

PHYS 526 (Quantum Field Theory I) Notes

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Introduction:

This is a set of lecture notes taken from UBC's PHYS 526 (Graduate Quantum Field Theory I) course, taught by Dr. Gordon Semenoff. The course covers many-particle systems, second quantization, degenerate Fermi and Bose gases, The action principle and Noether's theorem, Non-relativistic space-time symmetries, relativistic field theories, real scalar quantum field theory, Emergent relativistic symmetry, Dirac field theory, photons, functional methods, and perturbative quantum electrodynamics.

If any errors are found in the notes, feel free to email me at ryoheiweil@phas.ubc.ca.

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1 Motivation and Many Particles

1.1 Why QFT?

1. Natural way to study QM systems with large number of DOFs
2. To reconcile special relativity and quantum mechanics (“QM + SR = QFT”). No way to do “regular” QM in a relativistic setting. Mainly because $E = mc^2$, so energy can convert into mass; e.g. highly energetic collisions in the LHC which produce a large number of particles. You need a framework which can account for a large type and an arbitrary number of quantum-mechanical particles.
3. If you take point quantum mechanics and replace the NRQM Hamiltonian (with non-relativistic momentum) with the relativistic version of $H = \sqrt{p^2c^2 + m^2c^4} = mc^2 + \frac{p^2}{2m} + \dots$, you find that the particle disperses (much like in the non-relativistic case) but it spreads in such a way that it violates causality; i.e. it can disperse outside of the light cone. There is no way to repair this in single-particle point quantum mechanics. QFT fixes this beautifully. It introduces an antiparticle, and says that the acausal process is actually a superposition of two processes, one with the particle and one with the antiparticle, and one “tune” the superposition so there is a destructive interference of the acausal behavior.

1.2 A one-particle QM system

Let’s review a one-particle system. It is described by a wavefunction $\psi(\mathbf{x}, t)$, which satisfies the Schrodinger equation:

$$i\hbar \frac{\partial}{\partial t} \psi(\mathbf{x}, t) = \left(-\frac{\hbar^2 \nabla^2}{2m} + V(\mathbf{x}) \right) \psi(\mathbf{x}, t). \quad (1.1)$$

In the above equation, $H = -\frac{\hbar^2 \nabla^2}{2m} + V(\mathbf{x})$ is the Hamiltonian (the so called “energy”), where the first term is the kinetic energy and the second term is the position-dependent potential energy (e.g. due to gravitational interaction, electronic interactions). Note we assume that the potential is velocity-independent to simplify things. We take the momentum to be:

$$\mathbf{p} := -i\hbar \nabla \quad (1.2)$$

so the kinetic energy is of course:

$$\frac{\mathbf{p}^2}{2m} = -\frac{\hbar^2 \nabla^2}{2m}. \quad (1.3)$$

The nabla operator is defined as $\nabla = \left(\frac{\partial}{\partial x}, \frac{\partial}{\partial y}, \frac{\partial}{\partial z} \right)$, and so $\nabla^2 = \frac{\partial^2}{\partial x^2} + \frac{\partial^2}{\partial y^2} + \frac{\partial^2}{\partial z^2}$. Note that the Schrodinger equation is linear (and its validity can be confirmed in experiment, though we take it as an axiom in NRQM). To the wavefunction we can associate a probability amplitude:

$$|\psi(\mathbf{x}, t)|^2 d^3x = \text{Probability of finding particle in volume } d^3x \text{ at position } \mathbf{x}, \text{ time } t. \quad (1.4)$$

And since we must find the particle somewhere, we have the normalization condition:

$$\int |\psi(\mathbf{x}, t)|^2 d^3x = 1. \quad (1.5)$$

We have not yet specified where the particle is allowed to be. If the particle is confined to some region (e.g. a box) then we require the enforcement of boundary conditions on the wavefunction (e.g. $\psi(x, 0) = \psi(x, L) = 0$ for a infinite square well). For our purposes, we will take $\mathbf{x} \in \mathbb{R}^3$ (no confinement), with the boundary condition specified by the normalization condition (but sometimes we even relax this, e.g. with plane waves, where we might specify the BC as the existence of the Fourier transform).

1.3 A many-particle QM system

We now move to a many-particle quantum mechanical system. How does the Schrodinger equation look in this case? For an identical N -particle system, a natural generalization is:

$$i\hbar \frac{\partial}{\partial t} \psi(\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_N, t) = \left(\sum_{i=1}^N \frac{-\hbar^2 \nabla_i^2}{2m} + V(\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_N) \right) \psi(\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_N, t). \quad (1.6)$$

But why is this a natural generalization? Suppose Alice and Bob have a particle each, and are studying the particles in two far-apart labs. They both analyze their experiment using a one-particle Schrodinger equation (Alice should not have to take into account Bob's particle on the other side of the world, and vice versa! Physics should be local). Perhaps they are doing similar experiments, and start exchanging emails, and want to describe the system as a composite. The natural way to create a composite system would be to multiply the wavefunction of particle one by the wavefunction of particle two:

$$\psi(\mathbf{x}_1, \mathbf{x}_2, t) = \psi_1(\mathbf{x}_1, t) \psi_2(\mathbf{x}_2, t) \quad (1.7)$$

this follows naturally from the probabilistic interpretation of the wavefunctions (when we compose two probability distributions, we take their product, not their sum). We could then show that the product of the two wavefunctions satisfies the composite SE Eq. (1.6) if they satisfy their individual one-particle Schrodinger equations, i.e.:

$$i\hbar \frac{\partial}{\partial t} \psi_1(\mathbf{x}_1, t) \psi_2(\mathbf{x}_2, t) = \left(-\frac{\hbar^2 \nabla_1^2}{2m} - \frac{\hbar^2 \nabla_2^2}{2m} + V(\mathbf{x}_1) + V(\mathbf{x}_2) \right) \psi_1(\mathbf{x}_1, t) \psi_2(\mathbf{x}_2, t). \quad (1.8)$$

However, if we introduce an interaction between the two particles (e.g. a Coloumb interaction), taking the composite wavefunction as the product no longer becomes valid; however Eq. (1.6) still holds.

We now return to the assumption that the particles are identical. Of course this means that $m_1 = m_2 = \dots m_N$, but this has the more interesting implication that V is symmetric in its arguments, i.e.

$$V(\mathbf{x}_{P(1)}, \mathbf{x}_{P(2)}, \dots, \mathbf{x}_{P(N)}) = V(\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_N) \quad (1.9)$$

for any permutation $(P(1), \dots, P(N))$ of $(1, \dots, N)$. There are $N!$ permutation of N objects. This is what it means for the particles to be identical, as they feel interactions in a way such that the interaction is left unchanged by swapping any of the particles.

2 Many Particles Continued, Second Quantization

2.1 Bosons and Fermions

Recall the many-particle Schrodinger Equation:

$$i\hbar \frac{\partial}{\partial t} \psi(\mathbf{x}_1, \dots, \mathbf{x}_N, t) = \left(\sum_{i=1}^N \frac{-\hbar^2 \nabla_i^2}{2m} + V(\mathbf{x}_1, \dots, \mathbf{x}_N) \right) \psi(\mathbf{x}_1, \dots, \mathbf{x}_N, t). \quad (2.1)$$

This is the fundamental mathematical problem we are to solve when doing QM. There are depressingly few examples which are exactly solvable (almost none), such as single-particle potentials (where potentials such as the harmonic oscillator, hydrogen atom, infinite square well are exactly solvable). If we include two-particle potentials and $N \geq 3$, things are very difficult. There are a few low-dimensional examples solved with sophisticated techniques, and a couple solutions for $N = 2$, but that's about it. We've seen a few of these in prior QM courses. It may be depressing that we are talking about equations we can't solve, but we don't have to write down solutions; there are at least existence theorems for solutions (requiring boundary conditions/initial values; the initial value determines it uniquely and deterministically at later times).

We have gone out of our way to make the particles identical here; all particles have the same mass m , and the potential is a symmetric function of its arguments (it is unchanged under permutation of indices on the coordinates). This gives this equation a very high degree of symmetry¹. This tells us that if we manage to find a solution, we obtain another solution by permuting the labels:

$$\psi(\mathbf{x}_1, \dots, \mathbf{x}_N, t) \rightarrow \psi(\mathbf{x}_{P(1)}, \dots, \mathbf{x}_{P(N)}, t) \quad (2.2)$$

so one solution gives us $N!$ solutions, and then by the principle of superposition we actually obtain an infinite number. But to be different quantum states, they should be linearly independent as vectors, i.e.:

$$c_1\psi + c_2\psi_P = 0 \quad (2.3)$$

can only be solved by $c_1 = c_2 = 0$. If they are linearly independent, then $\psi_P = -\frac{c_1}{c_2}\psi$ (or $e^{i\varphi}\psi$ if the states are normalized). So which is it? At this point, mathematics doesn't help us, but mother nature does come to the rescue and chooses one of these; nature says that they always have to be linearly dependent; so there is only one state². After you find one solution, you have *not* found $N!$ solutions, but just the one. Given this, we can consider a particular interchange where we swap of the two labels. If we do it twice, we should come back to the same state:

$$\psi_P = -\frac{c_1}{c_2}\psi = \left(-\frac{c_1}{c_2}\right)^2 \psi_P \quad (2.4)$$

so this tells us that $(-c_1/c_2)^2 = 1$, i.e. $-c_1/c_2$ is either 1 or -1 . If we do an interchange of labels, we will have two cases:

$$\psi(\mathbf{x}_{P(1)}, \dots, \mathbf{x}_{P(N)}, t) = \psi(\mathbf{x}_1, \dots, \mathbf{x}_N, t) \quad (2.5)$$

where no change happens for any permutation; such particles are known as **bosons**. Or, we can have:

$$\psi(\mathbf{x}_{P(1)}, \dots, \mathbf{x}_{P(N)}, t) = (-1)^{\deg(P)} \psi(\mathbf{x}_1, \dots, \mathbf{x}_N, t) \quad (2.6)$$

where $\deg(P)$ is the number of neighbours necessary to interchange to put the labels back in order (this is easily seen to be defined mod 2). Such particles are known as **fermions**³.

¹Symmetry will be a central focus in future lectures.

²Perhaps the only time in life where nature picks the simplest path...

³These two are the only possibilities in three dimensions; in lower dimensions particles known as *anyons* are also possible (and useful for fault-tolerant topological quantum computing, as it turns out!), but these are outside the scope of the course. In relativistic physics, there are theorems that tell you particles are always bosons/fermions, but these theorems always have caveats; so in some sense this uniqueness of particle types comes down to what has been observed (and certainly this is the case for NRQM).

Note that this affects the counting of states quite severely. For indistinguishable particles, we have only one state (rather than a multiplicity of states) when we find a solution. Bosons are said to follow Bose-Einstein statistics, while Fermions follow Fermi-Dirac⁴ statistics.

