

How we lull ourselves to sleep

Bass

Roelof Ruis

The musical score consists of ten staves of bass notation. The key signature is A major (no sharps or flats). The tempo is indicated as $\text{♩} = 102$. The score includes dynamic markings such as *mf*, *f*, *p*, *pp*, *mf*, *rit.*, *molto rit.*, and *a tempo*. The score is divided into sections labeled A through G:

- A:** Measures 11-19.
- B 3:** Measures 20-29, with a dynamic *f*.
- C Drowsily:** Measures 31-38, with a dynamic *mp* and a *rit.* marking.
- D Hypnagogic:** Measures 42-50, with a dynamic *p* and a *rit.* marking.
- E a tempo:** Measures 53-58.
- F:** Measures 66-78.
- G:** Measures 89-94.
- Final section:** Measures 99-109, ending with a *molto rit.* marking.