

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

#### NSG 56 - Clinical Nursing I

5 Unit(s)

**Prerequisite(s):** Admission to Associate Degree Nursing Program

**Co-requisite(s):** NSG 54, NSG 55 and NSG 57

**Recommended Prep:** NONE

**Transfer Status:** CSU

272 hours Lab

This course applies theory from Foundations of Practice and Medical Surgical Nursing I to the hospitalized client utilizing simulated skills lab and clinical experiences in hospitals to provide services to adult clients. Emphasis will be placed upon the role of the registered nurse in delivery of basic bedside care, medication administration, and applying the nursing process to delivery of safe care. Pass/No Pass Only.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Apply the standards of professional practice, including legal, ethical and regulatory framework to delivery of basic nursing care.
- B. Demonstrate basic therapeutic communication.
- C. Perform basic health assessment.
- D. Apply the steps of the nursing process to delivery of care.
- E. Identify the client's values, customs, and cultural habits that affect delivery of care.
- F. Collaborate with the members of the healthcare team.
- G. Discuss cost efficient strategies to delivery nursing care.
- H. Demonstrate use of technology in the healthcare environment.

### III. COURSE CONTENT

#### A. Unit Titles/Suggested Time Schedule

	Lab	
<u>Topics</u>		<u>Hours</u>
1. Therapeutic Environment: Hygiene		17.00
2. Therapeutic Environment: Mobility, Skin integrity		17.00
3. Therapeutic Environment: Safety and Mobility		17.00
4. Therapeutic Environment: Nutrition, Urinary and Bowel Elimination		17.00
5. Medication Administration		17.00
6. Health Assessment and Physical Examination		17.00
7. Nursing Process and Documentation		34.00
8. Medical/Surgical nursing care in the acute hospital		136.00
Total Hours		272.00

#### **IV. METHODS OF INSTRUCTION**

- A. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- B. Demonstrations
- C. Skills lab practice
- D. Clinical client care in hospitals

#### **V. METHODS OF EVALUATION**

- A. Demonstration of basic skills learned in the nursing skills lab
- B. Clinical Evaluations
- C. Clinical Worksheets
- D. Direct Observation

#### **VI. EXAMPLES OF ASSIGNMENTS**

- A. Reading Assignments
  - 1. Utilize "Fundamentals of Nursing" text "to learn rationale for each step involved in changing a sterile dressing." Be prepared to discuss these with lab partners.
  - 2. Use the "Fundamentals of Nursing" text to review how to insert an indwelling urinary catheter. Be prepared to carry out the procedure in the nursing skills lab.
- B. Writing Assignments
  - 1. Complete the worksheet "needle lengths and gauges" prior to "the skills lab on syringes."
  - 2. Complete the physical assessment worksheet using "Fundamentals of Nursing" text and health assessment handbook as references.
- C. Out-of-Class Assignments
  - 1. View DVD/online skills video on how to put on sterile gloves prior to lab.
  - 2. Complete the self assessment worksheet of perceived competency for the assigned skill, nasogastric tube insertion, prior to mastery testing.

#### **VII. RECOMMENDED MATERIALS OF INSTRUCTION**

##### Textbooks:

- A. Carpenito-Moyet, L.J. Nursing Diagnosis: Application to Clinical Practice. 13th Edition. Lippincott Williams and Wilkins, 2010.
- B. Pagana & Pagana. Manual of Diagnostic and Laboratory Tests. 4th Edition. -, 2010.
- C. Potter, P.A., and Perry, A.G. . Basic Nursing: Essentials for Practice. 7th Edition. St. Louis; Mosby, 2008.
- D. Olsen, J.L.. Medical Dosage Calculations. 10th Edition. Pearson Prentice Hall, 2011.
- E. Smeltzer & Bare. Brunner and Suddarth's Textbook of Medical Surgical Nursing. 12th Edition. J.B. Lippincott Co., 2010.
- F. Deglin, J.H. & Vallerand, A.H. . Davis's Drug Guide for Nurses. 12th Edition. Philadelphia, F.A. Davis, 2009.

##### Materials Other Than Textbooks:

- A. Mosby's Nursing Video Skills--Basic, Intermediate, and Advanced. Mosby. 3rd edition. 2009

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