

STID3014 DATABASE SYSTEM AND INFORMATION RETRIEVAL (F) SEMESTER/SESSION A222 GROUP 4

SQL PROJECT REPORT

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PREPARED BY:

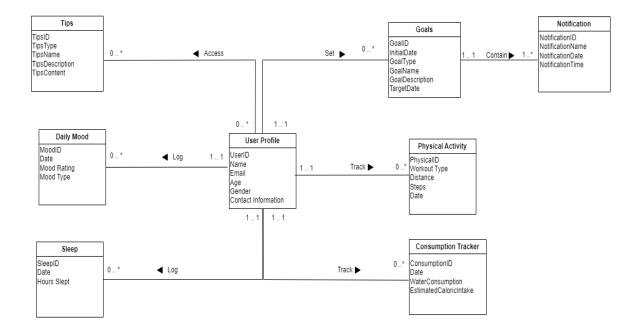
NO.	MATRIC NO.	NAME
1	278688	YAP JIA QING
2	279018	VINCENT BEH HUA EIK
3	279021	POON WAI KIT
4	279231	YAP YUN LOON

Entity Relational Diagram

Link to ERD: ERD Link

Assumptions:

- Each User can only register for one profile.
 For some entities, attributes are less than 5.



Relational Model

User Profile (<u>UserID</u>, Name, Email, Age, Gender, Contact Information)

PK: UserID

Goals (<u>GoalID</u>, InitialDate, GoalType, GoalName, GoalDescription, TargetDate, UserID)

PK: GoalID

FK: UserID references User_Profile (UserID)

Notification (<u>NotificationID</u>, NotificationName, NotificationDate, NotificationTime, GoalID)

PK: NotificationID

FK: GoalID references Goals (GoalID)

Physical Activity (PhysicalID, WorkoutType, Distance, Steps, Date, UserID)

PK: PhysicalID

FK: UserID references User Profile (UserID)

Consumption_Tracker (<u>ConsumptionID</u>, Date, WaterConsumption, EstimatedCaloricIntake, UserID)

PK: ConsumptionID

FK: UserID references User_Profile (UserID)

Sleep (SleepID, Date, HoursSlept, UserID)

PK: SleepID

FK: UserID references User_Profile (UserID)

Daily Mood (MoodID, Date, MoodRating, MoodType, UserID)

PK: MoodID

FK: UserID references User Profile (UserID)

Tips (<u>TipsID</u>, TipsType, TipsName, TipsDescription, TipsContent)

PK: TipsID

User_Tips (<u>UserID</u>, <u>TipsID</u>)

PK: UserID, TipsID

FK: UserID references User_Profile (UserID)

FK: TipsID references Tips (TipsID)

