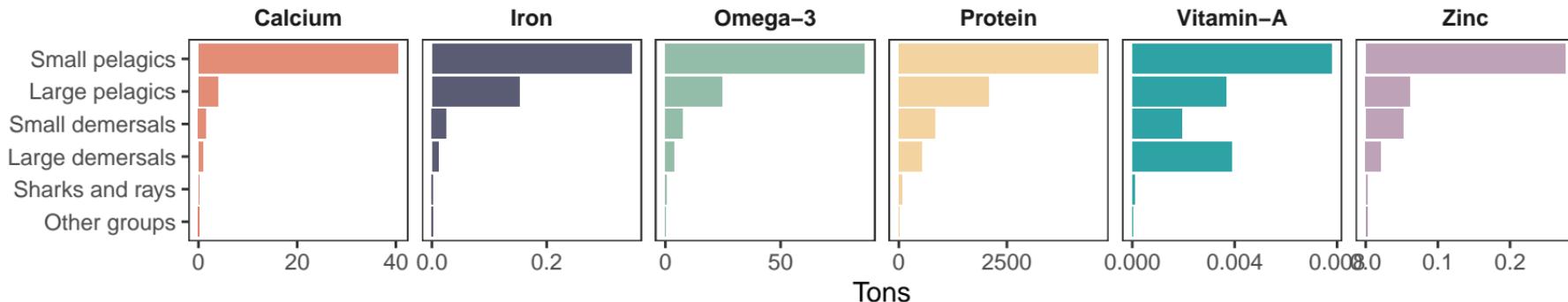
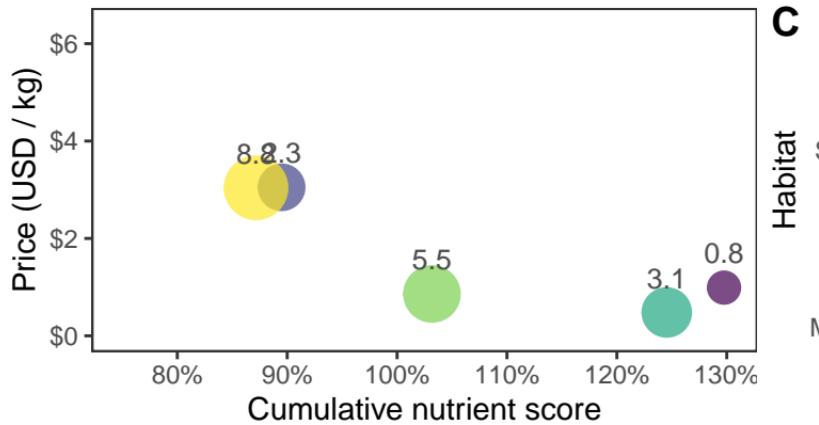
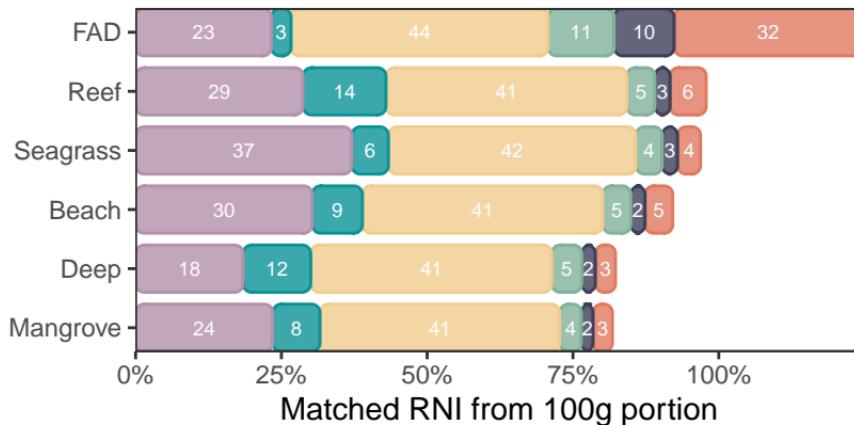


A**B****C**

● Flying fish ● Jacks/Trevally ● Sardines/pilcha
● Garfish ● Mackerel scad ● Tuna/Bonito

■ Calcium ■ Omega-3 ■ Vitamin-A
■ Iron ■ Protein ■ Zinc