

# **29<sup>th</sup> CityU Annual Athletic Meet (2022)**

## **Advisor**

Mr. Sunny CHAU      Associate Director (PE), SDS

## **Organizing Committee**

Chairperson               : Ms. Rebecca LAI

OC Member               : Mr. Vincent KWAN  
Mr. Matthew YIP

Appeal Committee       : Mr. Sunny CHAU  
Mr. Vincent KWAN  
Mr. Matthew YIP

Clerical Support         : Mr. Steve MUN  
Ms. Sze Wing CHAN  
Ms. Wing Sze LI

# Official and Helper List

**Advisor** : Mr. Sunny CHAU

**Chairperson** : Ms. Rebecca LAI

**OC Member** : Mr. Vincent KWAN  
: Mr. Matthew YIP

**Appeal Committee** : Mr. Sunny CHAU  
: Mr. Vincent KWAN  
: Mr. Matthew YIP

**Chief Judge (Track Events)** : Mr. Matthew YIP  
**Chief Judge (Jump Events)** : Mr. Wing Yat CHU  
**Chief Judge (Throw Events)** : Mr. Wing Ying LEUNG

<b>Position:</b>	<b>Marshal:</b>	<b>Equipment Management &amp; Starting Block:</b>	<b>High Jump/Pole Vault:</b>
Mr. Peter WU (Chief)	Miss Hoi Lam POON (Chief)	Mr. Vincent KWAN (Chief)	Mr. Tsz Shing WONG (Chief)
Mr. Denis WAN (Chief)	Mr. Siu Fung YIP (Chief)	Miss Sze Wing CHAN	Miss Tin Lee HO
Miss Hoi Yau CHEUNG	Miss Wing Yin LAM	Miss King Yiu LEE	Miss ZENG Zimo
Miss ARJANANONT Marisa	Miss Jaime LEE	Miss Marisa Arjananont	Miss Julia Ying
Miss APRILNITY Stesya	Miss Shah Aliya	Miss Yim Yan TANG	
Miss ESENALIEVA Elnur		Miss FUNG CHIANG Angela Carolina (Starting Block)	
Miss Mei Ki TSANG		Mr. Vojin RADOVANOVIC (Starting Block)	
Mr Mustafa Kapadia		Mr. JITTPRASONG Chottiwatt (Starting Block)	
Miss Ishtila Sharara Iqbal			

<b>Time Keeper:</b>	<b>Recording:</b>	<b>Starters:</b>	<b>Shot Put:</b>
Mr. Gordis YAU (Chief)	Dr. Clara WONG (Chief)	Mr. Wing Yat CHU (Chief)	Ms. Man Kaai MA (Chief)
Mr Chi Hang LAU (Chief)	Mr. Steve MUN	Mr. Hang Chiu LIU (Chief)	Mr. Ming Kit LEUNG
Miss Pak Wai Doris AU	Miss Wing Sze LI	Miss CHUA Clarissa Eugenia	Mr. Tsz Tsun LI
Mr. Chun Him CHAN	Miss Jiayi HU	Miss Tung Ching HUI	Mr. Wing Yui WONG
Mr. Zherui GONG	Mr. Tsz Ho CHOY		
Miss SUTRISNO Natalie	Miss Hoi Yau KONG		
Miss ANTHONY Valensia Nadya			
Miss HARIYANTO Vanessa Laurel			

<b>Announcer:</b>	<b>Long Jump and Triple Jump:</b>
Ms. Winnie WONG (Chief)	Mr. Pak Ming SZETO (Chief)
Miss Xuyi FAN	Miss Hiu Yan Grace WAN
Miss Samsie CHAN	Miss Kate LEE
	Mr. Ho Wang LEUNG

<b>Photographers:</b>	<b>Entrance Control:</b>	<b>Prize and Receptions:</b>	<b>Javeline and Discus:</b>
Mr. Ho Fung LI	Ms. Au Yeung Wing Sum	Miss KANG Jiayue	Ms. Wing Yin LEUNG (Chief)
Mr Kwan Chak NG	Miss Cheuk Ki SO	Miss Cheuk Lok TSANG	Mr. Wing Yiu LOU (Chief)
	Mr. Ka Ming WAN	Mr. Dewan Tyieeb Raja	Mr. Yanbo FANG
	Mr. FAN Ka Yeung Nicholas Arthur		Mr. Cheuk Yin Jason TANG

# Event

Events	Student		Staff		Staff & Alumni Children		
	Men	Women	Men	Women	Boys	Girls	Mixed
<b>Track</b>							
60 M							
Age 4-6							✓
Age 7-9							✓
Age 10-12					✓	✓	
100 M	✓	✓	✓				
200 M	✓	✓					
400 M	✓	✓					
110 M Hurdles							
100 M Hurdles		✓					
400 M Hurdles							
800 M	✓	✓	✓				
1500 M	✓	✓					
5000 M	✓	✓	✓				
4 X 100 M Relay	✓						
4 X 400 M Relay	✓	✓					
5000 M (Men and Women Alumni)	✓						
<b>Field</b>							
Long Jump	✓	✓	✓				
High Jump	✓	✓					
Triple Jump	✓						
Pole Vault	✓						
Javelin	✓	✓					
Discus	✓	✓					
Shot Put	✓	✓	✓				

