

# How we lull ourselves to sleep

Tenor Saxophone + Metronome

Roelof Ruis

♩ = 102  
*mf*

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

7 **A**

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

13

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

18 **B**  
*mp*

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x || x x x x x x x | x x x x x x x |

24 *f*

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

**C** Drowsily  
31 *mp*

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

37

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

43 **D** Hypnagogic *p*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

49 *rit.*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

56 *rit.*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

62 **E** *a tempo* *ff*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

69 *ff*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

76

Measures 76-81: Treble clef, key signature of three sharps (F#, C#, G#). Measure 76: whole rest. Measures 77-81: Bass line contains eighth and sixteenth note patterns; treble line contains rests.

82

Measures 82-87: Treble clef, key signature of three sharps (F#, C#, G#). Measure 82: whole rest. Measures 83-87: Bass line contains eighth and sixteenth note patterns; treble line contains rests.

88

Measures 88-93: Treble clef, key signature of three sharps (F#, C#, G#). Measure 88: whole rest. Measures 89-93: Bass line contains eighth and sixteenth note patterns; treble line contains rests.

94

Measures 94-99: Treble clef, key signature of three sharps (F#, C#, G#). Measure 94: whole rest. Measures 95-99: Bass line contains eighth and sixteenth note patterns; treble line contains rests.

100

Measures 100-105: Treble clef, key signature of three sharps (F#, C#, G#). Measure 100: whole rest. Measures 101-105: Bass line contains eighth and sixteenth note patterns; treble line contains rests.

106

Measures 106-111: Treble clef, key signature of three sharps (F#, C#, G#). Measure 106: whole rest. Measures 107-111: Bass line contains eighth and sixteenth note patterns; treble line contains rests.