

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 109 - Esthetician (Skin Care)

16 Unit(s)

Prerequisite(s): High School Diploma or G.E.D.

Recommended Prep: NONE

Transfer Status: NT

110 hours Lecture

490 hours Lab

Upon successful completion of this course, the student will be eligible to take the state board exam and become a California state licensed Esthetician. The skin care course is an intensive course for the student seeking an entry level position in the industry, or for a person reentering the job market with new skills. Books and materials are to be purchased from Chico Beauty College, cost subject to change.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Safely and accurately use all equipment and products related to the industry.
- B. Demonstrate the most up-to-date methods and procedures.
- C. Apply good health and safety rules.
- D. Demonstrate appropriate communication skills.
- E. Practice an orderly performance of all tasks and skills, establishing methodical habits without sacrificing artistic skills.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Barbering and Cosmetology Act, Rules and Regulations	10.00
2. Chemistry pertaining to the practices of an esthetician.	10.00
3. Health and Safety/Hazardous Substances	10.00
4. Electrical Modalities	10.00
5. Disinfection and Sanitation	10.00
6. Bacteriology, Anatomy, Physiology, Skin Analysis and Conditions	15.00
7. Facials, Manual	10.00
8. Facials, Electrical	10.00
9. Facials, Chemical	10.00
10. Eyebrow Arching and Hair Removal, Tweezers	5.00
11. Eyebrow Arching and Hair Removal, Depilatories	5.00
12. Make up	5.00
Total Hours	110.00

Lab

<u>Topics</u>	<u>Hours</u>
1. Disinfection and Sanitation	25.00
2. Facials, Manual	90.00
3. Facials, Electrical	100.00
4. Facials, Chemical	90.00
5. Eyebrow Arching and Hair Removal, Tweezers	10.00
6. Eyebrow Arching and Hair Removal, Depilatories	100.00
7. Make up	65.00
8. Health and Safety	10.00
Total Hours	490.00

IV. METHODS OF INSTRUCTION

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Demonstrations
- D. Observation
- E. Hands on Training
- F. Audio Visual
 - 1. Videos
 - 2. Slides
 - 3. Projector
- G. Guest Artist and Lecturers
- H. Class Discussion
- I. Class Participation

V. METHODS OF EVALUATION

- A. Weekly theory quizzes: students must maintain an average of 75% or better as recommended by the State Board of Barbering and Cosmetology.
- B. Midterm exam at 300 hours.
- C. Final exam (practical and written) at 500 hours (mock state exam).
- D. Projects and assignments completed.
- E. Attendance: students may not miss more than thirty-two hours of class time as recommended by the State Board of Barbering and Cosmetology.
- F. Testing scores: students must maintain a 75% or average on all written and practical exams as recommended by the State Board of Barbering and Cosmetology

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
- B. Writing Assignments
- C. Out-of-Class Assignments

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Textbooks:

- A. Milady's . Miladys Art & Science of Skin Care. Thompson Delmar Learning , 2006.

Materials Other Than Textbooks:

- A. Practical kit and supplies (available from the Beauty College)

B. Performance Criteria for Cosmetologists (Published by the State Board of Cosmetology;
available at the Beauty College)

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