2.2 Particles with Spin

How do we account for the spin of particles? If we were just writing the SE for one particle with spin, we would write:

$$i\hbar \frac{\partial}{\partial t} \psi_{\sigma}(\mathbf{x}, t) = \left(-\frac{\hbar^2}{2m} \nabla^2 + V(\mathbf{x}) \right) \psi_{\sigma}(\mathbf{x}, t) \quad (2.7)$$

where σ is a discrete index that runs over the possible spin polarizations of the particle:

$$\sigma = -J, -J+1, \dots, J-1, J. \quad (2.8)$$

Of course the potential could have a dependence on the spin (e.g. spin-orbit coupling, spin-spin coupling):

$$\sum_{\tau=-J}^{\tau} V_{\sigma}^{\tau}(\mathbf{x}) \psi_{\tau}(\mathbf{x}, t). \quad (2.9)$$

Though we do not consider such interactions here, they are of immense importance in nuclear and AMO physics. If we have multiple particles with spin, our wavefunction can now be written as:

$$\psi_{\sigma_1, \dots, \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t). \quad (2.10)$$

If we want to symmetrize or anti-symmetrize, we permute both the position and the spin labels:

$$\psi_{\sigma_1, \dots, \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t) = \pm \psi_{\sigma_{P(1)}, \dots, \sigma_{P(N)}}(\mathbf{x}_{P(1)}, \dots, \mathbf{x}_{P(N)}, t). \quad (2.11)$$

2.3 The Potential

Another comment is on the multi-particle potential energy function. If the particles do not interact with one another, we have:

$$V(\mathbf{x}_1, \dots, \mathbf{x}_N) = \sum_{i=1}^N V(\mathbf{x}_i) \quad (2.12)$$

But we could also have the sum of two-body potentials:

$$V(\mathbf{x}_1, \dots, \mathbf{x}_N) = \sum_{i=1}^N V(\mathbf{x}_i) + \sum_{i < j} V(\mathbf{x}_i, \mathbf{x}_j) \quad (2.13)$$

But if we study nuclear or condensed matter physics, we also have higher-body interactions:

$$V(\mathbf{x}_1, \dots, \mathbf{x}_N) = \sum_{i=1}^N V(\mathbf{x}_i) + \sum_{i < j} V(\mathbf{x}_i, \mathbf{x}_j) + \sum_{i < j < k} V(\mathbf{x}_i, \mathbf{x}_j, \mathbf{x}_k) + \dots \quad (2.14)$$

Now we might think; how might we separate/determine these in a unique way? The experimentalist answer is to put particles in one, or two, or three (or more) at a time to determine the N -particle forces one at a time. For the purposes of our course, we will generally limit ourselves to studying up to two-body interactions. Three-body interactions and higher rarely do things for us (exception: nucleons in the nucleus).

⁴Named after their founders; though really it was Bose that wrote to Einstein first, and the F-D was really due to Pauli...

2.4 Second Quantization

We've written down a problem we will never solve; we have done this in order to rewrite the problem. This rewrite is required for a few reasons; first, we may have an open quantum system, so the number of particles is *not* fixed (we can get around it in the picture we have painted above, e.g. by using the average number of particles, but it isn't ideal). Another point to make is that for a finite number of particles and an infinite volume, we get zero density; we would prefer to describe things with finite (instead of zero) density. We could fix this in the current picture by putting space into a finite box, but again this is another band-aid we require. Perhaps the biggest reason for the rewrite is for mathematical elegance. We now leave physics behind for a few moments to construct a useful formalism.

We keep the spin, and write down an object $\psi_\sigma(\mathbf{x})$. Note that ψ here is *not* a wavefunction here. It is instead an operator. Operators operate on states, the most trivial of which is given by the empty vacuum $|0\rangle$. This is the state of our many-particle system with no particles in it. We will assume that $\psi_\sigma(\mathbf{x})$ has the property that:

$$\psi_\sigma(\mathbf{x})|0\rangle = 0. \quad (2.15)$$

And we will also assume that $|0\rangle$ is normalized:

$$\langle 0|0\rangle = 1. \quad (2.16)$$

Note that $|0\rangle$ is not the zero vector of our vector space (as the above normalization condition should make clear). We will also assume the existence (and uniqueness) of the dual space, which contains the bra $\langle 0|$ which satisfies:

$$\langle 0|\psi^{\dagger\sigma}(\mathbf{x}) = 0. \quad (2.17)$$

We then need only one more step; the commutation relations that these operators obey. We will assume that:

$$[\psi_\sigma(\mathbf{x}), \psi_\rho(\mathbf{y})] = 0, \quad \forall \mathbf{x}, \mathbf{y}, \sigma, \rho \quad (2.18)$$

Taking the Hermitian adjoint of the above, we obtain:

$$[\psi^{\dagger\sigma}(\mathbf{x}), \psi^{\dagger\rho}(\mathbf{y})] = 0, \quad \forall \mathbf{x}, \mathbf{y}, \sigma, \rho. \quad (2.19)$$

We need something that doesn't commute for these to be operators (rather than numbers); we have a relation reminiscent of the annihilation/creation operators of the quantum harmonic oscillator:

$$[\psi_\sigma(\mathbf{x}), \psi^{\dagger\rho}(\mathbf{y})] = \delta_\rho^\sigma \delta^3(\mathbf{x} - \mathbf{y}). \quad (2.20)$$

When we do relativistic physics, the contra and covariant coordinates (up/down labels) will become important; for now they are just labels without too much significance (just helps us to keep track). We can now consider a family of states:

$$|0\rangle, \psi^{\dagger\sigma}(\mathbf{x})|0\rangle, \psi^{\dagger\sigma}(\mathbf{x})\psi^{\dagger\rho}(\mathbf{y})|0\rangle, \dots \quad (2.21)$$

we can think of these as the basis vectors of our vector space, given the name the *Fock space*. A general vector in Fock space is given by a linear combination of the above basis vectors. Among these vectors, we can find the matrix elements of ψ_σ , ψ^σ and so on. We can now write down the density operator:

$$\rho(\mathbf{x}) = \psi^{\dagger\sigma}(\mathbf{x})\psi_\sigma(\mathbf{x}). \quad (2.22)$$

When we pair an covariant/contravariant quantity (up/down label), there is an implied sum (Einstein summation convention); we have omitted a $\sum_{\sigma=-J}^J$ in the above expression. Now, if we operate the density operator on the vacuum state, we have:

$$\rho(\mathbf{x})|0\rangle = \psi^{\dagger\sigma}(\mathbf{x})\psi_\sigma(\mathbf{x})|0\rangle = 0. \quad (2.23)$$

We can use the commutation algebra to look at an arbitrary basis vector and the action of $\rho(\mathbf{x})$ on it:

$$\rho(\mathbf{x})\psi^{\dagger\sigma_1}(\mathbf{x}_1)\dots\psi^{\dagger\sigma_N}(\mathbf{x}_N)|0\rangle = \sum_{i=1}^N \delta(\mathbf{x} - \mathbf{x}_i)\psi^{\dagger\sigma_1}(\mathbf{x}_1)\dots\psi^{\dagger\sigma_N}(\mathbf{x}_N)|0\rangle \quad (2.24)$$

In other words, the basis states are eigenstates of $\rho(\mathbf{x})$ with eigenvalues $\sum_{i=1}^N \delta(\mathbf{x} - \mathbf{x}_i)$.

Note that the basis states are not really physical quantum mechanical states; the particles are at fixed positions and at fixed spins. Another point to make is that since the ψ^σ s commute with each other, it is a completely symmetric state, i.e. a state of bosons. It's not possible to say which bosons are sitting at which position, and has bose-einstein statistics built in. Nature has been very kind to us; if nature did not have such statistics, we would not be able to use such construction.

Next time, we will discuss what happens when the ψ_σ s are fermions rather than bosons. We will also look for how we formulate the Schrodinger equation in this second quantization language.

A remark on the Fock space; it is a continuously infinite basis. Not clear that this is a separable Hilbert space, which is where we do QM in. One of the tenets is that the basis for such a space is countable (of which what we have is not). We could improve this by replacing the construction of $\psi^{\dagger\sigma}(\mathbf{x})$ s with $\int d^x f_i(\mathbf{x})\psi^{\dagger\sigma}(\mathbf{x})$ where f_i are square integrable functions. But this is not actually discrete. You can use a Cantor diagonalization argument to show that there will be an uncountable number of states. To get a Hilbert space, you need to restrict yourself to states with a finite total number of particles. Then consider Cauchy sequences of such basis states, and consider all of the basis states plus limits of such Cauchy sequences, giving a Hilbert space. But this is a subtlety that we will not really consider for the remainder of the course.

3 Second Quantization Continued

3.1 Second Quantization in the Schrodinger Picture

Last time, we were in the middle of a mathematical construction. We established a Hilbert space⁵, with creation/annihilation operators with commutation relations:

$$[\psi_\sigma(\mathbf{x}), \psi^{\dagger\rho}(\mathbf{y})] = \delta_\sigma^\rho \delta^3(\mathbf{x} - \mathbf{y}). \quad (3.1)$$

and

$$[\psi_\sigma(\mathbf{x}), \psi_\rho(\mathbf{y})] = [\psi^{\dagger\sigma}(\mathbf{x}), \psi^{\dagger\rho}(\mathbf{y})] = 0. \quad (3.2)$$

and we could obtain basis states by operating (mutually commuting)⁶ creation operators on the vacuum state:

$$\psi^{\dagger\sigma_1}(\mathbf{x}_1) \dots \psi^{\dagger\sigma_N}(\mathbf{x}_N)|0\rangle. \quad (3.3)$$

where the vacuum state is normalized:

$$\langle 0|0\rangle = 1 \quad (3.4)$$

and is sent to zero by the annihilation operators:

$$\psi_\sigma(\mathbf{x})|0\rangle = 0, \langle 0|\psi^{\dagger\sigma}(\mathbf{x}) = 0. \quad (3.5)$$

