Connection	Version	Throughput	Maximum Length
FireWire	400	400Mb/s	4.5m
	800	800Mb/s	
SATA	I	1.5Gb/s	1m
	II	3 Gb/s	
	III	6 Gb/s	
Thunderbolt	1	10Gb/s	3m
	2	20Gb/s	
	3	40Gb/s	
USB	1.1	12Mb/s	5m
	2.0	480Mb/s	
	3.0	5Gb/s	
WiFi*	802.11a	54Mb/s	35m
	802.11b	11Mb/s	35m
	802.11g	54Mb/s	35m
	802.11n	450Mb/s	75m
	802.11ac	>1Gb/s	35m

Theoretical throughputs and distances