

f) Edit

Hot drink at 2:20pm

| | |
|-----------------|------------------|
| I did more + | Repeat ↺ |
| Rename A | Change time ⌚ |
| End Stop | Delete 🗑️ |

Back Home

a) Home

Home You Help

What I did

Now 9:36 Recently

Monday

9:35 pm Computer

5:05 pm Prepare hot meal

2:20 pm Hot drink

1:00 pm Resting

Sunday

11:45 pm Exercise

METER Energy-use.org

b) Set time

10:10 2 h 50 min ago

| | |
|--------------------|--------------------|
| 10 min 10:00 am | 5 min 10:15 am |
| 30 min 9:40 am | 15 min 10:25 am |
| 2 h 8:10 am | 1 h 11:10 am |

Back Next...

c) Location

Where are you 16:39?

| | |
|--------|-------------------|
| Home | Garden / Outdoors |
| Work | Public place |
| Travel | Elsewhere |

Back Home

d) Other people

How many people are with you?

| | |
|--------|------|
| No one | 1 |
| 2 | 3 |
| 4 | More |

Back Done

e) Enjoyment

How much do you enjoy this?

| | |
|------------|----------|
| Very much | Somewhat |
| So so | Not much |
| Not at all | Skip |

Back Done

Screen[Title]

Activity[Title]
Activity[Icon]