

Exploring the ages of rotating stars using galactic dynamics: a novel approach to calibrating gyrochronology

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ABSTRACT

The rotational evolution of cool dwarfs is poorly constrained after $\sim 2\text{--}3$ billion years due to a lack of precise ages and rotation periods for old main-sequence stars. In this work, we use the velocities of low-mass *Kepler* dwarfs as an age proxy, to reveal their rotational evolution and demonstrate that kinematics could be a useful tool for calibrating gyrochronology. We find that the period-color relationship of the Praesepe cluster is not repeated in stars of older ages: a polynomial gyrochronology model, fit to Praesepe stars, under-predicts the ages of late K dwarfs in the field. In general we find that lower-mass stars spin more slowly than higher-mass stars at young ages. This is likely because their stronger magnetic fields lead to more efficient angular momentum loss and reflects the behavior of young open clusters such as the Pleiades, Praesepe, and the Hyades. However, at older ages we find that late G and early K dwarfs rotate at the *same rate* or faster than late K dwarfs of the same age. These results align with recent findings from the rotation periods of stars in middle-aged open clusters and theoretical models that vary the rate of surface-to-core angular momentum transport as a function of time and mass. Finally, we find no evidence for mass-dependent heating in a sample of K and M dwarfs in the *Kepler* field.

1. Introduction

1.1. Gyrochronology

Stars with significant convective envelopes ($\lesssim 1.3 M_{\odot}$) have strong magnetic fields and slowly lose angular momentum via magnetic braking (*e.g.* Schatzman 1962; Weber and Davis 1967; Skumanich 1972; Kawaler 1988; Pinsonneault et al. 1989). Although stars are typically born with random rotation periods, ranging from 1 to 10 days, observations of young open

clusters reveal that their rotation periods converge onto a unique sequence by $\sim 500\text{--}700$ million years (*e.g.* Irwin and Bouvier 2009; Gallet and Bouvier 2013). After this time, the rotation period of a star is thought to be determined, to first order, by its color and age alone. This is the principle behind gyrochronology, the method of inferring a star’s age from its rotation period (*e.g.* Barnes 2003, 2007, 2010; Meibom et al. 2011, 2015). However, new photometric rotation periods made available by the *Kepler* (Borucki et al. 2010) and *K2* (Howell et al. 2014) missions (*e.g.* McQuillan et al. 2014; García et al. 2014; Douglas et al. 2017; Rebull et al. 2017; Meibom et al. 2011, 2015; Curtis et al. 2019) have revealed that rotational evolution is more complicated than previously thought. For example, the M dwarfs in the ~ 650 Myr Praesepe cluster spin more slowly than the G dwarfs. In theory this is because lower-mass stars have deeper convection zones which generate stronger magnetic fields and more efficient magnetic braking. However, in the 1.1 Gyr NGC 6811 cluster, late-K dwarfs rotate at the *same* rate as early-K dwarfs (Curtis et al. 2019). In other words, convection zone depth cannot be the only variable that affects stellar spin-down rate. New semi-empirical models that vary the rate of angular momentum redistribution in the interiors of stars are able to reproduce this flattened period-color relation (Spada and Lanzafame 2019). These models suggest that mass and age-dependent angular momentum transport between the cores and envelopes of stars has a significant impact on their surface rotation rates. Another example of unexpected rotational evolution is seen in old field stars which appear to rotate more rapidly than classical gyrochronology models predict (Angus et al. 2015; van Saders et al. 2016, 2018; Metcalfe and Egeland 2019). A mass-dependent modification to the classical $P_{\text{rot}} \propto t^{\frac{1}{2}}$ spin-down law (Skumanich 1972) is required to reproduce these observations. To fit magnetic braking models to these data, a cessation of magnetic braking is required after stars reach a Rossby number (Ro ; the ratio of rotation period to convective turnover time) of around 2 (van Saders et al. 2016, 2018).

The rotational evolution of stars is clearly a complicated process and, to fully calibrate the gyrochronology relations we need a large sample of reliable ages for stars spanning a range of ages and masses. In this paper, we use the velocity dispersions of field stars to qualitatively explore the rotational evolution of GKM dwarfs, and show that kinematics could provide a gyrochronology calibration sample.