# Reminders for Athletes

1. In addition to the race in particular stated, all other rules adopt the World Athletics Competition & Technical Rules - 2020-2021 Edition (English version).
2. All events are straight finals. Official positions will be judged by time, distance and height of each event competed.
3. Only registered participants and event officials are allowed to enter competition venue.
4. Participants must report to the Roll Call Station within the reporting time. Roll Call Station is located at Spectator Stand.
5. Reporting time arrangement:

Roll Call Time	Start time for Roll Call	End Time for Roll Call
a. Track and Relay Events:	20 minutes before the event	10 minutes before the event
b. Field Events:	35 minutes before the event	25 minutes before the event
c. Pole Vault:	45 minutes before the event	35 minutes before the event

6. Participants who fail reporting to the Roll Call Station within the reporting time shall be disqualified from the event. Participants must present their student or staff identity card when reporting to the Roll Call Station.
  - a. Athletes taking part in a FIELD event who required leaving in the middle of that event to take part in a TRACK event, must ask for permission from the judge of the FIELD event first.
  - b. Athletes taking part in two events (one track, one field) which happen to be carried out at the same time should report first to the track event. Athletes are requested to note that the field event will still in progress during their absence. Immediately after the Track event is finished, athletes should report at once to their field event judge.
  - c. If the field event has already been finished and placing of athletes is fixed, athletes who left the event will forfeit their chance of competing.
7. If there is only one athlete reported to the Roll Call Station for an event, the event will be cancelled. If there are two athletes reported to the Roll Call Station, the event will be held as scheduled, but new record set in that event will not be recognized as a record.
8. No prize presentation ceremony is arranged for all individual events. Medals and certificate of Children 60M will be collected at the reception table. Prize presentation for all relay events will be arranged in the closing ceremony and compulsory for all awarded relay team members.

## Implement

1. Information on the specification of implements:

Events	Shot Put	Discus	Javelin	100 Hurdles	110 Hurdles	400 Hurdles
Men	7.260kg	2.000kg	800gm	-	1.067m	0.914m
Women	4.000kg	1.000kg	600gm	0.840m	-	-

2. Use of starting block is not compulsory for sprinting events, including 100M, 200M, 400M 100M Hurdles, 110M Hurdles, 400M Hurdles, and all relays.
3. Triple jump athletes can use either 9M or 11M take off board.
4. The starting height and increment for the Men's High Jump (M) are: 1.25, with 0.03 increment afterwards; with 0.02 increment after 1.90.
5. The starting height and increment for the Women's High Jump (M) are: 0.90, with 0.03 increment afterwards; with 0.02 increment after 1.55.
6. The starting height for the Men's Pole Vault (M) is 1.70 with increment of 0.10 till to 3.00, and 0.05 afterwards.
7. All athletes agree to abide by all rules and conditions of the Organiser and the Organising Committee reserves the right of interpreting and amending the regulations with immediate effect.

## Prizes

1. Top three positions of individual and relay events.
2. Men's and Women's Individual Champion of student categories.

## Scoring

(Applicable for Students Only)

1. Points of top eight positions of individual events is scored in the descending order: 9, 7, 6, 5, 4, 3, 2, 1.
2. Athlete(s) scored the highest points in individual events are the Individual Champion. If scores are the same, the prize concerned shall be determined by the following order of priority: a. the number of gold medals, followed by number of silver medals and then bronze medals, obtained in individual events; b. the number of new records set.

## Appeal

Neither individual nor relay events shall be subjected to appeal. For query of competition matters, organizer and official judges for either written regulations or the rules in particular stated shall be final and no objection accepted.

## Best Record (Student) 大會紀錄 (學生組)

項目	姓名	部門	年份	紀錄
男子組				
100米	賴家斌	EE	2002	10.58"
200米	賴家斌	EE	2001	22.20"
400米	麥俊然	DSS	2004	49.41"
800米	黎潤生	CLASS	2019	2'03.60"
1500米	麥潤良	CCCU	2013	4'23.69"
5000米	Michael Chamberlain	MEEM	2004	16'17.88"
110MH	岑植禮	CSE	2010	15.23"
400MH	朱永日	SCM	2005	57.00"
跳 高	歐凱軒	CLASS	2014	2.02米
跳 遠	楊偉明	BCH	2000	6.52米
三 級 跳	曹嘉豪	CCCU	2009	13.72米
鉛 球	招立新	MKT	2007	13.16米
鐵 餅	招立新	MKT	2007	40.95米
標 槍	文高俊	CLASS	2014	54.95米
撐竿跳	陳嘉豪	CLASS	2018	3.6米
4 x 100米接力	系/部際	MEEM	1998	45.27"
4 x 100米接力	公開組	Final Year 再次多 謝戴太葉 sir 隊	2016	43.24"
4 x 100米接力	舍際組	Hall 7	2015	44.50"
4 x 400米接力	系/部際	EE	2002	3'54.17"
4 x 400米接力	公開組	Hall 2	2019	3'39.99"
女子組				
100米	潘栢茵	CCCU	2010	12.21"
200米	潘栢茵	CCCU	2010	25.33"
400米	鄺舒婷	MKT	2007	1'01.93"
800米	范家瓊	CB	2013	2'28.03"
1500米	范家瓊	CB	2013	5'06.17"
100MH	梁淑華	DSS	2006	15.37"
跳 高	陳美迪	DSS	2003	1.61米
跳 遠	葉穎薇	CB	2020	5.30米
鉛 球	李嘉萱	CLASS	2011	11.30米
鐵 餅	李嘉萱	CLASS	2011	35.58米
標 槍	吳其芯	CLASS	2018	38.73米
4 x 100米接力	系/部際	DSS	1999	53.76"
4 x 100米接力	公開組	白華茵欣隊	2003	53.42"
4 x 100米接力	舍際組	Hall 5	2016	56.36"
4 x 400米接力	公開組	X Team	2012	4'31.38"
<b>Interhall Cheering Competition Best Performance Award</b>	舍堂啦啦隊比賽 優異獎	Hall 4	2011	540分

