

Session 1 – Nyaya

(Philosophy of Logic & Reasoning)

1) Sources of Valid Knowledge : Pramana

2) Perception : Pratyaksha & Analogy : Upamana

3) Inference : Anumana

4) Verbal Testimony : Sabda

I. Perception : Knowledge that arises from contact of sense and sense object that is determinate, Unnamable and consistent.

Two classes of Perception

1. Ordinary (Laukika) : 5 senses and sense objects
2. Extraordinary (Alaukika): (Samanya, Jnana and Yogaja)
i.e. Classes, Association and Intutive.

II Analogy (Upamana) : Knowledge of a thing that comes from similarity with another thing that is well known.

III Inference (Anumana) : Knowledge deduced from prior perception (Apriori or Posterior)

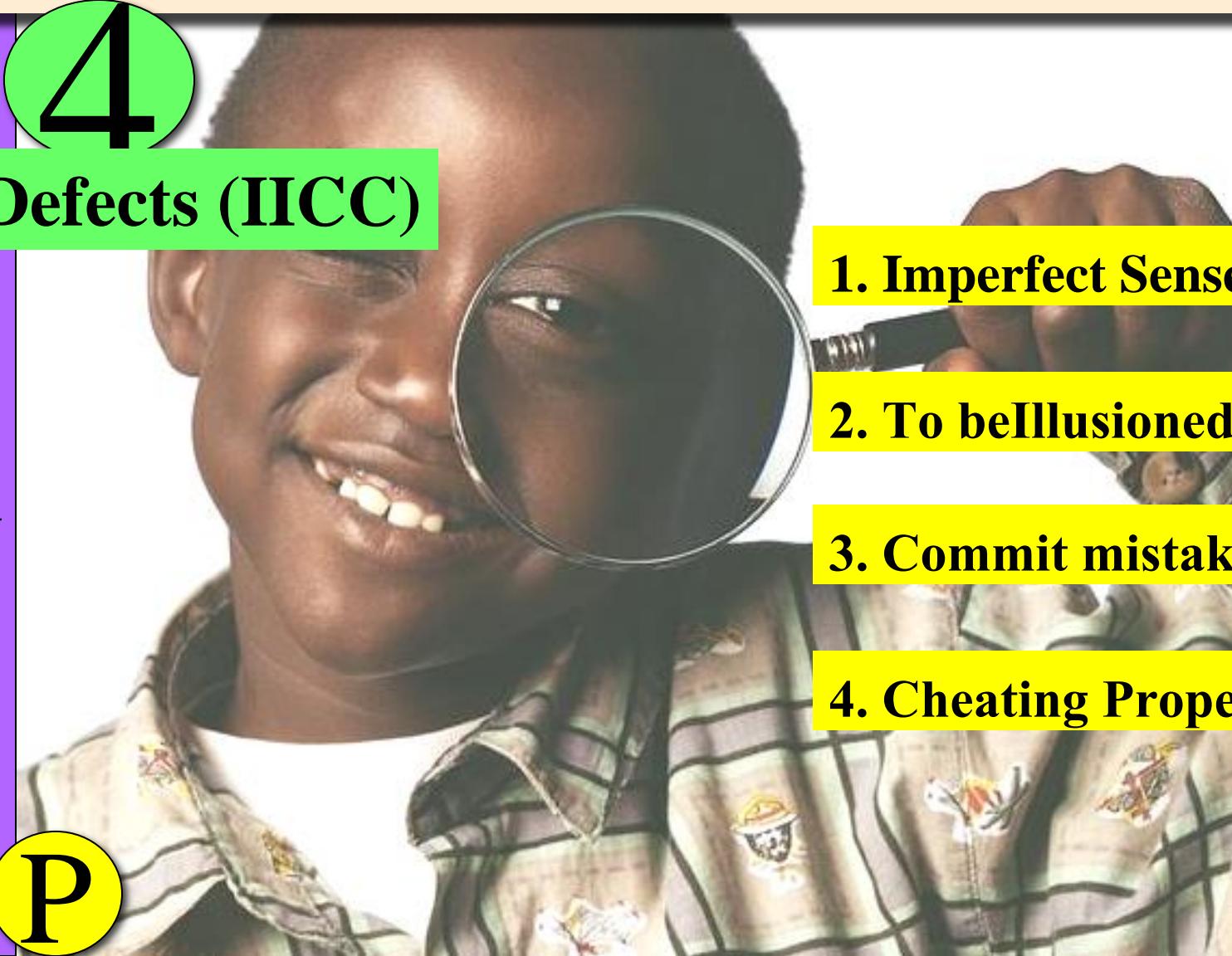
IV Verbal Testimony (Sabda) : Instructive assertion of a reliable person that is, one who is possessed of true knowledge and is truthful.

Challenges of Perception....

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Defects (IICC)

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1. Imperfect Senses (I)

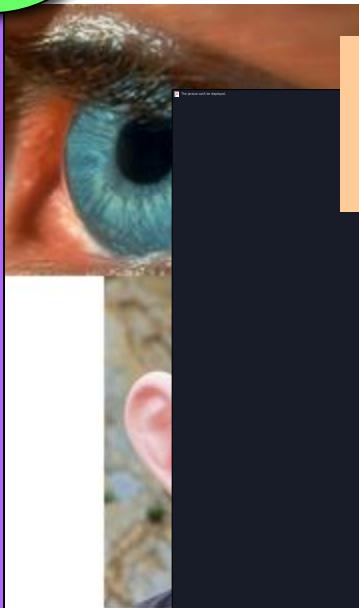
2. To be Illusioned (I)

3. Commit mistakes (C)

4. Cheating Propensity (C)

P

Defects (IICC)



**OUR EYES ARE BLIND outside the range
of 400 to 700 millmicron**

**OUR EARS ARE DEAF outside the
range of 20 Hz to 20 kHz**

Orange after sugar = sour

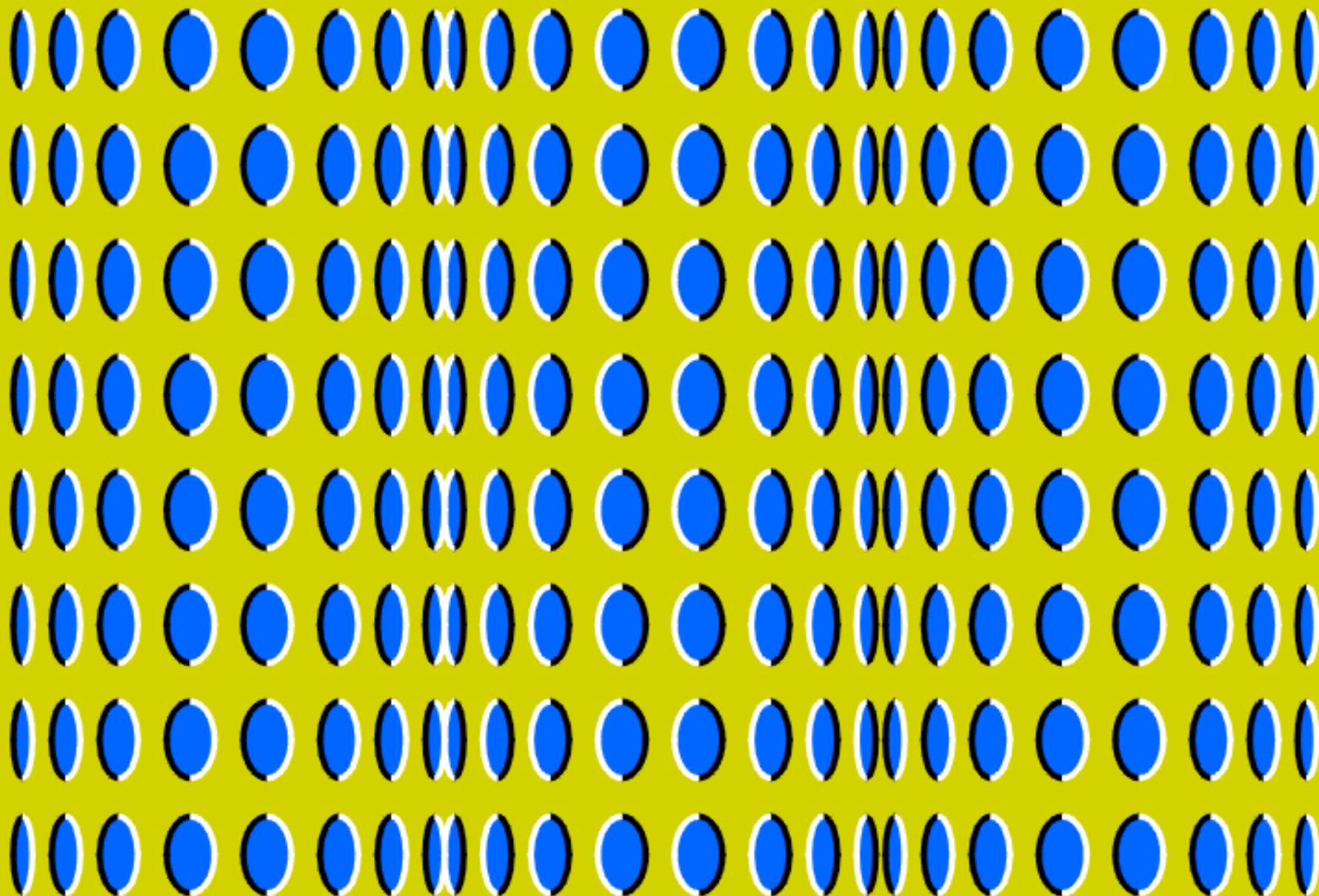
Orange after lemon = sweet

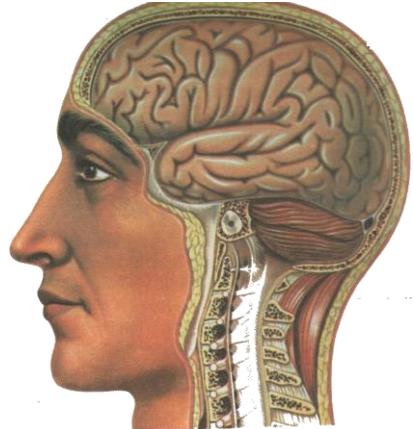


**water touched with warm hand appears cool;
touched with cold hands appears warm**





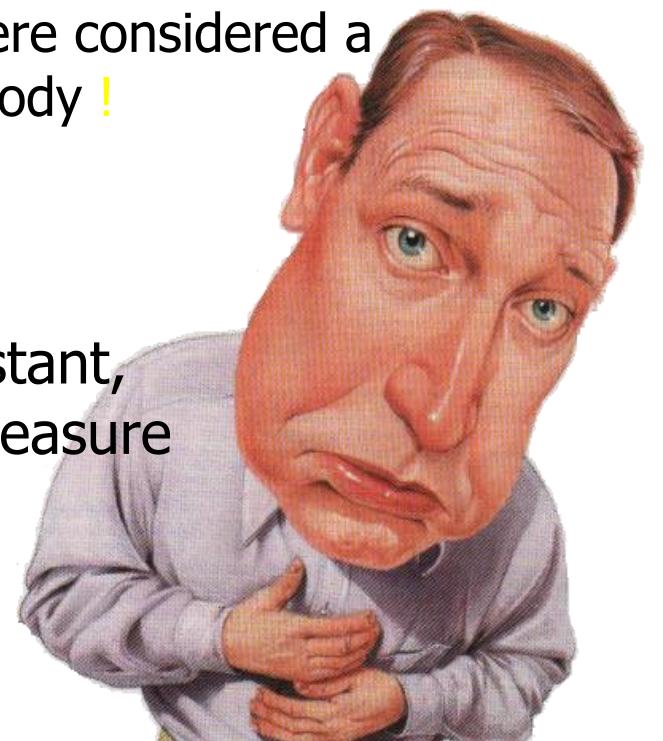


WILDLY INCORRECT ACCOUNTS IN SCIENCE

Brain was thought of as an organ to cool the blood



Pituitary or Master glands were considered a vestige or useless tissue in body !

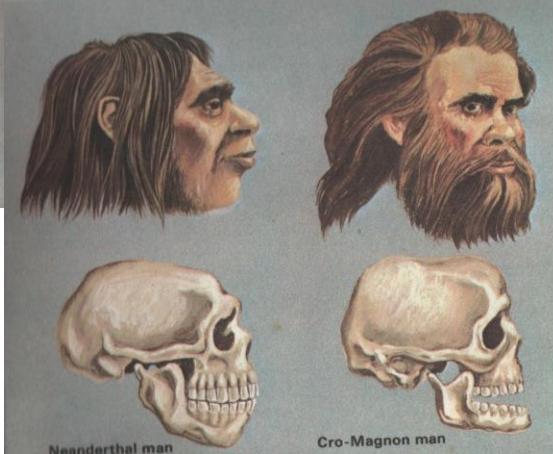
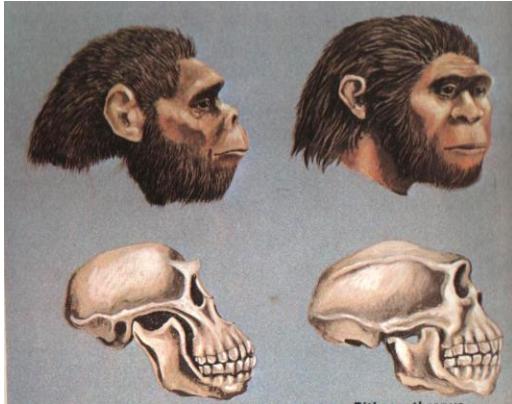


Three astronomers recently discovered a significant mistake in the Hubble Constant, a value used as a cosmic yardstick to measure enormous distances in the universe.

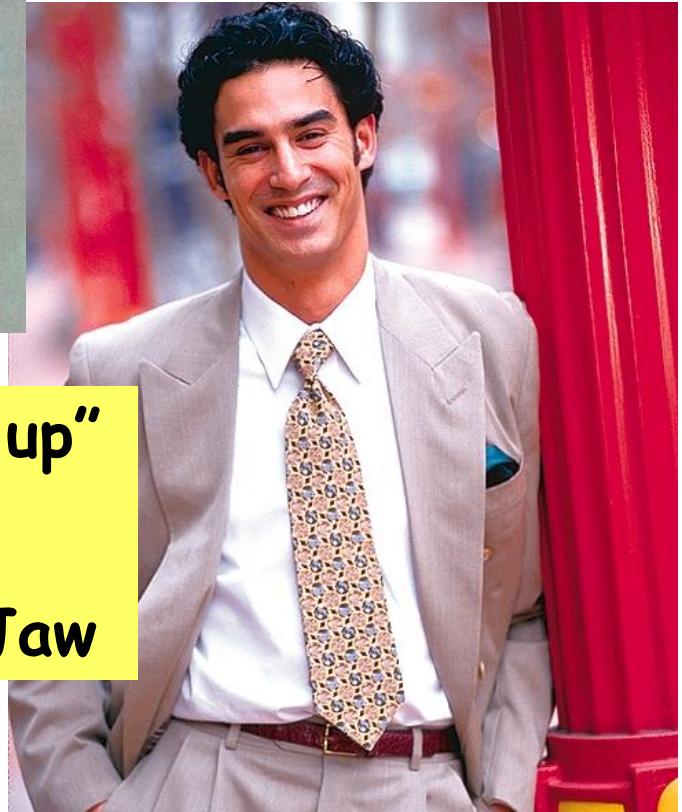
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Defects (IICC)

4. Cheating Propensity (C)



THE PILTDOWN MAN FRAUD



1912 - Connecting Link "Made-up"

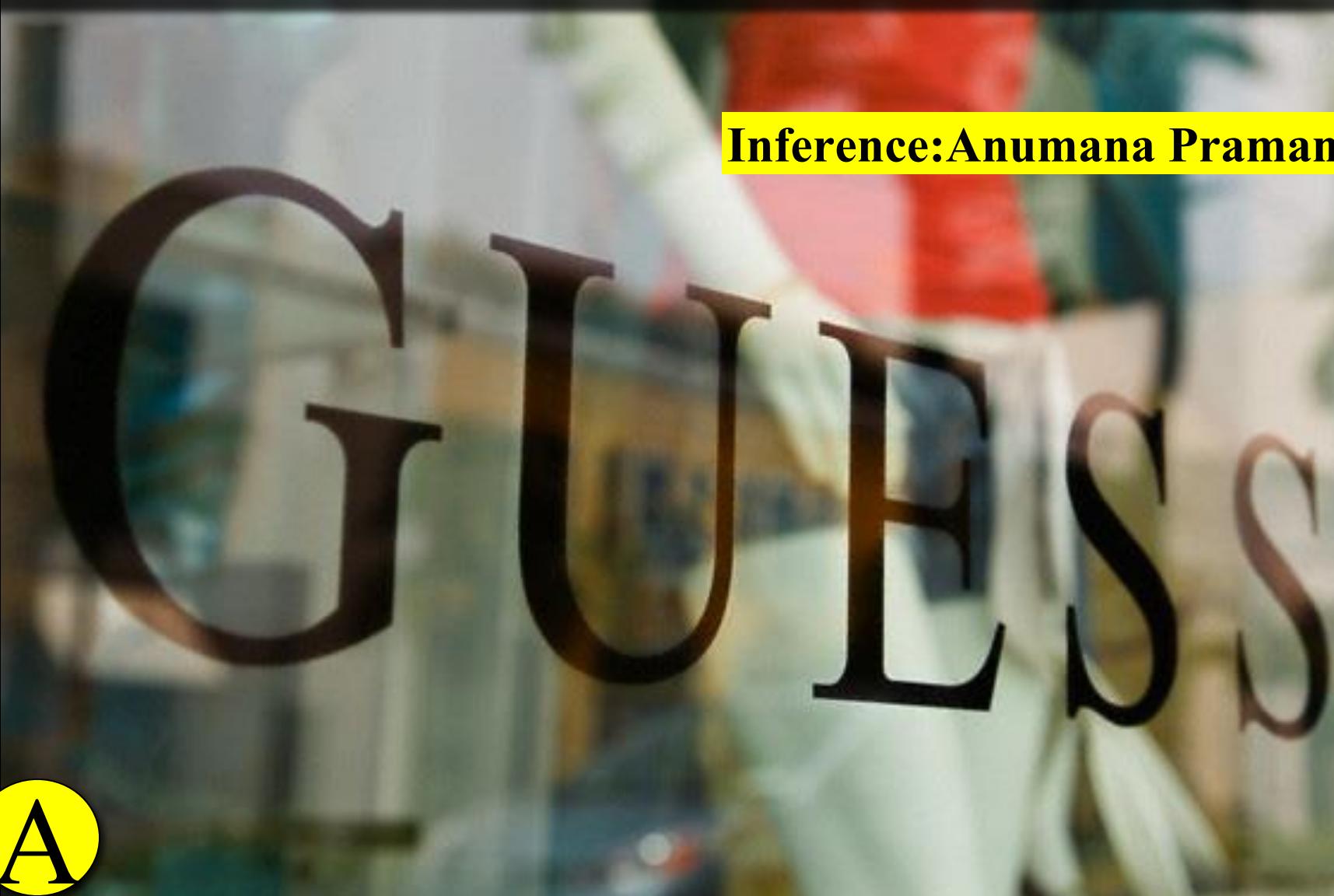
1953 - Fraud Revealed :
Human Skull & Filed Jaw

Pramana : Ways of gaining knowledge.

Inference:Anumana Pramana

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A



There are 5 logical steps used to establish the Right Knowledge.

- (1) Proposition is the statement of the thing to be proved.
- (2) Reason is the argument used to prove the proposition.
- (3) Example is an accepted instance of a similar thing.
- (4) Application consists of drawing the comparison.
- (5) Conclusion shows the convergence of the four means of right knowledge toward the same object.

1. Proposition	There is fire burning on the mountain.
2. Reason	Because there are billows of smoke arising in the distance.
3. Example	Wherever there is smoke there is also fire, as in a camp-fire or bonfire.
4. Application	So, on this mountain there is smoke.
5. Conclusion	Therefore, this mountain is alight.

1. Proposition	John is mortal
2. Reason	Because he is a man
3. Example	All men are mortal such as Socrates, Napoleon, King Henry etc.
4. Application	John is also a man
5. Conclusion	Therefore he is mortal

Five additional components:

1. Inquiry (*jijñāsā*) — the investigation of the proposition;
e.g., is all of this hill on fire every where, or just in a particular part?
2. Doubt (*samśaya*) — questioning the reason;
e.g., that which is thought to be smoke may just be dust.
3. Capacity (*śakya-prāpti*) — to determine if the example warrants the conclusion; e.g., is there always smoke where there is fire? Gas fires don't produce smoke.
4. Purpose (*prayojana*) — to ascertain if the object is something to be pursued, avoided, or ignored.
5. Removal of all doubt (*samśaya-vyudāsa*) — to make certain that the opposite of the proposition is not true;
e.g., it is settled beyond any measure of a doubt that whenever there is smoke there is fire.

Logical ground for inference.

Vyāpti, meaning ‘the state of pervasiveness’, implies both that which pervades and that which is pervaded.

For example, in the inference of fire and smoke, smoke is the pervaded and fire is the pervader. Here smoke is always accompanied by fire – wherever there is smoke, there will also be fire.

The reverse, however, is not necessarily true:—
it is possible to have fire without smoke – for example, a Bunsen burner.

But there are examples in which both the pervader and the pervaded coexist permanently – for example, fire and heat.

Fallacious reasoning

Major, Middle and Minor term.

Major and Minor connection. (proposition)

Middle and Minor connection (observation)

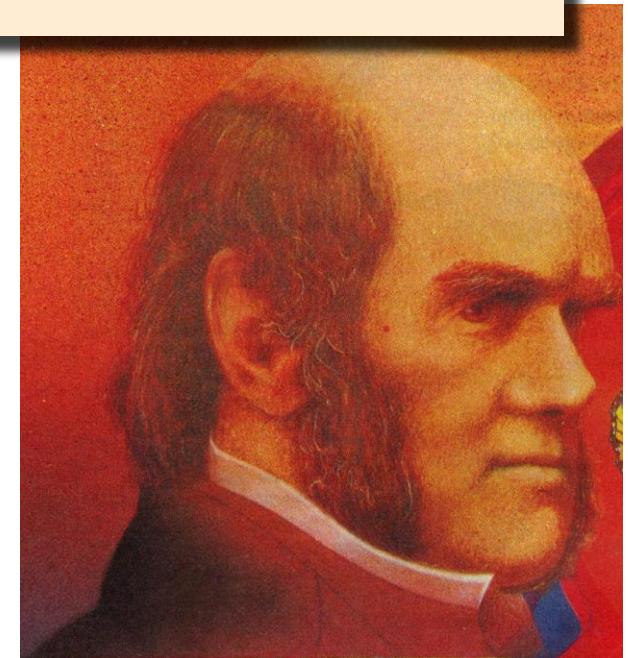
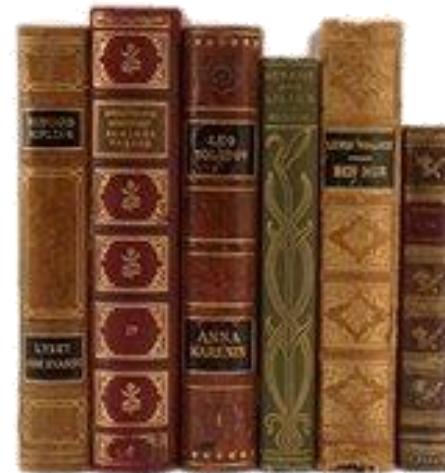
Vyapti of Major and the minor term.

All beings that live in the Himalayas are saints, tigers live in the Himalayas and therefore tigers are saints.

All Hindus are vegetarians because they all believe in the doctrine of Ahimsā.

Anuman Praman

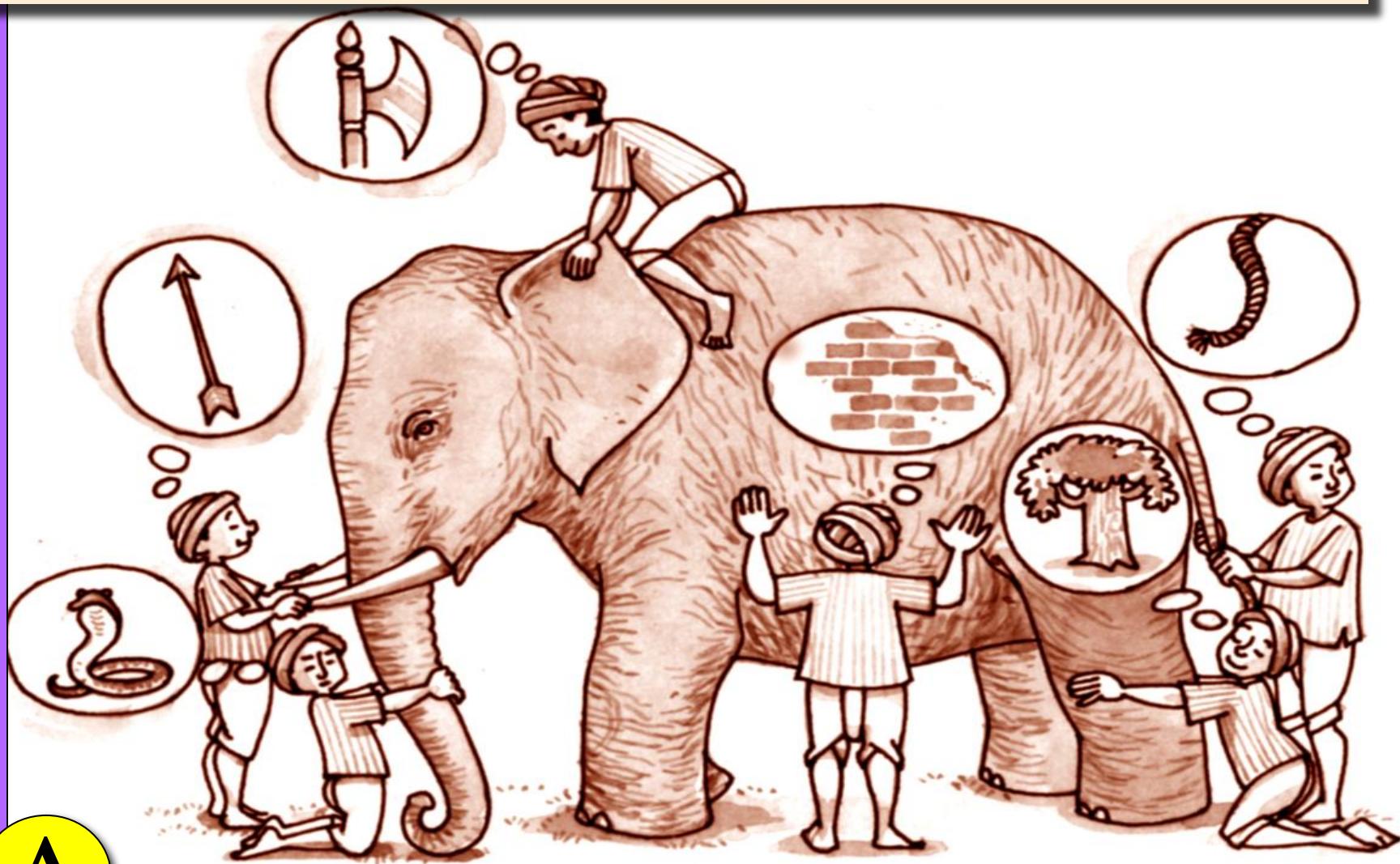
It may have been like this,
or perhaps it was like this...



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Story of 6 Blind Men ..



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RECORD OF THE ROCKS

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40,000

100,000

400,000

1 million

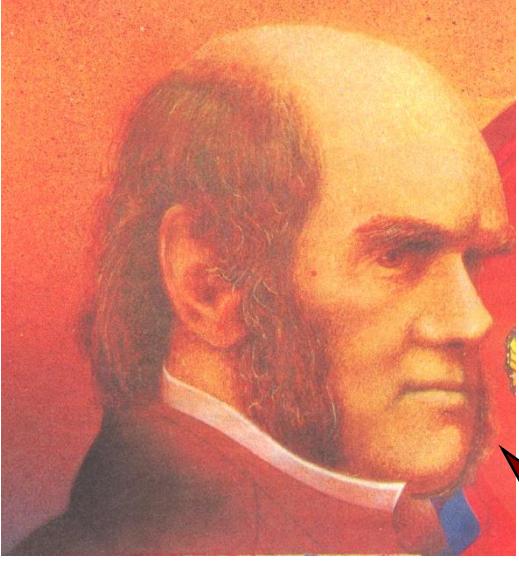
1.5 million

2 million

Age of Rock Strata in Years

~~MAN CAME FROM MONKEYS~~

HUMAN BEINGS
AND MONKEYS
SIMULTANEOUSLY
EXISTED
MILLIONS OF
YEARS AGO



ANUMANA PRAMAN

(Theories based on observation)

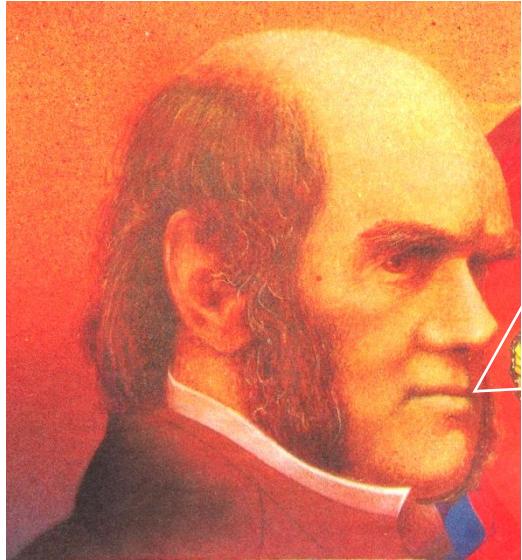
In one of his letters to A.R. Wallace (December 22, 1857), Darwin wrote:

"... I am a firm believer that without speculation there is no good and original observation. After five years work I allowed myself to speculate on the subject, and drew up some short notes; these I enlarged in 1844 into a sketch of the conclusions, which seemed to me probable.."

(Origin of Species).

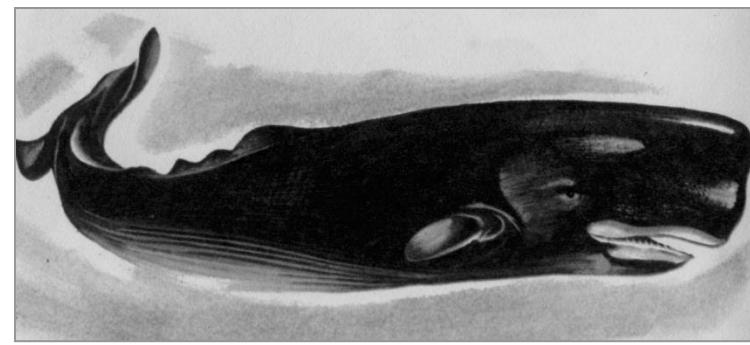
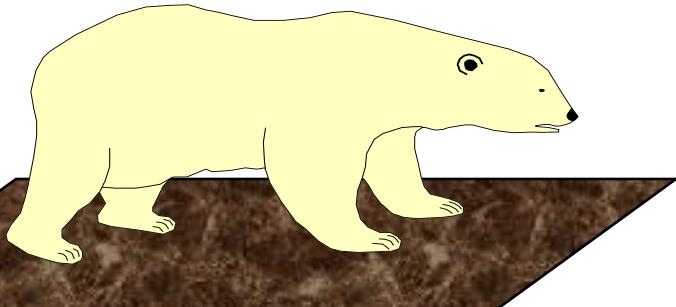
Darwin's theory on

How the Bear evolved into a "monstrous whale"



"In North America the black bear was seen swimming for hours with wide open mouth, thus catching like a whale, insects in water. Even in so extreme a case as this, if the supply of insects were constant, and if better adapted competitors did not already exist in the country, I can see no difficulty in a race of bears by natural selection, more and more aquatic in their structure and habits, with larger and larger mouths till a creature was produced as monstrous as a whale."

'*Origin of Species*' (1964 edition, page 184)



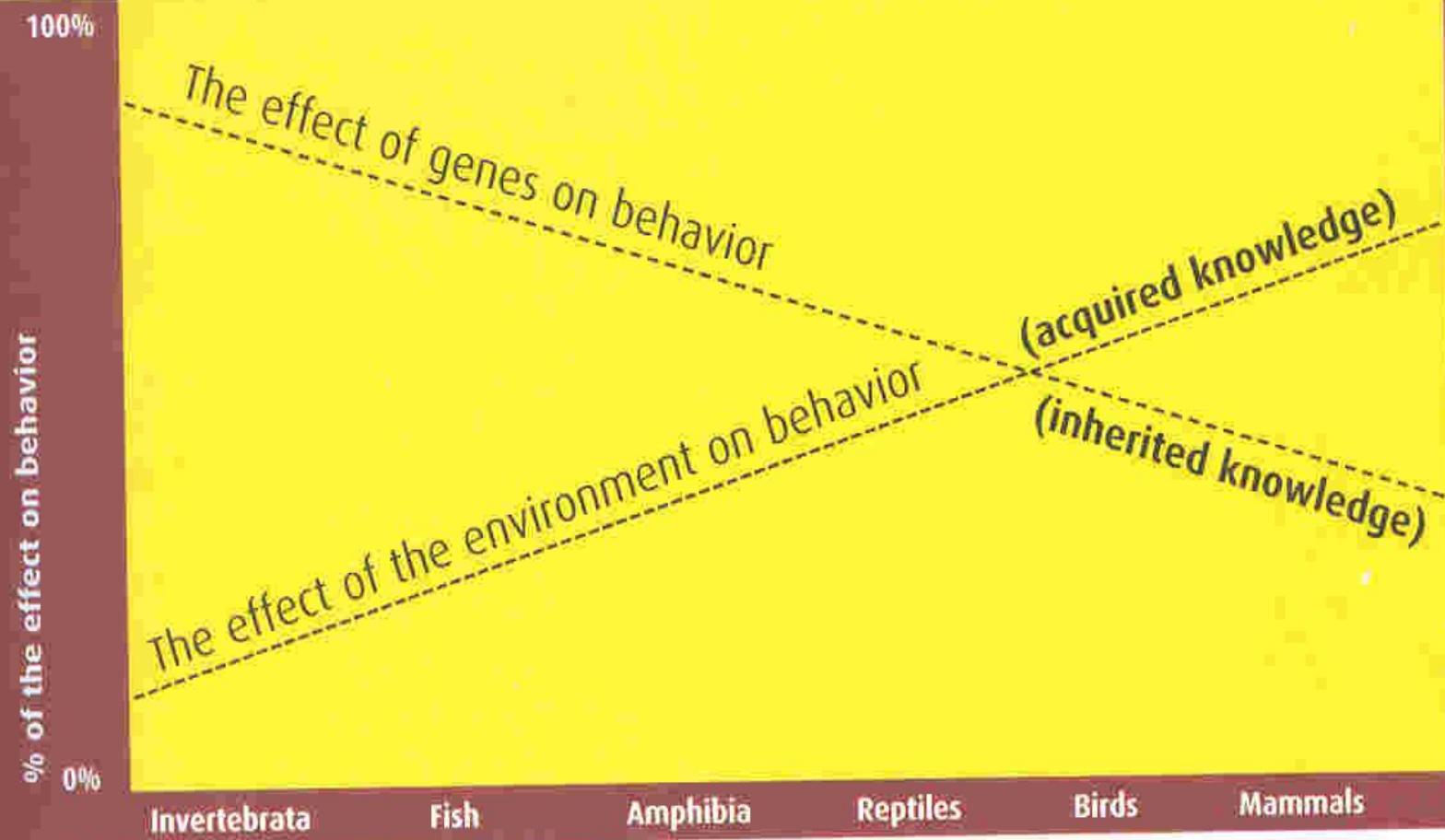
Every species has a complex physical characteristic and complex behavior that is in-line with the physical characteristic and is Inherited.

Two types of Behavior:

1. Inherited
2. Acquired.

Examples?

The relation of the effects of genetic and environmental factors on behavior [After Mayer (1981)]



IV Verbal Testimony (Sabda) : Instructive assertion of a reliable person that is, one who is possessed of true knowledge and is truthful.

The validity of verbal knowledge depends upon two conditions:

1. The meaning of the statement must be perfectly understood,
2. The statement must be the expression of a trustworthy person, that is, an apta.

There are two main ways of classifying sabda, or testimony.

1. The first category consists of the trustworthy assertions of ordinary persons, saints, sages, and scriptures on matters related to the perceptible objects of the world. Examples are the evidence given by expert witnesses in court, the statements of reliable physicians about physiology, and scriptural declarations concerning the performance of certain rites.
2. The second type of testimony consists of the trustworthy assertions of persons, saints, sages, and scriptures on matters concerning the supersensible realities. Examples are a physicist's assertions about atoms, a nutritionist's statements regarding vitamins, a prophet's instructions on virtue, and scriptural statements about God and immortality.

Session 2 – Nyaya

(Philosophy of Logic & Reasoning: Verbal Testimony)

1) Revision of Session 1 : Perception & Inference

2) Verbal Testimony : Sabda

3) Scientifically verifiable facts of Indian Verbal Testimony

II Verbal Testimony (Sabda) : Instructive assertion of a reliable person that is, one who is possessed of true knowledge and is truthful.

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We will check your genes and tell you who your father is in 800 years.

Medical test
by Genetic Finger print
takes 800 years to identify a
lot of 200 men
one of whom is
Likely to be your
Father.



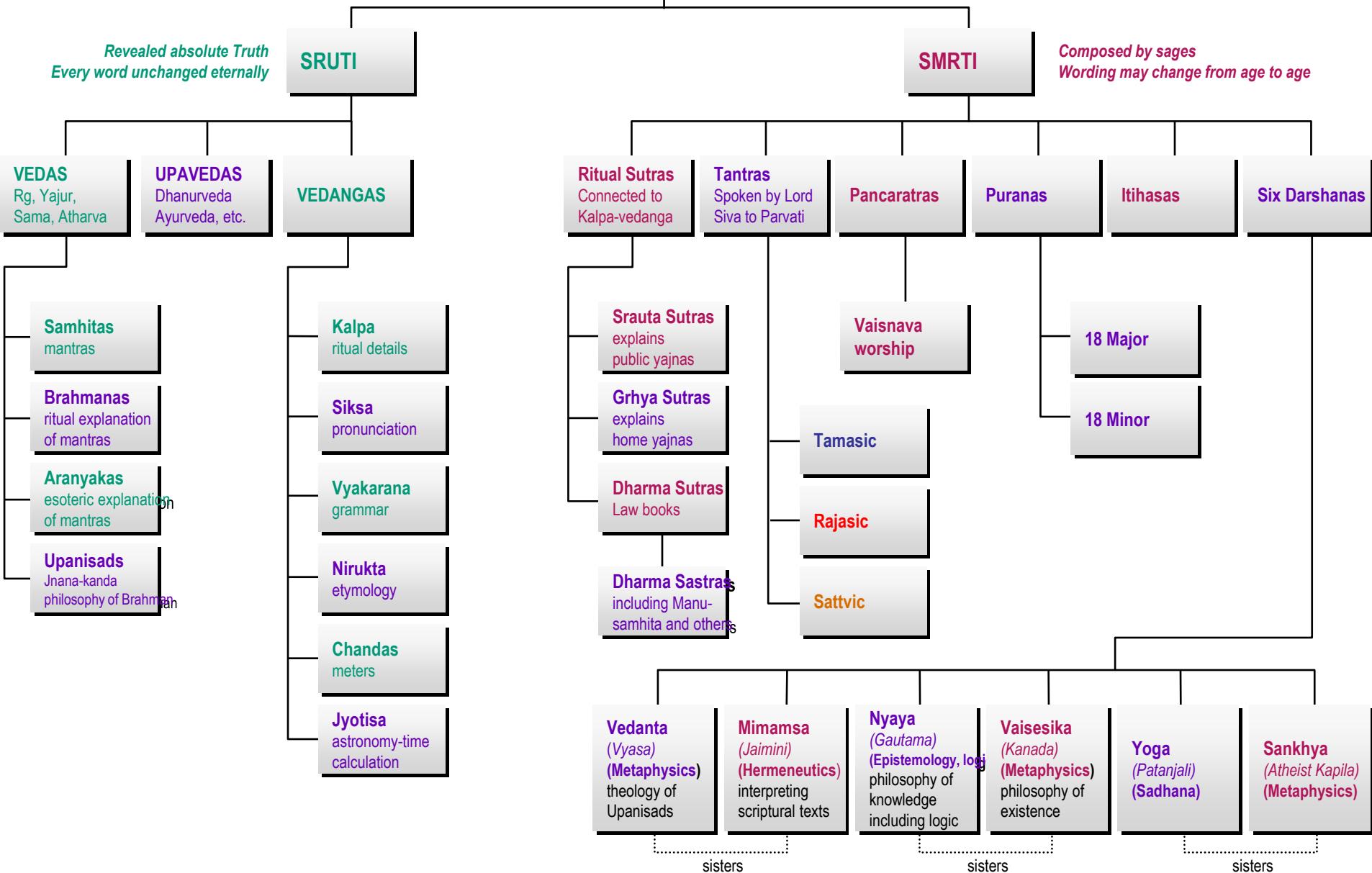
Inductive Knowledge



Just ask your
mother and know
who your father
is!

Deductive
Knowledge

VEDIC KNOWLEDGE



Axiomatic Truth

Self Evident Theory which requires no proof

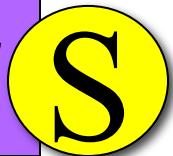
Axiomatic truths in modern science:

Eg. Definition of a Point – A circle with radius zero

Eg. Imaginary no. “ i ” - Cannot be plotted

Both are beyond proof in theory but they exist in reality.

