

# BUTTE COLLEGE

## COURSE OUTLINE

### I. CATALOG DESCRIPTION

**KIN 64 - Baseball**

**1.5 Unit(s)**

**Prerequisite(s):** NONE

**Recommended Prep:** NONE

**Transfer Status:** CSU/UC

17 hours Lecture

34 hours Lab

This course provides instruction in the fundamental skills of baseball, including throwing, catching, batting, and base running. Students will learn about team play and offensive and defensive strategies. Emphasis is placed on skill improvement, team cooperation, and safety procedures. Students will practice skills through game play and structured practice plans.

### II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. explain the basic rules, history, and conduct of baseball.
- B. discuss team cooperation and proper sportsmanship.
- C. identify safety hazards and describe prevention methods in baseball.
- D. demonstrate basic skills throwing, hitting, catching, and base running.
- E. describe offensive and defensive strategies.

### III. COURSE CONTENT

#### **A. Unit Titles/Suggested Time Schedule**

##### Lecture

<u>Topics</u>	<u>Hours</u>
1. Orientation	1.75
2. Batting Techniques	1.75
3. Pitching Techniques	1.75
4. Baserunning	1.75
5. Outfield Play	1.75
6. Infield Play	1.75
7. Rules	1.50
8. Strategies	2.00
9. Game Play	3.00
Total Hours	17.00

##### Lab

<u>Topics</u>	<u>Hours</u>
1. Orientation	1.00
2. Batting Techniques	3.50
3. Pitching Techniques	3.50
4. Base running	3.50
5. Outfield Play	3.50
6. Infield Play	3.50

7.	Rules	2.00
8.	Strategies	4.00
9.	Game Play	9.50
Total Hours		34.00

#### **IV. METHODS OF INSTRUCTION**

- A. Lecture
- B. Class Activities
- C. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- D. Discussion
- E. Demonstrations
- F. Multimedia Presentations
- G. Drill/Practical

#### **V. METHODS OF EVALUATION**

- A. Oral Presentation
- B. Demonstration
- C. Class participation
- D. Written Assignments
- E. Written or Oral Examinations
- F. Practical evaluations

#### **VI. EXAMPLES OF ASSIGNMENTS**

- A. Reading Assignments
  - 1. Read a minimum of two articles that outline offensive and defensive skills used in baseball. Be prepared to demonstrate skills in class.
  - 2. Research an internet article that outlines the history of baseball and the impact the sport has had on society. Plan to make a brief presentation in class on your findings.
- B. Writing Assignments
  - 1. Write a brief paper summarizing the responsibilities of each position in baseball.
  - 2. Write an essay that reviews and analyzes your last three practice performances.
- C. Out-of-Class Assignments
  - 1. Research potential safety hazards in baseball and what can be done to prevent injuries. Plan to discuss your findings in class.
  - 2. View a Major League Baseball event and report your observations as they address conduct, rules, and techniques.

#### **VII. RECOMMENDED MATERIALS OF INSTRUCTION**

Materials Other Than Textbooks:

- A. Materials will vary depending upon the activity requirements.
- B. Athletic apparel
- C. Athletic Shoes or Cleats

**Created/Revised by:** Mario Vela

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