## Best Record (Staff, Children and Alumni)

### 大會紀錄（教職、兒童及校友組）

<u>項目</u>	<u>姓名</u>	<u>部門</u>	<u>年份</u>	<u>紀錄</u>
<b>男子組</b>				
100米	謝佳佑	CSE	2016	12.23"
800米	鄧振波	EE	1998	2'15.24"
5000米	Michael Mould	EE	1998	17'22.39"
鉛 球	吳志颺	AP	1997	11.33米
跳 遠	何浩培	AP	1998	5.56米
跳 高	何浩培	AP	1998	1.50米
4 x 100米系際接力		ME	1996	53.36"
4 x 100米混合接力	Runners		2007	1'02.92"
<b>女子組</b>				
100米	陳凱姬	BC	2002	14.76"
400米	李美玲	SAO	1996	1'24.27"
1500米	羅慕賢	MEEM	2000	6'19.51"
5000米	趙滿豐	PRVT	2015	24'27.72"
鉛 球	區惠芬	IS	1995	7.06米
跳 遠	黃衛嫦	LIB	1996	3.38米
4 x 100米系際接力	Rabbits		2008	1'00.30"
<b>兒童組</b>				
60米 (4 - 6 歲)	Ethan Chen		2013	11.08"
60米 (7 - 9 歲)	鮑穎怡		2002	10.03"
60米 (10 - 12 歲)	陳日楠		2019	8.19"
<b>校友組</b>				
女子5000米	楊梓君		2009	23'11.18"
男子5000米	郭善雄		2010	18'16.04"



## Schedule and List of Athletes

### ***Event 1 Student Women High Jump Finals***

***Time 09:00***

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
F11	Ho Ning Yan	CLASS	F22	Chu Cheuk Lam	JCC
F14	Ho Wai Kiu Carrie	CB	F23	PangCheukNam	CLASS
F15	Chong Wing	CB	F35	Ng Tsz Yan	CB
F16	Li Cheuk Laam	CLASS	F43	Tang Sirui	CLASS

### ***Event 2 Student Women Shot Put Finals***

***Time 09:00***

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
F01	WEI Yuqiao	CSCI	F36	Chan Yuk Kie	CB
F12	WANG Paining	CB	F40	Lam Hoi ling	CLASS
F21	Lam Tsz Ching	CB	F41	Lee Shuk Yee	CLASS
F25	LAI TSZ WING	CENG			

### ***Event 3 Student Women Long Jump Finals***

***Time 09:00***

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
F14	Ho Wai Kiu Carrie	CB	F20	Hui Tung Ching	SDSC
F15	Chong Wing	CB	F24	WONG TSZ CHING	CLASS
F18	Lam Wing Tung	SCM	F45	Lai Ka Ching	SEE

### ***Event 4 Student Women Javelin Finals***

***Time 09:00***

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
F07	Chan Wing Yiu Avian	SEE	F31	Ninson Patricia	CLASS
F08	Chau Tsz Ching	CB	F40	Lam Hoi ling	CLASS
F12	WANG Paining	CB	F41	Lee Shuk Yee	CLASS
F13	Leung Yat Sum	CB	F42	Chen Xinyi	CB
F24	WONG TSZ CHING	CLASS			

### ***Event 5 Student Men 400M Hurdles Finals***

***Canceled***

**Event 6    Staff Men & Alumni 5000M Finals**  
**Time        09:00**

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
MS03	YICK PAK HONG	LARU	A02	IP KWOK HANG	SLW
MS04	Dapeng Wu	CENG	A03	Wong Yiu Lung Duncan	CENG
MS05	Ran Duan	CB	A04	Yee Cheuk Hin	CENG
MS06	Chung Wai Keung	CDO	A05	Choi Shi Him Josiah	CENG
MS07	Chan Chi Hung	CDO	A06	LAM Shun Sun	CENG
MS08	CHAI YU	CSCI	A07	Huynh Gia Luong Michel	CB
MS10	CHAN HOK YIN	CLASS	A08	Lai Yiu Ting Dickson	SGS
A01	Tam Chi Yan	CENG			

**Event 7    Student Women 100M Finals**  
**Time        09:40**

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
F01	WEI Yuqiao	CSCI	F18	Lam Wing Tung	SCM
F02	Li Jingyi	CSCI	F28	Lau Tsoi Kwan Quinn	CLASS
F03	HU Xiaohan	JCC	F29	Chan Yin Yu	CB
F04	MU Yuxin	SCM	F30	Yip Wan Kiu	JCC
F05	WANG Zun	CLASS	F31	Ninson Patricia	CLASS
F06	Du Zile	CLASS	F32	Alizé Fauré	CLASS
F14	Ho Wai Kiu Carrie	CB	F43	Tang Sirui	CLASS
F15	Chong Wing	CB	F44	Cheng Lok Wun	SDSC
F16	Li Cheuk Laam	CLASS	F45	Lai Ka Ching	SEE
F17	Chan Hiu Hin	CLASS			

