

How we lull ourselves to sleep

Accordion

Roelof Ruis

♩ = 102

mf

6

A

12

17

B

mp

23

f

29

C Drowsily

mp

34

40

45

D Hypnagogic

p

50

rit.

The musical score is written for a single staff in treble clef. It begins with a key signature of three sharps (F#, C#, G#) and a 7/8 time signature. The tempo is marked as 102 beats per minute. The dynamics range from *mf* (mezzo-forte) to *p* (piano). The piece is divided into four sections: A (measures 6-16), B (measures 17-22), C (measures 29-33), and D (measures 45-50). Section D is labeled 'Hypnagogic'. The score concludes with a *rit.* (ritardando) marking at measure 50.

55 *rit.*

60 air button: breathing **E** *a tempo*
ff *pp*

68 *ff* *pp*

77 *mf*

85 **F** *mf*

92 **G**

98

104

113 *molto rit.*