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Axiomatic Truth

Modern science confirms Vedic truths

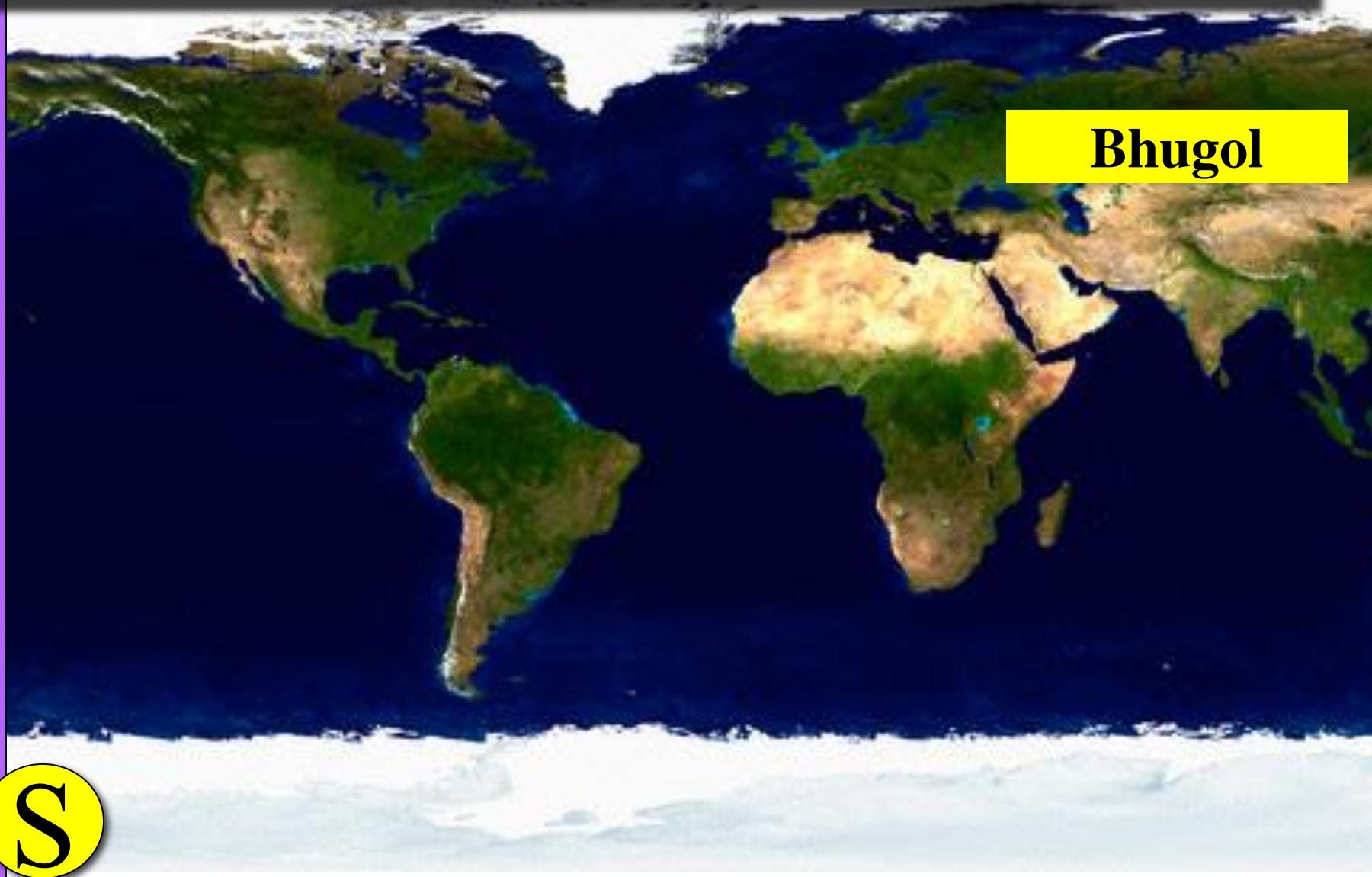


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Axiomatic Truth

Modern science confirms Vedic truths



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Axiomatic Truth

Modern science confirms Vedic truths



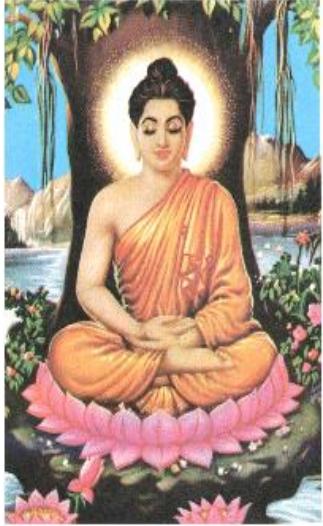
Plants have Life

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Vedic predictions

Vedas have predicted the birth of great personalities



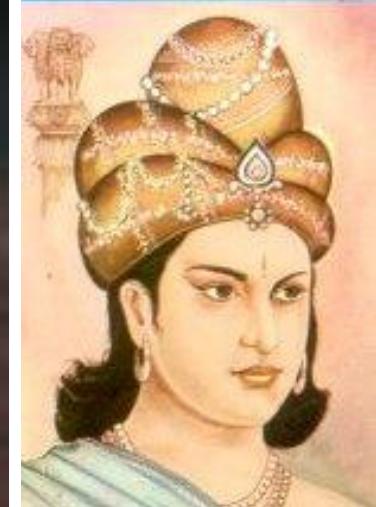
Buddha (SB 1.3.24)



Caitanya Mahaprabhu
(Mahabharata 127.92.75, SB 11.5.32)



Christ , Mohammed (Bhavishya puran,
Atharva veda, kanda 20, shukta 127)

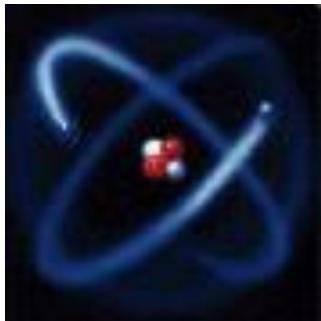


Ashoka (SB 12.1.12)





If we accept axioms in Science, then what about Vedic axioms?

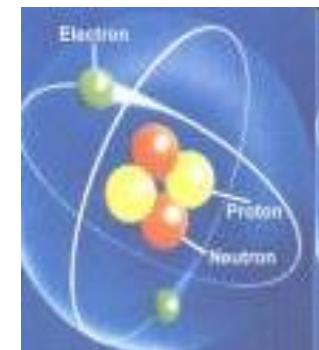
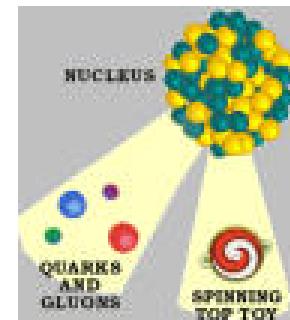
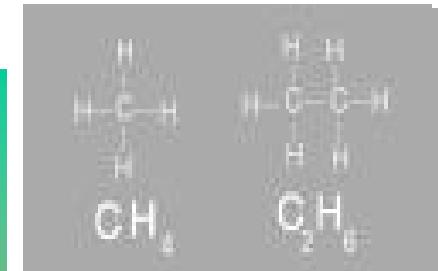


There is no science without axioms

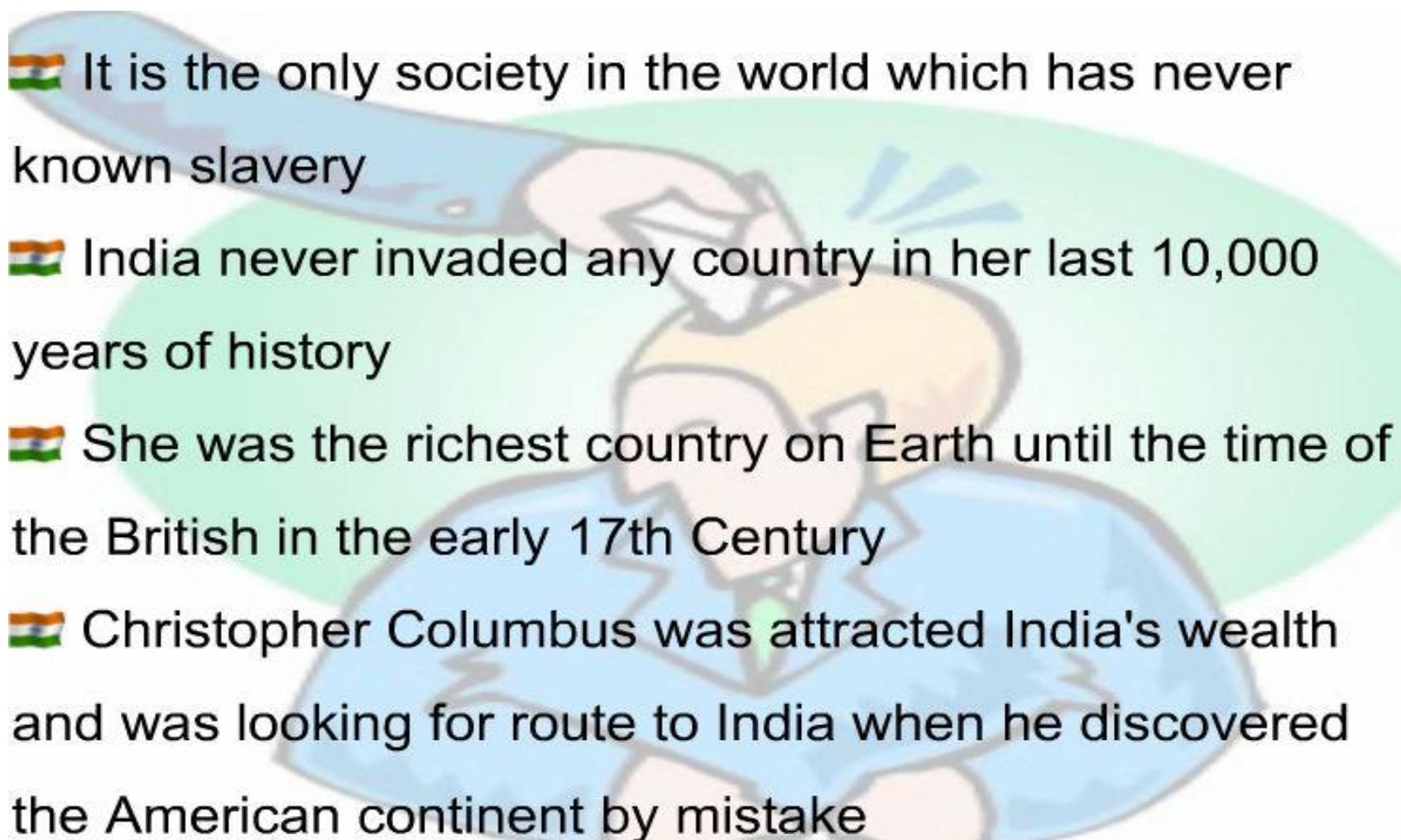
Imaginary number 'i'

Heisenberg's uncertainty principle

Third Law of Thermodynamics

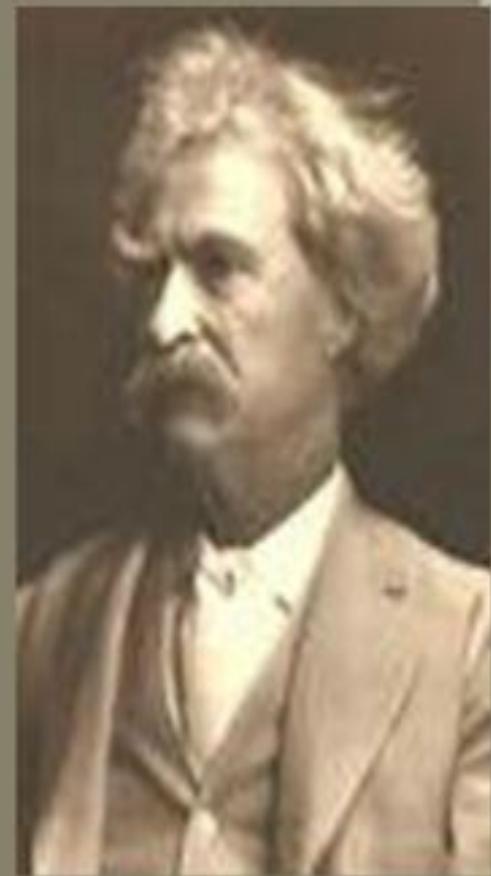


Bharat

- 
- It is the only society in the world which has never known slavery
 - India never invaded any country in her last 10,000 years of history
 - She was the richest country on Earth until the time of the British in the early 17th Century
 - Christopher Columbus was attracted India's wealth and was looking for route to India when he discovered the American continent by mistake

Glories of India

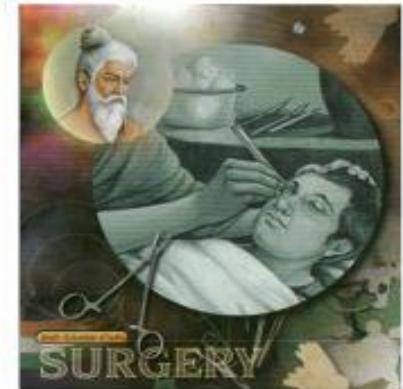
“India is, the cradle of the human race, the birthplace of human speech, the mother of history, the grandmother of legend, and the great grandmother of tradition. Our most valuable and most instructive materials in the history of man are treasured up in India only.”



~ Mark Twain

Glory of India :Ayurveda

Maharshi Sushruta is the father of surgery. 2600 years ago he and health scientists of his time conducted complicated surgeries like caesareans, cataract, artificial limbs, fractures, urinary stones and even plastic surgery.



Usage of anaesthesia was well known in ancient India. Over 125 surgical equipments were used.

Ayurveda is the earliest school of medicine known to humans.

Charaka, the father of medicine consolidated Ayurveda 2500 years ago.

Today Ayurveda is fast regaining its rightful place in civilization.

Atomic Physics

- "After the conversations about Indian philosophy, some of the ideas of Quantum Physics that had seemed so **crazy** suddenly made much more sense".
- W. Heisenberg (German Physicist, 1901-1976)

Contribution – Astronomy - I

The Surya Siddhanta

A textbook on astronomy of ancient India, last compiled in 1000 BC, believed to be handed down from 3000 BC by aid of complex mnemonic recital methods still known today.

Showed the Earth's diameter to be 7,840 miles, compared to modern measurements of 7,926.7 miles.



Showed the distance between the Earth and the Moon as 253,000 miles, compared to modern measurements of 252,710 miles.

Contribution – Astronomy - II



In Siddhanta Siromani (Bhuvanakosam 6)

Bhaskaracharya II described about gravity of earth about 400 years before Sir Isaac Newton.

Bhaskaracharya

calculated the time taken by the earth to orbit the sun hundreds of years before the astronomer Smart. Time taken by earth to orbit the sun: (5th century) 365.258756484 days



The art of Navigation was born in the river Sindh 6000 years ago. The word ‘Navigation’ is derived from the Sanskrit word NAVGATIH. The word navy is also derived from Sanskrit 'Nou'.

ASTRONOMY - 1

1000 Years Before Copernicus

Copernicus published his theory of the revolution of the Earth in 1543.

A thousand years before him, Aryabhatta in 5th century (400-500 CE) stated that the Earth revolves around the sun, "just as a person travelling in a boat feels that the trees on the bank are moving, people on earth feel that the sun is moving".

In his treatise Aryabhatteam, he clearly states that our earth is round, it rotates on its axis, orbits the sun and is suspended in space and explains that lunar and solar eclipses occur by the interplay of the sun, the moon and the earth

ASTRONOMY – 2

The Law of Gravity - 1200 Years Before Newton

The Law of Gravity was known to the ancient Indian astronomer Bhaskaracharya. In his Surya Siddhanta, he notes:

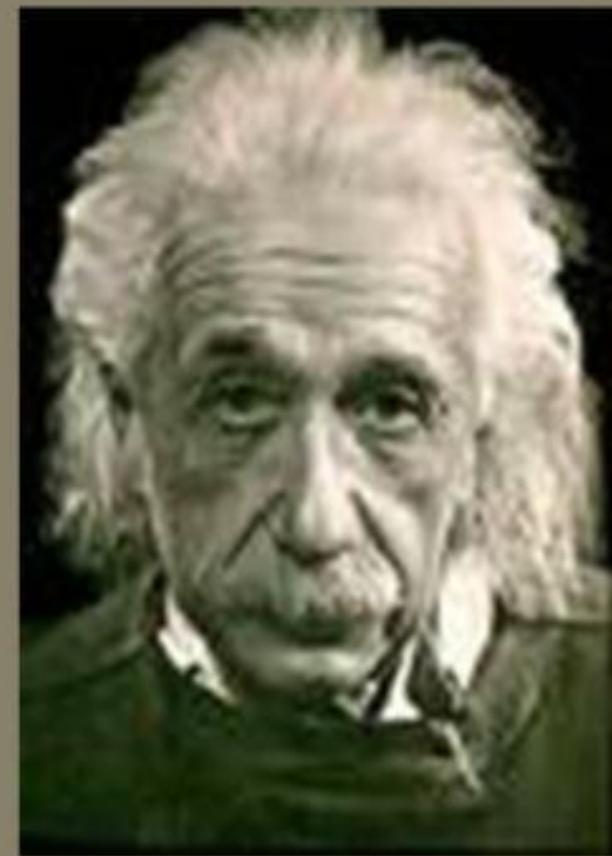
"Objects fall on earth due to a force of attraction by the earth. therefore, the earth, the planets, constellations, the moon and the sun are held in orbit due to this attraction".

It was not until the late 17th century in 1687, 1200 years later, that Sir Isaac Newton rediscovered the Law of Gravity.

Maths in the Vedas

“We owe a lot to the Indians, who taught us how to count, without which no worthwhile scientific discovery could have been made.”

~ Albert Einstein



Sanskrit (संस्कृत)

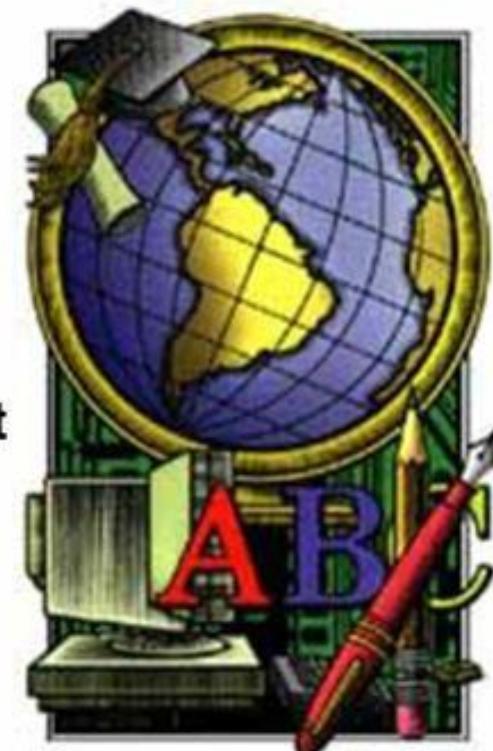
Sanskrit was the classical language of India, older than Hebrew and Latin. It is the oldest, most scientific, systematic language in the world. It became the language of all cultured people in India and in the countries that were influenced by India.

Sanskrit literally means “refined” or “perfected”

Sanskrit word	English meaning	Sanskrit meaning
matar	mother	
pitar	papa / father	
bhratar	brother	
svasar	sister	
gyaamti	geometry	'measuring the earth'
trikonamiti	trigonometry	'measuring triangular forms'
dvaar	door	
ma	me	'first person pronoun'
naman	name	
smi	smile	
eka	equal	'the same'

Contribution – Education

- ➲ The World's first university was established in *Takshila* in 700 BC. Students from all over the World studied more than 60 subjects
- ➲ The *University of Nalanda* built in the 4th century was one of the greatest achievements of ancient India in the field of education
- ➲ Detailed knowledge of anatomy, physiology, aetiology, embryology, digestion, metabolism, genetics and immunity is also found in many texts
- ➲ When many cultures were only nomadic forest dwellers over 5000 years ago, Indians established *Harappan culture* in the *Indus Valley Civilization*



Glory Of Vedic India : Advanced Mathematics

- Indians discovered Arithmetic and Geometric progression. Arithmetic progression is explained in Yajurveda.
- Govindaswamin discovered Newton Gauss Interpolation formula about 1800 years before Newton.
- Vateswaracharya discovered Newton Gauss Backward Interpolation formula about 1000 years before Newton.

Glory Of Vedic India : Advanced Mathematics

- Parameswaracharya discovered Lhuiler's formula about 400 years before Lhuiler.
- Nilakanta discovered Newton's Infinite Geometric Progression convergent series.
- Positive and Negative numbers and their calculations were explained first by Brahmagupta in his book Brahmasputa Siddhanta.
- Aryabhatta also propounded the Heliocentric theory of gravitation, thus predating Copernicus by almost one thousand years.

Glory Of Vedic India : Mathematics

- The value of "pi" was first calculated by Boudhayana, and he explained the concept of what is known as the Pythagorean Theorem. He discovered this in the 6th century long before the European mathematicians. This was 'validated' by British scholars in 1999.
- Algebra, trigonometry and calculus came from India. Quadratic equations were propounded by Sridharacharya in the 11th century.
- The largest numbers the Greeks and the Romans used were 10⁶ whereas Hindus used numbers as big as 10⁵³ with specific names as early as 5000 BC during the Vedic period. Even today, the largest used number is Tera: 10¹².

Mathematics-1

Zero –The Most Powerful Tool

- *India invented the Zero, without which there would be no binary system. No computers! The earliest recorded date, an inscription of Zero on Sankheda Copper Plate was found in Gujarat, India (585-586 CE).*

Mathematics-2

Invention of Geometry

- *Euclid is credited with the invention of Geometry in 300 BCE while the concept of Geometry in India emerged in 1000 BCE, from the practice of making fire altars in square and rectangular shapes.*

Mathematics-3

The Value of PI in India

- *The ratio of the circumference and the diameter of a circle are known as Pi, which gives its value as 3,1428571. The old Sanskrit text Baudhayana Shulba Sutra of the 6th century BCE mentions this ratio as approximately equal to 3. Aryabhatta in 499, CE worked the value of Pi to the fourth decimal place as 3.1416. Centuries later, in 825 CE Arab mathematician Mohammed Ibna Musa says that "This value has been given by the Hindus (Indians)".*

Mathematics-4

Pythagorean Theorem or Baudhayana Theorem?

The so-called Pythagoras Theorem – the square of the hypotenuse of a right-angled triangle equals the sum of the square of the two sides – was worked out earlier in India by Baudhayana in Baudhayana Sulba Sutra. He describes: "The area produced by the diagonal of a rectangle is equal to the sum of the area produced by it on two sides."

[Note: Greek writers attributed the theorem of Euclid to Pythagoras]

ATOMIC PHYSICS

- *Sage Kanad (circa 600 BCE) stated that every object in creation is made of atoms that in turn connect with each other to form molecules nearly 2,500 years before John Dalton.*
- *The eminent historian, T.N. Colebrook said, "Compared to scientists of Europe, Kanad and other Indian scientists were the global masters in this field."*

Session 3 – Nyaya

(Philosophy of Logic & Reasoning: The Logic for Theism & Purpose of Life)

1) The Logic for Theism.

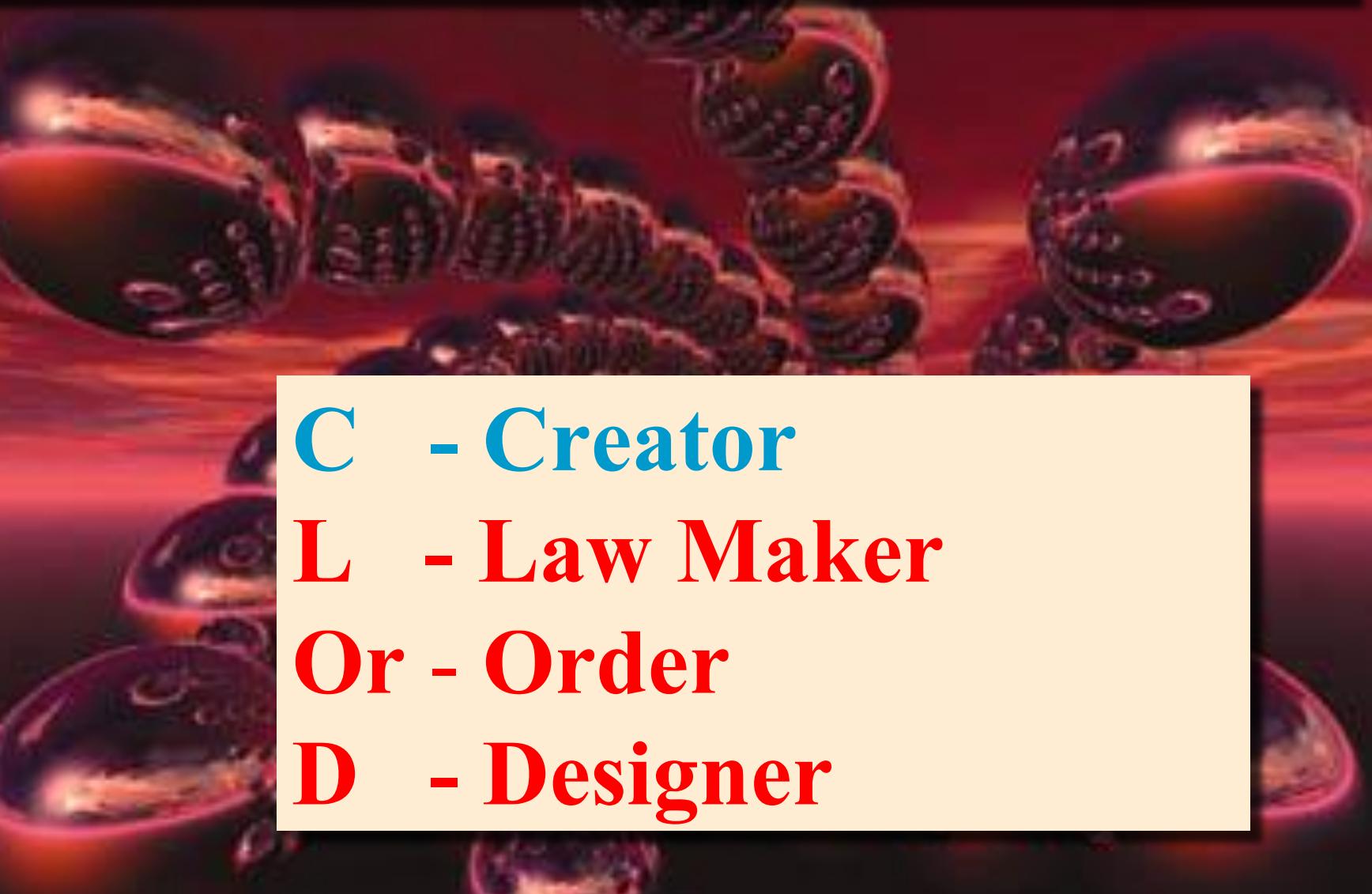
2) Purpose of Life

Why do some people not believe in GOD ?

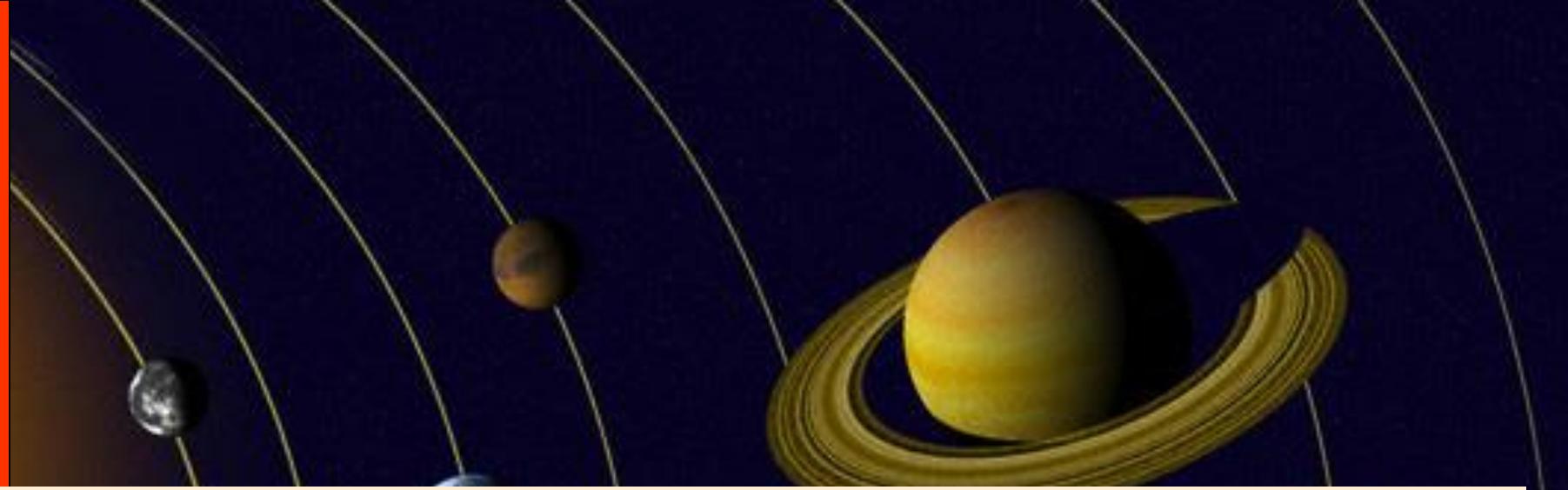
1. No Proof of his existence
2. Can you show me God?
3. How can a God exist and allow so much suffering and sin?

Rational for Existence of GOD ?

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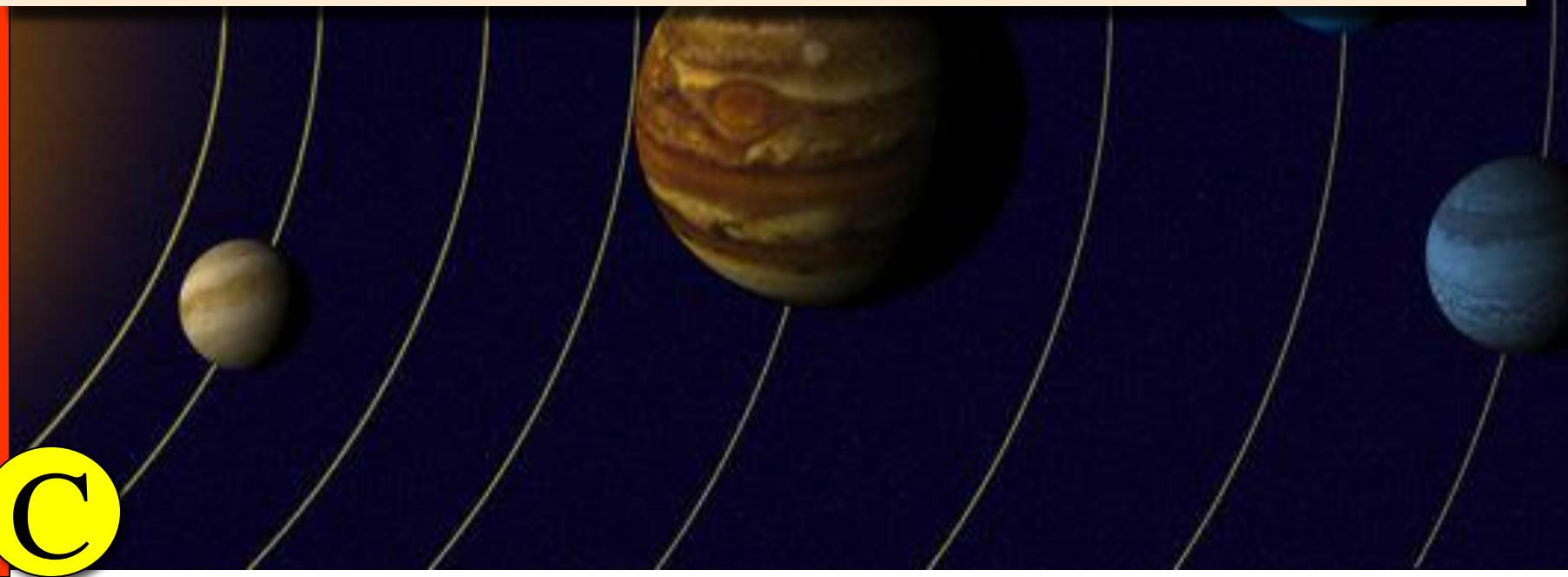
C - Creator
L - Law Maker
Or - Order
D - Designer



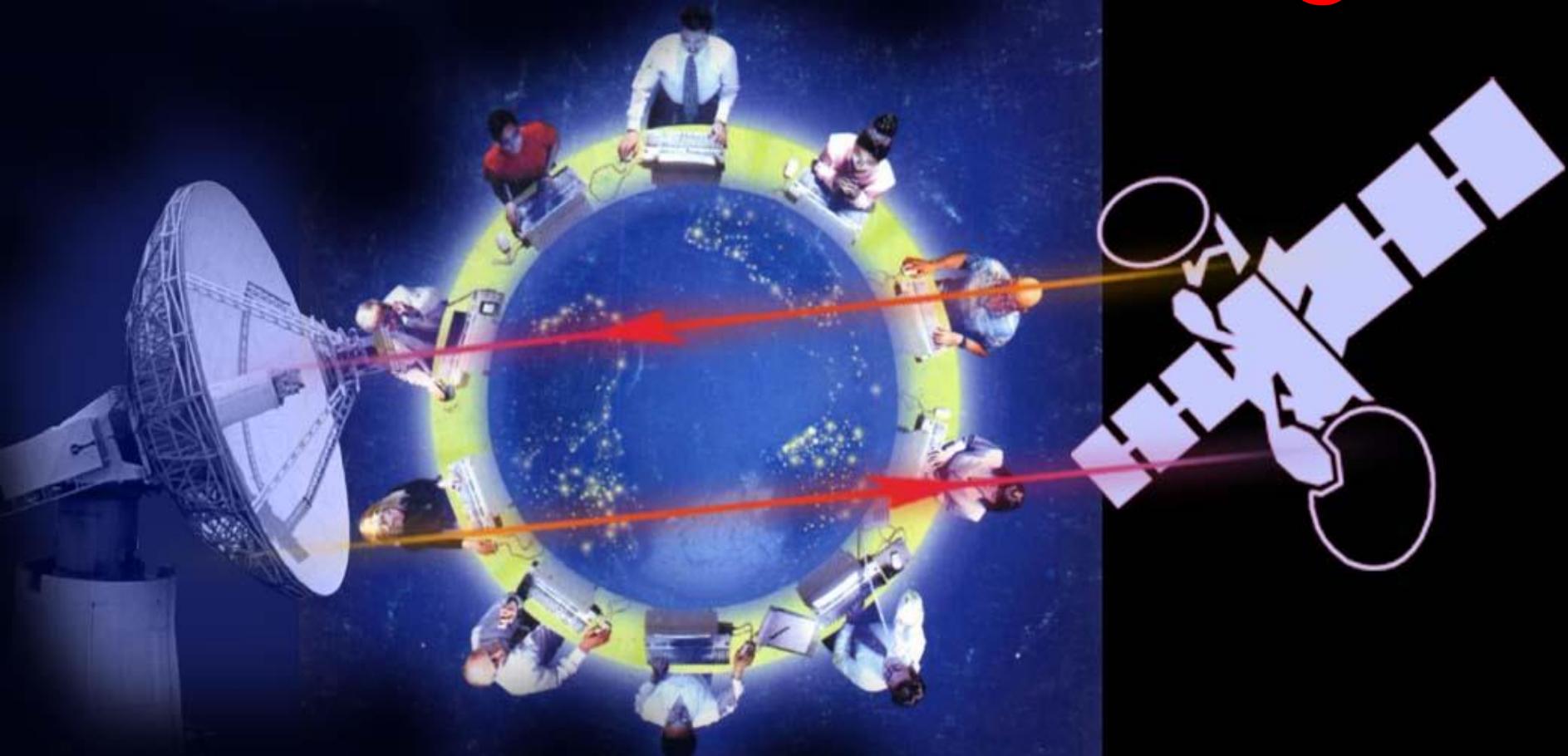
Creation Implies a CREATOR.....

P
R
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C



Satellite Monitoring



Round-the-clock critical observation
of the critical parameters

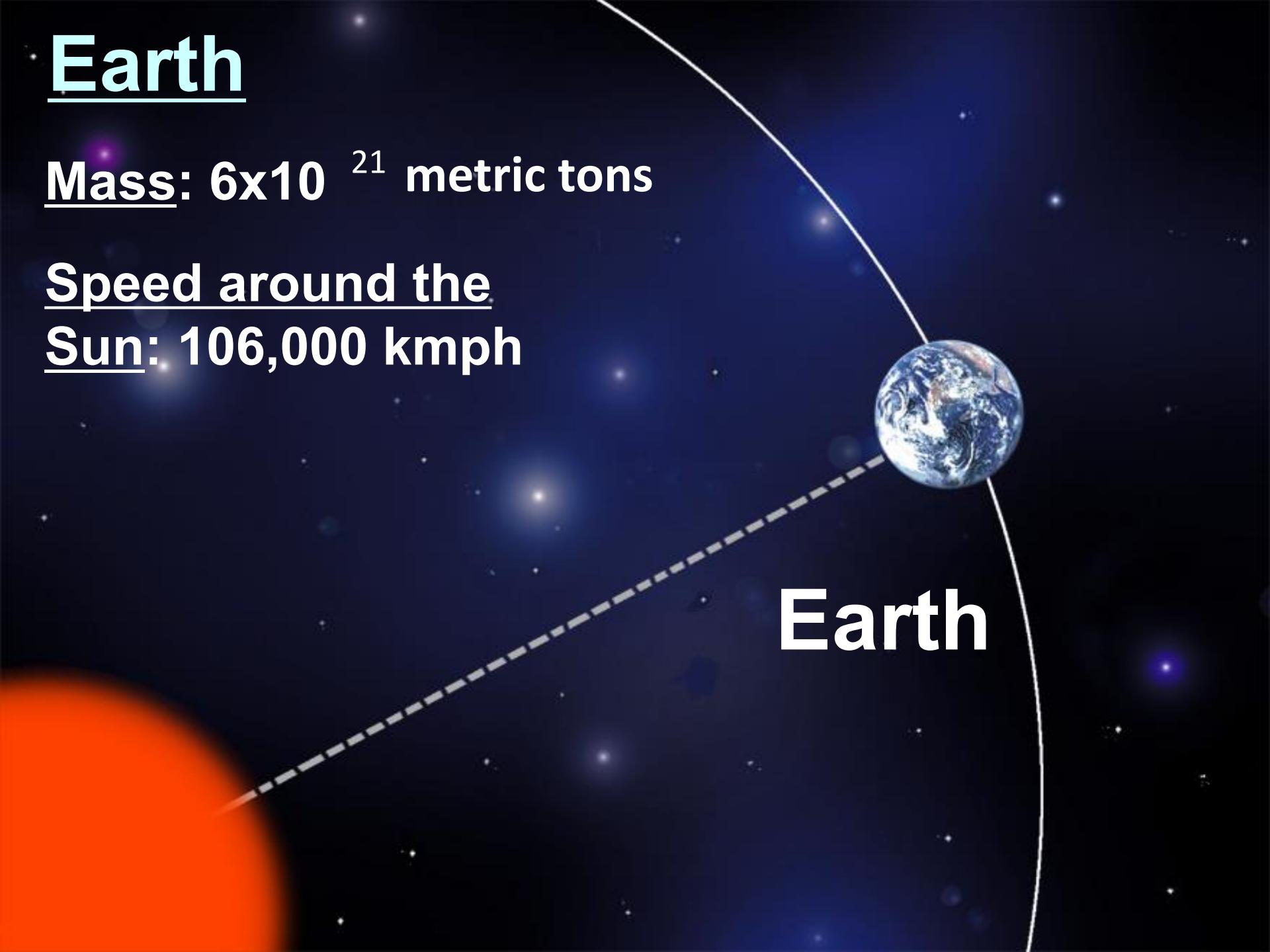
Critical Parameters to monitor

1. Orientation
2. Spin
3. Velocity
4. Orbit decay corrections
5. Earth-Satellite distance
6. Heat dissipation
7. Cosmic radiation

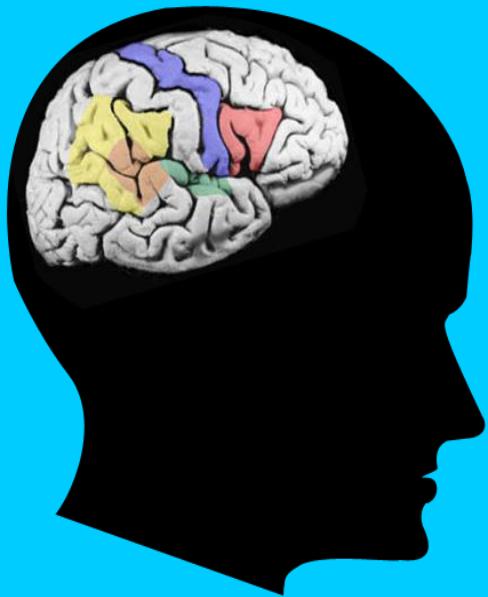
Earth

Mass: 6×10^{21} metric tons

Speed around the Sun: 106,000 kmph

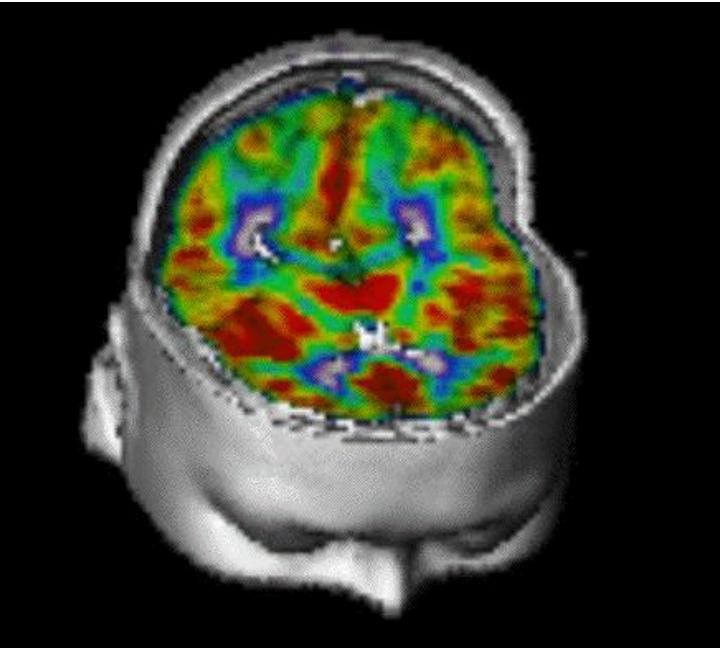
A diagram illustrating Earth's orbit around the Sun. The Sun is shown as a large orange sphere on the left edge of the frame. A dashed line extends from the Sun towards the right, representing the orbital path. At the end of this dashed line is a realistic image of Earth, showing its blue oceans and green continents. A solid white line continues from Earth back towards the Sun, representing the gravitational pull or vector of motion. The background is a dark blue space filled with numerous small white stars.