Now, consider a superposition:

$$\int d^3x_1 \dots d^3x_N \psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t) \psi^{\dagger\sigma_1}(\mathbf{x}_1) \dots \psi^{\dagger\sigma_N}(\mathbf{x}_N)|0\rangle. \quad (3.6)$$

where one can think of $\psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t)$ as the coefficients of the sum (though of course the labels vary continuously, so we have integrals instead) - we will see shortly that this is the wavefunction of the system. Of course we also implicitly sum over the spin labels according to the Einstein summation convention. We will worry about normalization later on. Note that we still have not done anything physical here, so let us now do that; we want to set up our many-particle Schrodinger Equation in this second quantization language. Let us give the integral in Eq. (3.6) a name; let's call it $|\Psi(t)\rangle$. We want to find some sort of equation which tells us how this object evolves in time. This should be given by:

$$i\hbar \frac{\partial}{\partial t} |\Psi(t)\rangle = H|\Psi(t)\rangle. \quad (3.7)$$

such that the above equation is equivalent to the old Schrodinger Equation (1.6); but note that it is written much more economically. In order to do so, we need to specify the Hamiltonian. In order to do so, we use the fact that the potential term in the SE can be decomposed into one, two, three, and in general N body interaction terms. We obtain:

$$\begin{aligned} H = & \int d^3x \frac{\hbar^2}{2m} \nabla \psi^{\dagger\sigma}(\mathbf{x}) \cdot \nabla \psi_\sigma(\mathbf{x}) + \int d^3x V(\mathbf{x}) \psi^{\dagger\sigma}(\mathbf{x}) \psi_\sigma(\mathbf{x}) \\ & + \frac{1}{2!} \int d^3x d^3y V(\mathbf{x}, \mathbf{y}) \psi^{\dagger\sigma}(\mathbf{x}) \psi^{\dagger\rho}(\mathbf{y}) \psi_\rho(\mathbf{y}) \psi_\sigma(\mathbf{x}) \\ & + \frac{1}{3!} \int d^3x d^3y d^3z V(\mathbf{x}, \mathbf{y}, \mathbf{z}) \psi^{\dagger\sigma}(\mathbf{x}) \psi^{\dagger\rho}(\mathbf{y}) \psi^{\dagger\tau}(\mathbf{z}) \psi_\tau(\mathbf{z}) \psi_\rho(\mathbf{y}) \psi_\sigma(\mathbf{x}) \\ & + \dots \end{aligned} \quad (3.8)$$

Clearly if we did not have a decomposition of the potential into N -body terms, this decomposition would not work out. Note that in the above Hamiltonian, we have assumed that the potential interaction doesn't care about the spin (but if it did, we would make the V s into a matrix, which depends on the spin; see the textbook for a more general formula). The terms in the above sum get successively complex (three body interactions are already a nightmare⁷), but for most physical scenarios we only have up to two-body

⁵Small mathematical detail we will not worry about; quantum states belong to a projective space, rather than a true vector space.

⁶If the particles were somehow distinguishable, this entire construction would fail; this commutativity would not make sense.

⁷They are of interest in nuclear physics, but we won't generally concern ourselves with them here

interactions.

We look back at Eq. (3.7); on the LHS the time derivative affects only the $\psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t)$. On the RHS we get a mixture of terms from H acting on $|\Psi(t)\rangle$. We could then collect terms to see how the various terms act on $\psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t)$; doing so, we would completely reproduce the old N -body Schrodinger equation in (1.6), with the only caveat that we have not specified the particle number. To this end, we consider the number operator:

$$\mathcal{N} = \int d^3x \psi^{\dagger\sigma}(\mathbf{x}) \psi_{\sigma}(\mathbf{x}) \quad (3.9)$$

Which when acted on an arbitrary state $|\Psi(t)\rangle$ counts the particle number. So we could supplement Eq. (3.7) with Eq. (3.9), and pairing this with knowledge of what $\psi^{\dagger\sigma}(\mathbf{x})$, $\psi_{\sigma}(\mathbf{x})$ are from the commutation relations, we have a completely equivalent formulation of quantum mechanics. Note that we have really done nothing here, just rewrote the same thing in a different language.

We have established an example of a non-relativistic quantum field theory. There is a further step we can take to write this down, however. Note that all of our work above was in the Schrodinger picture, where the states are time-dependent and the operators are time-independent. We will find it useful to recast this in the Heisenberg picture⁸, where the states are time-independent and the operators are time-dependent. Let us begin this reconstruction now.

3.2 Review of the Heisenberg Picture

We can write the time-dependent quantum state that solves Eq. (3.7) as:

$$|\Psi(t)\rangle = e^{-\frac{i}{\hbar}Ht} |\psi(0)\rangle. \quad (3.10)$$

Where $|\psi(0)\rangle$ is the initial state of the system at time zero. Now, the expectation value of an operator \mathcal{O} in the Schrodinger picture can be written as:

$$\langle \mathcal{O} \rangle(t) = \langle \Psi(t) | \mathcal{O} | \Psi(t) \rangle. \quad (3.11)$$

Now, substituting in Eq. (3.10) to the above, we have:

$$\langle \mathcal{O} \rangle(t) = \langle \Psi(0) | e^{\frac{i}{\hbar}Ht} \mathcal{O} e^{-\frac{i}{\hbar}Ht} | \psi(0) \rangle \quad (3.12)$$

So now we can define the time dependent operator:

$$\mathcal{O}(t) = e^{\frac{i}{\hbar}Ht} \mathcal{O} e^{-\frac{i}{\hbar}Ht} \quad (3.13)$$

and hence the expectation value can be written in the Heisenberg picture as:

$$\langle \mathcal{O} \rangle(t) = \langle \Psi(0) | \mathcal{O}(t) | \psi(0) \rangle. \quad (3.14)$$

And the time-dependence of the operators are described by the Heisenberg equation of motion:

$$\frac{\partial}{\partial t} \mathcal{O}(t) = \frac{i}{\hbar} [H, \mathcal{O}(t)]. \quad (3.15)$$

For most QM problems, this is a much harder picture to solve problems in; however this is the way we will proceed, as things will look much more like a QFT in this formalism.

⁸Though note that this rewrite would not be doing anything physically

3.3 Second Quantization in the Heisenberg Picture

In the Heisenberg picture, we can study the time evolution of the annihilation/creation operators:

$$i\hbar \frac{\partial}{\partial t} \psi_\sigma(\mathbf{x}, t) = [\psi_\sigma(\mathbf{x}, t), H]. \quad (3.16)$$

Note that H here is time independent, but ψ_σ has acquired a time-dependence in the Heisenberg picture. Now taking the commutation relations for ψ_σ from our previous construction, we find:

$$[\psi_{\sigma_1}(\mathbf{x}_1, t), \psi_{\sigma_2}(\mathbf{x}_2, t)] = 0 \quad (3.17)$$

in the case where the time t s are the same. It is the same story with the $\psi^{\dagger\sigma}$ s:

$$[\psi^{\dagger\sigma_1}(\mathbf{x}_1, t), \psi^{\dagger\sigma_2}(\mathbf{x}_2, t)] = 0 \quad (3.18)$$

and the final commutation relation:

$$[\psi_{\sigma_1}(\mathbf{x}_1, t), \psi^{\dagger\sigma_2}(\mathbf{x}_2, t)] = \delta_{\sigma_1\sigma_2}^3(\mathbf{x}_1 - \mathbf{x}_2). \quad (3.19)$$

In order to remind us that the times should be the same when we look at the above operators, we call these the *equal-time commutation relations*. They give us enough algebra to figure out what (3.16). So let us do just that.

$$\begin{aligned} i\hbar \frac{\partial}{\partial t} \psi_\sigma(\mathbf{x}, t) &= -\frac{\hbar^2 \nabla^2}{2m} \psi_\sigma(\mathbf{x}, t) + V(\mathbf{x}) \psi_\sigma(\mathbf{x}, t) \\ &+ \int d^3y V(\mathbf{x}, \mathbf{y}) \psi^{\dagger\rho}(\mathbf{y}) \psi_\rho(\mathbf{y}) \psi_\sigma(\mathbf{x}, t) + \dots \end{aligned} \quad (3.20)$$

This is a lot simpler, and it *looks* like $\psi_\sigma(\mathbf{x}, t)$ satisfies a Schrodinger equation up to the second term (even though it is an operator and not a wavefunction). However then it becomes nonlinear as we add more terms (recall that the SE is linear). It does appear to satisfy the propagation of waves, and we will call it a *field equation*. So, in the Heisenberg picture, we obtain an equivalent formulation of quantum mechanics by imposing the equal-time commutation relations and the field equation, as well as the number operator constraint:

$$\mathcal{N}|\Psi\rangle = N|\Psi\rangle. \quad (3.21)$$

So this is an example of a full-blown quantum field theory, which we could turn around and use field-theoretic methods to attack. It is very easy to generalize this to the case where we have an infinite number of particles. It is also easy to generalize this to a system where the number of particles is not fixed (where we get rid of the constraint imposed by Eq. (3.21)).

3.4 From Bosons to Fermions

Everything we said here concerns bosons (from the construction of the operators to the Fock space states). For fermions, we want totally antisymmetric states. In order to do this, we simply replace the commutation relations of the annihilation/creation operators with anticommutation relations. By this one simple change, we obtain the fermionic field theory rather than the bosonic field theory.

Also note; if we have multiple types of particles, we have multiple field equations, with cross terms in the equations of motion; but we will not be too concerned about this scenario here.

A fun note: the number of fermions is either even or odd. There is no dynamical process which can change the parity (fermion superselection rule; important for (e.g.) condensed matter in the study of topological insulators). The flip of the sign of the state should not change anything about the universe (irrelevance of the global phase).

Next time, we will try to solve a simple many-particle system in the Heisenberg picture. We will see that it is not as abstract as it currently looks!

4 Weakly Interacting Particles

4.1 Review of QFT construction

To briefly recap, we have taken the N -particle SE:

$$i\hbar \frac{\partial}{\partial t} \psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t) = \left(\sum_{i=1}^N -\frac{\hbar^2 \nabla_i^2}{2m} + \sum_{i < j} \lambda \delta(\mathbf{x}_i - \mathbf{x}_j) \right) \psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t) \quad (4.1)$$

(here with a short-range repulsive interaction) with the normalization condition:

$$\int d^3x_1 \dots d^3x_N \psi^{\dagger \sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t) \psi_{\sigma_1 \dots \sigma_N}(\mathbf{x}_1, \dots, \mathbf{x}_N, t) = 1. \quad (4.2)$$

and we have shown that it is completely equivalent to the field equation:

$$\left(i\hbar \frac{\partial}{\partial t} + \frac{\hbar^2 \nabla^2}{2m} \right) \psi_{\sigma}(\mathbf{x}, t) = \lambda \psi^{\dagger \rho}(\mathbf{x}, t) \psi_{\rho}(\mathbf{x}, t) \psi_{\sigma}(\mathbf{x}, t) \quad (4.3)$$

where the ψ_{σ} are field operators with equal-time commutation relations:

$$[\psi_{\sigma}(\mathbf{x}, t), \psi^{\dagger \rho}(\mathbf{y}, t)] = \delta_{\sigma}^{\rho} \delta^3(\mathbf{x} - \mathbf{y}). \quad (4.4)$$

(the other commutation relations are zero). Actually, the two are almost equivalent; we also have to put in the number operator:

$$\mathcal{N} = \int d^3x \psi^{\dagger \sigma}(\mathbf{x}, t) \psi_{\sigma}(\mathbf{x}, t) \quad (4.5)$$

which specifies the number of particles in the system; note that \mathcal{N} commutes with H and so is time-independent (and we can take the t in the above expression to be whatever we like; useful when we want to apply the equal-time commutation relations). We will in the near future find a more clever way to show that this is time-independent.

