

# How we lull ourselves to sleep

Accordion

Roelof Ruis

♩ = 102

*mf*

6

A

12

17

B

*mp*

23

*f*

29

C Drowsily

*mp*

34

40

45

D Hypnagogic

*p*

50 *rit.*

55 *rit.*

60 air button: breathing **E** *a tempo*  
*ff* *pp*

68 *ff* *pp*

77 *mf*

85 **F** *mf*

92 **G**

98

104