

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

KIN 81 - Varsity Basketball

3 Unit(s)

Prerequisite(s): NONE

Limitation on Enrollment: Student-athletes currently participating in Intercollegiate Athletics

Recommended Prep: NONE

Transfer Status: CSU/UC

153 hours Lab

This course is designed for students who meet the criteria to compete in intercollegiate basketball. All varsity sports entail practice at designated times. Since skills/proficiencies are enhanced by supervised repetition and practice, this course may be repeated three times.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. define basketball safety and rules.
- B. practice the proper etiquette of basketball competition.
- C. describe offensive and defensive strategies for intercollegiate competition.
- D. perform offensive and defensive skills at a level appropriate for intercollegiate competition.
- E. demonstrate pre-game, in-game and post-game physical routines.
- F. demonstrate proper maintenance of individual equipment and the court.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

		Lab	
<u>Topics</u>			<u>Hours</u>
1.	Orientation and Safety		2.00
2.	Ball Handling		11.50
3.	Footwork		12.00
4.	Individual Offense		17.00
5.	Team Offense		35.00
6.	Individual Defense		17.00
7.	Team Defense		35.00
8.	Film Study and Analysis		12.00
9.	Team Strategy		8.00
10.	Philosophy		3.50
Total Hours			153.00

IV. METHODS OF INSTRUCTION

- A. Discussion
- B. Demonstrations
- C. Reading Assignments
- D. Multimedia Presentations

E. Drills/Practical

V. METHODS OF EVALUATION

- A. Class participation
- B. Written or Oral Examinations
- C. Practical evaluations

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Research an internet article that outlines the history of basketball and the impact the sport has had on society. Plan to make a brief presentation in class.
 - 2. Review opponent scouting reports and specific game strategy. Be prepared to discuss your findings in class.
- B. Writing Assignments
 - 1. Write an essay that reviews and analyzes your last three game performances.
 - 2. Write a brief paper summarizing the responsibilities of each position in basketball.
- C. Out-of-Class Assignments
 - 1. Develop a set of personal goals for the season and list three goals you feel the team should adopt. Team goal suggestions will be discussed in class.
 - 2. View a professional basketball event and report your observations as they address conduct, rules, and techniques.

VII. RECOMMENDED MATERIALS OF INSTRUCTION

Materials Other Than Textbooks:

- A. The student will be required to provide:
 - a. Proper basketball attire b. Proper basketball shoes
- B. Other materials and/or equipment will be provided by the department.

Created/Revised by: Mario Vela

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