The field equation and the operators already give us a QFT; the number operator is auxiliary and only necessary for a complete equivalence to the old formulation. We can also bring the information about the Hamiltonian along with us (useful as the eigenvalues of the Hamiltonian provide valuable information):

$$H = \int d^3x \frac{\hbar^2}{2m} \nabla \psi^{\dagger \sigma}(\mathbf{x}, t) \cdot \nabla \psi_{\sigma}(\mathbf{x}, t) + \frac{\lambda}{2} \psi^{\dagger \sigma}(\mathbf{x}, t) \psi^{\dagger \rho}(\mathbf{x}, t) \psi_{\rho}(\mathbf{x}, t) \psi_{\sigma}(\mathbf{x}, t). \quad (4.6)$$

But again we will find a more sophisticated way to derive these later (from the field equations and commutation relations) using the fact that quantities are conserved.

Even for this very simple interaction potential, it is impossible to solve this analytically (for 1-D some work may be possible). So what do we do? Perhaps we can solve an approximation to it; we look at the limit in which the interaction is small/weak. We should have to define what “small” means, but let us avoid that for the moment.

In statistical mechanics, we never say the particles are never completely non-interacting, as the particles need to transfer energy in order to reach thermal equilibrium. We assume the interaction is there, but quite weak. But similar to that case, at a first pass we can just throw away the interaction and solve the non-interacting scenario.

4.2 Weakly (Non) Interacting Particles (Bosons)

In the limit of no interaction ($\lambda \rightarrow 0$) we have:

$$\left(i\hbar \frac{\partial}{\partial t} + \frac{\hbar^2 \nabla^2}{2m} \right) \psi_{\sigma}(\mathbf{x}, t) = 0. \quad (4.7)$$

Now we have a linear rather than a nonlinear PDE to solve. Not only this, but the one above is very easy to solve; there is no x or t dependence in the above, so we can solve it simply by a Fourier transform. Plugging in a plane wave, we have:

$$\left(i\hbar \frac{\partial}{\partial t} + \frac{\hbar^2 \nabla^2}{2m} \right) e^{i\mathbf{k} \cdot \mathbf{x} - i \frac{\hbar \mathbf{k}^2}{2m} t} = 0 \quad (4.8)$$

where the above equation is easily verified by the observations that $\frac{\partial}{\partial t} e^{i\omega t} = i\omega e^{i\omega t}$ and $\nabla e^{i\mathbf{k} \cdot \mathbf{x}} = i\mathbf{k} e^{i\mathbf{k} \cdot \mathbf{x}}$. However note we have really found a continuum of solutions, as the above works for any value of \mathbf{k} . At this point we need to convince ourselves that we have found the complete set of solutions, but of course the set of plane waves are complete so we have just that. A most general solution is written as a linear combination:

$$\psi_\sigma(\mathbf{x}, t) = \int \frac{d^3 k}{(2\pi)^{3/2}} e^{i\mathbf{k} \cdot \mathbf{x} - i \frac{\hbar \mathbf{k}^2}{2m} t} a_\sigma(\mathbf{k}) \quad (4.9)$$

where the $a_\sigma(\mathbf{k})$ can be thought of the coefficients of the expansion. $\psi^{\dagger\sigma}(\mathbf{x}, t)$ can then easily be found to be:

$$\psi^{\dagger\sigma}(\mathbf{x}, t) = \int \frac{d^3 k}{(2\pi)^{3/2}} e^{-i\mathbf{k} \cdot \mathbf{x} + i \frac{\hbar \mathbf{k}^2}{2m} t} a^{\dagger\sigma}(\mathbf{k}). \quad (4.10)$$

Using the commutation relations for the field operators, we can then find the commutation relations for the $a_\sigma/a^{\dagger\sigma}$ to be:

$$[a_\sigma(\mathbf{k}), a_\rho(\mathbf{l})] = [a^{\dagger\sigma}(\mathbf{k}), a^{\dagger\rho}(\mathbf{l})] = 0 \quad (4.11)$$

$$[a_\sigma(\mathbf{k}), a^{\dagger\rho}(\mathbf{l})] = \delta_\sigma^\rho \delta^3(\mathbf{k} - \mathbf{l}). \quad (4.12)$$

which is extremely similar in form to the commutation algebra of the ψ s. We can then construct the vector space that the a s act on. Letting $|0\rangle$ be the empty vacuum state, we have:

$$a_\sigma(\mathbf{k})|0\rangle = 0, \forall \mathbf{k}, \sigma \quad (4.13)$$

and the vector space has a basis composed of vectors of the form:

$$a^{\dagger\sigma_1}(\mathbf{k}_1) \dots a^{\dagger\sigma_N}(\mathbf{k}_N)|0\rangle. \quad (4.14)$$

The dual statement of the above is:

$$\langle 0|a^{\dagger\sigma}(\mathbf{k}) = 0, \forall \mathbf{k}, \sigma \quad (4.15)$$

We can now calculate matrix elements using the commutation algebra:

$$\langle 0|a_{\sigma_1}(\mathbf{k}_1) \dots a_{\sigma_m}(\mathbf{k}_m) a^{\dagger\rho_1}(\mathbf{l}_1) \dots a^{\dagger\rho_m}(\mathbf{l}_m)|0\rangle = \delta_{mn} \sum_P \delta(\mathbf{k} - \mathbf{l}_{P(1)}) \delta_{\sigma_1}^{\rho_{\sigma(1)}} \dots \delta(\mathbf{k}_n - \mathbf{l}_{P(m)}) \delta_{\sigma_n}^{\rho_{P(m)}} \quad (4.16)$$

which is messy, but really comes from the fact that the matrix element is symmetric in its arguments of $\mathbf{k}_i, \mathbf{l}_j$. Sometimes due to this symmetry we enforce a $\frac{1}{N!}$ to normalize for all permutations (which can be useful for some applications). This concludes the boson story, but what about fermions?

4.3 Weakly (Non) Interacting Particles (Fermions)

For bosons, we initially enforced symmetry of the wavefunction in the arguments. For fermions, we enforce antisymmetry instead. All commutators become anticommutators; and the structure of the above argument holds basically exactly the same with the commutation relations for ψ replaced with anticommutation relations. When we get to the a s, we also replace the commutators with anticommutators.

When we compute the matrix elements, we get negative signs from the anticommutation relations, so:

$$\langle 0|a_{\sigma_1}(\mathbf{k}_1) \dots a_{\sigma_m}(\mathbf{k}_m) a^{\dagger\rho_1}(\mathbf{l}_1) \dots a^{\dagger\rho_m}(\mathbf{l}_m)|0\rangle = \delta_{mn} \sum_P (-1)^{\deg(P)} \delta(\mathbf{k} - \mathbf{l}_{P(1)}) \delta_{\sigma_1}^{\rho_{\sigma(1)}} \dots \delta(\mathbf{k}_n - \mathbf{l}_{P(m)}) \delta_{\sigma_n}^{\rho_{P(m)}} \quad (4.17)$$

There's not much of a difference so far; but we will find the many-particle states are profoundly different for bosons and fermions.

4.4 Understanding our solution to the theory

We now ask: in what sense have we “solved” this theory? To start, we can take our plane wave solution and plug it into the number and Hamiltonian operators. Doing so, we obtain:

$$\mathcal{N} = \int d^3k a^{\dagger\sigma}(\mathbf{k}) a_{\sigma}(\mathbf{k}) \quad (4.18)$$

$$H = \int d^3k \frac{\hbar^2 \mathbf{k}^2}{2m} a^{\dagger\sigma}(\mathbf{k}) a_{\sigma}(\mathbf{k}). \quad (4.19)$$

We find that this closely resembles the harmonic oscillator, and also that \mathcal{N} and H are explicitly time-independent. Also, if we take our states (Eq. (4.14)), we see that they are indeed eigenstates of these operators (can be determined through the commutation algebra, or by interpreting these as harmonic oscillator eigenstates⁹):

$$\mathcal{N} a^{\dagger\sigma_1}(\mathbf{k}_1) \dots a^{\dagger\sigma_N}(\mathbf{k}_N) |0\rangle = \mathcal{N} a^{\dagger\sigma_1}(\mathbf{k}_1) \dots a^{\dagger\sigma_N}(\mathbf{k}_N) |0\rangle \quad (4.20)$$

$$H a^{\dagger\sigma_1}(\mathbf{k}_1) \dots a^{\dagger\sigma_N}(\mathbf{k}_N) |0\rangle = \left(\sum_{i=1}^N \frac{\hbar^2 \mathbf{k}_i^2}{2m} \right) \left(a^{\dagger\sigma_1}(\mathbf{k}_1) \dots a^{\dagger\sigma_N}(\mathbf{k}_N) |0\rangle \right). \quad (4.21)$$

Note that this discussion applies equally as well to bosons and fermions.

4.5 Degenerate Fermi Gas - Vacuum State

We have found a complete solution in the non-interacting limit, from which we can draw out some information. If we think about a high-energy state where bosons/fermions can be treated the same, can we derive familiar results (e.g. high T limit for ideal gas/ideal gas law)? As a teaser for next time: we will start to study fermionic systems, which are slightly easier to understand. Consider a state with an infinite number of fermionic particles (as we want a finite density, if we have infinite space then we need infinite particles; in CM you may instead consider a finite number of particles in a box with boundary conditions). We will like to look at the low-energy states of such a system. If I had only one particle, its lowest energy state would be $\mathbf{k} = 0$, the state with a constant wavefunction. If I had two fermions, the first can have energy zero, but the second one cannot; this is because if we had two fermions in the same state, then $\{a^{\dagger\sigma}(\mathbf{k}) a^{\dagger\sigma}(\mathbf{k})\} = (2a^{\dagger\sigma}(\mathbf{k}))^2 = 0$ (although we could have two different spin states); so $a^{\dagger\sigma}(\mathbf{k})^2 |0\rangle = 0$ is the zero vector and hence not a real quantum state. This is of course the famous *Pauli exclusion principle*. The next \mathbf{k} above zero is slightly ill-defined in the infinite-space limit (as we have a continuum)¹⁰ but let us imagine it. The N -particle ground state would be:

$$|\mathcal{O}\rangle = \prod_{\mathbf{k} < k_F, \sigma} \left(a^{\dagger\sigma}(\mathbf{k}) \right) |0\rangle. \quad (4.22)$$

Note that the above is really mathematical nonsense due to the continuity of \mathbf{k} . We call $|\mathcal{O}\rangle$ the vacuum (different from the empty vacuum $|0\rangle$). Note that the vacuum state we will stick with for the rest of the course, while the empty vacuum we will abandon when we get to relativistic field theory; it is not accessible in that limit. Let us define the vacuum state algebraically instead of the nonsense definition we have above (though we can heuristically understand the below algebraic constraints based on the nonsense equation we have above):

$$a^{\dagger\sigma}(\mathbf{k}) |\mathcal{O}\rangle = 0 \text{ if } |\mathbf{k}| \leq k_F \quad (4.23)$$

$$a_{\sigma}(\mathbf{k}) |\mathcal{O}\rangle = 0 \text{ if } |\mathbf{k}| > k_F. \quad (4.24)$$

$$\langle \mathcal{O} | \mathcal{O} \rangle = 0. \quad (4.25)$$

⁹The quote that “space is just a bunch of harmonic oscillators” is salient here.

