

# Peer Pressure, Self-Confidence and Prosperity

Success can only be gained by facing our fears and challenges. Self-confidence means believing in yourself which is a key value to face problems. Low self-confidence leads to low goals and less success.

Self-confidence means believing in yourself. It is important because it helps us to accept our failure and take challenges and risk which will prosper our life.

Prosperity helps to remain in state of happiness but it doesn't push towards happiness. Happiness breeds prosperity.

Self-reliance is to rely on one's own power and resources rather than those of others. It provides the ability to think independently and know oneself which indeed increases our self-confidence.

Happiness is the link between self-confidence and success. As self-confidence brings you more happiness and due to success.

Thinking of things we are good at, Looking at what you have already achieved, setting goals and talking to yourself up can increase self-confidence.

Direct influence by peers which encourage an individual to change his/her attitude, value and behaviour to under influence of other is called peer pressure.

Eg. Doing something you wouldn't ever do under the influence of your friends.

Peer pressure can have have ~~hav~~ negative as well as positive effect on one. Like in teens one can grow more active and confident never the less one can get addicted to intoxic substance and rude behaviour.

One can avoid peer pressure by backing up with a positive statement or straight away saying 'No' Or by having friends with similar values and beliefs.

For me prosperity is being succesful yet down to earth along with happiness and enough fortune to fulfil ~~our~~<sup>my</sup> necessary needs.