Demonstrating Flexibility
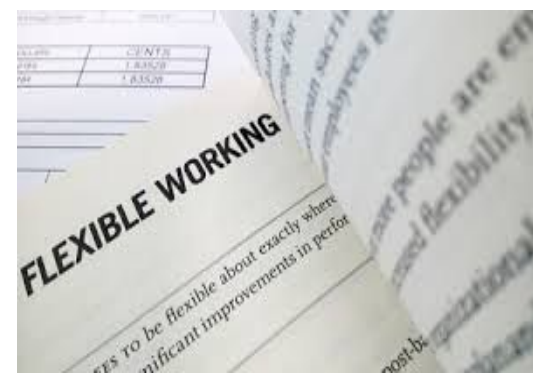
Group 8   D1AD

What does Flexibility means ?

Flexibility is the capacity to adjust to short-term change quickly and calmly, so that you can deal with unexpected problems or tasks effectively.

Few examples of how you might demonstrate it:

1. Offer to help out another team member if you notice that he or she is overloaded.
2. When you come across a problem, offer up a variety of solutions that might fix it.
3. Learning complex new software that will increase efficiency
4. Listening carefully to constructive criticism as part of a performance review