**Event 8    Student Men High Jump Finals**  
**Time        09:45**

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
M11	Nur Aldeken	CENG	M53	Lau Yiu Yeung	JCC
M17	MA Tin Lok	CLASS	M66	LIU Liantao	CLASS
M20	Lam Chi Yuen	CLASS	M76	Wong Chun Ngai	CENG
M24	KENNELLY Michael John	CENG			

**Event 9 Student and Staff Men Shot Put Finals****Time 09:45**

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
M13	HO Chi Yu	CENG	M79	Wong Chiu Ho	CB
M14	Ng Yan Chi	CLASS	M80	Chan Lok Yin Nicholas	CENG
M15	Cheng King Sum	CENG	M81	Leung Chi Yeung Zachary	CB
M22	LUK Ka Ming	CB	M84	Leung Man Pang	SCM
M23	TO Chun Hei Hayden	CB	M87	Yang Qibin	CLASS
M28	SIT Hoi	CLASS	M88	Ng Chit Long	CB
M51	Leung To	CLASS	M89	CHU Pak Him	CENG
M61	Leung Chin Pang	CB	MS01	Yuxuan ZHANG	CENG
M75	Hung Yeung Sing	SDSC	MS11	XU Zhengyang	CB
M77	Chan Wai Ho	CENG	MS12	Kwok Chi Wai, Ron	CB

**Event 10 Student and Staff Men Long Jump Finals****Time 09:45**

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
M01	Halit Yigit Gunduz	CSCI	M63	Lau Chun Hei	SEE
M03	WANG Zixuan	CENG	M67	Sy Man Tik	SCM
M04	LIU Handa	CENG	M68	WANG WEI	CENG
M08	WONG YANJIK	SLW	M72	CHEONG Keng Fu	CB
M11	Nur Aldeken	CENG	M73	CHAN Wun Yiu	CB
M12	SHEK Tsz Wai Raymond	CLASS	M86	SONG Tianze	CLASS
M32	POON Tsz Ho	CB	MS01	Yuxuan ZHANG	CENG
M36	Tsui Ka Tsun	CLASS	MS09	ALAM Md Kowsar	JCC
M52	TSE Chak Ming	CENG	MS11	XU Zhengyang	CB
M54	Chan Ki Yin, Adrian	SLW	MS12	Kwok Chi Wai, Ron	CB
M57	Leung Pak Yin	CENG			

**Event 11 Student Men Javelin Finals****Time 09:45**

<b>No.</b>	<b>Participant</b>	<b>College</b>	<b>No.</b>	<b>Participant</b>	<b>College</b>
M16	Lau Sin Hei	CB	M69	CHAN Ho Yeung	SEE
M17	MA Tin Lok	CLASS	M71	FUNG TIN CHING	CB
M18	KAM, Man Ching	CENG	M75	Hung Yeung Sing	SDSC
M19	So Tsz Hang	CSCI	M77	Chan Wai Ho	CENG
M31	KO Ching Yu	CENG	M89	CHU Pak Him	CENG
M37	WONG Tsz Hei	SLW	M90	Colin Fok	CENG
M39	KWOK Yuk Long	CENG	M91	Leung Ka Wing	CENG

**Event 12 Student and Staff Men 100M Finals****Time 09:50**

No.	Participant	College	No.	Participant	College
M01	Halit Yigit Gunduz	CSCI	M53	Lau Yiu Yeung	JCC
M02	NATHANIEL KWAPONG OBUOBI	CB	M54	Chan Ki Yin, Adrian	SLW
M03	WANG Zixuan	CENG	M55	Yunce YANG	CENG
M19	So Tsz Hang	CSCI	M71	FUNG TIN CHING	CB
M21	LEUNG Chin Hin	CB	M72	CHEONG Keng Fu	CB
M25	WONG Wai Yin	CENG	M73	CHAN Wun Yiu	CB
M27	LUI Chu Lok	CLASS	M74	Wong Lai Yin Amson	CB
M30	LIU Hiu Long	CENG	M75	Hung Yeung Sing	SDSC
M31	KO Ching Yu	CENG	M76	Wong Chun Ngai	CENG
M35	LAM Tsz Nok R.	CLASS	M77	Chan Wai Ho	CENG
M40	SINHA Shubhojoy	CB	M78	Yau Chi Wai	CENG
M42	YAP Wing Sun	CB	MS01	Yuxuan ZHANG	CENG
M51	Leung To	CLASS	MS08	CHAI YU	CSCI
M52	TSE Chak Ming	CENG	MS12	Kwok Chi Wai, Ron	CB

**Event 13 Student Women 400M Finals****Time 10:05**

No.	Participant	College	No.	Participant	College
F07	Chan Wing Yiu Avian	SEE	F35	Ng Tsz Yan	CB
F33	Tsang Lai Mae Halasan	CLASS			

