

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

KIN 84 - Varsity Golf

3 Unit(s)

Prerequisite(s): NONE

Limitation on Enrollment: Student-athletes currently participating in Intercollegiate Athletics

Recommended Prep: NONE

Transfer Status: CSU/UC

153 hours Lab

This course is designed for students who meet the criteria to compete in intercollegiate golf. All varsity sports entail practice at designated times. Since skills/proficiencies are enhanced by supervised repetition and practice, this course may be repeated three times.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. define golf safety and rules.
- B. practice the proper etiquette of golf competition.
- C. describe tournament play strategies for intercollegiate competition.
- D. perform golf skills at a level appropriate for intercollegiate competition.
- E. demonstrate the physical routines necessary for intercollegiate golf competition.
- F. demonstrate proper maintenance of individual equipment and the course.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

| Lab | |
|-----------------------------------------------------------------|--------------|
| <u>Topics</u> | <u>Hours</u> |
| 1. Orientation and Introduction | 2.00 |
| 2. Swing fundamentals | 14.50 |
| 3. Fundamentals and use of wedges, short, middle and long irons | 15.50 |
| 4. Fundamentals and use of woods | 15.50 |
| 5. Techniques of the short, middle and long putts | 15.50 |
| 6. Competitive strategy | 14.00 |
| 7. United States Golf Association (USGA) and local rules | 25.00 |
| 8. Etiquette and competitive behavior | 17.50 |
| 9. Inter-squad competition | 18.50 |
| 10. Evaluation | 10.00 |
| 11. Research: Books and articles | 5.00 |
| Total Hours | 153.00 |

IV. METHODS OF INSTRUCTION

- A. Discussion
- B. Demonstrations
- C. Reading Assignments
- D. Multimedia Presentations
- E. Drills/Practical

V. METHODS OF EVALUATION

- A. Class participation
- B. Written or Oral Examinations
- C. Practical Evaluations

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read a minimum of two articles describing proper conduct on and off of the golf course. Be prepared to discuss and chart information in small groups.
 - 2. Research an article that outlines the history of golf and the impact the sport has had on society. Plan to discuss findings in class.
- B. Writing Assignments
 - 1. List each type of golf club and provide a brief description or examples of how you would use them on the course.
 - 2. Write a paper discussing golf swing fundamentals. Paper should include works cited and be 1-2 pages in length.
- C. Out-of-Class Assignments
 - 1. View a major golf event and report your observations of rules, conduct, and techniques to the class.
 - 2. Perform a portion of your workout plan (minimum 2 weeks) and maintain a journal documenting changes in body composition and play.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Materials Other Than Textbooks:

- A. The student will be required to provide:
 - a. Proper golf attire
 - b. Proper golf shoes
- B. Other materials and/or equipment will be provided by the department

Created/Revised by: Mario Vela

Date: 03/04/2013