1.2. Using kinematics as an age proxy

Stars are thought to be born in the thin disk of the Milky Way (MW), orbiting the galaxy with a low out-of-plane, or vertical, velocity (W , or v_z), just like the star-forming molecular gas observed in the disk today (*e.g.* Stark and Brand 1989; Stark and Lee 2005; Aumer and

Binney 2009; Martig et al. 2014; Aumer et al. 2016). On average, the vertical velocities of stars increase over time (*e.g.* Nordström et al. 2004; Holmberg et al. 2007, 2009; Aumer and Binney 2009; Casagrande et al. 2011). Although the cause of dynamical heating is not well understood, interactions with giant molecular clouds, spiral arms and the galactic bar are thought to play an important role (see Sellwood 2014, for a review of secular evolution in the MW). Although the velocity of any individual star will only provide a weak age constraint, the velocity *dispersion* of a *group* of stars can indicate whether, on average, that group is old or young relative to other groups. In this work we compare the velocity dispersions of groups of field stars in the Galactic thin disk to ascertain which groups are older and which younger and draw conclusions based on the implied relative ages.

Although *vertical* velocity, v_z , is a well-established age proxy, it can only be calculated with full 6-dimensional position and velocity information. Unfortunately most field stars with measured rotation periods do not have radial velocity (RV) measurements because they are relatively faint *Kepler* targets ($\sim 12^{\text{th}}\text{--}16^{\text{th}}$ magnitudes). For this reason, we used velocity in the direction of galactic latitude, v_b , to approximate v_z . The *Kepler* field is positioned at low galactic latitude ($b \sim 5\text{--}20^\circ$), so v_b is a close (although imperfect, see section 3) approximation to v_z . Because we use v_b rather than v_z we cannot calculate absolute kinematic ages using an age-velocity dispersion relation (AVR). However, regardless of direction, velocity dispersion is expected to monotonically increase over time, and can therefore be used to *rank* groups of stars by age.

This paper is laid out as follows: in section 2 we describe our sample selection process and the methods used to calculate stellar velocities. We also establish that v_b velocity dispersion, σ_{v_b} , can be used as an age proxy by demonstrating that neither mass-dependent heating nor the selection function seems to strongly affect our sample. In section 3 we use kinematics to investigate the relationship between rotation period, age and color/ T_{eff} in the field and interpret our results in section 4.

2. Method

2.1. The data

We used the publicly available *Kepler-Gaia* DR2 crossmatched catalog¹ to combine the McQuillan et al. (2014) catalog of stellar rotation periods, measured from *Kepler* light curves, with the *Gaia* DR2 catalog of parallaxes, proper motions and apparent magnitudes. Reddening and extinction from dust was calculated for each star using the Bayestar dust map implemented in the `dustmaps` *Python* package (M. Green 2018), and `astropy` (Astropy Collaboration et al. 2013). We estimated effective temperatures from dereddened *Gaia* $G_{BP} - G_{RP}$ color, using an 8th-order polynomial relation calibrated using stars [ask Jason for details](#).

$$T_{\text{eff}} = 8960 - 4802C + 1931C^2 - 2446C^3 + 2669C^4 - 1324C^5 + 301C^6 - 26C^7, \quad (1)$$

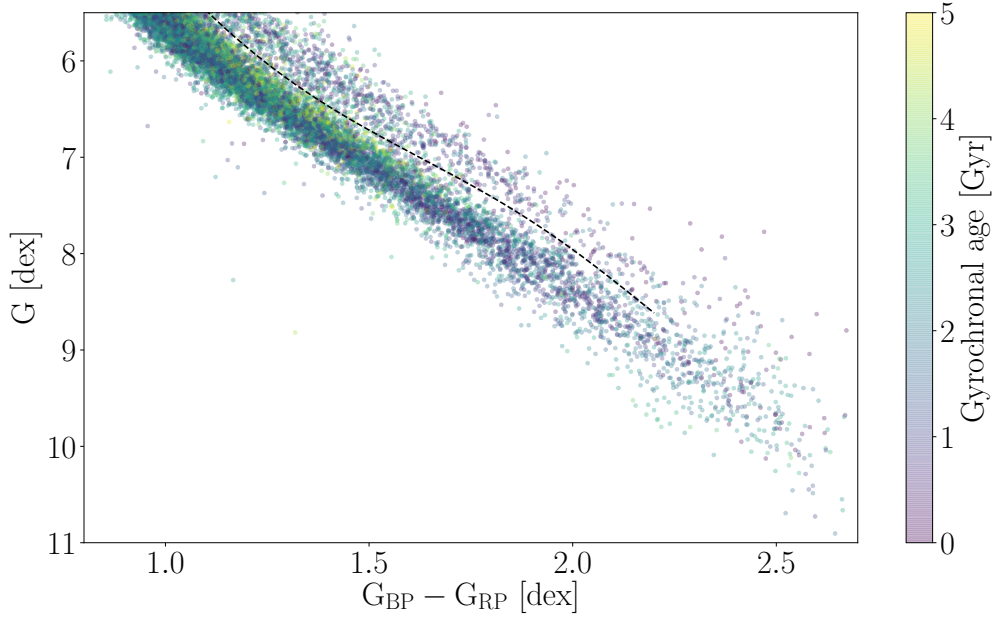
where C is $G_{BP} - G_{RP}$.