Queries

Create Tables

```
-- Create User Profile table
CREATE TABLE User Profile (
  UserID VARCHAR(6) PRIMARY KEY,
  Name VARCHAR(255) NOT NULL,
  Email VARCHAR(255) NOT NULL,
  Age INT NOT NULL,
  Gender CHAR NOT NULL
     CONSTRAINT User sexCHK
     CHECK (Gender IN ('M','F')),
  ContactInformation VARCHAR(255) NOT NULL
);
-- Create Goals table
CREATE TABLE Goals (
  GoalID VARCHAR (8) PRIMARY KEY,
  InitialDate DATE NOT NULL,
  GoalType VARCHAR(50) NOT NULL,
  GoalName VARCHAR(255) NOT NULL,
  GoalDescription VARCHAR(1000) NOT NULL,
  TargetDate DATE NOT NULL,
  UserID VARCHAR(6) NOT NULL,
  FOREIGN KEY (UserID) REFERENCES User Profile (UserID)
);
```

```
-- Create Notification table
CREATE TABLE Notification (
  NotificationID VARCHAR(8) PRIMARY KEY,
  NotificationName VARCHAR(255) NOT NULL,
  NotificationDate DATE NOT NULL,
  NotificationTime TIME NOT NULL,
  GoalID VARCHAR (8) NOT NULL,
  FOREIGN KEY (GoalID) REFERENCES Goals (GoalID)
);
-- Create Physical Activity table
CREATE TABLE Physical_Activity (
  PhysicalID VARCHAR(8) PRIMARY KEY,
  WorkoutType CHAR NOT NULL
       CONSTRAINT User_actCHK
       CHECK (WorkoutType IN ('W','R')),
  Distance FLOAT,
  Steps INT,
  Date DATE NOT NULL,
  UserID VARCHAR(6) NOT NULL,
  FOREIGN KEY (UserID) REFERENCES User Profile (UserID)
);
-- Create Consumption Tracker table
CREATE TABLE Consumption Tracker (
  ConsumptionID VARCHAR(8) PRIMARY KEY,
  Date DATE NOT NULL,
  WaterConsumption FLOAT NOT NULL,
  EstimatedCaloricIntake INT NOT NULL,
  UserID VARCHAR(6) NOT NULL,
  FOREIGN KEY (UserID) REFERENCES User Profile (UserID)
```

```
);
-- Create Sleep table
CREATE TABLE Sleep (
  SleepID VARCHAR(8) PRIMARY KEY,
  Date DATE NOT NULL,
  HoursSlept FLOAT NOT NULL,
  UserID VARCHAR(6) NOT NULL,
  FOREIGN KEY (UserID) REFERENCES User Profile (UserID)
);
-- Create Daily_Mood table
CREATE TABLE Daily_Mood (
  MoodID VARCHAR(8) PRIMARY KEY,
  Date DATE NOT NULL,
  MoodRating INT CHECK (MoodRating BETWEEN 1 AND 10) NOT NULL,
  MoodType CHAR NOT NULL
      CONSTRAINT User moodCHK
      CHECK (MoodType IN ('B','G','N')),
  UserID VARCHAR(6) NOT NULL,
  FOREIGN KEY (UserID) REFERENCES User Profile (UserID)
);
-- Create Tips table
CREATE TABLE Tips (
  TipsID VARCHAR(8) PRIMARY KEY,
  TipsType VARCHAR(50) NOT NULL,
  TipsName VARCHAR(255) NOT NULL,
  TipsDescription VARCHAR(1000) NOT NULL,
  TipsContent VARCHAR(MAX) NOT NULL
);
```

```
-- Create User_Tips table

CREATE TABLE User_Tips (

UserID VARCHAR(6),

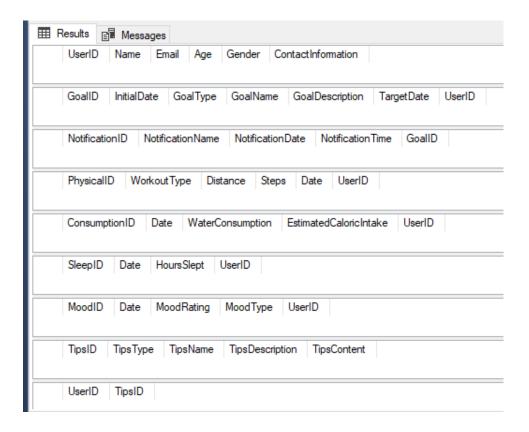
TipsID VARCHAR(8),

PRIMARY KEY (UserID, TipsID),

FOREIGN KEY (UserID) REFERENCES User_Profile (UserID),

FOREIGN KEY (TipsID) REFERENCES Tips (TipsID)

);
```



Alter Table

select * from User_Profile

ALTER TABLE User_Profile

ADD Height FLOAT;

Before:

	Results 🗐	Messages				
	UserID	Name	Email	Age	Gender	ContactInformation
1	USR001	John Doe	john@gmail.com	30	M	0193311609
2	USR002	Jane Smith	jane@gmail.com	25	F	0126691234
3	USR003	YAP JIA QING	yapjiaqing6099@gmail.com	25	M	01111946981

After:

III	Results 🗐	Messages					
	UserID	Name	Email	Age	Gender	ContactInformation	Height
1	USR001	John Doe	john@gmail.com	30	M	0193311609	NULL
2	USR002	Jane Smith	jane@gmail.com	25	F	0126691234	NULL
3	USR003	YAP JIA QING	yapjiaqing6099@gmail.com	25	M	01111946981	NULL

Insert Data

INSERT INTO User_Profile (UserID, Name, Email, Age, Gender, ContactInformation, Height)

VALUES

('USR001', 'John Doe', 'john@gmail.com', 30, 'M', '0193311609', '178'),

('USR002', 'Jane Smith', 'jane@gmail.com', 25, 'F', '0126691234', '160'),

('USR003', 'YAP JIA QING', 'yapjiaqing6099@gmail.com', 23,'M','01111946981', '170'),

('USR004', 'Vincent Beh', 'vincentbehuum@gmail.com', 23, 'M', 01121218053, '173');

	UserID	Name	Email	Age	Gender	ContactInformation	Height
1	USR001	John Doe	JohnDoe@gmail.com	30	M	123-456-7890	178
2	USR002	Jane Smith	jane@example.com	25	F	987-654-3210	160
3	USR003	YAP JIA QING	yapjiaqing6099@gmail.com	25	M	01111946981	170
4	USR004	Vincent Beh	vincentbehuum@gmail.com	23	M	01121218053	173

INSERT INTO Goals (GoalID, InitialDate, GoalType, GoalName, GoalDescription, TargetDate, UserID)

VALUES

('GOAL001', '2023-07-21', 'Fitness', 'Lose Weight', 'Lose 10 pounds in 2 months', '2023-09-21', 'USR003'),

('GOAL002', '2023-07-21', 'Health', 'Drink More Water', 'Drink at least 8 glasses of water daily', '2023-08-31', 'USR001'),

('GOAL003', '2023-07-21', 'Fitness', 'Run a 5K', 'Complete a 5K run within 30 minutes', '2023-09-15', 'USR002');

	GoalID	InitialDate	GoalType	GoalName	GoalDescription	Target Date	UserID
1	GOAL001	2023-07-21	Fitness	Lose Weight	Lose 10 pounds in 2 months	2023-09-21	USR003
2	GOAL002	2023-07-21	Health	Drink More Water	Drink at least 8 glasses of water daily	2023-08-31	USR001
3	GOAL003	2023-07-21	Fitness	Run a 5K	Complete a 5K run within 30 minutes	2023-09-15	USR002

INSERT INTO Notification (NotificationID, NotificationName, NotificationDate, NotificationTime, GoalID)

VALUES

('NOTIF001', 'Morning Workout', '2023-07-22', '07:00:00', 'GOAL001'), ('NOTIF002', 'Drink Water Reminder', '2023-07-22', '09:00:00', 'GOAL002'), ('NOTIF003', 'Evening Run', '2023-07-23', '18:30:00', 'GOAL003');

	NotificationID	NotificationName	Notification Date	Notification Time	GoalID
1	NOTIF001	Moming Workout	2023-07-22	07:00:00.0000000	GOAL001
2	NOTIF002	Drink Water Reminder	2023-07-22	09:00:00.0000000	GOAL002
3	NOTIF003	Evening Run	2023-07-23	18:30:00.0000000	GOAL003

-- Insert physical activity records for each user

INSERT INTO Physical_Activity (PhysicalID, WorkoutType, Distance, Steps, Date, UserID)

VALUES

('PHY001', 'W', 5.2, 8000, '2023-07-21', 'USR003'), ('PHY002', 'W', 3.1, 6000, '2023-07-21', 'USR001'), ('PHY003', 'R', 4.0, 7500, '2023-07-21', 'USR002');