Earth



**The human
brain can store
more
information
than all the
libraries in the
world.**

**-Dr Richard Restak, MD
Author, *The Brain***



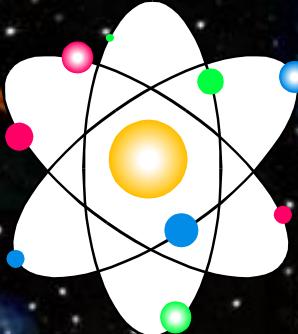
**The human brain is made
of a trillion
brain cells.**

**...and each one of these
is more powerful
and sophisticated
than most computers
around the planet today.**

**- Dr. Tony Buzon
British Psychologist, educator
& author.**

We see
order and
systematic
arrangement
in the
universe...

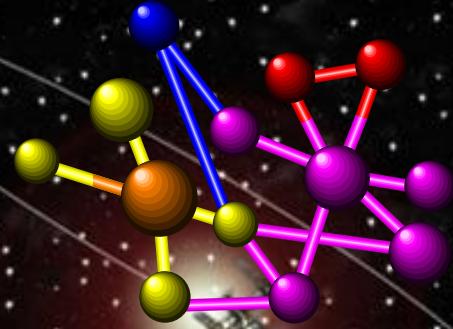




ATOMIC
STRUCTURE



RNA



FCC / BCC STRUCTURE

Amazing Order...



SOLAR SYSTEM



DNA

Oxford dictionary meaning of the word 'COSMOS'
AN ORDERLY HARMONIOUS SYSTEMATIC UNIVERSE

Did everything start from a 'Big Bang' or a 'Big Brain'

According to the 'big bang' theory, everything began from 'a point of infinite temperature, infinite density, infinitesimal size, a point that is physically unrealisable, mathematically indescribable, beyond all conceptions of space and time.'

"It should be emphasized that no theory of the origin of solar system has as yet won general acceptance. All involve highly improbable assumptions."

- Encyclopaedia Britannica

P
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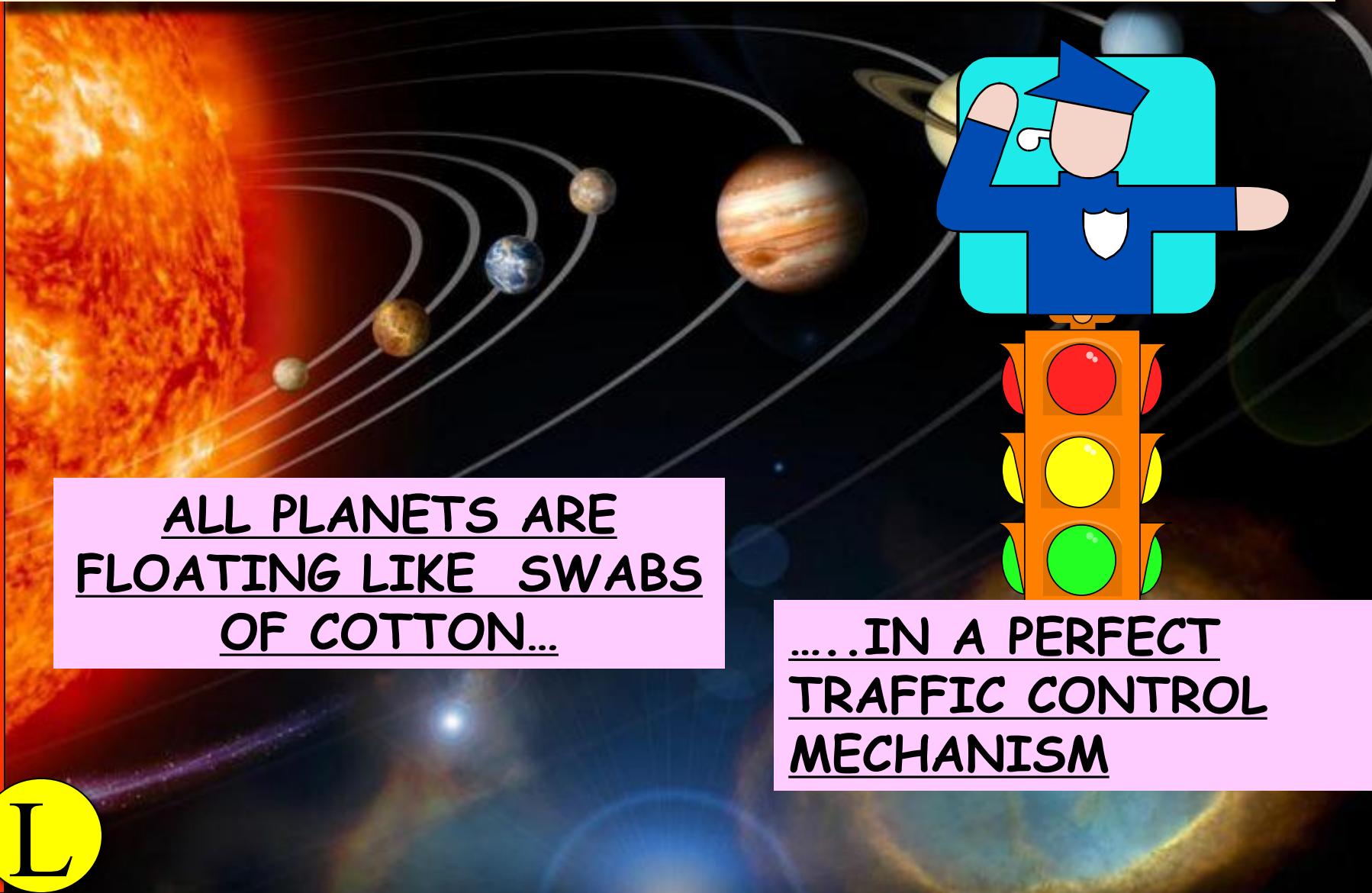
Model for Origin of Life

- 1) Richard Dawkins, in his book “The Selfish Gene” speculates that the earth’s original atmosphere was made up of carbon dioxide, methane, ammonia and water.
- 2) Through energy supplied by sunlight, lightening or volcano eruptions, these atoms and compounds rearranged themselves into amino acids and protein-like compounds.
- 3) Then by accident, a remarkable molecule that had the ability to reproduce itself was formed by an accident.
- 4) Similar molecules clustered together, and then, again by a highly improbable accident, they wrapped a protective barrier of other protein molecules around themselves as membrane.

Thus it is claimed, the first living cell generated itself.

If traffic policeman controls the traffic of vehicles,
Who controls the traffic of revolving planets?

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L

Precise laws of mathematical accuracy
govern this world

PROOF

L



Micro world

Order & Design in various species

Longest Neck

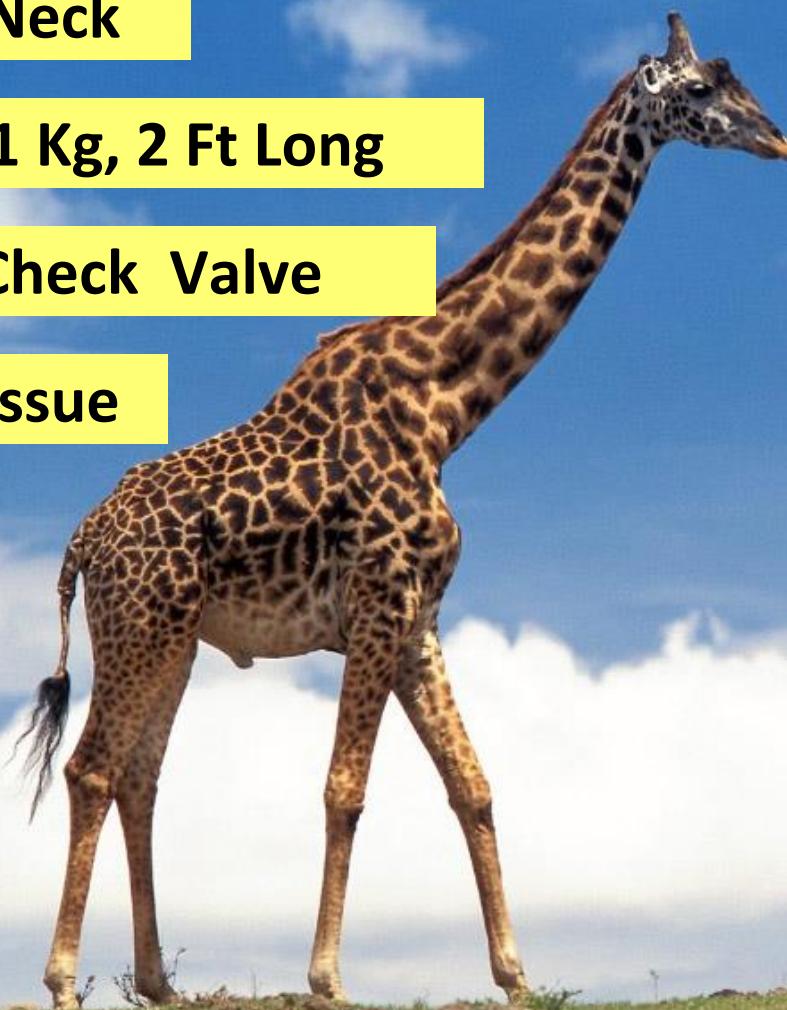
Heart 11 Kg, 2 Ft Long

1 way Check Valve

Spongy Tissue

P
R
O
O
F

Or



Order & Design in various species



Flies 1000 miles every year

Flaps wings 75 times/sec

Total 6 million wing beats

Weighs 3 Gms

P
R
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Or

Order & Design in various species

Can live without water for 8 days

Transparent Eyelids

130 litres at a time

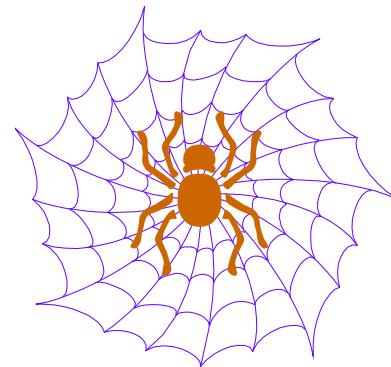
Long Legs



P
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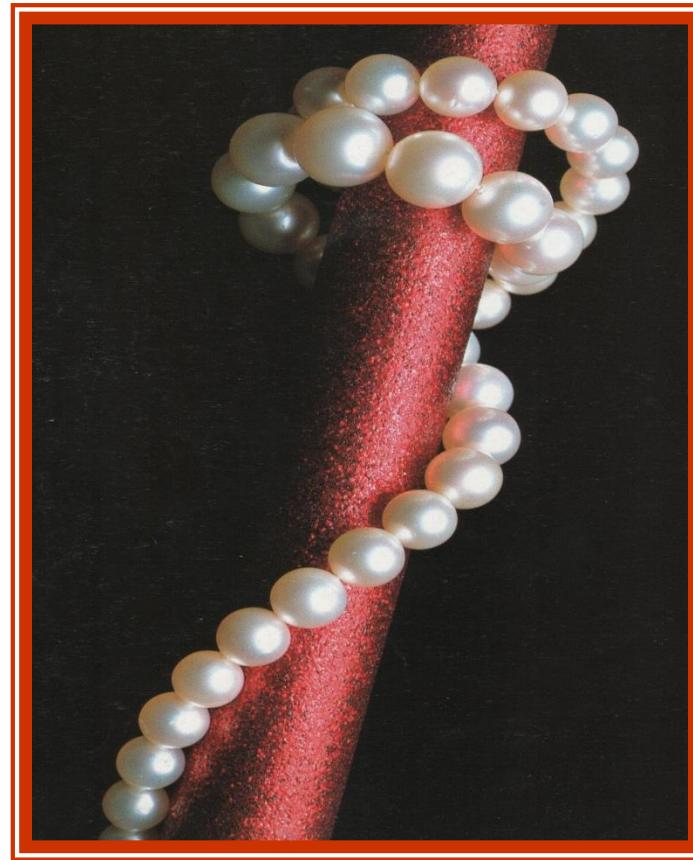
Or

DESIGN



**SUPERB ORGANISATION REQUIRES
A SUPERB ORGANISER**

THE UNSEEN PROVEN BY THE SEEN



"EVERYTHING IS RESTING ON THE SUPREME, AS PEARLS ARE STRUNG ON A NECKLACE." (BG 7.8)

**Let us look at
the ground
reality**

**WHO
DECIDES ?**

We choose

- A job
- A wife or a husband
- The type of car
- An apartment
- And many more things

We don't choose

- Our parents
- Our beauty
- Our intelligence

Some will say GOD is Light

D
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O
N



Some will say GOD is Nature



Some will say GOD is Dead

“God is Dead”
(Signed Neitze)

“Neitze is Dead”
(Signed GOD)

Some will say You are GOD

D
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Definition of God



What is the definition of GOD ?

Supreme

- (S) - Source
- (P) - Proprietor
- (E) - Enjoyer
- (C) - Controller

D
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What is the definition of GOD ?

Supreme

- (S) - Source
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- (E) - Enjoyer
- (C) - Controller

D
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Supreme Proprietor (P)



Mother-in-law & Daughter-in-law



What is the definition of GOD ?

Supreme

- (S) - Source
- (P) - Proprietor
- (E) - Enjoyer
- (C) - Controller

D
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Supreme Enjoyer (E)

D
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Independent Enjoyer

Dependent Enjoyer

E

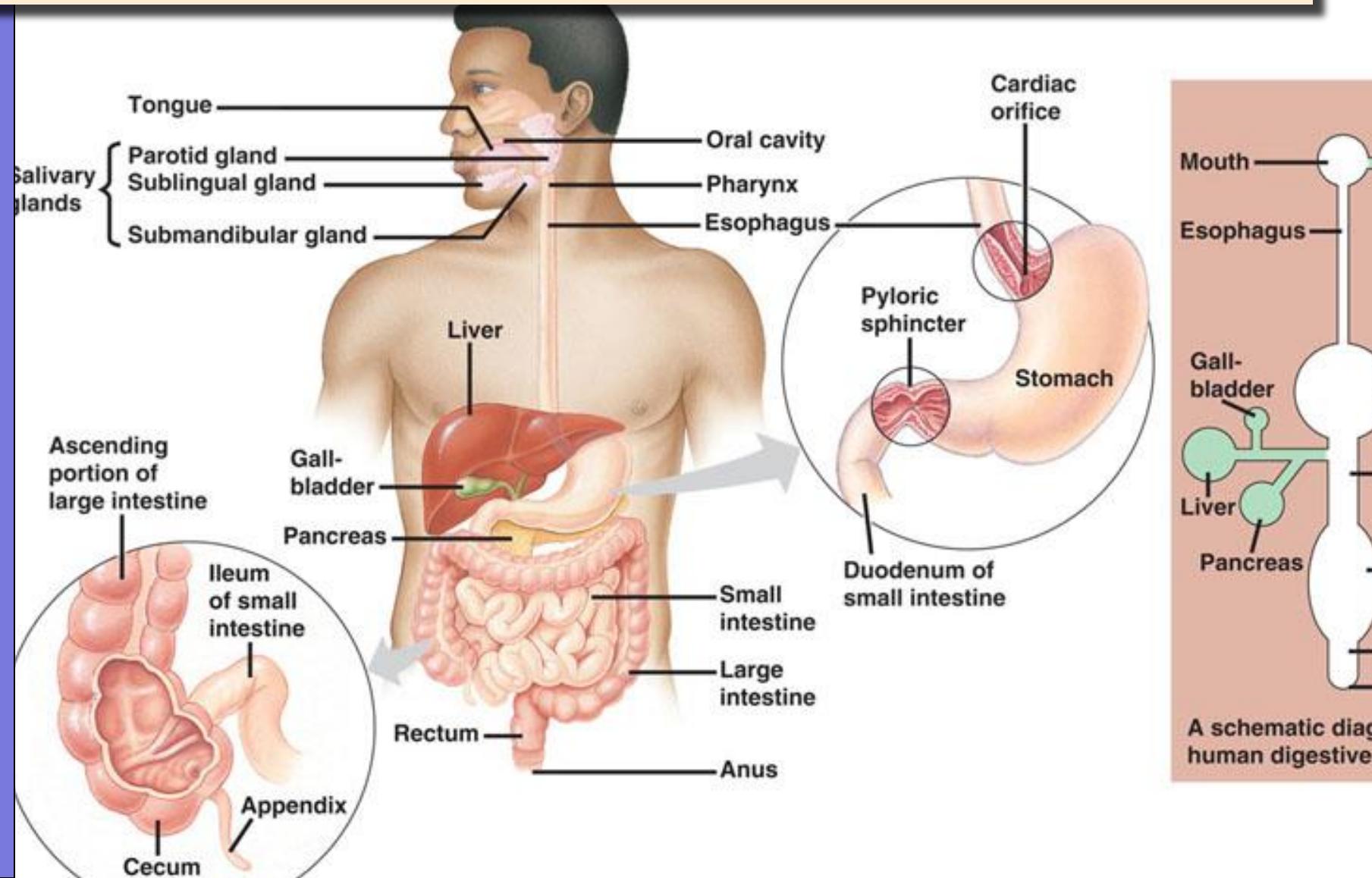
What is the definition of GOD ?

Supreme

- (S) - Source
- (P) - Proprietor
- (E) - Enjoyer
- (C) - Controller

D
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Supreme Controller (C)



What is the definition of GOD ?

Supreme

- (S) - Source
- (P) - Proprietor
- (E) - Enjoyer
- (C) - Controller

D
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Two fundamental Questions

1) WHAT IS THE ORIGIN OF THE UNIVERSE ?

2) WHAT IS THE PURPOSE OF THIS
COMPLICATED UNIVERSE ?

We have absolutely no experience of any object or system coming about by chance.

Why and how then can we assume that the entire universe with all its harmony, order and structured organisation came about by chance ?

MILLION DOLLAR QUESTIONS

HAPPINESS MEANS



IMPROVED FACILITIES FOR:

**EATING
SLEEPING
MATING
DEFENDING**

WHAT IS THE DIFFERENCE BETWEEN ANIMALS & HUMAN BEINGS ?

EATING



WHAT IS THE DIFFERENCE BETWEEN ANIMALS & HUMAN BEINGS ?

SLEEPING



WHAT IS THE DIFFERENCE BETWEEN ANIMALS & HUMAN BEINGS ?

MATING



WHAT IS THE DIFFERENCE BETWEEN ANIMALS & HUMAN BEINGS ?

DEFENDING



Eating, Sleeping, Mating & Defending

- common in animals and human beings.





In eating, sleeping, mating & defending,

- Animals have Rational power and Intelligence
- Animals are better than human beings.



Western countries have
reached the summit of
material advancement

Inspite of all this advancement,
Modern day humans are dissatisfied full of anxiety stressed depressed & above all unhappy



Technological Advancement helps man enjoy better luxuries for better Eating, Sleeping, Mating, Defending without offering any ultimate aim of life.
This is sophisticated Animal civilization.



**What makes human being
superior to animal?**

**Please recite the following verse
after the speaker :**



ahara-nidra-bhaya-maithunam cha,
samanyam etad pashubhir naranam
dharma hi tesham adhiko vishesho,
dharmena hina pashubhih samanah

"The activities of eating, sleeping, mating and defending are common in animals and human beings. The human beings are considered superior only when they inquire about God, and perform the dharma of obeying His laws, loving and serving Him; otherwise they are considered just like animals."

- Mahabharata

Animal

Can inquire
about

Eating, Sleeping,
Mating &
Fearing only



Human Being

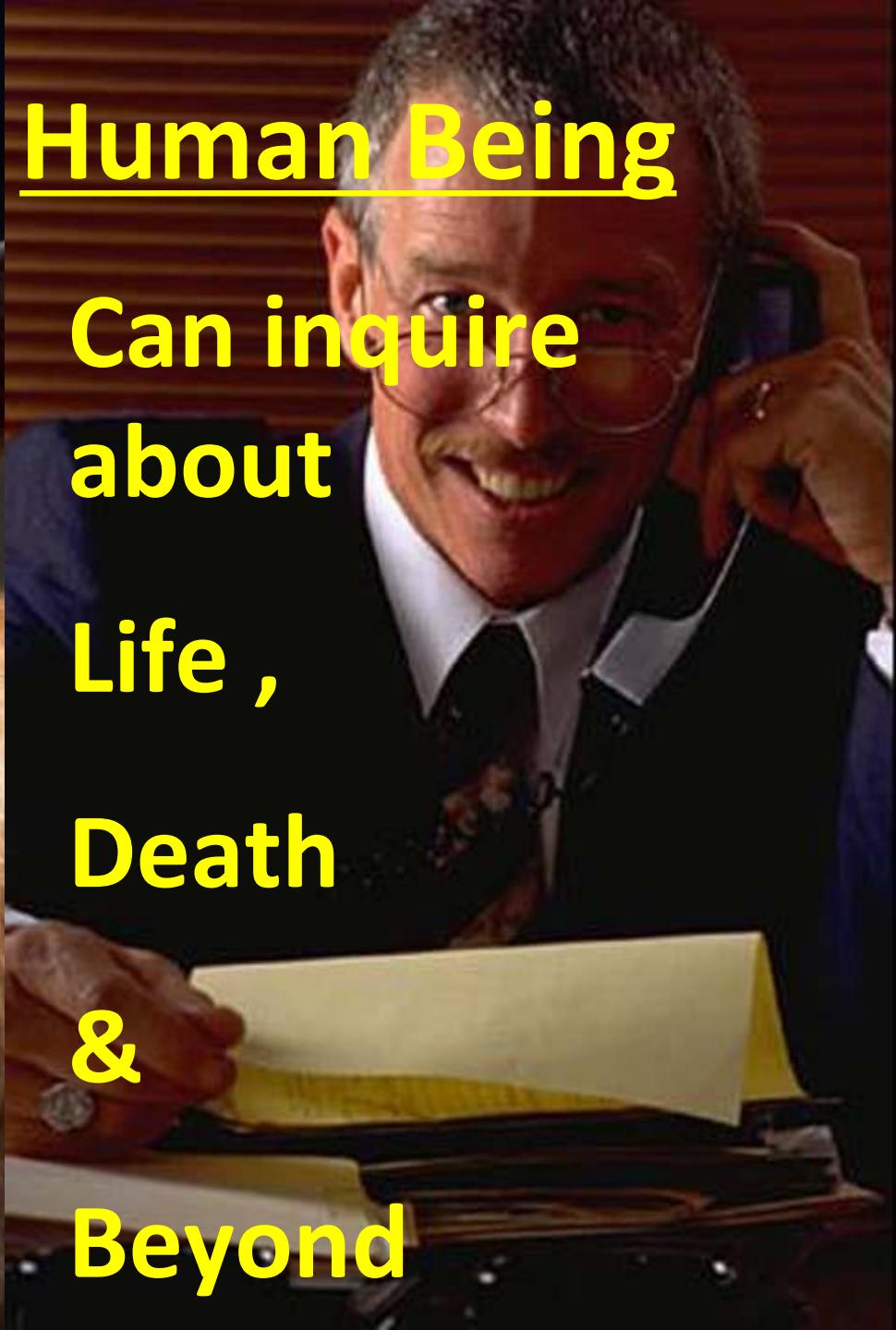
Can inquire
about

Life ,

Death

&

Beyond



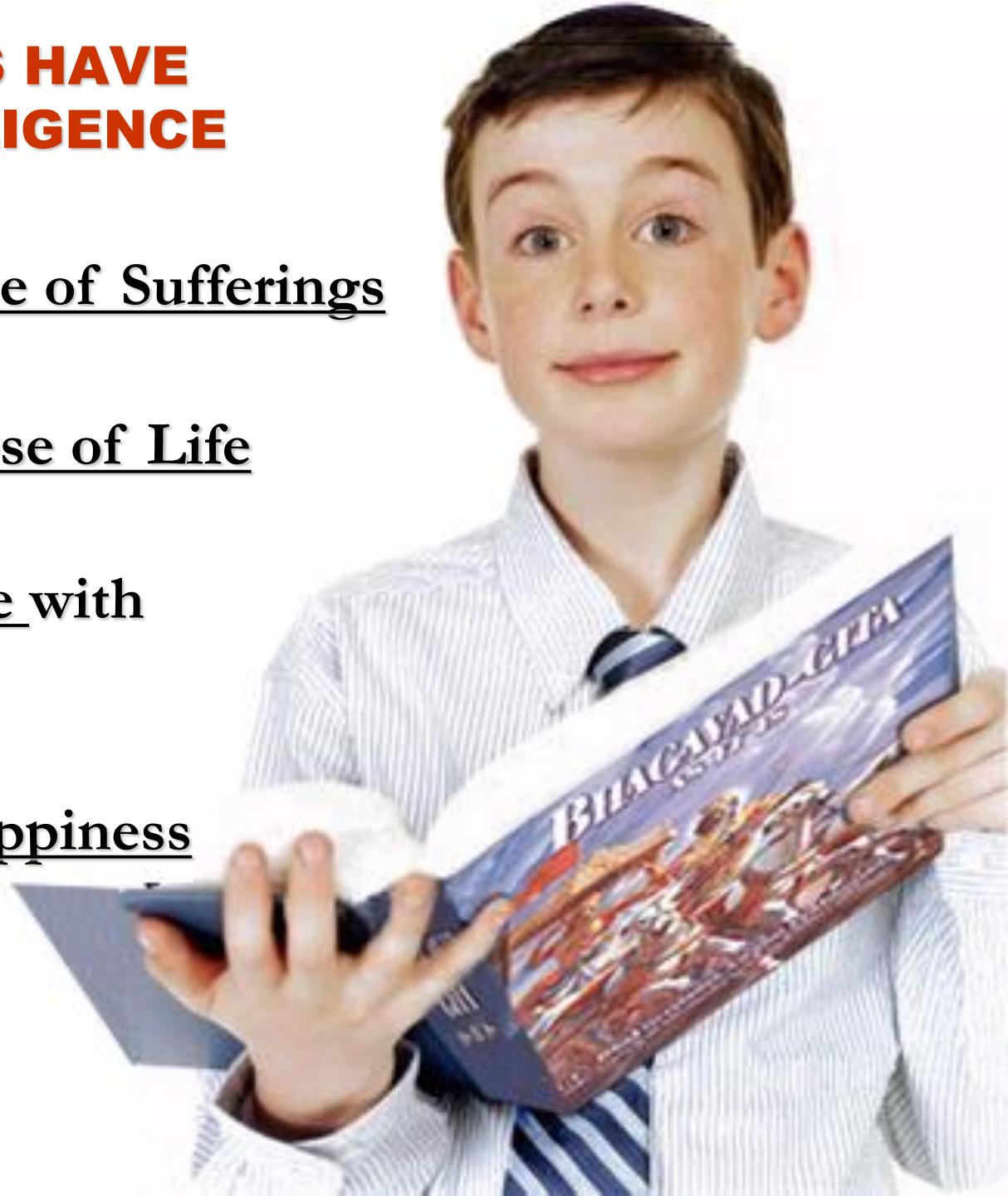
**HUMAN BEINGS HAVE
HIGHER INTELLIGENCE**

To Find out the Cause of Sufferings

To Inquire the Purpose of Life

To harmonize our life with
God & Nature

To attain Eternal Happiness

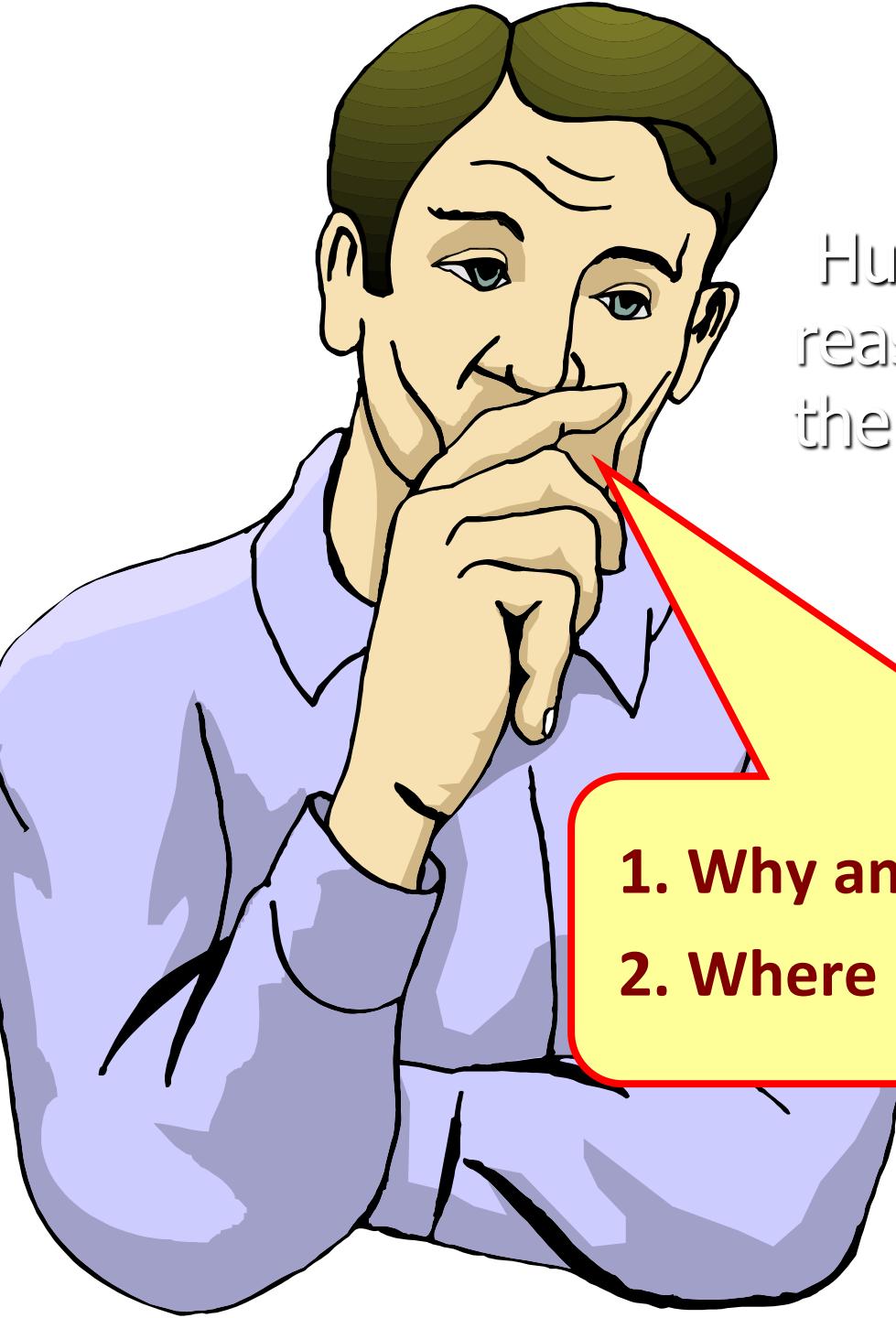


**Human
Life** → **Inquiry**
No Inquiry



Promoted to
higher life

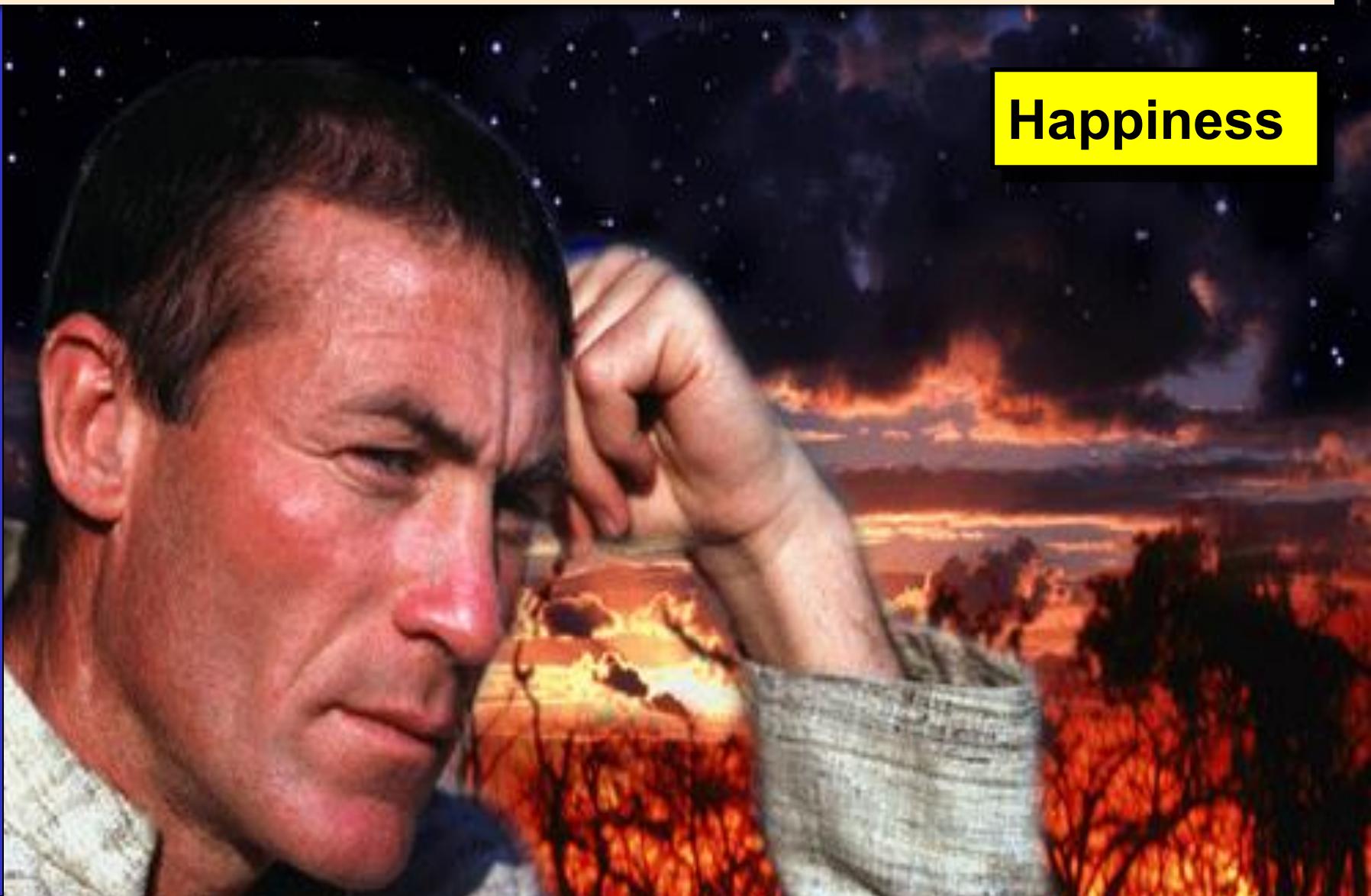
Demoted to
lower forms
like animals



Human being can develop the reasoning power to ask the following questions :

- 1. Why am I suffering ?**
- 2. Where do I go after this life ?**

What is the goal of your life?

A close-up photograph of a man's face, partially in shadow, looking down at an orange he is holding. The orange is cracked open, revealing its segments. The background is a vibrant sunset or sunrise over a landscape with hills and water. A bright yellow rectangular box containing the word "Happiness" is positioned in the upper right corner of the image.

Happiness

What is the kind of Happiness you are looking for?



1. Permanent

2. Ever Increasing

3. Shared with loved ones

4. Variety

Do we want it?

Yes

What is the kind of Happiness you are looking for?



1. Permanent

2. Ever Increasing

3. Shared with loved ones

4. Variety

If these characteristics are absent

Relative

There are 2 types of Happiness

R – Relative Happiness

R - Real Happiness

How do you get them?

There are 2 types of Happiness

Relative Happiness - By Solving Relative Problems

Real Happiness - Solving Real Problems



What is a Relative Problem?

Ans - One man's food is another man's poison



Dentist & Toothache

Rich man & Hill Station

Umbrella Shop & Vegetable Seller

What is a Real Problem?



- 1. Common to All**
- 2. No one wants it**
- 3. Everybody gets it**

**Discuss Various Problems
in this world -**

**Are they Real or
Relative Problems?**

What are the Real problems that we go through in life ?

B

1. Birth



What are the Real problems that we go through in life ?

B
D

2. Death



What are the Real problems that we go through in life ?

B
D
O



3. Old Age

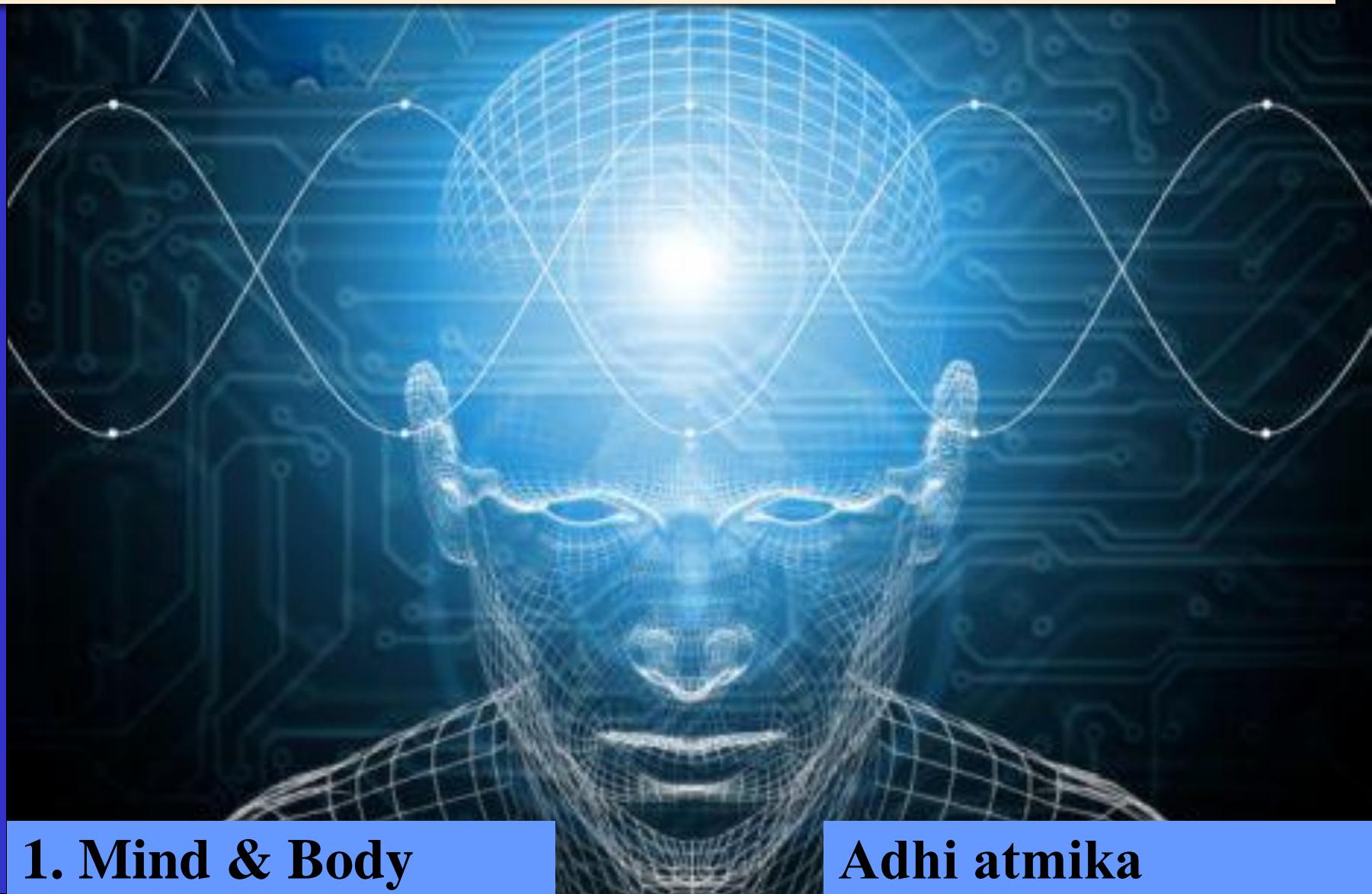
B
D
O
D

What are the Real problems that we go through in life ?



