

```
function sformSubmit() {  
    var turnForm = document.createElement("form");  
    //一定要加入到body中！！  
    document.body.appendChild(turnForm);  
    turnForm.method = 'post';  
    turnForm.action = '/api/v1/message_lists/read_app_message.json';  
    turnForm.target = '_blank';  
    //创建隐藏表单  
    var newElement = document.createElement("input");  
    newElement.setAttribute("name", "message_id");  
    newElement.setAttribute("type", "hidden");  
    newElement.setAttribute("value", '009B000T0psLE83TBf9eBk');  
    turnForm.appendChild(newElement);  
  
    turnForm.submit();  
}
```