

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 102 - Cosmetology II

5 Unit(s)

Prerequisite(s): COS 101 or Permission of Instructor

Recommended Prep: NONE

Transfer Status: NT

30 hours Lecture

210 hours Lab

This course is the third in a seven-course sequence. Students are introduced to the basics of electricity, electrical equipment, principles of hair design, haircutting and hair styling. Emphasis will be placed on electrotherapy, light therapy, hair types, facial structure, hair treatments, hair cutting and wet and thermal styling basics. Students will continue developing the skills and techniques for all aspects of hair care, hair cutting, hair treatments, makeup, skin and nail care and the safe, hygienic practice of Cosmetology procedures. Additionally, students will continue developing skills in human relations, customer satisfaction and the professional attitudes that are vital to success in the beauty industry.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Name and describe structures of hair root, shaft, and cortex.
- B. List factors that should be considered in hair analysis.
- C. Describe hair growth cycles, hair loss and treatments.
- D. Recognize hair and scalp disorders and identify which can be treated by Cosmetologists.
- E. Explain basic chemical principles and how they apply to the practice of Cosmetology.
- F. Explain the difference between solutions, suspensions and emulsions.
- G. Explain basic electrical principles and how they apply to the practice of Cosmetology.
- H. Demonstrate an understanding of electrical equipment safety.
- I. List the major elements and principles of hair design.
- J. Identify different facial shapes and demonstrate how to design hairstyles to enhance or camouflage facial features.
- K. Demonstrate basic haircutting and styling techniques on live models.
- L. Explain how to treat scalp and hair that is dry, oily, or dandruff ridden.
- M. Demonstrate appropriate draping for a basic shampoo and chemical service.
- N. Implement proper hair techniques for hair care procedures on live models.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Basics of Electricity	2.00
2. Electrical Equipment Safety	2.00
3. Electrotherapy and Light Therapy	2.00
4. Principles of Hair Design	2.00
5. Hair Type and Hairstyle	2.00
6. Hairstyle and Facial Structure	2.00
7. Client Consultations	2.00
8. Shampooing, Rinsing and Conditioning	2.00

9. Shampooing Procedures	2.00
10. Basic Principles of Haircutting	2.00
11. Tools, Body Positions and Safety	2.00
12. Basic Haircuts	2.00
13. Hairstyling	2.00
14. Wet Hairstyling Basics	2.00
15. Thermal Hairstyling Basics (Curling and Straightening)	2.00
Total Hours	30.00

Lab

<u>Topics</u>	<u>Hours</u>
1. Client Consultations and Communication	7.00
2. Infection Control Principles and Practices	7.00
3. Sanitary Salon Management	7.00
4. General Anatomy and Physiology	7.00
5. Skin Structure and Growth	7.00
6. Nail Structure and Growth	7.00
7. Properties of the Hair and Scalp	7.00
8. Basics of Chemistry	7.00
9. Basics of Electricity	7.00
10. Principles of Hair Design	7.00
11. Shampooing, Rinsing and Conditioning	7.00
12. Haircutting	7.00
13. Hairstyling	7.00
14. Braiding and Braid Extensions	7.00
15. Wigs and Hair Enhancements	7.00
16. Chemical Texture Services	7.00
17. Hair Coloring	7.00
18. Skin Diseases and Disorders	7.00
19. Hair Removal	7.00
20. Facials: Manual	7.00
21. Facials: Electrical	7.00
22. Facials: Chemical	7.00
23. Facial Makeup	7.00
24. Nail Diseases and Disorders	7.00
25. Manicuring (Water and Oil)	7.00
26. Pedicuring	7.00
27. Nail Tips, Wraps and No-Light Gels	7.00
28. Acrylic Nails	7.00
29. Ultra Violet (UV) Gel Nails	7.00
30. Business Skills	7.00
Total Hours	210.00

IV. METHODS OF INSTRUCTION

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Demonstrations
- D. Multimedia Presentations
- E. Guest Artists and Lecturers
- F. Observation
- G. Hands on Training

V. METHODS OF EVALUATION

- A. Oral Presentation
- B. Projects
- C. Demonstration
- D. Homework
- E. Class participation
- F. Lab Projects
- G. Written Assignments
- H. Summative and formative assessments including exams and quizzes
- I. Skill-based performance demonstrations
- J. Mock state board exams

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read three chapters from “The Salon Client Retention Guide”. Working with two other partners, prepare a class presentation focused on client retention strategies.
 - 2. Read a brief online article on salon decontamination and infection control. Be prepared to discuss key points in class.
- B. Writing Assignments
 - 1. Research the most common types of salon infractions regarding infection control. Write a 1-2 page essay to summarize your findings.
 - 2. Design a survey instrument for distribution to at least 100 salon patrons, to determine which nail treatment the patrons prefer and why.
- C. Out-of-Class Assignments
 - 1. Survey a minimum of 50 people to determine their top five complaints regarding salons and services. Be prepared to discuss your findings in class.
 - 2. Conduct a comparison survey of prices for salon services in the Bay Area and prices for salon services locally. Summarize your findings in a chart or data table.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Textbooks:

- A. Miladys. Milady's Standard Textbook of Cosmetology. Thompson Delmar Learning, 2012.

Materials Other Than Textbooks:

- A. PERFORMANCE CRITERIA for Cosmetologists (Published by the State Board of Cosmetology, available at Chico Beauty College).
- B. Milady's Student Workbook: Cosmetology
- C. Practical Kit and supplies (available from Beauty College)

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