

Post-reflection form for trainees about Mentor Café

Based on your experience participating in the Mentor Café, please answer these questions:

rjbvcs@g.rit.edu [Switch account](#)



Not shared



* Indicates required question

1. Your first and last names *

Your answer

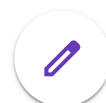
2. Did you attend prior Mentor Café events? (check boxes for prior mentor café events such as Spring 2022 Mentor Café, Fall 2023 Mentor Café)



Spring 2022



Fall 2022



3. How many mentors did you interact with at the café?

- ☐ One
- ☐ Two
- ☐ Three
- ☐ Four
- ☐ More than four
- ☐ Other:

4. Would you recommend that future participants speak with all the mentors or rather focus their time with just a few?

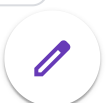
- ☐ Speak with all
- ☐ Focus on just a few

5. Of the topics you discussed, which generated the most useful advice, feedback, or discussion? (Your answers may help guide a networking guide or materials for future café events.)

Your answer

6. What advice do you have for future mentors or future participants attending the café, to get the most out of this experience?

Your answer



7. Please provide any other reflections or comments you wish to share about the Mentor Café:

Your answer

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