

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

KIN 57 - Archery

1.5 Unit(s)

Prerequisite(s): NONE

Recommended Prep: NONE

Transfer Status: CSU/UC

17 hours Lecture

34 hours Lab

This course introduces the basic principles and skills of archery and develops the student's shooting form and marksmanship. Emphasis of instruction will be placed on the fundamentals of target shooting, care of equipment, safety rules, and individual practice.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. define the rules, terminology, and etiquette of archery.
- B. perform and identify the proper archery shooting techniques.
- C. demonstrate improvement of the skills of archery and marksmanship.
- D. recognize and follow range commands, safety, and usage of archery equipment.
- E. accurately inspect equipment for proper care and maintenance.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

Lecture

<u>Topics</u>	<u>Hours</u>
1. Orientation	1.00
2. Archery Styles and History	1.00
3. Safety	1.50
4. Equipment Demonstration	1.50
5. Stance, Grip, and Alignments	1.75
6. Equipment Safety Check	2.00
7. Student Brace and Un-Brace Bows	1.25
8. Review Shooting Steps	1.00
9. Scoring	1.50
10. Differences in Aiming	2.00
11. 20 yd Shoot	1.50
12. Shoot and Score Round	1.00
Total Hours	17.00

Lab

<u>Topics</u>	<u>Hours</u>
1. Orientation	2.00
2. Archery Styles and History	4.00
3. Safety	4.00
4. Equipment Demonstration	2.00

5.	Stance, Grip, and Alignments	2.00
6.	Equipment Safety Check	2.00
7.	Student Brace and Un-Brace Bows	2.00
8.	Review Shooting Steps	2.00
9.	Scoring	4.00
10.	Differences in Aiming	4.00
11.	20 yd Shoot	4.00
12.	Shoot and Score Round	2.00
	Total Hours	34.00

IV. METHODS OF INSTRUCTION

- A. Class Activities
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Discussion
- D. Demonstrations
- E. Multimedia Presentations

V. METHODS OF EVALUATION

- A. Demonstration
- B. Homework
- C. Class participation
- D. Written or Oral Examinations
- E. Practical Evaluations
- F. Essays and research papers

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Please read all instructional handouts (Safety Guidelines, Archery Techniques, Equipment, etc.). Note key points and terms in preparation for class discussions.
 - 2. Read and be prepared to discuss articles from the National Field Archery Association website.
- B. Writing Assignments
 - 1. List and briefly explain the safety rules of archery.
 - 2. Perform a short write on the history of archery. The paper should be typed and be approximately one page in length.
- C. Out-of-Class Assignments
 - 1. Please view and report on an archery program which can include competitions, hunting and documentaries. Note the date and location of program viewed.
 - 2. Research differences between the two major archery organizations, NFAA and USA Archery. List all differences on paper in a bulleted format.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Materials Other Than Textbooks:

- A. The student will be required to provide:
 - a. Athletic apparel b. Closed-toe Shoes
- B. Other materials and/or equipment will be provided by the department.

Created/Revised by: Jeffrey Jordan
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