

How we lull ourselves to sleep

Roelof Ruis

Musical score for measures 1-5. The score consists of four staves. The top two staves are treble clef, the third is bass clef, and the bottom is a double bass staff. The key signature is A major (three sharps). The tempo is 102 BPM. Measure 1 starts with eighth-note pairs. Measure 2 shows sixteenth-note patterns. Measure 3 has eighth-note pairs. Measures 4 and 5 continue the rhythmic patterns. Dynamics include *mf* (mezzo-forte) and *p* (piano).

Musical score for measures 6-10. The key signature changes to D major (one sharp). Measure 6 begins with a melodic line. Measure 7 features a series of chords. Measure 8 contains eighth-note pairs. Measures 9 and 10 continue the melodic and harmonic patterns. Measure 10 concludes with a fermata over the bass staff. The letter 'A' is placed above the melody in measure 6.

Musical score for measures 11-15. The key signature changes to G major (no sharps or flats). Measure 11 starts with eighth-note pairs. Measure 12 features a melodic line. Measure 13 contains eighth-note pairs. Measures 14 and 15 continue the melodic and harmonic patterns. Measure 15 concludes with a fermata over the bass staff.

2

17

II 8 | x x x. |

22

B

mp

f

mp

f

f

f

II - - - - - | - - - - - | - - - - - | - - - - - | - - - - - | - - - - - | - - - - - |

28

C Drowsily

mp

Drowsily

mp

Drowsily

mp

Drowsily

mp

II | x x x. |

33

II | x x x. |

38

43 D Hypnagogic
p
Hypnagogic
p
Hypnagogic
p
Hypnagogic.
p

47 rit.
rit.
rit.
rit.

52 rit.
rit.
rit.
rit.

5

57

air button: breathing

|| 5 | x x. | 4 x x - | x. x x. | 8 x.. , - |

62

E *a tempo*

ff *a tempo*
ff *a tempo* *pp*
pp

|| - - - - x x x. - - - - f - - - -

69

ff
ff *pp*

|| - - - - x x x. - - - - - - - - p - - - -

74

79

<img alt="Musical score page 79 showing three staves of music. The top staff has a treble clef, the middle staff has a bass clef, and the bottom staff has a bass clef. The key signature is four sharps. Measure 1 consists of two measures of rests followed by a measure of a dotted half note. Measures 2-3 show eighth-note patterns. Measure 4 starts with a measure of a dotted half note. Measures 5-6 show eighth-note patterns. Measure 7 starts with a measure of a dotted half note. Measures 8-9 show eighth-note patterns. Measure 10 starts with a measure of a dotted half note. Measures 11-12 show eighth-note patterns. Measure 13 starts with a measure of a dotted half note. Measures 14-15 show eighth-note patterns. Measure 16 starts with a measure of a dotted half note. Measures 17-18 show eighth-note patterns. Measure 19 starts with a measure of a dotted half note. Measures 20-21 show eighth-note patterns. Measure 22 starts with a measure of a dotted half note. Measures 23-24 show eighth-note patterns. Measure 25 starts with a measure of a dotted half note. Measures 26-27 show eighth-note patterns. Measure 28 starts with a measure of a dotted half note. Measures 29-30 show eighth-note patterns. Measure 31 starts with a measure of a dotted half note. Measures 32-33 show eighth-note patterns. Measure 34 starts with a measure of a dotted half note. Measures 35-36 show eighth-note patterns. Measure 37 starts with a measure of a dotted half note. Measures 38-39 show eighth-note patterns. Measure 40 starts with a measure of a dotted half note. Measures 41-42 show eighth-note patterns. Measure 43 starts with a measure of a dotted half note. Measures 44-45 show eighth-note patterns. Measure 46 starts with a measure of a dotted half note. Measures 47-48 show eighth-note patterns. Measure 49 starts with a measure of a dotted half note. Measures 50-51 show eighth-note patterns. Measure 52 starts with a measure of a dotted half note. Measures 53-54 show eighth-note patterns. Measure 55 starts with a measure of a dotted half note. Measures 56-57 show eighth-note patterns. Measure 58 starts with a measure of a dotted half note. Measures 59-60 show eighth-note patterns. Measure 61 starts with a measure of a dotted half note. Measures 62-63 show eighth-note patterns. Measure 64 starts with a measure of a dotted half note. Measures 65-66 show eighth-note patterns. Measure 67 starts with a measure of a dotted half note. Measures 68-69 show eighth-note patterns. Measure 70 starts with a measure of a dotted half note. Measures 71-72 show eighth-note patterns. Measure 73 starts with a measure of a dotted half note. Measures 74-75 show eighth-note patterns. Measure 76 starts with a measure of a dotted half note. Measures 77-78 show eighth-note patterns. Measure 79 starts with a measure of a dotted half note. Measures 80-81 show eighth-note patterns. Measure 82 starts with a measure of a dotted half note. Measures 83-84 show eighth-note patterns. Measure 85 starts with a measure of a dotted half note. Measures 86-87 show eighth-note patterns. Measure 88 starts with a measure of a dotted half note. Measures 89-90 show eighth-note patterns. Measure 91 starts with a measure of a dotted half note. Measures 92-93 show eighth-note patterns. Measure 94 starts with a measure of a dotted half note. Measures 95-96 show eighth-note patterns. Measure 97 starts with a measure of a dotted half note. Measures 98-99 show eighth-note patterns. Measure 100 starts with a measure of a dotted half note. Measures 101-102 show eighth-note patterns. Measure 103 starts with a measure of a dotted half note. Measures 104-105 show eighth-note patterns. Measure 106 starts with a measure of a dotted half note. Measures 107-108 show eighth-note patterns. Measure 109 starts with a measure of a dotted half note. Measures 110-111 show eighth-note patterns. Measure 112 starts with a measure of a dotted half note. Measures 113-114 show eighth-note patterns. Measure 115 starts with a measure of a dotted half note. Measures 116-117 show eighth-note patterns. Measure 118 starts with a measure of a dotted half note. Measures 119-120 show eighth-note patterns. Measure 121 starts with a measure of a dotted half note. Measures 122-123 show eighth-note patterns. Measure 124 starts with a measure of a dotted half note. Measures 125-126 show eighth-note patterns. Measure 127 starts with a measure of a dotted half note. Measures 128-129 show eighth-note patterns. Measure 130 starts with a measure of a dotted half note. Measures 131-132 show eighth-note patterns. Measure 133 starts with a measure of a dotted half note. Measures 134-135 show eighth-note patterns. Measure 136 starts with a measure of a dotted half note. Measures 137-138 show eighth-note patterns. Measure 139 starts with a measure of a

Musical score for orchestra and piano, page 6, measures 96-114.

Measure 96: Treble clef, key signature of three sharps, common time. The bassoon part starts with a forte dynamic. The piano part has eighth-note chords. The bassoon part ends with a fermata over the letter 'G'.

Measure 101: Treble clef, key signature of three sharps, common time. The bassoon part continues with eighth-note patterns. The piano part has sustained notes and chords.

Measure 107: Treble clef, key signature of three sharps, common time. The bassoon part has eighth-note patterns. The piano part has sustained notes and chords.

Measure 114: Treble clef, key signature of three sharps, common time. The bassoon part has eighth-note patterns. The piano part has sustained notes and chords. The bassoon part ends with a melodic line.

molto rit.