Visual binaries and subgiants were removed from the sample by applying cuts to the color-magnitude diagram (CMD), shown in figure 1. A 6th-order polynomial was fit to the main sequence and raised by 0.27 dex to approximate the division between single stars and visual binaries. All stars above this line were removed from the sample. Subgiants were also removed by eliminating stars brighter than 6th magnitude in *Gaia* G-band.

The dwarf stars in the McQuillan et al. (2014) sample are shown on a *Gaia* color-magnitude diagram (CMD) in figure 1. The stars are colored by their gyrochronal age, calculated using the (Angus et al. 2019) gyrochronology relation. The stars with old gyrochronal ages, plotted in yellow hues, predominantly lie along the upper edge of the MS, where stellar evolution models predict old stars to be, however the majority of these ‘old’ stars are bluer than $G_{BP} - G_{RP} \sim 1.5$ dex. This suggests that either old M dwarfs are missing from the McQuillan et al. (2014) catalog, or the Angus et al. (2019) gyrochronology relation under-predicts the ages of low-mass stars. Given that lower-mass stars stay active for longer than higher-mass stars (*e.g.* West et al. 2011), and are therefore more likely to have measurable rotation periods at old ages, the latter scenario seems more likely. The (Angus et al. 2019) gyrochronology relation is a simple polynomial model, fit to the period-color relation of Praesepe. Since this relation predicts that the oldest stars in the McQuillan et al. (2014) sample are late-G and early-K dwarfs, it is probably under-predicting the ages of late-K and early-M dwarfs.

¹Available at `gaia-kepler.fun`

Fig. 1.— Dereddened MS *Kepler* stars with McQuillan et al. (2014) rotation periods on the *Gaia* CMD. We excluded visual binaries by removing stars above the dashed line. Points are colored by their gyrochronal age, according to the Angus et al. (2019) gyrochronology relation. A general age gradient is visible across the main sequence. Since the Angus et al. (2019) relation predicts that the oldest stars in the McQuillan et al. (2014) sample are late-G and early-K dwarfs, it is probably under-predicting the ages of late-K and early-M dwarfs.



The `Pyia` (Price-Whelan 2018) and `astropy` (Astropy Collaboration et al. 2013; Price-Whelan et al. 2018) *Python* packages were used to calculate stellar velocities. `Pyia` calculates velocity samples from the full *Gaia* uncertainty covariance matrix via Monte Carlo sampling. It therefore not only incorporates uncertainties on the *Gaia* positions parallaxes and proper motions, it also accounts for the *covariance* between these properties. Stars with negative parallaxes, parallax signal-to-noise ratios less than 10, stars fainter than 16th magnitude, stars with absolute v_b uncertainties greater than 1 km s^{-1} and stars with galactic latitudes greater than 15° (justification provided below) were removed from the sample.

2.2. Validating v_b dispersion as an age proxy

There are two main reasons why v_b velocity dispersion may not be a good age proxy. Firstly, mass-dependent heating may act on the sample, meaning that velocity dispersion depends on both age and mass, so cannot be interpreted as a simple age proxy. Secondly, since stars in the *Kepler* field have a range of galactic latitudes, using v_b as a stand-in for v_z may not be equally valid for all stars, and introduce a velocity bias for high latitude stars (which are more likely to be cooler and older). In this section we demonstrate that neither of these problems seem to be a significant issue for our data.

If lower-mass stars experience greater velocity changes when gravitationally perturbed, and are dynamically heated more efficiently than higher-mass stars, velocity dispersion would be a function of both age *and* mass and cannot be interpreted as a straightforward age proxy. So, in order to establish whether σ_{v_b} can be used as an age proxy, we searched for signs of mass-dependent heating within the *Kepler* field. Mass-dependent dynamical heating has not been unambiguously observed in the galactic disk because of the strong anti-correlation between stellar mass and stellar age. Less massive stars do indeed have larger velocity dispersions, however they are also older on average. This mass-age degeneracy is highly reduced in M dwarfs because their main-sequence lifetimes are longer than the age of the Universe, and no evidence for mass-dependent heating has previously been found in M dwarfs (*e.g.* Faherty et al. 2009; Newton et al. 2016).

