## Constructive use of Mobiles.

Mobile phones of today are not just a means of communication. Music lovers are so glued to it that it distracts them even while they are crossing the roads and this can lead to accidents that could be fatal.

Hence, I would like to warn and advise you all to be careful in its use, otherwise it's a very useful gadget. A mobile phone undoubtedly serves many purposes other than making calls. It can be used as a radio/music player, camera, for surfing the internet, watching TV, etc.

However, this wonder device may cause major distractions and lead to fatal accidents. Road safety research has shown that people, especially youngsters, risk their lives by listening to music on their earphones while crossing the road.

Unlike driving, which is completely under regulations and usage of earphones is strictly banned, walking with earphones is not covered by the law and thus for many of us listening to music on our mobile phones is an everyday part of life.

We all are aware that all road crossings require pedestrians to use their eyes and ears and make judgments of speed and driver intention and then decide when it is safe to cross. When you are listening to music, your attention and reflexes are majorly diverted. This distraction can interfere with your decision-making and sometimes even prove fatal. Apart from this, overexposure to radiation emitted by mobile phones may cause cancer and other serious problems.

I would like to conclude my speech with the hope that everyone will ensure their safety in this regard and will spread this word of advice to others as well.

Thank you!