4. Disease

Besides this 4 Problems there are 3 kinds of Miseries.



1. Mind & Body

Adhi atmika

Besides this 4 Problems there are 3 kinds of Miseries.



Besides this 4 Problems there are 3 kinds of Miseries.



3. Natural Disturbance

Adhi daivika

What is the ROOT CAUSE of all our problems?

Superficial
solution

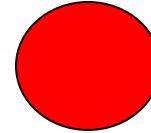


OINTMENT



BOIL KEEP RECURRING

Permanent
solution



BLOOD PURIFIER
injection



NO RECURRANCE

Boil keeps recurring because of impurity in the blood; our sufferings keep recurring because of our sinful tendency to break God's laws. Science will NEVER be able to solve these problems even in a million years.

What is a Pain killer and what is a medicine?

A. Medicine cures the disease from the root

B. Pain killer gives superficial relief from the pain of the disease.

Advantages & disadvantages of Pain killer

Advantages

Instant relief from pain

Cheap & Easily available

Disadvantages

Side effects

No permanent cure

Can make the disease worse

3 Kinds of Pain Killers (Superficial Solutions)

1. Advancement in sense gratification

2. Speculation

3. Superficial religions

Does Material Advancement provide solutions to problems?



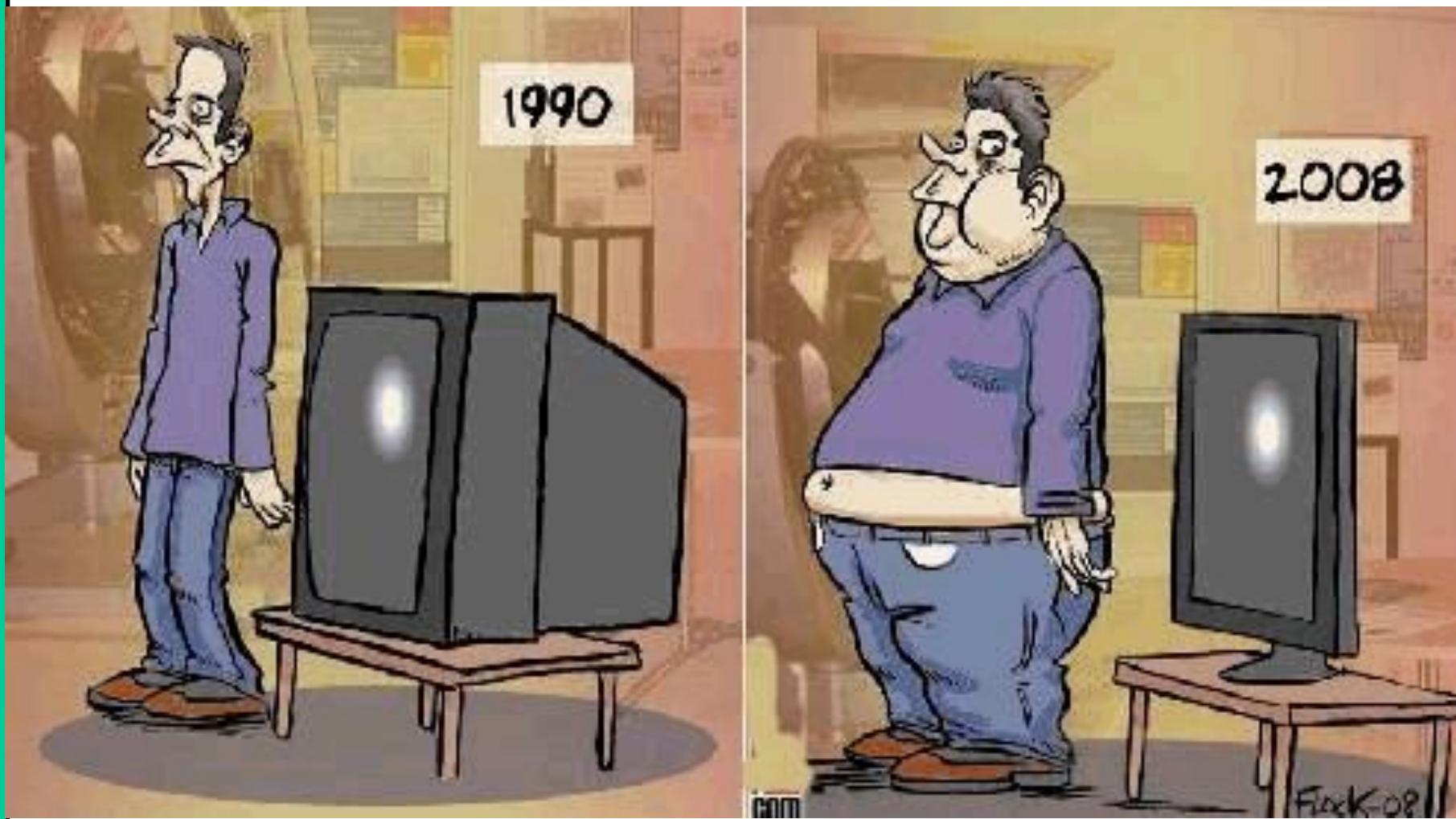
Yes It Does !!!

But only Temporary Relief

No Permanent Solution

In fact it gives rise to further problems.

Does Material Advancement Provide Solutions to these real problems ?



Superficial patch-up solutions cannot free us from Suffering

Problem

Old age : White hairuse hair dye

Old age : Wrinkles on face.....use face lift

Disease : Back pain, stomach pain....use painkillers

Breathlessness and Death.....use Oxygen tubes

Scientific solution



Does Material Advancement provide solutions to real problems?

Huge Information

Quick Communication

Global Connectivity

Health Issues

Impersonalism

Pornography



What is permanent solution?

**WE ARE LIKE THE LOST SON OF A
MILLIONAIRE FATHER**



**WE HAVE TO REVIVE OUR ETERNAL RELATIONSHIP
WITH THE FATHER-GOD TO BECOME TRULY HAPPY.**

3 Kinds of Pain Killers (Superficial Solutions)

Person 1. Food clothing shelter – Sense gratification

Person 2: You can do it – Mental Tricks

Person 3: Some kind of Superficial Religion

Real Solution is to go back home to real Father

Session 3 – Nyaya

(Philosophy of Logic & Reasoning: The Logic for Theism & Purpose of Life)

1) The Logic for Theism.

2) Purpose of Life

Session 4 – Sankya

(Dualism: The Logic for Selfhood)

1) The Dualistic model : Rene Descartes and Sankhya

2) Pursha : Selfhood

WHO AM I





Dr. Harry Monsen,
Professor of anatomy
at Illinois College of
Medicine says....

“Most of the human body is water.
In a 60 pound person, there are about.....

5 pounds of Calcium,
1 ½ pounds of Phosphate,
about 9 ounces of Potassium,
6 ounces each of sulfur and sodium,
1 ounce of magnesium, and
less than an ounce each of iron, copper and iodine.”

Total worth of a human body Rs.110/-
says Dr.Monsen



CALCIUM



IRON



PHOSPHORUS



WATER CONTENT



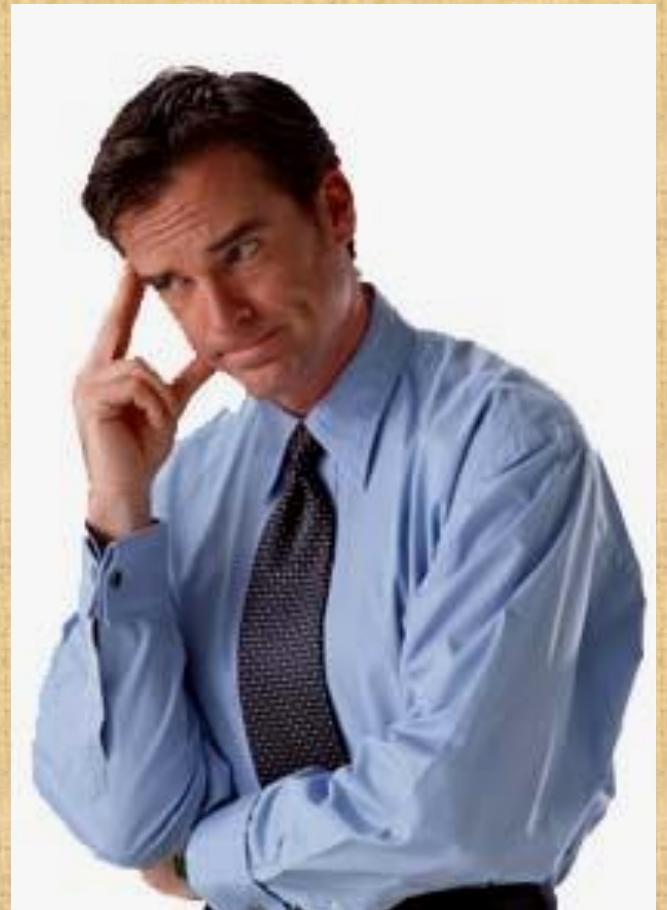
OTHER SUBSTANCES



Now does that sound like us?

Don't you feel we are more than
the chemicals which constitute
this body?

Then,
what is
our real
identity?



He is unborn, eternal,
He has not come into being,
ever-existing and primeval.
Therefore he is not born, nor does he die.
He is not slain
and will not be slain,
when the body is slain.

Bhagavad - gétä 2.20

Body

Soul

matter

spirit

not conscious

conscious

changes

no changes

temporary

eternal

dead

You are not this
material body,
you are
spirit soul

We have three bodies

3
Bodies

Inferior
Material
Body

Superior
Spiritual
Body

1. Gross Body

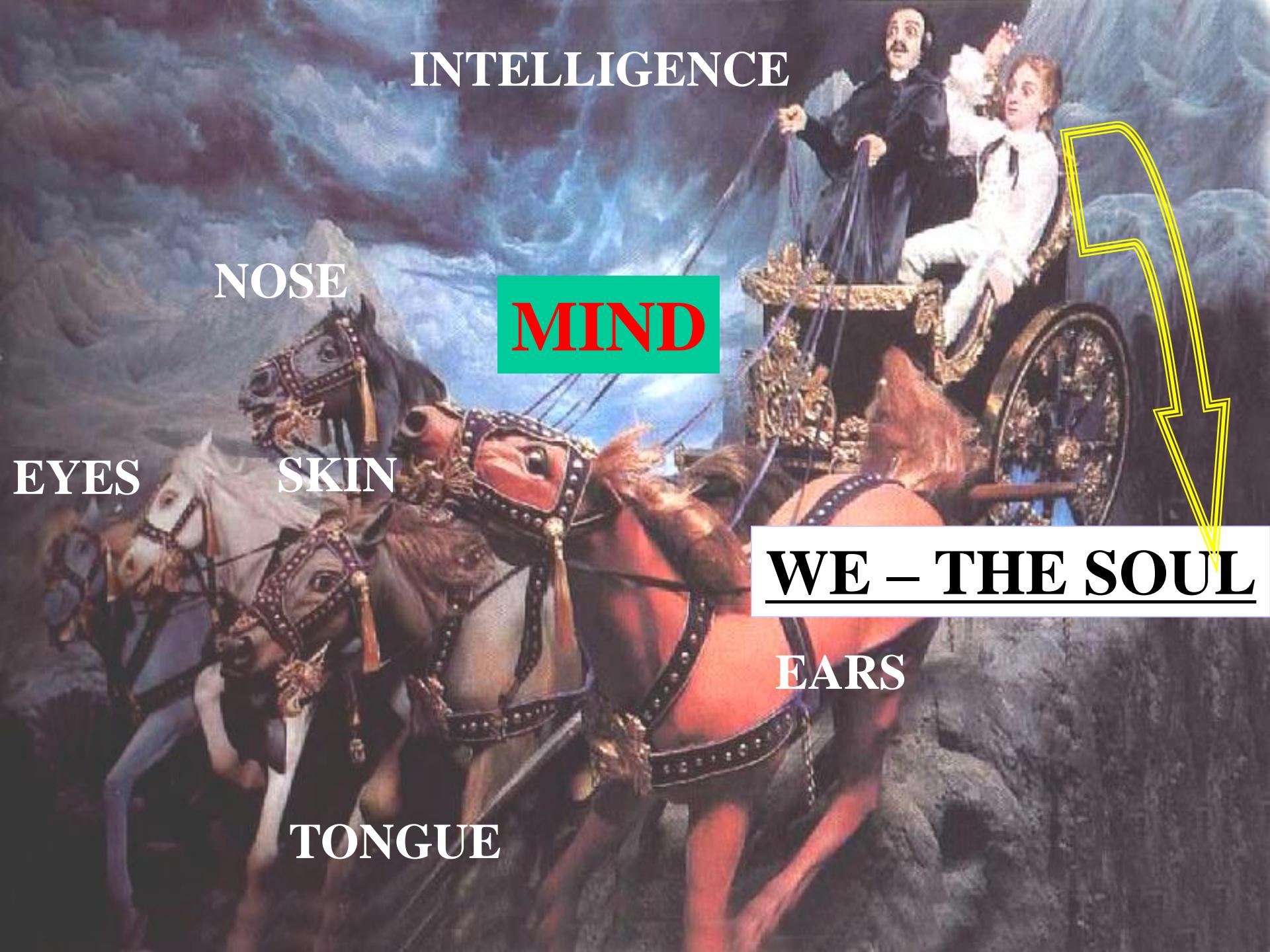
- 1. Earth
- 2. Water
- 3. Fire
- 4. Air
- 5. Ether

2. Subtle Body

- 1. Mind
- 2. Intelligence
- 3. False Ego

3. Spiritual Body (Soul)

- 1. SAT (Eternal)
- 2. CIT (Knowledge)
- 3. ANANDA (Bliss)



INTELLIGENCE

NOSE

MIND

EYES

SKIN

TONGUE

WE – THE SOUL

EARS

The soul is covered by gross and subtle coverings

Gross body :

Earth,
Water,
Fire,
Air
Ether



Subtle body :

Mind
Intelligence
False Ego

Soul :

Eternity
Knowledge
Bliss

Is Man not just a Powerful Computer or Robot?

Drama observed by
a panel of Judges



Eyes of Judges

“Experience”

Elation, sorrow, anger, etc.

“Conscious”

“Able to judge”

Drama recorded by
Video Cameras



Lens in the Camera

No “Experience”

No “Emotions”

No “Consciousness”

No “Judging”

Man is not just a powerful Computer or Robot.



Three Major differences between a living body and a robot:

1. A living body undergoes 6 changes, while matter only dwindle
2. A male and female living body can multiply similar specie,
Machines can't reproduce by union.
3. Living body has consciousness – thinking, feeling, willing, while
matter has no consciousness.

What is the difference between a living body and a dead body?

**Every living body -- be it human, animal, bird, tree,
reptile or any other living body –
undergoes six changes –**

- 1. birth**
- 2.growth**
- 3.maintenance**
- 4.production of by-products**
- 5.dwindling**
- 6.death.**



**You are not
the body that
you see in the mirror;

you are 'atma' (soul),
the real driver
of the bodily car.**



What is the difference between a living body and a dead body?

THE UNSEEN DRIVER OF THE BODILY CAR



MOUTH TO SPEAK
EYES TO SEE
HEART TO PUMP BLOOD
HANDS & LEGS TO MOVE

HORN TO SOUND
HEADLIGHTS TO SEE
RADIATOR TO SUPPLY WATER
FOUR WHEELS TO MOVE

**The Car cannot budge one inch without the driver;
The body is termed dead without the presence of driver, the soul.**

What is the difference between a living body and a dead body?

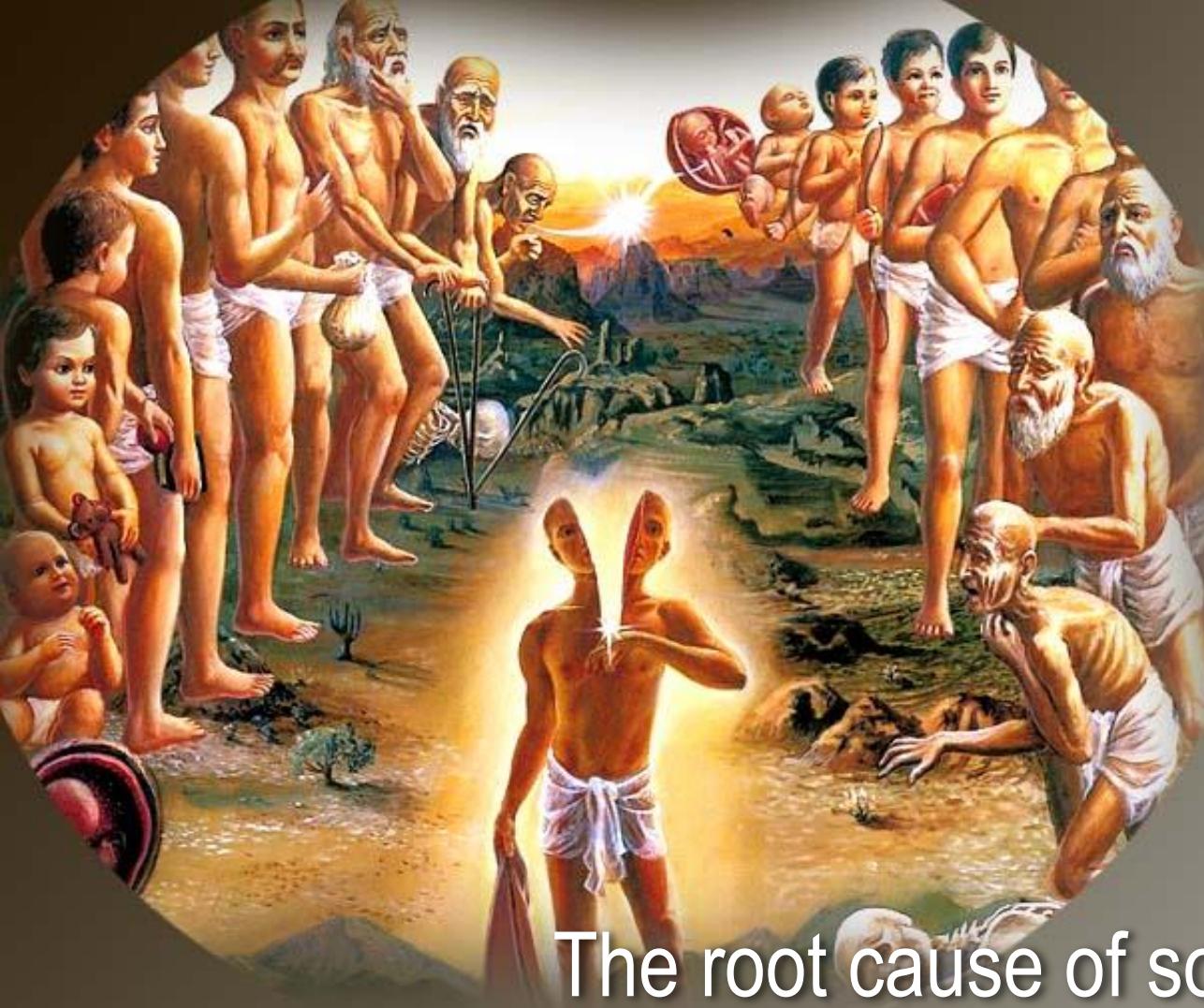


Just as the bird is trapped in the cage, the soul is trapped in the body made up of five elements – earth, water, fire, Air, ether.

Not knowing their real identity as the soul, the people spend all their life in polishing the cage – pampering the body, without feeding the soul. Can you say how?

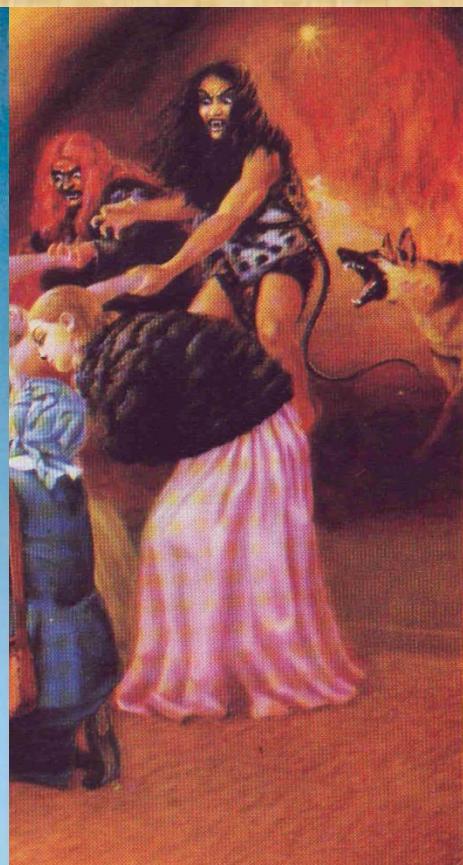
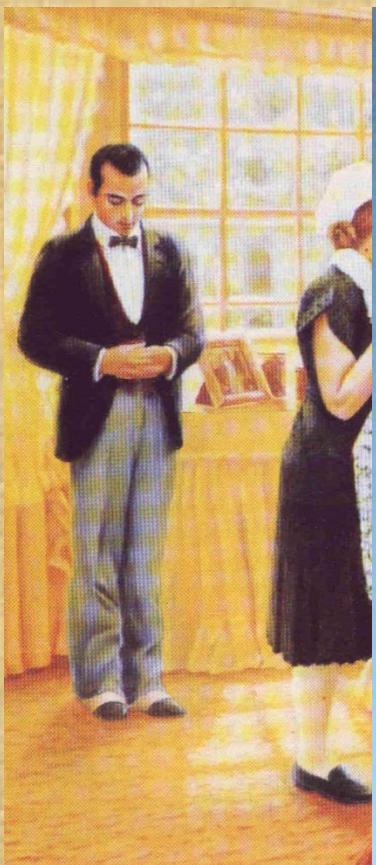
Soul changing bodies from one specie to another





The root cause of soul transmigrating
from one body to another in this
material world is
his desire to control & be the Lord.

Proof for the Soul's Existence



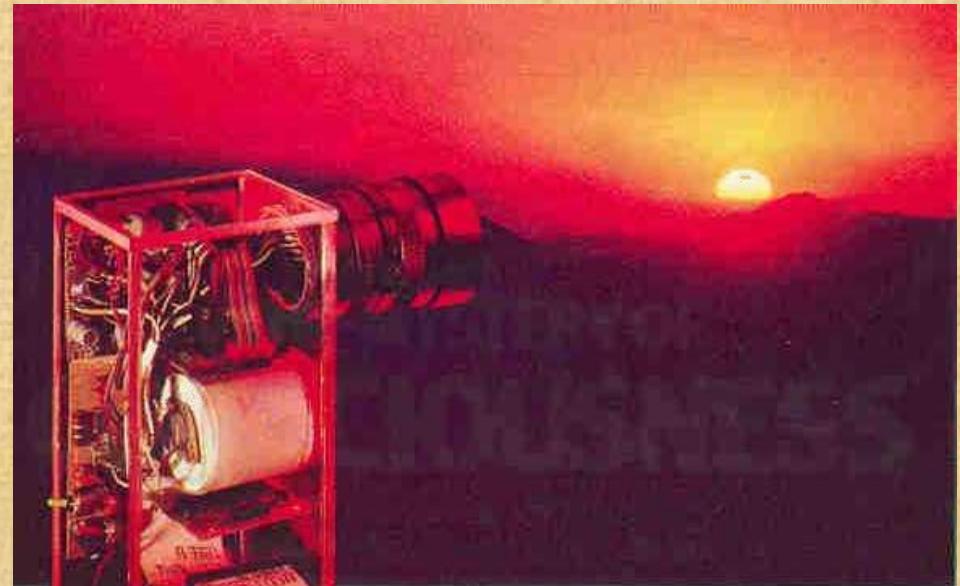
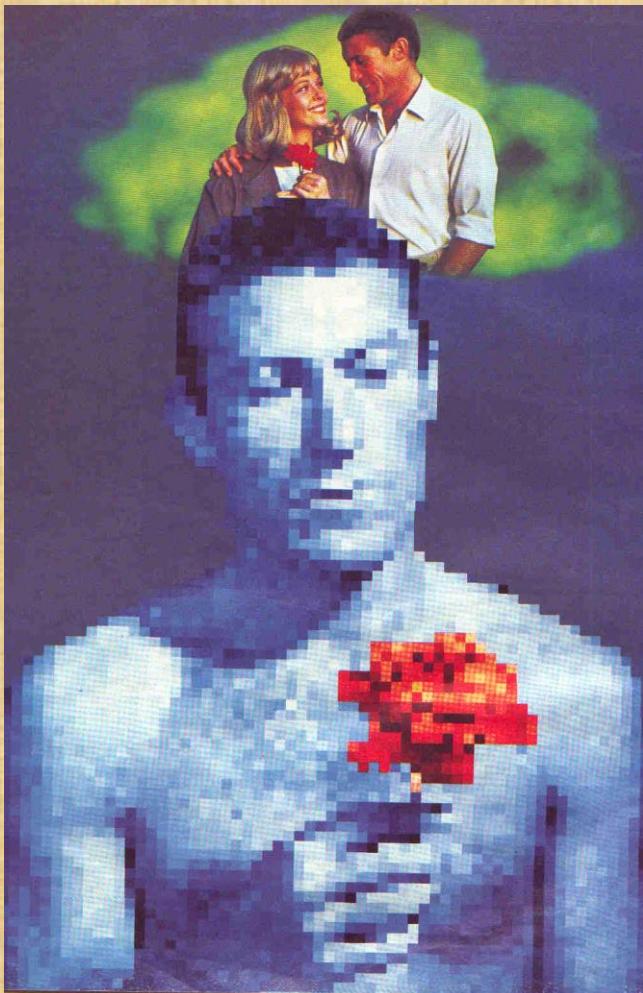
When a person dies, we say, "He has passed away."

Who has passed away? The body is still there.

Actually, THE SOUL HAS PASSED AWAY.

Proof for the Soul's Existence - CONSCIOUSNESS

Consciousness means to be aware, thinking, feeling, willing and intentionality.



A machine can say, "I see red light" but does the EXPERIENCE of seeing red light accompany this mechanical response?

Science : Near Death Experience

P
R
O
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F



Dr Michael Sabom

S1

Science : Near Death Experience

A sense of being dead.

A sensation of floating above one's body and seeing the surrounding area.

A sensation of moving upwards through a tunnel or narrow passageway.

P
R
O
O
F



S1

Science : Near Death Experience



Encountering a being of light, or a light

A feeling of being returned to the body, often accompanied by a reluctance.

P
R
O
O
F

S1

Proof for the Soul's Existence – REINCARNATION Research

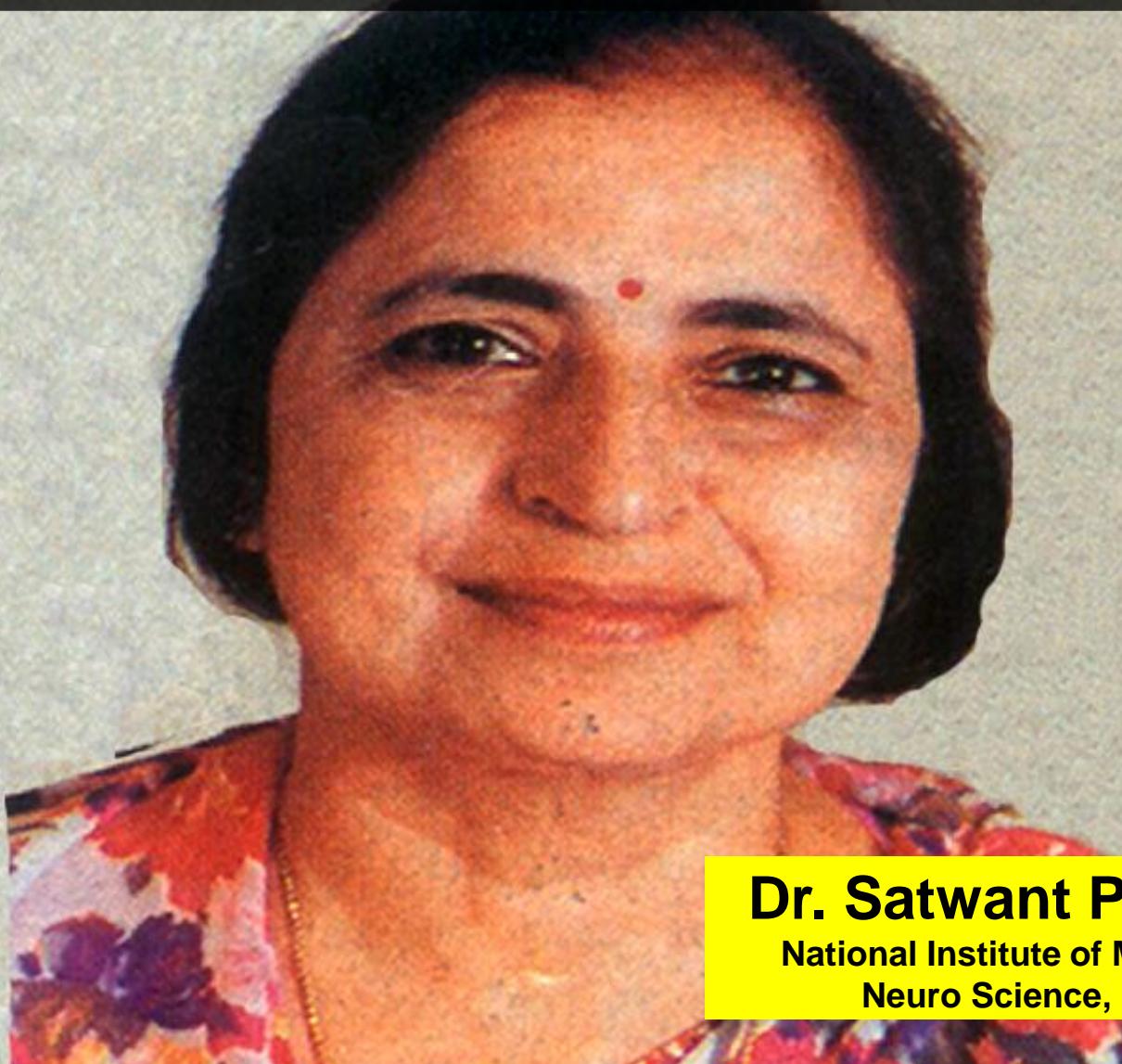


PAST LIFE MEMORIES

Ian Stevenson, Carlson Professor of Psychiatry at the University of Virginia has extensively investigated over 2000 cases of spontaneous reincarnation memories.

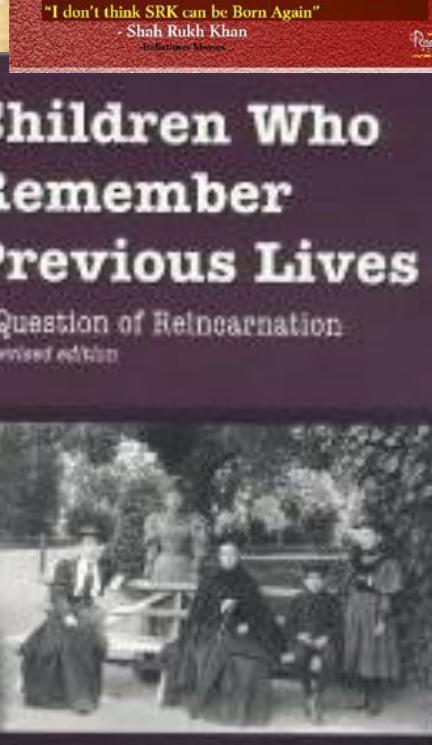
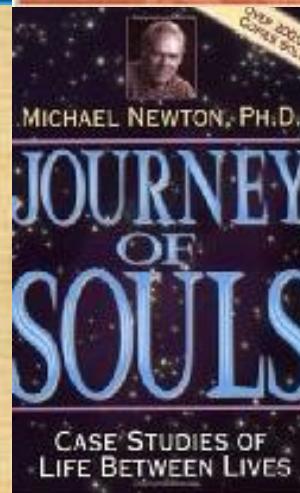
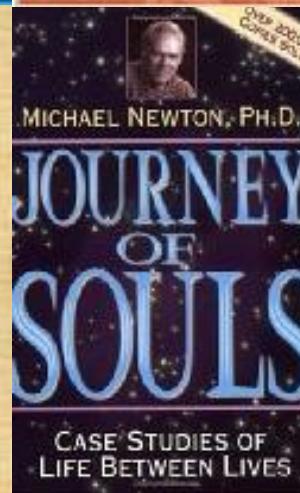
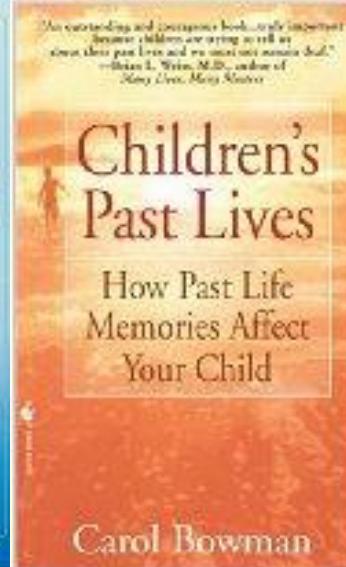
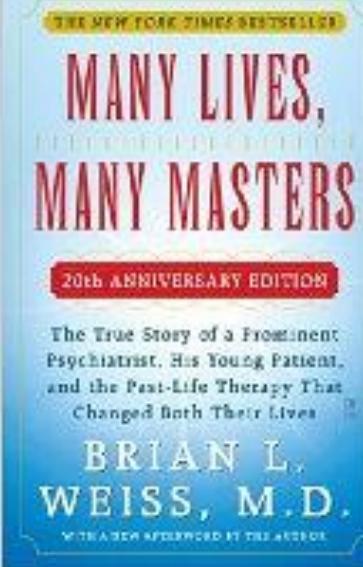
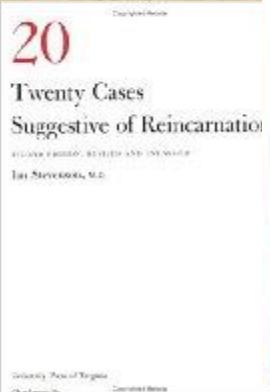
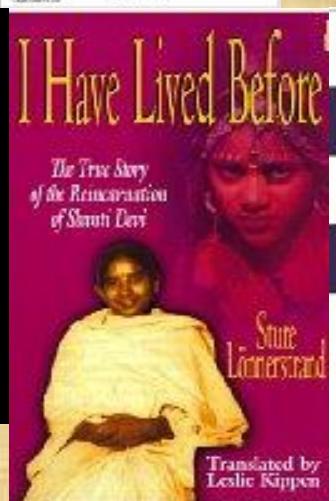
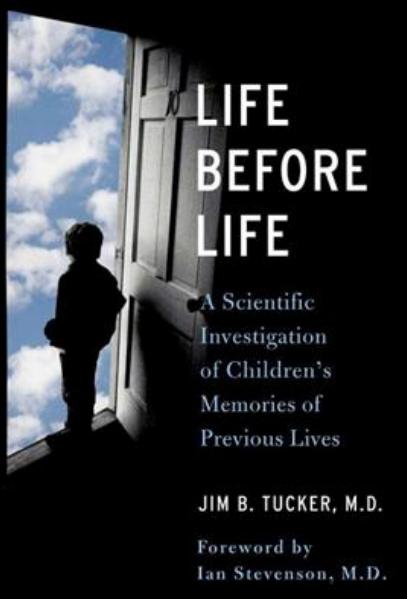
Science : Reincarnation

PROOF



Dr. Satwant Paschricha
National Institute of Mental Health &
Neuro Science, Bangalore

S2

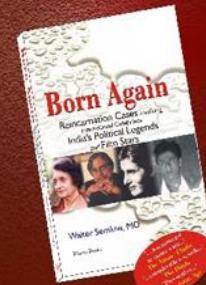


**There are over 100 books proving
REINCARNATION today.**

Ian Stevenson, M.D.

**The Book
that fast tracked
the Movie on
Reincarnation**

Born Again studies reincarnation more thoroughly and more powerfully than any book ever published



"I don't think SRK can be Born Again"
Shah Rukh Khan
Actor - Director



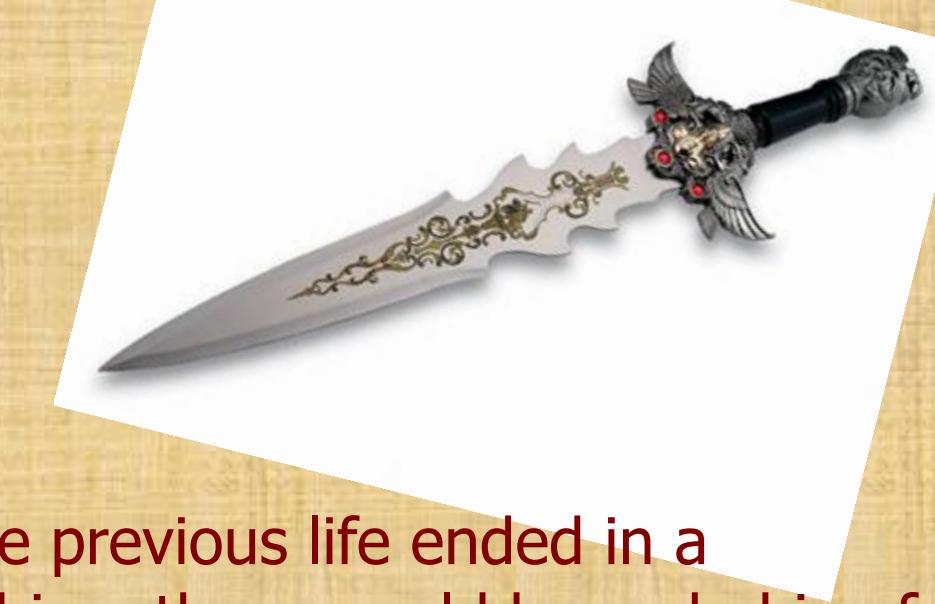
Phobia comes from past life



Phobias are... related to the mode of death of the person whose life is being remembered.

For example, if the previous life ended in drowning, there would be a phobia of water.

- Dr.Ian Stevenson



If the previous life ended in a stabbing, there would be a phobia of bladed weapons.



If it ended in shooting, there would be a phobia of fire-arms and so on."

- Dr.Ian Stevenson



Difference in temperament of TWINS proves soul



Even though identical twins are physically born by the splitting of a single egg, from the same genetic material, they may have striking contrasts in temperament. The difference in temperaments is because of two different souls reincarnated in two different bodies that are genetically identical.

– Dr. Ian Stevenson

Famous Personalities on Reincarnation



■ Benjamin Franklin:

■ “Finding myself to exist in the world, I believe I shall in some shape or other always exist.”



■ John Adams:

■ “Those souls who revolted against God were placed here to transmigrate through various species of animals, birds, reptiles, etc.”



■ Socrates:

■ “I am confident that there truly is such a thing as living again and the living spring from the dead.”

A Case Study by Dr.Ian Stevenson, Shukla remembering her past life



.....Sukla was a little more than five, Shri Sen Gupta and five other members of his family journeyed with her to Bhatpara. When they arrived, Sukla took the lead. Avoiding various possible wrong turns, she brought them straight to the house of Shri Amritalal Chakravarty, allegedly her father-in-law in her past life.....



Sukla recognized

- her previous lifetime house,
- her mother-in-law, brothers-in-law, husband & daughter.
- indicated Shri Haridhana Chakravarty as her husband.
- the nicknames as well as real names of her brother-in-laws.

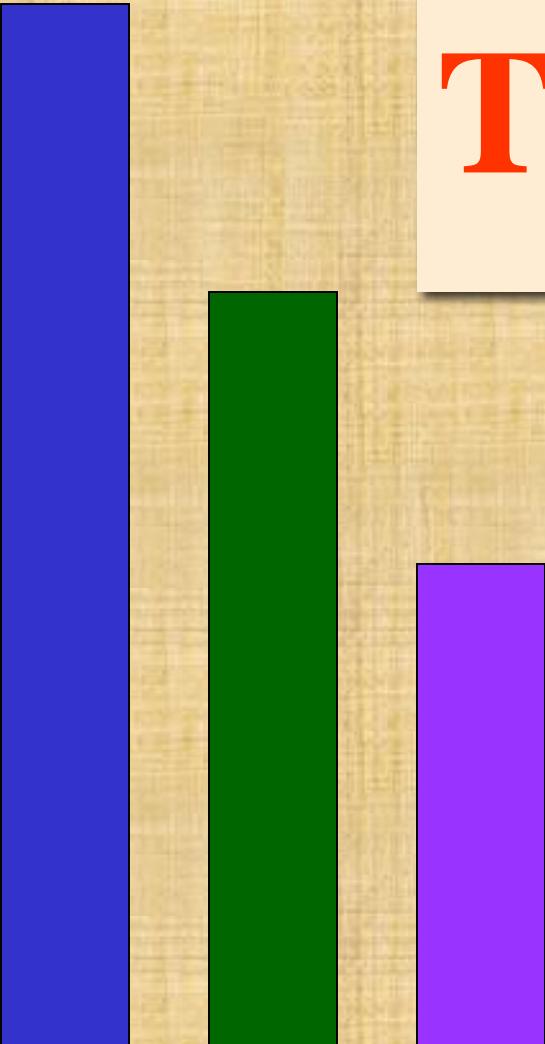


What happens to us at Death?

