

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 106 - Cosmetology VI

5 Unit(s)

Prerequisite(s): COS 105 or Permission of Instructor

Recommended Prep: NONE

Transfer Status: NT

30 hours Lecture

210 hours Lab

This course is a capstone course for the cosmetology sequence. Students are introduced to the principles of successful salon business management, and demonstration of proper technique and practice in all aspects of hair, skin and nail care, treatments and procedures. Emphasis will be placed on mastery of the necessary Cosmetology concepts, principles and skills required to pass the California State Licensing exam for Cosmetology. Students will be required to demonstrate mastery of the required skills and techniques for all aspects of hair care, hair cutting, hair treatments, makeup application, skin care and nail care and the safe, hygienic practice of Cosmetology procedures. Additionally, students will continue developing skills in human relations, customer satisfaction and the professional attitudes that are vital to success in the beauty industry. Students will spend 30 hours in a classroom setting and 210 hours in laboratory activities. Upon completing this course, students are expected to have a minimum of 1,600 hours of applied skill practice required by the State of California Board of Barbering and Cosmetology.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Demonstrate proper techniques for various haircutting, care and treatment services with minimum supervision.
- B. Demonstrate proper techniques for all aspects of nail care and artificial nail services with minimal supervision.
- C. Demonstrate proper draping and safety procedures for all types of hair, nail, and skin services.
- D. Explain successful salon business management techniques and procedures.
- E. Demonstrate mastery of hair care skills and procedures required to obtain State Board License.
- F. Demonstrate mastery of skills and knowledge necessary to pass the Mock Board Exam.
- G. Explain the rules and regulations issued by the Board of Barbering and Cosmetology.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Seeking Employment in the Cosmetology Profession	2.00
2. Writing Cover Letters and Resumes	2.00
3. Preparing for Licensure	2.00
4. Preparing for Employment	2.00
5. Conducting a Job Search	2.00
6. Transitioning from School to Work	2.00
7. Positive Behaviors for Salon Team Members	2.00
8. Selling Products & Services in the Salon	2.00
9. Building a Client Base	2.00

10. Principles of Self-Employment	2.00
11. Money Management and Financial Planning	2.00
12. Managing Your Own Business	2.00
13. Operating a Successful Salon	2.00
14. Reviewing Cosmetology Principles and Practices	2.00
15. Mock Board Exam and Preparation for Licensure Exam	2.00
Total Hours	30.00

Lab

<u>Topics</u>	<u>Hours</u>
1. Client Consultations and Communication	7.00
2. Infection Control Principles and Practices	7.00
3. Sanitary Salon Management	7.00
4. General Anatomy and Physiology	7.00
5. Skin Structure and Growth	7.00
6. Nail Structure and Growth	7.00
7. Properties of the Hair and Scalp	7.00
8. Basics of Chemistry	7.00
9. Basics of Electricity	7.00
10. Principles of Hair Design	7.00
11. Shampooing, Rinsing and Conditioning	7.00
12. Haircutting	7.00
13. Hairstyling	7.00
14. Braiding and Braid Extensions	7.00
15. Wigs and Hair Enhancements	7.00
16. Chemical Texture Services	7.00
17. Hair Coloring	7.00
18. Skin Diseases and Disorders	7.00
19. Hair Removal	7.00
20. Facials: Manual	7.00
21. Facials: Electrical	7.00
22. Facials: Chemical	7.00
23. Facial Makeup	7.00
24. Nail Diseases and Disorders	7.00
25. Manicuring (Water and Oil)	7.00
26. Pedicuring	7.00
27. Nail Tips, Wraps and No-Light Gels	7.00
28. Acrylic Nails	7.00
29. Ultra Violet (UV) Gel Nails	7.00
30. Business Skills	7.00
Total Hours	210.00

IV. METHODS OF INSTRUCTION

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Demonstrations
- D. Multimedia Presentations
- E. Guest Artists and Lecturers
- F. Observation
- G. Hands on Training

V. METHODS OF EVALUATION

- A. Oral Presentation
- B. Projects
- C. Demonstration
- D. Homework
- E. Class participation
- F. Lab Projects
- G. Written Assignments
- H. Summative and formative assessments including exams and quizzes
- I. Skill-based performance demonstrations
- J. Mock state board exams

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read 2 – 3 professional articles that focus on the safe application of chemicals to the hair, skin and scalp. Be prepared to give a three minute presentation to the class on this topic.
 - 2. Read about the use of electricity, lasers and oxygen in skin treatment procedures. Be prepared to present your findings in class.
- B. Writing Assignments
 - 1. Write a 1-2 page essay about the safe use of electricity and lasers in skin correction and treatment.
 - 2. Write a 1-2 page essay citing the pros and cons of controversial ingredients used in common cosmetic products such as: triclosan, para-aminobenzoic acid, toluene, and formaldehyde.
- C. Out-of-Class Assignments
 - 1. Interview a salon owner in your area. Focus on the aspects of salon ownership that interest you most. Prepare a short written summary of your findings.
 - 2. Enroll in an online, product focused course in hairstyling from www.redken.com or www.paulmitchell.com. Be prepared to present what you learn to the class.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Textbooks:

- A. Milady's. Milady's Standard Textbook of Cosmetology. Thomson Delmar Learning , 2012.

Materials Other Than Textbooks:

- A. Performance Criteria for Cosmetologists (Published by the State Board of Cosmetology: available at Chico Beauty College).
- B. Practical Cosmetology Kit: available at Chico Beauty College
- C. Milady's Student Workbook: Cosmetology

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