



Locate the blind spot in your left eye by shutting the right eye and fixating the upper cross with the left eye. Hold the page about 15 inches from the eye and move it slightly nearer and farther from the eye until the circle on the left disappears. At this point the circle occupies the blind spot in the left eye. If you fixate the left eye on the lower cross, the gap in the black line falls on the blind spot and the black line is seen as continuous.