

# How we lull ourselves to sleep

Accordion

Roelof Ruis

$\text{♩} = 102$   
*mf*

6 **A**

12

17 **B**  
*mp*

23 *f*

29 **C** Drowsily  
*mp*

34

40

45 **D** Hypnagogic  
*p*

50 *rit.*

55 *rit.*

60 air button: breathing **E** *a tempo* ***ff*** ***pp***

68 ***ff*** ***pp***

77 ***mf***

85 **F** ***mf***

92 **G**

98

104