To further investigate whether mass-dependent heating could be acting on the *Kepler* sample, we selected late K and M dwarfs observed by both *Kepler* and *Gaia*, whose MS lifetimes exceed around 11 Gyrs and are therefore representative of the initial mass function².

²We could not perform this analysis on the McQuillan et al. (2014) sample, because it only includes stars with *detectable* rotation periods, and since lower-mass stars stay active for longer it is likely that it contains a strong mass-age correlation.

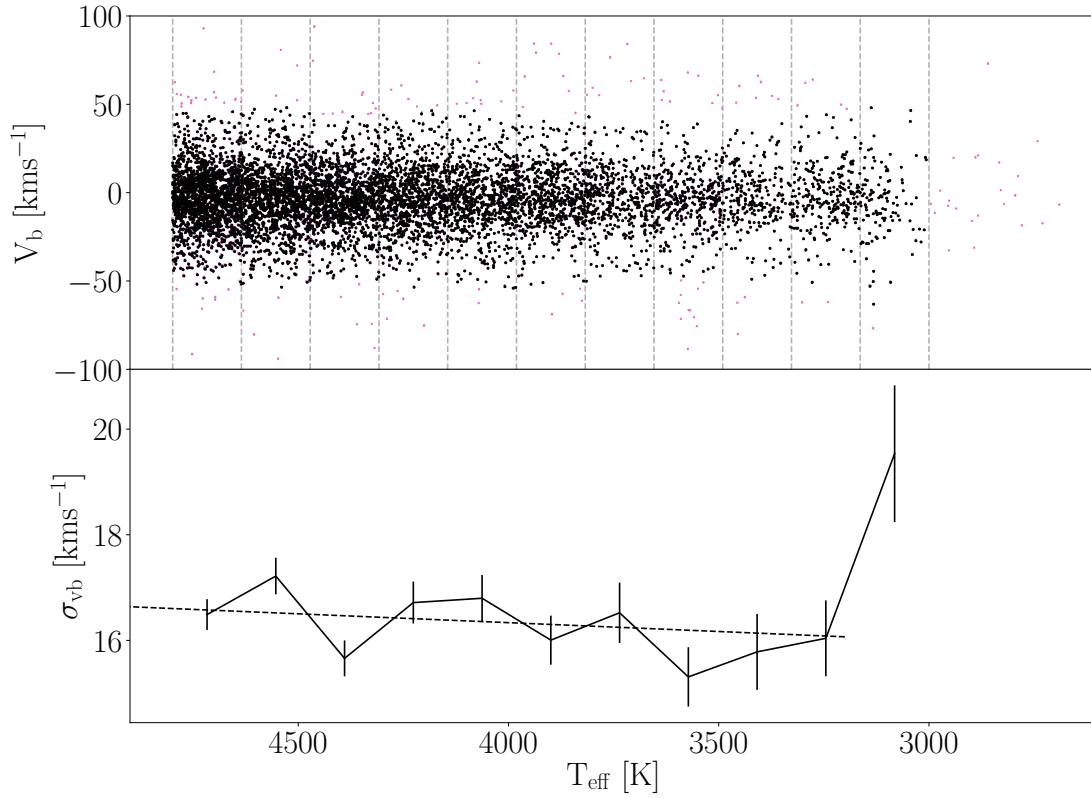
We selected all *Kepler* targets with dereddened *Gaia* $G_{BP} - G_{RP}$ colors greater than 1.2 (corresponding to an effective temperature $\lesssim 4800$ K) and absolute *Gaia* G -band magnitudes < 4 . We also eliminated visual binaries by removing stars above a 6th order polynomial, fit to the MS on the *Gaia* CMD (similar to the one shown in figure 1). We then applied the quality cuts described above in section 2.1. To search for evidence of mass-dependent heating we calculated the (v_b) velocity dispersion of stars in effective temperature bins. Sigma clipping was performed at the 3σ level to remove high velocity outliers before calculating the standard deviation of stars in each bin. These high velocity outliers may be very old late K and M dwarfs, or they result from using v_b instead of v_z , which introduces additional velocity scatter.