**Event 14 Student Men 400M Finals****Time 10:10**

No.	Participant	College	No.	Participant	College
M06	LI Ruopan	CB	M38	Tai Kin Kwok	CB
M07	Lok shing yung	CSCI	M41	PERETTO Alessandro	CB
M08	WONG YANJIK	SLW	M56	Chan Cheuk Him	CLASS
M29	NG Yik Cheung	CLASS	M58	ZHAO Wanchao	CB
M34	FUNG Sheung Wai Martin	CB	M78	Yau Chi Wai	CENG
M35	LAM Tsz Nok R.	CLASS			

**Event 15 Student Women 800M Finals****Time 10:15**

No.	Participant	College	No.	Participant	College
F02	Li Jingyi	CSCI	F21	Lam Tsz Ching	CB
F08	Chau Tsz Ching	CB	F33	Tsang Lai Mae Halasan	CLASS
F09	Cheung Ka Yin	CSCI	F34	Lee Wing Yan	CLASS
F19	Chan Cheuk Ling	CB	F35	Ng Tsz Yan	CB
F20	Hui Tung Ching	SDSC			

**Event 16 Student and Staff Men 800M Finals****Time 10:25**

No.	Participant	College	No.	Participant	College
M09	Cheung Yuk Yuen	CSCI	M83	Lau Kai Hang	CLASS
M47	Fok Lai Chak	CLASS	M84	Leung Man Pang	SCM
M59	XIAO HU	CB	MS02	Deep BATRA	CSC
M60	SHUYUE JIA	CENG	MS03	YICK PAK HONG	LARU
M61	Leung Chin Pang	CB	MS09	ALAM Md Kowsar	JCC
M82	Chan Ying Cheong	CSCI			

**Event 17 Student Men and Women 5000M Finals****Time 10:30**

No.	Participant	College	No.	Participant	College
M09	Cheung Yuk Yuen	CSCI	M70	LAM Chun Tin Sky	CLASS
M12	SHEK Tsz Wai Raymond	CLASS	M85	MULJA Dannel	CENG
M16	Lau Sin Hei	CB	F27	Hung Devina Catherine	SCM
M43	LEUNG Chun Yi	CSCI	F29	Chan Yin Yu	CB
M46	LEE Chi Tat	CB	F36	Chan Yuk Kie	CB
M49	CHENG Chak Tong	CLASS	F37	Cheung Ka Yin	CSCI
M50	Kwok Chi Sing	CLASS	F38	Luk Hoi lam	SEE
M60	SHUYUE JIA	CENG	F39	Zoe Barret	CLASS
M64	MAI Jin	SLW	F46	HuangyYuyu	SLW
M65	ZHAO Sai	CSCI			

**Event 18 Student Men Pole Vault Finals****Time 10:45**

No.	Participant	College	No.	Participant	College
M02	NATHANIEL KWAPONG OBUOBI	CB	M33	Lai Hin Yau	CB
M20	Lam Chi Yuen	CLASS			

**Event 19 Student Women Discus Finals****Time 10:45**

No.	Participant	College	No.	Participant	College
F07	Chan Wing Yiu Avian	SEE	F25	LAI TSZ WING	CENG
F08	Chau Tsz Ching	CB	F26	WAI NGA HUEN	CLASS
F13	Leung Yat Sum	CB	F31	Ninson Patricia	CLASS
F20	Hui Tung Ching	SDSC	F40	Lam Hoi ling	CLASS
F21	Lam Tsz Ching	CB	F42	Chen Xinyi	CB

**Event 20 Student Men Triple Jump Finals****Time 10:45**

No.	Participant	College	No.	Participant	College
M12	SHEK Tsz Wai Raymond	CLASS	M67	Sy Man Tik	SCM
M36	Tsui Ka Tsun	CLASS			

**Event 21 Children Aged 10-12 60M Finals (Boys)****Time 11:00**

No.	Participant	College	No.	Participant	College
C11	KWOK KUN CHUN	CENG	C20	KWOK Shui Cheong	Alumni
C19	Jerry xu	CENG			

**Event 22 Children Aged 7-9 60M Finals (Mixed)****Time 11:05**

No.	Participant	College	No.	Participant	College
C01	LI, Pak Kiu	SS	C12	SUN Linxi	CB
C04	Cheung Yan Yuk	CENG	C14	Cheng yu hei	SDS
C06	Mak Cheuk Tik	SDS	C15	CHAN YAT LONG	CLASS
C08	Jeff Wong	SEE	C16	CHAN YAT CHING	CLASS
C10	Tam Chi Yan	CENG			

**Event 23 Children Aged 4-6 60M Finals (Mixed)****Time 11:10**

No.	Participant	College	No.	Participant	College
C02	Davinae Wai Lam LAU	CENG	C09	LAI Wai Chiu King	CENG
C03	Shen Evan Sing Kiu	COM	C13	SUN Muyang	CB
C05	Cheung Yui Hang	CENG	C17	Cheng Yu Tung	SDS
C07	Mak Cheuk Laam	SDS	C18	Wong Yan Pok	SDS

**Event 24 Student Women 100M Hurdles Finals****Time 11:25**

No.	Participant	College	No.	Participant	College
F11	Ho Ning Yan	CLASS	F28	Lau Tsoi Kwan Quinn	CLASS

