

Q

Q9

$$\frac{1}{2} Kx^2 = \frac{1}{2} mv^2$$

$$mgh = \frac{1}{2} mv^2$$

$$h = \frac{v^2}{2} \cdot g$$

$$V_0 = ?$$

$$V_0 = 0$$

$$V_f = ?$$

$$V_f = ?$$

$$a = 0$$

$$a = -10$$

$$\Delta t = ?$$

$$\Delta t = ?$$

$$\Delta x = 1.93$$

$$\Delta y = ? = \frac{v_f^2}{2} \cdot g$$