

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 111 - Cosmetology Refresher

5 Unit(s)

Prerequisite(s): COS 106 and expired state license or failure to pass state exam

Recommended Prep: NONE

Transfer Status: NT

30 hours Lecture

210 hours Lab

This refresher course is designed for students who have completed COS 100-106 or the equivalent, and have an expired cosmetology license or failed to pass the state licensing examination. Students will brush up on skills and techniques in all phases of hair, make-up, skin and nail care, customer service and professionalism. In addition, students will refresh their skills in human relations, customer satisfaction and professional attitudes that are vital to success in the beauty industry. Upon successful completion of this course and verification of completion of Cosmetology 100-106 or the equivalent, the student will be eligible to take the state board examination and become a California state licensed Cosmetologist.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Safely and accurately use all equipment and products relating to the industry.
- B. Demonstrate the most current methods and procedures using professional tools and equipment.
- C. Apply necessary health and safety rules.
- D. Demonstrate appropriate communication skills.
- E. Demonstrate an orderly performance of all tasks and skills, establishing methodical habits without sacrificing artistic skills.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

Topics and hours are based on individual student evaluation

Lecture

<u>Topics</u>	<u>Hours</u>
1. Barbering and Cosmetology Act, rules and regulations	30.00
Cosmetology Chemistry	
Health & Safety	
Theory of Electricity in Cosmetology	
Disinfection and Sanitation	
Bacteriology, Anatomy and Physiology	
Employment Training	
Total Hours	30.00

Lab

<u>Topics</u>	<u>Hours</u>
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1. Wet hairstyling	210.00
Thermal hairstyling	
Press and Curl	
Chemical Straightening	
Haircutting	
Hair Coloring	
Bleaching	
Scalp and Hair Treatments	
Facials (Manual)	
Facials (Electrical)	
Facials (Chemical)	
Eyebrow Arching and Hair Removal	
Makeup	
Water and Oil Manicure	
Complete Pedicure	
Artificial Nail Tips	
Artificial Nails - Acrylic Liquid Powders & Brush Ons	
Nail Wraps and Repairs	
Total Hours	210.00

IV. METHODS OF INSTRUCTION

- A. Lecture
- B. Demonstrations
- C. Multimedia Presentations
- D. Guest Artists and Lecturers
- E. Observation
- F. Hands on Training

V. METHODS OF EVALUATION

- A. Class participation
- B. Class Discussion
- C. Chapter Outlines
- D. Mid term exams at specified hours
- E. Mock state board exam; Final written exam
- F. Projects and assignments completed
- G. Testing scores: a student must maintain a 75% average on all written and practical exams as recommended by the State Board of Barbering and Cosmetology
- H. Weekly theory quizzes: students must maintain an average of 75% or better as recommended by the State Board of Barbering and Cosmetology

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read a brief online article on salon decontamination and infection control. Be prepared to discuss key points in class.
 - 2. Read 2 – 3 professional articles that focus on the safe application of chemicals to the hair, skin and scalp. Be prepared to give a three minute presentation to the class on this topic.
- B. Writing Assignments
 - 1. Write a 1-2 page essay focused on the essential communication, time management, and financial skills necessary to manage a successful salon.
 - 2. Write a 1-2 page essay on current trends in the Cosmetology industry, including hair design, hair treatments, skin care and salon management.

C. Out-of-Class Assignments

1. Interview five local salon owners focusing on key strategies for passing the state licensing exam. Summarize your findings.
2. Conduct a local survey of salons that focuses on what services are offered and the price range for those services. Summarize your findings in a chart or data table.

VII. **RECOMMENDED MATERIALS OF INSTRUCTION**

Textbooks:

- A. Thompson Delmar Learning. Milady Standard Cosmetology 2012 (Milady's Standard Cosmetology). 1 Edition. Thompson Delmar Learning, 2011.

Materials Other Than Textbooks:

- A. PERFORMANCE CRITERIA for Cosmetologists (Published by the State Board of Cosmetology, available at Chico Beauty College)
- B. Companion Workbook

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