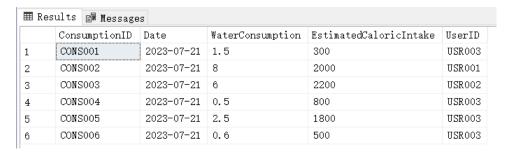
	PhysicalID	WorkoutType	Distance	Steps	Date	UserID
1	PHY001	W	5.2	8000	2023-07-21	USR003
2	PHY002	W	3.1	6000	2023-07-21	USR001
3	PHY003	R	4	7500	2023-07-21	USR002

-- Insert consumption tracker records for each user

INSERT INTO Consumption_Tracker (ConsumptionID, Date, WaterConsumption, EstimatedCaloricIntake, UserID)

VALUES

```
('CONS001', '2023-07-21', 2.5, 1800, 'USR003'), ('CONS002', '2023-07-21', 8.0, 2000, 'USR001'), ('CONS003', '2023-07-21', 6.0, 2200, 'USR002'), ('CONS004', '2023-07-21', 0.5, 800, 'USR003'), ('CONS005', '2023-07-21', 2.5, 1800, 'USR003'), ('CONS006', '2023-07-21', 0.6, 500, 'USR003');
```



INSERT INTO Sleep (SleepID, Date, HoursSlept, UserID)

VALUES

('SLP001', '2023-07-21', 7.5, 'USR003'), ('SLP002', '2023-07-21', 8.0, 'USR001'), ('SLP003', '2023-07-21', 6.5, 'USR002');

	SleepID	Date	HoursSlept	UserID
1	SLP001	2023-07-21	7.5	USR003
2	SLP002	2023-07-21	8	USR001
3	SLP003	2023-07-21	6.5	USR002

-- Insert daily mood records for each user

INSERT INTO Daily_Mood (MoodID, Date, MoodRating, MoodType, UserID)

VALUES

('MOOD001', '2023-07-21', 8, 'G', 'USR003'), ('MOOD002', '2023-07-21', 7, 'B', 'USR001'), ('MOOD003', '2023-07-21', 6, 'N', 'USR002');

	MoodID	Date	MoodRating	MoodType	UserID
1	MOOD001	2023-07-21	8	G	USR003
2	MOOD002	2023-07-21	7	В	USR001
3	MOOD003	2023-07-21	6	N	USR002

-- Insert tips

INSERT INTO Tips (TipsID, TipsType, TipsName, TipsDescription, TipsContent)

VALUES

('TIPS001', 'Fitness', 'Running Tips', 'Tips for improving running performance', 'Run at a steady pace and stay hydrated.'),

('TIPS002', 'Health', 'Hydration Tips', 'Tips for staying hydrated throughout the day', 'Drink water regularly and carry a reusable water bottle.'),

('TIPS003', 'Fitness', 'Weight Loss Tips', 'Tips for achieving weight loss goals', 'Focus on a balanced diet and regular exercise.');

	TipsID	TipsType	TipsName	TipsDescription	TipsContent
1	TIPS001	Fitness	Running Tips	Tips for improving running performance	Run at a steady pace and stay hydrated.
2	TIPS002	Health	Hydration Tips	Tips for staying hydrated throughout the day	Drink water regularly and carry a reusable water
3	TIPS003	Fitness	Weight Loss	Tips for achieving weight loss goals	Focus on a balanced diet and regular exercise.

-- Assign tips to users

INSERT INTO User Tips (UserID, TipsID)

VALUES

('USR003', 'TIPS001'), ('USR001', 'TIPS002'), ('USR002', 'TIPS003');



Update Data

UPDATE User Profile

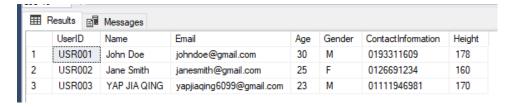
SET Email = 'johndoe@gmail.com'

WHERE UserID = 'USR001';

UPDATE User Profile

SET Email = 'janesmith@gmail.com'

WHERE UserID = 'USR002';



Create View

CREATE VIEW UserProfileWithGoals AS

SELECT u.UserID, u.Name, u.Email, u.Age, u.Gender, u.ContactInformation, g.GoalID, g.GoalType, g.GoalName, g.GoalDescription, g.TargetDate FROM User Profile u

