

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

SPE 310 - Integration into the Community for Persons with Substantial Disabilities

0 Unit(s)

Prerequisite(s): NONE

Recommended Prep: Special Education K-12

Transfer Status: NT

200 hours Lab

This course is designed for persons with substantial disabilities attending a facility in the community generally known as a day activity center. Integration into the Community will focus on learning how to become a part of the community and will include social skills, communication skills, problem solving skills, personal safety skills and increasing stamina and endurance for walking or wheeling self safely while navigating uneven terrain in the community. An individual assessment of needs as well as an ongoing Individual Service Plan (ISP) is a component of this program. The ISP will dictate the number of hours each student will spend in this course. Unlimited repeats. Satisfactory/Unsatisfactory Only. Open Entry/Open Exit.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Correctly identify and safely demonstrate the ability to walk across a crosswalk with the "walk/don't walk" signals, as well as green and red lights.
- B. Demonstrate the ability to remain in close proximity to the instructor and class when in the community.
- C. Identify environments where a "quiet voice" is appropriate such as banks, shops and museums and use a "quiet voice" when in these environments.
- D. Communicate basic needs and request information from a variety of community personnel such as shop clerks, bank tellers, and museum docents.
- E. Independently complete a purchase and transaction at a grocery store, the bank and a recreation venue.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

		Lab
<u>Topics</u>		<u>Hours</u>
1. Stranger identification/personal safety		10.00
2. Recognizing dangerous situations		10.00
3. Street safety awareness		10.00
4. Reading street signals/signs		10.00
5. Transportation and using judgement		10.00
6. Personal shopping vs. shopping for someone else		10.00
7. Personal banking		10.00
8. Recreation and leisure activities access		10.00
9. Nutrition and decision-making		10.00
10. Product quality comparisons/economic		10.00
11. Price comparisons		10.00

12. Personal finance/budget for social occasions	10.00
13. Alternative income possibilities	10.00
14. Choosing recreation and leisure activities	10.00
15. Recreation access considerations/rights	10.00
16. Mental health and healthy lifestyle	10.00
17. Increasing walking and wheel chair stamina	10.00
18. Communicating basic needs	5.00
19. Appropriate use of "quiet voice"	5.00
20. Social aspects and communication	10.00
21. Intonations and connotations	10.00
Total Hours	200.00

IV. METHODS OF INSTRUCTION

- A. Instructor Demonstrations
- B. Applied classroom activities
- C. Supervision and observation of student integration in social and community activities.

V. METHODS OF EVALUATION

- A. Demonstration and application of individual skills repeated throughout the day to enhance learning opportunities.
- B. Individual Service Plans (ISP) developed to assess placement of student into program and establish desired outcomes and individual developmental objectives.
- C. Individual Progress Conferences utilizing frequency charts to evaluate the student's progress toward established objectives.

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read a healthy lifestyle nutritional and exercise tip from a magazine and share what you learned with the class.
 - 2. Read a local newspaper article on an unsafe situation and discuss alternatives to the situation in class.
- B. Writing Assignments
 - 1. Track your nutritional intake, daily walking, and exercise on an instructor-designed log for progression toward a healthier lifestyle. Turn in your log to the instructor.
 - 2. Complete mock deposit slips, checks, and withdrawal slips. They will be checked by a peer for accuracy.
- C. Out-of-Class Assignments
 - 1. Not applicable.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Materials Other Than Textbooks:

- A. Money
- B. Calculators
- C. Newspapers
- D. Shopping Lists
- E. Bus Schedules

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