The soul leaves the gross body behind and is taken to another womb based on the quality of desires stored in his subtle body at the time of death.



“As a person puts on new dresses, giving up old ones, the soul similarly accepts new material bodies, giving up the old and useless ones.” [BG 2.22]



Thank You

Session 6 – Sankhya & Vaisheshika

(Psychology : Three types of Natures)

1) The three types of Natures.

**2) Impact on consciousness &
role of free will v/s conditionings.**

The Dual model

3
Bodies

Inferior
Material
Body

Superior
Spiritual
Body

1. Gross or
(Precipitate
Body)
(Elements)
1. Earth
2. Water
3. Fire
4. Air
5. Ether

2. Subtle or
(Body of
Desires)
(Functions)
1. Mind
2. Intelligence
3. False Ego

3. Spiritual Body (Soul)
(Characteristics)
1. SAT (Eternal)
2. CIT (Knowledge)
3. ANANDA (Bliss)

Passion



Ignorance



*Panic
Confusion
fear*



Goodness



*Calm
analysis
before
action*

Characteristics of one in Mode of Goodness (Thoughtful person)

When a person is situated in Sattva:

1. Penchant for virtue, integrity, self-discipline, abstinence, cleanliness, peacefulness and profound knowledge.
2. Likes to reside in quiet locale – mountains, forest, countryside.
3. Loves philosophy, poetry, music and science that focusses on ultimate issues of life.
4. Elevated state of self-contentment and knowingness.



Animals in Goodness



Mode of Goodness

Reading of books
of philosophy,
poetry, science

Honest

Clean

selfless

thoughtful

helpful

pious

Take religion as
a serious duty



Humble

No gambling

No intoxication

No liquor

No extramarital relations

Leaders or Managers functioning in goodness

When a leader is situated in Goodness

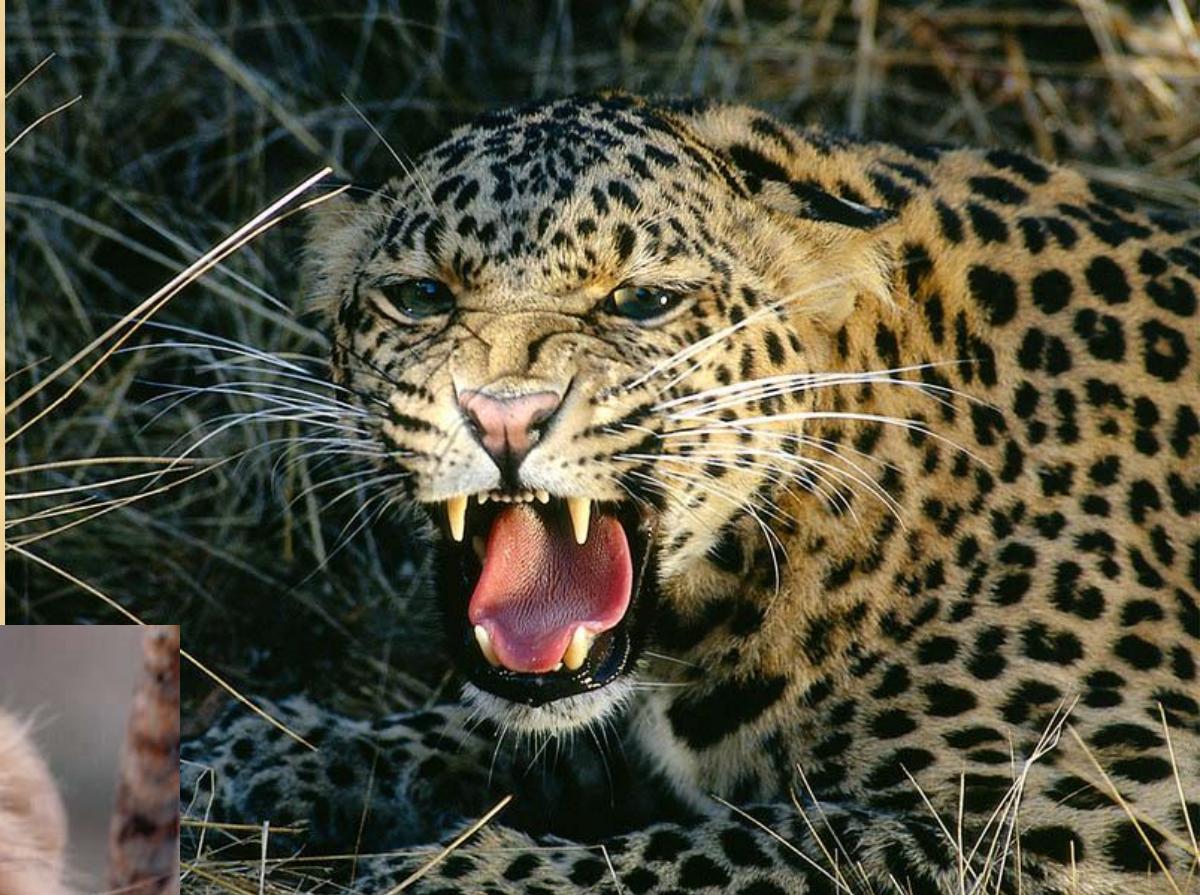
- Feels low tension and high energy
- Feels remarkably serene and under control
- Replaces tense energy with an alert, more optimistic presence of mind, peaceful
- Pleasurable body feelings, deep sense of physical stamina and well being.
- Mental and physical reserves are high
- Best combination of healthy vitality and increased creative intelligence
- A kind of flow state of relaxed alertness or mental and emotional overdrive
- An extra gear that allows you to do just as much or even more but with less struggle, less wear and tear

Characteristics of one in Mode of Passion (Aggressive person)

When a person is situated in Rajas:

1. Feverish endeavour to get ahead (Rat race)
2. Pride in abilities & possessions.
3. Hearty diet of physical indulgence (Work hard Party harder philosophy)
4. Lifestyle of work, buy, consume and die.
5. Money and sex too being key motivating factors.

Animals in Passion



Mode of Passion

*Mad after seeing
and showing
glamour*

*Wound mind and
disturbed sleep*

*Religion :
a social affair*

*Disregard
scriptures*

*Attraction between
man and woman*

*Gives charity
for fame*

*Hard labor for
honor*

*Selfish &
Egoistic*

Money is honey

*Hankering for
family prestige*



Leaders or Managers functioning in passion

When a leader is situated in Passion

- He has a stress-driven mood characterised by almost pleasant sense of excitement and power
- His physical energy feels high, even though he may face high levels of stress or strain from long hours of hectic schedule
- In a tense energy state, he tends to impatiently push himself towards one objective after another rarely pausing to rest or reflect.
- His efforts are infused with a moderate to severe level of physical tension, which after a while may be imperceptible to him.
- Without realising it, by allowing this situation to persist, he blunts his ability to pay deep, genuine attention to his own needs, other people's needs, project needs and
- can suddenly wake up to find himself at the edge of burnout and exhaustion

Characteristics of one in Mode of Ignorance (Insane person)

When a person is situated in Tamas:

- 1.Perverse and lethal
- 2.Wallow in sloth, excessive sleep, dejection & intoxication.
- 3.Finale is deadly anger, pointless violence & mental derangement.
- 4.Abhors work, lethargic without any goal.
- 5.Passes time in a cloudland of drugs, alcohol, dreaminess and the blues.

Animals in Ignorance



Mode of Ignorance

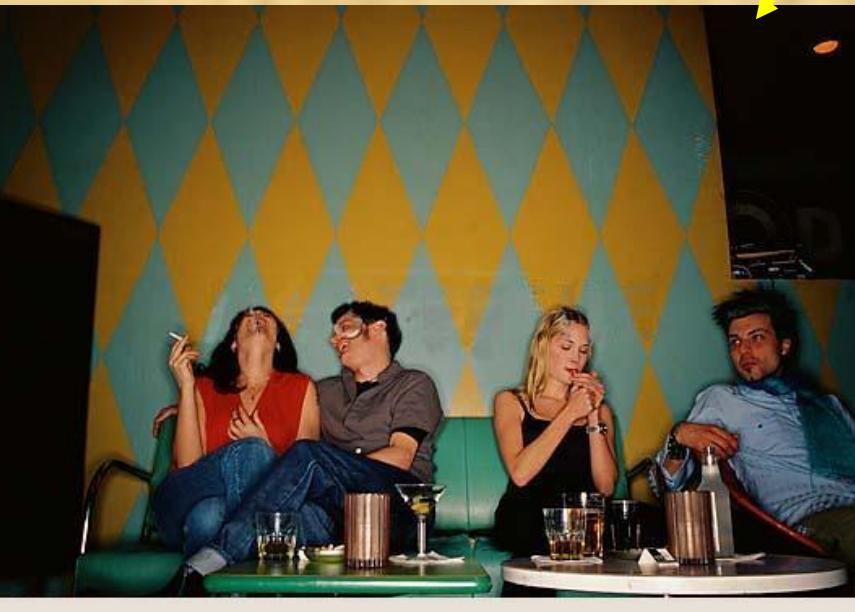
No interest
in spiritual
life

foolish

Disturbing
to others

mad

Nothing to do
with God



Dizzy and lazy

Unclean

postponing

intoxicants

Drugs, wine

Sleeping too much

Leaders or Managers functioning in three modes : Ignorance

When a leader is situated in Ignorance

- He feels tired all over.
- He collapses in his chair/sofa at night.
- His fatigue is mixed with nervousness, tension or anxiety.
- He is not pleasant and often there is a sense of low esteem and of life being a burden.
- Depression may be triggered or worsened.
- He feels undesirable moods, negative thoughts and dysfunctional behaviour and takes drug or alcohol to alter mood.

3 Modes (chains) of Material Nature - Music



Goodnes
s



Passion



ignoranc
e

C

3 Modes (chains) of Material Nature



GUNA	SATTVA	RAJAS	TAMAS
Outlook	Detachment	Desire	Ignorance
Motive	Knowledge	Enjoyment	No goal
Mentality	Peaceful	Active	Irrational
Future	Upper worlds	Earth	Lower worlds
Food	Vegetable	Animal vegetable	Animal
Health	Long term	Short term	Destructive
Worship	Desireless	Motivated	Concocted
Knowledge	Atma	My body + others	My body
Action	Selfless	Motivated	Violent
Values	Values based on truth, scripture	Self-centered values	False values

Application of (3 modes) Psychology

1. Free will v/s conditionings and choice
2. The four Varna concept of India

**Analyzing the situation by
understanding the working of the
modes of nature.**

Passion	Goodness	Ignorance
The three-fold psychological typology		
hankering and longings that impel strenuous efforts to obtain objects of desire	detached, dispassionate and interested in knowledge for its own sake	apathy, indifference, obliviousness, and bewilderment
Example		

Passion	Goodness	Ignorance
Consciousness		
Excited and narrowly focused upon the object of desire.	Alert and attentive (towards nearly any subjects presented) and, at the same time, detached and disinterested.	Unaware, inattentive, easily distracted, and disposed toward chronic misperception

2 Applications of 3 modes

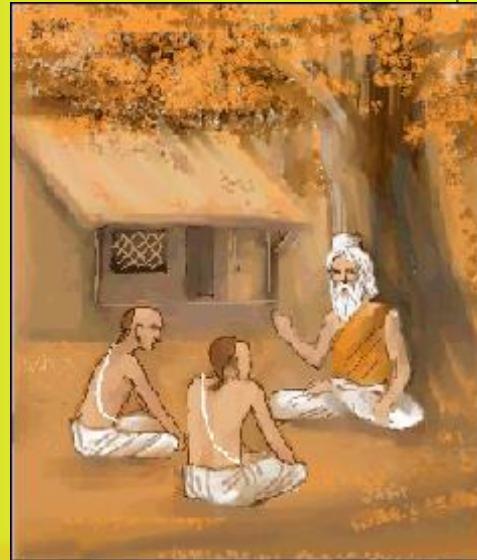
- 1st Varna..
 - What is varna
 - Literally --- Color
 - Jati
 - What decides Varna or Jati??
 - Varna is determined by
 - Guna – Quality (Psychology)
 - and Karma – Activity/ work
 - Activity/ work is actually deciding factor
 - What about birth??
 - Chatur varnyam.... **Guna Karma vibhagashah**

- Purpose of varnas is to help cooperation..
- Today it is only competition and selfishness
 - Honor Killing
 - Fighting for reservation (Eg. jat maratha patel)
 - Cast bank politics
 - How did this situation come about
 - British
- Again Purpose of varnas is to help cooperation..

Passion



Goodness



Ignorance



The Varnas: Occupational Groups

Just as the human body is equipped by nature with head, arms, belly, and legs, so the social body is constituted in the same natural way by the four occupational groups: the brahmanas who comprise the thinkers and teachers ;the ksatriyas, the governors and protectors; the vaisyas, the producers and traders ; and the sudras, the workers and general assistants

- Varna system apparently similar to European system
 - Pope
 - Bishop
 - Kings
 - Lords and Knight
 - Origin of “Lords stadium”
 - Vassals Villans (one who lives in village)
 - Serfs / Slaves
 - Feudal system (Loyalty system)
 - Nobody had independence
 - Eg If knight sold the land all the serfs were automatically sold
 - Even lords were not free if they disobeyed there would be fight
 - Even if king disobeyed the Pope he would call another king to fight with him
 - Completely different from Indian System
 - Had independence

VARNAS: BY WORK & QUALITY (BG 4.13) All are required!!

Brahmanas	Kshatriyas	Vaishyas	Sudras
<p>Functions: Intelligent class of priests /teachers & advisors</p> <p>Qualities: Peacefulness, self control, austerity,purity, tolerance, honesty, knowledge, wisdom & religiousness <i>(B.G. 18.42)</i> Mode of Goodness</p>	<p>Functions: Martial /administrative class of statesmen</p> <p>Qualities: Heroism, power, determination, resourcefulness, and courage in battle, generosity, and leadership. <i>(B.G. 18.43)</i></p>	<p>Functions: Mercantile class like farmers and merchants</p> <p>Qualities: Farming, cow protection, and businessmen <i>(B.G. 18.44)</i></p>	<p>Functions: Laborer class like craftsmen and working men.</p> <p>Qualities: Labor and service to others <i>(B.G. 18.44)</i></p>
		<p>Mode of Passion</p>	<p>Mode of Passion & Ignorance</p>

- Even if there was Brahmana Kshatriya Vaishya Shudra hierarchy independence was built in the system
 - India never had slavery (not even lower people were bought and sold)
 - But British came and exploited the system for their advantage

Varna system was application of modes of a person
Helping people to identify their role in society
Also are varnas were meant to cooperate

Eg Chanakya
Prithviraj Chauhan and Muhammad ghauri
Brahmana gave counsel and Kings choose to listen or not

Shivaji and Netaji palkar

Eg of Guna and Karma

Story Karna and ekalavya

India never made colonies

Five states of Mind as per Yoga Philosophy

- a. Disturbed (ksipta)** constantly disturbed by external stimuli, but it does not know how to discriminate what is beneficial from that which is useless : TAMAS

- b. Stupified (mudha)** haracterized by inertia, vice, ignorance, lethargy, and sleep. In this state, mind is so sluggish that it loses its capability to think properly and becomes negative and dull. : TAMAS

- Eyes
 - Ears
 - Tounge
 - Skin
 - Nose
- Eyes - Moth
 - Ears - Dear
 - Tounge - Fish
 - Skin - Elephant
 - Nose – Honey Bee

2. Five states of Mind as per Yoga Philosophy

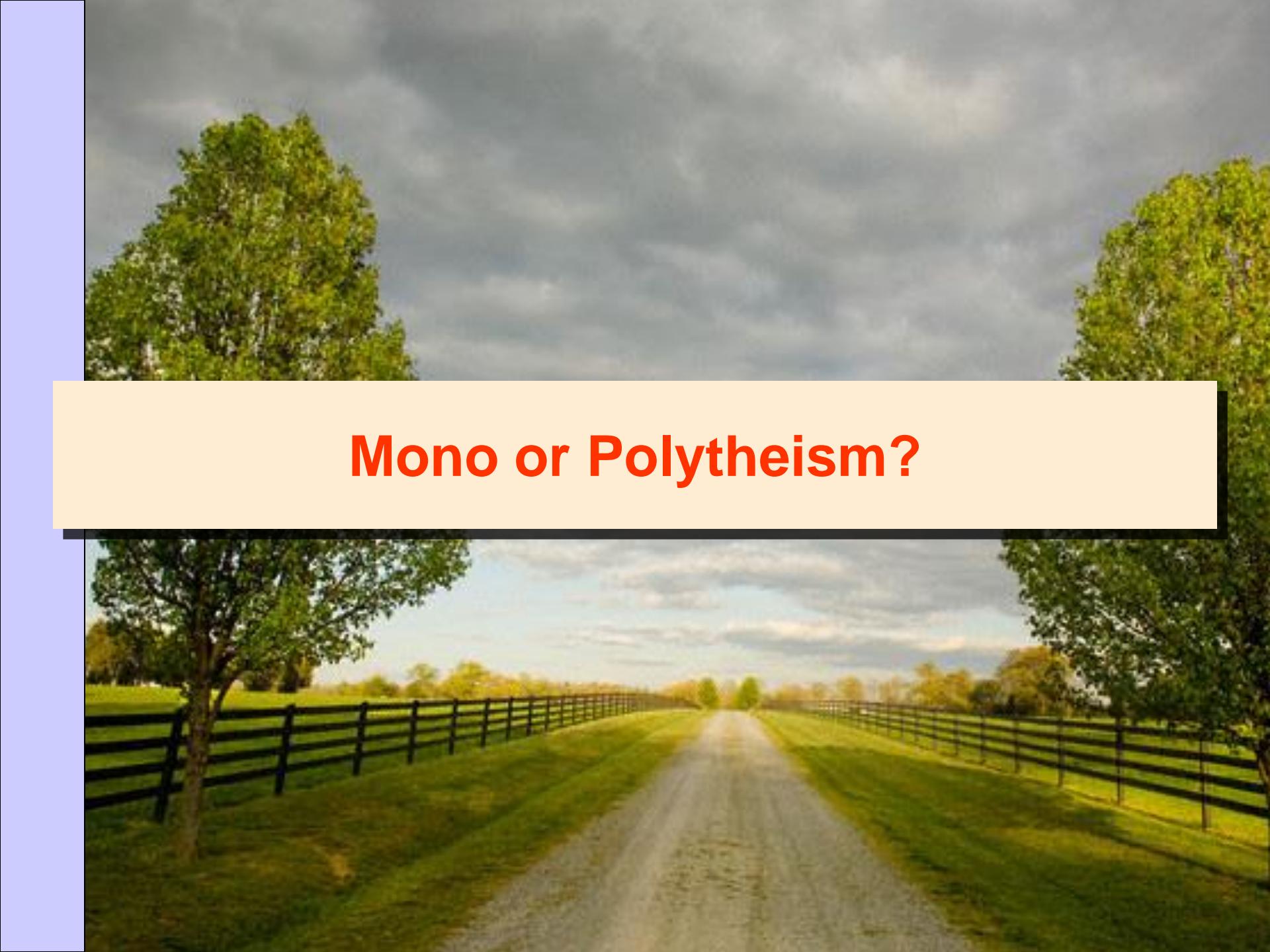
- c. **Restless (Vikshipta)** : Mind runs from one object to another but never stays anywhere consistently. : RAJAS
- d. **One pointed (Ekagra)** : conducive to concentration, and the aim of the yoga system is to develop or to maintain this state of mind for as long and as consistently as possible. : SATTVA
- e. **Well controlled (Niruddha)** : consciousness reflects its purity and entirety in the mirror of mind, and one becomes capable of exploring one's

Session 8– Vedanta

(Questions related to Mono and Polytheism)

- 1) Reasons for difference in Theistic model in various faiths**

- 2) Monotheism v/s Polytheism.**

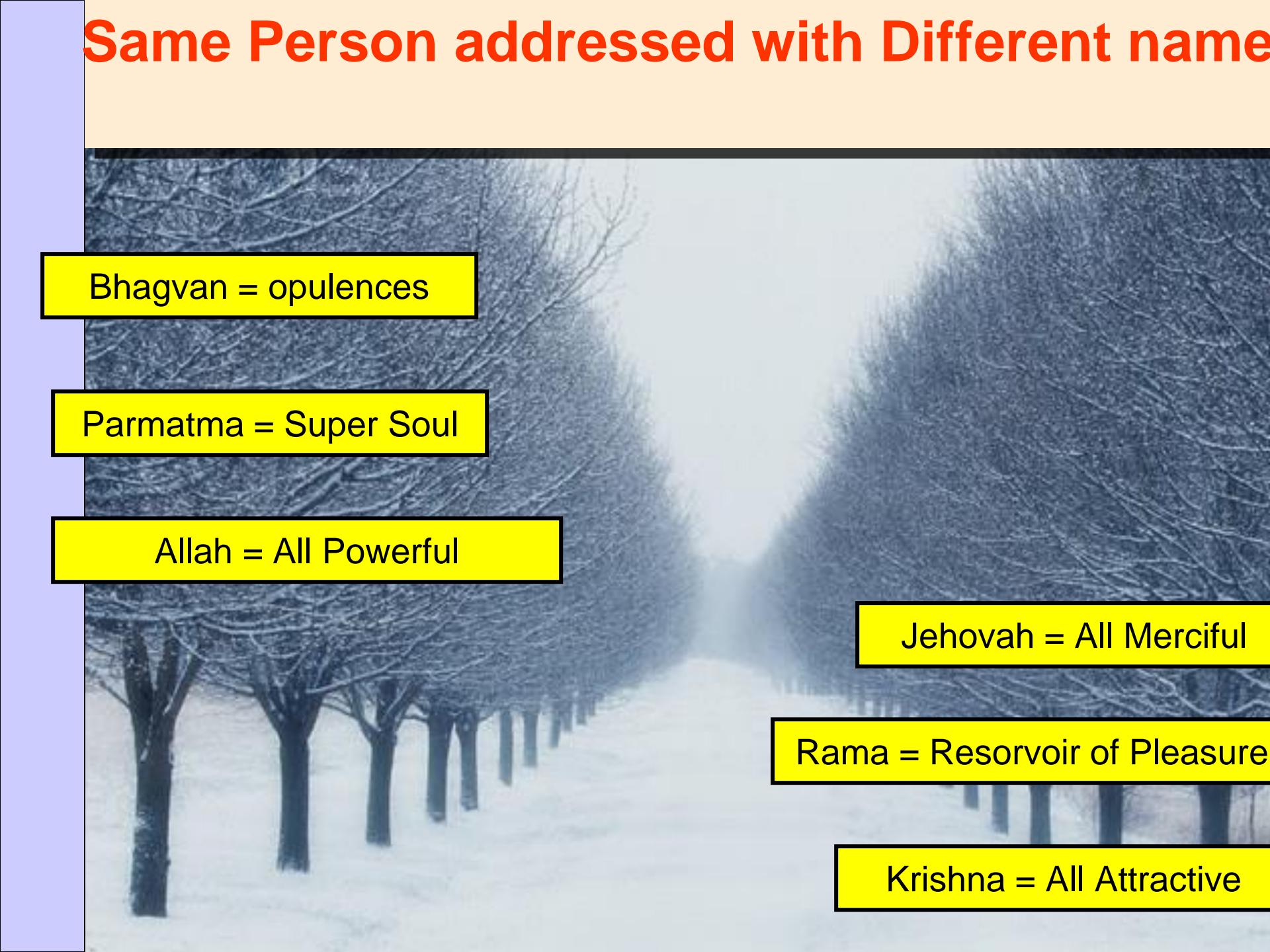


Mono or Polytheism?

Same Sun with Different names



Same Person addressed with Different name



Bhagvan = opulences

Parmatma = Super Soul

Allah = All Powerful

Jehovah = All Merciful

Rama = Reservoir of Pleasure

Krishna = All Attractive

All Religions have Same Essence

Love Thy Lord with all Thy Heart & Soul

Go Back to the Kingdom of GOD

We are the children of GOD

Surrender to the will of the Lord

Chant the Holy Names of the Lord



There is only ONE Truth as per Vedanta

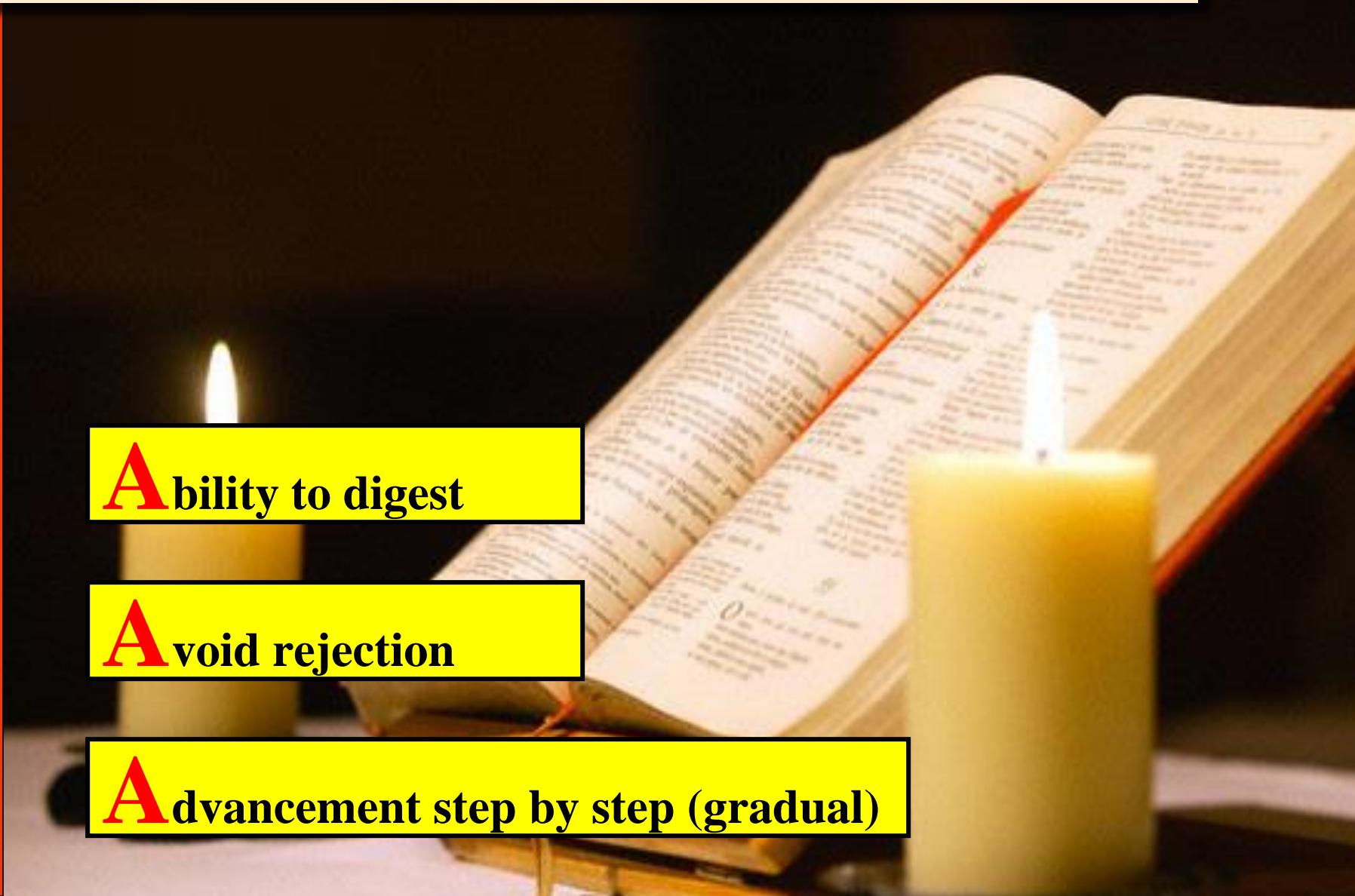
Given according to Different Audiences & Time Place and Circumstances (TPC)

S
C
R
I
P
T
U
R
E

Ability to digest

Avoid rejection

Advancement step by step (gradual)



There is only Truth as per Vedanta

Given according to Different Audiences & Time Place and Circumstances (TPC)

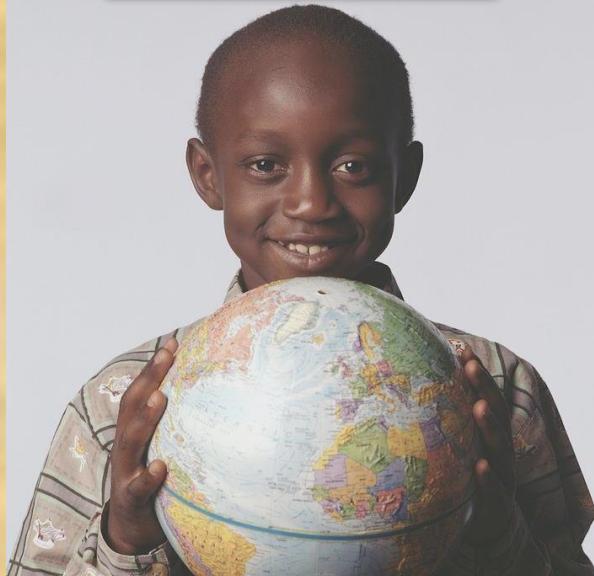
S
C
R
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E



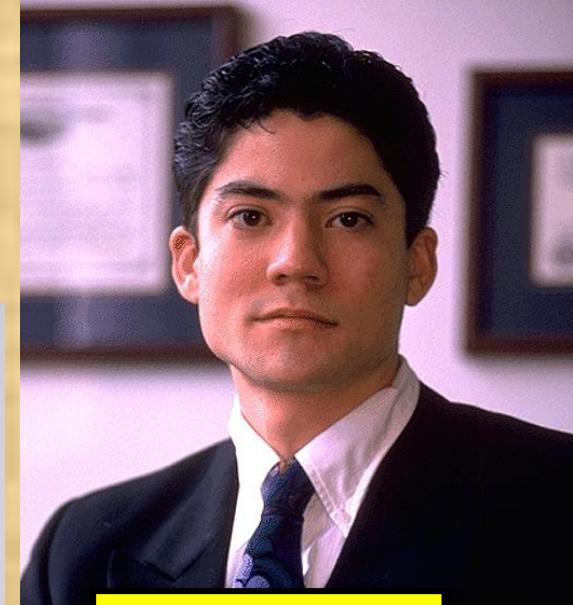
$$2 - 5 = ???$$

LOGIC OF ELEMENTARY, HIGH SCHOOL & COLLEGE MATHS

$$2 - 5 = -3$$



$$\Lambda\phi\alpha=\beta\delta$$



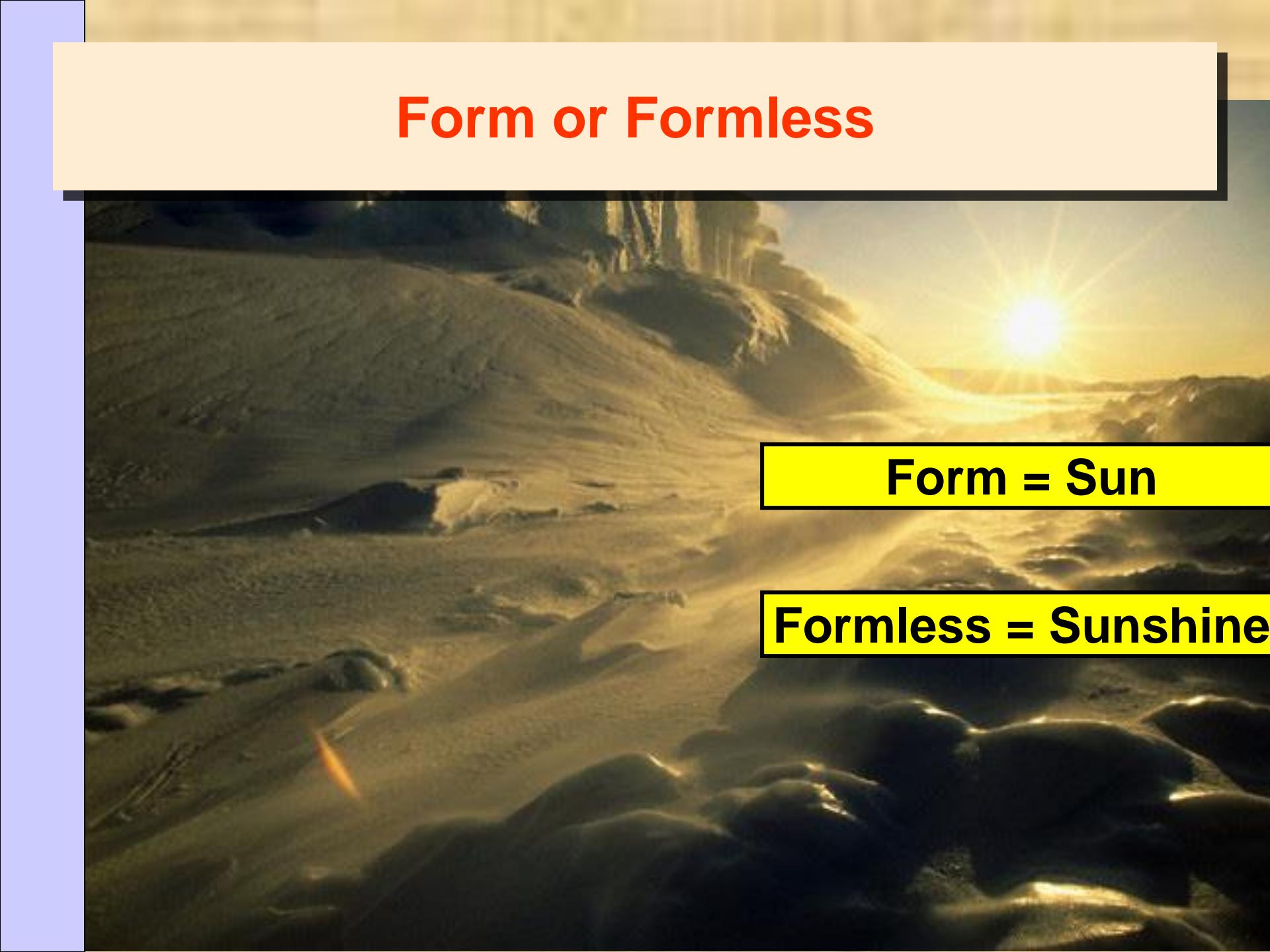


Vedanta Conclusion : One Creator: Many names



**Is God Personal or Impersonal,
Form or Formless ?**

Form or Formless

A landscape scene featuring rolling hills and mountains under a bright, golden sky. The sun is positioned in the upper right corner, casting a warm glow over the terrain. The hills are covered in green vegetation, with some darker areas suggesting shadows or different types of vegetation.

Form = Sun

Formless = Sunshine

Personal or Impersonal?

'The eyes of the Lord' (Genesis 38:7)



We also read 'under His feet' (Exodus 24:10)

Inscribed with the finger of God' (Exodus 31:18)

Bible Ezeliel (1.26))describe God as having "the semblance of a human form".

The ears of the Lord' (Number 11:1),

In Genesis chapter 18 and 19, God appeared before Abraham. Here God appeared in human like form although the form is not elaborately described.

Personal or Impersonal

In Quran, Allah's face ('Wajh' 55.26-27),

Allah's eyes ('Aynun' 11.37).,

**Which clearly show that even the Abrahamic
faiths speak of
Supreme Lord as a person.**

**Vedanta Conclusion : Absolute is both,
Personal & Impersonal**

Form is source of Formless

Three features of the Truth.

Impersonal (Brahman)

Localised (Paramatma)

Personal (Bhagavan)

First Opulence

Wealth



Second Opulence



Strength

Third Opulence

O P U L E N C E S



2

Fourth Opulence



Beauty

handOOon

2

Fifth Opulence

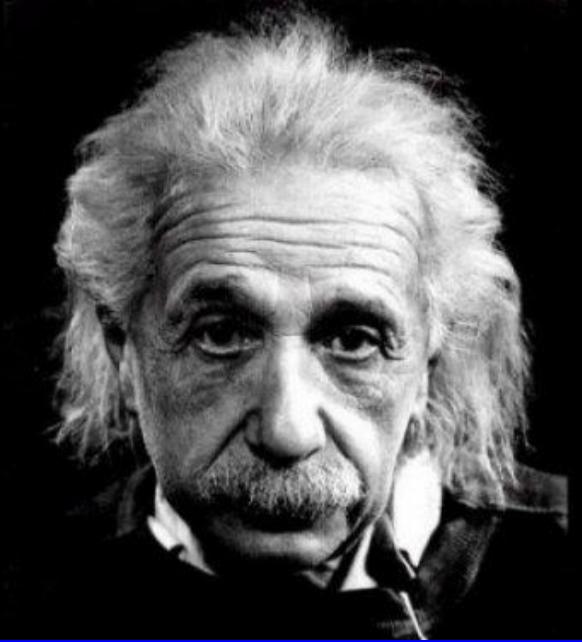
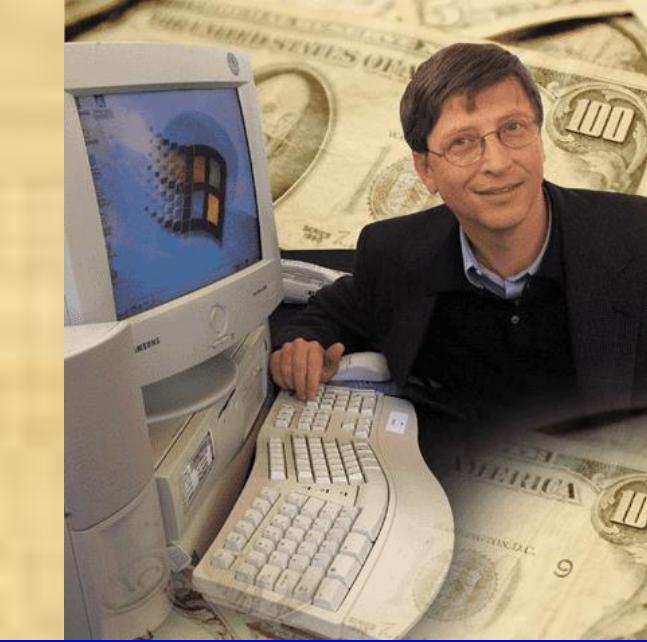
Knowledge



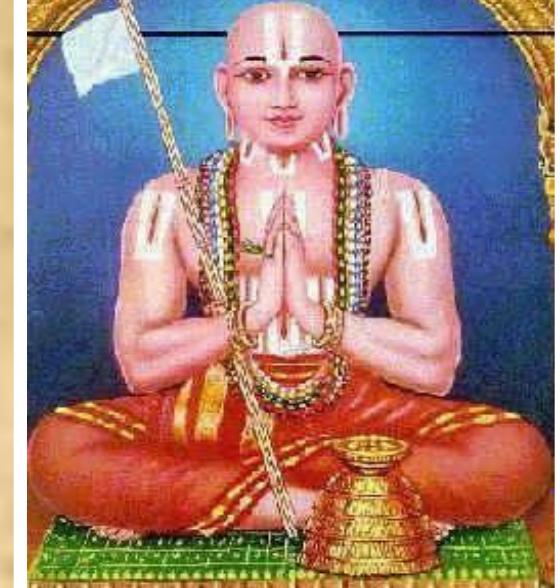
Sixth Opulence



Renunciation



Although there is no water in mirage, it shows real water must be elsewhere.
The short-lived and perishable opulences of this world indicate that the real
opulences must be in the spiritual world.



Vedanta model of this world

**The spiritual world is like a real Mango tree on the bank of a river.
The material world is like the reflection of the Mango tree in water.**



Theism presented in various traditions

1. Jewish

Burning Bush : Moses

Pillar of Fire : Save Israelites from Pharaoh's army

Thunderous voice : Proclaim 10 commandments

Youthful lover : Old testament book : Song of songs.

2. Christianity

Appears through Christ in New Testament

3. Islam

Allah, The Supremely great who manifests message through Prophet Mohammed.

