

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

**KIN 58 - Badminton**

**1.5 Unit(s)**

**Prerequisite(s):** NONE

**Recommended Prep:** NONE

**Transfer Status:** CSU/UC

17 hours Lecture

34 hours Lab

This course provides instruction in the fundamental skills of badminton. Students will learn all primary shots including serves, overhead shots, underhand shots, and drop shots. Skills, etiquette, court strategy, and rules will be applied through game play.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. define and identify the rules and strategy of badminton.
- B. demonstrate improvement in the fundamental techniques of badminton such as serve, overhead clear, drop, and smash shots.
- C. demonstrate proper sportsmanship through game etiquette.
- D. identify and analyze overall game play proficiency through peer observation.

### III. COURSE CONTENT

#### A. Unit Titles/Suggested Time Schedule

##### Lecture

<u>Topics</u>	<u>Hours</u>
1. Orientation	1.00
2. Basic Warm-Up: Grip and Stance	1.50
3. Serve Techniques and Strategies	2.00
4. Singles Game Play	1.50
5. Overhead and Underhand	2.00
6. Backline Drop Shot and Net Drop Shot	2.00
7. Doubles Game Play	1.50
8. Smash and Push Shot	2.00
9. Game Strategies	1.50
10. Tournaments and Game Play	2.00
Total Hours	17.00

##### Lab

<u>Topics</u>	<u>Hours</u>
1. Orientation	1.00
2. Serve Techniques and Strategies	3.00
3. Basic Warm-Up: Grip and Stance	3.00
4. Singles Game Play	4.50
5. Overhead and Underhand	3.00
6. Backline Drop Shot and Net Drop Shot	3.00

7.	Doubles Game Play	4.50
8.	Smash and Push Shot	3.00
9.	Review All Strategies	3.00
10.	Tournaments and Game Play	6.00
	Total Hours	34.00

#### **IV. METHODS OF INSTRUCTION**

- A. Lecture
- B. Class Activities
- C. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- D. Discussion
- E. Demonstrations
- F. Multimedia Presentations
- G. Drill/Practical

#### **V. METHODS OF EVALUATION**

- A. Demonstration
- B. Class participation
- C. Written Assignments
- D. Written or Oral Examinations
- E. Practical Evaluations

#### **VI. EXAMPLES OF ASSIGNMENTS**

- A. Reading Assignments
  - 1. Research the history of badminton. Write a short essay about where badminton originated and when it came to the United States.
  - 2. Read about badminton basics on the USA Badminton website. Be prepared to share something interesting you learned.
- B. Writing Assignments
  - 1. Research differences between European and American strategies of game play. Write a two-page essay outlining the differences.
  - 2. Write a one-page summary of the official rules of badminton pertaining to the shuttle and the racquet.
- C. Out-of-Class Assignments
  - 1. View any type of badminton competition to analyze strategies of game play which can include competitions and/or documentaries.
  - 2. Prepare a mock tournament outlining rules, brackets, and game personnel. Present a 5 minute presentation to the class.

#### **VII. RECOMMENDED MATERIALS OF INSTRUCTION**

Materials Other Than Textbooks:

- A. The student will be required to provide:
  - a. Athletic apparel b. Tennis or court shoes (non-marking sole shoes).
- B. Other materials and/or equipment will be provided by the department.