





# Use of techology from the psychologist point of view

Renata Cserjesi, PhD



In the managment of:

How can technologies assist?

AUTISM

INTELLECTUAL DISABILITIES

LEARNING DISABILITIES

AGE RELATED FORGETTING

2/14





- 1. Evaluation of intellectual and cognitive abilities
- 2. Diagnosis
- 3. Providing support for patients and caregivers

## Evaluation





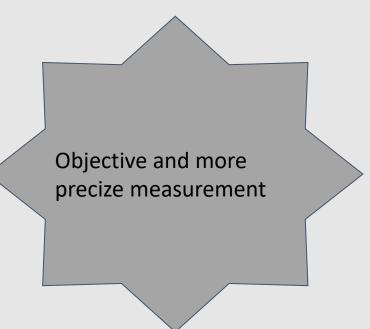
We wish also to know what our patients are capable of







We wish to find specific and early markers related to the problem.

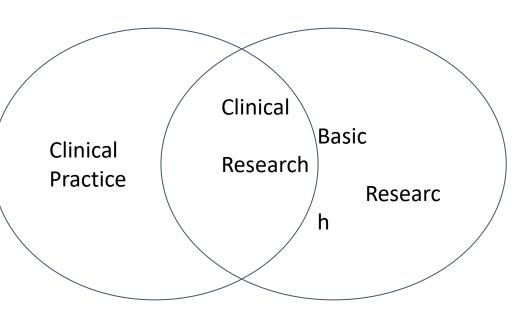






- Focusing on visuospatial intelligence and other skills
- Simple instructions
- Motivating
- Maintane attention
- Direct and immediate feedback
- No need for a trained neuropsycgologist to administer the tests
- Ecogically valid tests and test situations
- Better and early differential dignostic possibility

#### Key issues in testing





#### Testings can be based on

- 1. Eye movement detection
- 2. Computarized tests -2D and 3D
- 3. Using VR or AR
- 4. Sensor integrated tools and toys
- 5. Movement detections
- 6. Classical research tools



European Cooperation in Science and Technology





## Diagnosis





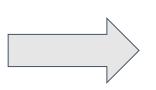
### Important factors in diagnosis

Finding early signs



Possibility for early diagnosis

Combination of precise objective and subjective measures



More precise diagnosis

Better management plan

Focusing on both strenght and weakness



**Ecologically valid batteries** 





## But the Difficulties

Normative data collection is long

Test validation procedure is complicated

Protocols are missing

Difficult to find a golden standard

# Providing support to client and family



Knowledge about all type of assistant technologies to advice on choosing the right ones for the clients.

Give emotional support during the process

Using information collected by the technology for therapeutical purposes







## Thanks for your time

- This education materials were developed by the help of CA19104 COST Action
- Advancing Social inclusion through Technology and EmPowerment (a-STEP)
- https://www.cost.eu/actions/CA19104/#tabs+Name:Description
- https://www.a-step-action.eu/

Renáta Cserjési cserjesi.renata@ppk.elte.hu Eötvös Loránd University Budapest, Hungary