

BUTTE COLLEGE

COURSE OUTLINE

I. CATALOG DESCRIPTION

COS 103 - Cosmetology III

5 Unit(s)

Prerequisite(s): COS 102 or Permission of Instructor

Recommended Prep: NONE

Transfer Status: NT

30 hours Lecture

210 hours Lab

This course is the fourth in a seven-course sequence. Students are introduced to hair braiding, wigs, hair enhancements, chemical services, hair chemistry and structure, principles of hair coloring, and skin diseases and disorders. Emphasis will be placed on chemical hair services including coloring, relaxing and perming, proper application and care of wigs, hair extensions and braids, color theory and skin disorders. Students will continue developing the required skills and techniques for all aspects of hair care, hair cutting, hair treatments, makeup application, skin care and nail care and the safe, hygienic practice of Cosmetology procedures. Additionally, students will continue developing skills in human relations, customer satisfaction and the professional attitudes that are vital to success in the beauty industry.

II. OBJECTIVES

Upon successful completion of this course, the student will be able to:

- A. Demonstrate proper hair care procedures on live models.
- B. Conduct a client consultation and maintain a client record card.
- C. Explain the chemical process that produces permanent waves within hair structure.
- D. Demonstrate appropriate use of color theory in applying hair color treatments
- E. Select appropriate hairstyling products, techniques, and tools required for each hair treatment.
- F. Properly apply chemical relaxers.
- G. Explain the basic principles of anatomy, physiology, and chemistry as they relate to the safe application of cosmetic services.
- H. Demonstrate proper techniques needed for the styling, application, and care of wigs and hair extensions.
- I. Demonstrate proper techniques for hair braiding.
- J. Demonstrate proper technique for predisposition skin test prior to performing cosmetic procedures.
- K. Recognize the different skin types and the corresponding procedures for skin care correction treatments.

III. COURSE CONTENT

A. Unit Titles/Suggested Time Schedule

Lecture	
<u>Topics</u>	<u>Hours</u>
1. Braiding and Braid Extensions	2.00
2. Client Consultation and Braiding Basics	2.00
3. Wigs and Hair Enhancements	2.00
4. Client Consultation: Wigs, Hairpieces and Extensions	2.00
5. Chemical Services	2.00
6. Hair Structure and Bonds	2.00
7. Permanent Waving	2.00

8. Chemical Hair Relaxers	2.00
9. Haircoloring: Basic Chemistry and Principles	2.00
10. Haircoloring Applications	2.00
11. Corrective Solutions	2.00
12. Haircoloring Safety Precautions	2.00
13. Skin Diseases and Disorders	2.00
14. Skin Aging	2.00
15. Preventing Skin Disorders	2.00
Total Hours	30.00

Lab

<u>Topics</u>	<u>Hours</u>
1. Client Consultations and Communication	7.00
2. Infection Control Principles and Practices	7.00
3. Sanitary Salon Management	7.00
4. General Anatomy and Physiology	7.00
5. Skin Structure and Growth	7.00
6. Nail Structure and Growth	7.00
7. Properties of the Hair and Scalp	7.00
8. Basics of Chemistry	7.00
9. Basics of Electricity	7.00
10. Principles of Hair Design	7.00
11. Shampooing, Rinsing and Conditioning	7.00
12. Haircutting	7.00
13. Hairstyling	7.00
14. Braiding and Braid Extensions	7.00
15. Wigs and Hair Enhancements	7.00
16. Chemical Texture Services	7.00
17. Hair Coloring	7.00
18. Skin Diseases and Disorders	7.00
19. Hair Removal	7.00
20. Hair Removal	7.00
21. Facials: Manual	7.00
22. Facials: Electrical	7.00
23. Facials: Chemical	7.00
24. Facial Makeup	7.00
25. Nail Diseases and Disorders	7.00
26. Manicuring (Water and Oil)	7.00
27. Pedicuring	7.00
28. Nail Tips, Wraps and No-Light Gels	7.00
29. Acrylic Nails	7.00
30. Ultra Violet (UV) Gel Nails	7.00
31. Business Skills	7.00

IV. METHODS OF INSTRUCTION

- A. Lecture
- B. Homework: Students are required to complete two hours of outside-of-class homework for each hour of lecture
- C. Demonstrations
- D. Multimedia Presentations
- E. Guest Artists and Lecturers
- F. Observation
- G. Hands on Training

V. METHODS OF EVALUATION

- A. Oral Presentation
- B. Projects
- C. Demonstration
- D. Homework
- E. Class participation
- F. Lab Projects
- G. Written Assignments
- H. Summative and formative assessments including exams and quizzes
- I. Skill-based performance demonstrations
- J. Mock state board exams

VI. EXAMPLES OF ASSIGNMENTS

- A. Reading Assignments
 - 1. Read “The Salon Client Retention Guide” and identify the top five strategies for client retention. Prepare a three minute presentation for the class focused on these strategies.
 - 2. Read the Material Safety Data Sheet (MSDS) for 3 products used in the salon. Be prepared to discuss: proper storage, spill clean-up and disposal of these products.
- B. Writing Assignments
 - 1. Summarize in writing 1-2 scientific articles that identify the hazards associated with cosmetic products and procedures.
 - 2. Design a survey instrument that identifies whether or not the top five client retention strategies are true for local salon patrons.
- C. Out-of-Class Assignments
 - 1. Survey a minimum of five people to determine the top five reasons why they choose to return to a salon. Be prepared to discuss your findings in class.
 - 2. Select 3-5 different personal care products (e.g. five different shampoos) and design an evaluation instrument for the products. Conduct an experiment to compare the performance of each product and summarize your findings in a data table or chart.

VII. RECOMMENDED MATERIALS OF INSTRUCTION**Textbooks:**

- A. Milady’s. Milady’s Standard Textbook of Cosmetology. Thomson Delmar Learning , 2012.

Materials Other Than Textbooks:

- A. Milady’s Student Workbook: Cosmetology
- B. Performance Criteria for Cosmetologists (Published by the State Board of Cosmetology: available at Chico Beauty College).
- C. Practical Cosmetology Kit: available at Chico Beauty College

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