

# How we lull ourselves to sleep

Bass

Roelof Ruis

♩ = 102

*mf*

**A**

11

**B** 3

*f*

20

**C Drowsily**

*mp*

31

**D Hypnagogic**

*p*

42

*rit.*

53

**E a tempo**

66

*pp*

73

*mf*

79

**F**

*mf*

89

**G**

99

*molto rit.*

109