**Event 25 Student Men 110M Hurdles Finals****Canceled**

**Event 26 Student Men Discus Finals**  
**Time 11:30**

No.	Participant	College	No.	Participant	College
M13	HO Chi Yu	CENG	M69	CHAN Ho Yeung	SEE
M14	Ng Yan Chi	CLASS	M71	FUNG TIN CHING	CB
M15	Cheng King Sum	CENG	M84	Leung Man Pang	SCM
M22	LUK Ka Ming	CB	M87	Yang Qibin	CLASS
M23	TO Chun Hei Hayden	CB	M88	Ng Chit Long	CB
M28	SIT Hoi	CLASS	M90	Colin Fok	CENG

**Event 27 Student Women 1500M Finals**  
**Time 11:35**

No.	Participant	College	No.	Participant	College
F09	Cheung Ka Yin	CSCI	F34	Lee Wing Yan	CLASS
F10	SUN Yifan	JCC	F36	Chan Yuk Kie	CB

**Event 28 Student Men 1500M Finals**  
**Time 11:45**

No.	Participant	College	No.	Participant	College
M02	NATHANIEL KWAPONG OBUOBI	CB	M58	ZHAO Wanchao	CB
M09	Cheung Yuk Yuen	CSCI	M60	SHUYUE JIA	CENG
M10	Cheng Hong Shing Ronald	CSCI	M61	Leung Chin Pang	CB
M44	HE Jingwu	CLASS	M62	Chin Ming Kai Michael	SLW
M45	HO Kwan Hoi	CLASS	M63	Lau Chun Hei	SEE
M48	LEUNG, Chuen Hing	CENG			

**Event 29 Student Women 200M Finals**  
**Time 11:55**

No.	Participant	College	No.	Participant	College
F01	WEI Yuqiao	CSCI	F19	Chan Cheuk Ling	CB
F04	MU Yuxin	SCM	F28	Lau Tsoi Kwan Quinn	CLASS
F05	WANG Zun	CLASS	F29	Chan Yin Yu	CB
F17	Chan Hiu Hin	CLASS	F30	Yip Wan Kiu	JCC
F18	Lam Wing Tung	SCM	F43	Tang Sirui	CLASS

**Event 30 Student Men 200M Finals**  
**Time 12:00**

No.	Participant	College	No.	Participant	College
M01	Halit Yigit Gunduz	CSCI	M41	PERETTO Alessandro	CB
M03	WANG Zixuan	CENG	M42	YAP Wing Sun	CB
M04	LIU Handa	CENG	M53	Lau Yiu Yeung	JCC
M05	DONG Chuanqiao	JCC	M54	Chan Ki Yin, Adrian	SLW
M06	LI Ruopan	CB	M55	Yunce YANG	CENG
M07	Lok shing yung	CSCI	M56	Chan Cheuk Him	CLASS
M21	LEUNG Chin Hin	CB	M57	Leung Pak Yin	CENG
M26	LEE Chun Hei	CLASS	M76	Wong Chun Ngai	CENG
M29	NG Yik Cheung	CLASS	M79	Wong Chiu Ho	CB
M34	FUNG Sheung Wai Martin	CB	M80	Chan Lok Yin Nicholas	CENG
M38	Tai Kin Kwok	CB	M81	Leung Chi Yeung Zachary	CB

**Event 31 Women 4 x 100M Student Relay Finals**  
**Canceled**

**Event 32 Men 4 x 100M Student Relay Finals**  
**Time 12:20**

**Remaining quota: 5**

**Students can collect and submit the relay application form at the Medals Collection Table next to the JSC office.**

**Deadline: on or before 11 am**

No.	Participant	Lane	No.	Participant	Lane
H12	城大廚房佬		H14	CityU Men's Athletic Team	
H13	城大隻佬				

**Event 33 Women 4 x 100M Inter-Hall Relay Final 1**  
**Time 12:35**

No.	Participant	Lane	No.	Participant	Lane
H09	Hall 9	6	H02	Hall2	4
H10	Hall 10	2	H06	Hall 6	5
H03	Hall 3	3			

**Event 33 Women 4 x 100M Inter-Hall Relay Final 2**  
**Time 12:35**

No.	Participant	Lane	No.	Participant	Lane
H04	Hall 4	7	H05	Hall 5	6
H11	Hall 11	2	H01	Hall 1	3
H08	Hall 8	5	H07	Hall 7	4



**Event 34 Men 4 x 100M Inter-Hall Relay Final 1**  
**Time 12:55**

No.	Participant	Lane	No.	Participant	Lane
H05	Hall 5	4	H09	Hall 9	3
H03	Hall 3	2	H06	Hall 6	5
H01	Hall 1	6			

**Event 34 Men 4 x 100M Inter-Hall Relay Final 2**  
**Time 12:55**

No.	Participant	Lane	No.	Participant	Lane
H10	Hall 10	6	H08	Hall 8	3
H11	Hall 11	2	H07	Hall 7	5
H04	Hall 4	7	H02	Hall 2	4

**Event 35 Women 4 x 400M Student Relay Finals**  
**Time 13:05**

No.	Participant	Lane	No.	Participant	Lane
H15	Hall 1 team		H19	Team Harmonian	
H16	HBC Prosperity Hall		H20	Hall 10	
H17	Hall 3 Alumni Civility Hall		H21	Miracle 11	
H18	Chan Sui Kau Hall				