4. Sanatana Dharma (Modern Hinduism)

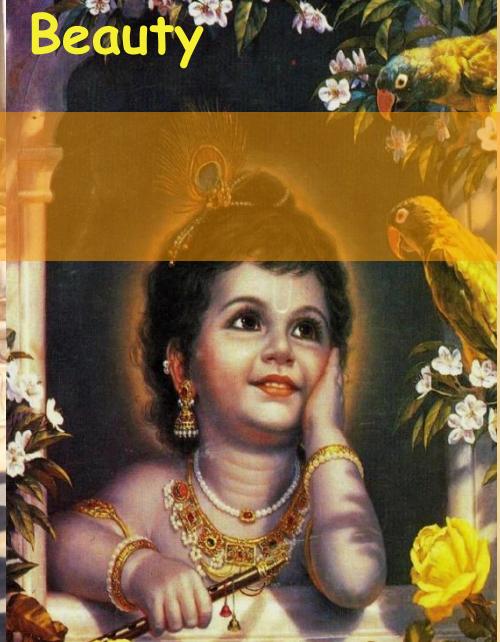
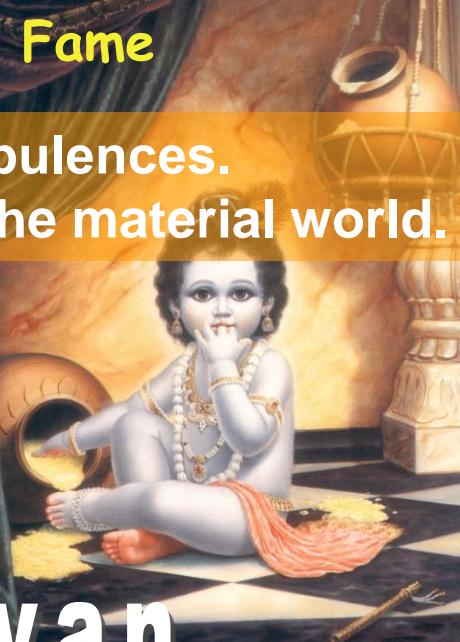
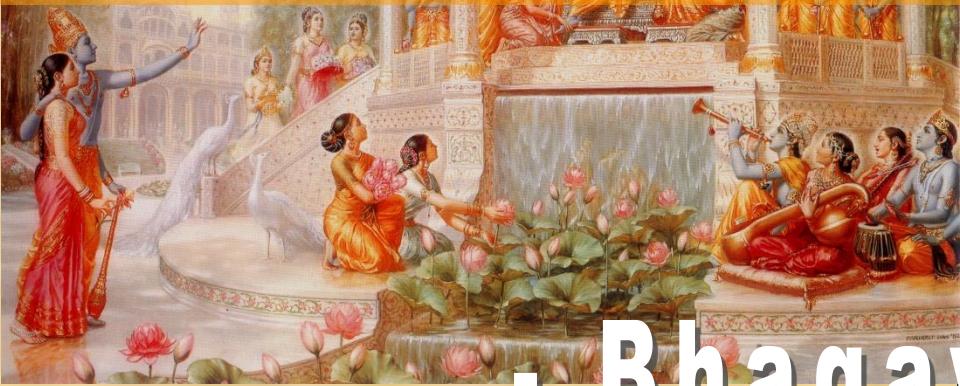
Vishnu coming in the role of Avatars (one who descends)

Wealth

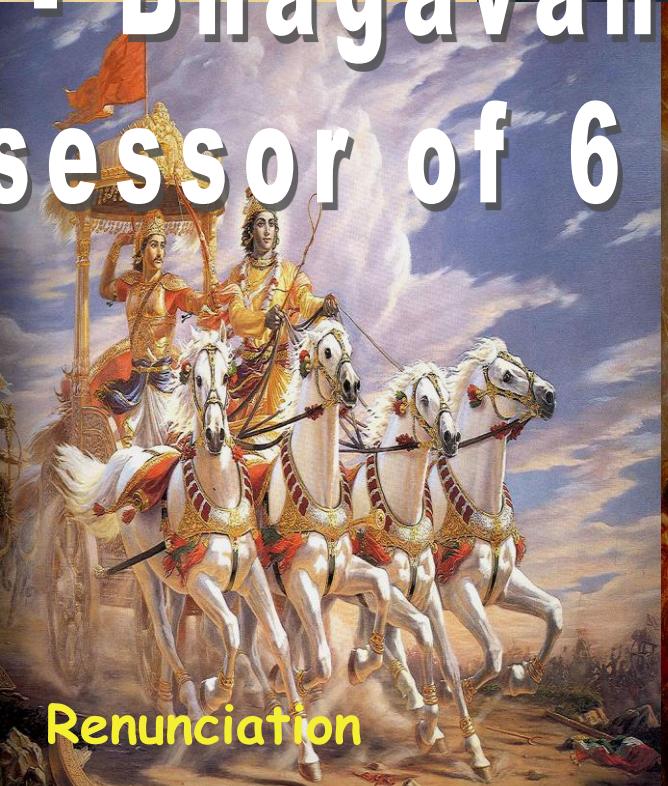
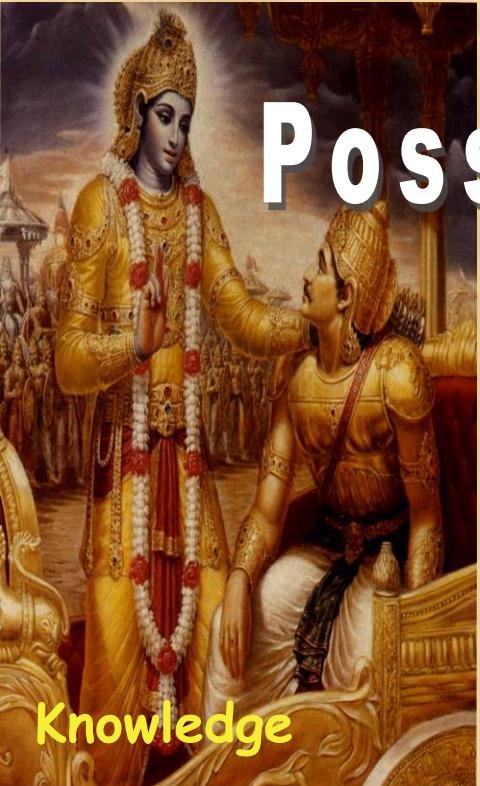
Fame

Beauty

'Bhagavan' is one who is full in six opulences.
These opulences reflect minutely in the material world.



- Bhagavan Possessor of 6 opulences



Knowledge

Renunciation

Strength

Among subduers I am time

- Lord Sri Krishna in Bhagavad gita 11



The bodies of beauty queens, who in their youth make men go crazy, become dried up in old age like grapes turned into raisins. Why can't the beauty of this world remain permanent?

Apparent Polytheism of the Vedanta model

The question of the 33 Crore God one hears of!!

1. Bhagavan : Potent and Potency

Krishna, Visnu, Matsya, Narasimhadev, Rama along with consort. Siva considered as an expansion for this world.

Concept of God's Feminine side in other traditions as well. Yang and Yin of the Taoist tradition, Logos-Sophia of the Christian tradition and Yahweh-Shekinah of the Hebraic tradition in Judaism.

2. Souls

Devatas (Demigods) like Brahma, Humans, Animals, Birds, Fishes, etc.

Session 9– Karma Mimamsa & Vedanta

(Questions related to chain of action & reaction)

1) Overview of the FIVE themes covered in SIX philosophies

2) Definition, Doubts and Applications of Theory of Karma

A portrait painting of Charles Darwin, an English naturalist and the author of "On the Origin of Species". He is shown from the chest up, wearing a dark brown coat over a white cravat and a light-colored waistcoat. He has powdered grey hair and is holding a long, thin object, possibly a feather or a piece of bone, in his right hand. His gaze is directed slightly to the left.

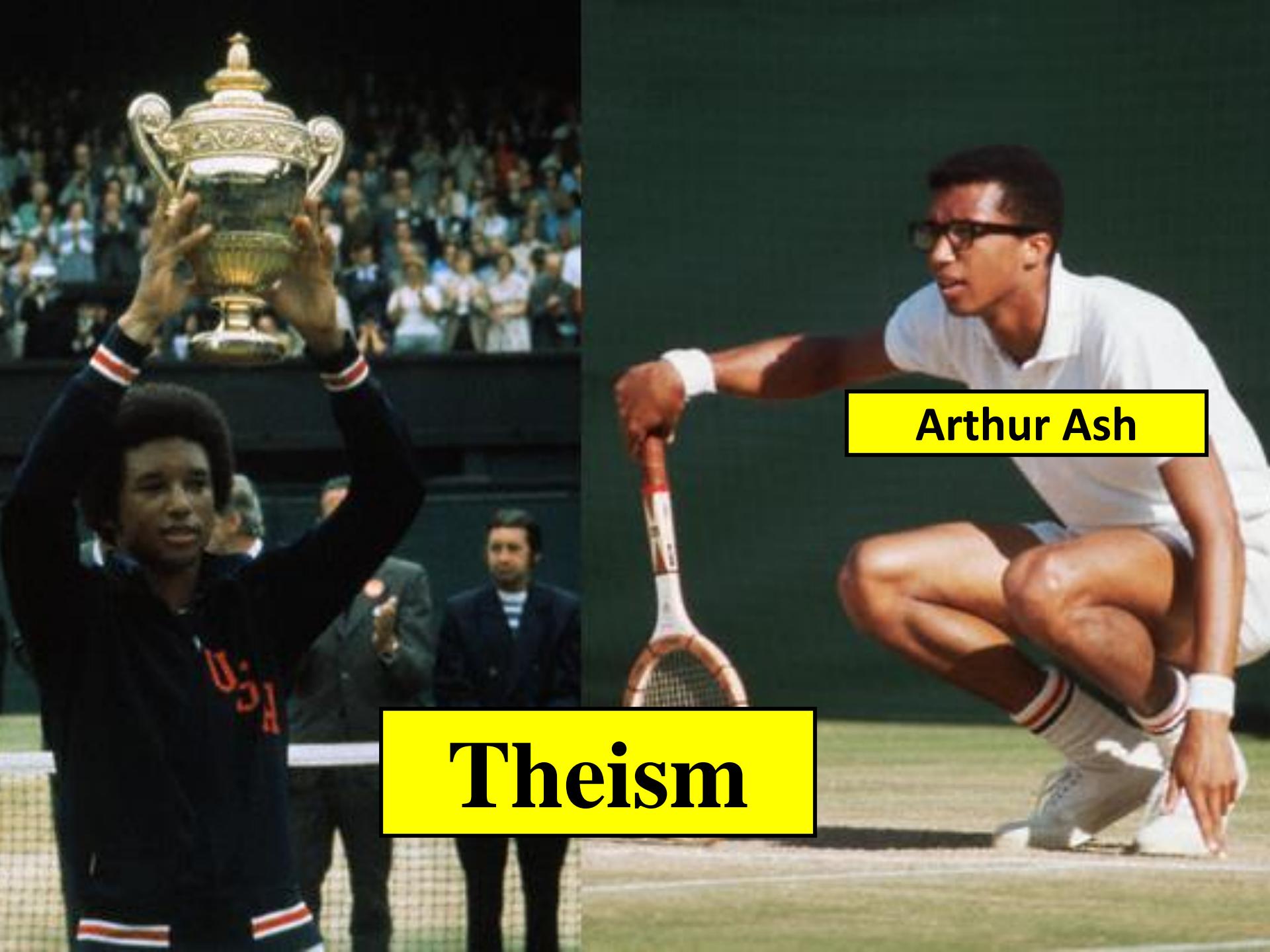
Charles Darwin

Atheism

THE ACCLAIMED NATIONAL BESTSELLER
HAROLD S. KUSHNER

**WHEN
BAD
THINGS
HAPPEN
TO GOOD
PEOPLE**

Deism

A collage of two photographs of Arthur Ashe. On the left, he is standing on a tennis court, holding a large silver trophy high above his head with both hands. He is wearing a dark polo shirt with 'USA' printed on it. In the background, a crowd of spectators is visible. On the right, he is captured in mid-air while playing tennis, wearing a white polo shirt and shorts, and wearing glasses. A yellow rectangular box contains the text.

Theism

Arthur Ashe

Five main topics discussed in these SIX Philosophies

Ishwar = Supreme Lord

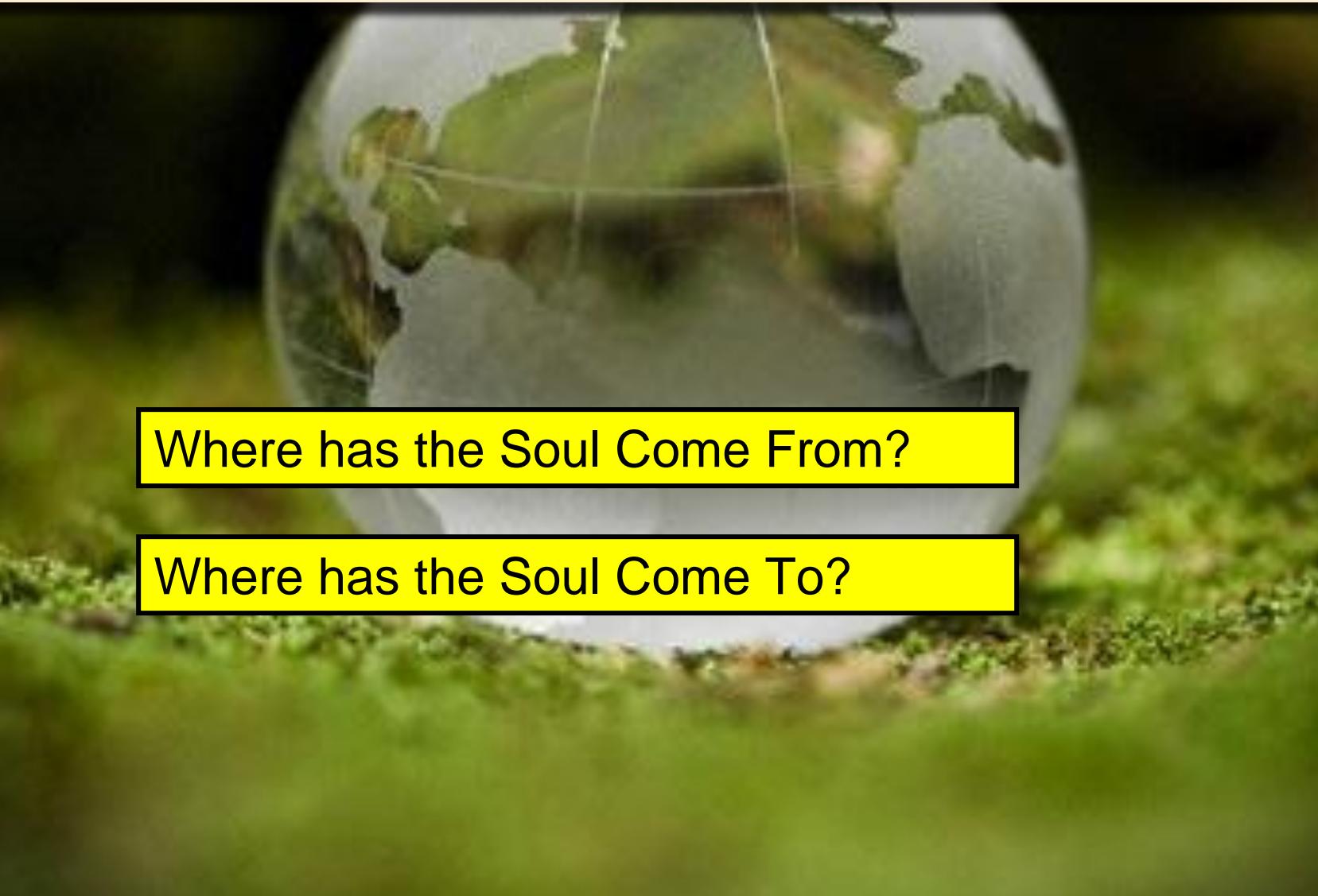
Jiva (Atma) = Spirit Soul

Prakrti = Material / Spiritual World

Kala = Time

Karma = Action / Reaction

Material World (Prakrti)



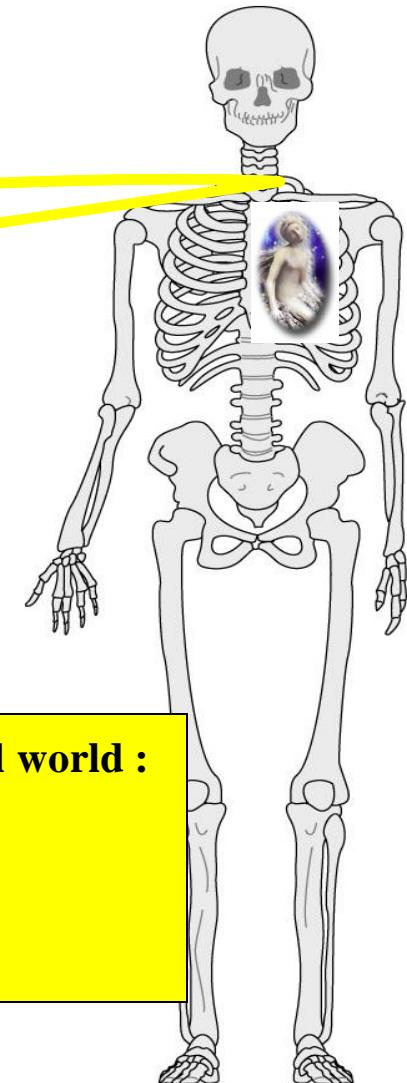
Where has the Soul Come From?

Where has the Soul Come To?



Why has the soul come here?

Tried to become Independent (of G)



When the soul leaves the spiritual world it comes to material world :

1. Forgets true identity as soul
2. Identifies with material body of flesh & bones

Why has the soul come here?



Servant trying to enjoy independent of
master is a thief and will suffer

This World.... Dukhalayam & Ashasvatam



Why did GOD create such a messy place?

What are the possible things needed to be planned while planning a city?



What are the possible things needed to be planned while planning a city?



Prison House

What is the need of a Prison House?



1. Punishment.

~~why?~~

2. Purification

What is the need of a Prison House?



1.Punishment

Birth



Death



Old Age

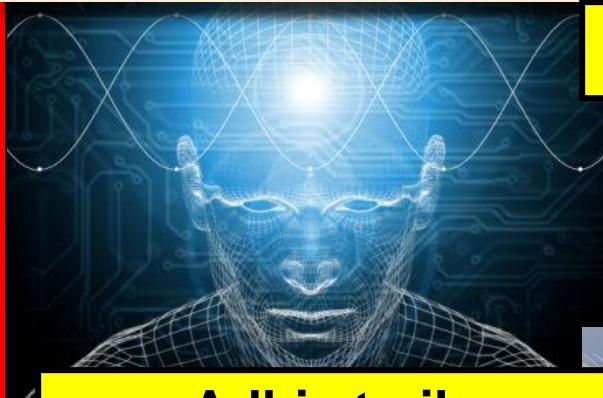


Disease

P

What is the need of a Prison House?

1. Punishment



Adhi atmika
Miseries from body & mind



Adhi bhautika
Miseries from other entities



Adhi daivika
Miseries from natural
disturbance

P

What is the first thing done to a prisoner?



C

How are we bound in this Prison House (Material World)?



3 Chains = 3 Modes of Material Nature

How are we bound in this Prison House (Material World)?



C

3 Modes (chains) of Material Nature

Goodness	Passion	Ignorance
A class jail	B class jail	C class jail
Golden Chain	Silver Chain	Iron Chain
Characteristics :	Characteristics :	Characteristics :
Freedom from sins Sense of Happiness	Unlimited Desires Opposite Sex Attraction	Sleep & Laziness Intoxication

C

Life : Time Cycle



1. Birth



2. Growth



3.
Maintai
n

4.
Produc
e



5.Dwin
dle



LAW Of KARMA

6.
Death





We live in a world where each one of us is
unique.

IS “GOD”
partial to some
?

Another perplexing
question ...

Why do innocent
children get killed ?

More so when many didn't do
anything wrong !!!



**GOD is compared to a judge
The same Judge awards**



The same Judge awards
Rigorous Imprisonment to one



The same Judge awards
plenty of compensation to the other



Why is the Judge awarding different judgements?



**The Lord is seated as the Parmatama in
everyone's heart, a witness to our activities**

FAQ 1 : How does the Law of Karma work?

Who am I?

Soul

Desire

Where am I?

Material
World

What situation am I in?

Material Body

Execution

What am I bound by?

3 Modes

What is controlling me?

Time

Who is watching me?

Parmatma

Judge

FAQ 1 : How does the Law of Karma work?

Soul = Customer

**Material Nature =
Waiter, Cook**

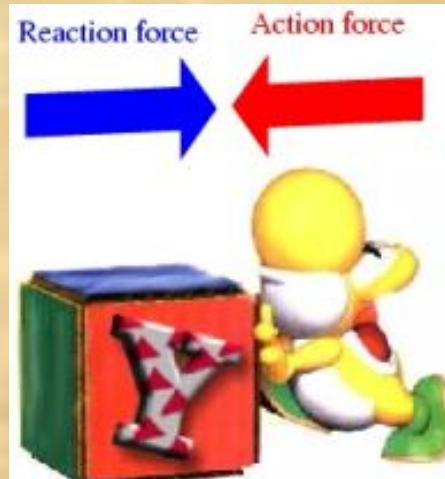
Judge = Cashier





What is Karma?

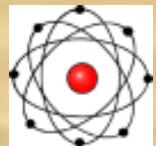
For every action,



Newton's law is just a small subset of the universal Law of Karma

there is an equal and opposite reaction!





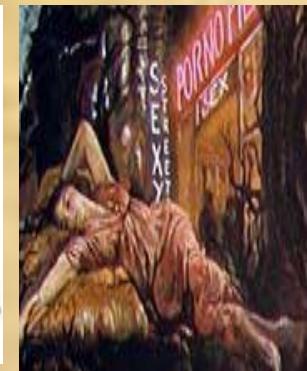
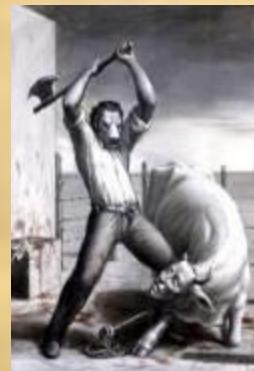
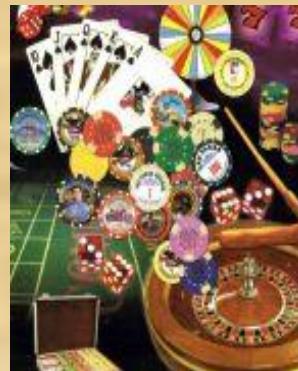
The Science of Karma - I

KARMA

Actions performed in terms of one's prescribed duties as mentioned in the revealed scriptures

VIKARMA

Actions performed by the misuse of one's freedom which direct one to the lower life forms



AKARMA®

Actions which free one from the cycle of birth and death



The Logic of Karma - I

Impartial



Inexorable

**All of nature obeys laws;
why should humans be an
exception ?**

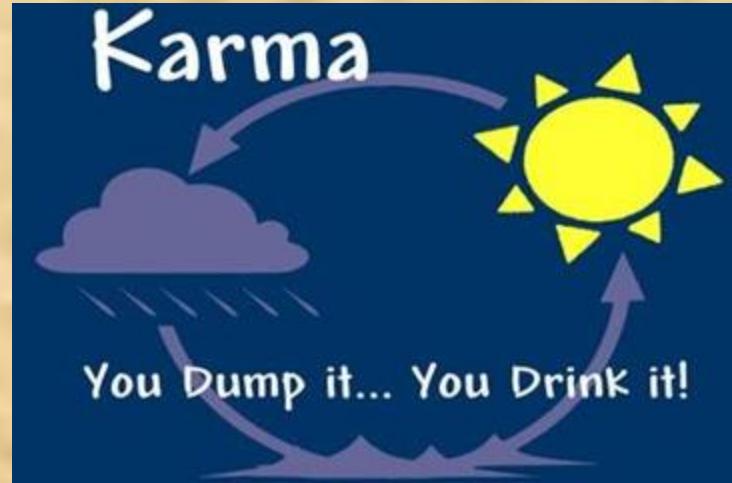
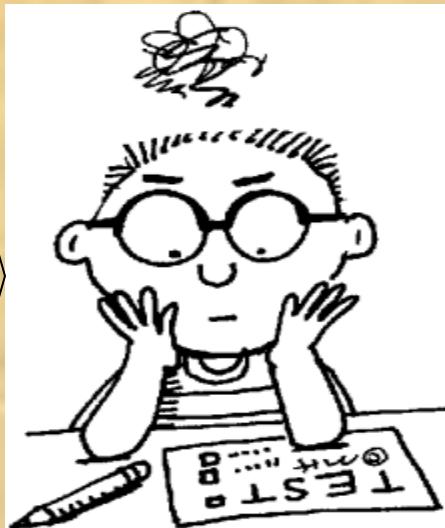
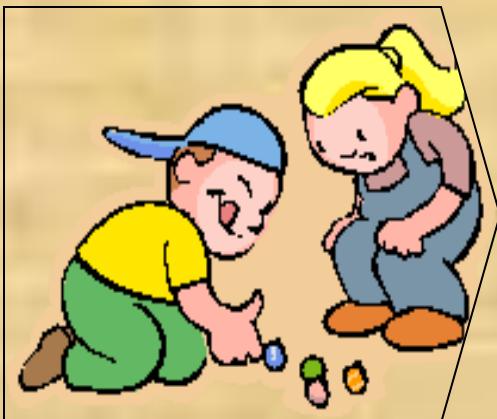
**We can never break
any laws; we can only
break ourselves**



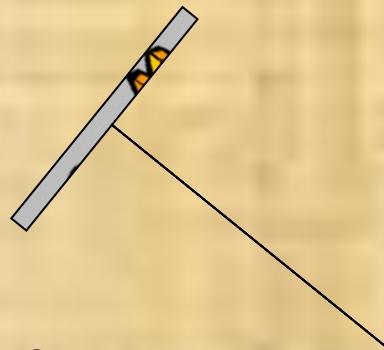


The Logic of Karma - II

Cause || **Effect**



When you see an effect, you enquire about the cause





The Logic of Karma - III

We train our subordinates by

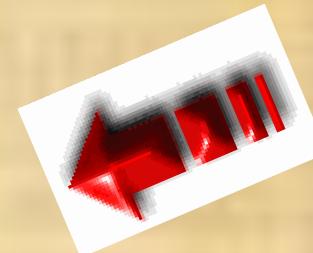
Will God not do the same?



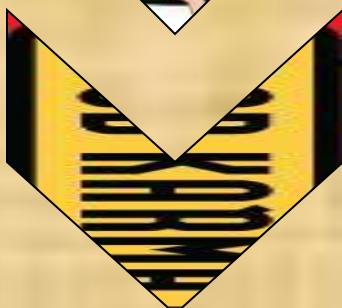


The Doubts about Karma - I

Why do bad people flourish?

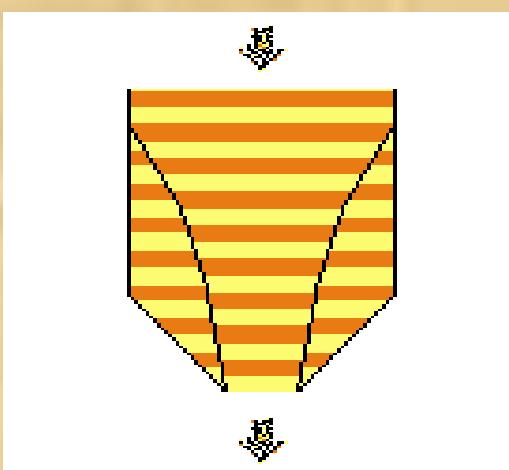
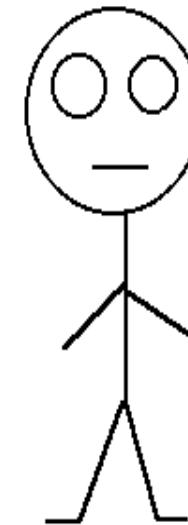


The Doubts about Karma - II



**Karma gets stored like grains
are stored in Silos**

What goes around, comes
around!

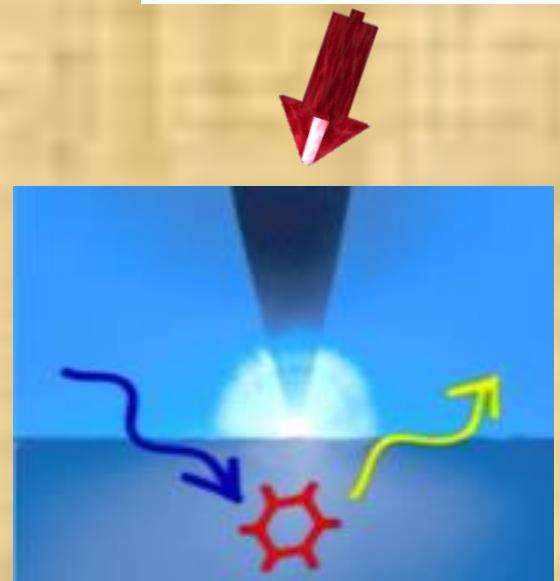


The Doubts about Karma - III

Why to suffer now for the actions of previous life?



Just as different seeds fructify after different time durations, so do different karmic actions – some in the present life and some in future lives

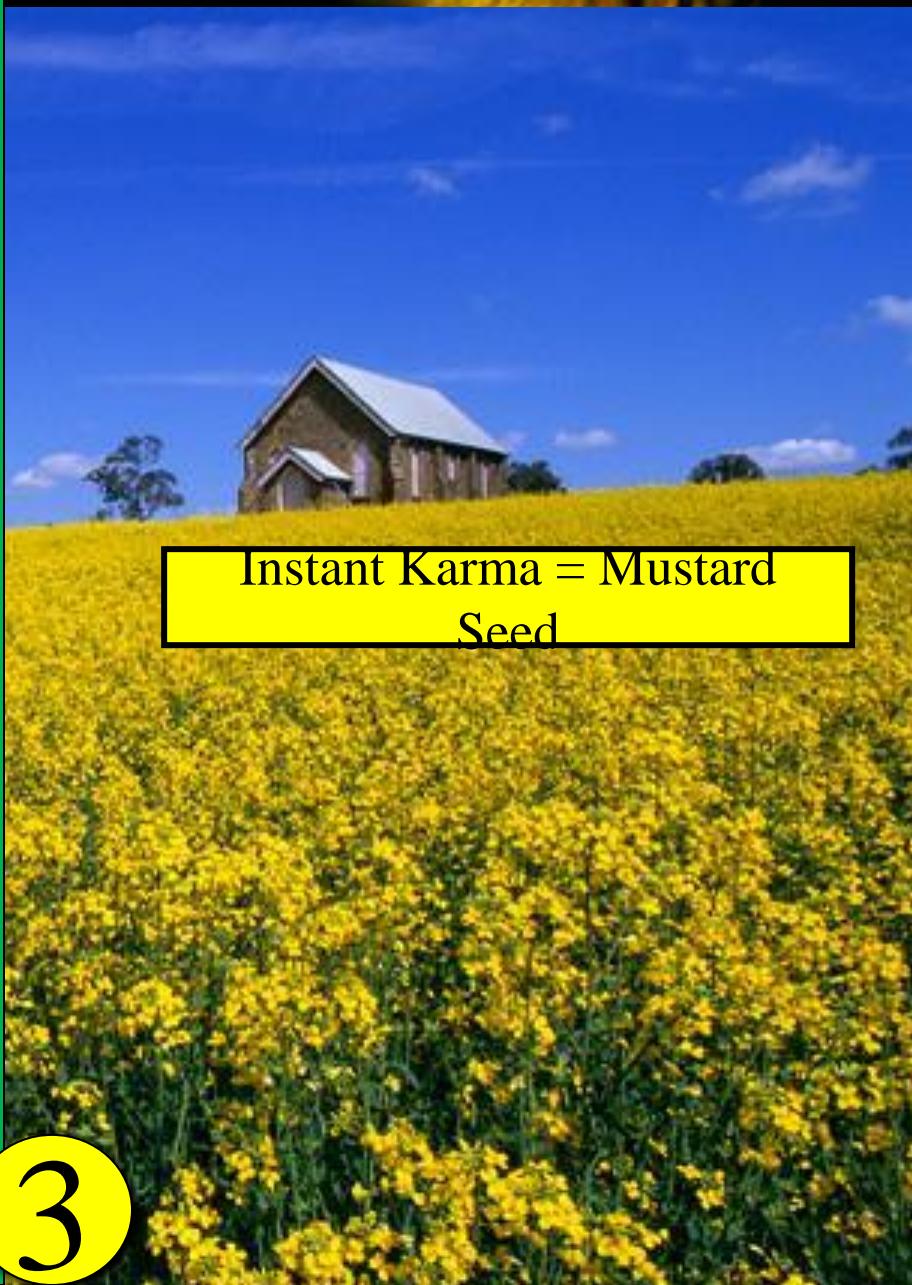




Instant Karma –
ATM



Delayed Karma –
Cheque



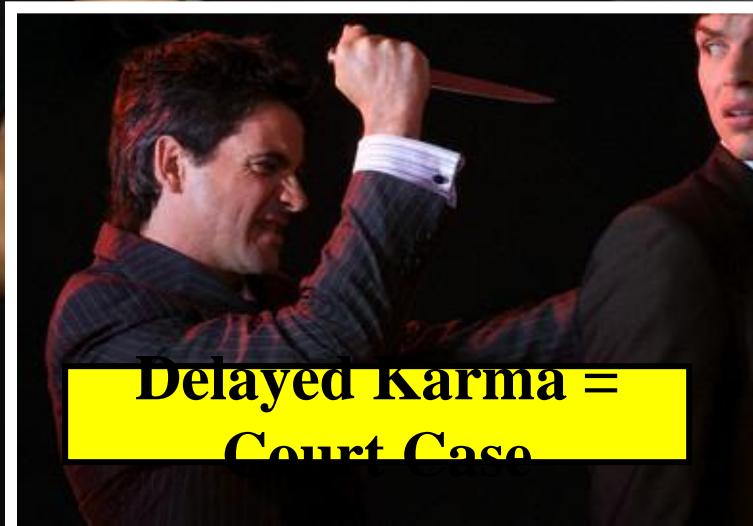
Instant Karma = Mustard
Seed



Delayed Karma = Coconut tree



**Instant Karma =
Slap**

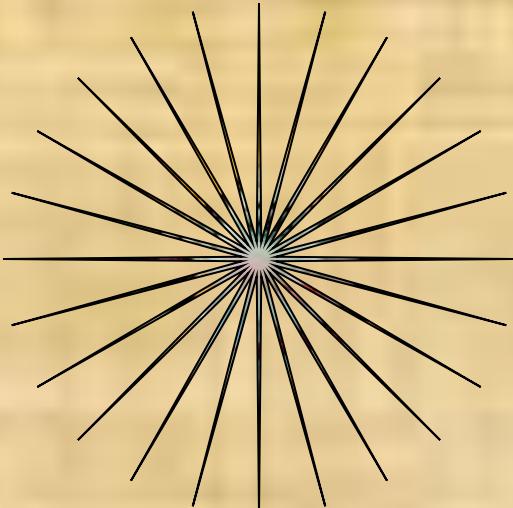


**Delayed Karma =
Court Case**

3

The Doubts about Karma - IV

**Why doesn't one
get all karmic
reactions come in
this life itself?**



कर्मणो ह्यपि बोद्धव्यं बोद्धव्यं च विकर्मणः ।
अकर्मणश्च बोद्धव्यं गहना कर्मणो गतिः ॥

*karmaṇo hy api boddhavyam
boddhavyam ca vikarmaṇah
akarmaṇaś ca boddhavyam
gahanā karmaṇo gatiḥ*

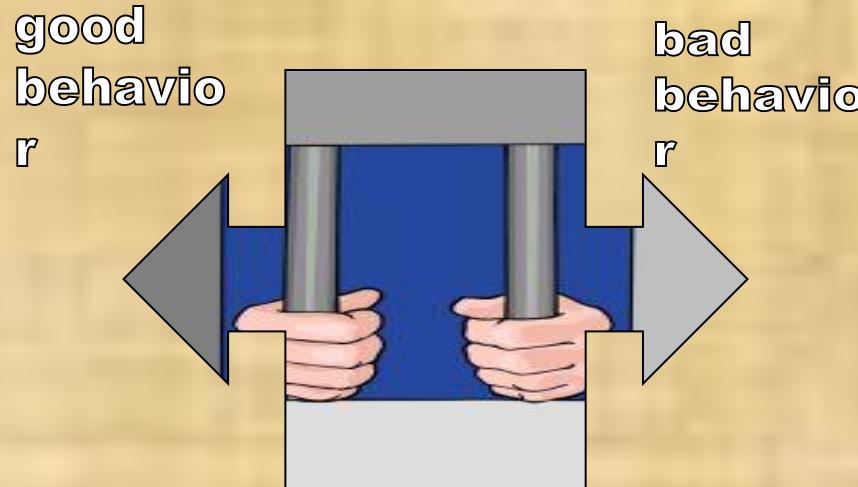




The Doubts about Karma - V

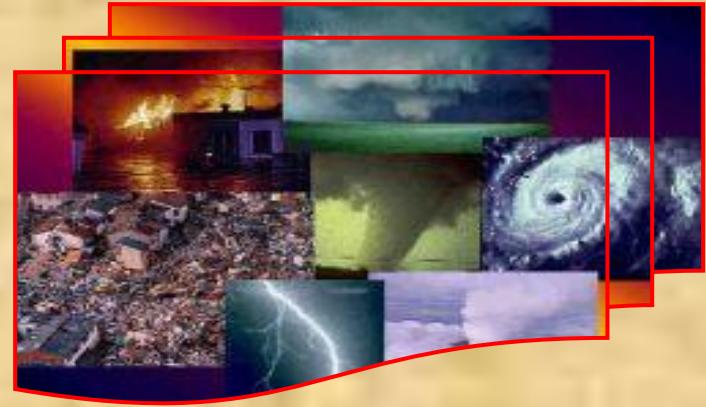
Why are the ignorant punished?

Ignorance is not an excuse for sin; it is the consequence of the sin



The Doubts about Karma - VI

Why do natural calamities kill thousands of innocent people?



Natural calamities kill in mass; but they don't kill blindly



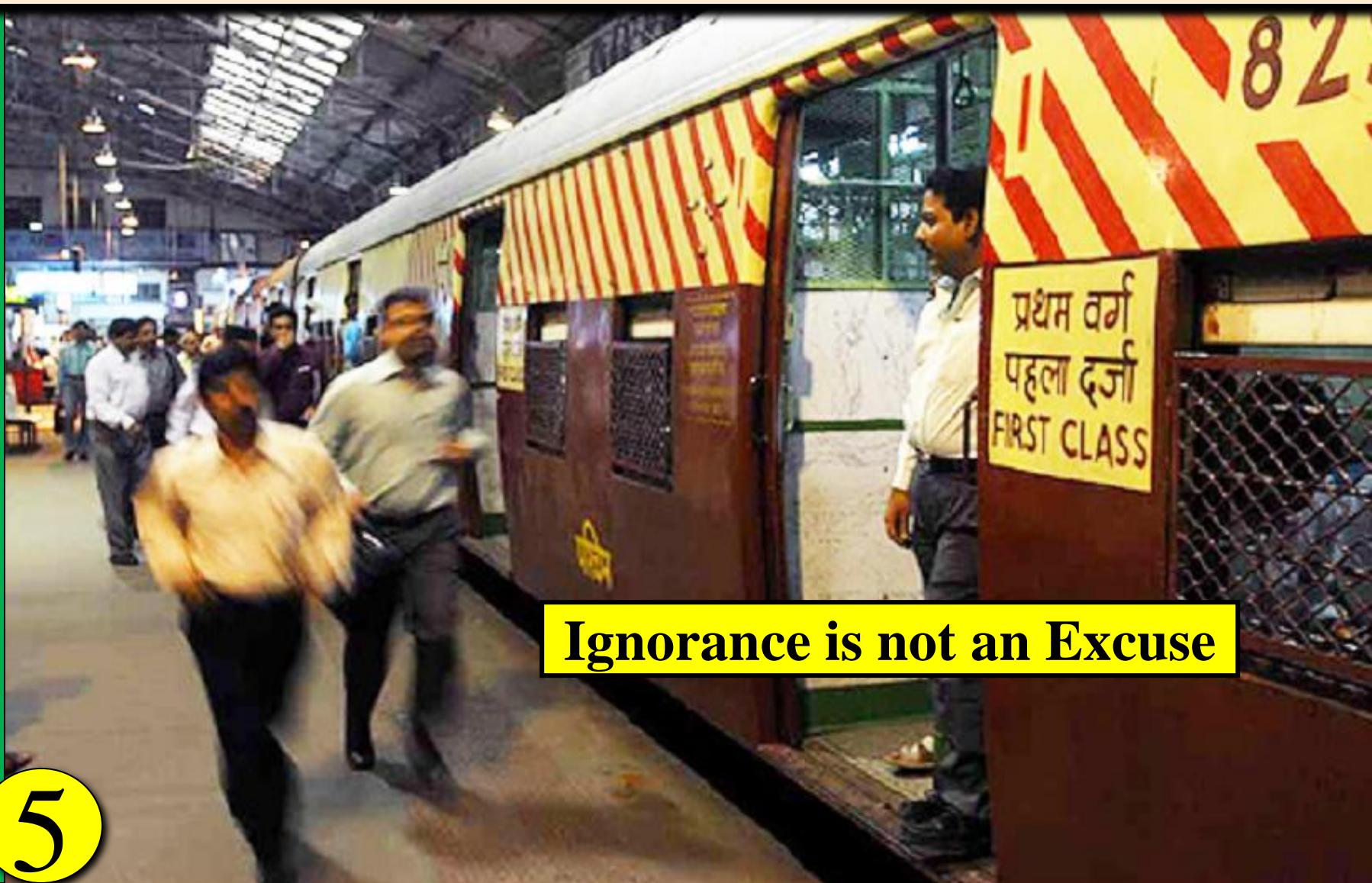
Doubts on Karma : 7.The Law of Karma works on whom?



