

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

#### **COS 108 - Manicuring**

**10 Unit(s)**

**Prerequisite(s):** High School Diploma or G.E.D.

**Recommended Prep:** NONE

**Transfer Status:** NT

55 hours Lecture

345 hours Lab

The manicure course is an intensive course for the student seeking an entry level position in the industry, or for an individual re-entering the job market to develop new skills. Upon successful completion of this course, the student will be eligible to take the state board exam and become a California state licensed Manicurist.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Safely and accurately use all equipment and products relating to the industry.
- B. Demonstrate the most current methods and procedures.
- C. Apply good health and safety rules.
- D. Demonstrate appropriate communication skills.
- E. Demonstrate an orderly performance of all tasks and skills, establishing methodical habits without sacrificing artistic skills.

### III. COURSE CONTENT

#### **A. Unit Titles/Suggested Time Schedule**

The schedule in which materials will be presented in manicuring may vary and will rotate at the discretion of the instructor. All of the materials and unit titles will be covered during the 400 hour course of instruction. All practical operations and minimum hours of theory as listed above must be completed by the student in order to graduate thus qualifying for the state exam and licensing.

#### Lecture

<u>Topics</u>	<u>Hours</u>
1. Water and Oil Manicures	15.00
2. Pedicuring	5.00
3. Artificial Nails	20.00
4. Barbering and Cosmetology Act, Rules and Regulations	5.00
5. Cosmetology Chemistry relating to manicuring	5.00
6. Bacteriology, sanitation, sterilization, safety Precautions, anatomy and physiology	5.00
Total Hours	55.00

#### Lab

<u>Topics</u>	<u>Hours</u>
1. Water and Oil Manicures	90.00
2. Pedicuring	80.00

3. Artificial Nails	165.00
4. Bacteriology, sanitation, sterilization, safety Precautions, anatomy and physiology	10.00
Total Hours	345.00

#### IV. **METHODS OF INSTRUCTION**

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Demonstrations
- D. Observation
- E. Hands on Training
- F. Audio Visual
  - 1. Videos
  - 2. Slides
  - 3. Projector
- G. Guest Artist and Lecturers

#### V. **METHODS OF EVALUATION**

- A. Class participation
- B. Class Discussion
- C. Weekly theory quizzes: students must maintain an average of 75% or better as recommended by the State Board of Barbering and Cosmetology.
- D. Mid term exams at 150 and 300 hours
- E. Final exam (practical and written) at 340 hours (mock state exam).
- F. Projects and assignments completed
- G. Attendance: the student may not miss more than 24 hours of class time as recommended by the State Board of Barbering and Cosmetology.
- H. Testing scores: a student must maintain a 75% or average on all written and practical exams as recommended by the Sate Board of Barbering and Cosmetology.

#### VI. **EXAMPLES OF ASSIGNMENTS**

- A. Reading Assignments
- B. Writing Assignments
- C. Out-of-Class Assignments

#### VII. **RECOMMENDED MATERIALS OF INSTRUCTION**

Textbooks:

- A. Miladys . Miladys Art and Science Textbook of Nail Technology. Thompson Delmar Learning , 2004.

Materials Other Than Textbooks:

- A. Practical kit and supplies (available from Chico Beauty College)
- B. Performance Criteria for Cosmetologist (Published by the State Board of Cosmetology; available at the Beauty College)
- C. Companion Workbook

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**Date:** 03/10/2008