

# How we lull ourselves to sleep

Bass

Roelof Ruis

♩ = 102

*mf*

**A**

11

**B** 3

*f*

20

**C Drowsily**

*mp*

31

**D Hypnagogic**

*p*

41

*rit.*

50

59

**E** *a tempo*

*pp*

70

76

*mf*

82

**F**

*mf*

93

**G**

102