor: Dr. Oliver Dürr

Prof. Dr. Beate Sick

Industrial Partner: Seantis GmbH External Supervisor: Fabian Reinhard

Dr. Tobias Reinhard

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Zurich, December 22, 2017

Janick Rohrbach

Abstract

Abstract goes here

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Contents

1	Intr	roduction	6			
	1.1	Background	6			
	1.2	Related literature	6			
	1.3	Aim and scope of this thesis	7			
	1.4	Outline	8			
2	Theory					
	2.1	Finger joints	9			
	2.2	Ratingen-score	9			
	2.3	Convolutional neural networks	10			
3	Met	thods	10			
4	Pre	dicting Rau scores	10			
	4.1	Pre-processing	10			
		4.1.1 CNN architecture	11			
	4.2	Classification	12			
	4.3	Regression	12			
5	Res	ults	12			
6	Disc	cussion	12			
7	Con	nclusion	12			

1 Introduction

This thesis shows a method for the automated scoring of x-ray images of patients with rheumatoid arthritis.

1.1 Background

Rheumatoid arthritis is an autoimmune disease. Which means that the disease is caused by a malfunctioning immune system. The immune system attacks healthy tissue instead of bacteria and viruses. This causes inflammation in the joints. Irreversible damage to the bone in the joint can occur, if the inflammation lasts for a long time. [1] Rheumatoid arthritis is incurable, merely the symptoms can be treated.

Today, the severity of the bone erosion is assessed by a trained rheumatologist by using x-ray images of hand and feet. This process takes several minutes per patient. This thesis shows, how recent advances in computer vision make it possible to automate this task. This leads to time savings which in return help the rheumatologist to spend more time with the patient.

The Swiss Clinical Quality Management in Rheumatic Diseases (SCQM) Foundation runs a national registry of inflammatory rheumatic diseases. [2] They have collected anonymized patient data for over 10 years and provide the x-ray images used for this analysis.

Seantis GmbH is a Swiss company that develops data driven web applications for medical research, pubic administration and aviation. [3] For their customer SCQM they want to automate the bone erosion assessment. They already have a working algorithm, which detects the body part shown in the x-ray image. A second algorithm detects the joints in the image and extracts them as single images. These images are then used together with the bone erosion scores to train our model.

1.2 Related literature

There are several applications where convolutional neural networks are used in medical research.

A recent paper from Tajbakhsh et al. [4] investigated whether fine-tuning a pre-trained CNN is better than training a CNN from scratch when applied to medical images. They find that pre-trained networks with fine-tuning always outperformed or at least performed as well as CNNs trained from

scratch. They further recommend a layer-wise fine tuning which seems to outperform shallow and deep tuning.

A study by Paul et al. [5] tried to classify osteoporosis by considering x-ray images of the bone. This task proved to be very difficult as the x-ray images from healthy patients look very similar to the ones of patients with the disease. By using a transfer learning approach they achieved a validation accuracy of 44.82 %.

Zhou et al. [6] used a two-level ensemble of neural networks to identify lung cancer cells on x-ray images of the chest. The first-level ensemble classifies whether a cell is a cancer cell or not by using full voting. The second-level ensemble is used only on cells classified by the first-level as cancer cells. It differentiates between different cancer classes as well as a non-cancer class. This ensemble works with plurality voting. The authors state that this method achieves a high accuracy and a low rate of false negatives.

A report from Chen [7] showed the application of convolutional neural networks on x-ray images of hands to predict the developmental bone age. He achieves a top one and two accuracy of 46~% and 70~% respectively. This result is close to previously used methods which use manual segmentation and handcrafted features.

In a degree project Hensman and Masko [8] looked at the impact of imbalanced training data for CNNs. They find, that heavy imbalances have a strong impact on the performance and suggest oversampling of minority classes to improve the performance of the network.

1.3 Aim and scope of this thesis

The aim of this thesis is to predict bone erosion scores from x-ray images. We further examine how the bone erosion and the disease activity are correlated and use a time series of images to predict the course of the disease.

