

# How we lull ourselves to sleep

Tenor Saxophone

Roelof Ruis

♩ = 102

*mf*

6

A

12

17

B

*mp*

23

*f*

C

Drowsily

30

*mp*

36

D

Hypnagogic

*p*

42

47

*rit.*

Detailed description of the musical score: The score is written for Tenor Saxophone in 7/8 time. The key signature has four sharps (F#, C#, G#, D#). The tempo is marked as 102 beats per minute. The piece is divided into four main sections: A (measures 6-16), B (measures 17-22), C (measures 30-35), and D (measures 42-47). Section A begins with a mezzo-forte (mf) dynamic. Section B ends with a mezzo-piano (mp) dynamic. Section C is marked 'Drowsily' and begins with a mezzo-piano (mp) dynamic. Section D is marked 'Hypnagogic' and begins with a piano (p) dynamic. The score concludes with a ritardando (rit.) marking at measure 47.

53 *rit.*

59 **E** *a tempo*  
*ff*

70 7 2

84 **F**  
*mf*

90

96 **G**

101

106

114 *molto rit.*