

- On a mobile phone? Check out [m.twitter.com](http://m.twitter.com)!
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## Opting-in to SMS Updates

1. Sign up on the Web at [www.twitter.com](http://www.twitter.com)
2. Text "follow username" to with your mobile (where "username" is a registered Twitter username).
3. Accept an invitation from a registered Twitter user via SMS or email

## Opting-out of SMS Updates

1. To delete your account text "delete me" or "stop all" to
2. Disable all mobile updates by texting any of the following words to : "off, end, stop, quit, cancel, unsubscribe"
3. All mobile updates may also be disabled from the web at [Twitter.com](http://Twitter.com)
4. Disable mobile updates from a specific registered Twitter user or users by texting "leave username" to (where "username" is a registered Twitter username).



## Terms of Service

By using the Twitter.com web site, a service of Twitter, Inc., you are agreeing to be bound by the following terms and conditions ("Terms of Use").

### Basic Terms

1. You must be 13 years or older to use this site.
2. You are responsible for any activity that occurs under your screen name.
3. You are responsible for keeping your password