$$\begin{array}{l}
\chi = \sqrt{\alpha} \\
\chi^2 = \alpha \\
f(\gamma) = \chi^2 - \alpha \\
f'(\gamma) = 2\chi \\

\uparrow_{n+1} = + n - \frac{\chi^2 - \alpha}{2 + n} = + \chi_n - \frac{\chi_n}{2} + \frac{\alpha}{2 + n} = \frac{\chi_n}{2 + n} + \frac{\alpha}{2 + n}
\end{array}$$