**Event 36 Men 4 x 400M Student Relay Finals**  
**Time 13:15**

No.	Participant	Lane	No.	Participant	Lane
H22	winner winner chicken dinner		H26	Chan Sui Kau Hall	
H23	Hall 1 team		H27	Team Harmonian	
H24	HBC Prosperity Hall		H28	Hall 10	
H25	Hall 3 Alumni Civility Hall				

**香港城市大學第二十九屆週年陸運會 2022 (賽程表)**  
**The 29<sup>th</sup> CityU Annual Athletic Meet 2022 (Timetable)**

項 目 Events	時間 Time	開始檢錄 Start of Marshal	結束檢錄 End of Marshal	男 Men		女 Women		賽事 Races
				徑 Track	田 Field	徑 Track	田 Field	
1.	0900	0825	0835				跳高 HIGH JUMP	決賽 Finals
2.	0900	0825	0835				鉛球 SHOT PUT	決賽 Finals
3.	0900	0825	0835				跳遠 LONG JUMP	決賽 Finals
4.	0900	0825	0835				標槍 JAVELIN	決賽 Finals
5.	0900	0840	0850	400M HURDLES 欄				取消 Cancel
6.	0900	0840	0850	5000M 米 (Men's Staff & Alumni 男職員及校友組)				決賽 Finals
7.	0940	0920	0930			100M 米		決賽 Finals
8.	0945	0910	0920		跳高 HIGH JUMP			決賽 Finals
9.	0945	0910	0920		鉛球 SHOT PUT*			決賽 Finals
10.	0945	0910	0920		跳遠 LONG JUMP*			決賽 Finals
11.	0945	0910	0920		標槍 JAVELIN			決賽 Finals
12.	0950	0930	1040	100M 米*				決賽 Finals
13.	1005	0945	0955			400M 米		決賽 Finals
14.	1010	0950	1000	400M 米				決賽 Finals
15.	1015	0955	1005			800M 米		決賽 Finals
16.	1025	1005	1015	800M 米*				決賽 Finals
17.	1030	1010	1020	5000M 米# (Men's & Women's Student 男子及女子學生組)				決賽 Finals
18.	1045	1000	1010		撐竿跳高 POLE VAULT			決賽 Finals
19.	1045	1010	1020				鐵餅 DISCUS	決賽 Finals
20.	1045	1010	1020		三級跳 TRIPLE JUMP			決賽 Finals
21.	1100	1040	1050	60 M 米 CHILDREN AGED 10 – 12		60 M 米 CHILDREN AGED 10 – 12		決賽 Finals
22.	1105	1045	1055	60 M 米 CHILDREN AGED 7 – 9#				決賽 Finals
23.	1110	1050	1100	60 M 米 CHILDREN AGED 4 – 6#				決賽 Finals
24.	1125	1105	1115			100M HURDLES 欄		計時 Time Trial
25.	1120	1100	1110	110M HURDLES 欄				取消 Cancel
26.	1130	1055	1105		鐵餅 DISCUS			決賽 Finals
27.	1135	1115	1125			1500M 米		決賽 Finals
28.	1145	1125	1135	1500M 米				決賽 Finals
29.	1155	1135	1145			200M 米		決賽 Finals
30.	1200	1140	1150	200M 米				決賽 Finals
31.	1215	1155	1205			4 X 100M 接力 (學生組) 4 X 100M RELAY (STUDENT)		取消 Cancel
32.	1220	1200	1210	4 X 100M 接力 (學生組) 4 X 100M RELAY (STUDENT)				決賽 Finals
33.	1235	1215	1225			4 X 100M 接力(舍堂組) 4 X 100M INTER-HALL RELAY		決賽 Finals
34.	1255	1235	1245	4 X 100M 接力 (舍堂組) 4 X 100M INTER-HALL RELAY				決賽 Finals
35.	1305	1245	1255			4 X 400M 接力 (學生組) 4 X 400M RELAY (STUDENT)		決賽 Finals
36.	1315	1255	1305	4 X 400M 接力 (學生組) 4 X 400M RELAY (STUDENT)				決賽 Finals
	1320	N.A.		比賽結束，接力項目及個人全場冠軍頒獎。 End of Events and Prize Presentations to Relays and Individual Overall Champions				

# 男子組及女子組之比賽均同時進行，但成績將分別計算。Men & women events will be held at the same time, prizes will be awarded separately.

\* 學生組及教職員或校友之比賽均同時進行，但成績將分別計算。Students & Staff events will be held at the same time, prizes will be awarded separately.

## Important reminders regarding the use of Joint Sports Centre

1. Designated field event areas are for the athletes and judges only.
2. Except the gummed paper provided by the organizer, athletes are not permitted to make check- marks or place objects on the lane or facilities.
3. All participants are not allowed to stay on the track or in the field during break.
4. Only spiked track shoes with 7mm spikes and plastic sports shoes are allowed.
5. No food and drinks in competition area.
6. Smoking is strictly prohibited in Joint Sports Centre.
7. For safety and precaution due to COVID-19 pandemic, **no spectator is allowed**, participants are advised to wear mask at all times except for competition(s). Participants are also required to fill in the Health Questionnaire upon arrival at the entrance of JSC.
8. Disease preventive measures for competitions are referred to HKAAA COVID-19 Precaution.
9. Competitors have to comply with the Prevention and Control of Disease Regulation (Chapter 599, sub. leg. F).

