

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 107 - Cosmetology to Barbering Crossover

5 Unit(s)

Prerequisite(s): Students must supply a 1,600 hour completion of Cosmetology Proof of Training Certificate or have a current valid Cosmetology License

Recommended Prep: NONE

Transfer Status: NT

30 hours Lecture

210 hours Lab

This course provides training in barbering for students proficient in cosmetology training and prepares the student for the California State Board Barber examination. Students are introduced to the theory and advanced techniques of preparing the client's hair for shaving, assessing the condition of the client's skin, performing shaving techniques, applying after-shave antiseptic following facial services, massaging the client's face and rolling cream massages. Upon completing this course, students are required to have a minimum of 1,800 hours of applied skill practice required by the State of California Board of Barbering and Cosmetology.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Demonstrate proper use and care techniques of tool and equipment.
- B. Demonstrate proper straight razor-holding positions and cutting strokes.
- C. Demonstrate proper honing and strapping techniques.
- D. Explain the evolution of barbering and increasing trends of industry demands.
- E. Demonstrate and explain the difference between a standard shave, a once-over shave and a close shave from a standard shave.
- F. Explain the primary purpose of barber laws, rules and regulations issued by the Board of Barbering and Cosmetology.
- G. Explain the rules of professional ethics in barbering.
- H. Explain the important characteristics used to determine a mustache design based on the individual client needs.
- I. Demonstrate mastery of fingers-and-shear, shear-over-comb, clipper cutting, clipper-over-comb, and razor cutting techniques required to obtain the State Board License.
- J. Demonstrate mastery of standard cutting positions and strokes with a straight razor required to obtain the State Board License.
- K. Demonstrate mastery of a facial and neck shaving skills required to obtain the State Board License.
- L. Demonstrate knowledge of the art and science of men's hair cutting and styling required to obtain the State Board License.
- M. Demonstrate knowledge of general sanitation and safety precautions of shaving required to obtain the State Board License.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

		Lecture	
<u>Topics</u>			<u>Hours</u>
1. Orientation to Barbering			2.50
a. The History of Barbering			
b. Professional Image			

2.	Implements Tools and Equipment	2.50
	a. Combs	
	b. Haircutting Shears	
	c. Palming the Shears and Comb	
	d. Clippers and Trimmers	
	e. Straight Razor	
3.	Treatment of the Hair and Scalp	2.50
	a. Scalp and Hair Treatments	
	b. Hair Tonic Treatments	
4.	Men's Facial Massage and Treatments	2.50
	a. Subdermal Systems and Facial Massage	
	b. Facial Treatments	
	c. Procedures	
5.	Shaving and Facial Hair Design	2.50
	a. Fundamentals of Shaving	
	b. The Mustache	
	c. The Beard	
	d. Procedures	
6.	Men's Haircutting and Styling	2.50
	a. Basic Principles of Haircutting and Styling	
	b. Fundamentals of Haircutting	
	c. Introduction to Men's Hairstyling	
	d. Safety Precautions for Haircutting and Styling	
7.	Coloring Mustaches and Beards	1.00
8.	Health and Safety/Hazardous Substances	5.00
	a. Health in Establishments	
	b. Material Safety Data Sheets	
	c. Protection From Hazardous Chemicals	
	d. Preventing Chemical Injuries	
	e. Health and Safety Laws and Agencies	
9.	Basic Scientific Theory	5.00
	a. Hair Cutting	
	b. Facials- Rest	
	c. Facial/Shave/Scalp	
	d. Hairpieces	
10.	The Business of Barbering	2.00
	a. State Board Preparation and Licensing Laws	
	b. The Job Search	
	c. Barbershop Management	
11.	Disinfection and Sanitation	2.00
	Total Hours	30.00

Lab

<u>Topics</u>	<u>Hours</u>
1. Applications - Students engage in manipulative skills on patrons from the community in a salon atmosphere	17.50

2.	Clipper Cutting	17.50
	a. Straight Hair	
	b. Tightly Curled Hair	
	c. Close Fade	
	d. Flat-top	
	e. Crew Cut	
	f. Taper Cut on Curly Hair	
3.	Razor Cutting	17.50
4.	Head Shaving	17.50
5.	Hair Coloring	17.50
	a. Mustaches	
	b. Beards	
6.	Hair Cutting	17.50
	a. Fingers-and shear	
	b. Shear-over-comb	
	c. Clipper cutting	
	d. Freehand clipper-over-comb	
	e. Razor cutting	
	f. Arching technique	
7.	Shaving	17.50
	a. Holding the razor	
	b. Freehand position and stroke	
	c. Backhand position and stroke	
	d. Reverse freehand position and stroke	
	e. Reverse backhand position and stroke	
	f. Facial shave	
	g. Neck shave	
	h. Beard and mustache trim	
8.	Rest facials	17.50
9.	Rolling cream	17.50
10.	Scalp manipulations	17.50
11.	Disinfection and Sanitation	17.50
12.	Mock Board Testing	17.50
	Total Hours	210.00

IV. **METHODS OF INSTRUCTION**

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Discussion
- D. Demonstrations

V. **METHODS OF EVALUATION**

- A. Oral Presentation
- B. Projects
- C. Demonstration
- D. Written Assignments
- E. Mid-term and final examinations

VI. EXAMPLES OF ASSIGNMENTS

A. Reading Assignments

1. Read about advanced men's haircutting, shaving and treatment for hair and scalp procedures. Be prepared to present your findings in class.
2. Read 2-3 professional articles that focus on Barbering job opportunities in the local and state areas. Be prepared to give a three minute presentation on your findings.

B. Writing Assignments

1. Write 1-2 page essay about the safe use of techniques in hair and scalp treatment.
2. Write a two to three page paper describing advanced men's haircutting, and advanced shaving. Be prepared to read your paper to the class.

C. Out-of-Class Assignments

1. Visit a barbering salon in your area. Identify the culture of the salon and clients. Prepare a short written summary of your visit.
2. Watch a online, product focused presentation on advanced hairstyling for men. Be prepared to present what you learn to the class.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Textbooks:

- A. Scali-Sheahan, M.,T. Milady's Standard Professional Barbering. 5th Edition. Erin O'Connor, 2011.
- B. Scali-Sheahan, M. Milady's Standard Professional Barbering Student Workbook. 5th Edition. Erin O'Connor, 2011.

Materials Other Than Textbooks:

- A. Practical Barbering Kit: available at Chico Beauty College

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