A Experimental design schematic EHAM EHA EHA ○ EHAA **EHMM** EΗΜ EHM O EHMA **EHSM** EHS EHS O EHSA AHAM AHA AHA AHAA AHMM AHM AHM AHSM AHS AHS AHSA Days 1-7 Days 8-14 Days 15-21 Pre Experimental periods Pre-exp **C** В Days 1–7 SMR D Days 8-14 SMR Ε Days 15-21 SMR 12.5 12.5 12.5 12.5 10.0 10.0 10.0 10.0 SMR per individual SMR per individual SMR per individual SMR per individual 7.5 7.5 7.5 7.5 5.0 5.0 5.0 5.0 20190811 20190723 20190725 20190728 20190731 20190801 20190804 20190807 20190808 20190814 Date Date Date Date