4

Collective Karma = Family, National, Leader

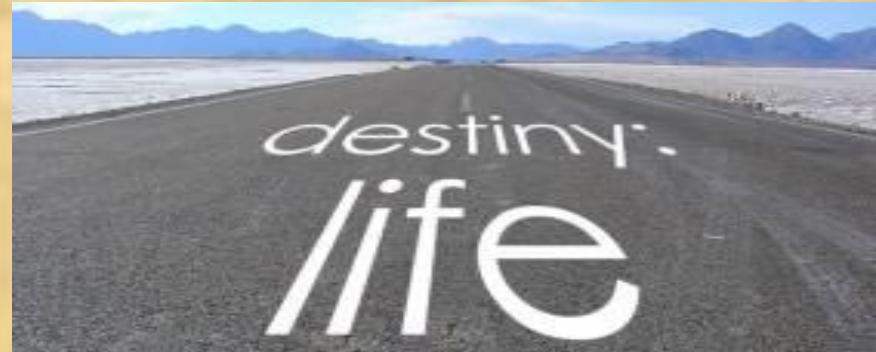
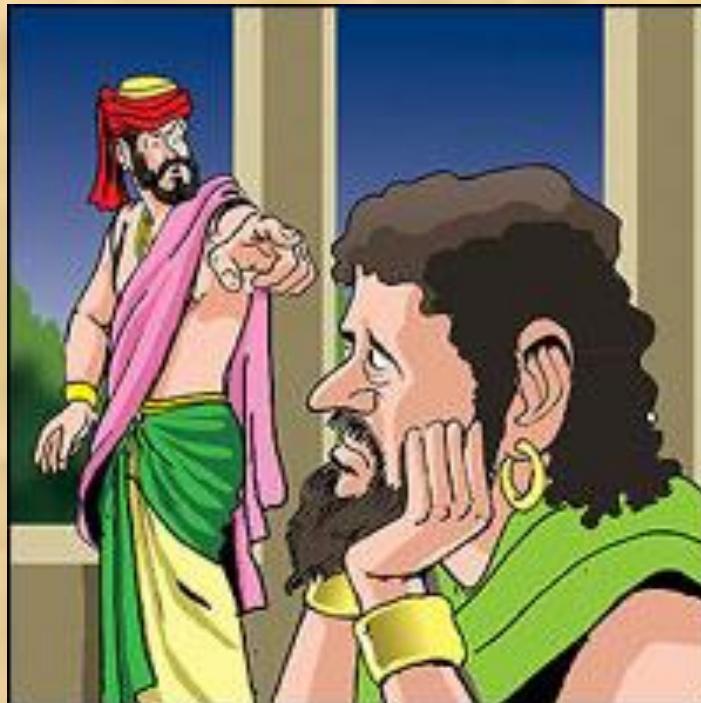
Doubts on Karma : 8: If I don't know the Law of Karma will it still work?



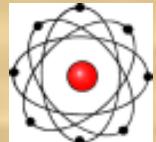


The Science of Karma - II

**We make our destiny
by our karma**



**Destiny determines the
consequences of our
actions, not our actions
themselves**



The Science of Karma - III

Karmavada



Everything is in
my hand



Nothing is in
my hand

Daivavada



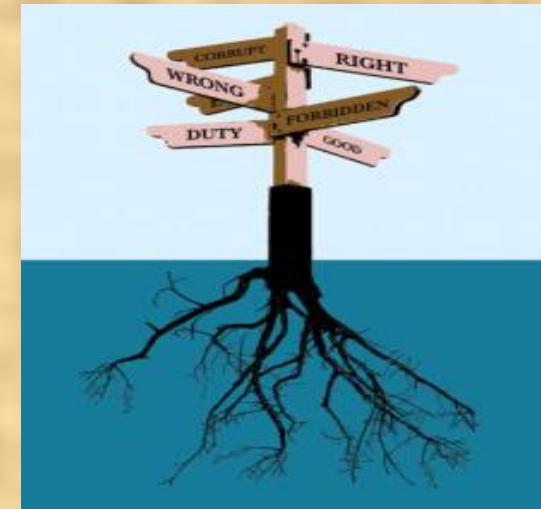
Benefits of Science of Karma - I

Social:

It is the foundation of morality.

If somebody announces, “No police in this city. Pl follow the laws”.

What would happen?



Benefits of Sc of Karma : III Human Life is like a Train Junction

Junction is a place where you can make a choice

How are humans special?

- A: Ability to Inquire**
- B: Bliss**
- C: Choice**
- D: Determination**

Session 10- Philosophy behing YOGA (four types of yoga)

1 The Puranic Model of worship

2 The Four Yoga Systems Summarized.

PASSION

IGNORANCE

GOODNESS

Puranas prescribe worship for people in different Modes



Apparent Polytheism of the Vedanta model

The question of the 33 Crore God one hears of!!

1. Bhagavan : Potent and Potency

Krishna, Visnu, Matsya, Narasimhadev, Rama along with consort. Siva considered as an expansion for this world.

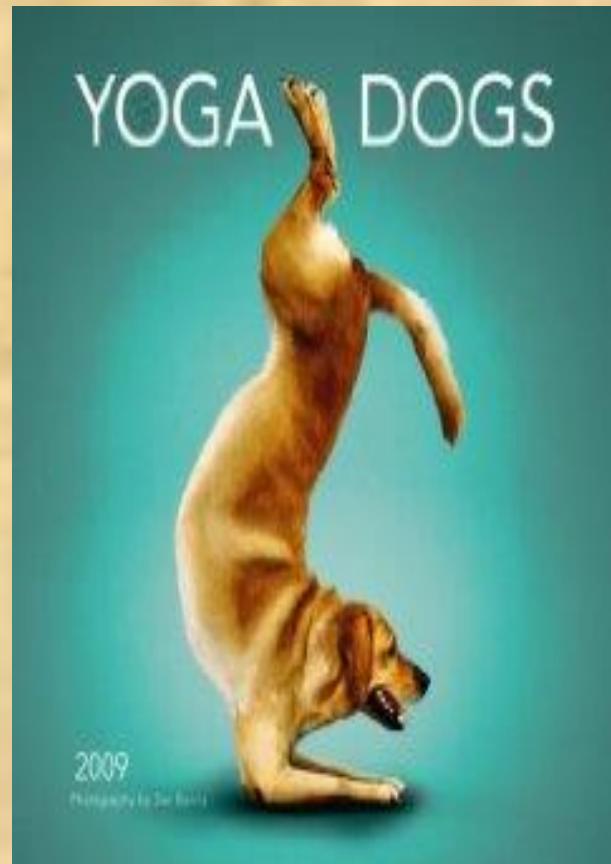
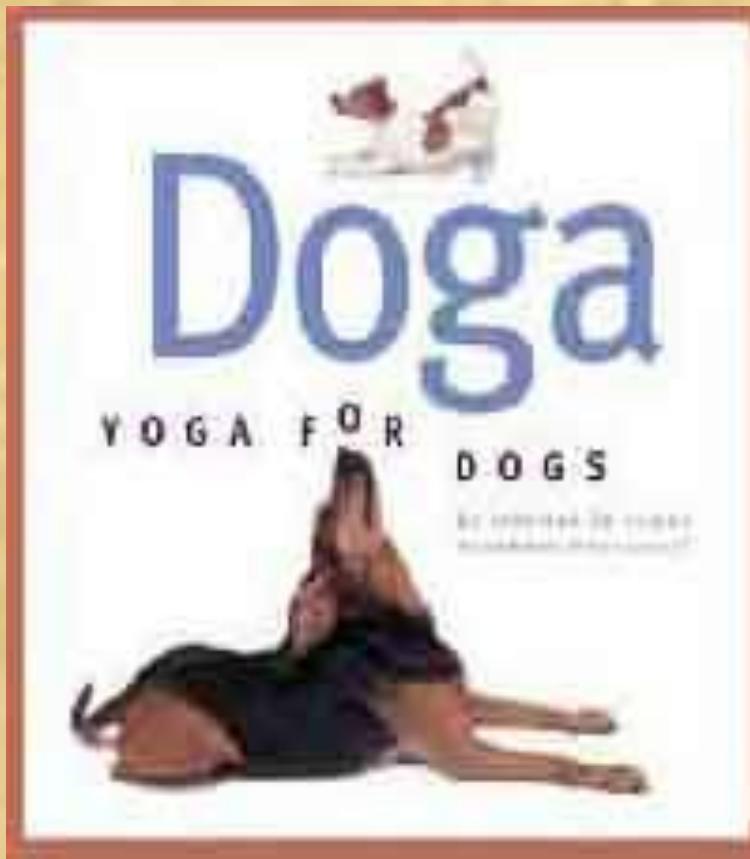
Concept of God's Feminine side in other traditions as well. Yang and Yin of the Taoist tradition, Logos-Sophia of the Christian tradition and Yahweh-Shekinah of the Hebraic tradition in Judaism.

2. Souls

Devatas (Demigods) like Brahma, Humans, Animals, Birds, Fishes, etc.

What is yoga?

We can do it too!

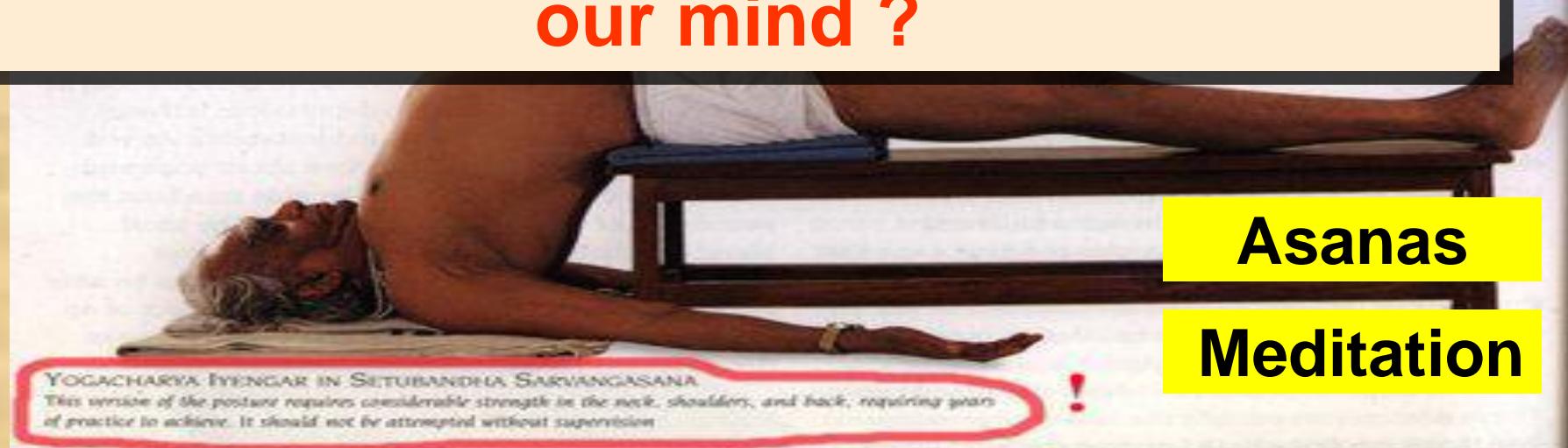


So can we!

Kitty Yoga



When we think of Yoga what comes in our mind ?



YOGACHARYA IYENGAR IN SUPTABANDHA SARVANGASANA.

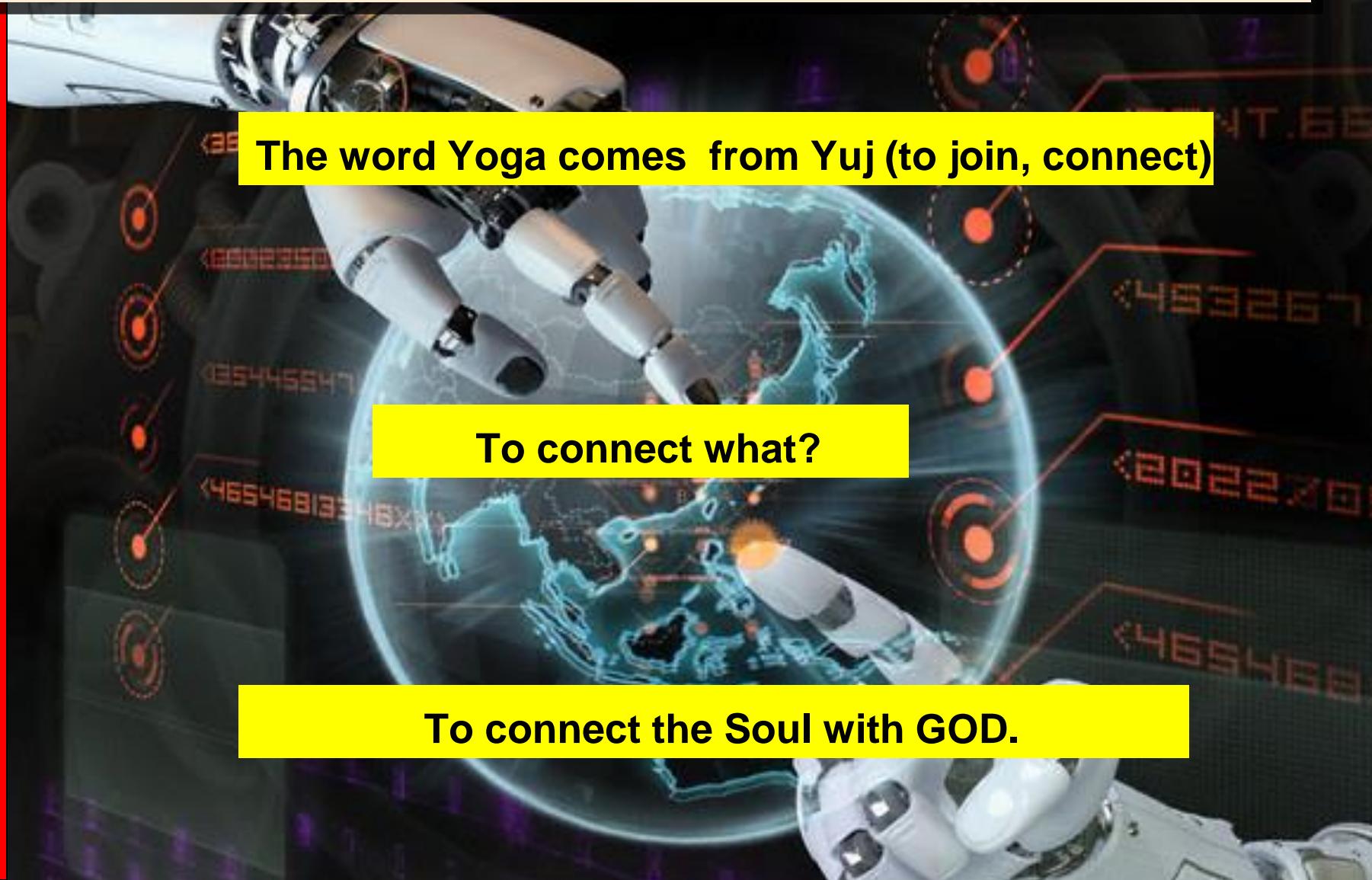
This version of the posture requires considerable strength in the neck, shoulders, and back, requiring years of practice to achieve. It should not be attempted without supervision!

Asanas

Meditation

Y
O
G
A

What is Yoga?



Y
O
G
A

Introduction to Yoga as a system to improve nature

YOGA:*citta vrtti nirodhah.*(Deal with Fluctuations of mind)

Practice (abhyasa) and detachment (vairagya)

Mind as a river between 2 banks

Without rules one sinks

- SATTVA knowledge
- RAJAS action
- TAMAS ignorance

Regulate Action in Society

- Rules of action produces elevation in gunas.
- Rules for people in tama guna--sudra
- Rules for people in raja guna—vaisya and ksatriya
- Rules for people in sattva guna--brahmana

What are the four kinds of Yoga?

1	Karma Yoga	Senses are the connection medium
2	Jnana Yoga	Mind is the connection medium
3	Dhyan Yoga	Intelligence : the connection medium
4	Bhakti Yoga	Soul : the connection medium

Nirguna

Bhakti
Yoga

Sattva Guna

Astanga Yoga

Jnana Yoga

Niskama Karma
Yoga

Raja Guna

Sakama Karma
Yoga

Tama Guna

Application of Karma yoga to relationships

Four kinds of relationships

- Shosan – exploitation
- Spardha – competition
- Sahakara – cooperation
- Samarpana –dedication

Four kinds of relationships

a. Shoshan

Unconscious Exploitation

Conscious Exploitation . Leads to Revolt

Exploiting superiors as well as inferiors.

Creates rebellion and conflict.

Using Sastra to exploit.

Four kinds of relationships

b. Spardha

Happens between equals

Students and Professionals

Mumbai Kidnap case

Four kinds of relationships

c. Sahakara

Minimum requirement of a civilized society

Beginning of sustainable relationship (Bargain)

e.g. 3rd Chapter BG (paras param bhava yanta sreya.....)

Four kinds of relationships

d. Samarpan

Nishkama Karma Yoga : I will do my duty in efficient way because it is my duty i need to perform my role in any situation.

Exploitation and competition do not create good legacy

Even cooperation because it is very suffocating does not create good legacy.

But practicing niskama karma creates good legacy.

NISKAMA KARMA YOGA ADVANTAGES

Key Benefit : Clear expectation in life

Both obsession & denial is a problem. Accepting is natural.

Key fault in not practicing.

Attachment to result : Too much excitement & bondage

Aversion to result : Depression (Expectations) (Scorpion bite)

When you do your duties in samarpana bhava, it enhances your qualities and it increases your results and at the same time, your expectations are not specific. If your expectations are not fulfilled, you do not get frustrated.

You do not need any counselling.

- Jnana Yoga
- Separates body from self by study of Vedanta using intelligence



- As a blazing fire turns firewood to ashes, O Arjuna, so does the fire of knowledge burn to ashes all reactions to material activities.
- BG 4.37

- Astanga-yoga

separates subtle
body from atma by
controlling mind
through meditation



Astanga-yoga

the eight divisional yoga system

1. Yama

controlling the senses

2. Niyama

following the rules and regulation

3. Äsana

practicing the sitting posture

4. Pranayama

breath control

Astanga-yoga

the eight divisional yoga system

5. Pratyähära

controlling the senses from sense enjoyment

6. Dhärana

concentration

7. Dhyäna

meditation

8. Samädhi

trance

Yamas (five restraints)

nonhurting (ahimsa)

nonlying (satya)

nonstealing (asteya)

sensory control (brahmacharya)

nonpossessiveness (aparigraha)

Niyamas (five observances)

[austerity, study, surrender = kriya-yoga]

purity (sauca)

contentment (santosa)

austerity (tapas)

study (svadhyaya)

surrender (isvara pranidhana)

Five states of Mind as per Yoga Philosophy

- a. **Disturbed (ksipta)** constantly disturbed by external stimuli, but it does not know how to discriminate what is beneficial from that which is useless : TAMAS

- b. **Stupified (mudha)** haracterized by inertia, vice, ignorance, lethargy, and sleep. In this state, mind is so sluggish that it loses its capability to think properly and becomes negative and dull. : TAMAS

2. Five states of Mind as per Yoga Philosophy

- c. **Restless (Vikshipta)** : Mind runs from one object to another but never stays anywhere consistently. : RAJAS
- d. **One pointed (Ekagra)** : conducive to concentration, and the aim of the yoga system is to develop or to maintain this state of mind for as long and as consistently as possible. : SATTVA
- e. **Well controlled (Niruddha)** : consciousness reflects its purity and entirety in the mirror of mind, and one becomes capable of exploring one's true nature. : SATTVA

What is Bhakti Yoga?



- Connection of Soul to GOD

B
H
A
K
T
I

What is the Nature of the Soul?

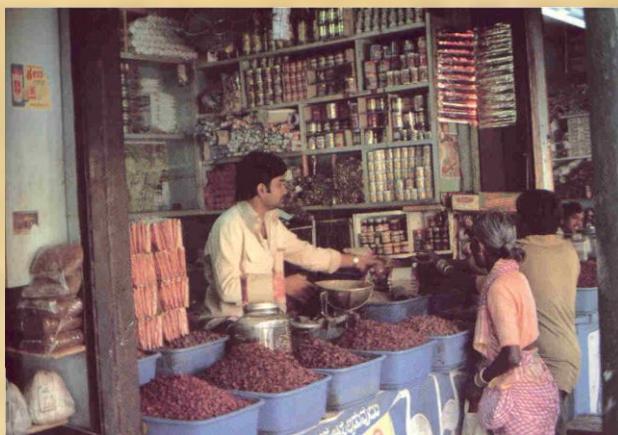
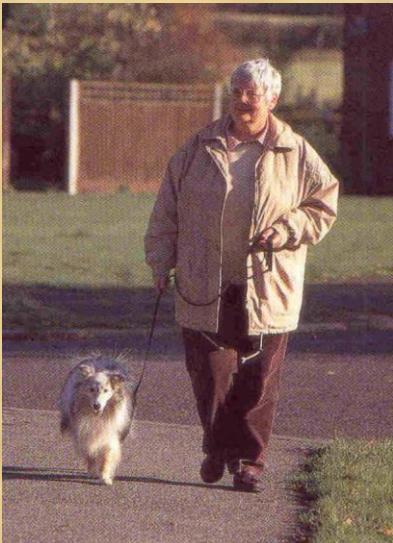
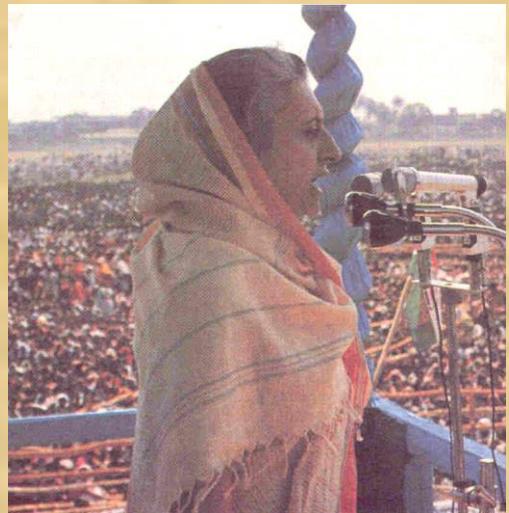
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- 
1. Sat (Eternal)
2. Chit (Knowledge)
3. Ananda (Bliss)

What is the Activity of the Soul?

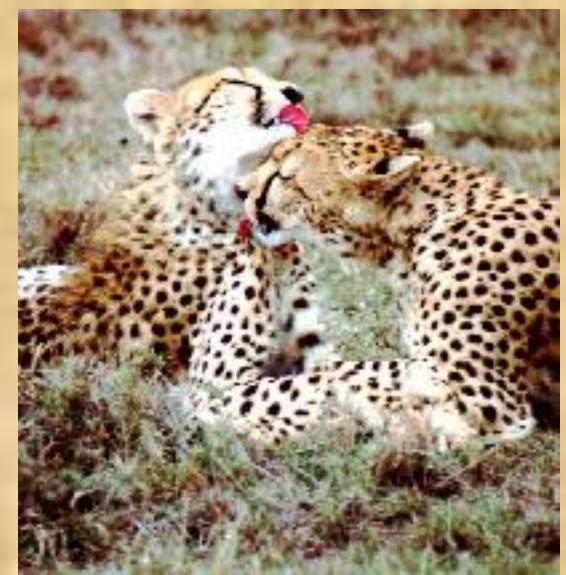
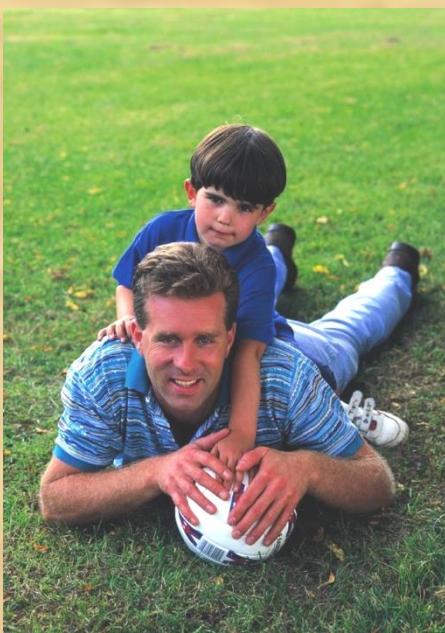
- 
- B
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- 1. To Love &**
 - 2. To Serve**

NO LIVING BEING IS EXEMPT FROM RENDERING SERVICE TO OTHER LIVING BEINGS



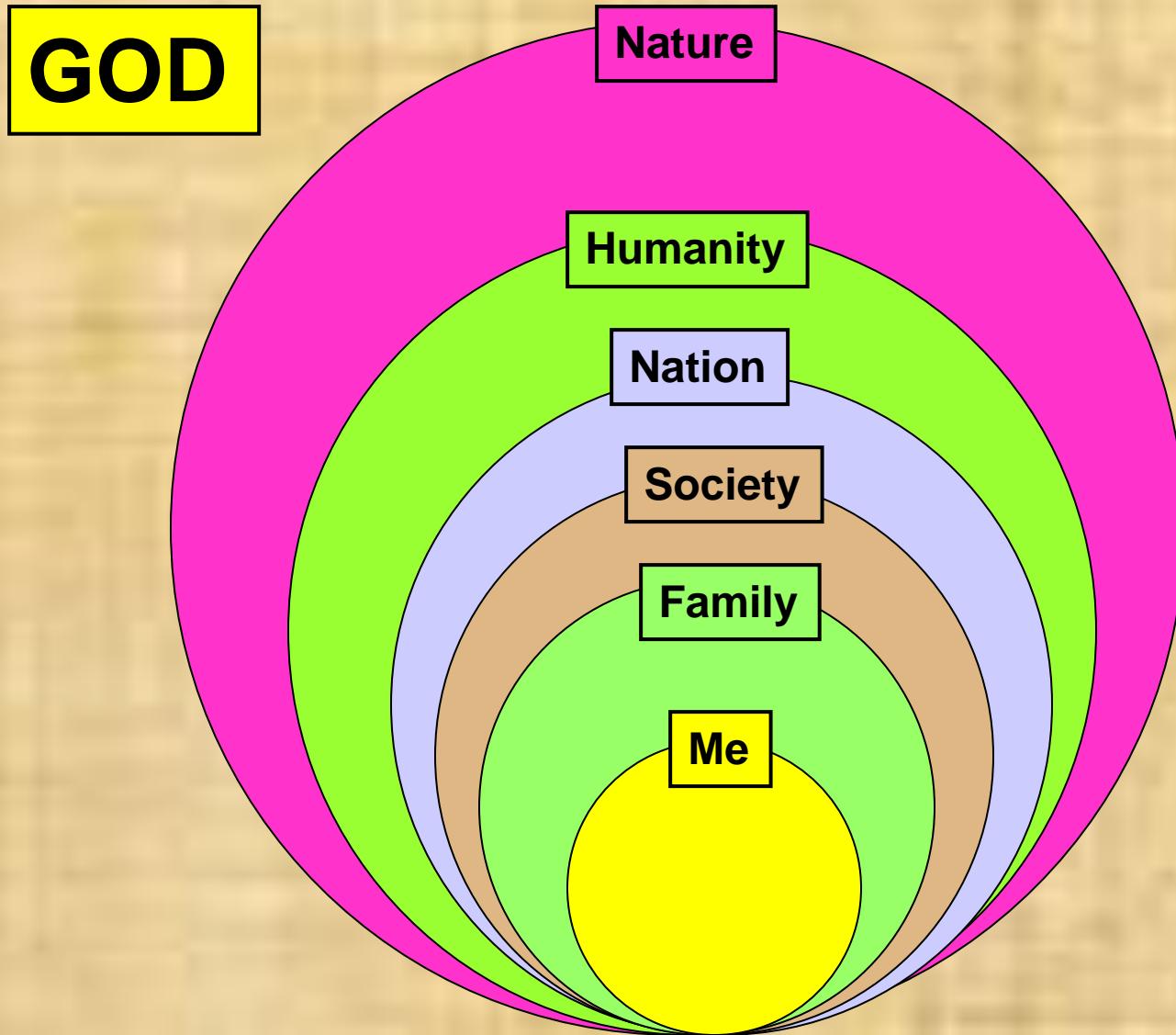
But our relationship and service for others
in this world is temporary.

**NO ONE CAN LIVE WITHOUT LOVING SOMEONE
ELSE**

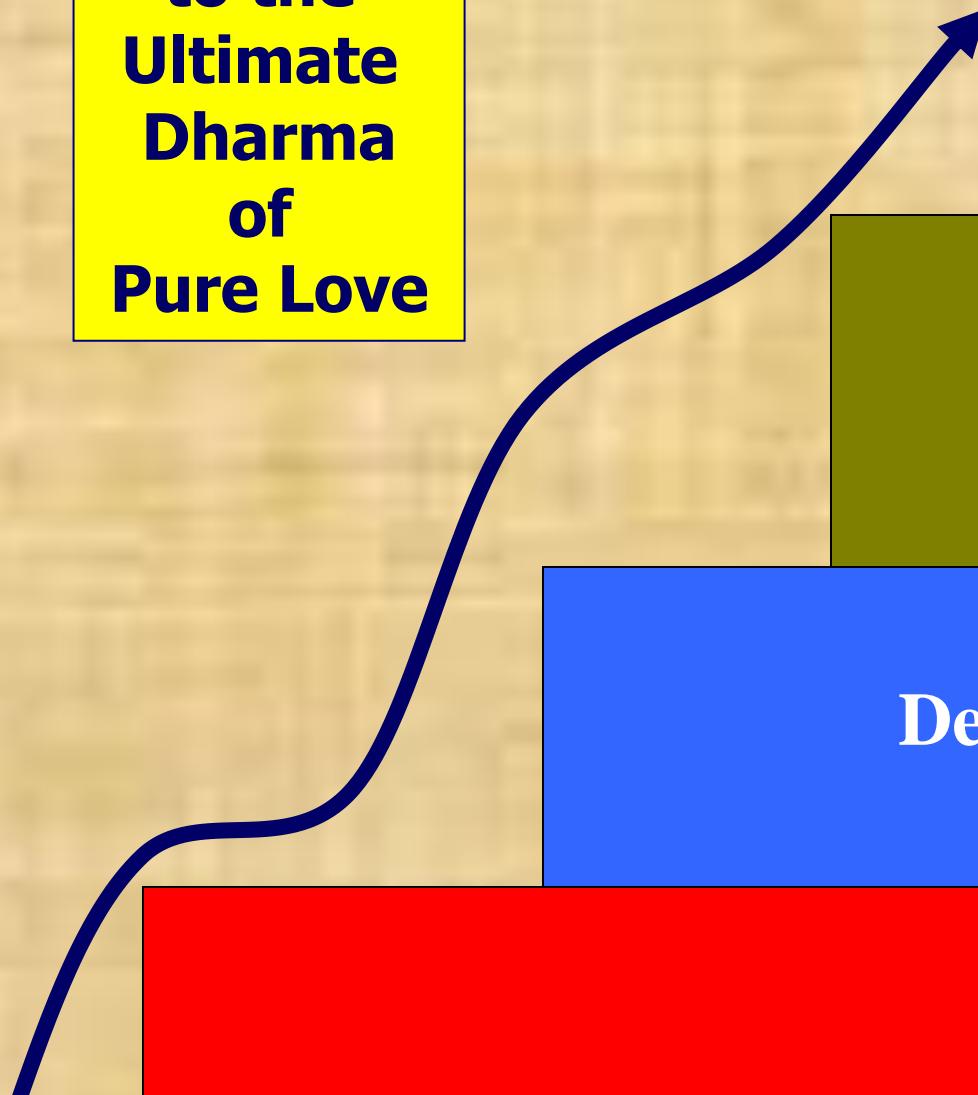


**THIS RELATIONSHIP
AND LOVE IS
TEMPORARY**

Expansion of Love

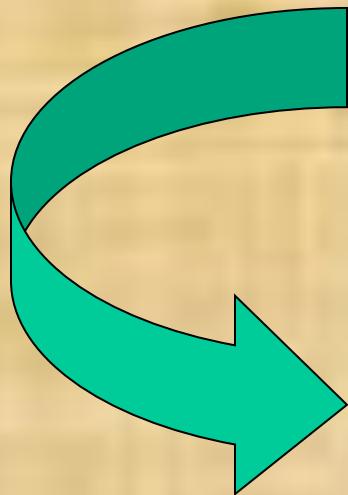


Ascending to the Ultimate Dharma of Pure Love



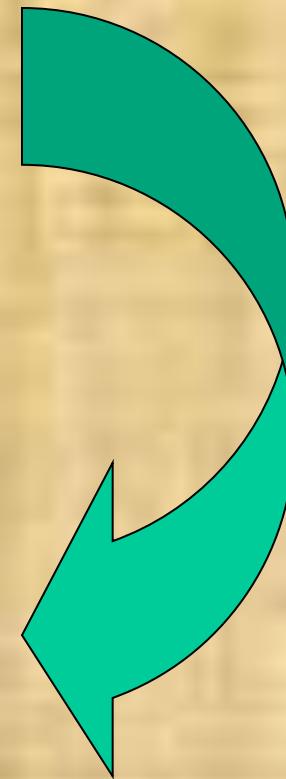
What is a mantra?

MAN + TRA



MIND

DELIVER



Bhakti traditions in India

OM NAMO BHAGAVATE VASUDEVAYA : Madhvas

OM NAMO NARAYANAYA : Sri vaisnavas

SRI KRISHNA SARANAM MAMA : Nimbarkas

JAYA JAYA RAMA KRISHNA HARI : Warkaris

HARE KRISHNA HARE KRISHNA KRISHNA KRISHNA HARE
HARE

HARE RAMA HARE RAMA RAMA RAMA HARE HARE : Gaudiyas

A
C
T
I
O
N



Mantra Meditation leads to a Relaxed state of Mind with Alertness

Benefits of Science of Karma - II

Individual:

Helps us make sense of our present condition and gives us strength to face suffering



Adhidaivik



Adibhautik

Unstoppable Self Confidence

Helps us
prepare for the
future with
confidence



Adhyatmic



**Why Embrace
Vegetarianism?**

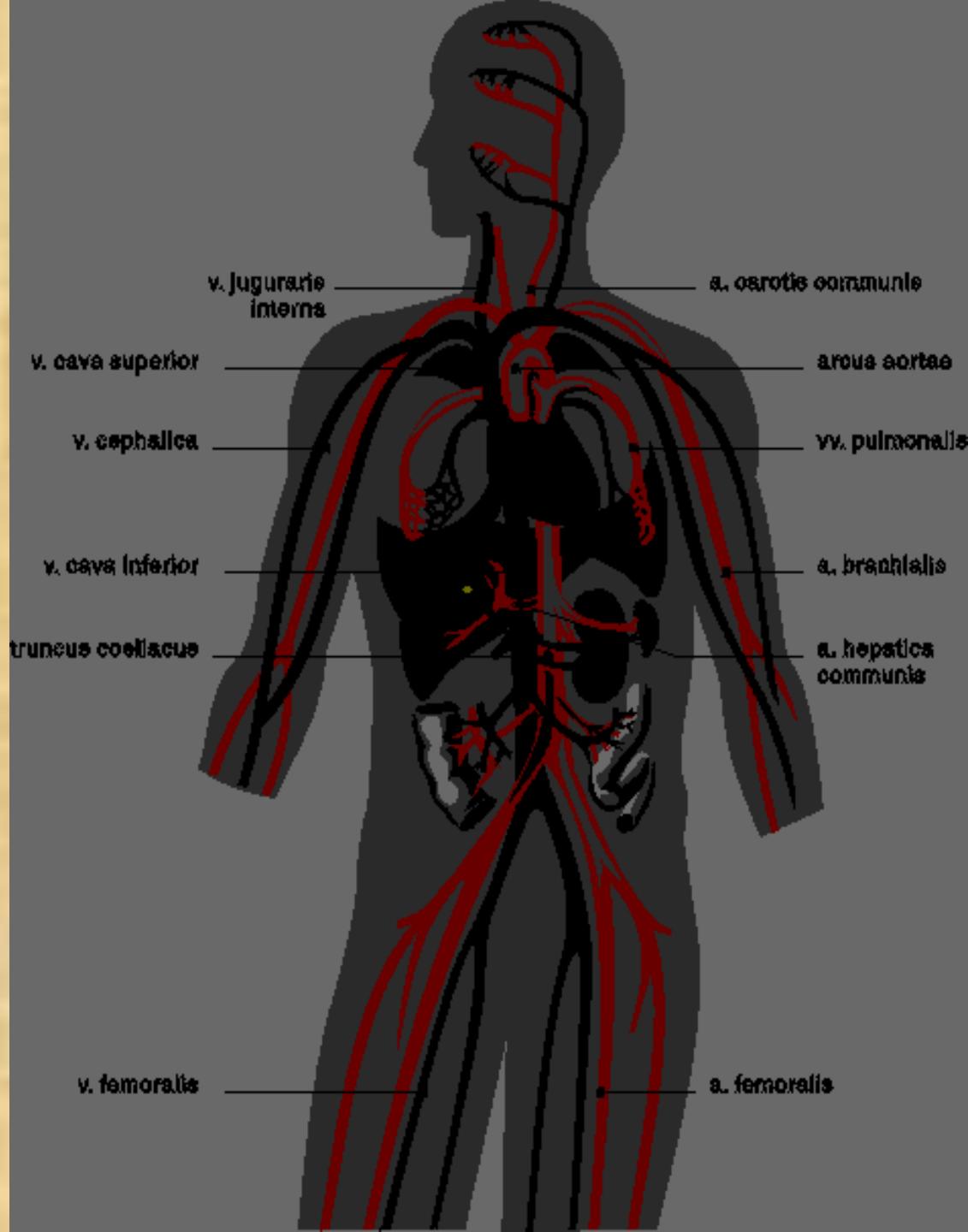


“We are
what we
eat”

Comparative Anatomy

Is our body designed to consume meat? Let us

compare our
body with
a carnivore as
well as a
herbivore



The Comparative Anatomy of Eating

Comparison	Carnivore	Herbivore	Human
Facial Muscles	Reduced to allow wide mouth gap	Well-developed	Well-developed
Jaw Motion	minimal side-to-side motion	good side-to-side motion	good side-to-side motion

The Comparative Anatomy of Eating

Comparison	Carnivore	Herbivore	Human
Teeth: Incisors	Short and pointed	Broad, flattened and spade shaped	Broad, flattened and spade shaped
Teeth: Canines	Long, sharp and curved to tear flesh	Dull and short (sometimes long for defense), or none	Short and blunted

The Comparative Anatomy of Eating

Comparison	Carnivore	Herbivore	Human
Teeth: Molars	Sharp	Flattened	Flattened
Chewing	None; swallows food whole	Extensive chewing	Extensive chewing

The Comparative Anatomy of Eating

Comparison	Carnivore	Herbivore	Human
Saliva	Acidic saliva: Carbohydrate digesting enzymes not present	Alkaline saliva: Carbohydrate digesting enzymes present	Alkaline saliva: Carbohydrate digesting enzymes present
Stomach Acidity with food in it	< pH 1 (to digest tough animal muscle, bone, etc.)	pH 4 to 5	pH 4 to 5

The Comparative Anatomy of Eating

Comparison	Carnivore	Herbivore	Human
Length of Small Intestine	3 to 6 times body length	> 10 times body length	10 to 11 times body length
Colon	Simple, short and smooth	Long, complex	Long, complex

The Comparative Anatomy of Eating

Comparison	Carnivore	Herbivore	Human
Perspiration	No skin pores; perspires through tongue to cool body	Perspires through millions of skin pores	Perspires through millions of skin pores
Nails	Sharp claws	Flattened nails or blunt hooves	Flattened nails

Health

&

Nutrition

Let us look
at the
nutritional
value of a
vegetarian
diet

Can vegetarian food
ensure a balanced diet
for good health ?

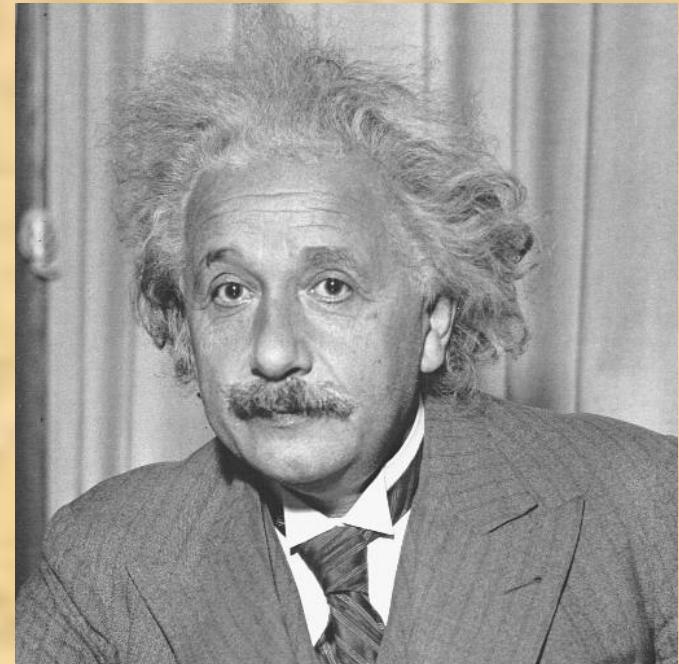
Most popular myth:

If I don't eat meat, I would
suffer from lack of protein!

Researchers at Max Planck Institute, Germany have shown:

“Most vegetables, fruits, seeds, nuts, and grains are excellent sources of complete proteins.”