Figure 2 shows velocity and velocity dispersion as a function of effective temperature ³ for the K and M *Kepler* dwarf sample. Velocity dispersion very slightly *decreases* with decreasing temperature, the opposite of the trend expected for mass-dependent heating, however the slope is only inconsistent with zero at the 1.3σ level. This trend may be due to a selection bias: cooler stars are fainter and therefore typically closer, with smaller heights above the galactic plane and smaller velocities. The essential point however, is that we do not see evidence for mass-dependent heating acting on stars in the *Kepler* field, indicating that velocity dispersion *can* be used as an age proxy. This analysis was performed using v_b but we also examined the *vertical* velocities of the 537 stars in this sample with RV measurements. Again, no evidence was found for mass-dependent heating: the slope of the velocity dispersion-temperature relation was consistent with zero.

Having found no strong evidence for mass-dependent heating, we next tested the validity of v_b as a proxy for v_z in more detail. At a galactic latitude, b , of zero, $v_b = v_z$, however for increasing values of b , this equivalence becomes an approximation that grows noisier with b . To test the validity of the $v_b \sim v_z$ approximation over a range of latitudes we downloaded stellar data from the *Gaia* Universe Model Snapshot (GUMS) simulation – a simulated *Gaia* catalog (Robin et al. 2012). We downloaded stars from four pointings in the *Kepler* field with galactic latitudes of around 5° , 10° , 15° , and 20° , out to a limiting magnitude of 16 dex, and calculated their v_z and v_b velocities. The relationship between v_z and v_b is close to 1:1, with v_z greater than v_b by around 4.5 kms^{-1} at $b = 5^\circ$, due to the Sun’s own motion in the Galaxy. We subtracted this offset and examined the residuals of the $v_z - v_b$ relationship to investigate the variance as a function of Galactic latitude. We found that v_b is drawn from a heavy-tailed distribution, centered on v_z , with standard deviation increasing with b (see figure 3). The standard deviation of $v_z - v_b$ was around 3 kms^{-1} at $b \sim 5^\circ$, 4 kms^{-1} at 10° ,

³calculated by transforming dereddened *Gaia* colors using equation 1.

Fig. 2.— Top: Stellar velocity (v_b) as a function of T_{eff} for *Kepler* K and M dwarfs. Vertical lines indicate different T_{eff} -groupings used to calculate velocity dispersion. Pink stars were not included in velocity dispersion calculations as they were either removed as outliers during a sigma clipping process, or they lie at the sparsely populated, extremely cool end of the temperature range. Velocity dispersion and T_{eff} are slightly positively correlated, likely due to a brightness-related selection bias, indicating that mass-dependent heating does not significantly affect low-mass stars in the *Kepler* field.



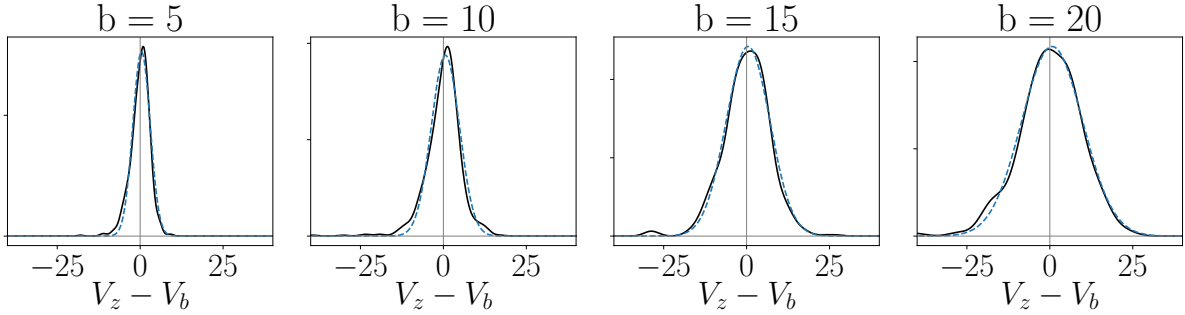
6kms⁻¹ at 15°, and 9kms⁻¹ at 20°.

Since we are concerned with velocity *dispersions*, rather than velocities themselves, we also compared the $v_{\mathbf{b}}$ and $v_{\mathbf{z}}$ velocity dispersions as a function of temperature for stars downloaded from the GUMS simulation. For stars at galactic latitudes of 15° or less, $\sigma_{v_{\mathbf{b}}}$ was consistent with $\sigma_{v_{\mathbf{z}}}$, within uncertainties, however, at higher latitudes the two quantities became significantly different. For this reason we proceeded by only including stars with galactic latitudes less than 15° in our analysis. Although it seems that the transformation between $v_{\mathbf{z}}$ and $v_{\mathbf{b}}$ does not *strongly* affect our results, we cannot rule out the possibility that it introduces systematic biases into the velocity dispersions we present here. In *Gaia* DR3, RVs will be available for most stars in this sample, providing an opportunity to validate (or correct) the results presented here.