¹⁰Here it might be nice to be a CM physicist instead...

Note that the \leq does not really matter in the above equation; the Fermi surface where $|\mathbf{k}| = k_F$ is a set of zero measure. k_F here is known as the Fermi wavenumber and from this we can construct $\hbar k_F$ the Fermi momentum, and $\epsilon_F = \frac{\hbar^2 k_F^2}{2m}$ the Fermi energy.

This construction is how we will deal with fermions next day!

5 Degenerate Fermi Gas

5.1 Review of the Weakly Interacting Fermion Construction

Last time, we started looking at the Fermi gas; it is what you get when you throw away the interactions between fermions (if you retain the interactions, you have something known as a Fermi liquid). Recall that we quantized the field:

$$\psi_\sigma(\mathbf{x}, t) = \int \frac{d^3k}{(2\pi)^{3/2}} e^{i\mathbf{k}\cdot\mathbf{x} - i\frac{\hbar\mathbf{k}^2}{2m}t} \alpha_\sigma(\mathbf{k}). \quad (5.1)$$

We recall that we showed how no two fermions could occupy the same state. So building up the ground state of an N -particle fermion state, we start with the lowest energy state and place one (actually two, accounting for spin) particle per energy level. Since $\epsilon \propto \mathbf{k}^2$, all states up to a spherical surface known as the *Fermi sphere* become filled.

We tried to construct this state (the vacuum), but it resulted in some mathematical ugliness (with an infinite continuous product of creation operators up to some \mathbf{k} ... mathematical nonsense). But we got around this by talking about the state directly and postulating its properties. We say that:

$$\begin{aligned} \alpha_\sigma^\dagger(\mathbf{k})|\mathcal{O}\rangle &= 0 & |\mathbf{k}| \leq k_F \\ \alpha_\sigma(\mathbf{k})|\mathcal{O}\rangle &= 0 & |\mathbf{k}| > k_F. \end{aligned} \quad (5.2)$$

though whether the states on the Fermi sphere are filled or empty will not be of particular importance to us.

5.2 Particles and Holes

Let us now rename some things:

$$\begin{aligned} \alpha_\sigma(\mathbf{k}) &= a_\sigma(\mathbf{k}) & \text{if } |\mathbf{k}| > k_F \\ \alpha_\sigma(\mathbf{k}) &= b_\sigma^\dagger(-\mathbf{k}) & \text{if } |\mathbf{k}| < k_F \end{aligned} \quad (5.3)$$

so it looks like we have two kinds of creation/annihilation operators. They are in a sense the same, but we label them like this to make the defining formulas for $|\mathcal{O}\rangle$ simpler, as now we can write them as:

$$\begin{aligned} a_\sigma(\mathbf{k})|\mathcal{O}\rangle &= 0 & |\mathbf{k}| > k_F \\ b_\sigma^\dagger(\mathbf{k})|\mathcal{O}\rangle &= 0 & |\mathbf{k}| < k_F. \end{aligned} \quad (5.4)$$

And we can write an excited state as:

$$(a^{\dagger\sigma_1}(\mathbf{k}_1) \dots b_{\rho_1}^\dagger(\mathbf{l}_1))|\mathcal{O}\rangle \quad (5.5)$$

where the a s create fermions, and the b s create holes (annihilating what was already there). We can therefore write the quantized field operator as:

$$\psi_\sigma(\mathbf{x}, t) = \int_{|\mathbf{k}| > k_F} \frac{d^3k}{(2\pi)^{3/2}} e^{i\mathbf{k}\cdot\mathbf{x} - i\frac{\hbar\mathbf{k}^2}{2m}t} a_\sigma(\mathbf{k}) + \int_{|\mathbf{k}| < k_F} \frac{d^3k}{(2\pi)^{3/2}} e^{-i\mathbf{k}\cdot\mathbf{x} - i\frac{\hbar\mathbf{k}^2}{2m}t} b_\sigma^\dagger(\mathbf{k}) \quad (5.6)$$

where we have done a change of variables $\mathbf{k} \rightarrow -\mathbf{k}$ in the second integral. So, ψ has two parts; it either annihilates a particle, or creates a hole. The only funny part of the expression is that the phases have opposite signs, but the energy part does not. It looks like the holes somehow gives us back negative energy. There is something we can do to repair this; let us redefine the energy. As it is currently, we have $\epsilon = \frac{\hbar^2\mathbf{k}^2}{2m}$. What if instead we add a constant¹¹:

$$\frac{\hbar^2\mathbf{k}^2}{2m} \rightarrow \frac{\hbar^2\mathbf{k}^2}{2m} - \frac{\hbar^2k_F^2}{2m} = \frac{\hbar^2\mathbf{k}^2}{2m} - \epsilon_F \quad (5.7)$$

¹¹Which we are told all the time in QM we are allowed to do; note that really this is a lie, but let us not worry about it.

if we do this and plug this into the energy, we get something nicer, as both particles and holes will have positive energy relative to the vacuum state (we return to this statement shortly). The net effect on the Hamiltonian is the substitution:

$$H \rightarrow H - \epsilon_F \mathcal{N}. \quad (5.8)$$

Now, if we want to calculate the number operator, we have:

$$\mathcal{N} = \int_{|\mathbf{k}| > k_F} d^3k a^{\dagger\sigma}(\mathbf{k}) a_\sigma(\mathbf{k}) - \int_{|\mathbf{k}| < k_F} d^3k b_\sigma^\dagger(\mathbf{k}) b^\sigma(\mathbf{k}) + \rho V \quad (5.9)$$

The negative sign on the b integral comes from the fact that we interchange the order to get the correct order of operators, but then we get a negative sign from the anticommutation, and we add ρV (with ρ the density and V the volume... an infinite constant. It is counting all of the particles in the Fermi sea/inside the Fermi sphere). If we now write down the Hamiltonian, we have:

$$H - \epsilon_F \mathcal{N} = \int_{|\mathbf{k}| > k_F} d^3k \frac{\hbar^2(\mathbf{k}^2 - k_F^2)}{2m} a^{\dagger\sigma}(\mathbf{k}) a_\sigma(\mathbf{k}) - \int_{|\mathbf{k}| < k_F} \frac{\hbar^2(k_F^2 - \mathbf{k}^2)}{2m} b_\sigma^\dagger(\mathbf{k}) b^\sigma(\mathbf{k}) + \phi V \quad (5.10)$$

where the change in the sign of the energy is from the anticommutation of the b s, and we also add the energy (an infinite constant representing the energy of all particles within the Fermi sphere) to compensate for this anticommutation. Where:

$$\Phi = \langle H - \epsilon_F \mathcal{N} \rangle = \phi V \quad (5.11)$$

is the Grand canonical free energy. Note if we open our system, the fermions were go out of the system until none are left (they tend to want to escape to minimize the free energy); in order for this to not happen, there is a chemical potential μ which can be seen as a sort of “gate voltage” of the fermions. It is an adjustable parameter we can tweak to coax the fermions back in. So then, determining the density has to do with extremizing the free energy.

Having do this, we notice that the energy of our excitations are all positive! So our shifting of the Hamiltonian was a good choice.

5.3 Equations of State and Physical Parameters

How do we figure out the parameters in the above expression (e.g. the density)? Let’s return to the particle number in our old formalism:

$$\mathcal{N} = \int d^3k a^{\dagger\sigma}(\mathbf{k}) a_\sigma(\mathbf{k}) \quad (5.12)$$

From this, let’s calculate the expectation value for the vacuum state¹²:

$$\rho V = \langle \mathcal{O} | \mathcal{N} | \mathcal{O} \rangle = \int_{|\mathbf{k}| < k_F} (2J + 1) \delta^3(\mathbf{0}) \quad (5.13)$$

where we have noted that the integral vanishes when $|\mathbf{k}| > k_F$ due to how the vacuum is defined, and we have replaced the a s with a terrible anticommutator. Here $\delta^3(\mathbf{k})$ is defined as:

$$\delta^3(\mathbf{k}) = \int \frac{d^3x}{(2\pi)^3} e^{i\mathbf{k} \cdot \mathbf{x}} \quad (5.14)$$

so then:

$$\delta^3(\mathbf{0}) = \int \frac{d^3x}{(2\pi)^3} = \frac{V}{(2\pi)^3} \quad (5.15)$$

¹²Note we will be very mathematically relaxed in our manipulations here... e.g. interchanging orders of matrix elements. It may be possible to justify this with working in a finite system and then taking limits, but we get the same answer so let us be cavalier about it.

so the above expectation value becomes:

$$\rho V = \int_{|\mathbf{k}| < k_F} (2J+1) \frac{V}{(2\pi)^3} \quad (5.16)$$

and if we now cancel out the volume, we remove the infinite quantities from both sides:

$$\rho = \int_{|\mathbf{k}| < k_F} \frac{2J+1}{(2\pi)^3} = \frac{(2J+1)}{(2\pi)^3} \frac{4\pi}{3} k_F^3 = \frac{(2J+1)}{6\pi^2} k_F^3 \quad (5.17)$$

where $\frac{4\pi}{3} k_F^3$ is the volume contained in the Fermi-sphere of radius k_F . Another calculation we can do is to calculate the internal energy; this is just the expectation value of our original Hamiltonian, which works out in a very similar way:

$$U = \langle \mathcal{O} | H | \mathcal{O} \rangle = V \frac{(2J+1)}{(2\pi)^3} \int_{|\mathbf{k}| < k_F} d^3k \frac{\hbar^2 \mathbf{k}^2}{2m}. \quad (5.18)$$

We go to polar coordinates to calculate the above:

$$U = V \frac{(2J+1)}{(2\pi)^3} \frac{\hbar^2}{2m} \int_0^{k_F} k^2 dk \int_0^\pi \sin(\theta) d\theta \int_0^{2\pi} d\phi k^2 = V \frac{(2J+1)}{(2\pi)^3} \frac{\hbar^2}{2m} \left(\frac{k_F^5}{5} \right) (4\pi) \quad (5.19)$$