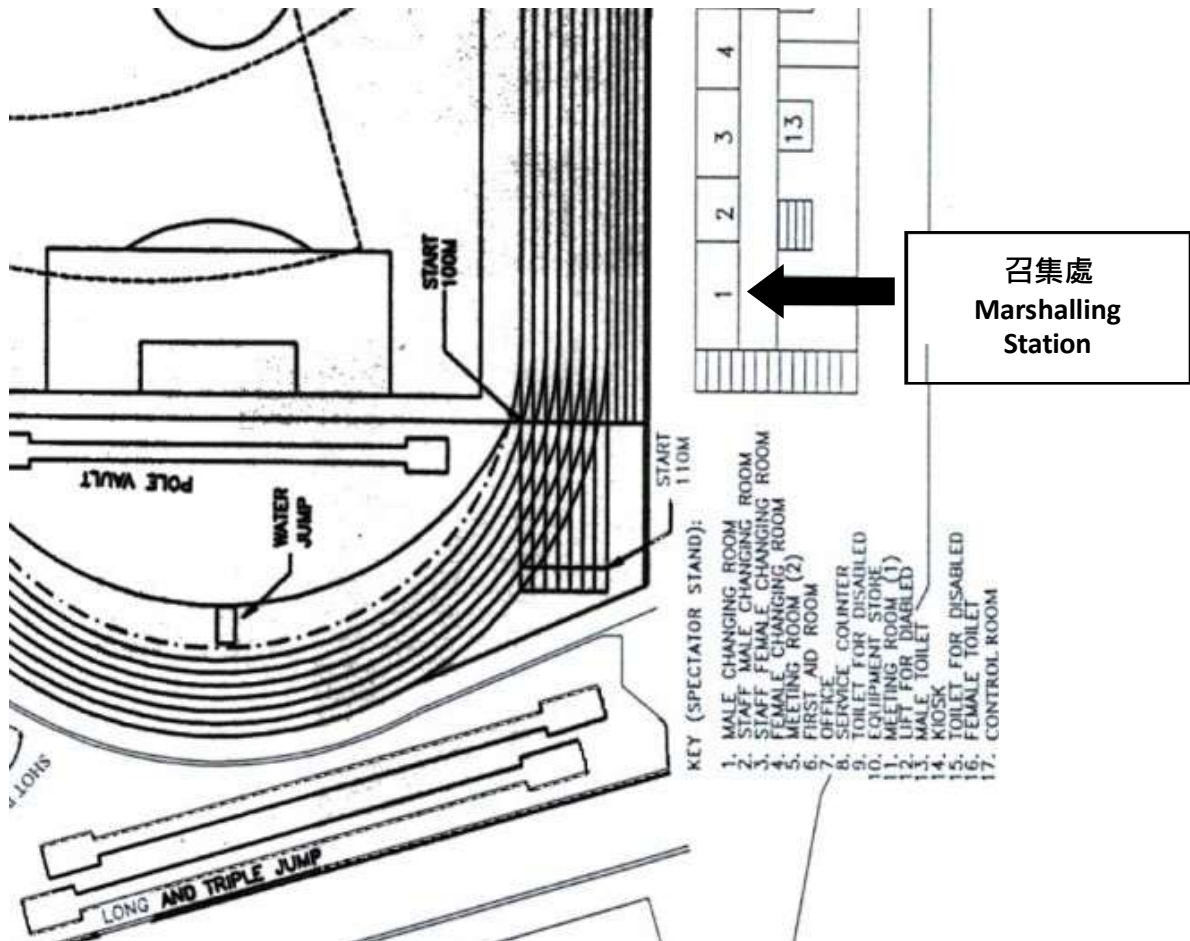
The diagram is a detailed architectural site plan of the 1984 Summer Olympic Stadium in Los Angeles. The stadium is an oval-shaped arena with multiple tiers of seating. Key features include:

- Stadium Layout:** The central field is divided into sections for various sports, including Javelin, High Jump, Pole Vault, Water Jump, and Shot Put. The track is labeled with "START 100M", "START 1 MILE", and "FINISH".
- Surrounding Facilities:** To the left of the stadium are the "START 1000M", "START 200M", "START 3000M", and "START 5000M" areas. To the right is the "PARKING AREA".
- Key (Spectator Stand):** A detailed key for the spectator stand is provided, showing the layout of the seating areas and the locations of various rooms and facilities. The key includes:
  - 1. STAFF DRESSING ROOM
  - 2. STAFF CHANGING ROOM
  - 3. STAFF FEMALE CHANGING ROOM
  - 4. MEETING ROOM (1)
  - 5. MEETING ROOM (2)
  - 6. OFFICE
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⬅ Start line for 100m

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# Marshalling procedure



**Athletes (both Track and Field events) must report to the Marshalling Station within the Reporting time. Athletes who fail reporting to the Marshalling Station within the reporting time shall be disqualified from the event. Marshalling Station is located at the left of the Spectator Stand above the 100M starting line.**

# Acknowledgement

1. Associate Director (PE), SDS
2. Cultural and Sports Committee
3. Joint Sports Centre
4. Students Helpers and Officials

Mr. Sunny CHAU