Because of the noisy relationship between $v_{\mathbf{b}}$ and $v_{\mathbf{z}}$ in this paper we do not attempt to convert velocity dispersion ($\sigma_{v_{\mathbf{b}}}$) into an age via an age-velocity dispersion relation (AVR) (*e.g.* Holmberg et al. 2009). Although it seems $\sigma_{v_{\mathbf{b}}}$ can be used to roughly rank stars by age, a more careful analysis that includes formal modeling of the $v_{\mathbf{b}} - v_{\mathbf{z}}$ relationship will be needed to calculate absolute ages. The RVs of most of these stars will become available in *Gaia* DR3, allowing calculations of $v_{\mathbf{z}}$, which can be used to calculate more reliable ages via an AVR.

To explore the relationship between rotation period, T_{eff} and age, we removed high and low velocity outliers from the McQuillan et al. (2014) sample by performing 3σ sigma-clipping on the $v_{\mathbf{b}}$ velocities. Without sigma-clipping, we found that a small number of high velocity outliers at the low-temperature end of our sample substantially raised the velocity dispersion for cooler stars, however the overall trends remained the same. We also limited the sample to temperatures in the range 5500 K $< T_{\text{eff}} <$ 3500 K to avoid biases caused by the selection function at the faint, cool end, and binarity or weakened braking (van Saders et al. 2016) at the hot end.

Fig. 3.— This figure demonstrates the variance in the relationship between $v_{\mathbf{b}}$ and $v_{\mathbf{z}}$ for stars in the *Kepler* field, based on the GUMS simulation. The panels show a kernel density estimator (KDE) (black solid line) for the $v_{\mathbf{z}} - v_{\mathbf{b}}$ residuals of stars in the GUMS simulation at four different Galactic latitudes. Blue dashed lines show Gaussian fits to these KDEs. The distributions are close to Gaussian, with slightly heavy tails. The standard deviations of the Gaussian fits increase with Galactic latitude. This figure illustrates how using $v_{\mathbf{b}}$ instead of $v_{\mathbf{z}}$ artificially increases velocity dispersion, especially at high latitudes.



3. Results

3.1. The period- T_{eff} relations, revealed

To explore the relationship between rotation period, T_{eff} and velocity dispersion, we first removed high and low velocity outliers from the McQuillan et al. (2014) sample by performing 3σ sigma-clipping on the v_{b} velocities. Without sigma-clipping, we found that a small number of high velocity outliers at the low-temperature end of our sample substantially raised the velocity dispersion for cooler stars, however the overall trends remain the same with, or without sigma-clipping. We also limited the sample to temperatures in the range $5500 \text{ K} < T_{\text{eff}} < 3500 \text{ K}$ to avoid biases caused by the selection function at the faint, cool end, and binarity or weakened braking (van Saders et al. 2016) at the hot end.

Figure 4 shows rotation period versus effective temperature for the McQuillan et al. (2014) sample, coloured by the standard deviation of their (v_{b}) velocities, where $\sigma_{v_{\text{b}}}$ was calculated for groups of stars over a grid in $\log_{10}(\text{period})$ and temperature. If we assume that mass dependent heating does not strongly affect this sample and v_{b} at low galactic latitudes is an unbiased tracer of v_{z} , then v_{b} velocity dispersion can be interpreted as an age proxy and stars plotted in a similar color in figure 4 are similar ages.

Overall, figure 4 shows that velocity dispersion increases with gyrochronal age across all temperatures, implying that both velocity dispersion and rotation period increases with age as expected. Lines of constant age (isochrones) appear to follow the shape of the Praesepe-based gyrochronology model (black dotted line) at young ages. However, at older ages it appears that the relation between rotation period and T_{eff} flattens out, until eventually rotation period *decreases* with decreasing effective temperature at a given age.

Figure 5 shows the same as figure 4, however mass is plotted on the x-axis instead of temperature and the models are those of Spada and Lanzafame (2019). The masses of these stars are taken from the *Kepler* input catalog (?). The Spada and Lanzafame (2019) models appear to qualitatively agree with the data: their rotation period- T_{eff} relation flattens out over time and eventually inverts over a narrow range of temperatures. The models reproduce the ‘dip’ feature seen in the data.