So we conclude:

$$U = V \frac{(2J+1)}{(2\pi)^2} \frac{\hbar^2 k_F^5}{m 5} = uV \quad (5.20)$$

where u is the energy density. So, we can now use these two results to solve for k_F and then eliminate it from our expressions. This gives us equations of state, which contain valuable (nontrivial!) physical information. We find from Eq. (5.17):

$$k_F = \left[\frac{6\pi^2 \rho}{(2J+1)} \right]^{1/3} \quad (5.21)$$

and so plugging into Eq. (5.20) we have:

$$u = \frac{\hbar^2}{2m} \frac{(2J+1)}{10\pi^2} \left[\frac{6\pi^2 \rho}{(2J+1)} \right]^{5/3} \quad (5.22)$$

so $u \propto \rho^{5/3}$. We can then find various other physical quantities by using thermodynamic relations, e.g. the pressure as a function of energy density (note we have assumed that everything is at constant zero temperature here):

$$P = - \left. \frac{\partial U}{\partial V} \right|_N = \frac{2}{3} u \quad (5.23)$$

We can also find the chemical potential:

$$\mu = \left. \frac{\partial U}{\partial N} \right|_V = \epsilon_F \quad (5.24)$$

where in the above calculation we would write $U = uV$, and then write $\rho = N/V$. So we find at zero temperature that indeed the chemical potential is the Fermi energy (of course if one turns on interactions, or the temperature, then this will no longer hold!) What's more, if we look at Φ , we have:

$$\Phi = \langle H - \mu \mathcal{N} \rangle = \phi V \implies \phi = -P \quad (5.25)$$

5.4 A Simple Example of a Quantum Phase Transition

Note that there is a more detailed discussion of the above in the notes, and we have covered the main points here. But let us discuss one thing that is not in the notes. We recall the interplay between the fermions wanting to get away and the chemical potential to coax them back in. We now consider a simple model of a *quantum phase transition*¹³. We assume that we can tune the chemical potential; as we tune, the density varies. If $\mu = 0$, the density is zero. If we make it negative, the density stays at zero. So, as we increase μ , the density becomes nonzero as we cross $\mu = 0$; signalling a phase transition in the system.

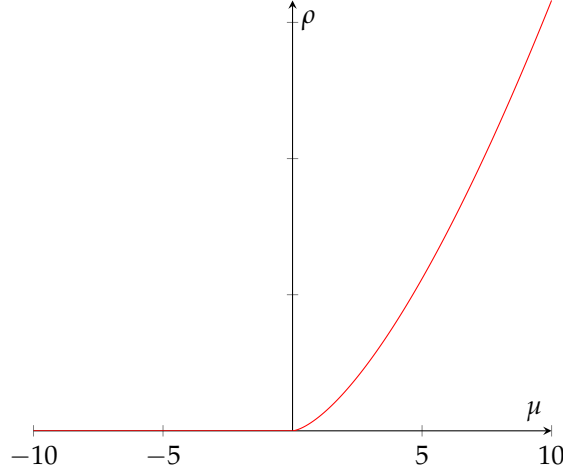


Figure 5.1: Plot of ρ vs. μ (arbitrary units). ρ is zero for $\mu \leq 0$ and $\rho \propto \mu^{3/2}$ for $\mu > 0$, signalling a phase transition in the system.

The fact that $\rho \propto \mu^{3/2}$ is obtainable by realizing that $k_F \propto \rho^{1/3}$ (Eq. (5.21)) and $\mu = \epsilon_F \propto k_F^2$ (Eqs. (5.24) and the definition of Fermi energy). Since $\varphi \propto P \propto u$ (Eqs. (5.25) and (5.23)), and $u \propto \rho^{5/3}$ (Eq. (5.17)), we find that the free energy φ is related to the chemical potential by $\varphi \propto \mu^{5/2}$.

Since we have to take three derivatives of φ w.r.t. μ before we get a discontinuity (at $\mu = 0$), by the Ehrenfest classification of phase transitions, this is a third order phase transition. This discussion can also be taken as something that highlights the difference between Fermi gas and Fermi liquid behaviour; interactions change the properties of the system significantly.

¹³One of the main models discussed in Sachdev's book by this title!

6 Degenerate Bose Gas

6.1 Setting up the Boson Case

Last time we discussed the Fermi gas, though we did not introduce any interactions. This is a starting point of doing condensed matter physics, nuclear physics (where the nucleus could be thought of as a small Fermi gas; though of course the interactions are strong in this case), neutron stars etc. When we add interactions, we get a Fermi liquid, where calculations become intractable; though we can apply computational methods in some cases. In a way, the strong interaction has been solved via a computer calculation; this is impressive as the models have been shown to work! Today, we instead discuss the degenerate Bose gas. We cover it as the second topic as it is more complex; due to Bose-Einstein condensation. We're stuck at zero temperature, and a gas of quantum-mechanical bosons at $T = 0$ (indeed, below some critical temperature T_c) forms a BE. If we're looking at particles without charge, we're looking at some kind of *superfluid*. The noninteracting case is so ugly that we don't study it; we add a small interaction to make things more sensible, so the use of "fluid" is really correct, here.

We study a zero-temperature state of a box of bosons. If we ignore all interactions, the energy takes the form:

$$\epsilon = \frac{\hbar^2 \mathbf{k}^2}{2m}. \quad (6.1)$$

Here, more than one particle can occupy the lowest energy state, so we might take our quantized field with the creation operator, and do something that looks nonsensical:

$$(\alpha^\dagger(0))^N |0\rangle \quad (6.2)$$

Of course this looks crazy, as these particles with $\mathbf{k} = \mathbf{0}$ have infinite wavelength. . . so perhaps we should do something else, but what else is there? We could say that there is confinement within a box (of box L with hard boundary conditions), but then the wavefunction would follow boundary conditions (in each direction).

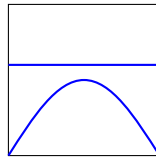


Figure 6.1: Two possible views as the problem. We can constrain the bosons to a box of side length L with hard boundaries, constraining the ground state wavefunction to look like $\sqrt{\frac{2}{L}} \sin(\frac{2\pi x}{L})$. Alternatively, we can assume our system is a finite patch out of infinite space, in which case the ground state wavefunctions are plane waves with infinite wavelength, i.e. constant in space.

In fact, the wavefunction and the energy would be quite sensitive to the boundary conditions. This is not something that we really want¹⁴. We could do the opposite and remove the walls, and assume that our system is a finite patch within infinite space. Then a piece of the system should look fairly generic. But what happens then? The wavefunction would be constant over all space if $\mathbf{k} = \mathbf{0}$, so the probability of finding it anywhere in space is equal. So, our state is not something with a constant particle number. So at the outset, we can take this point of view that the particle number is not fixed; an approach that particle physicists and field theorists love. One could instead take a closed system and study it through this method, but there is not a consensus as to whether the two approaches are actually equivalent. But we will take the field theorists approach, here.

¹⁴as theorists in a QFT class, anyway; maybe not if you work at SBQMI down the street.

Motivated by this argument, we consider the state:

$$|\mathcal{O}\rangle = \sum_{N=0}^{\infty} c_N \left(\alpha^\dagger(\mathbf{0}) \right)^N |0\rangle. \quad (6.3)$$

This is still not quite sensible; perhaps we can take something like:

$$\alpha_f^\dagger = \int d^3x f(\mathbf{x}) \alpha^{dag}(\mathbf{k}) \quad (6.4)$$

for f square integrable if we wanted to be a tad more rigorous, but let us not worry ourselves with this very much. How do we characterize such states? One thing we can notice is:

$$\langle \mathcal{O} | \psi(\mathbf{x}, t) | \mathcal{O} \rangle \neq 0. \quad (6.5)$$

The field operator annihilates a boson, but it will still have a nonzero overlap with the original vacuum state, so the overall expectation value will be nonzero (see HW2). Note that this is okay for bosons, but we would never see this for fermions. This is hugely degenerate if the bosons are non-interacting.

6.2 Coherent States

Let us talk for a little about coherent states, which have the above expectation value property. At $t = 0$, we consider the field-operator commutation relations:

$$[\psi(\mathbf{x}), \psi^\dagger(\mathbf{y})] = \delta^3(\mathbf{x} - \mathbf{y}) \quad (6.6)$$

and:

$$[\psi^\dagger(\mathbf{x}), \psi^\dagger(\mathbf{y})] = [\psi(\mathbf{x}), \psi(\mathbf{y})] = 0. \quad (6.7)$$

If we act the annihilation operator on the empty vacuum, we have:

$$\psi(\mathbf{x})|0\rangle = 0. \quad (6.8)$$

We do not concern ourselves with the spin. Now, we consider the state:

$$|\eta\rangle = e^{\int d^3x (\eta^*(\mathbf{x})\psi(\mathbf{x}) - \psi^\dagger(\mathbf{x})\eta(\mathbf{x}))} |0\rangle \quad (6.9)$$

where the operator in the exponential is anti-hermitian and so the overall operator is unitary. If we write the normal ordered version of the above, we obtain:

$$|\eta\rangle = e^{-\int d^3x \eta^*(\mathbf{x})\eta(\mathbf{x})} e^{-\int d^3x \eta(\mathbf{x})\psi^\dagger(\mathbf{x})} |0\rangle \quad (6.10)$$

where we have got rid of the ψ term by considering that this annihilates the vacuum state. We can write the action of the annihilation operator on the coherent state as:

$$\psi(\mathbf{x})|\eta\rangle = \eta(\mathbf{x})|\eta\rangle. \quad (6.11)$$

So that's a cool property! It's also a unitary transform of the vacuum state, so it is normalized:

$$\langle \eta | \eta \rangle = 1. \quad (6.12)$$

So this is an example of the state where:

$$\langle \psi | \psi(\mathbf{x}) | \eta \rangle = \eta(\mathbf{x}). \quad (6.13)$$

This is an example of a “good” coherent state (as opposed to a bad one) and very often in physics we used bad ones. What could go wrong? For example, the integral $\int d^3x \eta^*(\mathbf{x})\eta(\mathbf{x})$ could diverge if $\eta(\mathbf{x})$ is a constant. This often happens, actually (and we will proceed to work with this right now). The bad coherent state is ubiquitous; any interaction state of charges particles produces a “coherent” state of soft photons, but this is a bad coherent state (it has no overlap with any state which has a finite number of photons). Every QED interaction produces an infinite number of photons, which fly away undetected, but seem to be always there. So, we drop “true/good” coherent states for now, and work with bad ones; which will still give us sensible results.

