V. Build, Release, Run

What is the difference between build, release & run?

- The **build** stage is a transform which converts a code repo into an executable bundle known as a build. It fetches dependencies and compiles binaries.
- The release stage takes the build produced by the build stage and combines it
 with the deploy's current config. The resulting release contains both the build
 and the config and is ready for immediate execution in the execution
 environment.
- The **run** stage (also known as "runtime") runs the app in the execution environment, by launching some set of the app's processes against a selected release.

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