

# How we lull ourselves to sleep

Tenor Saxophone + Metronome

Roelof Ruis

♩ = 102  
*mf*

| x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

7 **A**

| x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

13

| x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

18 **B**  
*mp*

| x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x || x x x x x x x | x x x x x x x |

24 *f*

| x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

**C** Drowsily  
31 *mp*

| x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x | x x x x x x x |

37

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

43 **D** Hypnagogic *p*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

49 *rit.*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

56 *rit.*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

62 **E** *a tempo* *ff*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

69 *ff*

Metronome pattern: | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x | x x x x x x x x |

76

Measures 76-81: The top staff contains rests for measures 76 through 81. The bottom staff contains a continuous rhythmic pattern of eighth and sixteenth notes.

82

Measures 82-87: The top staff features a melodic line with slurs and accidentals. The bottom staff continues the rhythmic pattern of eighth and sixteenth notes.

88

Measures 88-93: The top staff shows a melodic line with slurs and a forte (*mf*) dynamic marking. The bottom staff continues the rhythmic pattern of eighth and sixteenth notes.

94

Measures 94-99: The top staff shows a melodic line with slurs and a forte (*G*) dynamic marking. The bottom staff continues the rhythmic pattern of eighth and sixteenth notes.

100

Measures 100-105: The top staff shows a melodic line with slurs and a forte (*G*) dynamic marking. The bottom staff continues the rhythmic pattern of eighth and sixteenth notes.

106

Measures 106-111: The top staff shows a melodic line with slurs and a forte (*G*) dynamic marking. The bottom staff continues the rhythmic pattern of eighth and sixteenth notes.