

# How we lull ourselves to sleep

Tenor Saxophone + Metronome

Roelof Ruis

$\text{♩} = 102$   
*mf*

7 **A**

13

19 **B**  
*mp*

26 **C**  
**Drowsily**  
*f* *mp*

33

The musical score is written for Tenor Saxophone and Metronome. It is in G major (one sharp) and 7/8 time. The tempo is marked as quarter note = 102. The score is divided into five systems. Each system consists of a melodic line for the Tenor Saxophone and a rhythmic line for the Metronome. The dynamics are mezzo-forte (mf) for the first system, mezzo-piano (mp) for the second and third systems, and piano (f) for the fourth system. The piece is divided into sections A, B, and C. Section C is marked 'Drowsily'. The score includes various musical notations such as slurs, ties, and rests.

40 **D Hypnagogic**

*p*

46

53

60 **E a tempo**

*ff*

67

*ff*

75

82

*mf*

89

96

**G**

102

108

115

*molto rit.*