A Experimental design schematic EHAM EHA EHA ○ EHAA **EHMM** ЕНМ EHM O EHMA EHSM EHS EHS O EHSA AHAM AHA AHA AHAA AHMM AHM AHM  $\triangle$  ahma AHSM AHS AHS -△ AHSA Pre Days 1-7 Days 8-14 Days 15-21 Experimental periods Days 8-14 SMR Pre-expe **C** Days 15-21 SMR Days 1–7 SMR 10 -10 10 10 SMR per individual SMR per individual SMR per individual SMR per individual 5 0 -0 20190723 20190725 20190728 20190731 20190801 20190804 20190807 20190808 20190811 20190814 Date Date Date Date