

How we lull ourselves to sleep

Tenor Saxophone + Metronome

Roelof Ruis

♩ = 102
mf

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

7 **A**

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

13

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

18 **B**
mp

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x || x x x x x x x | x x x x x x x |

24 *f*

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

C Drowsily
31 *mp*

Metronome pattern: | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

37

43

D Hypnagogic

p

49

rit.

56

rit.

62

E *a tempo*

ff

69

ff

76

82

88 **F**
mf

94 **G**

100

106

The musical score is written for Tenor Saxophone and Metronome. It consists of five systems of music, each with a melodic line and a metronome line. The key signature is F# major (three sharps). The time signature changes from 4/4 to 5/8 at measure 82, back to 4/4 at measure 94, and to 7/8 at measure 100. The score includes various musical notations such as rests, eighth notes, quarter notes, and slurs. Dynamics include *mf* (mezzo-forte) at measure 88. The piece ends with a double bar line at measure 106.