

# How we lull ourselves to sleep

Bass

Roelof Ruis

♩ = 102

*mf*

**A**

11

**B** 3

*f*

**C** Drowsily

*mp*

**D** Hypnagogic

*p*

*rit.*

52

*rit.*

**E** *a tempo*

66

*pp*

74

*mf*

81

**F**

*mf*

92

**G**

102

8