

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

NSG 200 - Certified Nurses Aide Basic Nursing Care, Theory

3.5 Unit(s)

Prerequisite(s): Admission to Nursing Assistant Program

Co-requisite(s): NSG 201

Recommended Prep: Reading Level II; English Level III; Math Level II

Transfer Status: NT

60 hours Lecture

This course covers the Certified Nurse's Aide (CNA) theory of care in long term settings. The major focus is patient care skills, patient care procedures, and how to respond to individuals and occurrences associated with long term care. Additional content in the course presents the role and responsibilities of the certified nursing assistant, basic principles of asepsis, safety, nutrition and rehabilitation. Successful completion of this course and NSG 201 qualifies the student to take the Written and Manual Skills testing for State Certification. Graded only.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. provide safe and competent personal care of patients in long-term care settings.
- B. apply measures that allow for safety, cleanliness, and infection control.
- C. discuss factors which influence the quality of life for the disabled and elderly.
- D. respond appropriately to individuals using therapeutic communication and occurrences associated with long-term care.
- E. describe common long-term diseases/conditions, related nursing care, and rehabilitation techniques.
- F. discuss the role of the nursing assistant, and the moral and legal aspects of providing care, and the rights of patients.
- G. describe the basic principles of nutrition, and diets.
- H. demonstrate correct mathematical calculations related to CNA nursing care.
- I. prepare complete and correct documentation of the care delivered to the client.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

	Lecture	
<u>Topics</u>		<u>Hours</u>
1. Role and Responsibilities of the CNA		3.00
2. Patient Rights		2.00
3. Interpersonal Skills		3.00
4. Prevention and Management of Catastrophe and Unusual Occurrences		2.00
5. Body Mechanics		4.00
6. Medical and Surgical Asepsis		2.00
7. Weights and Measures		2.00
8. Patient Care Skills		14.00
9. Patient Care Procedures		7.00
10. Vital Signs		3.00

11. Nutrition	2.00
12. Emergency Procedures	2.00
13. Long-term Patient	3.00
14. Rehabilitative Nursing	2.00
15. Observation and Charting	4.00
16. Death and Dying	2.00
17. Individualized Instruction	3.00
Total Hours	60.00

IV. METHODS OF INSTRUCTION

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Multimedia Presentations
- D. Small Group Activities
- E. Group Discussion
- F. Case Studies
- G. Team Projects

V. METHODS OF EVALUATION

- A. Written Exams/Quizzes

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read the chapter "Vital Signs" in your textbook and be prepared to discuss in class.
 - 2. Read an article on client rights and be prepared to respond to examples of clients' rights being broken.
- B. Writing Assignments
 - 1. Write a one page summary of an article on aging. Be prepared to analysis and discuss in class.
 - 2. Write out documentation of client care provided to a client for two separate days.
- C. Out-of-Class Assignments
 - 1. Observe an elderly person in a public place and observe any mobility issues and write up a description of how they dealt with this and what devices they used to aid with this disability.
 - 2. Working in a group, prepare an oral report on a disease assigned to you by the instructor covering physiology, causes, complications, medical treatment, and nursing care.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Textbooks:

- A. Carter P.. Lippincott's Nursing Assistants: A Humanistic Approach to Caregiving Workbook. 3rd Edition. Lippincott, 2012.
- B. Carter, P.. Lippincott's Nursing Assistants: A Humanistic Approach to Caregiving. 3rd Edition. Lippincott, 2012.
- C. Fuzy, J., & Leahy, W.. The Home Health Aide Handbook. 1st Edition. Hartman, 2011.

Materials Other Than Textbooks:

- A. Lippincott's Video Series for Nursing Assistants; Carter, Pamela J. 2012.

Created/Revised by: Susan Craig
Date: 04/16/2012