Fig. 4.— Top: Rotation period vs effective temperature for stars in the McQuillan et al. (2014) sample, colored by the velocity dispersions of stars calculated over a grid in $\log_{10}(\text{period})$ and T_{eff} . Bottom: the velocity dispersions of groups of stars, shown as a solid grid for clarity. The hatched area indicates the temperature regime where selection biases could play an important role, so these velocity dispersions should be interpreted with caution. The black solid lines on both panels show a 1.1 Gyr isochrone, calculated with the Angus et al. (2019) gyrochronology relation, which roughly traces the rotation period gap. The black dashed lines show a 650 Myr isochrone, indicating the location and shape of the Praesepe cluster (to which this gyrochronology model was calibrated). The black points show the 1.1 Gyr NGC 6811 open cluster.

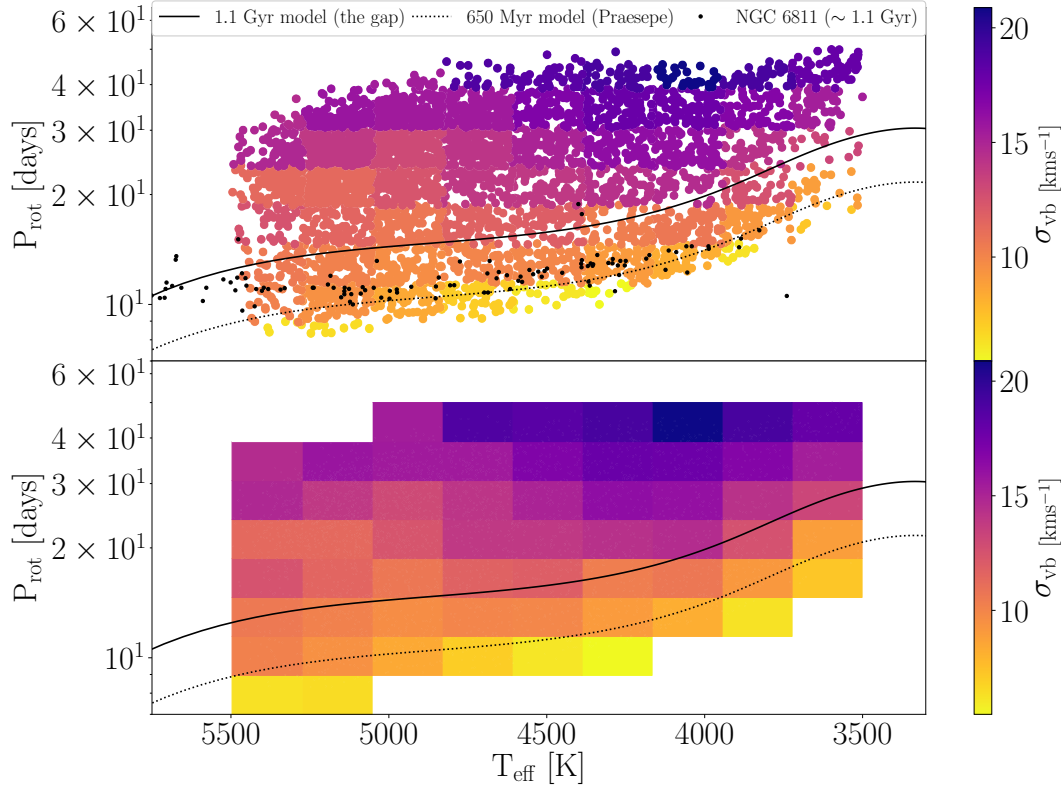
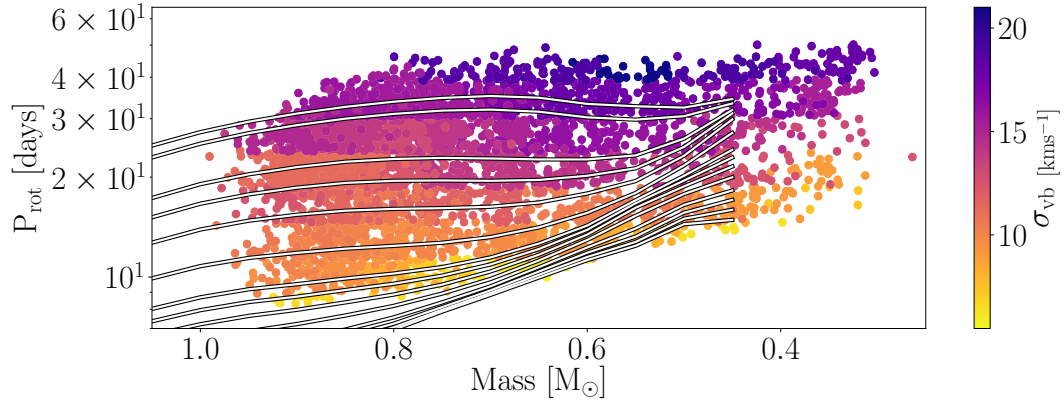


