

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 104 - Cosmetology IV

5 Unit(s)

Prerequisite(s): COS 103 or Permission of Instructor

Recommended Prep: NONE

Transfer Status: NT

30 hours Lecture

210 hours Lab

This course is the fifth in a seven-course sequence. Students are introduced to hair removal, skin analysis and care, facial massage and makeup application. Emphasis will be placed on temporary and permanent hair removal, skin typing and treatments, facial massage, proper use of electrotherapy and light therapy, color theory and principles of makeup application. Students will continue developing the required skills and techniques for all aspects of hair care, hair cutting, hair treatments, makeup application, skin care and nail care and the safe, hygienic practice of Cosmetology procedures. Additionally, students will continue developing skills in human relations, customer satisfaction and the professional attitudes that are vital to success in the beauty industry.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Perform client consultations for hair removal and skin analysis/treatments.
- B. Apply proper procedure for hair removal when using hard and soft wax.
- C. Demonstrate proper setup and draping procedures for skin care and hair removal services.
- D. Name the conditions that contraindicate hair removal in the salon.
- E. Recognize the different skin types and demonstrate corresponding procedures for skin care correction treatments.
- F. Based on an evaluation of skin condition, demonstrate proper facial massage techniques.
- G. Safely use electric and light therapy treatments for cosmetic services.
- H. Demonstrate use of color theory when applying makeup.
- I. Identify different facial types and demonstrate procedures for basic corrective makeup.
- J. Demonstrate the application and removal of artificial lashes.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

| | | Lecture | |
|---|--|---------|--------------|
| <u>Topics</u> | | | <u>Hours</u> |
| 1. Hair Removal: Client Consultation | | | 3.00 |
| 2. Permanent Hair Removal | | | 3.00 |
| 3. Temporary Hair Removal | | | 3.00 |
| 4. Skin Analysis and Consultation | | | 3.00 |
| 5. Skin Care Products | | | 3.00 |
| 6. Skin Care: Client Consultation | | | 3.00 |
| 7. Facial Massage, Electrotherapy and Light Therapy | | | 3.00 |
| 8. Facial Treatments and Aromatherapy | | | 3.00 |
| 9. Basic and Special Makeup Application | | | 3.00 |
| 10. Makeup Application: Safety Precautions | | | 3.00 |
| Total Hours | | | 30.00 |

| | Lab | |
|---|-----|--------------|
| <u>Topics</u> | | <u>Hours</u> |
| 1. Client Consultations and Communication | | 7.00 |
| 2. Infection Control Principles and Practices | | 7.00 |
| 3. Sanitary Salon Management | | 7.00 |
| 4. General Anatomy and Physiology | | 7.00 |
| 5. Skin Structure and Growth | | 7.00 |
| 6. Nail Structure & Growth | | 7.00 |
| 7. Properties of the Hair and Scalp | | 7.00 |
| 8. Basics of Chemistry | | 7.00 |
| 9. Basics of Electricity | | 7.00 |
| 10. Principles of Hair Design | | 7.00 |
| 11. Shampooing, Rinsing and Conditioning | | 7.00 |
| 12. Haircutting | | 7.00 |
| 13. Hairstyling | | 7.00 |
| 14. Braiding and Braid Extensions | | 7.00 |
| 15. Wigs & Hair Enhancements | | 7.00 |
| 16. Chemical Texture Services | | 7.00 |
| 17. Hair Coloring | | 7.00 |
| 18. Skin Diseases and Disorders | | 7.00 |
| 19. Hair Removal | | 7.00 |
| 20. Facials: Manual | | 7.00 |
| 21. Facials: Electrical | | 7.00 |
| 22. Facials: Chemical | | 7.00 |
| 23. Facial Makeup | | 7.00 |
| 24. Nail Diseases and Disorders | | 7.00 |
| 25. Manicuring (Water and Oil) | | 7.00 |
| 26. Pedicuring | | 7.00 |
| 27. Nail Tips, Wraps and No-Light Gels | | 7.00 |
| 28. Acrylic Nails | | 7.00 |
| 29. Ultra Violet (UV) Gel Nails | | 7.00 |
| 30. Business Skills | | 7.00 |
| Total Hours | | 210.00 |

IV. **METHODS OF INSTRUCTION**

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Demonstrations
- D. Multimedia Presentations
- E. Guest Artists and Lecturers
- F. Observation
- G. Hands on Training

V. METHODS OF EVALUATION

- A. Oral Presentation
- B. Projects
- C. Demonstration
- D. Homework
- E. Class participation
- F. Lab Projects
- G. Written Assignments
- H. Summative and formative assessments including exams and quizzes
- I. Skill-based performance demonstrations
- J. Mock state board exams

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read an article about infection control in a professional magazine such as American Hairdresser, Modern Salon and Behind the Chair. Be prepared to give a three minute presentation to the class focused on essential infection control methods.
 - 2. Read an article from a professional magazine focused on proper (ergonomic) haircutting techniques. Prepare a short video to demonstrate your understanding of this topic.
- B. Writing Assignments
 - 1. Write a 1-2 page summary of an interview with a sales representative from one of the major beauty industry suppliers such as Redken, SalonCentric, CosmoProf or Sally Beauty.
 - 2. Write a 1-2 page essay analyzing how the economy potentially influences or impacts the Cosmetology industry.
- C. Out-of-Class Assignments
 - 1. Interview a product representative from Redken, Dermalogica or Paul Mitchell. Be prepared to present your findings in class.
 - 2. Interview five salon patrons regarding what they look for in a salon, why they select certain salons and what makes them decide to return to a salon. Summarize your findings in a data chart or table.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Textbooks:

- A. Milady's. Milady's Standard Textbook of Cosmetology. Thomson Delmar Learning , 2012.

Materials Other Than Textbooks:

- A. Performance Criteria for Cosmetologists (Published by the State Board of Cosmetology: available at Chico Beauty College).
- B. Practical Cosmetology Kit: available at Chico Beauty College
- C. Milady's Student Workbook: Cosmetology

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