

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

#### **NSG 54 - Foundations of Practice**

**3 Unit(s)**

**Prerequisite(s):** Admission to Associate Degree Nursing Program

**Co-requisite(s):** NSG 55, NSG 56 and NSG 57

**Recommended Prep:** NONE

**Transfer Status:** CSU

51 hours Lecture

This course utilizes the conceptual framework of the nursing curriculum to provide the foundation for nursing practice. Common threads integrated throughout the program are nursing process, nutrition, medication administration, cultural diversity, communication and professional roles. Topics include an introduction to nursing care, legal and ethical aspects, therapeutic communication, and concepts underlying current professional practice. This course provides a foundation to prepare the student to use critical thinking and the nursing process in providing direct patient care. Graded only.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Explain standards of professional practice, including legal and ethical issues.
- B. Demonstrate basic therapeutic communication.
- C. Describe basic physical assessment of the adult patient.
- D. Discuss the steps of the nursing process.
- E. Discuss patient's values, cultural habits, and ethnicity and their effects on delivery of care.
- F. Discuss the roles of each member of the healthcare team.
- G. Discuss cost efficient strategies to delivery nursing care.
- H. Demonstrate use of computer-assisted instruction.
- I. Analyze the scientific basis for nursing practice.
- J. Discuss physiologic health needs of adult patients.

### III. COURSE CONTENT

#### **A. Unit Titles/Suggested Time Schedule**

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Therapeutic Environment	5.00
2. Professional Role: Development	8.00
3. Physical Health Assessment	7.00
4. Physiologic Health I (Mobility, Immobility, Rest and Sleep, Pain Management)	6.00
5. Nursing Process and documentation	7.00
6. Physiologic Health II (Fluid and Electrolyte Balance, Nutrition and Oxygenation)	6.00
7. Medication Administrations	6.00
8. Skin Integrity and Wound Care	6.00
Total Hours	51.00

#### **IV. METHODS OF INSTRUCTION**

- A. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- B. Demonstrations
- C. Reading Assignments
- D. Multimedia Presentations
- E. Lecture/Discussion

#### **V. METHODS OF EVALUATION**

- A. Exams/Tests
- B. Homework
- C. Class participation
- D. Written Assignments
- E. Short papers
- F. Computer assignments

#### **VI. EXAMPLES OF ASSIGNMENTS**

- A. Reading Assignments
  - 1. Read the chapter in the "Fundamentals of Nursing" text on infection prevention and control to answer instructor generated objectives. Come to class prepared to discuss these objectives.
  - 2. Review the reading on Evidenced Based Practice. Discuss the relationship of evidenced based practice to quality of nursing practice.
- B. Writing Assignments
  - 1. "Use the California Board of Registered Nursing website to analyze the scope of practice of the registered nursing in California." Write a 2 to 3 page paper using a question set prepared by the instructor.
  - 2. Describe the NCLEX RN test plan using the National Council of the State Boards of Nursing website. Write a 2 to 3 page paper addressing areas of the test plan using an instructor prepared question set.
- C. Out-of-Class Assignments
  - 1. Analyze a series of short patient case vignettes to determine fluid and electrolyte status of each patient.
  - 2. Correlate fluid balance assessment findings with medical disorders on an instructor generated worksheet.

#### **VII. RECOMMENDED MATERIALS OF INSTRUCTION**

##### Textbooks:

- A. Potter, PA, Perry, AG. Fundamentals of Nursing. 7th Edition. Mosby, Elsevier, 2009.
- B. Carpenito-Moyet, LJ. Nursing Diagnosis: Application to Clinical Practice. 13 Edition. Lippincott Williams and Wilkins, 2010.
- C. Deglin JH, Vallerand, AH, and Sanoski, CA. Davis's Drug Guide for Nurses. 12 Edition. F.A. Davis, 2011.
- D. Olsen, J.H., Giagrasso, A.P., Shrimpton, D. Medical Dosage Calculations. 10th Edition. New Jersey, Pearson Prentice Hall, 2012.

##### Materials Other Than Textbooks:

- A. Basic Intermediate, and Advanced Skills; Mosby's Nursing Video Skills, student version, 2009

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