6.3 Landau's Argument for Superfluidity

Note that in the textbook that there is a section which reviews Landau's famous argument about the quasiparticle spectrum and critical velocity of a superfluid. It uses Galilean symmetry, and so we don't cover it here (and the treatment of the book is so refined, that it is probably better to read it there). There is however the idea of a superfluid flowing through a pipe, without resistance, and so even if we introduce some interactions (between the particles, and with the pipe), it will flow through the pipe without any resistance. This is to some extent seen in the lab, and there is seen that if the superfluid goes too fast then the superfluid starts to feel resistance. Landau's argument goes as follows. For the energy to dissipate, there should be some excitations in the fluid. So, there should be some viscosity that creates a travelling wave/ripple (sometimes called quasiparticles) in the fluid. Let us say this is wavelike (everything is quantum mechanical here), with a wavenumber \mathbf{k} and frequency $\omega(\mathbf{k})$.

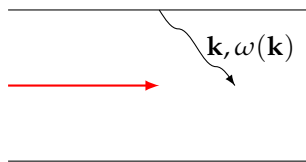


Figure 6.2: In Landau's argument for superfluids, we consider a superfluid travelling in a pipe, and wavelike excitations/quasiparticles with wavenumber \mathbf{k} and frequency $\omega(\mathbf{k})$.

He then argues that this should be energetically favourable if the velocity is larger than a critical velocity v_c :

$$v_c = \min_{\mathbf{k}} \frac{\omega(\mathbf{k})}{|\mathbf{k}|}. \quad (6.14)$$

The argument is beautiful in how it invokes Galilean relativity/symmetry (do read about it in your own time!) Note the stark difference from the free particle case; as then we would have $\omega(\mathbf{k}) \propto \mathbf{k}^2$ so $v_c = 0$, i.e. free particles are not superfluidic. What does work is if we have a sound wave, as then $\omega(\mathbf{k}) = v_s |\mathbf{k}|$; here the critical velocity is the speed of sound.

So, the important goal for us; can we find this using our model? What do the elementary excitations look like?

A small aside; this argument doesn't really agree with experiments. v_c as measured is smaller than what we would expect from Landau's argument. The explanation is that the dispersion relation $\omega(\mathbf{k})$ as measured in experiment takes the form of the roton curve as seen in the below figure. Then v_c is not the slope of the purple curve (as would be predicted theoretically) but instead is the slope of the red curve (less than the theoretically predicted value).

6.4 Introducing a Small Interaction to our QFT

We introduce a weak repulsive interaction between the bosons that suppresses the Bose-Einstein condensation. They will want to be far apart and run away from our system; so we add a chemical potential to balance this and draw them back in (so we end up with a finite density at the end). Let us write down a Hamiltonian¹⁵ for this:

$$H = \int d^3x \left(\frac{\hbar^2}{2m} \nabla \psi^\dagger(\mathbf{x}) \cdot \nabla \psi(\mathbf{x}) - \mu \psi^\dagger(\mathbf{x}) \psi(\mathbf{x}) + \frac{\lambda}{2} \psi^\dagger(\mathbf{x}) \psi^\dagger(\mathbf{x}) \psi(\mathbf{x}) \psi(\mathbf{x}) \right) \quad (6.15)$$

where the last term is a ball-bearing potential, with λ "small" (and positive; else the spectrum will not be bounded from below, as the energy from all the particles sitting on top of each other will be negative

¹⁵A remark: model building is often much easier than the actual toying with the (e.g. field) equations...

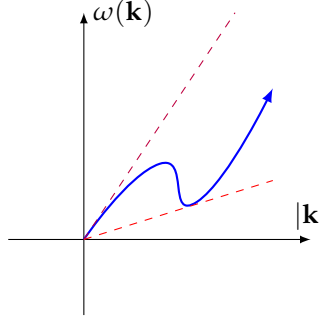


Figure 6.3: Plot of the experimental dispersion relation for superfluids (roton dispersion relation). From this we can see the reason for the experimental disagreement of the Landau argument for determining the critical velocity v_c of superfluids, as the local minimum in the roton curve shifts the critical velocity to be the slope of the red curve, rather than the Landau theoretical prediction of the purple curve.

infinity). We also enforce the commutation relations:

$$[\psi(\mathbf{x}, t), \psi^\dagger(\mathbf{y}, t)] = \delta^3(\mathbf{x} - \mathbf{y}), \quad [\psi^\dagger(\mathbf{x}, t), \psi^\dagger(\mathbf{y}, t)] = [\psi(\mathbf{x}, t), \psi(\mathbf{y}, t)] = 0 \quad (6.16)$$

and also introduce the vacuum state $|\mathcal{O}\rangle$, which is the lowest-eigenvalue eigenstate of the (bounded-from-below) Hamiltonian. It is possible that the expectation value is nonvanishing, so let us anticipate this and introduce a function $\eta(\mathbf{x})$:

$$\langle \mathcal{O} | \psi(\mathbf{x}, t) | \mathcal{O} \rangle = \eta(\mathbf{x}) \neq 0. \quad (6.17)$$

How do we treat this possibility in a systematic way? One way would be to write:

$$\psi(\mathbf{x}, t) = \eta(\mathbf{x}, t) + \tilde{\psi}(\mathbf{x}, t) \quad (6.18)$$

where η is the classical part and $\tilde{\psi}$ is the quantum/non-classical part, i.e. which follows:

$$\langle \mathcal{O} | \tilde{\psi}(\mathbf{x}, t) | \mathcal{O} \rangle = 0. \quad (6.19)$$

So, there will be a classical part of the Hamiltonian where we forget about the $\tilde{\psi}$ s, and in this term we would like η s which minimize the Hamiltonian. Then we can solve a classical field equation, check the extremum of the functional etc. We can argue that the η that minimizes the Hamiltonian goes as:

$$\eta \sim \frac{1}{\sqrt{\lambda}}. \quad (6.20)$$

At very weak coupling, this classical piece is emphasized. We then might ask what the size of the quantum part is. Since ψ needs to obey equal-time commutation relations, and η drops out of these (as it is classical and drops out of the commutation relations), then since $\tilde{\psi}$ follows the commutation relations (where λ shows up nowhere), this tells us that $\tilde{\psi}$ is of order unity:

$$\tilde{\psi} \sim \lambda^0 = 1. \quad (6.21)$$

If we make λ small, we can then ignore anything but the classical η term. We can consider an asymptotic expansion of η (asymptotic as the first term is singular) and $\tilde{\psi}$, each of which have corrections which can be solved order by order. This is an arbitrarily good approach so long as λ is arbitrary small and nonzero. Let us take it (next class!)

Another thing we might be interested in is the “smoothest” possible states, i.e. states that have some symmetry. A smooth surface has translation symmetry. We expect that the low-energy states of our theory

here may be smooth. Suppose η was a constant; then the most important part of our field is smooth. This is like going back to our condensate at the start of our lecture, where our wavefunctions were constant throughout all space. We then simply search for a constant which minimizes the Hamiltonian. The kinetic energy terms are zero if η is a constant, and we can minimize the other terms to find:

$$\eta = \sqrt{\frac{\mu}{\lambda}} \sim \frac{1}{\sqrt{\lambda}}. \quad (6.22)$$

From our theory we can calculate the density:

$$\rho \cong \frac{\mu}{\lambda} \quad (6.23)$$

and the (grand canonical free) energy:

$$\Phi = -\frac{\mu^2}{2\lambda} + \dots = -\frac{\lambda}{2}\rho^2 + \dots \quad (6.24)$$

which is also equal to the negative of the pressure:

$$P = -\Phi = \frac{\lambda}{2}\rho^2. \quad (6.25)$$

So already this theory gives us a lot to work with, but we have yet to show that it is in fact a superfluid; this is something we will calculate and verify next class, by figuring out what $\omega(\mathbf{k})$ is for our theory.

7 Degenerate Bose Gas Continued

7.1 A Review of the Boson Gas Hamiltonian

Recall the Hamiltonian we were working with in studying the Bose gas/liquid:

$$H = \int d^3x \left(\frac{\hbar^2}{2m} \nabla \psi^\dagger \cdot \nabla \psi - \mu \psi^\dagger \psi + \frac{\lambda}{2} \psi^\dagger \psi^\dagger \psi \psi \right) \quad (7.1)$$

where:

$$\psi = \eta + \tilde{\psi} \quad (7.2)$$

with η is the classical part and $\tilde{\psi}$ the quantum part. We can interpret this as:

$$\langle \mathcal{O} | \tilde{\psi} | \mathcal{O} \rangle = 0. \quad (7.3)$$

We noted that the classical part η was very important in the weak-coupling limit, as $\eta \sim \frac{1}{\sqrt{\lambda}}$. Meanwhile, $\tilde{\psi}$ obeys commutation relations for which no λ shows up, so $\tilde{\psi} \sim \lambda^0$. However, we expect that there are an infinite series of correction, so really:

$$\psi = \eta + \tilde{\psi} + \delta\eta + \lambda\delta\tilde{\psi} \quad (7.4)$$

Where $\delta\eta \sim \sqrt{\lambda}$. For small λ (though this is not entirely a trivial statement; λ has dimensions, so what it is small compared to?), it is meaningful to analyze the leading terms (i.e. a classical Hamiltonian). We can plug in η to where the ψ s are in the Hamiltonian, and we get something that looks like a potential:

$$V(\eta) = V(-\mu|\eta|^2 + \frac{\lambda}{2}|\eta|^4) \quad (7.5)$$

Minimizing V with respect to η , we find:

$$\eta = \sqrt{\frac{\mu}{\lambda}}. \quad (7.6)$$

There is something funny with this identification; $V(\eta)$ depends only on the norm of η , but in the expression for η we have chosen it to be real. From a minimization perspective:

$$\eta = \sqrt{\frac{\mu}{\lambda}} e^{i\theta} \quad (7.7)$$

are valid minima for all $\theta \in \mathbb{R}$. So the minimum is not unique. However, we can proceed by just choosing an angle of our choice, and it will not matter. Why is this the case?

7.2 A Brief Foray Into Spontaneous Symmetry Breaking

Looking at the Hamiltonian, we notice that there is a symmetry; namely, the Hamiltonian is unchanged by the introduction of some phase $\psi \mapsto \psi e^{i\theta}$. So, this tells us that what we choose for the phase of η should not matter.

TODO: 3d Plot of V vs. η .

Figure 7.1: η

The idea is that the potential is completely symmetric under rotation, but the solution is not. This is something known as spontaneous symmetry breaking. Classical analogy: which way does chalk fall when one lets go of it from the top position. A priori, there is a symmetry; there is no preference to how it falls.

But when we actually do the experiment, it falls somewhere as we perturb it somehow when releasing (breaking the symmetry) or an air molecule bounces off of it and causes it to fall. Quantum mechanically, the chalk is described by the rigid rotator Hamiltonian:

$$H = \frac{I}{2} \dot{\theta}^2 \quad (7.8)$$

If I look at the eigenfunctions, we have:

$$\psi(\theta) = e^{in\theta} \quad (7.9)$$

The ground state is a superposition of all of these angles, which averages out to zero. But this is clearly not the right state; it is in some orientation and it is frozen there. The idea is that the chalk pointing at some angle is actually an excited state; we have something like:

$$\psi(\theta) = \sum_n e^{in(\theta - \theta_c)} \quad (7.10)$$

and it relaxes towards the ground state given sufficient time; however this time depends on the moment of inertia, which here it is very large. If the chalk was small enough, then we would see it undergo this relaxation; since it is macroscopic, the relaxation time is very large.