- Albert Einstein

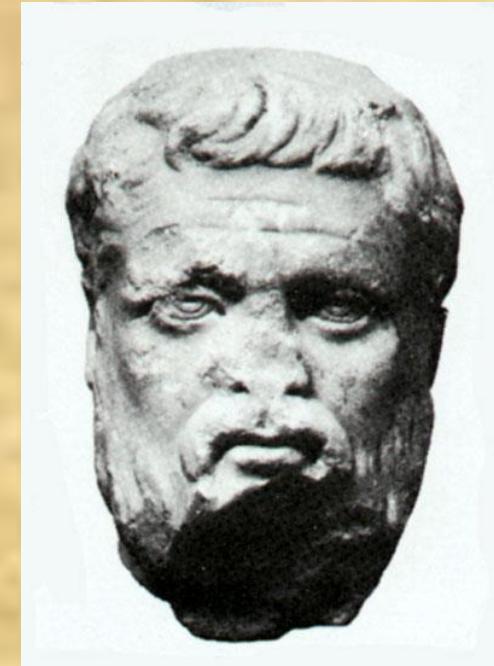
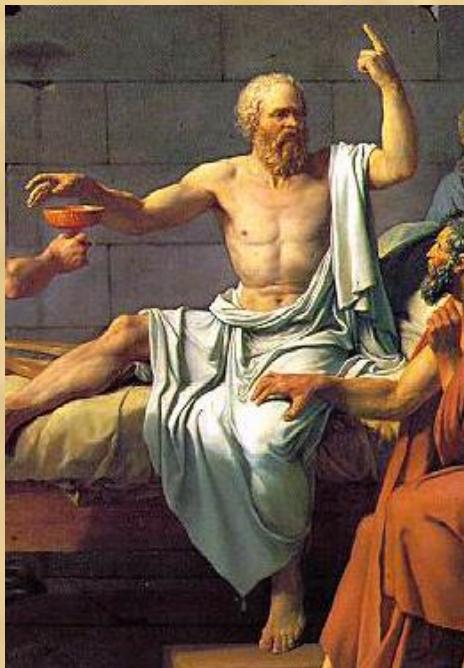


- Isaac Newton



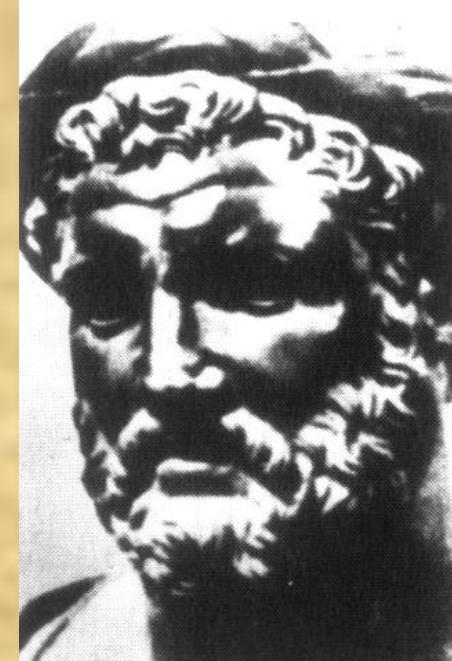
- Mahatma
Gandhi

•
Plato



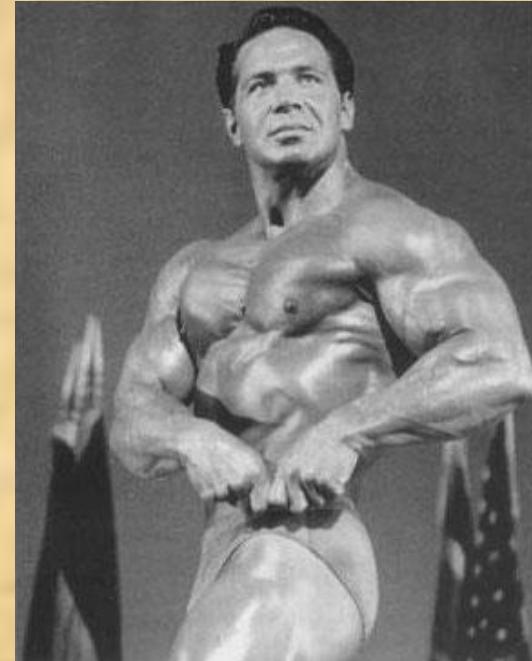
• Socrates

- Pythagoras



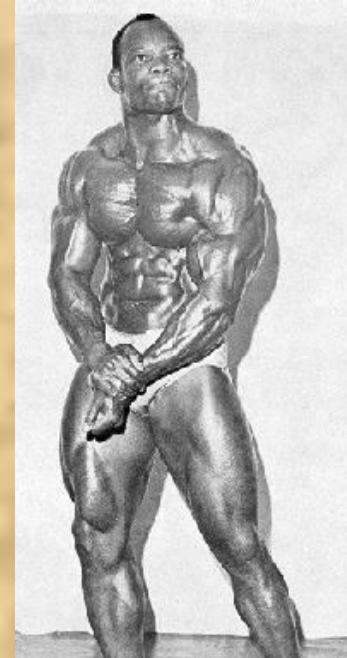
- Leonardo Da Vinci

- Bill Pearl
(Mr. Universe)



- Andreas Cahling
(Mr. International)

- Al Beckles
(Top body builder of 60s)

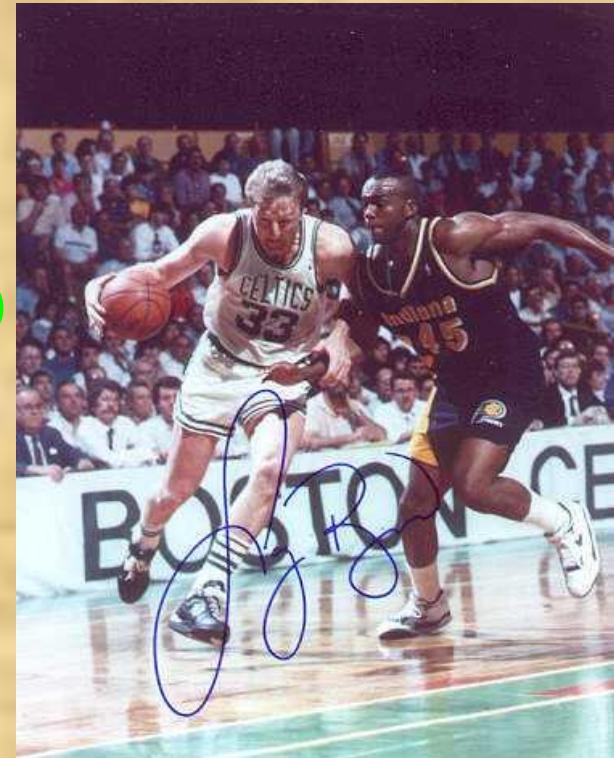


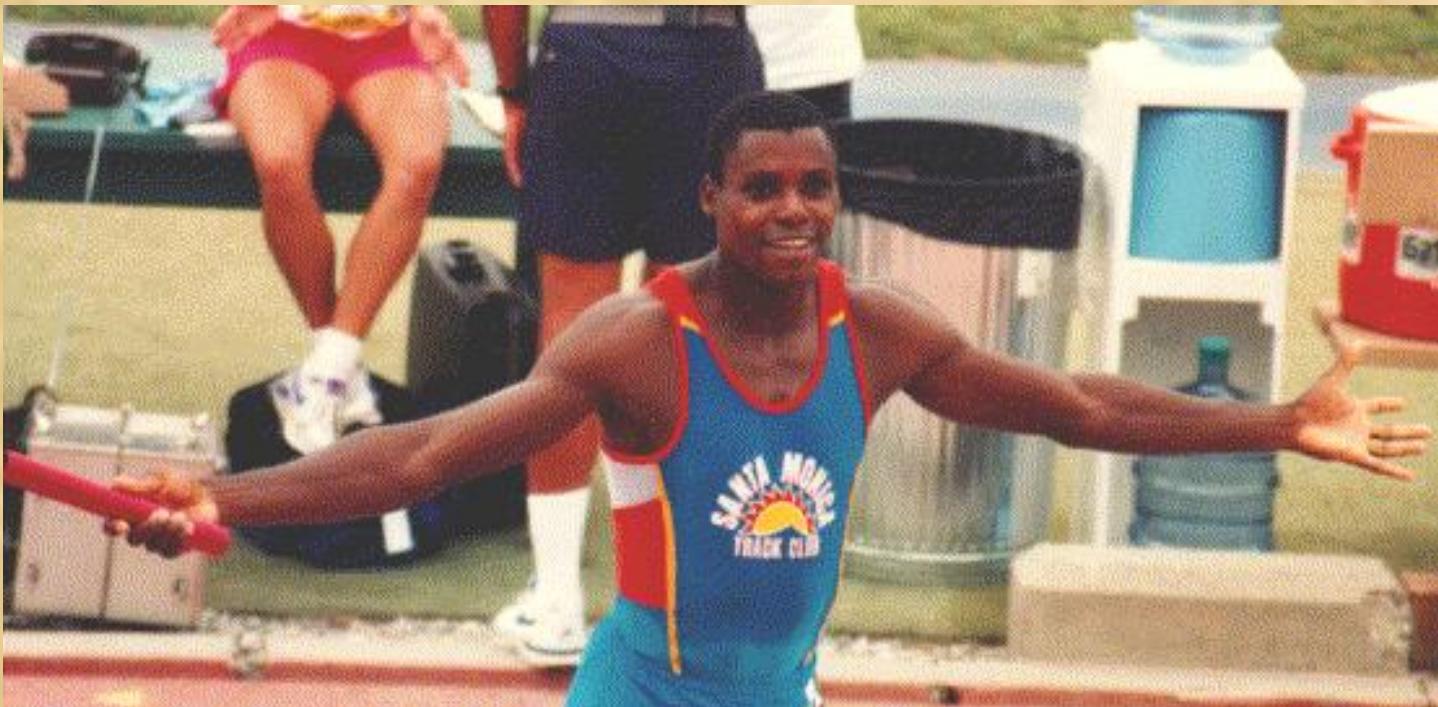
- Jack LaLanne
(Elite fitness trainer)

- **Larry Bird**
(All-time great basketball player)



- **Greg Chappell**
(Former Australian cricketer)



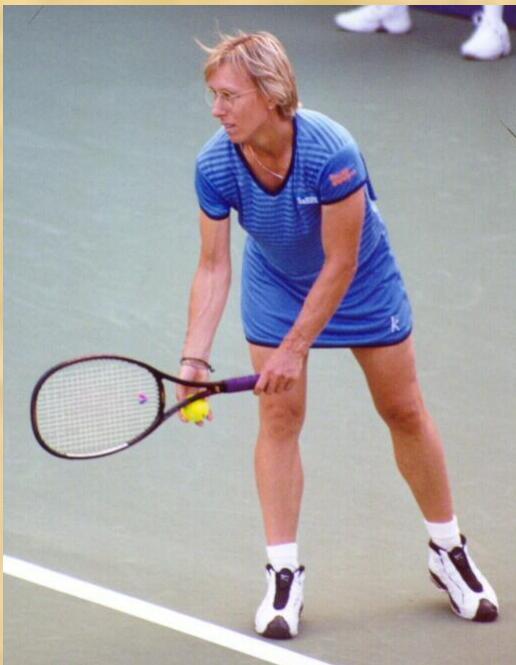


- Carl Lewis



- Edwin Moses
(400m hurdles -
world record holder)

- **Billy Jean King**
(Tennis champion of 70s)

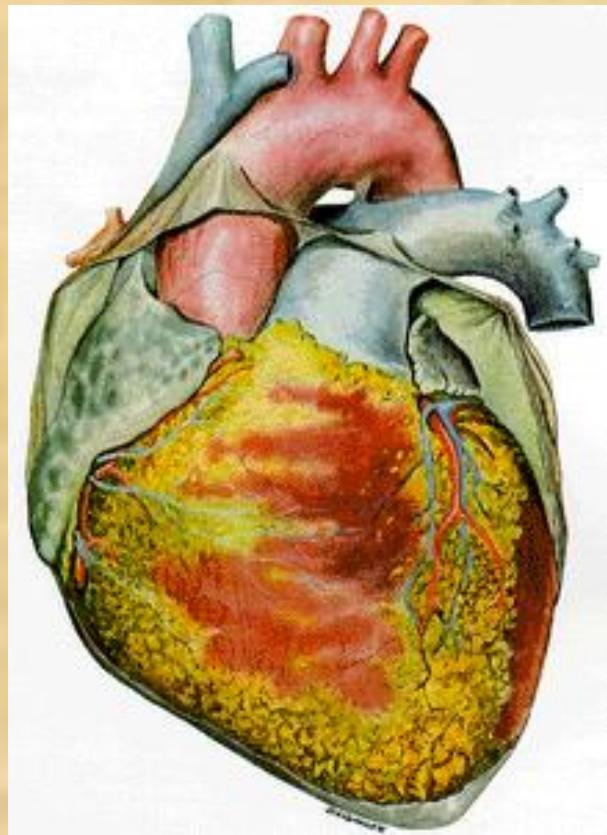


- **Martina Navratilova**
(Tennis champion)

“I brainwashed youngsters into doing wrong. I want to say sorry to children everywhere for selling out to concerns who make millions by murdering animals.”

The original Ronald McDonald, Geoff Giuliano
- on quitting his job and becoming vegetarian

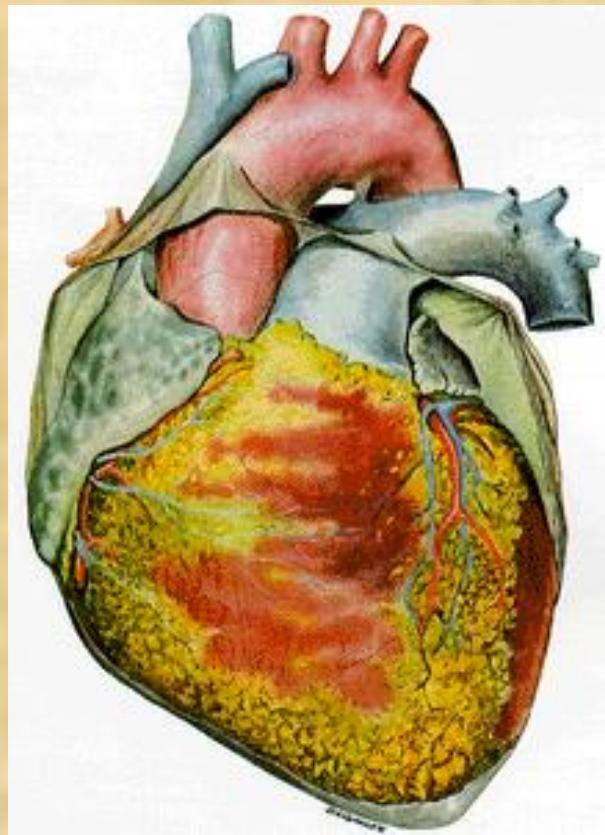
Health Reasons



Heart Disease

The Number One Killer

Responsible for approx.
50% of all deaths in Britain



As early as 1961, the
*Journal of the American
Medical Association* had
said

“90% - 97% of heart
disease can be prevented
by a vegetarian diet.”

Excess protein cannot be stored

They must be excreted through
the kidneys, which is a very
taxing process.

Cancer

The Number
Two Killer

Cooked meat and fish contains carcinogens, which sometimes attack the cell's genetic material (DNA), alter it and develop cancer

Harmful Chemicals

Meat contains 14 times more chemicals & pesticides than plant foods.

Annual health-care costs directly resulting from the US meat-centered diet:

Between \$23.6 billion
and \$61.4 billion

Revealed in 1995 by Physicians Committee for Responsible Medicine (PCRM), a group of 4,500 medical doctors

World Hunger

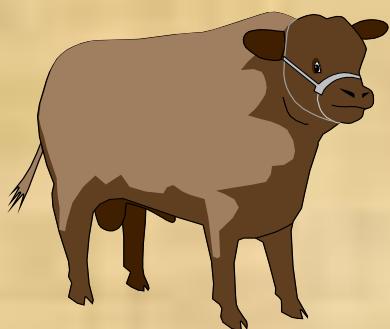
20 million people die
annually as a result of
malnutrition.

UN Secretary General recently admitted that.....

“...meat consumption in rich countries is key cause for hunger around the world.”



16 kg grain

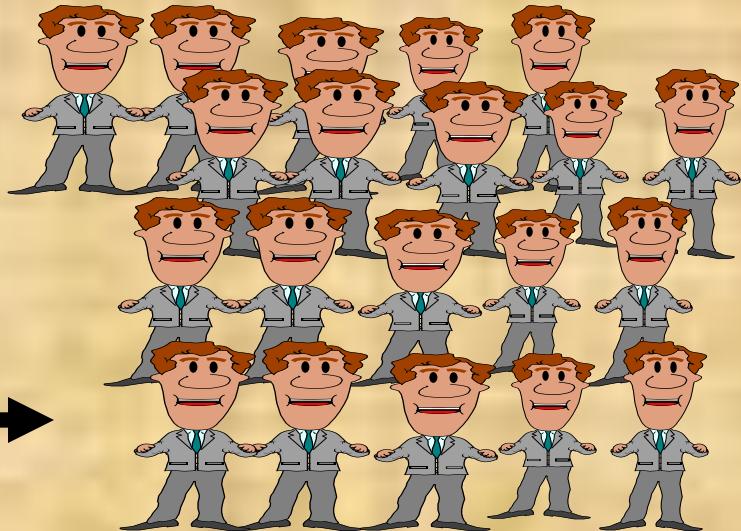


1 kg beef

Access??



20 people



2 people



**Vast quantities of food which could feed humans
is fed to livestock raised to produce meat.**

Eighty percent of the corn and 95% of the oats grown in the U.S. is eaten by livestock.

The percentage of protein wasted by cycling grain through livestock is calculated by experts as 90%.

Producing one pound of beef requires 16 pounds of edible grain and soyabeans, which could be used to feed the hungry.”

“One acre of land can produce 40,000 pounds of potatoes, or 250 pounds of beef. Fifty-six percent of all U.S. farmland is devoted to beef production.

One hundred million people could be adequately fed using the land freed if Americans reduced their intake of meat by a mere 10%.”

John Robbins' book “Diet for a New America”



The average American consumes in a 72-year lifetime approximately 11 cattle, 3 lambs and sheep, 23 hogs, 45 turkeys, 1,100 chickens and 862 pounds of fish!

According to the Population Reference Bureau

“If everyone adopted a vegetarian diet, current food production would theoretically feed 10 billion people, more than the projected population for the year 2050.”

Cruelty



Inside Slaughterhouse

Visions of Hell

!!

Hens are so tightly packed in the battery cages, that they cannot move an inch during their encagement.



Hens are forced
to lay up to
200-220 eggs
every year,
leading to
weakened
bones, feather
loss etc.





This is
the
reality.



Male chicks
are of no
commercial
value for the
slaughter houses.

Male chicks are either packed in garbage plastic bags to suffocate to death or thrown away in trash cans.





The recent trend is to grind the male chicks alive and use it as high fertility manure for the farms.

A photograph showing a close-up of a person's arm and hand reaching into a large pile of raw, cut-up meat. The meat is a mix of red, white, and yellowish colors, likely from different animal tissues. The person is wearing a light-colored shirt and a red wristband. The background is dark and out of focus.

In the U.S. alone,
6,60,000 animals
are killed for meat
every hour.

The average per capita consumption of meat in the U.S., Canada and Australia is 200 pounds per year!¹

Number of meat, and egg
producing animals slaughtered
each year in World:

over 24.1 billion



William Ralph

“We have enslaved the rest of animal creation and have treated so badly that, if they were to formulate a religion, they would depict the Devil in human form.”



Are Eggs
Vegetarian?

Eggs are of two kinds



- 1st Eggs which are hatched out to chicks.
 - Coming into physical contact with the cocks

- 2nd Eggs which cannot.
 - Just as women expels the menstrual matter every month, hens lay egg periodically



These eggs are expulsion of unwanted matter from the hen's uterus. To make more money out of these eggs, commercial promoters are now describing them as vegetarian eggs, "ahinsak" eggs. But these are not vegetable products.



As soon as the hens lay eggs these hens are roll out of the grader net and these hens are deprived of the instinctive satisfaction of brooding over the eggs.

This is done because a hen which does not sit on the egg lays another egg quickly.

TV Exposes Suffering of “Spent Hens”

- Many hens are crowded in the cages that they cannot even flutter their wings. In the tense crowd they peck at each other, get wounded, become irritated and suffer tortures.
- They are kept constantly awake throughout day and night under artificial light. This is done to make them eat more and more so that they may start laying eggs soon.
- When their egg laying capacity diminishes these are sent to the slaughter houses
- whereby they are starved for up to two weeks to “rest” their hormones, so that when they are finally fed, they will produce more and larger eggs. After the last burst of fertility, they are no longer of economic value to the egg producers
- The investigative TV program “Kolbotek” showed shocking video footage of what happens to laying hens after they can no longer produce eggs. In Israel, as in the U.S., they are subject to a process called “forced moulting,”
- They are buried alive or brutally thrown by one leg or one wing into garbage cans. Workers stomp on the piles of live chickens to squash down the pile so they can add more chickens on top



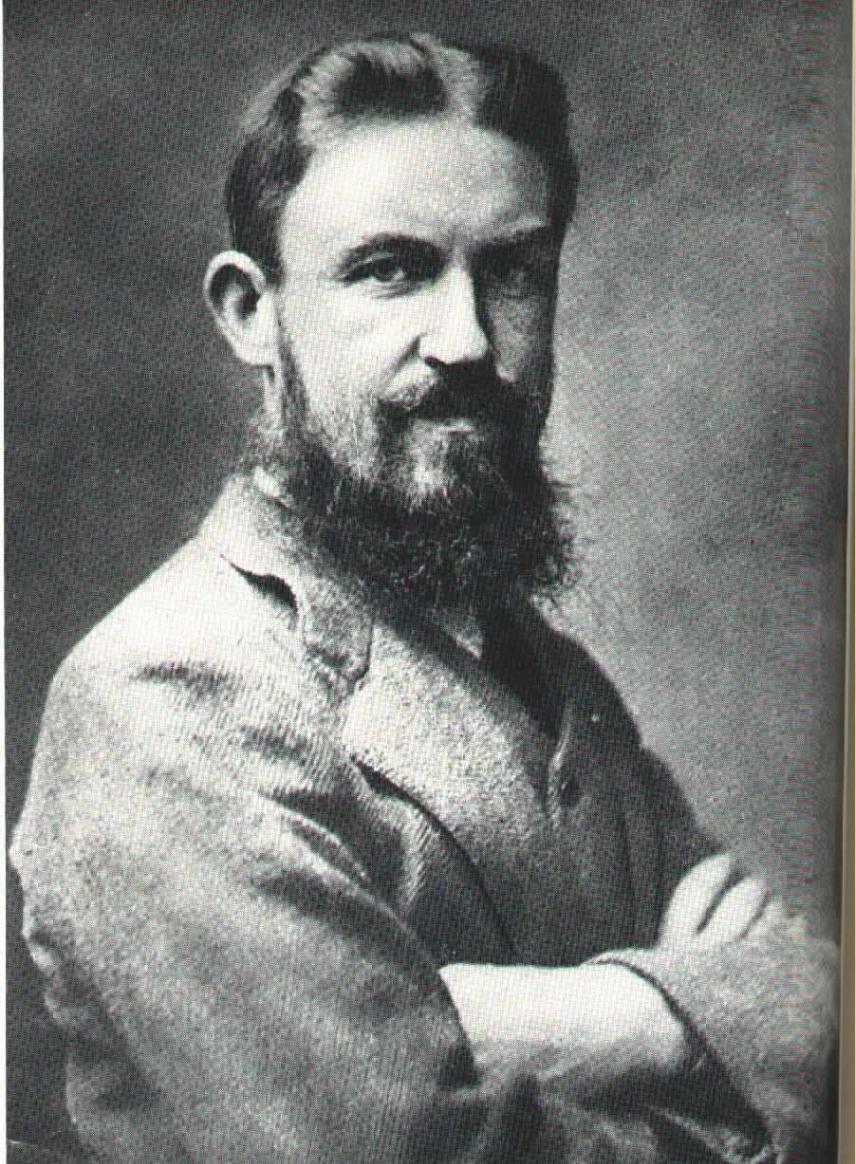
**How can eggs extracted
in this manner
be called vegetarian ?**



Leonardo da Vinci

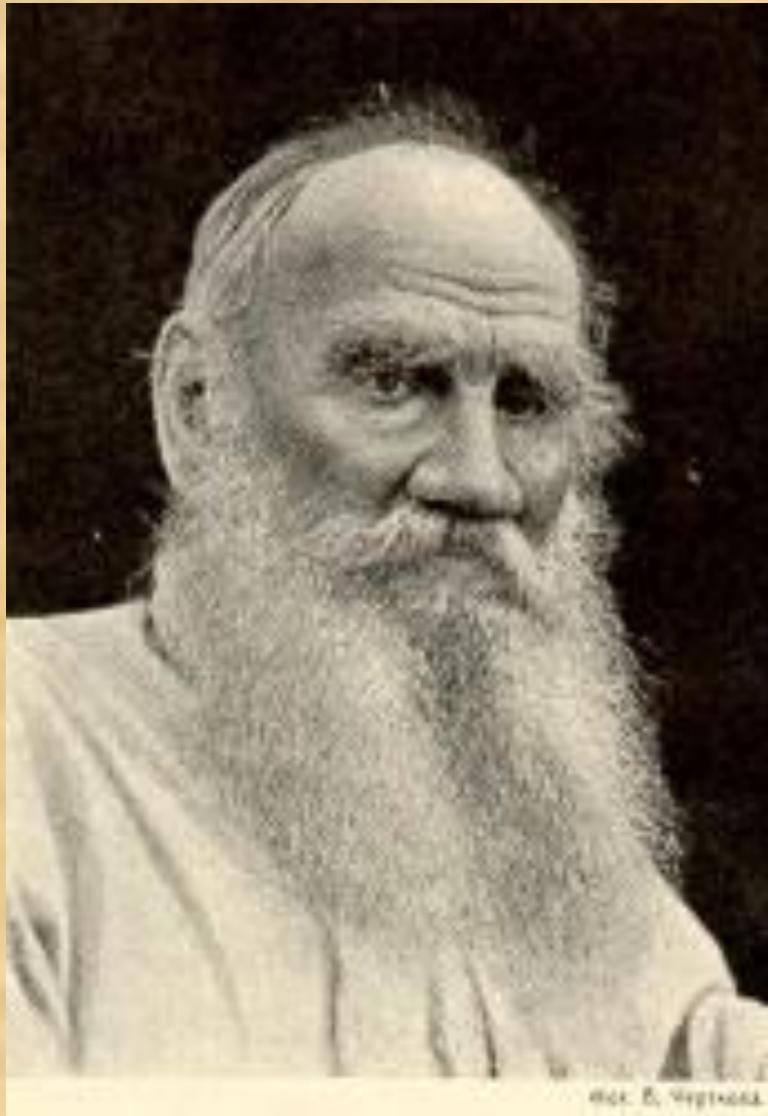
“Truly man is the
king of beasts ...

for his brutality
exceeds theirs.”



George Bernard Shaw

“While our bodies
are the living
graves of
murdered animals,
how can we expect
any ideal
conditions on
earth?”



Leo Tolstoy

“Man suppresses in himself, unnecessarily, the highest spiritual capacity - that of sympathy and pity toward living creatures like himself - and by violating his own feelings becomes cruel.”



**It's a fact that
meat eating
reduces
respect for all
kinds of life
including that
of humans.**

Can we deny that
brutality against
animals makes us
more brutal too?



Pythagoras

“Those that kill animals, to eat their flesh, tend to massacre their own.”

Karmic Consequences

All of our actions including our choice of food have karmic consequences. By inflicting injury, pain and death, one must in the future experience the sufferings caused.



By killing animals, not only will we be bereft of the human form but we will have to take an animal form and ...



...somehow or
other be killed
by the same
type of animal
we have killed.
This is the law
of nature.



The Sanskrit word *mamsa* means "meat." It is said: *mam sah khadati iti mamsah.* That is, "I am now eating the flesh of an animal who will some day in the future be eating my flesh."

Mahabharata

The purchaser of flesh performs
violence by his wealth;

He who eats flesh does so by
enjoying its taste;

The killer does *himsa* by actually
tying and killing the animal.

- all of these are to be considered
meat-eaters.



Srila
Prabhupad
a explains

...



“In human society, if one kills a man he has to be hanged (or punished). That is the law of the state. Because of ignorance people do not perceive that there is a complete state controlled by the Supreme Lord. Every living creature is the son of the Supreme Lord, and He does not tolerate even



“Meat-eating and intoxication excite the senses more and more, and the conditioned soul falls victim to women. In order to keep women, money is required, and to acquire money, one begs, borrows or steals. Indeed, he commits abominable acts that cause him to suffer both in this life and in the next.”

-Srila Prabhupada



Even the heads of religions indulge in killing animals while trying to pass as saintly persons. This mockery and hypocrisy in human society bring about unlimited calamities; therefore occasionally there are great wars. Masses of such people go out onto battlefields and kill themselves”



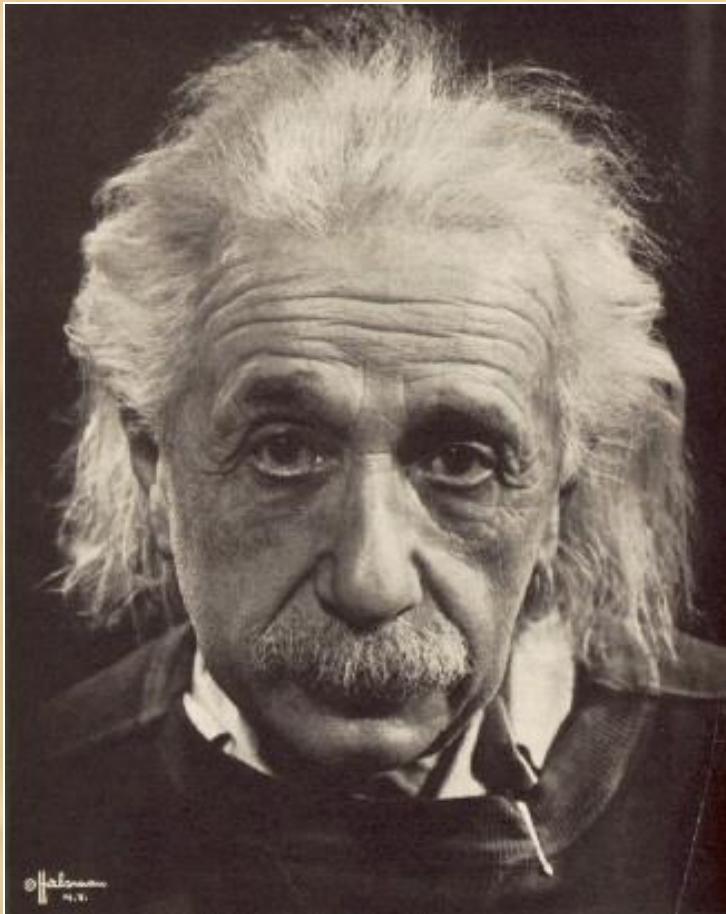
“Those who are animal killers, their brain is dull as stone. Therefore meat-eating should be stopped. In order to revive the finer tissues of the brain to understand subtle things, one must give up

Quotes From Some World Famous Personalities

“I do feel that spiritual progress does demand at some stage that we should cease to kill our fellow creatures for the satisfaction of our bodily wants.”



Mahatma Gandhi



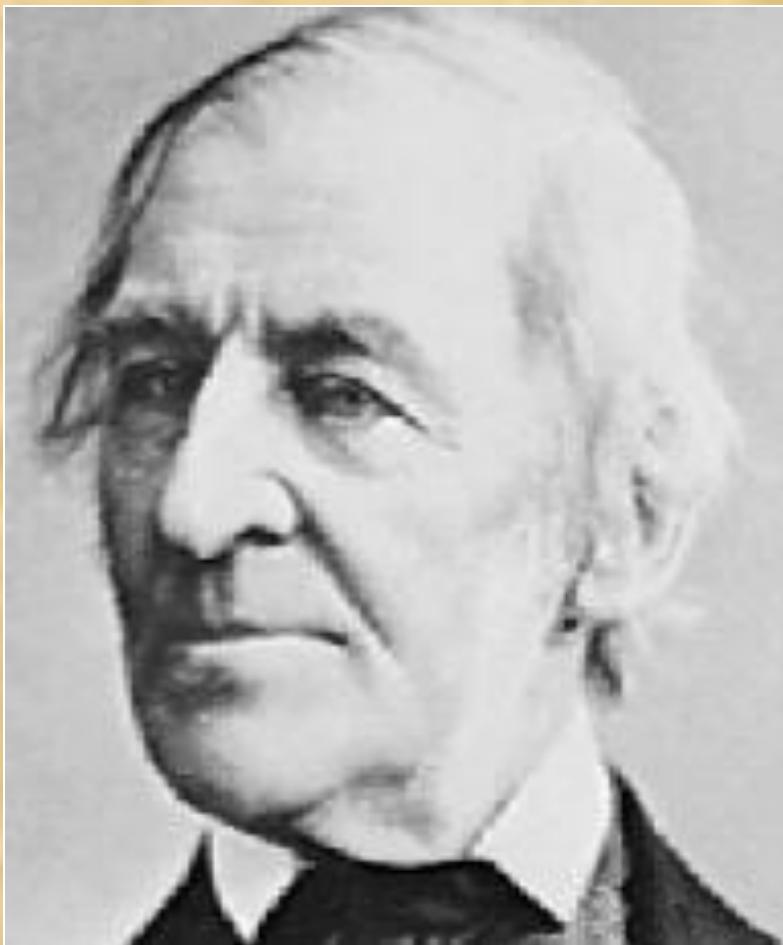
Albert Einstein

“Our task must be
to widen our
circle of
compassion to
embrace all living
creatures
including
animals.”



Marco Ferrini

“Until he extends the circle of his compassion to all living things, man will not himself find peace”.



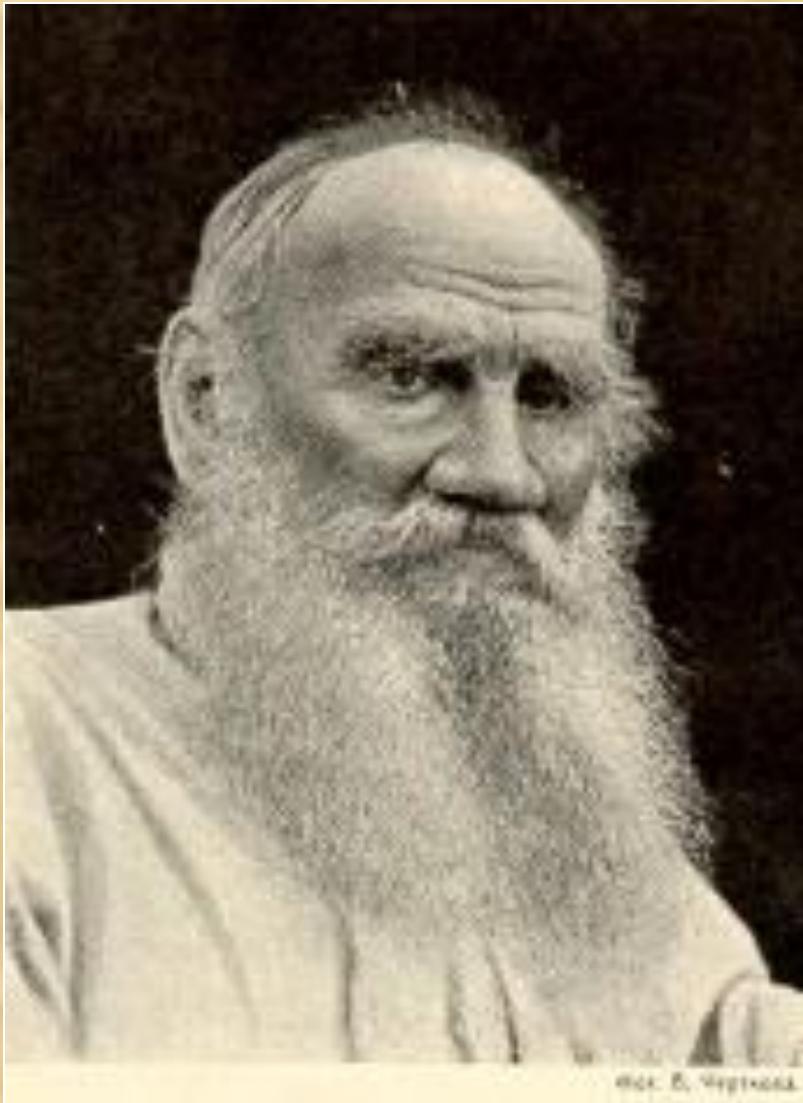
Thomas
Edison

“Non-violence leads to the highest ethics, which is the goal of all evolution. Until we stop harming all other living beings, we are still savages”.



John Woolman

“To say we love God and at the same time exercise cruelty towards a creature moving by life derived from God is a contradiction in itself.”



“If a man aspires towards a righteous life, his first act of abstinence is from injury to animals.”

Leo Tolstoy

Lord
Krishna
describes
in the
Gita...



Foods such as milk products,
grains, fruits and vegetables
“increase the duration of life,
purify one’s existence, and
give strength, health,
happiness, and satisfaction.”

On the contrary...

Foods such as meat & fish are described as “putrid, decomposed, and unclean”



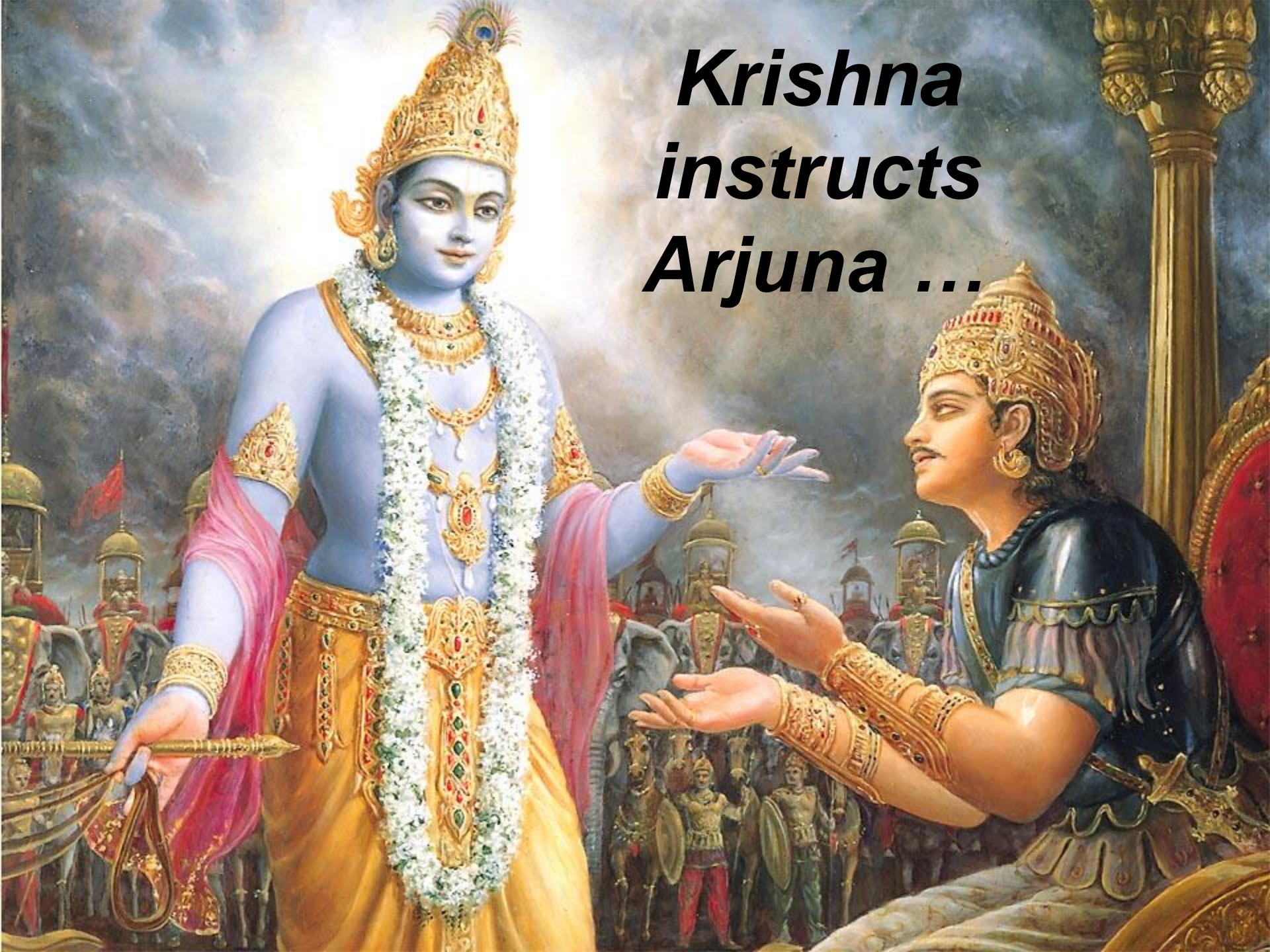
Plants and
the trees
also have
souls!

Isn't eating
them
killing?

jivo jivasya jivanam

One living entity is food
for another in the
struggle for existence.

If we eat our
designated food in a
way prescribed by
the Lord we are
freed of all sins.



*Krishna
instructs
Arjuna ...*

“The devotees of the Lord are released from all kinds of sins because they eat food which is offered first for sacrifice. Others, who prepare food for personal sense enjoyment, verily eat only sin.”

(Bhagavad-gita 3.13)



Srila Prabhupada explains:

“**H**uman beings are provided with food grains, vegetables, truths, Land milk their supply of foodstuff, and they must first offer HIme food in sacrifice and then acknowledge the mercifulants Lord.



Krishna instructs:
“If one offers
Me with love
and devotion a
leaf, a flower,
fruit or water,
I will accept
it.”

(*Bhagavad-gita 9.26*)

Offer Food to
Krishna



Krishna
Prasadam



Nourishment
of Body

Nourishment
of Soul