

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

**NSG 205 - Home Health for the Certified Nurses Aide (CNA)**

**1.5 Unit(s)**

**Prerequisite(s):** NSG 200, NSG 201 or a Current CNA License

**Recommended Prep:** Reading Level II; English Level III; Math Level II

**Transfer Status:** NT

22 hours Lecture

22 hours Lab

This course provides the theory and laboratory experiences required for state-certified nursing assistants to become eligible for home health aide certification. Content includes: orientation to home health care, personal care of clients including medical and social needs; nutrition, safety and cleanliness in the home. Graded only.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Describe the philosophy of home health and the role of the home health aide.
- B. Apply appropriate measures for maintaining safety and cleanliness in the home.
- C. Apply interventions to meet medical and social needs of home-bound clients, including therapeutic communication with clients, family, and other health personnel.
- D. Perform personal care and basic nursing procedures for clients in the home at the CNA/HHa level.
- E. Apply guidelines for food selection, storage, planning and preparation including basic principles of nutrition.
- F. Document care provided to clients in home care in a professional and complete manner.
- G. Describe common long-term diseases/conditions, related nursing care, and rehabilitation techniques in the home care setting.
- H. Discuss factors which influence the quality of life for the disabled and elderly.

### III. COURSE CONTENT

#### **A. Unit Titles/Suggested Time Schedule**

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Orientation to Home Health and role of HHA	2.00
2. Medical and Social Needs of Clients	6.00
3. Nutrition in the Home	5.00
4. Personal Care Services and Nursing Procedures	6.00
5. Cleaning and Care Tasks in the Home	3.00
Total Hours	22.00

Lab	
<u>Topics</u>	<u>Hours</u>
1. Nutrition in the Home	3.00
2. Personal Care Services and Nursing Procedures	15.00
3. Cleaning and Care Tasks in the Home	2.00

4. Home Health Observation

2.00

Total Hours

22.00

#### **IV. METHODS OF INSTRUCTION**

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Discussion
- D. Demonstrations
- E. Multimedia Presentations
- F. Observation in the Home
- G. Laboratory Practice
- H. Small group activities
- I. Case studies
- J. Team Projects

#### **V. METHODS OF EVALUATION**

- A. Quizzes
- B. Written Assignments
- C. Written Test
- D. Return Demonstration
- E. Oral Presentations

#### **VI. EXAMPLES OF ASSIGNMENTS**

- A. Reading Assignments
  - 1. Read the chapter in your textbook, "Safety in the Home Care Setting" and be prepared to engage in a classroom discussion on the safety issues for clients.
  - 2. Read an article on end of life care and how it applies in the home care setting. Be prepared to discuss this topic in class.
- B. Writing Assignments
  - 1. Write a one page paper on funding of home care by medicare. Be prepared to discuss in class.
  - 2. Write a complete description of a client's home setting and its hazards. Be prepared to discuss in small groups in class.
- C. Out-of-Class Assignments
  - 1. Observe a home care aide/nurse in the home care setting. In class, discuss in small groups positives and negatives of that care the client received.
  - 2. Research community agencies available to help clients in their home. Be prepared to discuss these services in class.

#### **VII. RECOMMENDED MATERIALS OF INSTRUCTION**

Textbooks:

- A. Carter, P.. Lippincott's nursing assistants: A humanistic approach to caregiving workbook. 3rd Edition. Lippincott, 2012.
- B. Carter, P.. Lippincott's nursing assistants: A humanistic approach to caregiving. 3rd Edition. Lippincott, 2012.
- C. Fuzy, J., & Leahy, W.. The home health aide handbook. 1st Edition. Hartman, 2011.

Materials Other Than Textbooks:

- A. Lippincott's video series for Nursing Assistants; Carter, P. 2012

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