Why this chalk discussion? This is to say that why the quantum mechanical description of the chalk may be correct, it is really not particularly reasonable; it makes more sense to treat this classically. So, returning back to the idea of spontaneous symmetry breaking. This is a ubiquitous phenomenon (in condensed matter, particle physics, etc.). For example, consider ferromagnetism. The true ground state of a ferromagnetic is some superposition, but if we look at it, it will not decay to the ground state during the lifetime of the universe. So, we can just think about this classically.

Having now chosen a solution, we can't see the symmetry of the whole potential anymore; the fluctuations (as obtained by calculating the higher order terms) cannot "see" the whole energy landscape (one can think that the "moment of inertia" is so large that it cannot explore the entire ring of minima).

A takeaway from all of this; spontaneous symmetry-breaking is a phenomena we often see when classical effects dominate over quantum ones.

7.3 Solving the System

So, we've solved for the leading term of the expansion of ψ ! Since it's dominant, we could just calculate the internal energy, or the grand canonical free energy from what we have so far. We can find the GC free energy to be:

$$\phi = -\frac{\lambda}{2} \rho^2 = -P. \quad (7.11)$$

We can find corrections to this by calculating the contributions from the higher order terms (these corrections should be small, if our asymptotic expansion is actually reasonable). In particular, here this expansion works at low density.

Next, we can plug $\psi = \eta + \tilde{\psi}$ into the field equation (see HW2) or the Hamiltonian (which we do now), and see what we get out. We find:

$$H' = -\frac{\lambda}{2} \rho^2 V + \int d^3x \left(\frac{\hbar^2}{2m} \nabla \tilde{\psi}^\dagger \cdot \nabla \tilde{\psi} + \mu \tilde{\psi}^\dagger \tilde{\psi} + \frac{\mu}{2} \tilde{\psi} \tilde{\psi} + \frac{\mu}{2} \tilde{\psi}^\dagger \tilde{\psi}^\dagger \right) + \mathcal{O}(\lambda) \quad (7.12)$$

Now the Hamiltonian does not look normal in the $\tilde{\psi}$ and $\tilde{\psi}^\dagger$ s anymore; this is due to the broken symmetry. We can also plug in our expansion into the commutation relations:

$$[\tilde{\psi}(\mathbf{x}, t), \tilde{\psi}^\dagger(\mathbf{y}, t)] = \delta^3(\mathbf{x} - \mathbf{y}) \quad (7.13)$$

Let us comment on the $\mathcal{O}(\lambda)$ corrections; we first have that:

$$-\frac{\lambda}{2}\rho^2 V = -\frac{\mu^2}{2\lambda} V \quad (7.14)$$

So this is indeed the leading term for small λ . The integral term is of order $\lambda^0 = 1$. Then the corrections are of order λ , so we can control these by taking small λ .

For large derivatives, the kinetic energy terms dominate, but for smaller derivatives the other terms in the integral become important.

By plugging things back in, we get a linear field equation for $\tilde{\psi}$ (The Bogolibov-de-Gennes equation); see HW2. But let us attack this Hamiltonian directly:

$$\psi(\mathbf{x}, 0) = \int \frac{d^3k}{(2\pi)^{3/2}} e^{i\mathbf{k}\cdot\mathbf{x}} \alpha(\mathbf{k}) \quad (7.15)$$

this is really just a change of basis in function space; the whole integral is like a unitary matrix that rotates the basis. Let us go to the α s; why? Because the Hamiltonian is translation invariant, we would suspect that the momentum would be an important quantity, and \mathbf{k} is closely related to momentum, so it is good to analyze. The Hamiltonian reads:

$$H = -\frac{\mu^2}{2\lambda} V + \int d^3k \left(\frac{\hbar^2 k^2}{2m} \alpha^\dagger(\mathbf{k}) \alpha(\mathbf{k}) + \mu \alpha^\dagger(\mathbf{k}) \alpha(\mathbf{k}) + \frac{\mu}{2} \alpha(-\mathbf{k}) \alpha(\mathbf{k}) + \frac{\mu}{2} \alpha^\dagger(\mathbf{k}) \alpha^\dagger(-\mathbf{k}) \right) \quad (7.16)$$

From going to k -space, we have a separate Hamiltonian for each value of \mathbf{k} , and the first term ($\alpha^\dagger(\mathbf{k}) \alpha(\mathbf{k})$) is diagonalized. However, it is still not clear what the eigenvalues of the elementary excitations are. We need to diagonalize this Hamiltonian; let us try this. First we note that the Hamiltonian is of quadratic form, so we should be able to diagonalize it. We let:

$$\begin{aligned} \alpha(\mathbf{k}) &= \cosh \theta(\mathbf{k}) a(\mathbf{k}) - \sinh \theta(\mathbf{k}) a^\dagger(-\mathbf{k}) \\ \alpha^\dagger(\mathbf{k}) &= \cosh \theta(\mathbf{k}) a^\dagger(\mathbf{k}) - \sinh \theta(\mathbf{k}) a(-\mathbf{k}) \end{aligned} \quad (7.17)$$

Wait, where do the hyperbolic functions come from? We know that the α s follow the commutation relations:

$$[\alpha(\mathbf{k}), \alpha^\dagger(\mathbf{l})] = \delta^3(\mathbf{k} - \mathbf{l}) \quad (7.18)$$

so we want the a s to do the same:

$$[a(\mathbf{k}), a^\dagger(\mathbf{l})] = \delta^3(\mathbf{k} - \mathbf{l}) \quad (7.19)$$

I don't have a lot of freedom in the coefficients if I want the commutation relations to hold; the hyperbolic functions come out of this.

Eqs. (7.17) is known as a Bogoliubov transformation. We can plug this into the Hamiltonian and get an even more complicated expression with $\sin \theta(\mathbf{k})$ s and a s, and we can adjust $\theta(\mathbf{k})$ until we get something proportional to $a^\dagger(\mathbf{k}) a(\mathbf{k})$. When we do so, we end up with:

$$H = -\frac{\mu^2}{2\lambda} V + \int d^3k E(\mathbf{k}) a^\dagger(\mathbf{k}) a(\mathbf{k}) + E_0 \quad (7.20)$$

where the constant at the end comes from the corrections from interchanging the order of operators (as a consistency check: this constant should be small compared to the leading order constant). It is a kind of zero-point energy. In order for the above to hold, we find the constraint that:

$$\tanh 2\theta(\mathbf{k}) = \frac{\mu}{\frac{\hbar^2 \mathbf{k}^2}{2m} + \mu} \quad (7.21)$$

and $E(\mathbf{k})$ follows:

$$E(\mathbf{k}) = \sqrt{\left(\frac{\hbar^2 \mathbf{k}^2}{2m} + \mu\right)^2 - \mu^2} \quad (7.22)$$

so we obtain a dispersion relation for \mathbf{k} ! The cool thing is we can now use this dispersion relation combined with the Landau result to get a testable prediction of the critical velocity for superfluids. For small \mathbf{k} , the above reduces to:

$$E(\mathbf{k}) \approx \sqrt{\frac{\hbar^2}{2m}} \mu |\mathbf{k}| \quad (7.23)$$

So the Landau criterion would tell us that:

$$v_c = \sqrt{\frac{\hbar^2}{2m}} \mu. \quad (7.24)$$

This turns out to be wrong most of the time, as superfluids are in general not weakly interacting. But, when an experimental group created a weakly-interacting Bose-Einstein condensate, they were able to indeed verify that the above expression holds!

This concludes our discussion; HW2 attacks the same problem from the perspective of the equations of motion.

7.4 A Small Teaser for Next Lecture

We've developed our QFT, rewrote many-particle QM as a QFT, and studied some simple (but useful!) examples (such as the Fermi gas¹⁶ and superfluids). Now, we go into developing the ideas of QFT a little further. One might wonder why we need something else; this is because this "something else" gives us great power and a nicer way to study field theories when we have to do perturbation theory. It may be an unexpected step, but we will temporarily regress from doing QFT to doing classical field theory. We will consider the *action principle*. We will consider some classical field $\psi_\sigma(\mathbf{x}, t)$ (bosons only; anti-commuting fermions would not be pure functions, but would instead be operators belonging to an algebra...). We will then ask if we can derive our field equation from a variational principle and an action. Of course the answer is yes (else we wouldn't bring it up), and we can even write down the Lagrangian density and the action which will yield our classical field equation. The action is:

$$S = \int dt d^3x \mathcal{L} \quad (7.25)$$

where the Lagrangian density is:

$$\mathcal{L} = i\hbar \psi^{\dagger\sigma} \frac{\partial}{\partial t} \psi_\sigma - \frac{\hbar^2}{2m} \nabla \psi^{\dagger\sigma} \cdot \nabla \psi_\sigma + \mu \psi^{\dagger\sigma} \psi_\sigma - \frac{\lambda}{2} (\psi^{\dagger\sigma} \psi_\sigma)^2. \quad (7.26)$$

However, we have lost something: our quantum field equation had a particular ordering of the ψ and ψ^\dagger s in the interaction part. We have to recover this somehow. This could be a small or large problem; for us it is small because we know how it has to look like ahead of time. But, something like the ordering problem in treating Einstein's gravity is not resolved. In general, this is something one needs to solve case-by-case.

What then, do we gain? The Lagrangian encodes the commutator as well as the field equation. One can encode the first term as:

$$(i\hbar \psi^{\dagger\sigma}) \left(\frac{\partial}{\partial t} \psi_\sigma \right) = P \dot{Q} \quad (7.27)$$

¹⁶Quite a useful "first-order" approximation for metals.

and note the connection with the Hamiltonian:

$$L = P\dot{Q} - H(P, Q). \quad (7.28)$$

One can consider the Poisson bracket:

$$\{\psi_\sigma(\mathbf{x}, t), i\hbar\psi^{\dagger\rho}(\mathbf{y}, t)\} = \delta_\sigma^\rho \delta^3(\mathbf{x} - \mathbf{y}) \quad (7.29)$$

and when quantizing one adds an $i\hbar$ and replaces the Poisson bracket with a commutator. So there is that benefit of less writing. We also gain the analysis of symmetries and conserved quantities that we know from classical field theory, which we can lift to the QFT (for example, conservation of energy, momentum).

This is not just a construct; we will learn how to use functional integrals, and the (classical) action plays a very large role there (we integrate over it). It will stay with us for a long time.