LEFT JOIN Goals g ON u.UserID = g.UserID;



CREATE VIEW UserPhysicalActivitySummary AS

SELECT u.Name,

SUM(Steps) AS TotalSteps,

SUM(Distance) AS TotalDistance

FROM User_Profile u

LEFT JOIN Physical Activity p ON u.UserID = p.UserID

GROUP BY u.Name;

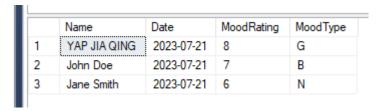
	Name	TotalSteps	TotalDistance
1	Jane Smith	7500	4
2	John Doe	6000	3.1
3	YAP JIA QING	8000	5.2

CREATE VIEW UserMoodView AS

SELECT u.Name,m.Date, m.MoodRating, m.MoodType

FROM User_Profile u

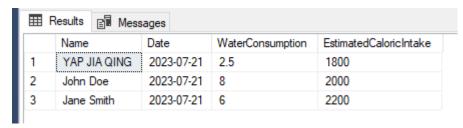
JOIN Daily_Mood m ON u.UserID = m.UserID;



CREATE VIEW UserConsumptionView AS

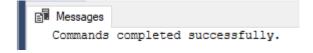
SELECT u.Name, c.Date, c.WaterConsumption, c.EstimatedCaloricIntake FROM User Profile u

JOIN Consumption_Tracker c ON u.UserID = c.UserID;



Drop View

DROP VIEW UserMoodView (Example)



select * from UserMoodView

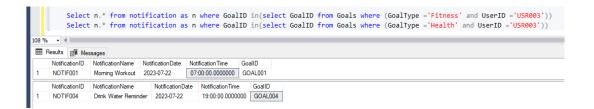
```
Messages

Msg 208, Level 16, State 1, Line 298

Invalid object name 'UserMoodView'.
```

Create subqueries

1. Select n.* from notification as n where GoalID in(select GoalID from Goals where (GoalType = '@GoalType' and UserID = '@UserID'))



Justification: This query is used for the user to check the notification been created by them for notify the specific goal. As the query executed, the user can see the notification that been setting to notify specific goal to remind user to do the goal at specific time.

 SELECT UserID, SUM(WaterConsumption) AS TotalWaterConsumed FROM Consumption_Tracker
 GROUP BY UserID;



Justification: This subquery calculates the total water consumption for each user from the Consumption_Tracker table, providing valuable insights into individual hydration habits for health analysis and personalized recommendations.

3. SELECT UserID, Name FROM User_Profile WHERE UserID NOT IN (SELECT UserID FROM Goals);

```
SELECT UserID, Name
FROM User_Profile
WHERE UserID NOT IN (SELECT UserID FROM Goals);

120 %

Results Messages
UserID Name
1 USR004 Vincent Beh
```

Justification: This query retrieves UserID and Name of the user which does not have any set goals in the app. This information will allow the business to do targeted marketing/introduction to the Goals function of the application. Doing that will hopefully bring on more users to use said function.

4.

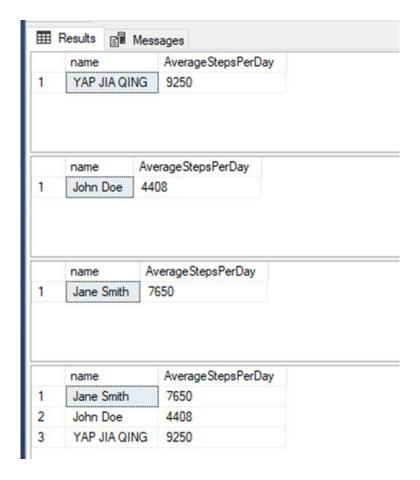
Select name ,avg(Steps) AS AverageStepsPerDay from User_Profile u, Physical Activity p

where p.UserID IN(Select u.UserID from User_Profile where u.UserID = 'USR003') Group by name;

