

# Public Health 241 - Spring 2018

## Assignment 7

- The data set `diet.dta` on bSpace contains three variables: `act` measures physical activity (`act=0,1,2,3`), with higher values corresponding to higher activity levels; `diet` is an indicator variable for a low-fat diet (`1` = low-fat diet, `0` = other diet); `mort` is an indicator variable for death by the end of the study (`1`= dead, `0` = alive). We are interested in studying the effect of low-fat diet on all-cause mortality, but are concerned that the relationship might be confounded by physical activity. The table below summarizes the available data. In questions (a)-(i) calculate by hand; in question (j) check your results in Stata and show your output.

|                         | Mortality |       | Total |
|-------------------------|-----------|-------|-------|
|                         | Dead      | Alive |       |
| <b>Activity level 0</b> |           |       |       |
| Low-fat diet            | 17        | 22    | 39    |
| Other diet              | 75        | 75    | 150   |
| <b>Activity level 1</b> |           |       |       |
| Low-fat diet            | 28        | 36    | 64    |
| Other diet              | 40        | 45    | 85    |
| <b>Activity level 2</b> |           |       |       |
| Low-fat diet            | 10        | 37    | 47    |
| Other diet              | 14        | 34    | 48    |
| <b>Activity level 3</b> |           |       |       |
| Low-fat diet            | 4         | 24    | 28    |
| Other diet              | 7         | 32    | 39    |

- Set up a pooled  $2 \times 2$  table and calculate a point estimate and confidence interval for the crude odds ratio for the risk of mortality comparing low-fat diet to other diets.

- (b) Draw a causal graph to reflect the relationship between low-fat diet, physical activity, and mortality. Based on your graph, is the crude odds ratio you calculated in (a) likely to be a good estimate of the causal odds ratio comparing low-fat diet to other diets?

- (c) For each of the four strata of physical activity, calculate a point estimate for the odds ratio comparing low-fat diet to other diets.

- (d) Based on your results in (c), does it seem plausible that the effect of low-fat diet on mortality (as measured on the odds ratio scale) is the same in all four groups of physical activity?

- (e) Let's assume for the remainder of this question that the effect of low-fat diet on mortality is in fact the same at all four levels of physical activity. Carry out the Cochran-Mantel-Haenszel test to evaluate the null hypothesis that low-fat diet is not associated with mortality in any of the four strata of physical activity. What is the alternative hypothesis of this test? What is your conclusion?
- (f) Calculate an individual  $\chi^2$ -statistic for testing independence between low-fat diet and mortality in each stratum. Compare the sum of these four statistics against a  $\chi^2$  distribution with four degrees of freedom. What is the alternative hypothesis for the test that you just calculated a  $p$ -value for? Compare your  $p$ -value to the one you calculated in (e) and explain any difference you might see.

(g) Calculate a Mantel-Haenszel point estimate for the summary odds ratio.

(h) Calculate a Woolf estimate and corresponding 95% confidence interval for the summary odds ratio.

(i) Compare your two adjusted estimates in (g) and (h) to the crude estimate in (a). Is the relationship between low-fat diet and mortality confounded?

- (j) Check your calculations for (a), (c), (e), and (g) in Stata and show your output. You will need to use the `, by()` option for the `cs` or `cc` commands to do a stratified analysis.