## VAR modeling, regularization and the SparseTSCGM package

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## Introduction

We start with a small review of vector-autoregressive models. Afterwards, regularization is discussed and the SparseTSCGM package is demonstrated.

Suppose we have four items called 'Positive Affect'  $(x_1)$ , 'Anhedonia'  $(x_2)$ , 'Irritability'  $(x_3)$  and 'Weightloss'  $(x_4)$ . Measuring these items multiple times gives a time-series dataset where each observation consists of four elements. Written mathematically, the observation at time t consists of four numbers  $(x_{1t}, x_{2t}, x_{3t}, x_{4t})$ . As a shorthand notation, people often write  $X_t = (x_{1t}, x_{2t}, x_{3t}, x_{4t})$ .  $X_t$  is called a (four-dimensional) vector.

This is why it's called **vector**-autoregressive (VAR) modelling; we regress a vector  $X_t$  on past 'versions' of itself, instead of a single variable. The simplest VAR model only regresses  $X_t$  on its previous measurement  $X_{t-1}$ . This VAR model is said to have a **lag** of 1. In formula form, this model looks as follows:

$$x_{1t} = a_{11}x_{1(t-1)} + a_{12}x_{2(t-1)} + a_{13}x_{3(t-1)} + a_{14}x_{4(t-1)} + \epsilon_{1t}$$

$$\tag{1}$$

$$x_{2t} = a_{21}x_{1(t-1)} + a_{22}x_{2(t-1)} + a_{23}x_{3(t-1)} + a_{24}x_{4(t-1)} + \epsilon_{2t}$$
(2)

$$x_{3t} = a_{31}x_{1(t-1)} + a_{32}x_{2(t-1)} + a_{33}x_{3(t-1)} + a_{34}x_{4(t-1)} + \epsilon_{3t}$$

$$\tag{3}$$

$$x_{4t} = a_{41}x_{1(t-1)} + a_{42}x_{2(t-1)} + a_{43}x_{3(t-1)} + a_{44}x_{4(t-1)} + \epsilon_{4t}$$

$$\tag{4}$$

## Regularization

## Conclusion