



**MINISTRY OF HEALTH AND FAMILY WELFARE  
GOVERNMENT OF INDIA  
NATIONAL BUREAU OF DIETETICS**

Sl. No.	Name of the Person	Age	Sex	Height (cm)	Weight (kg)	Area of Body (sq. m)	Basal Metabolic Rate (kcal/day)	Energy Expenditure (kcal/day)	Energy Intake (kcal/day)	Balance (kcal/day)
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**REMARKS**  
Name of the person: 1219

1. The person is a male, aged 21 years, height 170 cm, weight 65 kg, area of body 1.75 sq. m, basal metabolic rate 1700 kcal/day, energy expenditure 2500 kcal/day, energy intake 2500 kcal/day.



22/12/2023  
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