

Name: monika Age group: 23 Location: Kangra Height: 53 Weight: 55 Gender: female

Headache

Anxiety Disorder (Moderate)

- · Difficulty in concentrating
- · Difficulty in sleeping
- · Get irritated oftenly
- Tension in your muscles
- · Stomachaches repeatedly

Depression (Mild)

- · Feeling depressed
- Overweight

Migraine (Moderate)

- Severe headache
- Craving more food
- Low in energy
- · Yawn frequently
- · Lots of workload

Tension Type Headache (Severe)

- · Head muscle
- Strong headache
- · Alcohol drinking
- · Strain in eyes
- · Feeling Weak
- Smoking
- Cold
- · Feeling stress