

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

#### **NSG 28 - Role Development**

**1 Unit(s)**

**Prerequisite(s):** Admission to Vocational Nursing Program

**Co-requisite(s):** NSG 18, NSG 21, NSG 22, NSG 23 and NSG 24

**Recommended Prep:** NONE

**Transfer Status:** CSU

17 hours Lecture

This course focuses on developing therapeutic communication skills in all aspects of nursing care. Nursing process as it applies to interpersonal communication and personality development theory will be integrated throughout course. Graded only.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Describe the process and techniques of basic interpersonal communication.
- B. Identify three personality development theories and discuss how they effect the communication process.
- C. Utilize the nursing process in communicating with hospitalized clients.

### III. COURSE CONTENT

#### **A. Unit Titles/Suggested Time Schedule**

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Introduction to Role Development	2.00
2. Communication Skills	3.00
3. Therapeutic Interactions	2.00
4. Developing a Helping Relationship	2.00
5. Personality Development	4.00
6. Nursing Process	4.00
Total Hours	17.00

### IV. METHODS OF INSTRUCTION

- A. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- B. Assigned Readings
- C. Lecture/Discussion
- D. Student Presentations

### V. METHODS OF EVALUATION

- A. In Class Assignments
- B. Papers/Reports
- C. Written Tests
- D. Class Presentations

## **VI. EXAMPLES OF ASSIGNMENTS**

### **A. Reading Assignments**

1. Read chapter 42 in Kozier. Come to class prepared to discuss theories of stress disorders.
2. Read Chapter 11 in Shives on therapeutic interactions. Come to class prepared to discuss therapeutic interactions with hospitalized patients.

### **B. Writing Assignments**

1. Given a set of patient assessment data, organize the data in a body systems format, Maslow's hierarchy of needs, and functional health patterns. Using information from class analyze the strengths and weaknesses of each of these formats applied to hospitalized patients.
2. Complete the case study on role development handed out in class. Identify and develop to nursing diagnoses with independent and dependent interventions.

### **C. Out-of-Class Assignments**

1. Complete the Holmes and Rahe Social Readjustment rating scale.
2. Therapeutic Communication: Process Recording. Using the handout from class write down verbatim a communication session with a client. Using information from class, analyze each of your communications.

## **VII. RECOMMENDED MATERIALS OF INSTRUCTION**

### **Textbooks:**

- A. Kozier, B., Erb, G, Berman, A. & Snyder, S. . Fundamentals of Nursing: Concepts, Process and Practice. 9th Edition. New Jersey: Prentice Hall, 2012.
- B. Shives, L. . Basic Concepts of Psychiatric-Mental Health Nursing. 8th Edition. Philadelphia: Lippincott, 2012.
- C. Carpenito-Moyet, L.J. Nursing Diagnosis: Application to Clinical Practice. 13th Edition. Lippincott Williams and Wilkins, 2010.

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