



## A Case for Agricultural Development:

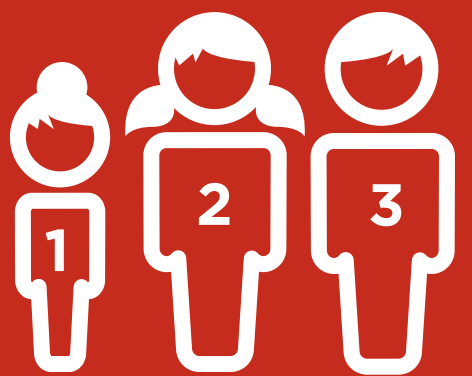
### NUTRITION

“Investing in nutrition through agriculture is more than a social good. It is sound development policy and good economics.”

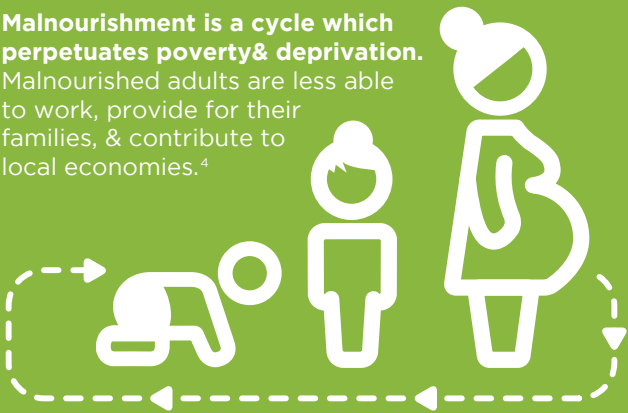
UP TO **3 BILLION PEOPLE** in the world are **malnourished\***.<sup>2</sup>

\*includes undernutrition and overweight/obesity.

One-third of children in the developing world are **underweight or stunted**.<sup>3</sup>



**Malnourishment is a cycle which perpetuates poverty & deprivation.** Malnourished adults are less able to work, provide for their families, & contribute to local economies.<sup>4</sup>



Malnutrition costs the global economy up to **US\$3.5 trillion per year**.<sup>5</sup>

Agriculture can help unlock the potential of millions of food insecure people around the world, enabling them to live healthy, productive lives. **There are three main ways in which agriculture is essential to improving nutrition:**

**1 ACCESS TO NUTRITIOUS FOOD**  
including diversified production & reduced post-harvest loss.

**2 AGRICULTURAL INCOMES**  
to allow families and communities to pay for education, health and sanitation

**3 EMPOWER WOMEN**  
*Women have the greatest influence on household nutrition;* enabling women to access and control resources & education, & have reduced workloads



**We need more investments in agriculture, including aid, to reduce poverty, improve food security, and bring health and nutrition impacts that will last generations**

#### Sources:

1. IFAD (2014) Improving Nutrition Through Agriculture. Rome: International Fund for Agricultural Development
2. IFPRI (2014) Global Nutrition Report 2014: Actions and Accountability to Accelerate the World's Progress on Nutrition. Washington: International Food Policy Research Institute
3. WHO (2014a) Global Nutrition Targets 2025: Stunting policy brief. Geneva: World Health Organization
4. FAO (2013) The State of Food and Agriculture 2013: Food Systems for Better Nutrition. Rome: Food and Agriculture Organization
5. World Bank (2013) Improving Nutrition through Multi-Sector Approaches. Washington: The World Bank