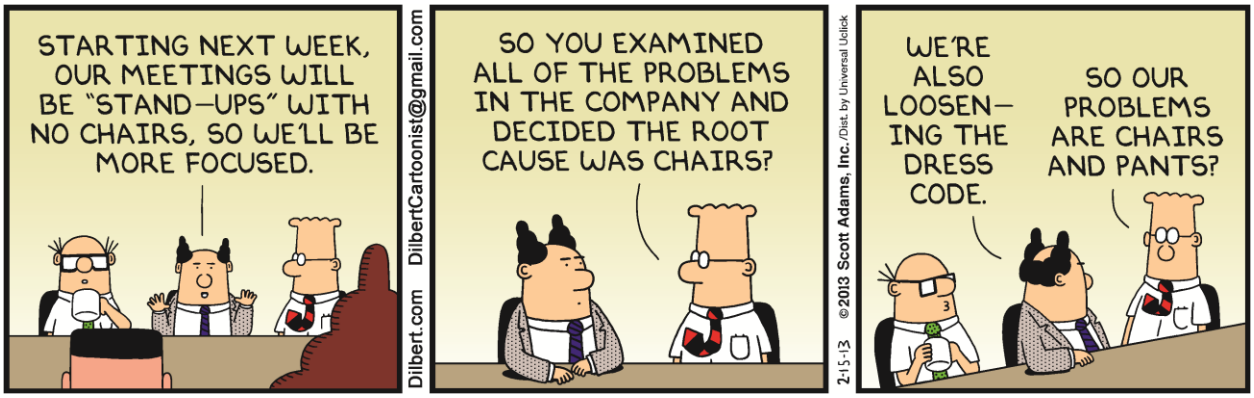
Fun fact



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Stand-ups are one of the fundamental parts of agile development, and it's often the most misunderstood. Let's be real: stand-ups by themselves don't make your team agile.

For software teams, a stand-up is like a sports team's huddle.
It is a daily meeting that involves the core team: product owners, developers, and the scrum master. This meeting's flavor is unique to each team, but in general three simple questions are used to generate structure:

- What did I work on yesterday?
- What am I working on today?
- What issues are blocking me?