Select name ,avg(Steps) AS AverageStepsPerDay from User_Profile u, Physical_Activity p where p.UserID IN(Select u.UserID from User_Profile where u.UserID = 'USR001') Group by name;

Select name ,avg(Steps) AS AverageStepsPerDay from User_Profile u, Physical_Activity p where p.UserID IN(Select u.UserID from User_Profile where u.UserID = 'USR002') Group by name;

Select name ,avg(Steps) AS AverageStepsPerDay from User_Profile u, Physical_Activity p where p.UserID IN(Select u.UserID from User_Profile)
Group by name;



Justification: The purpose of this query is to calculate the user's average steps taken per day so the user may keep track of it to monitor their daily average steps that allows them to gauge their physical activity levels or assess progress and make necessary adjustments to their lifestyle.

Create Multi-table queries

1. Select t.*,g.GoalName from Tips as t,goals as g,User_Tips as u where (t.TipsType ='@GoalType' and t.TipsType=g.GoalType and u.TipsID = t.TipsID and u.UserID=g.UserID and u.UserID ='@UserID')

```
## Results 
| GoalName | TipsID | TipsType | TipsName | TipsDescription |
| Lose Weight | TIPS003 | Fitness | Running Tips | TipsFype |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
| TipsContent |
| CoalName | TipsID | TipsType | TipsName | TipsDescription |
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| TipsContent | TipsContent | TipsContent |
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| TipsContent | TipsConte
```

Justification: This query is created in the application for the user to check and find the tips that is related to specific goal type. As the user adjust the goal type, the tips that have the same type as the goals will be display to the user to refer again.

2. SELECT u.Name, g.GoalName, g.GoalDescription, COUNT(n.NotificationID) AS NumNotifications

FROM User Profile u

LEFT JOIN Goals g ON u.UserID = g.UserID

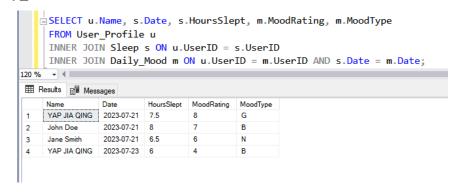
LEFT JOIN Notification n ON g.GoalID = n.GoalID

GROUP BY u.Name, g.GoalName, g.GoalDescription;

	Name	GoalName	GoalDescription	NumNotifications
1	Jane Smith	Run a 5K	Complete a 5K run within 30 minutes	1
2	John Doe	Drink More Water	Drink at least 8 glasses of water daily	1
3	YAP JIA QING	Lose Weight	Lose 10 pounds in 2 months	1

Justification: The purpose of this query is to displays the 'Name' of the user, the 'GoalName' and 'GoalDescription' of their goals, along with the total number of notifications associated with each specific goal. The Count function is an aggregate function that calculates the total number of notifications associated with each specific goal for each user. The result provides a clear breakdown of each user's goals, their respective descriptions, and the number of notifications received for each goal. This information can be valuable for monitoring user engagement and progress towards their set goals.

3. SELECT u.Name, s.Date, s.HoursSlept, m.MoodRating, m.MoodType FROM User_Profile u INNER JOIN Sleep s ON u.UserID = s.UserID INNER JOIN Daily Mood m ON u.UserID = m.UserID AND s.Date = m.Date;



Justification: The purpose of this query is to obtain data that allows the health app business to analyze the correlation between users' sleep duration and their daily mood ratings. By combining information from the Sleep and Daily_Mood tables, the query ensures that the sleep and mood data are collected on the same days for each user.

4. SELECT u.Name, u.Age, p.Date, p.WorkoutType, p.Distance, p.Steps, c.WaterConsumption,c.EstimatedCaloricIntake, s.HoursSlept FROM User_Profile u, Physical_Activity p, Consumption_Tracker c, Sleep S WHERE p.Date = c.Date and c.Date = s.Date and u.UserID = c.UserID and c.UserID = p.UserID and p.userID = s.UserID



Justification: The purpose of this query is to display the summary of the user's activity report which includes the workout type, distance travelled, steps taken, water consumption, estimated caloric intake and hours slept. We can use the summarize activity report information to push out notifications to the user on which aspect to improve on whether they need more exercise, water consumption or their hour slept.