Fig. 5.— Similar to figure 4, with mass instead of T_{eff} on the x-axis. Masses are from the *Kepler* input catalog. The white lines show the Spada and Lanzafame (2019) rotational evolution models at 0.5, 1, 1.5, 2, 2.5, 4 and 4.57 Gyr, where age increases with rotation period. These models include age and mass-dependent coupling between the stellar core and envelope. The oldest models (4 and 4.57 Gyrs), at the largest rotation periods, show an inversion at $\sim 0.7\text{-}0.5 M_{\odot}$, where rotation period briefly decreases with decreasing mass. A similar phenomenon is visible in the velocity dispersions of field stars shown as colored points in the background of this figure.



4. Discussion

The results presented above indicate that stars of spectral type ranging from late G to late K follow a braking law that changes over time. In particular, the relationship between rotation period and effective temperature appears to flatten out and eventually invert. These results provide further evidence for ‘stalled’ rotational evolution of K dwarfs, like that observed in open clusters (Curtis et al. 2019) and reproduced by models that vary angular momentum transport between stellar core and envelope with time and mass (Spada and Lanzafame 2019).

The velocity dispersions of stars in the McQuillan et al. (2014) sample provide the following picture of rotational evolution. At young ages, stellar rotation period decreases with mass, likely because lower-mass stars with deeper convection zones have stronger magnetic fields, larger Alfvén radii and therefore experience greater angular momentum loss rate. According to the Spada and Lanzafame (2019) models, there is minimal transportation of angular momentum from the surface to the core of the star at these young ages, so the surface slows down but the core keeps spinning rapidly. At intermediate ages, rotation period is constant with mass, and at late ages rotation period *increases* with mass for GK dwarfs. The explanation for this, according to the Spada and Lanzafame (2019) models, is that lower-mass stars are still braking more efficiently at these intermediate and old ages but their cores are more tightly coupled to their envelopes, allowing angular momentum transport between the two interior layers. Angular momentum resurfaces and prevents the stellar envelopes from spinning-down rapidly.

5. Conclusion

We examined the rotational evolution of *Kepler* field stars using their velocity dispersions as a proxy for age. We found that old groups of cool dwarfs selected to be coeval using the Angus et al. (2019) gyrochronology relation do *not* have the same velocity dispersion across all temperatures. This implies that the Angus et al. (2019) relation, which is based on the period-color/ T_{eff} relation of the 650 Myr Praesepe cluster, does not correctly describe the period-age-color/ T_{eff} relation for old stars. It appears that the period-color/ T_{eff} relation changes shape over time in a way that qualitatively agrees with theoretical that which include a mass-dependent core-envelope angular momentum transport (Spada and Lanzafame 2019). At young ages, rotation period is anti-correlated with T_{eff} : cooler stars spin more slowly than hotter stars of the same age. However, at intermediate ages the relation flattens out and K dwarfs rotate at the same rate, regardless of mass. At old ages, it seems that cooler K dwarfs spin more rapidly than hotter K dwarfs of the same age. We speculate that the rotation period gap (McQuillan et al. 2014) may separate a young regime where stellar rotation periods decrease with increasing mass from an old regime where periods increase with increasing mass, however more data are needed to provide a conclusive result. Finally, when velocity dispersion is interpreted as an age proxy, it appears that the oldest stars in the McQuillan et al. (2014) catalog are cooler than 4500 K, which suggests that lower-mass stars remain active for longer, allowing their rotation periods to be measured at older ages.

This work was partly developed at the 2019 KITP conference ‘Better stars, better planets’. Parts of this project are based on ideas explored at the Gaia sprints at the Flatiron Institute in New York City, 2016 and MPIA, Heidelberg, 2017.

This work made use of the `gaia-kepler.fun` crossmatch database created by Megan Bedell.

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