The work is based on images of the left hand only. There also exist images of right hands as well as images of left and right feet. But at this point in time, only the joints of left hands have been extracted from the images. We assume that the model will perform similar on the joints of the right hand. By fine-tuning the model on the images of joints from feet it should also perform well for those images.

1.4 Outline

section 2 provides... section 3 describes...

2 Theory

2.1 Finger joints

Figure 1 shows a sample x-ray image of two hands similar to the images received from the SCQM foundation. The five proximal interphalangeal (PIP) joints and the 5 carpometacarpal (MCP) joints per hand are shown with blue bounding boxes. These are the joints, that are assessed with a score. Usually, the wrist joint is also scored but we limited our analysis to the five PIP joints and the 5 MCP joints.

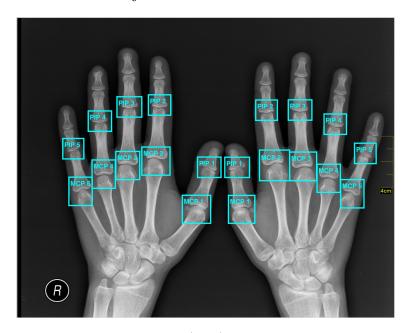


Figure 1: Proximal interphalangeal (PIP) joints and carpometacarpal (MCP) joints.

Original image by Nevit Dilmen (CC BY-SA) https://commons.wikimedia.org/wiki/File:Medical_X\discretionary{-}{}{}Ray_imaging_OPC06_nevit.jpg

2.2 Ratingen-score

The most important criteria for the effectiveness of a treatment is the influence on the radiological progression. To quantify the irreversible bone erosion in the joint, several scoring methods were developed. The score used

in this thesis is called Ratingen-score, it estimates the percentage of eroded joint surface. [9]

Stage	Description
0	Normal joint
1	One or more erosions, less than 20 $\%$ of the joint surface is eroded
2	21~% - $40~%$ of the joint surface is eroded
3	41~% - $60~%$ of the joint surface is eroded
4	61~% - $80~%$ of the joint surface is eroded
5	More than 80 $\%$ of the joint surface is eroded

Table 1: Disease stages of Ratingen-score

The data

2.3 Convolutional neural networks

Convolutional neural networks take an image as an input. The image then gets passed through several convolutional layers. These layers work as filters and detect different features in the image. The weights of these layers are combined to class scores. Andrey Karpathy provides a good overview over convolutional neural networks in his course notes for the Stanford class CS231n. [10]

3 Methods

Keras

4 Predicting Rau scores

4.1 Pre-processing

The pre-processing step formats the images into a suitable format that can be used as an input for the CNN.

The images of the joints have varying exposure. Some images are very dark while others are very bright. It was therefore considered to apply a histogram equalization, which is a linear transformation that maps the lightest

pixel to 255 and the darkest pixel to 1. However, this transformation did not improve the accuracy of the model and was not used for the final model.

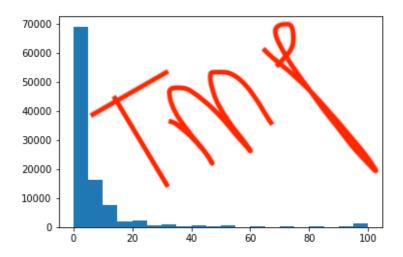


Figure 2: Distribution of the Rau scores

The Rau scores of the labeled joints are highly imbalanced. As seen in Figure 2 most of the joints are healthy and received a score of 0. There are quite a few observations with scores between 0 and 25 but there are very little observations with scores higher than 25. Because the CNN minimizes the overall loss-function, it would perform bad for the underrepresented part of the data. In this case, the model would be bad in predicting high scores. In order to make the model a good predictor for all cases, we introduced ...????????????

4.1.1 CNN architecture

Convolution
BatchNorm
Relu
Convolution
BatchNorm
Relu
MaxPooling

6x

- 2 Dense layers Output layer Softmax
- 4.2 Classification
- 4.3 Regression
- 5 Results
- 6 Discussion
- 7 Conclusion

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List of Figures

1	Proximal interphalangeal (PIP) joints and carpometacarpal	
	(MCP) joints	Ć
2	Distribution of the Rau scores	1