Create queries including Aggregate Function

I. select Date, count(ConsumptionID) as [number of eat/drink],

Max(EstimatedCaloricIntake) as [maximum CaloricIntake],

MIN(EstimatedCaloricIntake) as [minimum

CaloricIntake], Max(WaterConsumption) as [Maximum WaterConsumption],

MIN(WaterConsumption) as [minimum WaterConsumption] from

Consumption_Tracker as c,User_Profile as u where c.UserID=u.UserID and

u.UserID ='@UserID' GROUP BY Date

Justification: The COUNT() function returns the number of rows that matches a specified criterion. This query calculates the number of the specific user had do the record for drinking and eating in table Consumption_Tracker. So, the user can easily see how many times the user had eat and drank, minimum and maximum for calories intake and water consumption in a single day.

2. SELECT pa.UserID, u.Name, DATEPART(WEEK, pa.Date) AS WeekNumber, SUM(pa.Distance) AS TotalDistanceCovered FROM Physical_Activity pa JOIN User_Profile u ON pa.UserID = u.UserID GROUP BY pa.UserID, u.Name, DATEPART(WEEK, pa.Date);

	UserID	Name	WeekNumber	TotalDistanceCovered
1	USR001	John Doe	29	3.1
2	USR002	Jane Smith	29	4
3	USR003	YAP JIA QING	29	5.2

Justification: This query is to display the total distance covered by each user in the 'Physical_Activity' table by using the SUM() aggregate function. The SUM() aggregate function is applied to calculate the total distance covered by each user on a weekly basis. So, it will provide the total distance for each week to the user, which user can monitor their weekly physical activity progress.

3. SELECT u.UserID, u.Name, AVG(dm.MoodRating) AS AvgMoodRating,

(SELECT TOP 1 dm.MoodType

FROM Daily Mood dm

WHERE dm.UserID = u.UserID

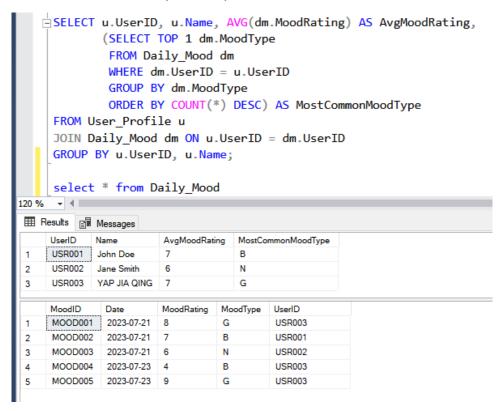
GROUP BY dm.MoodType

ORDER BY COUNT(*) DESC) AS MostCommonMoodType

FROM User Profile u

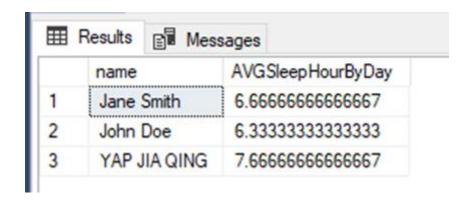
JOIN Daily Mood dm ON u.UserID = dm.UserID

GROUP BY u.UserID, u.Name;



Justification: This query is to display the average of mood rating and deduce the most common mood type for the users. The AVG() function is used to calculate the average mood ratings of users. The SELECT TOP function is then used to determine which mood type entered by the user is the most common.

Select name, avg(HoursSlept) AS AVGSleepHourByDay from User_Profile u,
 Sleep sWhere u.UserID = s.UserID Group by Name



Justification: The purpose of this query is to calculate the user's accumulated daily average numbers of hours they have slept so the user may keep track of their sleeping hours and make improvement on their sleeping routine or schedule.